

DR. GEETA BHAGAT

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Department of Psychology
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AREAS OF INTEREST

- Clinical Psychology
- Research Methodology
- Organizational Behavior
- Technological Addictions

EDUCATIONAL DETAILS

| Degree | Year | University | Percentage | Medals/Positions |
|-----------------------|-----------|-------------------|------------|---|
| B.A. | 2000 | Panjab University | 71% | |
| B.A. Hons. Psychology | 2000 | Panjab University | 74% | Secured 3 rd position in Panjab University, Chd. |
| M.A. (Psychology) | 2002 | Panjab University | 71% | |
| B.Ed. | 2003 | Panjab University | 74% | |
| UGC-NET | June 2002 | | | Qualified NET |
| Ph.D. | 2012 | Panjab University | | |

PROFESSIONAL DETAILS

| Designation | From | To | Organization | Classes |
|------------------------|-----------|------------|--|-------------------------------|
| Lecturer (Contractual) | 1.9.2005 | 17.2.2006 | Govt. College, Sec – 11, Chd. | B.A.(Pass course) |
| Lecturer (Contractual) | 15.9.2006 | 8.3.2007 | MCM DAV College for Women | B.A.(Pass course) |
| Lecturer (Contractual) | 25.6.2007 | 9.8.2007 | Govt. College, for Girls, Sec – 11, Chd. | B.A.(Pass course) |
| Lecturer (Contractual) | 10.8.2007 | 31.3.2008 | Govt. College, Sec – 11, Chd. | B.A. (Pass course & Honours.) |
| Lecturer (Contractual) | 5.7.2008 | 20.10.2008 | MCM DAV College for Women | B.A. (Pass course & Honours.) |

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|-------------|------------|-----------|---------------------------------|---|
| Asst. Prof. | 21.10.2008 | Till Date | MCM DAV College for Women | M.A. (Research Methodology, Organizational Behavior) B.A. (Pass course & Honours.) |
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PUBLICATIONS

- Research paper titled “Quality of social science research in India: A Review” published in International Journal of Creative Research Thoughts, March 2018, Vol. 6 (No. 1), (First Author) (ISSN- 2320-2882) Impact Factor 5.97
- Research paper titled “Media stereotyping of the mental health system” published in International Journal of Social Sciences Review, March 2018, Vol. 6 (No. 1) – (Co-Author) (ISSN-2347-379). Impact Factor 4.092
- Research paper titled “The effect of parenting style, birth order and family structure on juvenile delinquency” published in International Journal of Movement Education and Social Sciences, 2018, Vol. 7 (Special Issue 1) – (First Author) (ISSN- 22780793 Print; 2321-3779 Online). Impact Factor 5.62
- Research paper titled “Perfectionism and well-being among college students” published in Humanities and Social Sciences Studies, 2017, Vol. 6 (No. 1-2), (Co-Author) (ISSN- 2319-829X)
- Research paper titled “The relationship of parental bonding and internet addiction” published in Indian Journal of Psychological Science, Dec 2011, Vol. 2 (No. 2) – (First author) (ISSN 0976 9218)
- Co- authored Chapter titled “Spiritual intelligence in an organisation” in book titled “Wellbeing at workplace: A search for synergy” , 2011, edited Sudir K. Samantray (ISBN: 978-81-88865-59-8)
- Research paper titled “Gender differences among adolescents’ frustration in relation to their perceived parental behavior ” published in Indian Journal of Psychology and Mental Health, August 2010, Vol. 4 (No. 2). – (Co – Author) (ISSN 0973-7286)

RESEARCH PAPER PRESENTATIONS AT NATIONAL/ INTERNATIONAL CONFERENCES

- Research paper titled “Perfectionism in relation to personality, stress and coping” presented in “International Conference on ‘Olympism: Global Innovation Forum for Humanity and Sustainable Development from Ancient Olympia to India, Tokyo 2020 and Beyond” sponsored by Centre for Olympic Research and Education, held at Dev Samaj College of Education, Chandigarh (16.02.18 – 17.02.18).
- Research paper titled “The effect of parenting style, birth order and family structure on juvenile delinquency” presented in “International conference on Research Developments in Arts, Social Science, & Humanities” held at ICSSR, North West Regional Centre, Panjab University Campus, Chandigarh (18.03.18).
- Research paper titled “Media stereotyping” presented in National Seminar on “Media, Society and Culture: Interrelation and Emerging Trends” sponsored by the College Development Council, Panjab University, held. at D.A.V. College, Chandigarh (08.02.2018).

