



Report on Initiatives taken under
SWACHH BHARAT ABHIYAN

Quarter II: April 2020 to June 2020

We were locked inside, but not locked within



Submitted By:

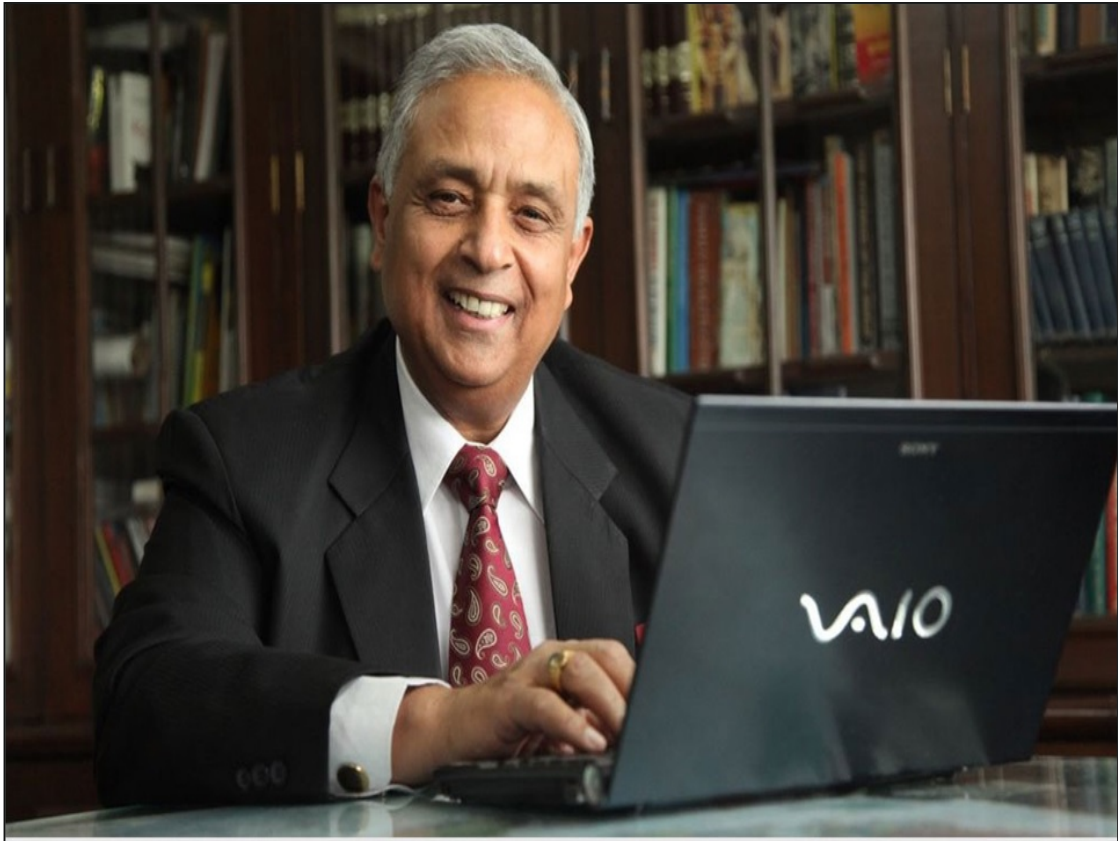
Mehr Chand Mahajan
DAV College for Women

Our Beacon of Light



MAHARISHI SWAMI DAYANAND SARASWATI

Our Guide and Mentor



*Dr. Punam Suri Ji, Padma Shree Awardee
Hon'ble President
DAV College Managing Committee
New Delhi*



MESSAGE FROM THE PRINCIPAL

Today the world is grappling with climate and pandemic induced devastation at an appalling pace. The fast shrinking green cover, quickly melting glaciers, and alarmingly depleting water resources are a reality that gapes large at us. Though modern times may have eased life for mankind but in turn have caused an inexpressible and manifold damage to the Earth. Our ecosystems have been endangered beyond comprehension and we are all heading toward the biggest environmental cataclysm of all times. As Mahatma Gandhi Ji has rightly said, “*Earth provides enough to satisfy everyman's need, but not everyman's greed*”.

The aftermath of thoughtless greed of modernization is evident from the environmental disasters that rock us every now and then. One shudders with fear on the impending dark future that awaits human race, if we do not take urgent steps to curb this reckless damage. In these times obvious concerns arise about our moral obligation to handover clean and green planet to the future generations. Through this report on Swachhta initiatives taken during the period of lockdown, we intend to share that though we were locked inside, we weren't locked within.

Our Institute's commitment toward the betterment of society is rooted in the philosophy of “*Vasudhaiv Kutumbakam*”, where we believe that the whole world is one family. These initiatives have inspired us to take our crusade towards the conservation of natural resources a step further with each passing day. Every unit of this great institute, from teaching staff to non-teaching staff, has worked relentlessly for the betterment of our commitment towards saving our planet and is passionately involved in rebuilding, conserving and protecting what's left of our natural resources. From the garden of my thoughts, I strongly exhort the readers of this report to conserve the environment as it is not an option but an indispensable duty. Simply put, if our environment is safe, we are safe, and if it perishes, we perish too. So let us all collectively pledge to gift our coming generations a purer, cleaner, greener and a healthier environment.

Best Wishes !

Dr. Nisha Bhargava

[Principal]

Mehr Chand Mahajan DAV College for Women

Sector 36-A, Chandigarh (U.T.)

Swachhta Committee

Convener: Dr Nisha Bhargava (Principal)

Stream/Department/Cell/Committee	Coordinators and Members	Stream/Department/Cell/Committee	Coordinators and Members
Arts:	1. Ms Suman Mahajan	Cleanliness:	1. Ms Raman Ghuman
	2. Ms Anuradha Sehgal		2. Dr Akanksha Tripathi Dubey
	3. Ms Archana Bakshi		3. Dr Gunjan (Commerce)
	4. Dr Bhavna Sood		4. Dr Kiran Jindal
	5. Dr Ritu Khosla		5. Dr Praerna Sharma
	6. Ms Chris Bindra		
Science:	1. Ms Poonam Jain		7. Dr Qudrat Hundal
	2. Dr Vandana Sharma		8. Dr Kanika Sofat
	3. Dr Neetu		9. Dr Sandeep Kaur (MFT)
	4. Dr Sagarika Dev		10. Dr Shafila
Commerce:	1. Ms Raman Ghuman	Swachhta Report and Uploading information:	1. Dr. Geeta Bhagat (Coordinator)
	2. Ms Nidhi Sharma		2. Dr. Komil Tyagi
	3. Ms Disha Sharma		3. Dr Vidushi Jaswal
	4. Dr Arshdeep		4. Dr Sunaina Jain
			5. Dr Prakriti Renjen
Languages:	1. Dr Manisha Priyamwada		6. Dr. Purnima Bhandari
	2. Dr Komil Tyagi		7. Dr Gurjeet Virk Sidhu
	3. Dr Jasmine Anand		8. Dr Ketaki Dwivedi
	4. Dr Seema Kanwar		9. Dr. Nisha Dawra
			10. Ms Preeti Gambhir
Computer Science:	1. Dr Indu Arora		11. Dr. Aparna Sharma
	2. Ms Deepti Sharda		12. Mr. Ashish Mudgal
	3. Dr Mandeep Kaur Chawla		
	4. Ms Navdeep Kaur	Horticulture & Landscaping Committee	
	1. Dr Pooja Sharma (Coordinator for Horticulture)		
	2. Dr Seema Kanwar (Coordinator for Landscaping)		
Cultural Activities:	1. Ms Deepa		3. Dr Qudrat Hundal
	2. Ms Sukhpreet Bhatia		4. Dr. Nisha Sharma
	3. Dr Minakshi Rathore		5. Dr. Nidhi Tanwar
	4. Dr Jatinder Kaur		6. Dr. Rishu
			7. Dr. Gunjan (Botany)
Hostel:	1. Ms Baljeet Kaur Tiwana		8. Dr. Purnima Bhandari
	2. Ms Jyoti Soi		9. Dr. Jasleen Kaur
	3. Dr Neha Pandya		10. Ms. Payal Bansal
	3. Dr Mamta Ratti		11. Ms Aarushi Jain
	4. Ms Shailey Bhagi		12. Sh Ram Pher
	5. Dr Mamta Rani	13. Sh Arjun Prasad	

Swachhta Abhiyan - Quarterly Action Taken Report: April 2020 to June 2020

Stream/Department/Cell/Committee	Coordinators and Members	Stream/Department/Cell/Committee	Coordinators and Members
	6. Ms Sonika Srivastava		14. Sh Hari Kisun
	7. Ms Sushma Rani		15. Sh Ram Suresh
	8. Ms Veena Bhatnagar		16. Sh Ram Kumar
	9. Ms Annu		17. Sh Charan Singh
			18. Sh Mohinder
Sports & NCC:	Dr Anju Lata		19. Sh Ram Pyare
	Dr Veena Rani		20. Sh Vijay Kumar
			21. Sh Nathu Ram
NSS	1. Dr Purnima Bhandari		22. Sh Sri Ram Gupta
	2. Ms. Pallvi Rani		23. Sh Ram Jiwan
	3. Dr Madhuri Tanaji Patil		24. Sh Ram Bhuvan
	4. Dr Kanika Sofat		
	5. Dr Nisha Sharma		
	6. Dr Nidhi Tanwar	Administration Staff for overall Coordination	1. Mr Kuldeep Singh
	7. Dr Rishu		2. Mr Pawan Sharma
	8. Dr. Ketaki Dwivedi		3. Mr Ashish Mudgal
	9. Dr Aanchal Batra		4. Mr. Hari Singh
	10. Dr Nisha Dawra		5. Mr Sushil Bhandari
			6. Mr Surjit Singh
			7. Mr Apurav Kaushik
			8. Mr Sanjiv Sharma
			9. Ms Nancy Garg
			10. Ms Namita Sharma
			11. Ms Nancy Sharma
Steering Committee:	1. Dr Geeta Bhagat		
	2. Ms Shelly Nanda		
	3. Dr Nitasha Khehra		
	4. Dr Shefali Dhiman		
	5. Ms Punam Dawgotra		
	6. Dr Sarabjeet Kaur		
	7. Ms. Vandita Kapoor	Lab Staff:	1. Mr Om Prakash Sharma
	8. Dr Pooja Sharma		2. Mr Vinod Singh Bisht
	9. Dr Gunjan Sud		3. Mr Balak Ram
	10. Dr Purnima Bhandari		4. Mr Raj Paul Sharma
Library:	1. Ms Shashi Prabha Bansal		
	2. Ms Ruby Joshi		
	3. Ms Reena Thakur		
	4. Ms Baljit Kaur		
	5. Mr Arjun Singh		



1. Title of the activity: **AWARENESS GENERATION REGARDING COVID-19**

Date: April 13-14, 2019

Number of participants: 13 NSS

Volunteers

Objectives:

- To make cloth masks and distribute them among the needy
- To generate awareness regarding do's and don'ts of Covid-19
- To explain the concept of Swachhta in terms of hygiene and sanitation

Context: The world is facing an unprecedented threat in the form of Covid-19 pandemic that causes illnesses ranging from the common cold to acute respiratory syndromes. To curtail the hike in the number of corona cases and control its spread, the Central Government has issued an advisory urging people to wear facemasks particularly when they step out of their houses. In addition, safety measures have been suggested to combat this pandemic. These include frequent washing of hands, use of alcohol based hand sanitizers, frequent disinfection of work surfaces and touch points such as door handles. Keeping up with the motto of 'Not me but you', the NSS volunteers of the College created awareness about Covid-19 among people. They ensured that they followed the principles of social distancing while engaging in this activity. This initiative was undertaken keeping in view the concept of Swachhta in order to curb the spread of the virus.

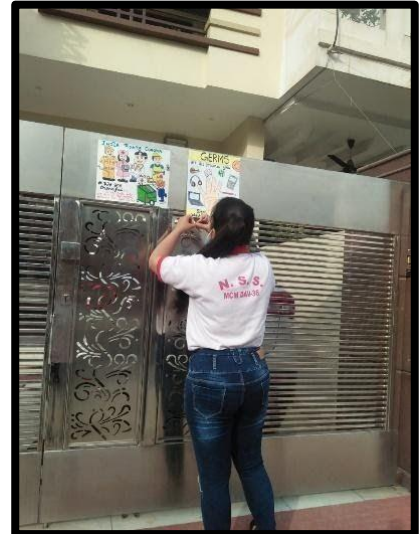
Practice: The NSS volunteers of the College expressed their creativity and showed their responsibility towards generating awareness regarding Covid-19. Amidst the spread of the Corona virus, the NSS volunteers took the initiative of making Homemade Protective Cloth Cover at their respective places. As there was a shortage in the supply of easily affordable masks, the volunteers followed the proper procedure of mask making and made masks which were as safe as any commercial mask. They were easy to make, reusable and cost efficient. Volunteers distributed the masks to the needy people belonging to their respective areas. These include rural areas of Sirsa (Haryana) and Sangrur (Punjab) and the residents were urged to wear them while stepping out. In addition, the volunteers distributed sanitizers and advised people to use them. The creative volunteers also used their talent in generating awareness regarding dos and don'ts of corona virus through video

messages that aimed at sensitizing citizens about the disease and its precautionary measures. Important aspects such as washing hands, vegetables and milk packets, practice of maintaining social distance in the market etc. were taken into consideration while making video messages. One of the volunteers also demonstrated how to remove contaminated gloves.

It is a proven fact that visuals are remembered for a long time when a social message is to be spread. The volunteers made visually appealing posters about the precautions to be taken in the prevailing situation. The volunteers, while following the rules of social distancing and other precautionary measures, made and displayed the posters outside their homes. The motive was to make every passerby aware about the deadly virus and precautions to be taken. These posters included measures to restrict the spread of virus, washing hands for 20 seconds, using masks, maintaining hygiene etc. All posters were made keeping in mind the objective of Swachhta at personal level. Expression of words can make a great impact on society. A poem was also composed by one of the volunteers, Nancy Sharma and it conveyed the message of Swachhta effectively.

Evidence of Success: Homemade Protective Cloth Covers for Mouth were prepared enthusiastically by NSS volunteers and around 75-85 masks were distributed among the needy. Volunteers were able to generate awareness regarding Covid-19 through their educational videos that were shared on various social platforms.





Media Clippings:

लोगों को मास्क और सैनीटाइज़र वितरित किए

लोगों को मास्क देते व घंटों के बाद जगह-जगह के लिए पोस्टर लगाते (एनएसएस संस्थापिका)। (बिना सुनिश्चित किए) छात्रांगण, 16 अंजन (पार्लिय)। यहाँ के दौरान अपनी समर्थिका जाति को सेवा करने और कोविड-19 के बारे में अन्य लोगों में जागरूकता फैलाने के लिए पोस्टर भी वितरित करने का प्रयास कर रहे हैं।

नयागाव पुलंस द्वारा कपड़ों की उल्लेखना करने के दोष अधीन 31 व्यक्तियों के चलाने

मुल्ताना रोडमार्ग, 16 अंजन (अ. स.) - नयागाव में ट्रेनिंग इकाई सुदूर हीन व एनएसएस संस्थापिका द्वारा कपड़ों के दोष अधीन 31 व्यक्तियों के चलाने का प्रयास कर रहे हैं।

एमसीएम की एनएसएस-एनसीसी की छात्राओं ने बांटे मास्क

कॉलेज में एनएसएस-एनसीसी की छात्राओं ने बांटे मास्क। छात्रांगण के लिए एनएसएस-एनसीसी की छात्राओं ने बांटे मास्क। छात्रांगण के लिए एनएसएस-एनसीसी की छात्राओं ने बांटे मास्क।

MCM spreads COVID-19 awareness through videos

ISHA UPADHYAY CHANDIGARH, APR 16

Not letting COVID-19 outbreak and the resultant lockdown defeat education's purpose of enlightening and empowering young minds, Mehr Chand Mahajan DAV College for Women has undertaken various initiatives to keep the students productively engaged while spreading awareness about the pandemic.

In a unique endeavour, the volunteers of NSS, NCC (Army and Naval Wing) cadets and Unnat Bharat Abhiyan (UBA) Committee of the college have made various videos aiming at sensitizing citizens about the disease and its precautionary measures. Shared on the college's social media handles, these educative videos touch upon various important aspects like proper procedure of washing hands, demonstration of making face masks and sanitizers at home and sanitization of fruits and vegetables. Observing the lockdown restrictions, the volunteers also distributed face masks and sanitizers in their own localities.

Awareness posters about social distancing, staying at home and wearing masks were also made by the volunteers and pasted outside their residences for the passers by. Sharing her experience, NSS volunteer Harsirjan Kour said that the volunteers realize their responsibility during this hour of crisis and are trying to serve mankind through their humble efforts like making.

2. Title of the activity: **LIBRARY CLEANLINESS ACTIVITY**

Date: April 16, 2020

Objectives:

- To clean the bookshelves, floor and furniture in the library
- To dust the books

Context: The library was cleaned thoroughly and it was ensured that the volunteers followed the safety measures and social distancing norms.

Practice: The invaluable treasure of books cannot be left unattended for long. A thorough cleaning of the library was undertaken on 16 April, 2020. The bookshelves were dusted and floors were cleaned with disinfectants. The books were also dusted to prevent the growth of mould. The volunteers followed the norm of social distancing and wore face masks.

Evidence of Success:



3. Title of the activity: **SOCIAL DISTANCING FOR A SAFE AND HEALTHY LIFE**

Date: April 17 – May 3, 2020

Number of participants: 9

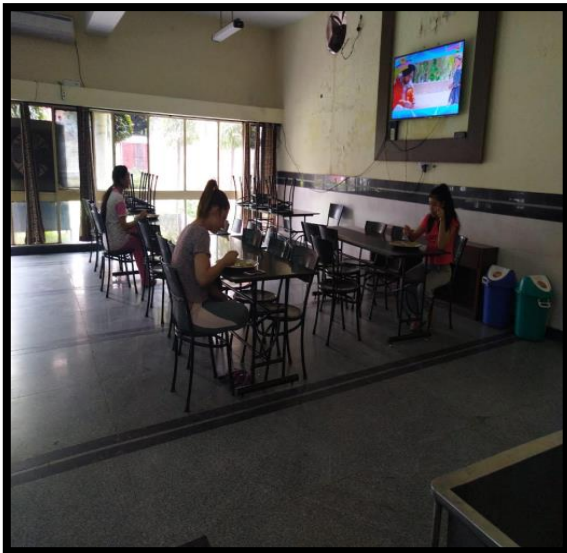
Objectives: Keeping in mind the gravity of the Covid -19 pandemic all measures were taken by the College authorities to keep its hostel residents safe and healthy.

Context: To tackle with the dangers of Covid-19 pandemic and to ensure the safety of the residents, the college authorities made sure that the Advisory issued by the Central Government was strictly adhered to. The 9 hostel residents (students, warden, yoga instructor, library attendant) followed all the guidelines issued by the concerned authorities. Right from social distancing, frequent washing of hands and yoga for a healthy body and mind were practiced by all the residents.

Practice: Yoga was practiced regularly while maintaining social distance. All the 9 residents stayed in separate rooms. Regular cleaning of the rooms was undertaken at regular intervals. 'Heal the Earth' prayer sessions were held on a regular basis. In these sessions, all the hostel residents got together and prayed for the well-being of mankind.

Evidence of Success: A safe and healthy environment for all the residents.





4. Title of the activity: **ONLINE COMPETITION ON RICH HERITAGE OF INDIA**

Date: April 18, 2020

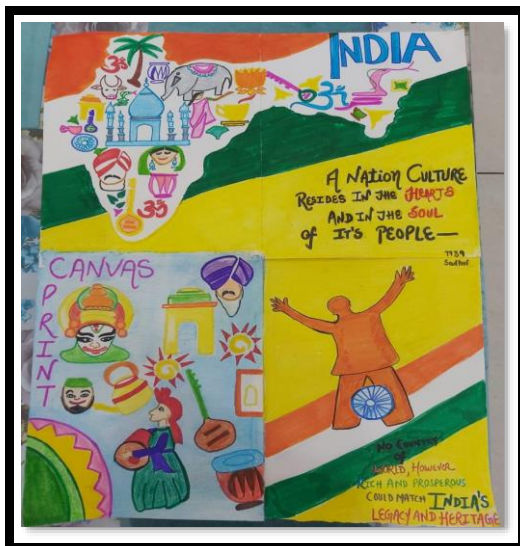
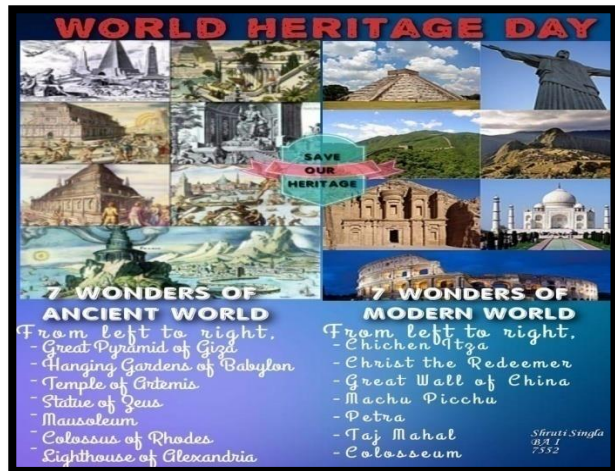
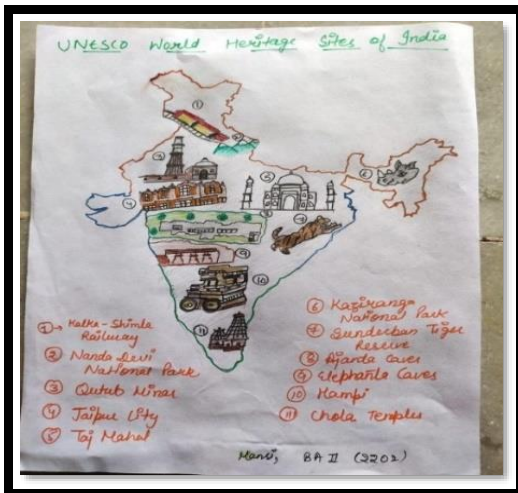
Number of participants: 84

Objectives of the Practice: Using the power of worldwide web to not let the lockdown dampen the spirit of celebration of diverse cultures and heritage, the Swachhta Committee (Arts) organized an Online Poster/ Collage Making Competition to mark the World Heritage Day on 18 April, 2020. The celebration was about preserving human heritage, acknowledge the vulnerability of the world's built monuments and heritage sites and, the need to preserve them. World Heritage Day is a celebration of the collective effort of the communities in the world to maintain the cultural legacy and to make people think about its susceptibility to the ravages of time.

