# Report of ROTARACT CLUB (2019-20)



# Mehr Chand Mahajan DAV College for Women

Sector-36(Chandigarh)

www.mcmdavcwchd.edu.in

# **Projects of 2019-20 JULY H.O.P.E. - HELP OTHER PEOPLE EAT-***TITLE OF PRACTICE*

H.O.P.E - help other people eat.

#### **OBJECTIVE OF PRACTICE**

The project, 'H.O.P.E' was organized to celebrate Annapurna Day in collaboration with 'RAC Chandigarh Shivalik'. The aim of the event was to provide sustenance in the form of refreshments to the people outside GMCH-32, Chandigarh as they waited for their loved ones in the scorching heat.

#### THE CONTEXT

H.O.P.E was a community service project celebrated on the occasion of Annapurna day. The target audience of the project was the people standing outside GMCH for several hours under the blazing sun. As mentioned above, the project was carried out in collaboration with RAC Chandigarh Shivalik along with the persistent efforts of all the board members.

#### THE PRACTICE

The event was a major eye opener in terms of realizing the importance of being humble. The joy and excitement with which the refreshments were received by the audience motivated the Club members to work harder for the society.

Further, since the project was undertaken in collaboration with RAC Chandigarh Shivalik, it helped the new members to gain some exposure while interacting with fellow Rotaractors.

This clearly fulfilled one of the major principles of rotaract, i.e. service along with self-development.

#### **EVIDENCE OF SUCCESS**

One of the key highlights of the event was an old man who was so overjoyed with our efforts that he generously distributed small knick- knacks amongst the members of the club. The members, in turn, accepted his heart-warming display of gratitude and thanked him for his gifts.

The event in itself was a great success and the members were wholeheartedly fulfilled at the end of the day.

The club also received media coverage for this project.

https://www.cityairnews.com/content/chandigarh-youth-celebrates-annapurna-day

### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The high temperature on the day of the event certainly hindered the members' performance. Further, the process of distribution of refreshments was not very organized due to the huge crowd.



# WORLD POPULATION DAY-

# TITLE OF THE PRACTICE

#### WORLD POPULATION DAY

#### **OBJECTIVES OF THE PRACTICE**

To raise awareness on Global population issues, RAC MCM DAV collaborated with RAC Silver City Midtown on the World Population Day i.e. 11th July, 2019. It was an attempt made by the club members to raise awareness about the effects of population explosion.

#### THE PRACTICE

The objective of the project was to raise awareness about one of the most dangerously widespread problems of overpopulation and how to prevent it. It threw light on various methods of contraception and birth control.

#### THE CONTEXT

It was an International Service project wherein important information regarding population control was shared on the club's social media handle along with 17 other clubs.

#### **EVIDENCE OF SUCCESS**

17 Clubs across 5 Countries joined hands to raise awareness on Global population issues. It projected the power of Social Media and how one can bring a change if they truly aim to.

### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

It was an online event which shared vital information regarding population control. There were no as such problems encountered or funds required for this event.



# **CELEBRATING GRATITUDE-**

# TITLE OF THE PRACTICE

Celebrating Gratitude

# **OBJECTIVES OF THE PRACTICE**

'Celebrating Gratitude', was an online event which was conducted in order to acknowledge and appreciate the essence of a family. The nature of the event was community service project.

#### THE CONTEXT

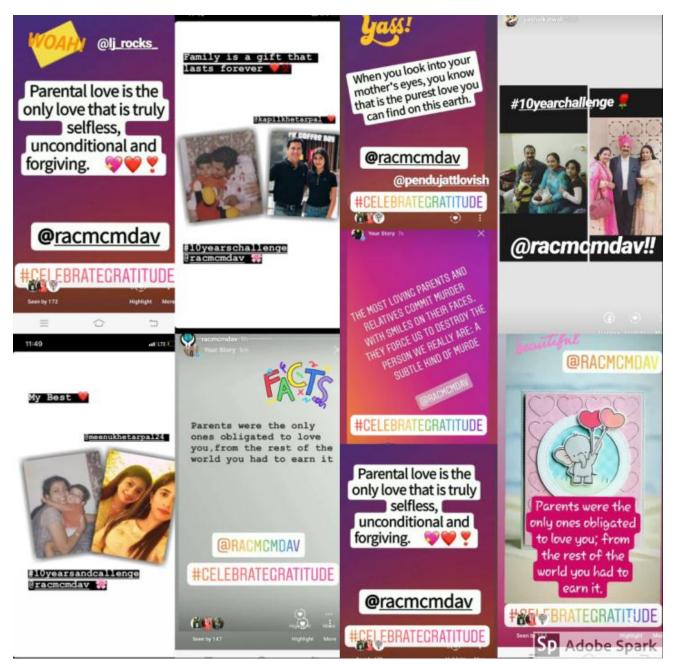
It projected the power of Social Media and if used judiciously, it can bring about a positive change in the society. The members of the club page shared heartfelt messages for their families on their social media handles.