- Research paper titled “Perfectionism and Well-Being among college students” presented in “4th International and 6th Indian Psychological Science Congress ” sponsored by the National Association of Psychological Science, held at Panjab University, Chandigarh (18.09.17- 20.09.17).
- Research paper titled “Perfectionism, Burnout and Work Engagement in Bank Employees” presented in “3rd World Congress on Excellence” organized by the International Society of Mental Training for Excellence held at Panjab University, Chandigarh (19.10.15 – 21.10.15)
- Research paper titled “Locus of Control in Relation to Stress Coping and Satisfaction with Life” presented in “2nd Indian Psychological Science Congress ” sponsored by the National Association of Psychological Science, held at P.G. Govt. College, Sec – 46, Chandigarh (05.10.12- 06.10.12).
- Research paper titled “Mobile Phone Problem Use and Personality” presented in “International Conference of Applied Psychology” organized by the International Society of Mental Training for Excellence held at Panjab University, Chandigarh (24.02.12 – 25.02.12)
- Research paper titled “Gender Differences among Adolescents’ Frustration in Relation to their Perceived Parental Behavior” presented in “National Seminar on Parenting of Adolescent – Trend and Role in Modern Era” sponsored by University Grants Commission, held at Govt. College, Sec- 46, Chandigarh. (04.03.09).
- Research paper titled “A Comparative Study of Working and Non-working Women on Stress, Happiness and Satisfaction with Life” presented in “National Conference on Well-Being in the Workplace” sponsored by University Grants Commission, held at Govt. College, Sec- 11, Chandigarh (25.03.09).
- Research paper titled “Spiritual Intelligence in the Workplace” presented in “National Conference on Well-Being in the Workplace” sponsored by University Grants Commission, held at Govt. College, Sec- 11, Chandigarh (25.03.09).
- Research paper titled “A Comparative Study of the Rigidity and Flexibility of Arts and Science Teachers” presented in “National Conference on Well-Being in the Workplace” sponsored by University Grants Commission, held at Govt. College, Sec- 11, Chandigarh (25.03.09).

WORKSHOPS CONDUCTED

- Organized a **workshop** on Stress Management, Yoga and Meditation for the NSS volunteers of Dev Samaj College of Education, Sec- 36, Chandigarh, and the residents of the Kajehri Village.
- Conducted **lecture cum workshop** by the Chandigarh Social Welfare Board on the “Latest Counselling Techniques”, held at Asia Pacific Commonwealth Centre, PEC, Sec – 12, Chd. The lecture was attended by the NGO Heads and counsellors working across the states of Punjab, Haryana, H.P. and Chandigarh.
- Conducted **workshop** on Enhancing Mental Health for the Rotract club.
- Conducted **workshops** for three consecutive years for the students and teachers of MCM DAV College on various psychological issues for NSS unit of the college
- Organized various **lectures** on “Adolescent Issues” for teachers and school students, in collaboration with Times of India.

- Conducted **workshop** on “Suicide Prevention” for the Rotract Club

RESEARCH SUPERVISION

Currently supervising 4 Ph.D. scholars

MEMBERSHIP OF PROFESSIONAL BODIES

- Member, Postgraduate Board of Studies, Panjab University (2017- Till Date)
- Member, Undergraduate Board of Studies, Panjab University (2015 – 2017)
- Head Examiner, Punjab School Education Board, for giving instructions to examiners for marking papers for Psychology (Senior secondary level) (2013 – Till Date)
- Member, Undergraduate Board of Studies, Punjab University (2009 – 11)

MEMBER OF VARIOUS COMMITTEES IN THE COLLEGE INCLUDING:

- Swachhta Report Writing Committee (Coordinator)
- Lost and Found Committee (Coordinator)
- Red Ribbon Club (Coordinator)
- Internal committee for students with disabilities.
- Staff Grievances Redressal Committee.
- Parent Teacher Association.
- Mentorship committee.
- IQAC
- MIS
- Equal Opportunity Cell
- Legal Literacy Club
- Institute Innovation Council
- Sustainable Practices Committee

MISCELLENEOUS

- **Appeared** twice on prime time debate as an **expert** on **Day and Night News Channel**.
- **Chaired Scientific Session** in the **4th International and 6th Indian Psychological Science Congress** organized by National Association of Psychological Science (NAPS) on 18 - 20 Sept, 2017.
- **Resource person – Pre PhD classes**, Panjab University, Chandigarh.
- **Panelist** in the **panel discussion on “Social media and Social Harmony”** on 7th August, 2018 organized by the Internal Quality Assurance Cell MCM DAV College for Women , Sec – 36/A, Chandigarh