Context: The theme of World Heritage Day 2020 was "**Shared Culture**", '**Shared Heritage**' and '**Shared Responsibility**'. In the time of global crisis where the whole world is fighting Covid-19 pandemic, the theme plays an important role. The theme focused on global unity in the struggle with the current worldwide health crisis. It also recognises that the heritage is connected with landscapes, place, etc. And it should be valued by multiple and diverse groups and communities.

Practice: Held on the theme 'Rich Heritage of India', the competition witnessed overwhelming response as 84 students of the College and children of staff members submitted their awe-inspiring entries. Showcasing the participants' ingenious creativity, the entries provided glimpses of the rich heritage of India and appealed to protect our distinct monuments and heritage sites. Evidently such an enthusiastic response even during those trying times was reflective of the value system inculcated in the students of the College that inspired them to adopt a positive outlook in the face of adversity. Principal, Dr.Nisha Bhargava said that since heritage is a vital link to our cultural, aesthetic, educational and economic legacies, this competition was a contribution of the College to raise awareness about the importance of preserving human heritage.

Evidence of Success:



एमसीएम में मनाया विश्व विरासत दिवस

चंडीगढ़। विश्व विरासत दिवस के अवसर पर विभिन्न संस्कृतियों और विरासतों के उत्सव की भावना को बनाये रखते हुए, उपलब्ध ऑनलाइन साधनों का उपयोग करते हुए, मेहर चंद महाजन डीएवी कॉलेज की स्वच्छता समिति ने ऑनलाइन पोस्टर / कोलाज मेकिंग का आयोजन किया। 'रिच हेरिटेज ऑफ इंडिया' विषय पर आयोजित इस प्रतियोगिता में 65 छात्रों एवं स्टाफ सदस्यों के बच्चों ने उत्साहपूर्वक भाग लिया। प्रतिभागियों ने अपनी प्रविष्टियों में रचनात्मक कौशल का प्रदर्शन करते हुए भारत की समृद्ध विरासत की झलक प्रदान की और हमारे देश की विशिष्ट स्मारकों और विरासत स्थलों की रक्षा की अपील की। प्रतिभागियों की उत्साहजनक भागीदारी से एमसीएम के विद्यार्थियों में विकसित मूल्य प्रणाली प्रतिबिंबित होती है जो उन्हें प्रतिकूल परिस्थितियों में भी सकारात्मक दृष्टिकोण अपनाने के लिए प्रेरित करती है।

5. Title of the activity: **AWARENESS ABOUT DONATION IN PM CARES FUND**

Date: April 20, 2020.

Number of participants: Wide sharing of the video through social media.

Objective:

- To sensitize fellow citizens about contribution towards PM CARES Fund wherein the students of commerce stream of our college enlightened everyone about the procedure of donation of funds and how the citizens can avail deduction in Income Tax.
- To encourage people to donate towards this fund and help the government to fight with the corona virus pandemic.

Context: The video explained PM Citizen Assistance and Relief in Emergency Situations Fund (PM CARES Fund) where people could contribute towards corona virus relief.

Practice: An educative video on 'Awareness about donation in PM CARES Fund' was prepared by the Swachhta Committee (Commerce) on 20th April, 2020. It mentioned the ways through which people could contribute i.e., either through bank or through online payment method in the fund. Further the video focused that donations made in this fund are eligible for 100% tax deduction u/s 80 G of Income Tax Act and to avail this deduction, only the donations done in cash will be considered and donations done in kind will not be eligible for tax deduction. It was also mentioned that the contributors should maintain the receipt of such donation with them as it can be used as an evidence for availing deduction at the time of filing the return. The video was made by the students of Commerce. It was shared on various platforms to create awareness amongst the maximum number of people.

Evidence of success: The video was shared amongst the members of Swachhta Committee Whatsapp group and on other online groups of college students. The viewers appreciated the endeavor of Swachhta Committee and have ensured the spread the message.

Outcome of the video: The information imparted through the video helped the viewers understand about PM CARES Fund in detail and amidst the corona virus outbreak, it encouraged them to contribute to the relief efforts and play their role as responsible citizens.

Media Clippings:

पीएम केअर्स फंड पर हुए जागरूक



चंडीगढ़। कोविड -19 महामारी को फैलने से रोकने के लिए समय-समय पर राष्ट्रीय लॉकडाउन एकमात्र व्यवहार्य समाधान प्रतीत होता है, लेकिन इस समाधान के साथ कई अन्य समस्याएँ भी सामने आती हैं। इस तरह की एक समस्या इस अवधि के दौरान बाल दुर्व्यवहार के मामलों में वृद्धि हो सकती है, इस तथ्य पर संज्ञान लेते हुए, नैट्स एंड महाजन डीएवी कॉलेज ऑफ़ वूमन की एनएसएस इकाइयों ने 'उचित स्वच्छता के साथ बच्चों के लिए शारीरिक और भावनात्मक रूप से सुरक्षित वातावरण की परिकल्पना - लॉकडाउन के दौरान तथा सक्रिय के लिए एक महत्वपूर्ण कदम' ('Envisaging a Physically and Emotionally Safe Environment for Children Coupled with Proper Hygiene: A Crucial Step during Lockdown and Beyond'). Organized with the objective of making volunteers aware about the preventive measures to be taken during COVID-19 crisis and to empower the volunteers in becoming proactive preventers of child sexual abuse, the webinar was a part of Rakshin Project in

Webinar on child abuse, awareness video on PM cares fund by MCM

ISHA UPADHYAY
CHANDIGARH, APR 24



The nation-wide lockdown seems to be the only viable solution for the time being to contain the spread of COVID-19, but this solution also brings many unprecedented problems in its wake.

One such problem can be the escalation in child abuse instances during this period; cognizant of this fact, the NSS units of Mehr Chand Mahajan DAV College for Women organized a highly contextual webinar titled 'Envisaging a Physically and Emotionally Safe Environment for Children Coupled with Proper Hygiene: A Crucial Step during Lockdown and Beyond'. Organized with the objective of making volunteers aware about the preventive measures to be taken during COVID-19 crisis and to empower the volunteers in becoming proactive preventers of child sexual abuse, the webinar was a part of Rakshin Project in association with Sakshi NGO. Around 60 NSS volunteers along with the NSS programme officers of the college attended the webinar.

Swarnim Sen, Leading Trainer, Rakshin Project apprised the volunteers about the gravity of the rampant child sexual abuse in our society and also enlightened them about the role of Rakshin in curtailing this menace. Drawing attention to the sexual exploitation of children, the volunteers were informed about possible cases where a child can be abused and the actions that are considered as abuse under the POCSO Act 2012, amended in 2019.

चाइल्ड अब्यूज पर वेबिनार व केअर्स फंड पर वीडियो से किया जागरूक

अप्रैल 24, चंडीगढ़। कोविड -19 महामारी को फैलने से रोकने के लिए समय-समय पर राष्ट्रीय लॉकडाउन एकमात्र व्यवहार्य समाधान प्रतीत होता है, लेकिन इस समाधान के साथ कई अन्य समस्याएँ भी सामने आती हैं। इस तरह की एक समस्या इस अवधि के दौरान बाल दुर्व्यवहार के मामलों में वृद्धि हो सकती है, इस तथ्य पर संज्ञान लेते हुए, नैट्स एंड महाजन डीएवी कॉलेज ऑफ़ वूमन की एनएसएस इकाइयों ने 'उचित स्वच्छता के साथ बच्चों के लिए शारीरिक और भावनात्मक रूप से सुरक्षित वातावरण की परिकल्पना - लॉकडाउन के दौरान तथा सक्रिय के लिए एक महत्वपूर्ण कदम' ('Envisaging a Physically and Emotionally Safe Environment for Children Coupled with Proper Hygiene: A Crucial Step during Lockdown and Beyond'). Organized with the objective of making volunteers aware about the preventive measures to be taken during COVID-19 crisis and to empower the volunteers in becoming proactive preventers of child sexual abuse, the webinar was a part of Rakshin Project in association with Sakshi NGO. Around 60 NSS volunteers along with the NSS programme officers of the college attended the webinar.

Swarnim Sen, Leading Trainer, Rakshin Project apprised the volunteers about the gravity of the rampant child sexual abuse in our society and also enlightened them about the role of Rakshin in curtailing this menace. Drawing attention to the sexual exploitation of children, the volunteers were informed about possible cases where a child can be abused and the actions that are considered as abuse under the POCSO Act 2012, amended in 2019.

6. Title of the activity: **WEBINAR TITLED 'ENVISAGING A PHYSICALLY AND EMOTIONALLY SAFE ENVIRONMENT FOR CHILDREN COUPLED WITH PROPER HYGIENE: A CRUCIAL STEP DURING LOCKDOWN AND BEYOND'**

Date: April 22, 2020

Number of participants: 58

Objectives:

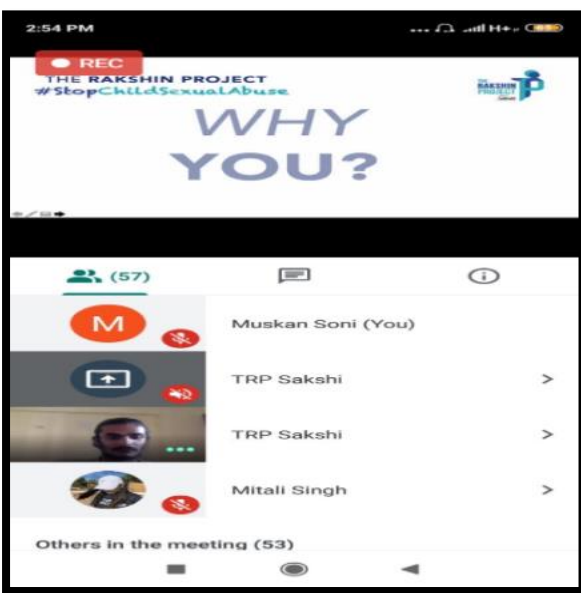
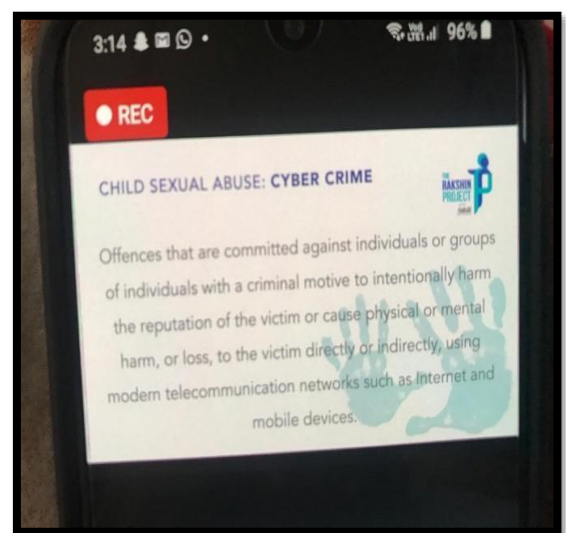
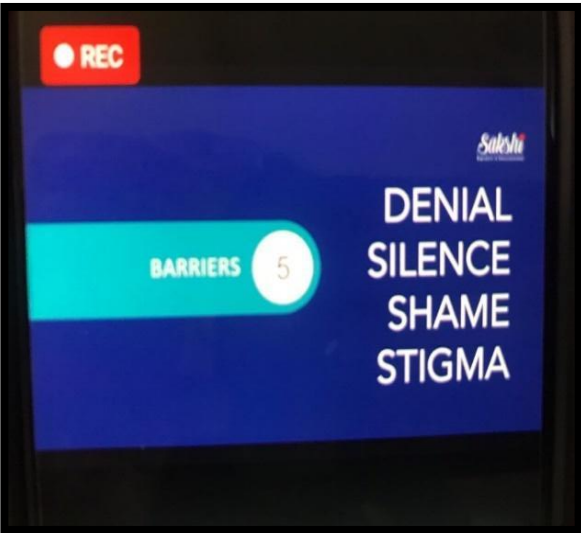
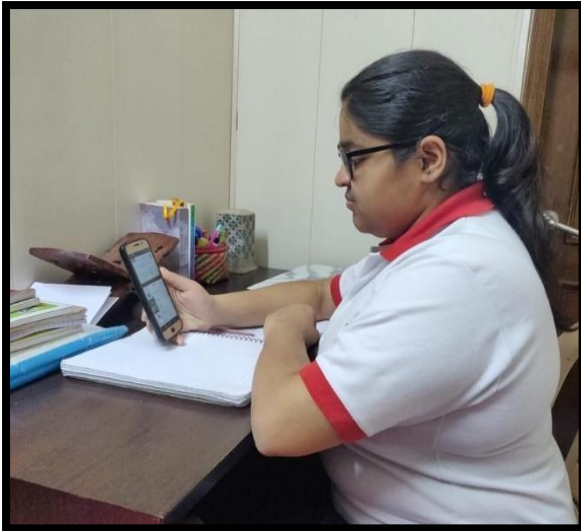
- To make volunteers aware about the preventive measures to be taken during Covid 19 crisis
- To lay emphasis on the importance of physically and emotionally safe environment for children, coupled with proper hygiene
- To address the stigma associated with sexual exploitation
- To disseminate inclusion actions of the POCSO Act, 2012 amended in 2019
- To introduce the Rakshin project to volunteers
- To empower the volunteers in becoming proactive preventers of Child Sexual Abuse

Context: A webinar to create awareness about Child Sexual Abuse and POCSO ACT was organized as a part of The Rakshin Project in association with Sakshi NGO on April 22, 2020, where Mr. Swarnim Sen, Leading Trainer of the project guided and informed the volunteers about the Child Sexual Abuse. The role of Rakshin in curtailing this menace was well explained by the trainer. He addressed the stigma

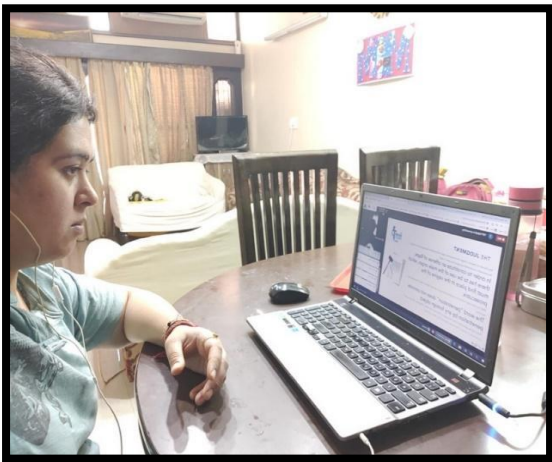
and denial related to the sexual exploitation of children using relevant illustrations and showing videos.

Practice: 58 NSS volunteers along with the NSS Program Officers of the College attended this online workshop conducted by Mr. Swarnim Sen along with Ms. Akanksha Singh of Sakshi NGO. It was conducted in three major parts: Pre Assessment forms, Online webinar session, and Feedback forms. The first part of the workshop entailed giving the pre-assessment forms comprising multiple choice questions to the participants to check their awareness regarding the issue, while the second part of the workshop started with general awareness regarding Covid- 19 and its preventive measures. This was followed by a detailed discussion on the subject of Child Sexual Abuse under The Rakshin Project. The volunteers were informed about the possible cases where a child can be abused and the actions that are considered as abuse under the POCSO Act 2012, amended in 2019. In addition, Mr. Sen discussed the importance of a physically and emotionally safe environment coupled with proper hygiene in these testing times and also in future. The session was quite informative and interactive as several questions were addressed by the trainer. The participants were shown relevant videos to elucidate the possible syndromes that the children may develop after the abuse and how to deal with them. Emphasis was laid on the power of saying 'No'. The role of Rakshin in order to act as a proactive protector of child abuse was described along with video training of how to talk to the abused child. The fellowship program of the project was also explained. The online session ended with the third and final part of the workshop where the general queries of the volunteers were addressed. At last, the participants were asked to fill a feedback form in which they were asked various questions regarding the workshop.

Evidence of Success: By the end of the workshop, the volunteers were well aware of the preventive measures required to be taken during this lockdown, thereby encouraging them to raise voice for a safer world where the children can be protected from the sexual and other forms of abuse. It had a deep impact on the mindset of the volunteers as they were sensitized about this critical issue.



Media Clippings:



ऑनलाइन वेबिनार में भाग लेते हुए छात्रा । -अमर उजवाल

एमसीएम डीएवी कॉलेज में बाल यौन शोषण पर वेबिनार

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज फॉर वूमन में शुक्रवार को वेबिनार का ऑनलाइन आयोजन किया गया। इसका विषय 'शारीरिक और भावनात्मक रूप से सुरक्षित वातावरण की परिकल्पना: लॉकडाउन के दौरान तथा भविष्य के लिए एक महत्वपूर्ण कदम' था। वेबिनार में कॉलेज के एनएसएस कार्यक्रम अधिकारियों के साथ लगभग 60 एनएसएस स्वयंसेवकों ने भाग लिया। कोविड -19 संकट के दौरान उठाए जाने वाले निवारक उपायों के बारे में स्वयंसेवकों को जागरूक करने के उद्देश्य से संगठित और बाल यौन शोषण के सक्रिय रोकथामकर्ता बनने में स्वयंसेवकों को सशक्त बनाने के लिए साक्षी एनजीओ के सहयोग से आयोजित यह वेबिनार रक्षिण प्रोजेक्ट का एक हिस्सा था। रक्षिण प्रोजेक्ट के लीडिंग ट्रेनर स्वर्णिम सेन ने समाज में व्याप्त बाल यौन शोषण के बारे में स्वयंसेवकों को अवगत कराया और इसकी रोकथाम के लिए रक्षिण की भूमिका के बारे में बताया। बच्चों के यौन शोषण से संबंधित मामलों के बारे में स्वयंसेवकों को सूचित किया गया। इसके साथ ही पोल्सो अधिनियम 2012 के तहत जिन कार्यों को दुर्यवहार माना गया है उसके बारे में जानकारी दी गई।

पीएम केयर्स फंड पर हुए जागरूक



चंडीगढ़। कोविड -19 महामारी को फैलने से रोकने के लिए समय-समय पर राष्ट्रव्यापी लॉकडाउन एकमात्र व्यवहार्य समाधान प्रतीत होता है, लेकिन इस समाधान के साथ साथ कई अन्य समस्याएं भी सामने आती हैं। इस तरह की एक समस्या इस अवधि के दौरान बाल दुर्यवहार के मामलों में वृद्धि हो सकती है, इस तथ्य पर संज्ञान लेते हुए, मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन की एनएसएस इकाइयों ने 'उचित स्वच्छता के साथ बच्चों के लिए शारीरिक और भावनात्मक रूप से सुरक्षित वातावरण की परिकल्पना - लॉकडाउन के दौरान तथा भविष्य के लिए एक महत्वपूर्ण कदम' ('इविसानिंग ए फिजिकली एंड इमोशनली सेफ इनवायरनमेंट फॉर चिल्ड्रन कपलल्ड विद प्रॉपर हइजीन ए कशरल स्टेप ड्यूरिंग लॉकडाउन एंड बियॉड') शीर्षक पर एक अत्यधिक प्रासंगिक वेबिनार का आयोजन किया। कोविड -19 संकट के दौरान उठाए जाने वाले निवारक उपायों के बारे में स्वयंसेवकों को जागरूक करने के उद्देश्य से संगठित और बाल यौन शोषण के सक्रिय रोकथामकर्ता बनने में स्वयंसेवकों को सशक्त बनाने के लिए साक्षी एनजीओ के सहयोग से आयोजित यह वेबिनार रक्षिण प्रोजेक्ट का एक हिस्सा था।

एमसीएम में चाइल्ड अब्यूज पर वेबिनार आयोजित

चंडीगढ़, (राकेश) : कोविड - 19 महामारी को फैलने से रोकने के लिए समय-समय पर राष्ट्रव्यापी लॉकडाउन एकमात्र व्यवहार्य समाधान प्रतीत होता है, लेकिन इस समाधान के साथ साथ कई अन्य समस्याएं भी सामने आती हैं। इस तरह की एक समस्या इस अवधि के दौरान बाल दुर्यवहार के मामलों में वृद्धि हो सकती है। इस तथ्य पर संज्ञान लेते हुए, मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन की एनएसएस इकाइयों ने 'उचित स्वच्छता के साथ बच्चों के लिए शारीरिक और भावनात्मक रूप से सुरक्षित वातावरण की परिकल्पना लॉकडाउन के दौरान तथा भविष्य के लिए एक महत्वपूर्ण कदम' शीर्षक पर एक अत्यधिक प्रासंगिक वेबिनार का आयोजन किया। कोविड संकट के दौरान उठाए जाने वाले निवारक उपायों के बारे में स्वयंसेवकों को जागरूक करने के उद्देश्य से संगठित और बाल यौन शोषण के सक्रिय रोकथामकर्ता बनने में स्वयंसेवकों को सशक्त बनाने के लिए साक्षी एनजीओ के सहयोग से आयोजित यह वेबिनार रक्षिण प्रोजेक्ट का एक हिस्सा था। वेबिनार में कॉलेज के एनएसएस कार्यक्रम अधिकारियों के साथ लगभग 60 एनएसएस स्वयंसेवकों ने भाग लिया। स्वर्णिम सेन, लीडिंग ट्रेनर, रक्षिण प्रोजेक्ट ने हमारे समाज में व्याप्त बाल यौन शोषण के बारे में स्वयंसेवकों को अवगत कराया और इसकी रोकथाम के लिए रक्षिण की भूमिका के बारे में बताया। बच्चों के यौन शोषण से संबंधित मामलों पर ध्यान आकर्षित करते हुए, स्वयंसेवकों को संभावित मामलों के बारे में सूचित किया गया, जहां बच्चों के साथ दुर्यवहार किया जा सकता है और पीओसीएसओ अधिनियम के तहत जिन कार्यों को दुर्यवहार माना गया है। यह सत्र काफी जानकारीपूर्ण और संवादात्मक था इस दौरान प्रतिभागियों ने अपने प्रश्नों को साझा किया, जिसे श्री सेन द्वारा संबोधित किया गया।

Webinar on child abuse, awareness video on PM cares fund by MCM

ISHA UPADHYAY
CHANDIGARH, APR 24

The nation-wide lockdown seems to be the only viable solution for the time being to contain the spread of COVID-19, but this solution also brings many unprecedented problems in its wake.