#### THE PRACTICE

The event aimed at expressing gratitude to our parents which we seldom do. The event had great emotional significance for the members of the club. Further, it was smoothly conducted through online medium.

#### **EVIDENCE OF SUCCESS**

The evidence of success was reflected in the fact that the Club members came across a lot of heartfelt messages. Some members also wrote messages which were filled with thoughts they could never convey to their parents.



#### TRIUMPH KARGIL

#### TITLE OF THE EVENT

Triumph Kargil

#### **OBJECTIVES OF THE PRACTICE**

It was a patriotic initiative taken by the clubs for thanking our heroes, for their contribution in safeguarding us. Letters and greeting cards were collected by the lead clubs and then distributed in the cantonment.

#### THE CONTEXT

The event was conducted in order to celebrate Kargil Diwas. The members of the club wrote heartfelt messages for the hardworking army men of our nation appreciating their efforts at safeguarding our lives every day.

#### THE PRACTICE

The event aimed at acknowledging and appreciating the consistent efforts and hard work of our army towards the safety of our country. It also threw light on how we should be considerate about others' feelings and never take anybody for granted.

#### **EVIDENCE OF SUCCESS**

All the members participated in this event with great dedication. The letters were filled with feelings of pride and respect for our soldiers which reflect the success of the event.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The letters had to be distributed at the cantonment in Chandigarh for which the club needed conveyance which was provided by Rtr. Ankita.

To All the Brave Hearta	Autor strategy strate
THANK You for protecting is day and might. Actually transfer is a very small used for all that you do for our country and its profile. It is just because of your acadifice that we are oble to have some allers herein we now our brave addies are youndly the based on your of here to have some allers herein we have on the focus of a case are opened of all your on the focus of a case of the or can be new just dry our motion law. The is all because of your that we can called the house of a case of motions. It is all because of you that we can called you choose to acon motion law. It is all because of you that we can called the you choose to acon the sector of the the sector you choose to pushed to the the sector of your that we have the prove the pushes the such a king county you choose to pushe the you choose to pushe the "Tank you for pushes the	As an individual of this nanan, i waved the
THANK YOU.	

#### PET's-SET's-COT's-

#### TITLE OF THE PRACTICE

#### PET's-SET's-COT's

#### **OBJECTIVES OF THE PRACTICE**

The annual district event, 'Leadership Training Programme' was conducted in Pinjore on 27th and 28th of July. The Objective of this event was to guide the newly elected leaders of different clubs regarding the working of the Rotaract, different Avenues and the maintenance of financial records.

#### THE CONTEXT

A leader is one who knows the way, goes the way and shows the way and Rotaract is one such word which unites us. 'Leadership Training Programme' was conducted in Pinjore. Sessions regarding the working of the club, different avenues and the maintenance of financial records were conducted.

#### THE PRACTICE

The members got a chance to interact with the fellow Rotaractors from RID 3080. The event had some great performances exhibited by the Rotaractors.

#### **EVIDENCE OF SUCCESS**

It gave us a fair idea about the smooth working of the club. All the Directors learnt about the working of their Avenues. We also learnt about some key points about Rotaract.



#### **STOP HEPATITIS**

#### TITLE OF PRACTICE

**Stop Hepatitis** 

#### **OBJECTIVES OF PRACTICE**

This was an initiative taken by some clubs across 5 Districts. It was carried out in order to spread awareness about Hepatitis.

#### THE CONTEXT

The nature of the event was community service program, originally initiated by RAC Delhi Janak. Our club also shared vital information about Hepatitis on social media.

