

# **Annual Report of Equal Opportunity Cell (2019-20)**



**Mehr Chand Mahajan  
DAV College for Women**

Sector-36(Chandigarh)

[www.mcmdavcwchd.edu.in](http://www.mcmdavcwchd.edu.in)

## Remedial Classes

The EOC organized Remedial Classes for the students in the month of November i.e from 18.11.2019 to 23.11.19. The students who needed extra attention were identified based on their performance in Mid Term Tests. The classes were conducted for the students of BA, B SC, B COM, BCA and BBA courses to motivate and give additional help to academically weaker students, to help students who were away for participation in other activities and to monitor the effectiveness of remedial class by conducting tests.



## Interactive sessions by Motivational lecture on character Building

The Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women organized a motivational lecture on character building titled 'Challenge your limits' on 4<sup>th</sup> October 2019. Spiritual teacher and motivational speaker Hita Ambrish conducted this inspiring lecture that witnessed enthusiastic participation of staff and students. Mr. H.R.Gandhar and Mrs. Sudesh Gandhar, Senior



Governing Body Members, DAV College Managing Committee (DAV CMC), Dr. B.C.Josan, OSD to President, DAV CMC, and Dr. Gurdip Sharma, Principal, GGSDS College, Haryana and Senior Syndicate Member, PU graced the occasion as special guests. Sharing his pearls of wisdom, Hita Ambrish said that challenging one's limits implies to be powerful and power comes from clarity- clarity of thought to face the dilemmas that we come across in our daily lives. Ambrish ji opined that being innocent and receptive makes life an ecstasy as then nature opens the gates of abundance and blessings for the being. Giving the audience the mantra for aligning the life energy with nature through the 3D formula of discipline, dedication and devotion, he motivated the students to empower one's inner self with positive thoughts, daily

self-assessment and attitude of gratitude. He also spoke about the rising encroachment of social media on our thoughts that has distorted the focus of the youth and scattered the life energy. Summing up his address, Amrish ji gave the audience the RULE of respecting life, utilizing energy, loving nature to enlighten life. Principal Dr.Nisha Bhargava reiterated that the college endeavors to groom holistic individuals who not only achieve worldly success but are also in touch with their inner selves. She added that through such lectures, the college envisions to craft students into individuals whose outer growth and inner growth go hand-in-hand.

**Disability Awareness Programme”** Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women Sector-36 in collaboration with PGIMER and SAKSHAM (a charitable organisation) organized a “Disability Awareness Program” to mark the International day for persons with disabilities on 20.11.2019. The program was aimed to increase public awareness, understanding and acceptance of people with disability and celebrate their achievements and contributions and remove the social stigma towards the specially challenged persons. As a mark to create awareness, the students of the college participated in various activities like Speech competition on “Interaction between Normal individuals and DivyangJan” or “Barrier free environment for Divyang Jan”, Essay Writing competition on Divyang Kaun” and Poster making competition in this program. Dr Jatinder Gairolla from Department of Community Medicine, PGIMER and Youth Incharge SAKSHAM Punjab, Mr. Satyaveer Dagur, General Secretary, SAKSHAM and Mr. Satish SAKSHAM orthopaedics secretary also graced the occasion with



their presence. During this programme the Principal Dr. Nisha Bhargava thanked PGIMER and SAKSHAM officials for collaboration and appreciated their initiatives and efforts to improve the understanding of the people towards disabled people and to support for their self esteem, well being and rights in society. Nine students of the college won prizes in the competition and all the winners and participants of the programme were felicitated on 29.11.2019 in PGIMER,

### **Review of Barrier free access to drinking water and toilet facilities for divyang students by video reporting**

The Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women reviewed and ensured the “Barrier free access to drinking water and toilet facilities for Divyang students” on **30-01-2020** under *Swachhta Pakhwada*. During this activity it was ensured that the sign boards are properly and clearly displayed for easy location of toilets meant for differently abled students as well as outside the lift area for the convenient access. The availability of clean drinking water was also monitored and ensured in this activity.



**Video link of the activity performed:**

[https://drive.google.com/file/d/1GCsABRkzHhMtL6Y\\_9DhJyIyUTkJYgXjn/view?usp=drive\\_w eb](https://drive.google.com/file/d/1GCsABRkzHhMtL6Y_9DhJyIyUTkJYgXjn/view?usp=drive_w eb)

## Poster making to observe “ZERO DISCRIMINATION DAY”

The Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women observed Zero Discrimination Day on 1st March 2020 with the aim of raising awareness about the right of everyone to live a full and productive life and to live it with dignity. As part of the celebration students participated by making the posters to promote inclusion, equality, compassion, peace and, above all, a movement for change. The posters were displayed to sensitize the students to inculcate the sense of equality, love and respect for all in the society. During this event Principal Dr. Nisha Bhargava also urged the students to contribute towards creating a mass movement of solidarity to end all forms of discrimination.