One such problem can be the escalation in child abuse instances during this period. Cognizant of this fact, the NSS units of Mehr Chand Mahajan DAV College for Women organized a highly contextual webinar titled 'Envisaging a Physically and Emotionally Safe Environment for Children Coupled with Proper Hygiene: A Crucial Step during Lockdown and Beyond'. Organized with the objective of making volunteers aware about the preventive measures to be taken during COVID-19 crisis and to empower the volunteers in becoming proactive preventers of child sexual abuse, the webinar was a part of Rakshin Project in



association with Sakshi NGO. Around 60 NSS volunteers along with the NSS programme officers of the college attended the webinar. Swarnim Sen, Leading Trainer, Rakshin Project apprised the volunteers about the gravity of the rampant child sexual abuse in our society and also enlightened them about the role of Rakshin in curtailing this menace. Drawing attention to the stigma and denial related to the sexual exploitation of children, the volunteers were informed about possible cases where a child can be abused and the actions that are considered as abuse under the POCSO Act 2012, amended in 2019.

7. Title of the activity: 'EARTH DAY' - ONLINE LANDSCAPING COMPETITION

Date: April 22, 2020

Objective: To inspire the students to understand the importance of growing plants and trees that will help in nurturing the environment. The activity was organized to mark the Earth Day.

Context: Participants sent pictures of landscape activity done in their homes during the lockdown period.

Practice: Dr. Pooja Sharma and Dr. Seema Kanwar, Coordinators of The Horticulture and Landscaping Committee conducted an online Landscaping Competition as a part of the Swachhta initiatives being undertaken by the College. 30 entries of the pictures of landscaping were mailed by the participants, in which Ritika BA II got the first prize, Mehak Gulati of BA II bagged the second prize, and Neha Barak of BA III and Gunjan of BCom III student bagged third and consolation prize respectively.

Evidence of success: Lot of enthusiasm was witnessed among the students as soon as the competition was announced online. Students from different streams (including Arya Yuvti Samaj) were eager to participate despite the limitations faced during the lockdown period. Pictures of landscaping and also videos of landscaping being done at home were received.

Outcome: Students participated enthusiastically and many entries were received for participation. The activity brought to fore the enthusiasm of participants who were practicing landscaping at their homes. These students can be enrolled in the Horticulture and landscaping activities of the College once the College reopens after the lockdown.

पेड़ पौधे मत करो नष्ट, सांस लेने में होगा कष्ट



Media Clippings:



8. Title of the activity: EARTH DAY CELEBRATION BY NSS UNITS

Date: April 22, 2020

Number of NSS volunteers participated: 30

Objectives:

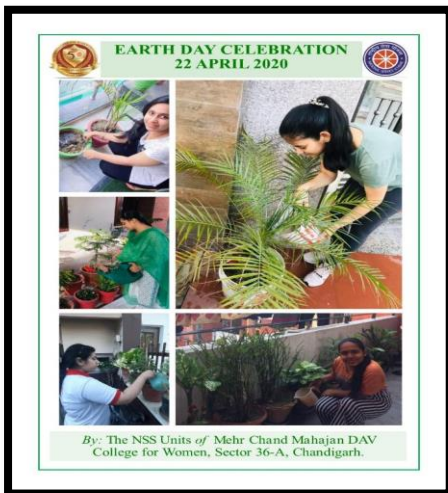
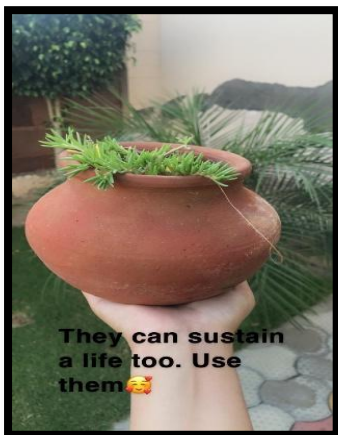
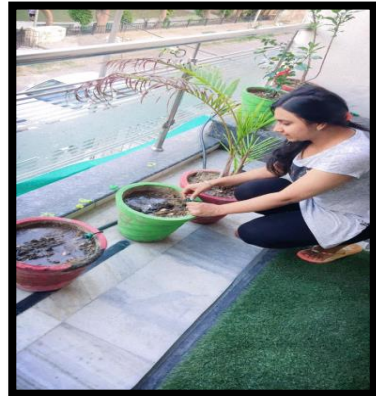
- To increase awareness among people regarding the environment
- To focus on the concept of Reduce, Reuse and Recycle
- Planting saplings of trees to increase the level of oxygen
- To show love and respect towards all animals who inhabit the Earth
- To inspire people to care for the environment even during lockdown

Context: Earth Day is celebrated every year on 22 April since 1970. There are several ways to celebrate Earth Day that include keeping the environment clean, planting more and more trees, picking up trash and recycling the products. Earth day is something the entire family can celebrate together in a variety of ways at home and in the community.

Practice: At a time when the earth is facing the pandemic in the form of Corona virus, the NSS volunteers of the College celebrated Earth Day at their respective places. Volunteers planted saplings of trees, watered plants, and made posters related to saving Mother Earth to generate awareness among masses. Some of the volunteers painted their hands and pledged to protect nature and its environment. A

volunteer set up a drip irrigation system in her house for the plants highlighting the importance of water conservation.

Evidence of Success: The aim was to unite people for a single cause, care for the earth. The purpose was to minimize the problems of pollution, war, conflicts and to appreciate our planet and conserve the wonderful resources it provides us. Through their innovative initiatives, NSS volunteers were able to generate awareness among masses regarding protection of Earth and its resources.



9. Title of the activity: **CELEBRATION OF THE EARTH DAY**

Date: April 22, 2020

Themes: “Earth provides enough to satisfy every man’s needs, but not every man’s greed” – Mahatma Gandhi

“The earth is enjoyed by heroes”-this is the unfailing truth. Be a hero. Always say, “I have no fear”- Swami Vivekananda

“The earth is what we all have in common”- Wendell Berry

Online Poetry/ Photography/ Songs Contest for Staff and Students.

Objectives:

- To celebrate our planet Earth
- To face the enormous challenge of COVID-19 pandemic and not allow it to deter us from observing Earth day during the lockdown period

Number of participants:

Poetry Contest: Students: **20**; Faculty: **04**

Photography Contest: Students **13**; Faculty: **02**

Singing Contest: Students: **04**; Faculty: **01**

Practice: The current crisis brought about by the global pandemic makes the celebration of World Earth Day even more pertinent today. Demonstrating its unflinching support for the cause of environmental conservation, the college marked the day with a host of online competitions aimed at inspiring the students to be environment warriors who promote peaceful coexistence of all the species. Swachhta Committee (Arts) organized an online competition to mark Earth Day on 22 April, 2020. Leading by example, Principal Dr. Nisha Bhargava made the celebration even more meaningful by contributing a thought-provoking poem and photographs depicting the pristine beauty of nature. She urged mankind to show compassion and sensitivity towards the existence and well-being of flora and fauna by protecting trees and saving wildlife. The creative entries for all the competitions provided glimpses of the huge pool of talent nurtured at MCM. The competitions witnessed enthusiastic participation of students as well as staff who participated in this noble cause of raising awareness about environmental conservation while staying within the confines of their home.

Evidence of Success/Outcomes: The results of the competitions were:

Online Photography Competition (Students Category):

- 1st:** Arshita Sharma (BA II) and Annanya Mahajan (B.Sc. I)
- 2nd:** Monisha Chaudhary (BA III)
- 3rd:** Abhilasha Kolash

Online Photography Competition (Staff Category):

- 1st:** Ms. Ruchika, PG Dept of English
- 2nd:** Ms. Anchal Mehta, PG Dept of Economics

Online Song Competition (Students Category):

- 1st:** Shreya (B.A II)
- 2nd:** Muskan and Divya Bhatt (Ex-student) (B.A II)
- 3rd:** Riya Chauhan (B.A III)

Online Song Competition (Staff Category):

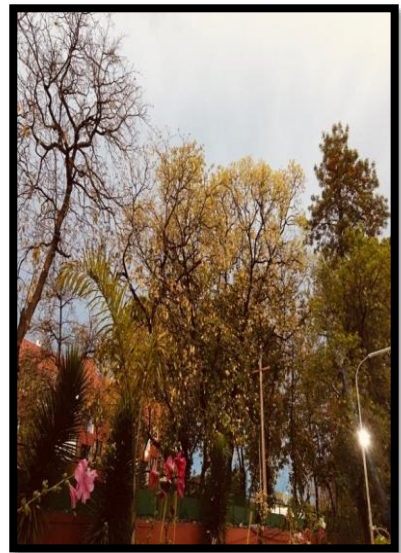
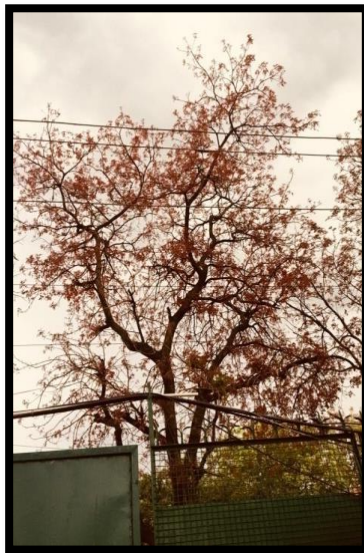
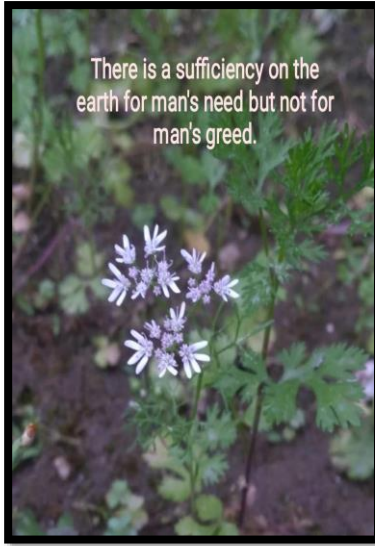
Dr. Sunaina Jain, PG Dept of English

Online Poetry Competition (Students Category):

- 1st:** Kanika Arora (MA II SOC)
- 2nd:** Sargun Chug (BA III)
- 3rd:** Kulkiran Mittal (BA III)
- Consolation Prize:** Shruti Sharma (BA III)

Online Poetry Competition (Staff Category):

- 1st:** Dr. Prasoona Prasad, PG Dept of Hindi
- 2nd:** Ms. Vishakha Goyal, PG Dept of English
- 3rd:** Ms. Anchal Mehta





Poem by worthy Principal Dr. Nisha Bhargava on Earth Day

गीली मिट्टी की खुशबू
भीगी हुई सीइकशाम
मौसम की पहली बारिश
कर रही है सलाम।

तपती हुई ज़मीं को
मिला है कुछ सुकून
कागज़ की कश्तियों का
बहते पानी में है हुजूम।

ओस जैसी पानी कीबूँ दे
पत्तों पे हैंरूकी हुई
सावन की काली बदली
बरसने को है झुकी हुई।

सुकून देता है सबको
रिमझिम बरसता सावन
धरती की प्यास बुझाता
तन मन करता पावन।

मुझे याद आता है कभी
बरखा झूमती हुई आती थी
और धरा की संगत में
बहुत दिन बिताती थी।

अफ़सोस है मगर अब
बदला इसका मिज़ाज है

कभी कभार ही आती है
शायद तबीयत नासाज़ है।

हुआयूँ कि जब धरतीपर
जंगल कटने लगा
सावन का ख़ूबसूरत मौसम
भी सिमटने लगा।

इसकाे वापिस लाने को
कुछ जतन करना होगा।
धरती की बंजरगोद को
पेड़ों से भरना होगा।

आने वाले कल का
करें कुछ तो इंतज़ाम
आओ मिलकर करें
कुछ वक़्त पृथ्वी के नाम।

--डॉ. निशा भार्गव
प्रिंसिपल

Online Poetry Competition (Staff Category):

1st: Dr. Prasoon Prasad, PG Dept of Hindi

सोचना पड़ेगा
मृग के कस्तूरी
नाग के मणि
पहाड़ के पेट में कोयला है
और
यही उसका सबसे बड़ा गुनाह है।
कुकुरमुत्ता -सा
उग आता जंगल
अपने भीतर पलती हर गतिविधि को
देता है जीवन
यही उसकी अनकही उदारता है।
मशीन के दाँतों ने
कुदरत को खूब नोचा-खसोटा है
पीसे जा रहे पहाड़
बन रही बिजली बेशुमार
नदियों की हलक में हाथ डाल
बन रहे बाँध बेहिसाब।
सब कुछ खाजाने की
राक्षसी वृत्तियाँ
अध खाए पहाड़
धुंधुआती चिमनियाँ
धरती के मुँह में
जबरन ठूँसी गई हों मानो
ढेरों सुलगती बीड़ियाँ।
कंक्रीट की खेती ने

चादर के बाहर भी
अपने पाँव पसारे
सिमट गए पशुओं के खोल
कुदरती ठिका ने
हाथियों के गलियारे।
बेरहम विकास-दर का गणित
संवेदना, स्मृति और ज़िन्दगी की
हैसियत से रहित।
अब कहीं तो रुकना होगा
सोचना पड़ेगा
बना सकते हैं क्या
फिर से कोई पहाड़, नदीया झरना?
क्या नहीं ले सकते कुदरत से केवल
उतना
भँवरा एक फल और फूल से
लेता है जितना?
याह में भी चाहिए कोई परशुराम
जो नर्मदा को बांधते सहस्रबाहुको कर
गया था
उसके हज़ार हाथों के बिना???
या फिर
काफ़ी नहीं है
यही एक कोरोना???

-प्रसूनप्रसाद

सह-प्रवक्ता, हिन्दी विभाग।

2nd: Ms. Vishakha Goyal, PG Dept of English
Audio attached

3rd: Ms. Anchal Mehta
Poem attached

Online Poetry Competition (Students Category):

1st: Kanika Arora (MA II SOC)

Poem attached

2nd: Sargun Chug (BA III)

Poem attached

3rd: Kulkiran Mittal (BA III)

“MANKIND-JUST THINK

Mankind! I long before your birth,
Alluring was the beauty of mother Earth
She bore an exotic reflection of her biodiversity
A diversity you have chosen to destroy.
Why mankind...?Why?
Lives are crying because it is not clean
Earth is dying because it is not green
With melting snow one day it will sink
How can we save it ??Just think??
To all life, Mother Earth has been so kind!
She toiled to provide food, season after season with dedication;
Even to you mankind she always gave the best in proportion;
Then why mankind ?? Why?
Earth is what we have in common, don't pollute it.
She gives us food and shelter, please salute it.
Tree is precious, preserve it.
Water is a treasure, reserve it.
Grow more and more trees, make the planet green;
Reduce pollution and make the Earth a queen;
Make it a queen!

THEME: “EARTH PROVIDES ENOUGH TO SATISFY EVERY MAN’S NEED, BUT NOT EVERY MAN’S GREED” -MAHATMA GANDHI



SELF COMPOSED POETRY TO MAKE 22nd APRIL [EARTH DAY] SPECIAL

Title: Real Diamonds

*That diamonds,
Those Mercedes,
That 80,000 Dollar Dress,
Mira wanted all to outshine and
impress,
She had a huge pool and took a happy
dip in it daily,
She had a mansion to take shelter in
when it was rainy.
The sorrow was the difference created
between need and want, vanished with
no self-control,
If found guilty I know there will be no
parole.*

*Money in her wallet lost the retention,
Trips to Dubai were always her
intention.
Her sole purpose - to be in vogue;
But what about awareness? The
people outside her home,
Crouching and shelterless!
Speakers blared all night,
The spendthrift never switched off her
lights.
Amidst the ghastly days the media
snarled “global warming”;*

Mira was indifferent and her diamonds were still charming.

On the other day the news broke out that air quality index has depleted, Mira had cold but still one more hotel, she created.

Ohh kyrios! Forgive Mira! The heroes (environmentalists) begged but lilith had descended .

The door of hell has opened and the humdrum ended.

Covid-19 broke out,

Many are dead,

Burial grounds are being prepared,

Lockdown is declared.

I don't know, whether the mythological story of kalki and kali yug is true.

All this was destined says the granny,

But still feels to me something new.

Mira! Why? Oh why?

You didn't let in the satya yug!

Earthquakes are frequent,

Required are the diligents.

Environmentalists and scientists are ready to amend all,

Sapiens went far from the nature's protocol.

This impact wasn't biased but awaited.

Preamble gave us freedom and liberty, Now we have none.

Human actions have become so dirty.

Now animals swirl and twirl in joy, They got their real diamonds but for us they're in scarcity.

Do some miracle my deity.

We beg, we cry, we work for redemption.

Mira is home arrested,

Disappointed of herself.

The geoid made her quell.

Even oxygen is not virus free.

She pitied her selfish self,

Whom she now chides.

The diamonds cannot give her life.

It's only a clean Earth,

which is now in dearth,

Only that can make possible, a healthy human birth.

Composed by: Sargun Chug

Roll No.: 8608

Title: My Earth

I asked a few times, no answer you
gave;
O' my silent heart, why are you so
naïve?
A paradox of contrasting similarities;
Like a wave in the ocean or an ocean
in the wave.

I was keen to know this mysterious
paradox;
Everything is different but kept in same
box.
Even the contrary shares something
common,
Like the sun and the moon cherish the
equinox.

Reflections of life in you and me;
Be it a dinosaur or a little bee.
The rain, forest, hills, desert or sea;
We are all leaves of a big, banyan
tree.

Something is priceless as its worth;
Holding the life as a cradle of birth.
Preserving existence in boundless
girth;
Yes, one and only, my mother Earth.

Let's stand up and revise the gist;
Let's be a protector, not a greedy heist.
We are guardians not tourists.
The time has come to remove the
nebulous mist;
Shower compassion and be an
optimist.
If we don't redeem ourselves now,
We may have all, except the Earth in
our lives!

Composed By: Anchal Mehta

Assistant Professor,
Postgraduate Department of
Economics
Mehr Chand Mahajan DAV College for
Women
Chandigarh

Songs: Online Song Competition (Staff Category):

Dr Sunaina Jain, Postgraduate Dept of English

[Audio](#) attached

Online Song Competition (Students Category):

1st: Shreya



[IMG_7622.MOV](#)

2nd: Muskan and Divya Bhatt

Earth Day Singing Competition – Muskaan

3rd: Riya Chauhan

<https://fromsmash.com/3XV28b5DqU-dt>

Media clippings:

एमसीएम में वर्ल्ड अर्थ डे पर ऑनलाइन हुई प्रतियोगिताएं

अग्रणी न्यूज

चंडीगढ़। वर्तमान में फैली वैश्विक महामारी की स्थिति आज वर्ल्ड अर्थ डे के आयोजन को और अधिक प्रासंगिक बनाती है। पर्यावरण संरक्षण के लिए अपने अविरल समर्थन का प्रदर्शन करते हुए बुधवार को एमसीएम डीएवी कॉलेज फॉर वीमेन की छात्राओं ने पर्यावरण संरक्षण और सभी प्रजातियों के शांतिपूर्ण सह-अस्तित्व को बढ़ावा के उद्देश्य से आयोजित ऑनलाइन प्रतियोगिताओं में उत्साहपूर्वक भाग लिया। कॉलेज की स्वच्छ समिति अर्थ प्रोवाइडर्स एनफ टू सैटिस्फाई एवरी मेन्स ग्रीड, द अर्थ इस इन्जिनिड बाय हीरोज- दिस इस द अनफेलिंग ट्रथ, एंड लैंडस्केपिंग समिति ने भी एक ऑनलाइन लैंड स्केपिंग प्रतियोगिता आयोजित की, जिसमें छात्राओं ने अपने निवास स्थानों पर की गयी लैंड स्केपिंग की तस्वीरें प्रस्तुत कीं। इन सभी ऑनलाइन प्रतियोगिताओं के लिए आर्थी रचनात्मक प्रविष्टियों ने एमसीएम में पोषित प्रतिभा की एक झलक प्रदान की। दोनों प्रतियोगिताओं में छात्राओं के साथ-साथ स्टाफ के सदस्यों की भी उत्साहजनक भागीदारी देखी गई।



वर्ल्ड अर्थ डे : फोटोग्राफी और लैंड स्केपिंग से दिखाई प्रकृति की सुंदरता

एमसीएम डीएवी में छात्राओं और स्टाफ सदस्यों के बीच ऑनलाइन प्रतियोगिता

संवाद न्यूज एजेंसी

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज फॉर वीमेन ने बुधवार को वर्ल्ड अर्थ डे मनाया गया। छात्राओं ने पर्यावरण संरक्षण और सभी प्रजातियों के शांतिपूर्ण सह-अस्तित्व को बढ़ावा देने के उद्देश्य से ऑनलाइन प्रतियोगिताओं में भाग लिया। कॉलेज की स्वच्छ समिति की ओर से पृथ्वी से संबंधित विभिन्न विषयों पर ऑनलाइन फोटोग्राफी, कविता और गीत प्रतियोगिता कथई गई। कॉलेज की प्रिंसिपल डॉ. निशा भार्गव ने स्वर्चित विचार प्रेरक कविता और प्रकृति की सुंदरता को दर्शाती तस्वीरों का योगदान देकर इस अवसर को सार्थक बना दिया। कॉलेज की हार्दिकलचर एंड लैंडस्केपिंग समिति ने ऑनलाइन लैंड स्केपिंग प्रतियोगिता कथई। इसमें छात्राओं ने अपने निवास स्थानों पर की गई लैंड स्केपिंग की तस्वीरें प्रस्तुत कीं। इन सभी ऑनलाइन प्रतियोगिताओं में उत्साहपूर्वक भाग लिया। आर्थी रचनात्मक प्रविष्टियों ने एमसीएम में पोषित प्रतिभा की एक झलक प्रदान की। दोनों प्रतियोगिताओं में छात्राओं के साथ-साथ स्टाफ के सदस्यों की भी उत्साहजनक भागीदारी देखी गई।