#### THE PRACTICE

The event helped in spreading information regarding prevention and cure for Hepatitis.

#### EVIDENCE OF SUCCESS

It portrayed that despite its cons, Social Media also has a positive side and can be used to spread awareness.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The event was an online project which didn't require any significant resources.



AUGUST TITLE OF PRACTICE Club Registrations

#### **OBJECTIVE OF PRACTICE**

The club conducted its Annual Registrations.

All the board members dedicated three days to advocate the principles of Rotaract to the students in MCM DAV College.

#### THE CONTEXT

This was a club services project whose target audience were the students of MCM DAV College for Women. As mentioned above, the project was carried out to generate future leaders in the students and inculcate a sense of independence and responsibility towards social causes.

#### THE PRACTICE

The response given by the students was very exhilarating. The joy and excitement that they showed was quite encouraging. A large audience was inspired by the chance to do something for themselves, and at the same time, serve others. The plethora of opportunities that Rotaract provides resulted in a much better response than last time.

#### **EVIDENCE OF SUCCESS**

A feeling of joy spread among the Rotaractors when the number of registrations far exceeded their initial target. This led to the satisfactory conclusion of their endeavour.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Due to heavy rainfall on the second day of the event, the club had to shift the venue for registrations. This led to chaos and confusion.



#### **OBJECTIVE OF PRACTICE**

The event was conducted in order to allow the new members of the club to interact with the board members and learn about the working of the club.

#### THE CONTEXT

After the spectacular response that the club observed during the registrations, the next most important venture was hosting the orientation ceremony.

#### THE PRACTICE

The event was organized for the Rotaractors. It communicated the board members' expectations from the General Body, and their expectations from the tenure ahead.

The Board members observed a feeling of leadership and responsibility while addressing the new Rotaractors.

The healthy discussion regarding the expectations from the club motivated every single member to strive harder for the society and for their own wellbeing.

#### **EVIDENCE OF SUCCESS**

The overwhelming enthusiasm with which the members determined to be the number one club this year was the key highlight of the event.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The event was very close to the approaching long weekend, due to which several members were not able to attend it.



#### **OPERATION TRI-COLOR-**

# TITLE OF PRACTICE

**Operation Tricolour** 

#### **OBJECTIVE OF PRACTICE**

This project was done in collaboration with Rotaract Club Andheri, Mumbai.

The aim of the event was to collect the national flags which were scattered on the roads after the Independence Day ceremonies and to dispose them respectfully by handing them over to the civic authorities.

#### THE CONTEXT

The project was carried out in Parade Ground, Sec-17 Chandigarh; following Independence Day. After several Independence Day ceremonies, people disrespect the flag by throwing it on the ground. The club, in collaboration with Rotaract Club Andheri, Mumbai, took it upon themselves to properly dispose off these flags.

#### THE PRACTICE

It was a brilliant initiative towards something others often disregard after a day. The event was successful and as the members surveyed the ground, they were amazed to see a very few amount of garbage strewn around. As it was a joint initiative it gave the members a chance to interact with Rotaractors outside their own club. Additionally, a feeling of patriotism towards the country and the community was observed by the members.

#### **EVIDENCE OF SUCCESS**

The members made a video as an evidence of how most of the flags were already picked. This clearly pointed to the regard and respect that the general public bore for their country and its flag.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No such problem was encountered and the event was a success.

#### AAZADI SHABDON KI

### TITLE OF PRACTICE

Aazadi Shabdon Ki

#### **OBJECTIVE OF PRACTICE**

A speech competition organized on Independence Day. It was one of the five events that the club hosted in order to celebrate the day. The participants were supposed to speak about their definition of Independence and importance it holds for them.

#### THE CONTEXT

On the occasion of Independence Day, the club organized this activity to unleash the voice of its members and nudge them onto the path of change.

#### THE PRACTICE

Hearing about various people's perception of 'Independence' was certainly a great experience. The members spoke about various evils that we must overcome to be truly independent. Further, the winners of the competition were awarded with certificates which definitely motivated them to work harder.



#### **EVIDENCE OF SUCCESS**

50 members were a part of the event. With various members

desiring freedom from the National issues like violence and corruption to more personal issues such as procrastination, we observed diversity in thoughts and ideas.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No such problem was encountered and the event was a success.

