

Sustainable Practices Committee

Activities Report- 2019

PAHAL, March 8, 2019

The Sustainable Practices Committee organised PAHAL , a confluence of various aspects of Sustainability on March 8 , 2019 . Entitled Prayas , stalls were put up in collaboration with Department of Cooperatives , Government of Panjab, of products made by EWS women self help groups with merchandise ranging from phulkari to hand knitted sweaters to achaars and chutneys. Parampara section comprised of sweats made in traditional ways. Various renowned artists perspectives on sustainability were displayed through their work(Abhivyakti). Through the Rangmanch, students performed the choreography of real life stories of common man's attempts in India.



महिला विकास सेल ने कला प्रदर्शनी आयोजित की। (परमजीत)

एम.सी.एम. ने दिया सस्टेनेबिलिटी का संदेश

चंडीगढ़, 9 मार्च (रश्मि रोहिला): अंतर्राष्ट्रीय महिला दिवस पर एम.सी.एम. की सस्टेनेबिलिटी प्रैक्टिसेज कमेटी के तत्वाधान में पहल 'कुछ कदम सस्टेनेबिलिटी की ओर' कार्यक्रम आयोजित कर महिला सशक्तिकरण का संदेश दिया। पहल विकास में निरंतरता बनाए रखने तथा इसके द्वारा एक अनुकूल परिवेश निर्मित

करने हेतु योगदान देने का एक अनूठा प्रयास है। कार्यक्रम में कई रोचक गतिविधियां हुईं। इसमें क्रिज, सस्टेनेबिलिटी के लिए कार्यरत नारियों की कथाओं को अभिव्यक्त करता नुक्कड़ नाटक, समाज के कमजोर वर्ग की महिला उधमियों द्वारा हस्तकलाओं का प्रदर्शन आदि। कॉलेज के महिला विकास सेल ने कला प्रदर्शनी आयोजित

की। इस सैल ने सैनितरी नैपकिन वितरण अभियान भी चलाया। सैक्टर-25 के झुग्गीवासियों के बीच बेटी एवं शिक्षा पर आधारित नुक्कड़ नाटक भी खेला। प्रिंसिपल डॉ. निशा भार्गव ने कहा कि अपने अस्तित्व के 50 वर्षों के दौरान एम.सी.एम. निरंतर महिला सशक्तिकरण के सरोकारों के लिए सक्रीय रूप से लगा रहा है।

Workshops 'Yes to Green Alternatives', August and September 2019

In August and September 2019, the Committee organised four Workshops 'Yes to Green Alternatives' to sensitise students to use old clothes to make clothes bags. The Workshops aimed to inculcate habit of reducing consumption of single use plastic bags as also to instil value of dignity of labour. Around 50 students learnt to cut and stitch cloth bags from Mr. Tulsi Ram, an artist and a sculptor and an awardee of Panjab Lalit Kala Academy.

The maxim Reduce and Reuse was extended through the slogan I carry my own bag, spoon and glass.



Simple bags were also gotten stitched from EWS tailors , giving employment to some needy workers.



Mr. Tulsi also taught the girls to make handmade paper from old newspapers and discarded office paper.





Display of work of rural artisans of Panjab, September 23, 2019

On September 23, 2019, the Committee, brought to the premises of College, the work of rural artisans of Panjab - handicrafts as well as handloom. Organised in collaboration with Trinjan, the women wing of KHETI VIRASAT MISSION, the endeavour was a step to encourage the livelihood of many a rural family while promoting the heritage of the State. Apart from beautiful durries, many merchandise were on display- chhabbas, sweaters, shawls etc.

Saamarthya Khoj

The Committee, in collaboration with the Department of Psychology, began Saamarthya Khoj, an endeavour to help the EWS students understand their abilities by administering them various tests - numerical, verbal, spatial, clerical, reasoning, computing, aptitude etc. The students of postgraduation in Psychology will analyse the tests and give the feedback to help them choose appropriate stream of education and vocation.