प्रस्तुति में 6 फैकल्टी सदस्यों ने कोरोना को लेकर लिखी कविताएं

चंडीगढ़, 21 अप्रैल (आकृति): कोरोना वायरस से उत्पन्न इस निराशा और अवसाद के इस दौर में मानवीयता और बंधुत्व की रक्षा के लिए कविताएं एकमात्र आवश्यक विकल्प के रूप में उभरी हैं। इस कठिन घड़ी में मानव के अंदर जीने की इच्छा जगाने और उसमें आशा, आस्था, कृतज्ञता व सहानुभूति का भाव बोने के लिए कविता एक सशक्त माध्यम है। मेहरचंद महाजन डीएवी कॉलेज फॉर वीमेन कॉलेज की प्रिंसिपल, फैकल्टी मेंबर्स एवं छात्राओं ने स्वर्चित कविताओं का एक वीडियो संग्रह की प्रस्तुति के रूप में ने इस दृष्टि से एक नूतन पहल की है। यह अनुठा प्रयास कॉलेज की एक भारत श्रेष्ठ भारत समिति के तत्वाधान में किया गया। इस प्रस्तुति में 6 फैकल्टी सदस्यों और 2 छात्राओं की कविताएं संगृहीत हैं। प्रिंसिपल डॉ. निशा भार्गव ने मानव जाति से यह जानने का आग्रह किया है कि कैसे यह विभीषिका उसके ऊपर घटित हुई। एक स्वस्थ पौष्टिक आहार के साथ साथ आध्यात्मिकता को भी आत्मसात कर मन-मस्तिष्क को संतुलित रखा जा सकता है।

एमसीएम वर्ल्ड अर्थ डे पर ऑनलाइन प्रतियोगिताएं आयोजित

चंडीगढ़, 22 अप्रैल (राकेश): वर्तमान में फैली वैश्विक महामारी की स्थिति आज वर्ल्ड अर्थ डे के आयोजन को और अधिक प्रासंगिक बनाती है। पर्यावरण संरक्षण के लिए अपने अविरल समर्थन का प्रदर्शन करते हुए, मेहर चंद महाजन डीएवी कॉलेज फॉर वीमेन की छात्राओं ने पर्यावरण संरक्षण और सभी प्रजातियों के शांतिपूर्ण सह-अस्तित्व को बढ़ावा के उद्देश्य से आयोजित ऑनलाइन प्रतियोगिताओं में उत्साहपूर्वक भाग लिया। कॉलेज की स्वच्छ समिति 'अर्थ प्रोवाइडर्स एनफ टू सैटिस्फाई एवरी मेन्स ग्रीड, द अर्थ इस इन्जिनिड बाय हीरोज- दिस इस द अनफेलिंग ट्रथ, वी ए हीरो' , ' ऑल्लेज से, आई हैव नो फियर' तथा ' द अर्थ इस व्हाट दी आल हैव इन कॉमन ' विषयों पर एक ऑनलाइन फोटोग्राफी / गीत प्रतियोगिता का आयोजन किया। कॉलेज की प्रिंसिपल डॉ. निशा भार्गव ने एक स्वर्चित विचारप्रेरक कविता और स्वयं क्लिक की गई, प्रकृति की सुंदरता को दर्शाती तस्वीरों का योगदान देकर इस आयोजन को और भी अधिक सार्थक बना दिया। कॉलेज की हार्दिकलचर एंड लैंडस्केपिंग समिति ने भी एक ऑनलाइन लैंड स्केपिंग प्रतियोगिता आयोजित की, जिसमें छात्राओं ने अपने निवास स्थानों पर की गयी लैंड स्केपिंग की तस्वीरें प्रस्तुत कीं। इन सभी ऑनलाइन प्रतियोगिताओं के लिए आर्थी रचनात्मक प्रविष्टियों ने एमसीएम में पोषित प्रतिभा की एक झलक प्रदान की। दोनों प्रतियोगिताओं में छात्राओं के साथ-साथ स्टाफ के सदस्यों की भी उत्साहजनक भागीदारी देखी गई, जिन्होंने अपने घर की सीमाओं के भीतर रहते हुए, सोशल डिस्टेंसिंग का पालन करते हुए पर्यावरण संरक्षण के बारे में जागरूकता बढ़ाने के इस नेक कार्य में भाग लिया।

एमसीएम ने मनाया वर्ल्ड अर्थ डे

मेहर चंद महाजन कालेज में पर्यावरण संरक्षण के लिए एकजुट हुए विद्यार्थी

विद्यार्थी संवाद-चंडीगढ़

वर्तमान में फैली वैश्विक महामारी की स्थिति वर्ल्ड अर्थ डे के आयोजन को और अधिक प्रासंगिक बनाती है। पर्यावरण संरक्षण के लिए अपने अविरल समर्थन का प्रदर्शन करते हुए मेहर चंद महाजन डीएवी कॉलेज फॉर वीमेन की छात्राओं ने पर्यावरण संरक्षण और सभी प्रजातियों के शांतिपूर्ण सह-अस्तित्व को बढ़ावा के उद्देश्य से आयोजित ऑनलाइन प्रतियोगिताओं में उत्साहपूर्वक भाग लिया। कॉलेज की हार्दिकलचर एंड लैंडस्केपिंग समिति ने भी एक ऑनलाइन लैंड स्केपिंग प्रतियोगिता आयोजित की, जिसमें छात्राओं ने अपने निवास स्थानों पर की गई लैंड स्केपिंग की तस्वीरें प्रस्तुत कीं। इन सभी ऑनलाइन प्रतियोगिताओं में उत्साहपूर्वक भाग लिया। आर्थी रचनात्मक प्रविष्टियों ने एमसीएम में पोषित प्रतिभा की एक झलक प्रदान की। दोनों प्रतियोगिताओं में छात्राओं के साथ-साथ स्टाफ के सदस्यों की भी उत्साहजनक भागीदारी देखी गई, जिन्होंने अपने घर की सीमाओं के भीतर रहते हुए, सोशल डिस्टेंसिंग का पालन करते हुए पर्यावरण संरक्षण के बारे में जागरूकता बढ़ाने के इस नेक कार्य में भाग लिया।



10. Title of the activity: **ONLINE “CONTENT AND CAPTION WRITING COMPETITION” ON EARTH DAY**

Date: April 22, 2020

Objective: The activity was aimed at generating awareness amongst the students on environmental degradation due to human insensitivity and interference in the ecosystems of the other species. The documentary movie sensitized the students on “humanity’s damaged relationship with the living world”.

Context: Sensitizing people around the world on relevant and important issues like environmental degradation as a result of anthropogenic activities especially through media may be difficult as still there are millions of people living in areas where there is no access to the modern day technology. Also human population around the world is busy harnessing the benefits from the Earth without thoughtfulness on the front of sustainable development as many of them do not know the repercussions their actions are having on our biosphere. It is a big challenge to convince the masses to save our mother Earth.

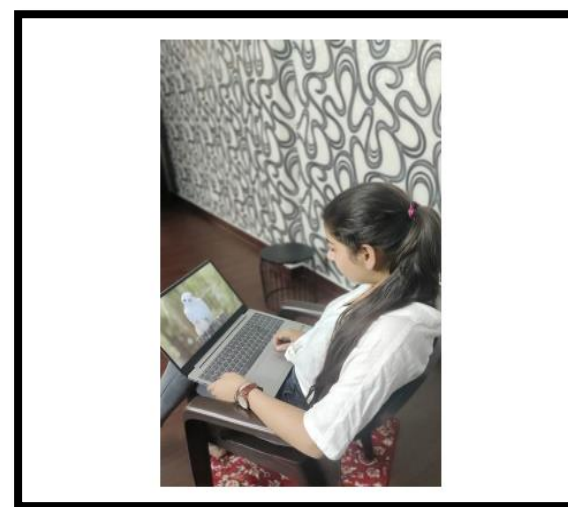
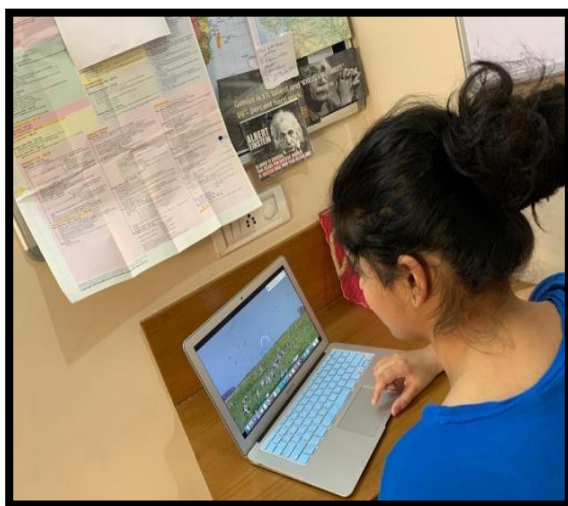
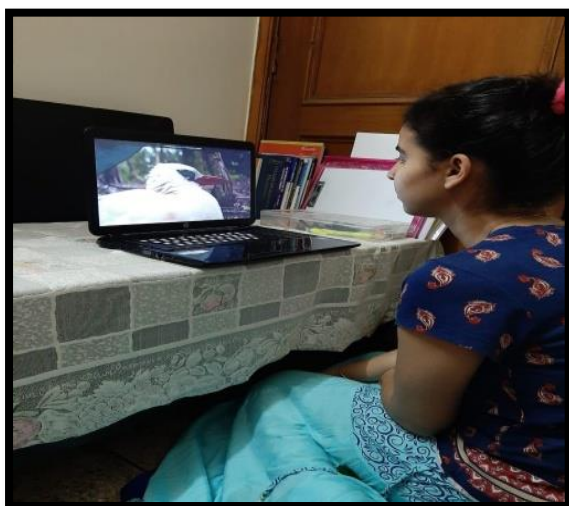
Practice: On the eve of Earth Day, the Environment Committee of Mehr Chand Mahajan DAV College for Women in association with the Department of Botany organized an online “Content and Caption Writing Competition”. It was based on the screening of an award winning short film ‘Albatross’, by Chris Jordan shot at Midway Islands in the Pacific Ocean and is related to environmental issues. The activity coordinators Dr Zeenat Khan and Dr Gunjan Sud invited online entries from undergraduate students and forwarded the link of the film to the participants via WhatsApp groups on April 22, 2020. The participants watched the movie via the link provided to them on the due date and after watching the movie, sent their write ups of 500 words along with captions till 5:00 p.m. on April 23. In all, 31 students submitted their reviews for judgment. The content was judged on the basis of understanding of the subject, expression and language.

The results were declared on April 30 in which Chandini Jaswal of BA I was declared 1st, Harneet Kaur of BSc III (Non Med.) was declared 2nd and Deeksha Shukla of BCom II was declared 3rd. Besides this, the other top 5 entries included Aastha

Rawat BSc II (Med.), Shreiya Sharma BSc II (Med), Shagun Choudhury BA I, Promila Sahni BCom III and Meghna Goel BSc II (Med).

Evidence of Success: Through the content of the movie, the students were educated about the extent of devastation being caused by human interference in nature's domain. The message was well perceived by the students who vowed to discontinue the use of plastic which is posing a potential danger to the very existence of several species on Earth.

Problems encountered and resources required: Due to the COVID-19 pandemic which has gripped the entire world, the online activity was conducted for students who are sitting at home during the lockdown period. However, a large number of them could not participate due to connectivity and data issues. Initially, 63 students registered but only 31 could send their reviews after watching the movie.



11. Title of the activity: **SPREADING AWARENESS ABOUT COVID-19 PANDEMIC VIA PROMOTING THE INSTALLATION OF MOBILE APPLICATION AAROGYA SETU**

Date: April 25, 2020

Number of participants: Shared widely through social media platforms.

Objective: The activity was conducted to spread awareness about the digital application Aarogya Setu, designed and developed by the Government of India to connect essential health services with Indians in the combined fight against Covid-19.

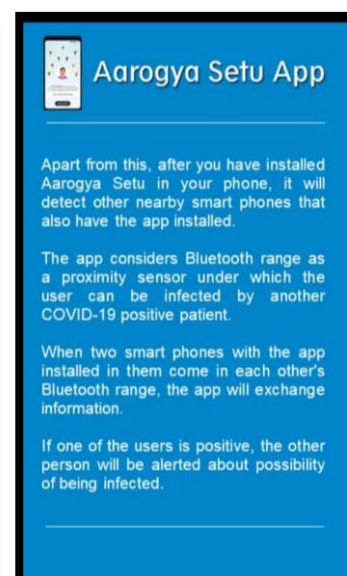
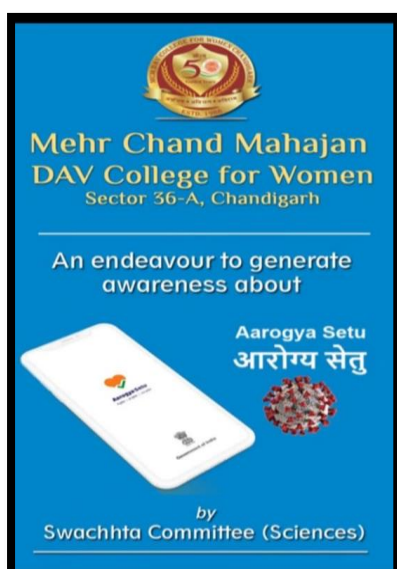
Context: Considering the fast pace at which Covid-19 pandemic is spreading across the entire nation, it becomes utmost necessary to design an App which keeps the users informed in case he/she has crossed paths or has come in close proximity with someone who has tested positive for Covid-19. Therein, the Aarogya Setu app serves as a critical link in fighting the spread of Coronavirus in India. The app available in 11 languages is simple, secure and powerful and ensures that all of us are free from the danger of Covid-19.

Practice: The Swachhta committee (Sciences) under the guidance of our esteemed Principal, Dr Nisha Bhargava, aimed to explain how to install the Aarogya Setu application, its working and its benefits.

- *The steps required to use the app are as follows:*
 1. After you've run the app, allow it to access your device's location, as prompted.
 2. You will get an OTP, enter it and you are on.
 3. Choose your gender from the options given.
 4. Enter your full name, then age, and then profession, as asked.
 5. You will be asked about your foreign travel history in the last 30 days. Give the appropriate answer. Your foreign travel history, if any, will be matched with that of those who've tested positive, with the help of ICMR database.
- The app requests for access to location at all times and also asks for Bluetooth access after download.

- It has a tool for self-testing. The user is asked to answer a number of health related questions. In case some of the answers suggest Covid symptoms, the information is sent to a government server. The data then helps the government take timely steps and initiate the isolation procedure, if necessary.
- Apart from this, after you have installed Aarogya Setu in your phone, it will detect other nearby smartphones that also have the app installed. The app considers Bluetooth range as a proximity sensor under which the user can be infected by another Covid-19 positive patient. When two smart phones with the app installed in them come in each other's Bluetooth range the app will exchange information. If one of the users is positive, the other person will be alerted about the possibility of being infected. The app alerts are accompanied by instructions on how to self-isolate and what to do in case you develop symptoms. These potential cases are then notified to the government for further testing. The data is shared only with the government. The app doesn't allow your name and number to be publicly disclosed.

Evidence of Success: The app forms a user database to create a network of information that can alert citizens and the government of potential victims of the coronavirus. The Committee humbly requested everyone to download the Aarogya Setu app and help India fight the Covid-19 pandemic.





12. Title of the activity: **ONLINE ACTIVITIES BY THE CULTURAL WING OF SWACHHTA COMMITTEE**

Date: April 25, 2020

Title of the Activities: Mono-Acting, Scene Enactment and Rap Music Competitions

Objectives: Under the stewardship of Ms Deepa Chibber and Ms Sukhpreet Bhatia, the Committee organized some innovative and creative competitions with the dual purpose of conveying the important message about emphasizing the requirement of cleanliness and de-stressing the students during the challenging times. It also had the added advantage of honing the technical skills of students in the use of ICT based resources in an inventive way.

Context: The lockdown due to the Covid-19 pandemic being a trying and testing period for all, some new methods of engaging the students with a focus on learning as well as skill building had to be devised. Even in the sphere of extra-curricular activities some ideas had to be introduced, so that the involvement and artistic display of the students' talents could be ensured. With that consideration various online contests were held in the categories of Mono-acting, Scene enactment and Rap music. The topic given to the students was **“Dire Necessity of Cleanliness in the Present Distressed Circumstances”**.

The significance of such activities in the Higher Education Scenario is crucial. Such competitions are going to be the paving stones for the path that contests and other activities are going to follow in the future, as online teaching, testing, evaluation and

even culture-related activities are the growing demand of the present times. So, not only the curricula but the co-curricular domain of education will have to be transformed according to contemporary needs.

Practice: The activities posed a unique challenge for the students as they had to first visualize a creative idea related to the given topic, then conceptualize that idea and finally execute the concept in the form of a video to be presented in the competition along with its audio and video shooting components. It geared them well in the use of ICT resources.

Evidence of Success: The contests elicited very artistic and novel responses from nearly thirty talented students and the videos of their presentations were received till April 25, 2020. Within the short span of time allotted to the students, they came up with very informative, highly relevant, persuasive and thought-stimulating videos which were technically sound as well.

The judges for the Dramatics contests were Ms Neena Sharma and Dr Mridula Sharma from the Department of English and for the Rap music contest the judges were Ms Nidhi Sharma from the Department of Commerce along with Dr Sunaina Jain from the Department of English. The results were declared on April 30, 2020.

It had 3 categories and the results are as follows:

Mono-acting

Ist : Manavi, MA II

IInd : Komalpreet BA II

Consolation Prize: Garima Dalal, MA II

Scene enactment

Ist: Muskan Rana, BA I

IInd: Ishika Gupta, BA III

Rap music

Ist: Mehak

IInd: Kunjalika Tikku and Tanvi

IIIrd: Deergha

Problems encountered: Since this was a new experience for the students, at times, mailing the heavy files of their videos became a little difficult for them but gradually with practice and familiarity with the technology involved, they were able to

overcome this obstacle. As we continue to organize more such activities for them, they will become well versed with the usage of technology and improve with every subsequent attempt.

स्वच्छता पर ऑनलाइन वीडियो प्रतियोगिता का हुआ आयोजन

जगमार्ग न्यूज

उद्देश्य से, इस प्रतियोगिता में तीन चंडीगढ़ी कोविड-19 की वजह से स्वच्छता की महत्त्व आवश्यकता को ध्यान में रखते हुए इस विषय पर एक ऑनलाइन वीडियो प्रतियोगिता का आयोजन किया। एमसीएम डीएवी कॉलेज फॉर वूमन की स्वच्छता समिति की कल्चरल कमेटी ने कोरोना वायरस से लड़ने में स्वच्छ परिवेश के महत्व के बारे में जागरूकता बढ़ाने के

उद्देश्य से, इस प्रतियोगिता में तीन श्रेणियों के तहत वीडियो प्रस्तुत किया, जिसमें कि मोनो एक्टिंग, सीन एक्टमेंट और थीम बेस्ड रैप संगीत। प्रतिभागियों ने सरल विचारों के साथ विषय को अपनी प्रविष्टियों में उपयुक्त रूप से बुनते हुए, नाटकीयता और संगीत में अपने कौशल का उपयोग करते हुए स्वच्छता के प्रारम्भिक संदेश को व्यक्त किया।

एमसीएम में ऑनलाइन मोनो एक्टिंग और डूबल आर्ट प्रतियोगिता

वे रहा प्रतियोगिता का रिजल्ट

मोनो एक्टिंग में मानवी आर्गु प्रथम

मोनो एक्टिंग प्रतियोगिता में मानवी आर्गु प्रथम और कोमलप्रती ने द्वितीय क्रमांक प्राप्त किया। द्वितीय प्रतियोगिता में प्रथम क्रमांक प्राप्त किया। द्वितीय प्रतियोगिता में प्रथम क्रमांक प्राप्त किया।

डूबल कला में तानिया सिंगला अव्वल

तानिया सिंगला ने द्वितीय क्रमांक प्राप्त किया। द्वितीय प्रतियोगिता में प्रथम क्रमांक प्राप्त किया। द्वितीय प्रतियोगिता में प्रथम क्रमांक प्राप्त किया।

ऑनलाइन दिखाई प्रतिभा और बन गए विजेता

जगमार्ग संवाददाता, चंडीगढ़ : लोकडाउन है तो क्या, अपना संदेश तो हर जगह तक पहुंचाना है। इसी थीम के साथ एमसीएम डीएवी सेक्टर -36 की ओर से ऑनलाइन प्रतियोगिता का आयोजन किया गया। इसमें कोरोना संकट के दौरान अपने आसपास साफ सफाई रखने का संदेश दिया गया। इस बीच एक्टिंग से लेकर कई गतिविधियों का आयोजन हुआ। कॉलेज की स्वच्छता समिति की कल्चरल कमेटी ने इसका आयोजन किया। मोनो एक्टिंग प्रतियोगिता में मानवी अरेड़ा ने प्रथम, कोमलप्रती ने

एमसीएम डीएवी-36 द्वारा आयोजित प्रतियोगिता में प्रतिभागियों द्वारा तैयार डूबल आर्ट और गतिविधियों का आयोजन किया गया। इसमें कोरोना संकट के दौरान अपने आसपास साफ सफाई रखने का संदेश दिया गया। इस बीच एक्टिंग से लेकर कई गतिविधियों का आयोजन हुआ। कॉलेज की स्वच्छता समिति की कल्चरल कमेटी ने इसका आयोजन किया। मोनो एक्टिंग प्रतियोगिता में मानवी अरेड़ा ने प्रथम, कोमलप्रती ने

महत्व के बारे में छात्रों का ज्ञान बढ़ाने के उद्देश्य से कॉलेज के इलेक्टोरल लिटरेसी क्लब ने एक ऑनलाइन डूबल आर्ट प्रतियोगिता का आयोजन किया। इसमें विभिन्न स्टीम्स की 46 स्टूडेंट्स ने हिस्सा लिया। प्रतियोगिता में तानिया सिंगला को प्रथम, मिहिका शर्मा को दूसरा और सरगुन चुग ने तीसरा स्थान प्राप्त किया।

13. Title of the activity: "ONLINE PHOTO QUIZ" ON IMMUNITY BOOSTING PLANTS

Date: April 27, 2020

Number of participants: 40

Objective: Besides providing the students with an opportunity to channelize their time in a constructive manner, the aim of this activity was to dissipate knowledge about the plants having potential immunity boosting properties and can be easily incorporated in our daily diet in some form or the other. In the present scenario, it becomes essential to lay off stress by following a healthy regime which essentially includes a healthy diet. This activity also conveyed a community message on the

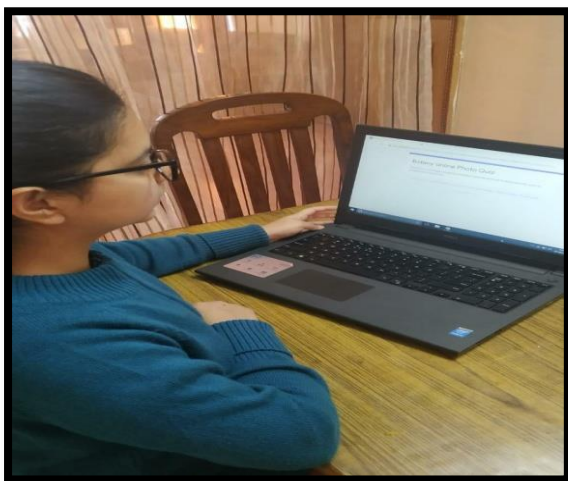
importance of healthy food ingredients as the students were at home and could share this knowledge with all their near and dear ones.