#### UMANG

#### TITLE OF PRACTICE

Umang

#### **OBJECTIVE OF PRACTICE**

The club organized a Mehandi competition, 'UMANG' as the second event to celebrate Independence Day.

This came however, with a twist; all the members were supposed to include the 'Ashoka Chakra' in their designs to indicate the theme of the event.

### THE CONTEXT

Mehandi has been a huge part of the Indian culture since ages. The floral and geometric patterns lend character to various festivities. Hence, the members celebrated Independence Day with a traditional Indian practice.

#### THE PRACTICE

The event saw a large number of participants and it was a joyous moment to see the participants so eager to win. The spirit of dedication was undoubtedly a major take away from the project. The members sat together and designed beautiful patterns on each other's palms. This also indicated a sense of perseverance.

#### **EVIDENCE OF SUCCESS**

The enthusiasm which the members possessed was the prime reason for the success of the event. The vivid blend of henna and creative thought was indeed a delightful sight.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No such problem was encountered and the event was a success.



# YE DESH RANGEELA

#### TITLE OF PRACTICE

Ye Desh Rangela

#### **OBJECTIVE OF PRACTICE**

The idea behind this event was celebrating independence with a creative bent of mind. The participants painted posters using a palate full of colors to showcase their patriotism.

#### THE CONTEXT

With freedom in our minds and pride in our souls, the Club organized a poster making competition. The idea behind it was to unleash the hidden creativity in the members and help them showcase their colours of patriotism.

#### THE PRACTICE

Members huddled together, sharing both materials and laugh as they dedicated themselves to healthy team competitions. The contestants were given a limited time to craft their posters; this allowed them to learn effective time management skills. Further, it was a great way to exercise one's artistic capabilities.



# **EVIDENCE OF SUCCESS**

There was a huge, unexpected amount of participation that delighted the hearts of the organizers. This exceptional blend of art and nationalism was the highlight of the event.

# <u>PROBLEMS ENCOUNTERED AND RESOURCES</u> <u>REQUIRED</u>

The small paper cuttings and decorative material left

behind by some participating members left an undesirable image; especially when 'cleanliness' is one of the major principles of our club.

#### THINKING INDEPENDENTLY-

#### TITLE OF PRACTICE

Thinking Independently

#### **OBJECTIVE OF PRACTICE**

'Thinking Independently' was one of the five events that were conducted in the spirit of independence.

It was a creative writing competition wherein, the members were given several topics relating to modern day challenges faced by Indians every day.

Ink and words have always had a subtle way of influencing emotions, hearts and minds of people all over the world. To unlock the power of words, the club organized this event for all the budding writers.

#### THE PRACTICE

The event acted as a platform for the members to sharpen their writing skills.

Further, the messages displayed in every single piece induced the members to think about the problems faced by people in contemporary India.

#### **EVIDENCE OF SUCCESS**

It is often said that a pen is mightier than the sword; it displays how our words are worthy enough to actually change the world. The motivating essays were truly an example of the same.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No such problem was encountered and the event was a success.



TIRANGA MERI SHAAN-

#### TITLE OF PRACTICE

#### TIRANGA MERI SHAAN

#### **OBJECTIVE OF PRACTICE**

The club hosted its fifth Independence Day event called, 'TIRANGA MERI SHAAN' which was a rangoli making competition.





Colors are an equalizing lens through which we experience our natural and digital realities. Thus rangoli, being a traditional Indian way to celebrate occasions, seemed the appropriate fit for celebrating Independence Day.

#### THE PRACTICE

The event inculcated a sense of patriotism and creativity among the girls. Group participation helped the members realize the sense of teamwork and mutual understanding. It provided a platform to observe feelings of patriotism through a colorful lens.

#### **EVIDENCE OF SUCCESS**

The key highlight of the event was a colorful display of rangolis after the conclusion of the event. The aesthetic visuals received great attention by the passersby.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No such problem was encountered and the event was a success.



#### SHUTTER UP

#### TITLE OF PRACTICE

#### Shutter up

#### **OBJECTIVE OF PRACTICE**

It was an online photography competition, open to anyone even outside of the college. The theme of the project was 'Capturing Smiles' and the interested members were supposed to send a picture as their submission for the event.

