

Mehr Chand Mahajan DAV College for Women, Chandigarh

College Sports Policy



Department of Physical Education (2018-2019)

Mehr Chand Mahajan DAV College for Women, Chandigarh
Sector 36-A, Chandigarh

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College Sports Policy

Mehr Chand Mahajan DAV College for Women, Chandigarh popularly known as MCM DAV, was established in 1968 by the DAV College Managing Committee, New Delhi, to commemorate the meritorious services rendered to education by Justice Mehr Chand Mahajan, former Chief Justice of India, a distinguished legal luminary, great patriot, administrator par excellence, committed educationist, social reformer and humanist.

The College is a front runner not only in the field of education but has also made its mark in Sports at the State, National and International levels. In its quest to achieve excellence, it has won the Panjab University Women's General Efficiency Sports Championship for a record **39 times** in its existence of 50 years. The college stood second twice and bagged third position once.

The College owns well maintained playfields and Seth Bhagirath Das Multi- purpose Hall within the campus. Facilities are provided for various games and sports such as Hockey, Volley Ball, Basketball, Handball, Softball, Cricket, Kho-Kho, Table Tennis, Badminton, Lawn Tennis, Swimming, Yoga, Kabaddi, Gymnastic, Judo, Weight Lifting, Power Lifting, Rowing, Athletics, Shooting, Baseball, Netball, Football, Fencing and Chess.

The college provides the following infrastructure for sports and games:

- 200 Mtr Track for Athletics
- Hockey Ground
- Basket Ball Court
- Handball Court
- Volleyball Court
- Kabaddi Ground (Indoor & Outdoor)

- Yoga Huts
- Weight Lifting Arena
- Table Tennis table
- WushuMats
- Climbing Rock

Sports Seats: Eligibility Rules

- At the time of admission against sports seats, the players should have a minimum standing of the state level i.e. First, Second or Third position in any Inter-School or Open Championship.
- Any player punished for indiscipline in the College is not eligible for sports prizes or College Colour, and sports facilities will also be withdrawn.
- The players participating in the University Tournaments are required to attend lectures in each subject according to the Panjab University rules.

Sports Students: Training

It would be compulsory for all the players to attend training for an hour and a half in the morning, and two hours in the evening from the beginning of the session under the direct supervision of a Lecturer in Physical Education. Coaches are also arranged to impart training to the players.

Sports Students: Leave Rules

- Any member of the Sports Wing found absent continuously for one week without prior permission of the Principal would not only lose the seat in the Wing but would also entail the cancellation of her admission.
- The facilities provided are liable to be withdrawn if performance is not maintained or improved upon.

- Members of various teams must report punctually for daily practice and for matches otherwise facilities / incentives given will be withdrawn.

Sports Prizes

To motivate the students and to excel in sports the following prizes are given:

- All Round Best Player of the College.
- Players who win first or second position in the sports events at the time of Annual College Sports.
- Players who win Gold Medal in individual events in the Panjab University Inter-College / All India Inter-University competitions.
- Players who win 1st and 2nd places in team games in the Panjab University Inter-College competitions.

Yoga

- Dr. B.R Marwaha Memorial Award to the Best Student in Yoga.

Special Facilities for Outstanding Players

Following special facilities are given to the outstanding players:

- Free medical-aid if injured during competitions
- Free sports-kit and sports equipment
- Special inspirational scholarship (in Cash) by the college.
- Players are also eligible to apply for Scholarships awarded by NIS – Patiala and Sports Department-Chandigarh Administration and various state scholarships
- Special refreshments are given to players participating in and preparing for Inter-College competitions