Context: As a large number of plants are useful for mankind in one way or another, creating awareness about their utility is a cumbersome task, and requires continuous time and efforts to accomplish this mammoth chore. Hence, time constraint is the biggest issue. This quiz was a small effort in this direction.

Practice: Under the aegis of the Swachhta Committee of Mehr Chand Mahajan DAV College, the Department of Botany organized an Online Photo Quiz on Immunity Boosting Plants on April 27, 2020. Dr. Gunjan Sud was the Coordinator of the event. 40 participants belonging to BSc (Med.) Ist, IInd and IIIrd years participated in the activity. Aarya Sharma of BSc I (Med.), Parikha Banga of BSc III (Med.) and Shobhna of BSc II (Med.) bagged the Ist, IInd and IIIrd positions respectively. The consolation prize went to Anchal of BSc II (Med.). Through the photo quiz, students were imparted information as to how some common fruits, vegetables, herbs, spices and condiments, if included in our everyday simple diet can keep us healthy by fortifying our immune system.

Evidence of Success: The students were familiarized with the concept of enhancing our body immunity by incorporating plants with immunity boosting properties in our routine diet.

Problems encountered and resources required: The biggest problem faced was that of network connectivity and data. Due to these problems only 40 students were able to participate. Limited time was a big constraint as there are innumerable types of plants with multiple uses. Learning about all such plants in such short durations is not possible at one go.



Media Clippings:

ऑनलाइन विजय और ई-पोस्टर प्रतियोगिता हुई

चंडीगढ़। वर्तमान कोरोनावायरस संकट के दौरान स्वच्छता और इसके विभिन्न पहलुओं के बारे में छात्रों को संवेदनशील बनाने के उद्देश्य से, एमसीएम डीएवी कॉलेज फॉर वीमेन की स्वच्छ समिति नियमित रूप से विभिन्न ऑनलाइन गतिविधियों का आयोजन कर रही है। इस तरह की एक गतिविधि में, वनस्पति विज्ञान विभाग ने इम्यूनिटी बढ़ाने वाले पौधों पर एक ऑनलाइन विजुअल किज का आयोजन किया, जिसमें 40 छात्राओं ने उत्साहपूर्वक भाग लिया। छात्राओं को रचनात्मक तरीके से अपने लॉकडाउन समय का उपयोग करने का अवसर प्रदान करने के अलावा, इस गतिविधि का उद्देश्य उन पौधों के बारे में छात्राओं को अवगत करना था जिनमें संभावित प्रतिरक्षा बढ़ाने वाले गुण हैं और उन्हें दैनिक आहार में आसानी से शामिल किया जा सकता है। इस ऑनलाइन विजुअल किज में आर्या शर्मा ने प्रथम स्थान प्राप्त किया जबकि परिक्षा बंगा तथा शोभना ने क्रमशः दूसरा और तीसरा स्थान प्राप्त किया। ऑनलाइन विजुअल किज का आयोजन किया, जिसमें चालीस छात्राओं ने उत्साहपूर्वक भाग लिया। छात्राओं को रचनात्मक तरीके से अपने लॉकडाउन समय का उपयोग करने का अवसर प्रदान करने के अलावा, इस गतिविधि का उद्देश्य उन पौधों के बारे में छात्राओं को अवगत करना था जिनमें संभावित प्रतिरक्षा बढ़ाने वाले गुण हैं और उन्हें दैनिक आहार में आसानी से शामिल किया जा सकता है। इस ऑनलाइन विजुअल किज में आर्या शर्मा ने प्रथम स्थान प्राप्त किया जबकि परिक्षा बंगा तथा शोभना ने क्रमशः दूसरा और तीसरा स्थान प्राप्त किया। ऑनलाइन विजुअल किज में सात्वना पुरस्कार दिया गया।

एमसीएम ने इम्यूनिटी बढ़ाने वाले पौधों पर ऑनलाइन विजय प्रतियोगिता कराई

चंडीगढ़, (राकेश): वर्तमान कोरोना वायरस संकट के दौरान स्वच्छता और इसके विभिन्न पहलुओं के बारे में छात्रों को संवेदनशील बनाने के उद्देश्य से, मेहर चंद महाजन डीएवी कॉलेज फॉर वीमेन की स्वच्छ समिति नियमित रूप से विभिन्न ऑनलाइन गतिविधियों का आयोजन कर रही है। इस तरह की एक गतिविधि में, वनस्पति विज्ञान विभाग ने इम्यूनिटी बढ़ाने वाले पौधों पर एक ऑनलाइन विजुअल किज का आयोजन किया, जिसमें चालीस छात्राओं ने उत्साहपूर्वक भाग लिया। छात्राओं को रचनात्मक तरीके से अपने लॉकडाउन समय का उपयोग करने का अवसर प्रदान करने के अलावा, इस गतिविधि का उद्देश्य उन पौधों के बारे में छात्राओं को अवगत करना था जिनमें संभावित प्रतिरक्षा बढ़ाने वाले गुण हैं और उन्हें दैनिक आहार में आसानी से शामिल किया जा सकता है। इस ऑनलाइन विजुअल किज में आर्या शर्मा ने प्रथम स्थान प्राप्त किया जबकि परिक्षा बंगा तथा शोभना ने क्रमशः दूसरा और तीसरा स्थान प्राप्त किया। ऑनलाइन विजुअल किज में सात्वना पुरस्कार दिया गया।

एमसीएम में ऑनलाइन किज प्रतियोगिता आयोजित

चंडीगढ़। वर्तमान कोरोनावायरस संकट के दौरान स्वच्छता और इसके विभिन्न पहलुओं के बारे में छात्रों को संवेदनशील बनाने के उद्देश्य से, मेहर चंद महाजन डीएवी कॉलेज फॉर वीमेन की स्वच्छ समिति नियमित रूप से विभिन्न ऑनलाइन गतिविधियों का आयोजन कर रही है। इस तरह की एक गतिविधि में, वनस्पति विज्ञान विभाग ने इम्यूनिटी बढ़ाने वाले पौधों पर एक ऑनलाइन विजुअल किज का आयोजन किया, जिसमें चालीस छात्राओं ने उत्साहपूर्वक भाग लिया। छात्राओं को रचनात्मक तरीके से अपने लॉकडाउन समय का उपयोग करने का अवसर प्रदान करने के अलावा, इस गतिविधि का उद्देश्य उन पौधों के बारे में छात्राओं को अवगत करना था जिनमें संभावित प्रतिरक्षा बढ़ाने वाले गुण हैं और उन्हें दैनिक आहार में आसानी से शामिल किया जा सकता है। इस ऑनलाइन विजुअल किज में आर्या शर्मा ने प्रथम स्थान प्राप्त किया जबकि परिक्षा बंगा तथा शोभना ने क्रमशः दूसरा और तीसरा स्थान प्राप्त किया। ऑनलाइन विजुअल किज में सात्वना पुरस्कार दिया गया।

ऑनलाइन विजय से किया जागरूक

जासं, चंडीगढ़ : एमसीएम डीएवी कॉलेज फॉर वुमेन-36 के वनस्पति विज्ञान विभाग ने वीरवार को इम्यूनिटी बढ़ाने वाले पौधों पर एक ऑनलाइन विजुअल विजय का आयोजन किया। जिसमें 40 छात्राओं ने उत्साहपूर्वक भाग लिया। प्रतियोगिता का उद्देश्य उन पौधों के बारे में छात्राओं को अवगत करना था, जिनमें संभावित प्रतिरक्षा बढ़ाने वाले गुण हैं और उन्हें दैनिक आहार में आसानी से शामिल किया जा सकता है। इस ऑनलाइन विजुअल विजय में आर्या शर्मा ने प्रथम स्थान प्राप्त किया, जबकि परिक्षा बंगा तथा शोभना ने क्रमशः दूसरा और तीसरा स्थान प्राप्त किया। ऑनलाइन विजुअल विजय में सात्वना पुरस्कार दिया गया। ऑनलाइन विजय और ई-पोस्टर प्रतियोगिता में भाग लेती हुई छात्रा सौजन्य: कॉलेज के डिपार्टमेंट ऑफ कंप्यूटर साइंस एंड एप्लिकेशन विभाग द्वारा एक अन्य गतिविधि में, ई-कोलाज/ई-पोस्टर मेकिंग प्रतियोगिता आयोजित की गई।



एमसीएम में ऑनलाइन विजय में आर्या शर्मा ने मारा मैदान

संवाद न्यूज एजेंसी

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज फॉर वुमेन के वॉट्सएप ग्रुप में ऑनलाइन विजय प्रतियोगिता का आयोजन किया। इसमें चालीस छात्राओं ने प्रथम स्थान प्राप्त किया जबकि परिक्षा बंगा तथा शोभना ने क्रमशः दूसरा और तीसरा स्थान प्राप्त किया। ऑनलाइन विजय में सात्वना पुरस्कार दिया गया।

सोशल डिस्टेंसिंग का दिया ज्ञान..
कोविड-19 योद्धाओं का जताया आभार

इसके अलावा डिपार्टमेंट ऑफ कंप्यूटर साइंस एंड एप्लिकेशन विभाग की ओर से एक अन्य गतिविधि में ई-कोलाज / ई-पोस्टर मेकिंग प्रतियोगिता आयोजित की गई। अभिनन्दन ए सेल्यूट टू अवर कैंविड वॉरियर्स तथा 'स्वच्छता से स्वास्थ्य की ओर' फाइट कैंविड - 19 विद वलैन्लीनेस एंड सोशल डिस्टेंसिंग जैसे सामाजिक विषयों पर आधारित इस प्रतियोगिता में न केवल सोशल डिस्टेंसिंग और स्वच्छ रहने के विचार को सुदृढ़ करने पर जोर दिया गया बल्कि वैश्वीकरण स्तर, पूर्णता बर्तन और सभी कोविड योद्धाओं के प्रति कृतज्ञता का भाव भी प्रदर्शित किया गया।

अलावा गतिविधि का उद्देश्य प्रतिरक्षा बढ़ाने वाले पौधों के बारे में जानकारी देना था। इसके साथ ही उन्हें दैनिक आहार में आसानी से कैसे शामिल किया जा सकता है। एमसीएम डीएवी कॉलेज फॉर वुमेन की फ्रिसपल डॉ. निरा भार्गव ने छात्राओं के प्रयास को सराहना की।

14. Title of the Activity: E-COLLAGE/E-POSTER MAKING COMPETITION WAS ORGANIZED ON THE FOLLOWING THEMES BY SWACHHTA COMMITTEE, DEPARTMENT OF COMPUTER SCIENCE AND APPLICATIONS.

Date: April 30, 2020.

- a. **"Abhinandan: A salute to our Covid Warriors"**. This is the time to appreciate and acknowledge our real heroes rather than the reel heroes.
- b. **"Swachhta se Swasttha ki aur: Fight Covid 19 with Cleanliness and Social distancing"**

Objectives: This competition aimed to inculcate the sense of Swachhta during the grave pandemic of Covid-19 and achieve 'Swasttha', a Hindi word used for health. It also aimed to foster a sense of responsibility and sensitivity towards Covid Warriors by instilling awareness about Covid-19, and the role of *Swachhta* in achieving *Swasttha*. This was also an attempt to motivate students to render selfless service towards their nation and inculcate a fighting spirit to face the hardships of life.

Context: To instill social responsibility towards the nation and fellow countrymen in the current scenario of Covid-19, this competition was conducted through online mode in the lock down period in the month of April 2020. Mrs. Deepti Sharda was the Coordinator of the event. The students designed posters/collages while staying at their homes and submitted their entries through email. They showcased their creativity by making use of Photoshop/Corel Draw/MS Paint or any other graphics software of their choice available to them.

Practice: Students from different classes of Computer Science showed their interest and participated in this activity. They were of the view that thinking of creative art and designing thereon broke their monotony. Students were personally motivated and guided by teachers through messages/phones, and 28 students participated in the contest enthusiastically. Students were allowed to make use of Photoshop/Corel Draw/Ms Paint or any other graphics software of their choice and availability. Nagma Firdous from BCA II played a pivotal role as the Student Organizer. So, this event also provided an opportunity to build leadership qualities amongst students.

Evidence of Success: The enthusiastic participation of students indicated the success of this event during the challenging time of lockdown due to Covid-19. Online certificates will also be given to all the participants. Details of the winners are as follows:

Entry no. 23: Nikita Jindal (BCA I A) - 1st prize

Entry no. 20: Sonali Goyal (BCA II B) - 2nd prize

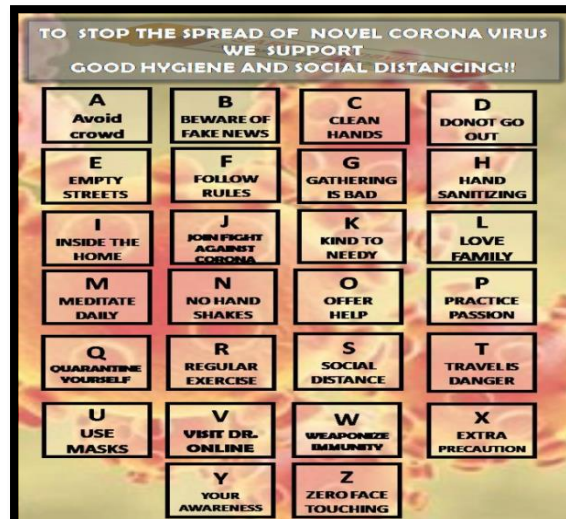
Entry no. 15: Rupali Mittal (BCA II A) - 3rd prize

Entry no. 27: Ritika Bhardwaj (BCA II A) - Consolation prize

Photographs of the winning entries



First Prize



Second Prize



Third Prize



Consolation Prize

Problems Encountered and Resources Required: During the challenging time of lockdown, it was an uphill task to procure entries. However, with the motivation and direction from our honorable principal, Dr Nisha Bhargava, and the continued perseverance of our faculty members, many students participated wholeheartedly. This competition required hardware, software and network connection for designing

and e-mailing of e-posters or e-collages. Students used their own resources for participating in this competition.

15. Title of the activity: TWO DAY WEBINAR ENTITLED “LEARNING THE NUANCES OF REARING ORNAMENTAL AND ORGANIC PLANTS: AN ONLINE WORKSHOP DURING LOCKDOWN”

Date: May 2 - 3, 2020.

Objective: Keeping in view the lockdown period due to the COVID-19 Pandemic, the Department of Botany organized its first Webinar with the twin aim of enriching the students with the vast and promising potential of the world of plants and helping them utilize their time in a constructive manner. 39 students participated in this Online Skill Development Workshop.

Context: Learning and practicing different aspects of rearing plants requires patience and creativity. Many times immediate results may not be obtained as plants grow at their own pace under a given set of conditions.

Practice: A Webinar entitled “Learning the Nuances of Rearing Ornamental and Organic Plants: An Online Workshop during Lockdown” was organized by the Department of Botany on May 2 -3, 2020. This workshop was open to all B.Sc. (Med.) and Add-on Floriculture and Landscaping students. The desirous students got themselves registered through the link provided for the purpose on the Botany Webinar Group. The resource persons who are experts in their respective fields held live online interactions with the participants through WEBEX.

The complete workshop was divided into six sessions of one hour each, attended by 39 students of BSc (Medical) and Add-on Course in Floriculture and Landscaping and 2 faculty members of the Department. The experts made use of PPTs and gave live demonstrations to the participants to provide them a deep insight into the topics which kept the students completely engrossed. Each session was followed by a short discussion where the students took up their queries with the experts who tried to satisfy the inquisitive minds. Dr. Gunjan Sud was the Coordinator of the event.

On the first day of the seminar, Prof Y.C. Gupta (Dean, College of Horticulture and Centre of Excellence for Horticulture Research and Extension, Thunag, Distt. Mandi, H.P.) delivered a lecture on the potential opportunities which floriculture and landscaping industry provides and the large profits it yields. Due to last minute unavoidable circumstances, Dr Rajesh Kaushal (Director Research, UUHF, Bharsar,

Pauri Gharwal, Uttarakhand) could not deliver his lectures and in his lieu, Dr Niranjana Singh (Department of Fruit Science, Dr YSPUHF, Nauni, Solan) was kind enough to accept our last minute request. He updated the participants on the cultivation practices involved in the rearing, storing and marketing of apple, the most important temperate fruit. Dr Puja Sharma (Scientist, Department of Floriculture and Landscape Architecture, Dr YSPUHF, Nauni, Solan) explained the entire concept of creating “Miniature Gardens” giving a live online demonstration which left the students spellbound.

On the second day during the first session, Prof Gupta talked about the green house technology and the techniques involved in the protected cultivation of much demanded flowers including Roses, Lilliums, Carnations, Gerberas, Anthuriums, etc. and in the second session, Dr Niranjana discussed and demonstrated the technological advancements in vegetative and sexual methods for speedy and better multiplication of plants. In the concluding session of the online workshop, Dr Aruna Mehta (Scientist, Medicinal and Aromatic Plants, College of Horticulture and Centre of Excellence for Horticulture Research and Extension, Thunag, Distt. Mandi, H.P.) gave a vivid account of plants with medicinal and aromatic relevance including their characterization, cultivation, utility and conservation strategy.

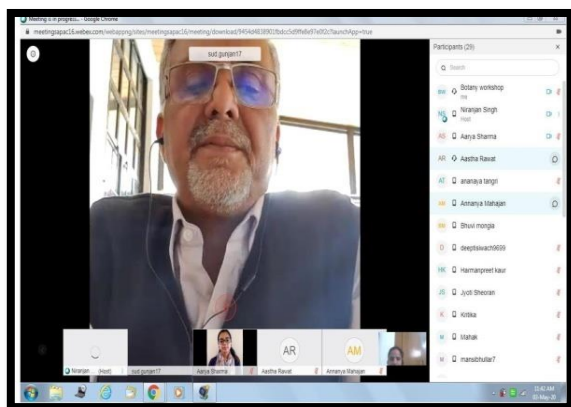
Schedule of the Workshop

Day	Date	Session 1 (11:00 am-12:00 pm)	Session 2 (2:00-3:00 pm)	Session 3 (4:00pm-5:00 pm)
1.	2.5.2020	Business opportunities in Floriculture and Landscaping. Resource Person: Prof Y.C. Gupta	Production technology of Apple fruit. Resource Person: Dr Niranjana Singh	Miniature Gardens. Resource Person: Dr Puja Sharma
2.	3.5.2020	Protected cultivation of flower crops. Resource Person: Prof Y.C. Gupta	Propagation techniques for fruit crops. Resource Person: Dr Niranjana Singh	Medicinal and Aromatic Plants: Their importance and Conservation. Resource Person: Dr Aruna Mehta

The students were given a practical insight into the various aspects involved in the cultivation, protection and marketing of ornamental fruit, and aromatic and medicinal plants. They were also educated on the potential, business opportunities in the field of floriculture, horticulture, landscaping, aromatic and medicinal industry.

Evidence of Success: Students expressed their desire to lay a practical hand on all the techniques discussed and demonstrated by the resource persons. In the feedback, they requested for many more similar workshops.

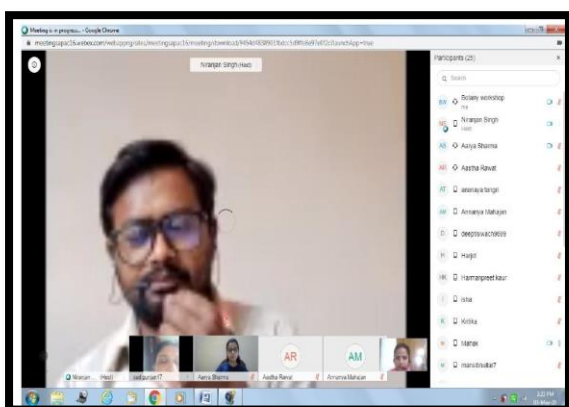
Problems encountered and resources required: The biggest problem faced was that of network connectivity and data. Due to these problems out of the 44 students who initially registered for the Webinar only 39 were able to attend. Limited time was a big constraint as there are innumerable types of plants with their own individual growth patterns. Learning about all types of plants in such short duration is not possible as all material is not readily available in all seasons and at all places.