Shutter up was a unique photography competition which was organized on 'World Photography Day' which is celebrated on 19<sup>th</sup> August, 2019.

The idea behind the project was to promote the art of photography.

#### THE PRACTICE

The participants sent us their entries as per their understanding of the theme and the top three photographs were declared as winners. As we know photography is a fairly modern innovation while at the same time it has gained huge popularity amongst the masses.

The project showcased a diverse range of photographs which were indeed quite heartwarming. It also catered a medium to promote art.



# **EVIDENCE OF SUCCESS**

The club received a great response for this competition

# PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Some members had sent more than one entry which caused confusion for the club members.

#### ADAAB- DISTRICT ASSEMBLY-

#### TITLE OF PRACTICE

ADAAB- District Assembly

#### **OBJECTIVE OF PRACTICE**

The Installation Ceremony of DRR Ishita Kaith and her Council was conducted on 24<sup>th</sup> August, 2019. 10 members from the club attended the ceremony. This gave the members a chance to witness the pinning of the future leaders.



The Installation Ceremony was conducted to officially instate the position of DRR for the district on Rtr Ishita Kaith, and to introduce her team to the Rotaractors.

#### THE PRACTICE

The Ceremony was symbolic of all the responsibilities which were being placed on the shoulders of the District Council and their whole hearted willingness to work with all the clubs for the betterment of the society.

#### **EVIDENCE OF SUCCESS**

The event was graced by the presence of Shayar Chirag who presented some great pieces of shayari to entertain the audience. Also, a power packed performance was put up by some very talented kids which left the audience in awe.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No such problem was encountered and the event was a success.



#### ALEPH- ANNUAL INSTALLATION CEREMONY-

#### TITLE OF PRACTICE

ALEPH- Annual Installation Ceremony

#### **OBJECTIVE OF PRACTICE**

It was the official installation of President elects, Rtr Garima Vashista, as the president for tenure 2019-20. Her team of able Board members was also officially instated.

The club's annual installation ceremony, 'ALEPH' was conducted on August 28, 2019.

Inspired by the first letter of Hebrew alphabet, which signifies the universal symbol of all beginnings as well as the title of Paulo Coelho's bestselling novel, 'ALEPH' also indicates mystical inceptions.

Relating to Coelho's journey in the book, our own ceremony was an ode to the knowledge of the past and the hope for a new and better future.

#### THE PRACTICE

After the lighting of the lamp, Principal ma'am and several other honourable guests were felicitated with potted samplings. One by one, each board member was called upon the stage was officially instated to the position. The event also showcased several cultural performances.

#### **EVIDENCE OF SUCCESS**

The key highlight of the event was the pinning of the board members. The members were elated at the honor as they were reminded of the great opportunities that came with their positions; while at the same time, hoping to be good leaders working towards a superior future.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Unfortunately on the day of the event, there were some technical issues with the air conditioners of the hall where the ceremony had to take place which caused great inconvenience, as our guests had to bear the heat. Rs 70 were spent on stationery.



#### MASTI KI PATHSHALA

#### TITLE OF PRACTICE

Masti Ki Pathshala

#### **OBJECTIVE OF PRACTICE**

The idea behind the project was to promote literacy by informing the residents of the 38 west slum about the climate emergency that the world is facing today.

#### THE CONTEXT

The theme of the project was literacy. The main focus of the Club was on inculcating values of water conservation, afforestation and disposing of garbage.

#### THE PRACTICE

The members travelled to sector 38- west slum and gathered a group of kids to teach them about the effects of everyday activities on the environment. Research on topic of sustainability helped the target audience as well as the members of the club to become more aware. Important topics such as basic hygiene and the need for sanitation were also discussed.

#### **EVIDENCE OF SUCCESS**

Key highlight of the event was the time that members spent with the children of the slum after they talked about literacy. We distributed chocolates and thus taught them to pick up their wrappers and dispose them properly. It turned out to be a productive as well as a pleasurable endeavor.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No such problem was encountered and the event was a success. Rs. 230 was spent on chocolates.



