

## **MEHR CHAND MAHAJAN DAV COLLEGE FOR WOMEN**

### **Report of the Campus Mentoring Program**

#### **SESSION 2017-18**

MCM DAV College has always led a pioneering trajectory in shaping and grooming their students to the best of their capacities by not only envisioning but facilitating to the optimum the holistic growth of its students. One of the influential ways in living our dream to give confident and committed young force to the society is the introduction of the campus Mentorship Program in the academic session 2017-18.

#### **AIM**

Mentoring is a valuable strategy to provide students with the emotional and psychological support students need to achieve their academic as well as extra-curricular goals during the college degree. By providing information, guidance, and encouragement, mentors' role is integral to nurturing students' college aspirations, helping them prepare for challenges ahead, leading them to the threshold of success and ultimately better graduate outcome.

#### **METHODOLOGY**

All students (mentees) have been assigned a mentor (faculty) on a random basis without any personal preferences. Mentor and mentee have one to one interaction where the mentor acts as a trainer, guide, friend and good role model who can motivate the mentee to live up to her potential to the maximum. This is a strictly 'out of the classroom approach' where an informal conversation can be encouraged between the mentor and the mentee but the parameters on which this conversation takes place are comprehensive, broad, and formal

## NUMBER OF GROUPS

Streams	BATCH 2017-2020	
	Number of Groups	
	UG	PG
	BATCH 2017-20	BATCH 2017-19
Commerce	21	2
Science	17	4
Arts	44	10
Computer Applications	(BCA) 04 (BSc CA) 03	PGDCA(2017-18) 1

## TOPICS TO BE DISCUSSED

Destressing the mentee using multi-approaches, handling exam fear, career challenges, building self-confidence, instilling strong ethics and values, time management, coping with mood swings, apprising students of domestic and off-shore study opportunities and need for self-discipline are the tentative areas which would be tapped during the program. The entire annual program has been spread across ten major fields to be taken up one at a time according to the designated theme. Mentors are required initially to be in contact with mentees once a month, but they can adjust the frequency based on the needs of the mentee. The program has already been met with an enthusiastic fervour by the students as well as mentors.