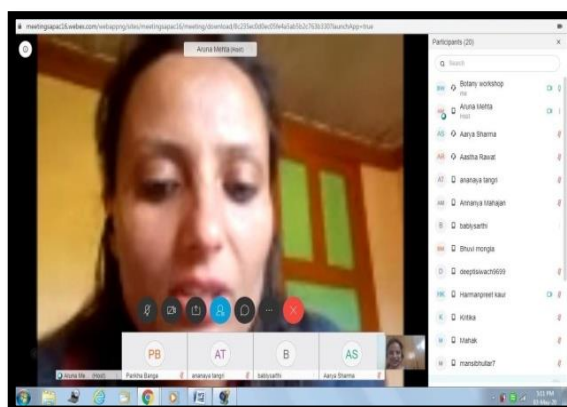
Dr Y.C. Gupta delivering lecture on Business opportunities in Floriculture and landscaping



Dr Puja Sharma giving her demonstration on Miniature Gardens



Dr Nirajan Singh delivering lecture on Propagation techniques for fruit crops during Webinar



Dr Aruna Mehta discussing about Medicinal and Aromatic plants during webinar

16. Title of the activity: ONLINE ESSAY WRITING COMPETITION” ON THE THEME, “IMPORTANCE OF CLEANLINESS AMID COVID-19: SUGGESTIONS AND SOCIO-ECO IMPLICATIONS” ORGANIZED BY SWACHHTA COMMITTEE AND DEPARTMENT OF ECONOMICS.

Date: May 5, 2020

Number of participants: 20 entries

Objective: To highlight the importance of cleanliness in protection against Coronavirus Disease and examine how effective cleaning and maintaining proper hygiene can reduce the possibility of spreading of the virus.

Context: The Covid-19 Pandemic has affected every aspect of human life. Along with a health crisis, it has triggered a socio-economic crisis in the society. All over the world, various restrictions have been imposed to counter the virus. But these measures have put the global economy at high risk of recession due to adverse effects on financial markets, investment, consumption, commodity prices and international trade. Further the situation has been aggravated by the demand, supply and liquidity shocks that coronavirus has inflicted.

Practice: The Coordinators of the Competition were Dr Praerna Sharma and Ms Chris Bindra.

The winners of the competition:

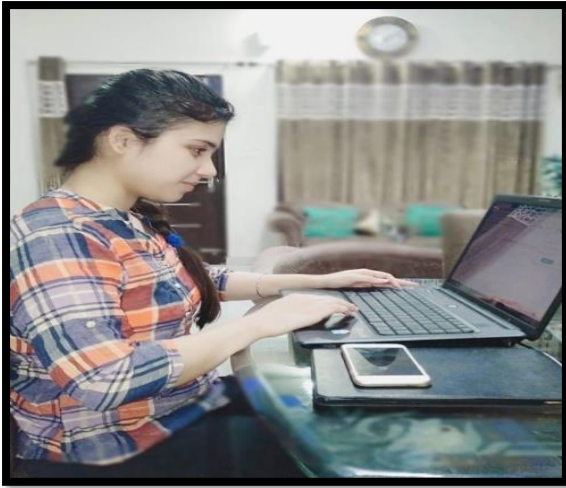
Ist: Ishita Jain MA Eco II

IInd: Simran Sharma BA III

IIIrd: Kirandeep BCom III

Outcome: Various suggestions were given about how solidarity can suppress the transmission of the virus and end the pandemic. Everyone needs to behave in a collective, responsible manner and thus, we will be able to reduce infections and eventually normalise our economic and social lives.

Evidence of success: Students from different streams participated in the competition with a lot of enthusiasm. Various implications and suggestions to overcome the virus were explained by the students.



17. Title of the activity: **CLEANING AND DISINFECTING THE HOSTELS**

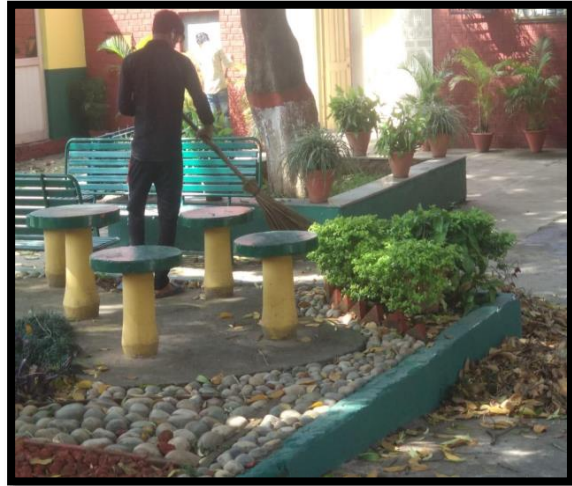
Date: May 6, 2020

Objective: All the hostel blocks were duly disinfected by getting Anti-Malaria spray sprayed in the washrooms, kitchens and corridors/lawns on May 6, 2020. Cleaning of all the blocks and surrounding areas was carried out on a regular basis during the month of May.

Context: Disinfecting the key areas of the hostel including washroom, kitchens and corridors/lawns was done by treating them with Anti-Malaria spray.

Practice: The College hostels disinfected the key areas of washrooms, kitchens and corridors/lawns by getting them treated with Anti-Malaria spray. The activity minimized the chances of mosquito breeding in the hostels. For the upkeep of the hostel during the lockdown, the hostel area is cleaned regularly. The spraying drives were carried out in the hostels, in the month of May.

Outcome of the Activity: Anti-Malaria spray drives were aimed at eradicating any chances of mosquito breeding in the hostel campus. As a result of the activity, the hostels became mosquito-free.





18. Title of the activity: POT MAKING COMPETITION USING BEST-OUT-OF-WASTE ON 'BIRD DAY' ORGANIZED BY HORTICULTURE AND LANDSCAPING COMMITTEE UNDER THE AEGIS OF SWACHHTA GROUP.

Date: May 9, 2020.

Objective: To inspire the students and enhance their creativity skills to make pots from waste material.

Context: The Horticulture and Landscaping Committee under the aegis of Swachhta Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh celebrated 'World Bird Day' by organizing an Online Competition of Pot Making on May 9, 2020. Dr. Pooja Sharma and Dr Seema Kanwar were the Coordinators for the activity. The participants made beautiful and innovative pots from waste material, showcasing their creative acumen.

Practice: 32 entries were received for the pot making activity. The winners of the competition were as follows:

Ist: Tanya Rani of BA I (Roll No. 7116)

IInd : Ranjana Yadav BCom IA (Roll No. 10169)

IIIrd : Muskan Goyal BSc IB (Roll No. 1197), Navneet Kaur MSc II (Roll No. 6498)
and Somal Ranjan BA III (Roll No. 8692).

Consolation Prize: Prerna BA III (Roll No. 8855), (Ananya Mahajan BSc Med. (Roll No.1198), Shubhangi Garg BAII (Roll No. 2023), and Mehak Gulati BA II (Roll No. 2277).

Outcome: The entries received for the competition were more than expected. Many students who were keen to participate and learn more such skills came forward to participate.

Evidence of success: An enthusiasm was noticed amongst the students as soon as the competition was announced online. Students from different streams were eager to participate despite the limitation of the lockdown. Students exhibited their creative skills by making beautiful pots and by using waste materials in many other ways.



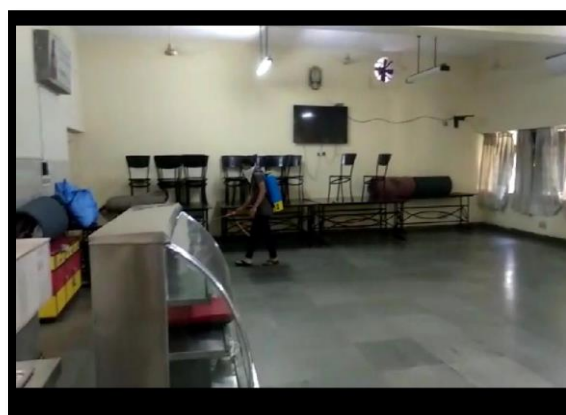
19. Title of the activity: CLEANING, DISINFECTING AND SANITIZING OF ALL HOSTEL KITCHENS BY MESS COMMITTEE.

Date: May 10, 2020

Objective: The College hostels disinfected their key areas of kitchen and mess by getting them sanitized. The activity minimized the chances of spread of infection. Cleaning of all the surrounding areas is carried out on a regular basis.

Activities Carried Out: Sanitization of the kitchen and mess areas was carried out in the month of May. Cleaning and washing of the kitchen and mess area is done on a regular basis.

Outcome of the Activity: The entire kitchen area and dining halls were disinfected.



20. Title of the activity: ESSAY WRITING COMPETITION ON 'IMPACT OF COVID-19 PANDEMIC ON WILD LIFE IN INDIA' ORGANISED BY SWACHHTA COMMITTEE (SCIENCES)

Date: May 22, 2020

Number of participants: 22

Objectives:

- To gain confidence and learn about the art of communicating one's ideas and views
- To create awareness about challenges and issues related to the pandemic outbreak.

Context: The International Day for Biological Diversity (IDB) is celebrated every year on May 22 to promote awareness around biodiversity issues. This year's theme, "Our solutions are in Nature," reminds us that biodiversity is the basis for sustainable future. Given the ongoing COVID-19 pandemic, the day this year was

commemorated to re-examine our relationship with the natural world, reflect on challenges and accomplishments, and renew our determination in overcoming the environmental challenges facing the world today.

Practice: To achieve this objective, Swachhta Committee (Sciences) organized a creative essay writing competition on the topic 'Impact of Covid-19 Pandemic on Wild Life in India' for the students of Science and Arts streams. A total of 22 Undergraduate students of the college participated in the competition with great enthusiasm and interest.

Evidence of Success: Students understood the concept of healthy ecosystems, biological diversity in terms of the wide variety of animals and micro-organisms and dependency of our health on biodiversity.

Results

Name	Class	Roll Number	Position
Avidha	B.A.I	7209	1 st
Tanbir	B.A.III	8879	2 nd
Promila	B.Com. III	10657	3 rd
Chandini	B.A.I	7281	Consolation Prize
Vishali	B.Sc. Medical	659	Consolation Prize
Aarya Sharma	B.Sc. Medical	1134	Consolation Prize
Pranika	B.A.I	7184	Consolation Prize
Ashish Kaur	B.A.I	7181	Consolation Prize



21. Title of the activity: POWER-POINT PRESENTATION BY THE SWACHHTA COMMITTEE (SCIENCE DEPARTMENTS) ON THE TOPIC 'SCIENCE, TECHNOLOGY AND INNOVATION FOR A CLEAN, GREEN AND HEALTHY NATION'

Date: May 22, 2020

Objective: To engage a large number of students in a constructive activity during the lockdown due to pandemic COVID-19. This activity would ensure that students are mentally and creatively involved in brainstorming thereby avoiding distress.

Context: Technology is the blessing of Science. Science and technology have been the pillars of modern civilization. Hence, it is extremely important that the students understand the advantages of both science and technology to work towards a clean, green and healthy nation.

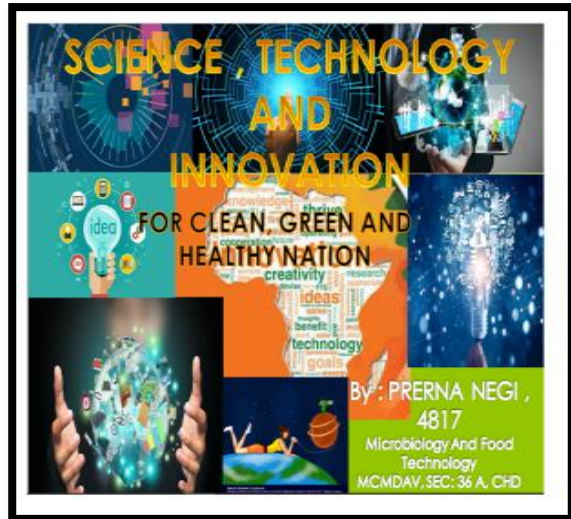
Practice: The call for an online Power Point presentation competition created a buzz amongst the students. There was an enthusiastic participation from 17 students. It was a challenge to explain the concept in a limited number of slides. All the participants submitted exemplary presentations.

RESULTS:

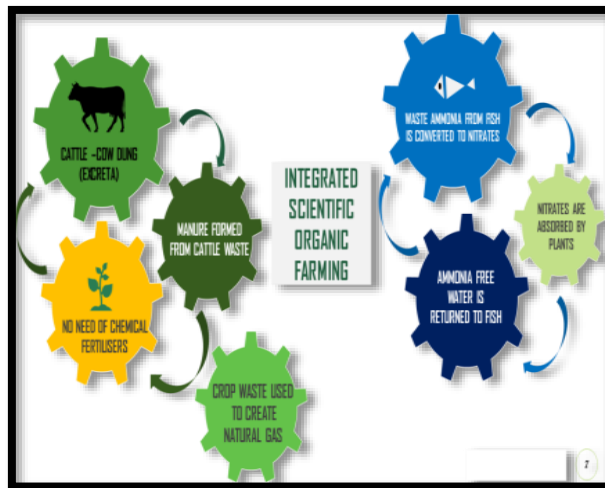
Name	Class	Roll Number	Position
Ananya	B.Com. II(B)	11253	1 st
Prerna Negi	MFTI	4817	2 nd
Arshpreet Kaur	B.A.I	7068	3 rd
Tanbir Kaur	B,A.III	8879	Consolation Prize
Jahnvi Dubey	B.A.III	9315	Consolation Prize
Ritika Raj	B.Sc. Computer Applications I	1012	Consolation Prize
Radhika Soni	B.Sc. Computer Applications II	540	Consolation Prize
Aditika Singh	B.Sc. Computer Applications II	6307	Consolation Prize



First Prize (Ananya, B.Com.II)



Second Prize (Prerna Negi, MFT I)



Third Prize (Arshpreet Kaur, B.A. I)

Consolation prizes:

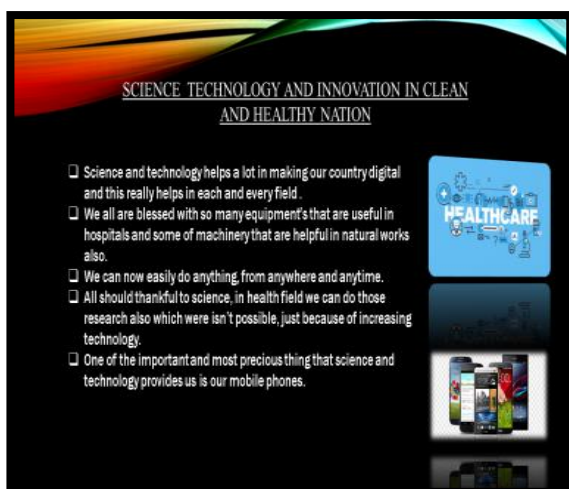
Swachhata, Farm & Forest

- Use of Bioremediation & Phytoremediation:** Ministry of Science and Technology, India is using these techniques at a pilot basis to reduce harmful effluents from the environment. These techniques basically involves use of **bacteria** or plants such as **Sunflower, Indian mustard** to degrade the toxic materials.
- Pingers:** A lot of sea animals die because of fishing nets. In order to reduce this, **Pinger**-a high-tech device is attached to the fishing nets which emits **sonic pulse**. As Dolphins and Whales are hypersensitive to sonic pulses, they avoid coming near fishing nets and are saved.
- Smart Collars:** GPS and accelerometer technology in 'smart collars' is helping in keeping track of **endangered species** throughout their lives. This can help in preventing killings and also avoiding human-animal conflicts. Drone Technology is also being used to keep a surveillance on forests and wildlife.

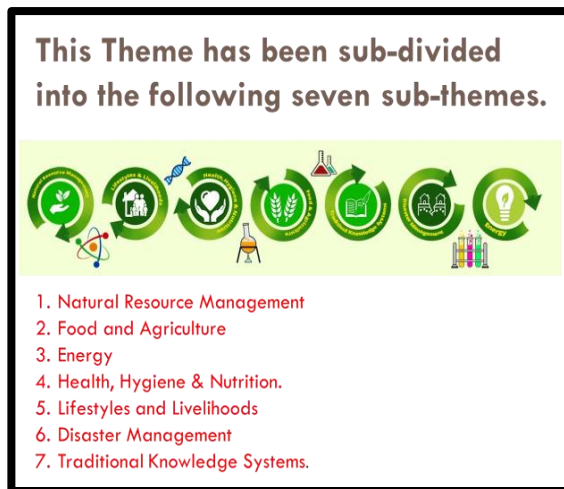
Tanbir Kaur (B.A. III)

SCIENCE, TECHNOLOGY AND INNOVATION FOR A CLEAN, GREEN AND HEALTHY NATION...

Jahnvi Dubey (B.A. III)



Ritika Raj (B.Sc. CA I)



Radhika Soni (B.Sc. CA I)



Aditika Singh (B.Sc. CA I)

22. Title of the activity: CAPTION CONTEST TO CELEBRATE 'INTERNATIONAL DAY FOR BIOLOGICAL DIVERSITY' ORGANISED BY SWACHHTA COMMITTEE (SCIENCES).

Date: May 22, 2020

Objectives:

- To understand the importance of nature for our well-being
- To increase awareness among students regarding biodiversity issues

Context: The United Nations has proclaimed May 22 as “The International Day for Biological Diversity (IDB)” to understand the importance of biodiversity issues. This year’s IDB theme, “Our solutions are in Nature”, reminds us that biodiversity is the

basis for sustainable future. During the ongoing Covid-19 Pandemic, IDB offers an opportunity for us to re-examine our relationship with the natural world, reflect on the existing challenges, and renew our determination to work together at all levels to build a future in which people live in harmony with nature.

Practice: As many as 40 students from different streams participated enthusiastically in the caption contest during the lockdown period. They captured the beauty of flora and fauna in their backyards and gave suitable captions to them. Eye-catching photographs with inspirational captions were posted by the students.

Evidence of Success: Through this contest, students got an opportunity to appreciate the beauty of nature around them.

Results:



First Prize: Bandhan Shinde (B.A. I) Second Prize: Kriti Sehgal (B.A. I)



Third Prize: Perna Maini (B.A. III)

Name of the participant	Class	Roll No.	Prize
Bandhan Shinde	B.A. I	8015	1 st
Kriti Sehgal	B.A. I	7478	2 nd
Prerna Maini	B.A. III	8855	3 rd
Chetan Kumari	M.Sc. II Chemistry	6467	Consolation Prize
Shruti	B.A. III	8238	Consolation Prize
Annanya Mahajan	B.Sc. I Medical	1198	Consolation Prize
Kritika Singhal	B.C.A. III	6204	Consolation Prize
Parikha Banga	B.Sc. III Medical	186	Consolation Prize
Gulafshan	B.Sc. III MFT	5017	Consolation Prize
Bhuvi Mongia	B.Sc. I Medical	1169	Consolation Prize
Ramneek Kalsi	B.A. III	8867	Consolation Prize
Sanjoli Chakravarti	B.A. III	8501	Consolation Prize
Nitika	B.A. I	7212	Consolation Prize

23. Title of the activity: **DISINFECTION WITH ANTI-MALARIA SPRAY**

Date: May 27-28, 2020

All the hostel blocks were duly disinfected by getting **Anti-Malaria spray** sprayed in the **washrooms, common rooms, kitchens and corridors/lawns** on May 6, 2020 and May 28, 2020. Sanitization was done on May 23, 2020 and May 24, 2020. Cleaning of all the blocks and surrounding areas is carried out on a regular basis.

Aims and Objectives: The College hostels disinfected their key areas of washrooms, common rooms, kitchens and corridors/lawns by getting them treated with **Anti-Malaria spray**. The activity minimize ed the chances of mosquito breeding in the hostels. Sanitization of all the blocks was carried out. For the upkeep of the hostel during the lockdown, the hostel area was cleaned regularly.

Activities Carried Out

- The spraying drives were carried out in the hostels, in the month of May.
- Cleaning, dusting and washing of the hostel area.

Outcome of the Activity: Anti-Malaria spray drives were aimed at eradicating any chances of mosquito breeding in the hostel campus. As a result of the activity, the hostels became mosquito-free. Sanitization further ensured the safety of the residents.

The entire hostel area was cleaned and sanitized thoroughly. To maintain the standards issued by Government of India pertaining to Covid-19 hygiene, similar activities were conducted in the college campus as well.



24. Title of the activity: ONLINE LANDSCAPE DESIGN/PAINTING COMPETITION ON WORLD ENVIRONMENT DAY CONDUCTED ON JUNE 5, 2020 BY HORTICULTURE AND LANDSCAPING COMMITTEE UNDER SWACHHTA GROUP.

Date: June 5, 2020

Number of participants: 15

Context: Participants sent pictures of landscape painting activity done in their homes during the lockdown period.

Objective: To inspire the students to understand the importance of nature and forge a bond with nature on World Environment day, as well as to use their creativity.

Practice: Horticulture Coordinator Dr Pooja Sharma and Landscaping Coordinator Dr Seema Kanwar organized the activity. 15 entries of pictures of landscape paintings were received by the participants.

Evidence of success: A lot of enthusiasm was observed among the students as soon as the competition was announced online. Pictures of Landscape Paintings being done at home were shared by the participants.

Outcomes: It was observed that various students were first time participants in such kind of an activity and they practised painting at their homes. These students could be enrolled in the horticulture and landscaping activities of the college in future.

Results:



First Prize: Shravya (B.A. II)



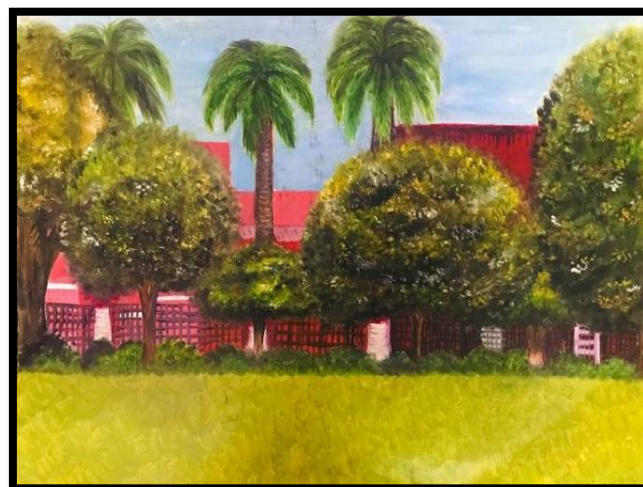
Second Prize: Nishtha B.A. II



Second Prize: Mannat B.A. (I)



Third Prize: Somil (B.A. II)



Consolation prize: Vanshika (B.A. II)

25. Title of the activity: ACTIVITIES CONDUCTED ON JUNE 5, 2020 TO CELEBRATE 'WORLD ENVIRONMENT DAY' ORGANISED BY SWACHHTA COMMITTEE (ARTS) WITH THE MOTTO "TO CARE FOR OURSELVES, WE MUST CARE FOR NATURE".