#### MADAD KA HAATH

#### TITLE OF PRACTICE

Madad ka Haath

#### **OBJECTIVE OF PRACTICE**

A five year old child from Uganda who was injured by several burns had come here for his surgery. His surgery was scheduled in Landmark Hospital, Sector 33 Chandigarh. He was accompanied by a Rotaractor. The Club joined hands with RAC Chandigarh and RAC DAVC in making sure that their stay here was pleasant one.

#### THE CONTEXT

The reason the club undertook this project was to let the members develop a sense of humanity and inculcate the habit of empathy. Each member gave a little of their time to make the patient feel at home.

#### THE PRACTICE

The members went to the hospital in groups to make sure the patient from Uganda faced no trouble. It proved to be a great source of exposure as the members interacted with a Rotaractor from a different country.

#### **EVIDENCE OF SUCCESS**

The sense of love and affection that the members shared with the child in such a short span of time was quite very heartwarming.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

As RAC MCM DAV is an all Girls club, we faced some issues in getting permission to do this project. But the members still tried our best to help the other two clubs and do the needful.

#### FACING THE VIOLENCE CAMPAIGN-

#### TITLE OF PRACTICE

Facing the Violence Campaign

#### **OBJECTIVE OF PRACTICE**

It was an online campaign to make students aware about different aspects of terrorism.

The Club collaborated with RAC Bombay Uptown to spread awareness about the misconceptions of terrorism, it affects on Human Rights and making people aware about the types of terrorisms.

#### THE PRACTICE

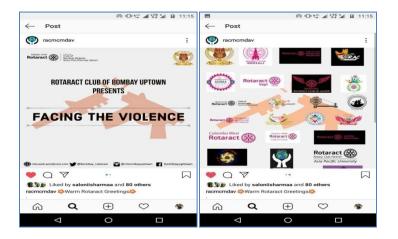
Online posts were shared on the club's social media page. It gave us a preview that if used properly, social media can be of great help in today's world.

#### **EVIDENCE OF SUCCESS**

The likes and activity generated by those posts really gave us encouragement to do more good with our access to social media.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No such problem was encountered and the event was a success.



# **SEPTEMBER**

#### CHARITY OF GOODNESS-*<u>Title of the practice</u>*

Charity of Goodness

#### **OBJECTIVES OF THE PRACTICE**

It is often said, 'the simplest acts of kindness are far more powerful than a thousand bowing heads'.

5th September is celebrated as the International Day of Charity. On this occasion, the club joined hands with RAC Ambernath and conducted a sanitary collection and distribution drive. These sanitary pads were collected from the college itself and were donated to the girls of Guru Asra Trust, Palsora, Mohali.

#### THE CONTEXT

Charity for goodness was a community services project celebrated on the occasion of international day of charity. The target audience of the project was the underprivileged girls of gurasra trust. It was carried out in collaboration with RAC AMBERNATH along with efforts of all board members.

#### THE PRACTICE

Major takeaways from the event included:

(i) Recognizing the needs of women hygiene

(ii) Teamwork

(iii) Cultivating knowledge about menstruation for ourselves and the audience by having discussions about it. Further since this project was undertaken as a joint initiative with RAC AMBERNATH, it clearly fulfilled the objective of Rotaract i.e. fellowship.

#### **EVIDENCE OF SUCCESS**

It motivated the members to realize the importance of stepping beyond individual needs and The eagerness and the gratitude with which the budding girls received us was the key highlight of the event.

working towards the society as a whole.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

There was no such problem encountered or funds required for the event as the sanitary napkins were donated by the college students.



# TITLE OF THE PRACTICE

STRINGS

Strings

#### **OBJECTIVES OF THE PRACTICE**

5th September is widely celebrated as Teacher's Day all over India. The members of the club organized the event, 'strings' to celebrate the role of teachers as strings that connect various people and ideas together.

Not only this, but the members also distributed handmade cards as a note of gratitude towards the teachers

#### **CONTEXT**

It was a community services project and was organized on the occasion of Teacher day. It was the event to celebrate the role of teachers as strings that connects various ideas together and help in shaping the lives of students in a positive way. The club members also distributed handmade cards as a note of gratitude for their contribution.

#### THE PRACTICE

Major takeaways from the project:

- (i) Celebrating gratitude
- (ii) Learning to work under pressure since three events were conducted on the same day.
- (iii) Enhancement of creative capabilities

#### **EVIDENCE OF SUCCESS**

The teachers felt overjoyed at the club's efforts to acknowledge and appreciate the role they play in shaping our lives. The light of excitement and joy reflected in their eyes was certainly the key highlight of the event.

# PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The requirement of volunteers for the event was announced only a day prior to teacher's day which led to compilation of work on only a few members. There was no expense incurred on the event as cards were made by the club members themselves.



# SPINAL CORD AWARENESS RALLY-

#### TITLE OF THE PRACTICE

Spinal Cord Awareness Rally

#### **OBJECTIVES OF THE PRACTICE**

World spinal cord injury day is celebrated on 5th September.

The club collaborated with Chandigarh Spinal Rehab to hold a rally in Sector 17 Chandigarh as a step towards empowering lives of people with spinal cord and brain injuries. We received remarkable appreciation for the same.

#### **CONTEXT**

It was a community services project and was organized in collaboration with CHANDIGARH SPINAL REHAB as a step for creating awareness and sensitivity among people with spinal cord and brain injuries. The target audience was the people visiting Sector 17 plaza on 5th September. Apart from this, the event also received great media coverage which helped in spreading awareness amongst the masses.

#### THE PRACTICE

The event focused on spreading awareness regarding spinal cord injuries and the irreversible damage that these injuries cause to the lives of patients. It further motivated the victims of such injuries to not lose hope and to strive for their future against all odds.

#### **EVIDENCE OF SUCCESS**

The key highlight of this event was the enthusiasm with which the victims of spinal injuries participated in the rally. The hope and passion of these people was remarkable.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

There were no such problems encountered or funds required for this event. On the other hand was a great learning experience for the members.



# MERI PEHCHAAN MY IDENTITY-

#### <u>TITLE OF THE PRACTICE</u> MERI PEHCHAAN- MY IDENTITY

#### **OBJECTIVES OF PRACTICE**

'MERI PEHCHAAN' or 'MY IDENTITY' was a signature drive program which focused on teaching uneducated individuals to write their names for signatures instead of using their thumb impressions. This, in turn, transformed their identity to be a literate person.

#### **CONTEXT**

It was community and vocational services project, which focused on teaching uneducated individuals to write their names for signature instead of using thumb impressions. Target audience was the uneducated help that worked in the homes of the members.

#### THE PRACTICE

The project helped in learning qualities such as persistence and serenity while teaching the underprivileged individuals.

#### **EVIDENCE OF SUCCESS**

Key highlight of the event was the gratitude that the people later expressed towards the members for recognizing the need to be literate in this age of advancement and for taking adequate steps to help them.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The event didn't have many volunteers which hindered it from becoming a large scale endeavor. No expense was incurred.



#### SPREADING SWEETNESS-

#### TITLE OF THE PRACTICE

Spreading Sweetness

#### **OBJECTIVE OF THE PRACTICE**

Every day we encounter underprovided children on the streets selling flowers or balloons in order to be able to afford a decent meal each day.

On 13th September, the Club teamed up with RAC Salisbury Park, Pune to celebrate International Chocolate Day with children who have probably never tasted one.

#### **CONTEXT**

It was a community services project and was organized in collaboration with RAC SALISBURY PARK, PUNE on the occasion of International Chocolate Day. It was for the children on the streets and slums selling flowers and balloons and probably have never tasted one chocolate.

#### THE PRACTICE

The event was a major eye opener in terms of realizing the importance of being humble. It also sparked qualities of compassion and empathy in the members. The members were quite overwhelmed at the gratitude these children expressed after receiving the chocolates.

#### **EVIDENCE OF SUCCESS**

The joy with which these children accepted chocolate gifts was a very gratifying experience for all the members.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Since the club carried out the project in the afternoon the possible disadvantage was the summer heat which made things a little chaotic. A sum of Rs. 240 was spent on buying chocolates for the children.

#### FACING THE VIOLENCE-

#### TITLE OF THE PRACTICE

Facing the violence

#### **OBJECTIVE OF THE PRACTICE**

As we know, today terrorism has become a festering wound and is an enemy of humanity. The club teamed up with Rotaract Club of Bombay Uptown (RID- 3141) to present an online bulletin called, 'facing the violence' on awareness regarding terrorism.