Number of participants: 21 students

Objective: Observing World Environment Day, Mehr Chand Mahajan DAV College for Women organized various activities that sought to promote awareness about the environment and encourage action for the cause of environmental conservation. To drive home the point that individual efforts can make a big difference in safeguarding our environment, the Swachhta Committee (Arts) and Ek Bharat Shreshtha Bharat Team of the college organized an '**Environment Responsibility Pledge**' activity wherein the staff and students pledged to work towards preserving nature and also to sensitize others about it.

Context: Each one of us has a role to play in preserving nature for humanity's well-being. Simple ways practised by individuals can have a significant impact on the environment. Although the actions may seem small and insignificant on the individual level, the collective impact can be maximised at the macro level by working together.

Principal Dr Nisha Bhargava and Mrs Suman Mahajan, Head, Department of Philosophy and Coordinator, Swachhta Committee penned a poem dedicated to nature to mark the occasion. Conveying their appreciation for nature in a musical way, worthy Principal Dr Nisha Bhargava and faculty members sang songs dedicated to nature in their melodious voices, the compilation of which was released in the form of a video.

Practice: Students and non-teaching staff members participated in the activity by taking a pledge on '**Environment Responsibility**' and also vowed to encourage their families to do so. They undertook the following pledge:

I WILL:

- *Turn off lights and fans when leaving an empty room.
- *Unplug electronic devices at the end of the day.
- *Turn off water faucets tightly.
- *Fix any leaky faucets immediately.
- *Adopt-a-plant to help purify indoor air.

*Use water saving practices and systems in landscaping, such as selecting drought resistant plant varieties.

*Turn off water when brushing teeth.

*Find ways to reuse or refurbish old materials.

*Choose durable materials/furnishings to reduce the cost/waste associated with replacement.

*Purchase reusable containers to avoid zip lock bags, aluminium foil and polystyrene.

*Make my lifestyle environment friendly.

*Reduce the use of equipment that generates pollution.

*Not use non-biodegradable plastic (or any environmental responsibility pledge you wish to take)

*Use water wisely while washing hands.

Poem penned down by Principal Dr. Nisha Bhargava and Mrs. Suman Mahajan:

हम ही हैं कृष्ण और हम ही हैं अर्जुन
निष्काम भाव से कर्म कर करते रहें सृजन।
प्रकृति की क्षण भंगुरता का करते रहें
अभिनंदन।

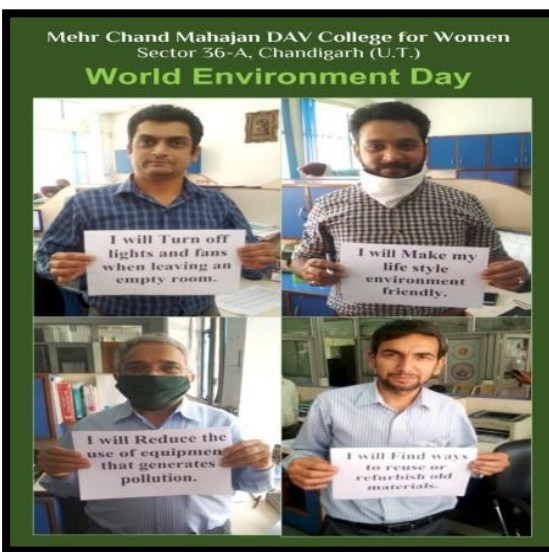
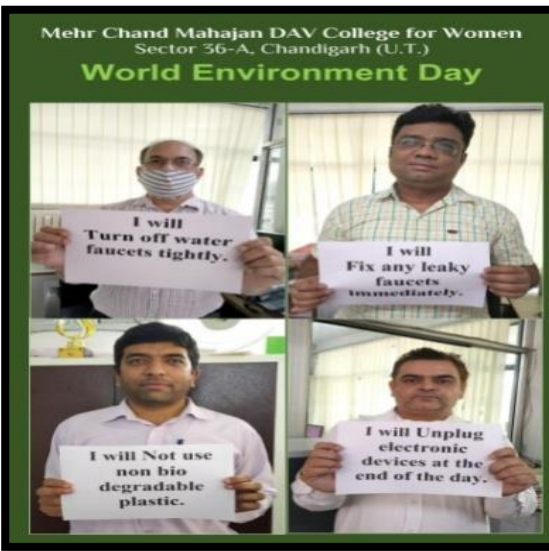
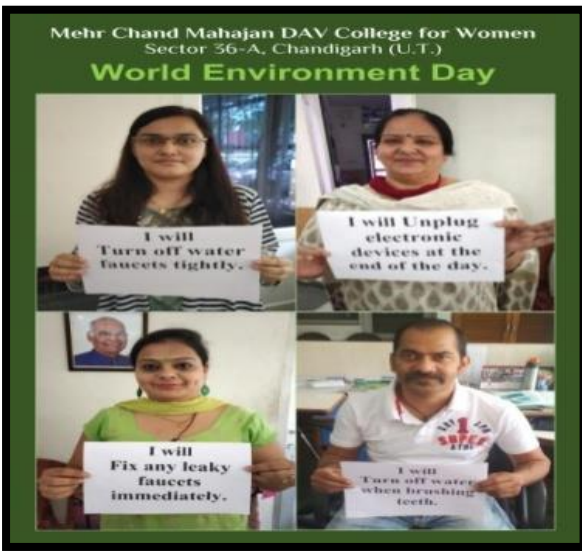
अंतरिक्ष की सीमा से धरती के गर्भगृह तक
ईश्वर निर्मित जीवन क ररहा निरन्तर स्पंदन।
विजय-पराजय, आस-निरास और सुख-दुख में
जीवन रूपी इंद्रधनुष का करते रहें अभिवादन।

सूर्योदय की उष्णता और चन्द्रोदय की शीतलता
में
क्रोध घृणा और अहंकार के दावानलका
धैर्य प्रेम दया निश्चयकर करें विसर्जन।
ईश्वर की सर्वव्यापकता को करते रहें नमन।

सागर मंथन से प्रलय और नदी के सागर में
विलय तक
सृष्टि के आदि से अन्त तक अमर है जो बंधन
ये पंक्तियाँ अपने ईश्वर और प्रकृति को हैं
अर्पण।

Evidence of Success:

The participation by the faculty and non-teaching staff as well as the students was wonderfully woven together in these videos for memories to be cherished later. This activity witnessed the participation of 21 students from different streams and 20 non-teaching staff members.



Links of the video uploaded on social media handles:

https://youtu.be/EZ_4F49yUvQ

<https://twitter.com/MCMDAVCW/status/1268803364969734144?s=19>

<https://www.facebook.com/226512264481701/posts/874695162996738/>

Media Clippings:

विश्व पर्यावरण दिवस पर एमसीएम में प्रतियोगिता

बुकमार्क में मल्लिका, टी-शर्ट पेंटिंग में शीतल रहीं अब्बल

संस्थापक प्रिंसिपल

चंडीगढ़। विश्व पर्यावरण दिवस के अवसर पर एमसीएम ज्यूरिडिक कॉलेज फॉर वूमन ने शुक्रवार को बुकमार्क और टी-शर्ट प्रतियोगिता का आयोजन किया। इसमें 80 छात्राओं ने भाग लिया।

बुकमार्क प्रतियोगिता में मयमोहिन होम स्टार्ट्स कॉलेज चंडीगढ़ की मल्लिका शर्मा ने प्रथम और इसी कॉलेज की रीत को दूसरा व पीजीसीसीजी-11 की श्वेतीका सेमवाल को तृतीय स्थान मिला। टी-शर्ट पेंटिंग में पीजीएससीडीएचएच-26 की शीतल जायसवाल ने प्रथम, पीजीसीसीजी-11 की अनु सारथ ने द्वितीय तथा मुकुलका कौतिल्य फॉर गर्ल्स की मुकुलका कौतिल्य ने तृतीय स्थान प्राप्त किया।

प्रिंसिपल डॉ. निशा भार्गव और कॉलेज के दर्शनशास्त्र विभाग की अध्यक्ष एवं स्वच्छता समिति की समन्वयक सुमन महाजन ने इस अवसर पर प्रकृति को समर्पित एक स्वरचित कविता पढ़ी।

प्रकृति संरक्षण के लिए संकल्प लिया

इस दौरान कॉलेज की स्वच्छ भारत समिति और एक भारत श्रेष्ठ भारत टीम ने पर्यावरण जिम्मेदारी प्रतिज्ञा गतिविधि का आयोजन किया। इसमें संस्था के कर्मचारियों और छात्राओं ने प्रकृति संरक्षण के लिए काम करने और इसके बारे में दूसरों को जागरूक करने का संकल्प लिया।



प्रकृति को बचाने का संदेश देती छात्राएं।

दिवस विशेष कातेव की छात्राओं ने तत्कालक तरीके से दिया हरियाली बचाने का संदेश

एमसीएम में पर्यावरण पर जगाया अलख

श्वेती संकरदत्त-रंजीत

विश्व पर्यावरण दिवस के अवसर पर मेहर चंद महजन डीएवी कालेज फॉर वूमन ने विभिन्न गतिविधियों का आयोजन किया, जिनका उद्देश्य छात्राओं को पर्यावरण के प्रति जागरूक कर पर्यावरण संरक्षण के लिए प्रोत्साहित करना था। हमारे छोटे छोटे व्यक्तिगत प्रयास पर्यावरण की सुरक्षा में एक बड़ा बदलाव ला सकते हैं। इस उद्देश्य से कॉलेज की स्वच्छ भारत समिति और एक भारत श्रेष्ठ भारत टीम ने पर्यावरण जिम्मेदारी प्रतिज्ञा गतिविधि का आयोजन किया। जिसमें संस्था के कर्मचारियों और छात्राओं ने प्रकृति संरक्षण के लिए काम करने और इसके बारे में दूसरों को जागरूक करने का संकल्प लिया।

दूसरों को जागरूक करने का संकल्प लिया। प्रिंसिपल डॉ. निशा भार्गव और कालेज के दर्शनशास्त्र विभाग की अध्यक्ष चंडीगढ़ की मल्लिका शर्मा ने प्रथम स्थान प्राप्त किया, जबकि समन्वयक सुमन महाजन ने इस अवसर पर प्रकृति को समर्पित एक स्वरचित कविता भी लिखी। कालेज के इनो क्लब ने इस अवसर पर एक अतिरिक्त इंटर-कालेज बुकमार्क प्रतियोगिता और टी-शर्ट पेंटिंग प्रतियोगिता का आयोजन किया। प्रतियोगियों ने उच्च बुकमार्क और टी-शर्ट बनाए, जिनमें उनकी तत्कालक

लोकों से पर्यावरण संरक्षण का संदेश दे दिया। बुकमार्क प्रतियोगिता में मयमोहिन होम स्टार्ट्स कालेज, चंडीगढ़ को प्रथम स्थान प्राप्त किया, जबकि पीजीसीसीजी-11 को तृतीय स्थान प्राप्त किया। टी-शर्ट पेंटिंग में पीजीएससीडीएचएच-26, चंडीगढ़ को प्रथम स्थान प्राप्त किया जबकि पीजीसीसीजी-11 की अनु सारथ ने द्वितीय तथा मुकुलका कालेज फॉर गर्ल्स, श्री मुकुलका कौतिल्य को तृतीय स्थान प्राप्त किया।



एमसीएम में विश्व पर्यावरण दिवस का आयोजन

चंडीगढ़ (राकेश) : विश्व पर्यावरण दिवस के अवसर पर मेहर चंद महजन डीएवी कॉलेज फॉर वूमन ने विभिन्न गतिविधियों का आयोजन किया, जिनका उद्देश्य छात्राओं को पर्यावरण के प्रति जागरूक कर पर्यावरण संरक्षण के लिए प्रोत्साहित करना था। हमारे छोटे छोटे व्यक्तिगत प्रयास पर्यावरण की सुरक्षा में एक बड़ा बदलाव ला सकते हैं। इस उद्देश्य से कॉलेज की स्वच्छ भारत समिति और एक भारत श्रेष्ठ भारत टीम ने पर्यावरण जिम्मेदारी प्रतिज्ञा गतिविधि का आयोजन किया। जिसमें संस्था के कर्मचारियों और छात्राओं ने प्रकृति संरक्षण के लिए काम करने और इसके बारे में दूसरों को जागरूक करने का संकल्प लिया। प्रिंसिपल डॉ. निशा भार्गव और कॉलेज के दर्शनशास्त्र विभाग की अध्यक्ष एवं स्वच्छता समिति की समन्वयक सुमन महाजन ने इस अवसर पर प्रकृति को समर्पित एक स्वरचित कविता भी लिखी।

26. Title of the activity: INTER-COLLEGE COMPETITIONS ON BOOKMARK MAKING AND T-SHIRT PAINTING WITH AN ENVIRONMENTAL MESSAGE TO MARK THE CELEBRATION OF WORLD ENVIRONMENT DAY. ORGANIZED BY MCM ECO-CLUB, UNDER THE AEGIS OF SWACHHTA COMMITTEE (SCIENCES).

Date: June 5, 2020

Objectives:

- To understand the importance of environment and nature.
- To promote awareness among students regarding protection of environment.

Context: World Environment Day is celebrated every year on June 5 and is the principal vehicle of the United Nations for encouraging awareness and action for the protection of environment. This year's World Environment Day theme is, "Time for Nature". Right from the foods we eat, the air we breathe, the water we drink, to the climate that makes our planet habitable for us, all come from nature. This year, amid Covid-19, instead of going to the field to plant saplings on World Environment Day, people are promoting environmental protection and awareness through online activities. These are exceptional times in which nature is sending us a message to live more sustainably. So, it's time to wake up, take notice and raise our voices in order to build a better environment for people as well as for the planet. **Practice:** Even, during these trying times of Covid-19, as many as 80 students from various colleges of Chandigarh, Punjab and Haryana participated enthusiastically in Bookmark making and T-shirt painting competitions. All entries were highly appreciable and portrayed beautiful messages on environmental issues through bookmarks and T-shirt paintings.

Evidence of Success: Through this contest, students got an opportunity to know and address various issues on environment. The results of the event is as follows:

RESULT OF BOOKMARK MAKING COMPETITION

Name	Class	Institution	Prize
Mallika Malik	B.Sc. I Home Science	Govt. Home Science College, Sector-10, Chandigarh	1 st
Reet	B.Sc.II Home Science	Govt. Home Science College, Sector-10, Chandigarh	2 nd
Varnika Semwal	B.A.I	Post Graduate Govt. College for Girls, Sector-11, Chandigarh	3 rd
Namrata Jain	B.Sc. I	Post Graduate Govt. College for Girls, Sector-11, Chandigarh	Consolation Prize
Rashmita Subba	B.Sc. H.Sc.Dietetics (6 th Sem)	Govt. Home Science College, Sector-10, Chandigarh	Consolation Prize
Umang	B.Sc. I (Non- Medical)	Mehr Chand Mahajan DAV College for Women, Chandigarh	Consolation Prize
Bandhan Shinde	B.A.I	Mehr Chand Mahajan DAV College for Women, Chandigarh	Consolation Prize
Kashish	B.A.III	Dev Samaj College for Women, Sector-45 B, Chandigarh	Consolation Prize
Ishita Singh	B.Sc. Dietetics III	Govt. Home Science College, Sector-10, Chandigarh	Consolation Prize
Saloni Garg	B.Sc. Biotech. III	Post Graduate Govt. College, Sector- 11, Chandigarh	Consolation Prize
Renu Kumari	B.Sc. Fashion designing III	Govt. Home Science College, Sector-10, Chandigarh	Consolation Prize
Priya Yadav	B.Sc. Fashion designing III	Govt. Home Science College, Sector-10, Chandigarh	Consolation Prize
Muskan Sadara	B.Sc. H.Sc. (4 th Semester)	Govt. Home Science College, Sector-10, Chandigarh	Consolation Prize

Bookmark Making



FIRST PRIZE

Mallika Malik

GOVT. HOME
SCIENCE COLLEGE,
SECTOR 10,
CHANDIGARH



SECOND PRIZE

REET

GOVT. HOME SCIENCE COLLEGE,
SECTOR 10, CHANDIGARH



Third PRIZE

VARNIKA SEMWAL

POST GRADUATE
GOVT. COLLEGE FOR
GIRLS, SECTOR 11,
CHANDIGARH



CONSOLATION

NAMRATA JAIN

POST GRADUATE
GOVT. COLLEGE FOR
GIRLS, SECTOR 11,
CHANDIGARH



CONSOLATION

UMANG

MEHR CHAND
MAHAJAN DAV
COLLEGE FOR WOMEN-
36, CHANDIGARH



CONSOLATION

RASHMITA SUBBA

GOVT. HOME SCIENCE
COLLEGE, SECTOR 10,
CHANDIGARH



CONSOLATION
RENU KUMARI
 GOVT. HOME SCIENCE
 COLLEGE, SECTOR 10,
 CHANDIGARH



CONSOLATION
Kashish
 DEV SAMAJ COLLEGE
 FOR WOMEN-45 B
 CHANDIGARH



CONSOLATION
BANDHAN SHINDE
 MEHR CHAND MAHAJAN
 DAV COLLEGE FOR
 WOMEN-36,
 CHANDIGARH



CONSOLATION
Ishita Singh
 GOVT. HOME
 SCIENCE COLLEGE,
 SECTOR 10,
 CHANDIGARH



CONSOLATION
Priya Yadav
 GOVT. HOME SCIENCE
 COLLEGE, SECTOR
 10, CHANDIGARH



CONSOLATION
MUSKAN SADARA
 GOVT. HOME SCIENCE
 COLLEGE, SECTOR 10,
 CHANDIGARH



CONSOLATION
SALONI GARG
 POST GRADUATE
 GOVT. COLLEGE,
 SECTOR 11,
 CHANDIGARH

RESULT OF T-SHIRT PAINTING COMPETITION

Name	Class	Institution	Prize
Sheetal Jaiswal	B.Com. II (4 th Sem)	Guru Gobind Singh College for Women, Sector-26, Chandigarh	1 st
Anu Yadav	B.Sc. Medical (6 th Sem)	Post Graduate Govt. College, Sector-11, Chandigarh	2 nd
Sukhpreet Kaur	B.A.(2 nd Sem)	Guru Nanak College for Girls, Sri Muktsar Sahib	3 rd
Rhythm Banga	B.A. I	Mehr Chand Mahajan DAV College for Women, Chandigarh	Consolation Prize
Sejal Arora	B.Sc. MFT 1	Mehr Chand Mahajan DAV College for Women, Chandigarh	Consolation Prize
Pallavi Gupta	M. Sc.Mathematics (2 nd Sem)	Sri Guru Gobind Singh College, Sector-26, Chandigarh	Consolation Prize
Muskan Mittal	B.B.AI	Mehr Chand Mahajan DAV College for Women-36, Chandigarh	Consolation Prize
Shilpa Jain	B.A. I	Post Graduate Govt. College for Girls, Sector-11, Chandigarh	Consolation Prize
Shagun Choudhary	B.A. I	Mehr Chand Mahajan DAV College for Women-36, Chandigarh	Consolation Prize
Varsha	B.Sc.II Non-medical	K.M. Govt. College, Narwana	Consolation Prize
Abhilasha	B. Sc.I Non-medical	Mehr Chand Mahajan DAV College for Women, Chandigarh	Consolation Prize
Pooja Ravat	B. Com. II	Guru Gobind Singh College for Women, Sector-26, Chandigarh	Consolation Prize

T-Shirt Painting



FIRST PRIZE
SHEETAL JAISWAL
 GURU Gobind Singh
 COLLEGE FOR WOMEN-26,
 CHANDIGARH



SECOND PRIZE
ANU YADAV
 POST GRADUATE GOVT.
 COLLEGE, SECTOR 11,
 CHANDIGARH



THIRD PRIZE
SUKHPREET KAUR
 GURU NANAK COLLEGE FOR
 GIRLS, SRI MUKTSAR SAHIB



CONSOLATION
RHYTHM BANGA
 MEHR CHAND MAHAJAN DAV
 COLLEGE FOR WOMEN-36,
 CHANDIGARH



CONSOLATION
SEJAL ARORA
 MEHR CHAND MAHAJAN DAV
 COLLEGE FOR WOMEN-36,
 CHANDIGARH



CONSOLATION
PALLAVI GUPTA
 SGGGS COLLEGE,
 SECTOR 26,
 CHANDIGARH



CONSOLATION
SHILPA JAIN
 POST GRADUATE
 GOVT. COLLEGE FOR
 GIRLS, SECTOR 11,
 CHANDIGARH



CONSOLATION
VARSHA
 K.M. GOVT.
 COLLEGE, NARWANA,

T-Shirt Painting



27. Title of the activity: POWER POINT PRESENTATION CONTEST, REPORT WRITING CONTEST, VIDEO, AND WRITE-UP CONTEST TO CELEBRATE WORLD OCEANS DAY ORGANIZED BY THE DEPARTMENT OF PHYSICS AND MCM ECO CLUB

Date: June 8, 2020

Number of participants: 103

Objectives:

- To understand the importance of oceans in the present day scenario and adopt suitable measures for their sustainability

- To make students aware of the basic technologies to study oceans and oceanographic techniques
- To increase awareness among the students regarding marine ecosystems

Context: World Oceans Day is an international day that takes place annually on 8th June. The concept was originally proposed in 1992 by Canada's International Centre for Ocean Development (ICOD) and the Ocean Institute of Canada (OIC) at the Earth Summit – UN Conference on Environment and Development (UNCED) in Rio de Janeiro, Brazil. World Oceans Day was officially recognized by the United Nations in 2008. The international day supports the implementation of worldwide Sustainable Development Goals (SDGs), and fosters public interest in the management of the ocean and its resources.

When we think of public health risks, we may not think of the ocean. Increasingly, however, the health of the ocean is intimately tied to our health. Some may be surprised to read that organisms discovered at extreme depths are used to speed up the detection of COVID-19, and probably even more to learn that it is the environment that could give a solution to humankind.

There are multiple reasons why we should celebrate World Oceans Day. It is also important to remind everyone of the major role the oceans play in everyday life. They are the lungs of our planet, providing most of the oxygen we breathe. The purpose of the day is to inform the public of the impact of human actions on the ocean, develop a worldwide movement of citizens for the ocean, and mobilize and unite the world's population on a project for sustainable management of the world's oceans. They are a major source of food and medicine and critical part of the biosphere. In the end, it is a day to celebrate together the beauty, the wealth and the promise of the ocean.

Practice: As many as 103 students from different colleges and institutes participated enthusiastically in the above-mentioned online contests. With the help of their presentations, reports and videos, they depicted the sustainability measures taken worldwide to save oceans. The detailed elucidation of satellite oceanography helped to understand the ocean dynamics. The work done by students was highly appreciable.

Evidence of Success: Through this contest, students got an opportunity to widen their horizons of knowledge regarding marine ecosystems and increase their awareness manifold.

RESULTS of Power Point Presentation Contest

FIRST PRIZE

SECOND PRIZE

THIRD PRIZE

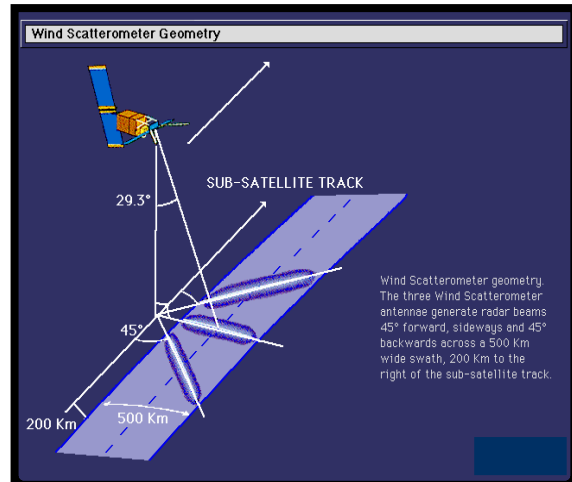
RESULTS of Power Point Presentation Contest

Sr. No.	Name	Roll No.	Class	College Name	Prize
1	Ananya Nautiyal	1304	B.Sc. I (NM) A	Mehr Chand Mahajan DAV College for Women, Sector-36A, Chandigarh	1 st
2	Harmeet Kaur	1354	B.Sc. I (NM) A	Mehr Chand Mahajan DAV College for Women, Sector-36 A Chandigarh	2 nd
3	Shaina	1349	B.Sc. I (NM) A	Mehr Chand Mahajan DAV College for Women, Sector-36A, Chandigarh	3 rd
4	Natasha	1340	B.Sc. I (NM) A	Mehr Chand Mahajan DAV College for Women, Chandigarh	Consolation Prize
5	Guneet Kaur	102	B.Sc. I (Med)	Post Graduate Govt. College(Co-ed) Sector-11, Chandigarh	Consolation Prize
6	Palak	1351	B.Sc. I (NM) A	Mehr Chand Mahajan DAV College for Women, Sector-36A, Chandigarh	Consolation Prize
7	Shagun Chaudhary	7441	B.A. I	Mehr Chand Mahajan DAV College for Women, Sector-36A, Chandigarh	Consolation Prize
8	Shivani	7682	B.Sc. II (NM)	Post Graduate Govt. College for Girls, Sector-11, Chandigarh	Consolation Prize
9	Shivangi Goyal	7313	B.Sc. II (Computer Science)	Post Graduate Govt. College for Girls, Sector-11, Chandigarh	Consolation Prize
10	Tania Singla	1367	B.Sc. I (NM) A	Mehr Chand Mahajan DAV College for Women, Sector-36A, Chandigarh	Consolation Prize
11	Pinkey	1303	BSc-I (NM) A	Mehr Chand Mahajan DAV College for Women, Sector-36A, Chandigarh	Consolation Prize
12	Aditi Saini	7685	BSc-II (NM-Physics Hons)	Post Graduate Govt. College for Girls, Sector-11, Chandigarh	Consolation Prize
13	Ritika Dhawan	142/19	BSc-I (Med)	Post Graduate Govt. College(Co-ed) Sector-11, Chandigarh	Consolation Prize

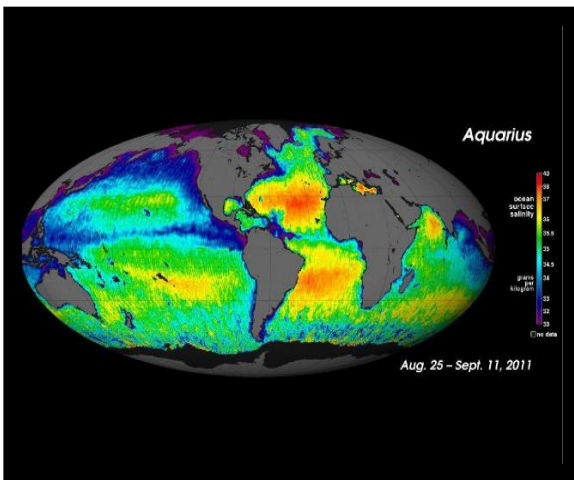
RESULTS of REPORT WRITING CONTEST



FIRST PRIZE



SECOND PRIZE



THIRD PRIZE

S. No.	Name	Class	Roll No.	College Name	Prize
1	Shagun Choudhary	B.A. I	7441	Mehr Chand Mahajan DAV College for Women, Chandigarh	1 st
2	Yasman Kaur Sidhu	B.Sc. III (NM)	4537/17	Post Graduate Govt. College for Girls, Sector-11, Chandigarh	2 nd
3	Varleen Kaur	B.Sc. III (NM)	65/17	Government Home Science college Sector-11, Chandigarh	3 rd
4	Simran	B.Sc. I(NM)	1380	Mehr Chand Mahajan DAV College for Women, Sector-36, Chandigarh	Consolation Prize
5	Harmeet Kaur	B.Sc. I (NM)	1354	Mehr Chand Mahajan DAV College for Women, Sector-36, Chandigarh	Consolation Prize
6	Manjeet Kaur	B.Sc. I(NM)	1328	Mehr Chand Mahajan DAV College for Women, Sector-36, Chandigarh	Consolation Prize
7	Nazia	M.Sc.I	13057	Post Graduate Govt. College for Girls, Sector-11, Chandigarh	Consolation Prize
8	Deepanshi	B.Sc. I (NM)	1421	Mehr Chand Mahajan DAV College for Women, Sector-36, Chandigarh	Consolation Prize
9	Akanksha	B.Sc. I (NM)	1422	Mehr Chand Mahajan DAV College for Women, Sector-36, Chandigarh	Consolation Prize
10	Vibhu Bharti	B.Sc. I (NM)	1402	Mehr Chand Mahajan DAV College for Women, Sector-36, Chandigarh	Consolation Prize

11	Nikita Mittal	B.Sc. I (NM)	1395	Mehr Chand Mahajan DAV College for Women, Sector-36, Chandigarh	Consolation Prize
12	Niharika	B.Sc. I (NM)	1399	Mehr Chand Mahajan DAV College for Women, Sector-36, Chandigarh	Consolation Prize
13	Shivika Jain	B.Sc. I (NM)	1423	Mehr Chand Mahajan DAV College for Women, Sector-36, Chandigarh	Consolation Prize

VIDEO AND WRITE UP CONTEST:

SATELLITE OCEANOGRAPHY

INTRODUCTION

Satellite oceanography is a major component of operational oceanography. Satellites provide real time, global, high space and time resolution observation of key ocean variables that are essential to constrain ocean models through data assimilation and/or to serve downstream applications. GODAE and GODAE OceanView (GOV) have maintained strong links with satellite oceanography communities and major progress has been made over the past 10 years to develop and optimise the use of satellite observations for operational oceanography.

An overview of satellite oceanography and recent achievements is given here focusing on the most relevant issues for operational oceanography. This paper provides an overview of satellite oceanography, its role and use for operational oceanography. Main operational oceanography requirements are summarised. Progresses and achievements of satellite oceanography over the past 5 years are described. Main challenges for the next decade are also summarised and a brief review of future missions provided. A summary of achievements and long-term prospects are given in the conclusion.

The role of satellites for operational oceanography and main requirements

Operational oceanography critically depends on the near real time availability of high quality satellite and in-situ data with a sufficiently dense space and time sampling. Observations are required to constrain ocean models through data assimilation and also to validate them. The quantity, quality and availability of data sets directly impact the quality of ocean analyses and forecasts and associated services. Products derived from the data themselves can also be directly used for applications. This requires an adequate and sustained global ocean observing system. Climate and operational oceanography applications share the same backbone system. Operational oceanography has, however, specific requirements for near real time data availability and for higher resolution measurements. Operational oceanography requirements have been detailed in several papers.

Sea level and surface geostrophic currents, sea surface temperature (SST), ocean colour, sea surface salinity (SSS), waves, sea ice and winds form the core operational satellite observations required for global, regional and coastal ocean monitoring and forecasting systems. Long term and continuity of observations are of paramount importance. Specific requirements for operational oceanography are as follows

FIRST PRIZE

Satellite Oceanography
(By Aditi Sharma)

Oceans are where life first appeared on Earth. The largest creatures on Earth (whales) and the smallest (bacteria and viruses) live in the oceans. We rely on the ocean for many things, including food, water transportation, recreation, minerals, and energy. Moreover, when ocean currents change, they cause changes in global weather patterns and can cause droughts, floods, and storms. However, our knowledge of our oceans is limited. It is rightly said that "The beauty and mystery of Oceans are 95% undiscovered." Ships, coastlines, and islands provide places from which we can observe, sample, and study small portions of oceans. Space provides a better substitute to observe the vast unexplored ocean. The fact that satellites circling the Earth can examine an entire ocean in less than an hour is quite powerful in exploration. Walter Munkin of Satellites, Oceanography, and Society rightly said that "If I were to choose a single phrase to characterize the first century of modern oceanography, it would be 'a century of under-sampling.'"

Oceanography is the scientific study of the oceans. Satellites can orbit the Earth several times in a day. By placing instruments on a satellite, an oceanographer can obtain data from all over the world in a short amount of time. These instruments can measure the temperature of the ocean surface, the height of the water, the speed of the wind above the water, and many other things. Satellites can take measurements over the entire Earth's surface in just a few days. As a result, oceanographers are now able to better study phenomena that affect entire oceans or even the entire planet. This makes satellite measurements ideal for scientists who study the Earth's climate, El Niño, or the monsoons in the Indian Ocean.

SECOND PRIZE

Satellite Oceanography

Covering about seventy percent of the earth's surface, the oceans are central to the continued existence of life on our planet. The oceans are where life first appeared on earth. The largest creatures on earth (whales) and the smallest (bacteria and viruses) live in the oceans. We rely on the oceans for many things including food, water, transportation, recreation, minerals and energy. Moreover, when ocean currents change, they cause changes in global weather patterns and can cause droughts, floods, and storms. However, our knowledge of our oceans is limited. Ships, coastlines and islands provide places from which we can observe, sample and study small portions of oceans. But we can only look at a very small part of the global ocean. This way, we need a better place to study oceans.

Space provides this place. Satellites circling the earth can study an entire ocean in less than an hour. The satellites can "look" at clouds to study the weather or at the sea surface (where it's not cloudy) to measure the sea's surface temperature, wave height and direction of waves. Some satellites use radar to "look" through the clouds at the sea surface.

One other important characteristic that can be seen from space is the colour of the ocean. Changes in the colour of ocean water over time or across a distance on the surface provide valuable information.

Satellites can orbit the earth several times a day. By placing instruments on a satellite, an oceanographer can obtain data from all over the world in a

THIRD PRIZE

RESULTS:

Sr.No	Name	Roll No.	Class	College Name	Prize
1	Anushi Dhiman	1022	B.Sc. I (CA)	Mehr Chand Mahajan DAV College for Women, Sector-36A, Chandigarh	1 st
2	Aditi Sharma	1007	B.Sc. I (CA)	Mehr Chand Mahajan DAV College for Women, Sector-36 A Chandigarh	2 nd
3	Chahat Goyal	4705	B.Sc. III (CA)	Post Graduate Govt. College for Girls, Sector-11, Chandigarh	3 rd

Media Clippings:



28. Title of the activity: **ONLINE QUIZ ON COVID - 19: GENERAL AND ECONOMIC ASPECTS**

Activity Report: An online quiz competition was conducted by the Swachhta Committee (Commerce) and the Cleanliness Committee on June 12, 2020 and June 13, 2020. The basic level quiz was conducted for the students of the PG Department of Commerce on June 12 followed by the Advanced level quiz on Jun 13 for the top performers of the basic level.

Objective: The Quiz was conducted with questions designed to provide information about the disease – how it spreads, how it can be controlled and also about how

people can remain physically fit and mentally healthy in the current situation. It also aimed at checking the level of awareness of the students about the economic impact of the pandemic and steps taken by the government to handle the economic situation. The motive was to encourage students to understand how to behave responsibly to help the nation in controlling the spread of Covid-19 and help the government to fight with the pandemic in an effective manner.

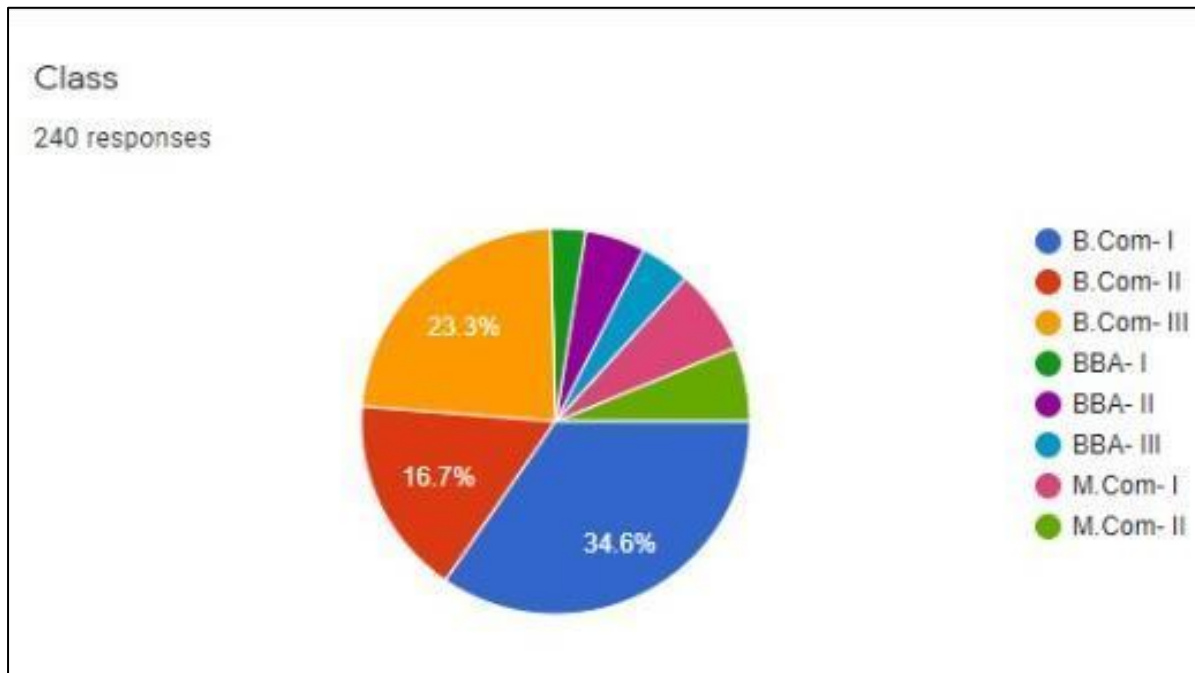
Context: The World Health Organization (WHO) has declared Covid-19 as a Public Health Emergency of International Concern (PHEIC). The virus infects humans irrespective of country, religion or race. In India, the number of cases of individuals infected with the virus and those who succumbed to the disease are rising every day. The Central and State governments and local administrative bodies are putting in all the efforts to control the spread of the disease, till the time effective medications are available to save precious lives of our countrymen. The government has issued certain guidelines to the public based on the WHO recommendations, which, if followed carefully will save the population from the virus and help slow down its spread.

In order to support Government efforts, the Swachhta Committee (Commerce) and the Cleanliness Committee has taken an initiative to increase awareness of the public about this dreadful disease. By undertaking the quiz, one can check the level of awareness and also get an idea about the correct preventive measures to be taken to help the nation fight against Covid-19 on a collective level irrespective of caste, creed, and economic status.

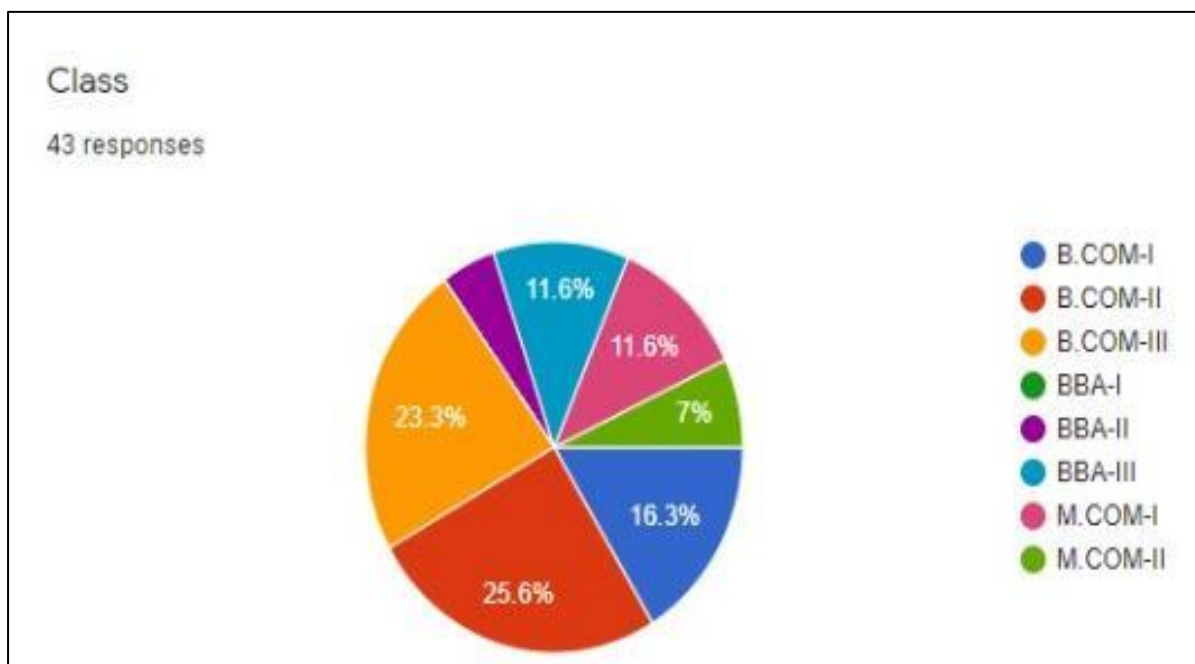
Evidence of Success: The information about the Online Quiz was shared on the students' WhatsApp groups of the department. The students enthusiastically participated in the quiz. 240 students of M.Com, B.Com. and BBA took the Basic level quiz. Each question was of 5marks and a total of 30 questions were asked in the Basic level quiz. 43 students who scored more than 90 percent in this level were given the opportunity to undertake the Advanced level quiz, comprising of 20 questions, each of 5 marks. 4 students scored a cent percent score based on the combined score of both the levels of quiz and were declared the combined toppers

(first position), followed by one with 98 percent score (second position) and 5 with 96 percent score (third position). Principal Dr Nisha Bhargava appreciated the endeavor of the Swachhta Committee and the Cleanliness Committee.

BASIC LEVEL QUIZ- JUNE 12 2020



ADVANCE LEVEL QUIZ – JUNE 13 2020



WINNERS:

Name	Class	Roll No.	Score Adv	Score Basic	Total	Position
Anupriya	B COM-III	10664	100	150	250	1
Ranjana Yadav	B COM-I	10169	100	150	250	1
Jasmine kaur	B COM-III	10686	100	150	250	1
yashika sood	B COM-II	11219	100	150	250	1
Raveena	M COM-II	5355	95	150	245	2
Anjali mahajan	B COM-III	10672	100	140	240	3
TAMANNA	B COM-II	11011	95	145	240	3
Ishita	B COM-II	11178	95	145	240	3
Ishita	B COM-II	11008	95	145	240	3
shivani	M COM-I	5407	95	145	240	3

Outcome of the Activity: The information imparted through the quiz helped the students to improve their knowledge about the spread and control, safety measures to be adopted and economic implications of the pandemic as well as the various government initiatives started to help the economically weaker section of society. It helped them to re-imbibe their role as responsible citizens.

29. Title of the activity: **DISINFECTION WITH ANTI-MALARIA SPRAY**

Date: June 27-28, 2020

All the hostel blocks were duly disinfected by getting **Anti-Malaria spray** sprayed in the **washrooms, common rooms, kitchens and corridors/lawns** on May 6, 2020 and May 28, 2020. Sanitization was done on May 23, 2020 and May 24, 2020. Cleaning of all the blocks and surrounding areas is carried out on a regular basis.

Aims and Objectives: The College hostels disinfected their key areas of washrooms, common rooms, kitchens and corridors/lawns by getting them treated with **Anti-Malaria spray**. The activity minimized the chances of mosquito breeding in the hostels. Sanitization of all the blocks was carried out. For the upkeep of the hostel during the lockdown, the hostel area was cleaned regularly.

Activities Carried Out

- The spraying drives were carried out in the hostels, in the month of May.
- Cleaning, dusting and washing of the hostel area.

Outcome of the Activity: Anti-Malaria spray drives were aimed at eradicating any chances of mosquito breeding in the hostel campus. As a result of the activity, the hostels became mosquito-free. Sanitization further ensured the safety of the residents. The entire hostel area was cleaned and sanitized thoroughly. To maintain the standards issued by Government of India pertaining to Covid-19 hygiene, similar activities were conducted in the college campus as well.





A SEWAGE TREATMENT PLANT

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