#### **CONTEXT**

It was community services project, organized in collaboration with ROTARACT CLUB OF BOMBAY UPTOWN (RID-3141). An online bulletin called, facing the violence was presented on awareness regarding the festering wound and enemy of humanity terrorism. Target audience was the people the club could reach through its online social media handles.



The bulletin helped in raising awareness regarding various serious issues related to terrorism Apart from that, it also

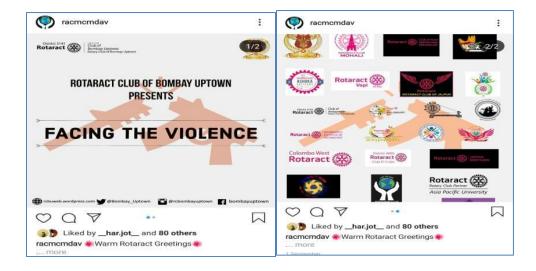
opened a door for having further discussions and debates on such topics in the future.

#### **EVIDENCE OF SUCCESS**

It was successful in reaching and touching a diverse audience on the internet.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

There were no problems encountered or funds required for this project as it was an online awareness project.





#### SAMARTH INTERVIEWS

#### TITLE OF THE PRACTICE SAMARTH Interviews

#### **OBJECTIVE OF THE PRACTICE**

The club decided to continue with the year long, vocational and community service project called 'SAMARTH'. Under this project, the members visited the slum of Sector 38 West on weekends and teach the children on various topics. The interviews for the same were conducted on 16th and 17th September, 2019.

#### **CONTEXT**

The club decided to continue its year long, vocational and community services project called SAMARTH . The interviews for the same were conducted on  $16^{th}$  and  $17^{th}$  September.

#### THE PRACTICE

The project helped in active communication with general body members. It also acted as an opportunity for brainstorming about the brilliant ideas the members had for the project.

#### **EVIDENCE OF SUCCESS**

Key highlight and success was the response the club received for the interviews. Several members were very enthusiastic about being a part of this project. Their zest clearly pointed to a very hopeful future of this project.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No problems were encountered neither any funds were required.



#### SAMARTH

#### <u>TITLE OF THE PRACTICE</u> SAMARTH

#### **OBJECTIVE OF THE PRACTICE**

'SAMARTH' is the club's flagship vocational and community service project which focuses on concept based teaching for underprivileged children.

After the successful conduction of the project for the last two years, the club decided to continue with project with some minor changes to improve its efficiency.

Concept based learning/ teaching focuses on explaining facts and information instead of merely stating them. Under this project, the members visited the 38 West slum on Saturdays and Sundays to assist the underprivileged children to increase their horizons through knowledge.

#### **CONTEXT**

It is the club flagship vocational and community service project which focuses on concept based teaching for underprivileged children. After the successful conduction of the project for the last years, the club decided to continue with project with changes to improve its efficiency. Under this project the members visit the 38 West slum on Saturdays and Sundays to assist the underprivileged children to increase their horizons through knowledge. Target audiences are the children of the 38 west slum, Chandigarh.

#### THE PRACTICE

Apart from the innumerable advantages of concept based learning for the children, the project also helps in the development of the members of the club. It helps them to learn teaching skills while at the same time, training them to cater to a diverse audience. The members are also supposed to prepare a topic of their choice every week, which promotes active thinking and research.

#### **EVIDENCE OF SUCCESS**

Key highlight of the event was undoubtedly the interaction with the children that followed the learning session. We engaged them in playing games, singing songs and performing dance numbers which made it quite exhilarating experience for everyone.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The lack of a proper place to sit forces the members to resort to sitting on the ground or on stones, this leads prevention of a proper class-room environment which further promotes mischief and chaos. There are no funds required for the project.



# KAVYANJALI-

#### TITLE OF THE PRACTICE KAVYANJALI

#### **OBJECTIVE OF THE PRACTICE**

In today's modern world, English as a language has become a kind of status symbol instead of just a global language.

We as Indian's are losing touch with our mother tongue. Hence, on the occasion of 'Hindi Divas', on 14th September the club organized a Hindi poetry and short story competition to encourage the members to establish a connection with their language

#### <u>CONTEXT</u>

It was club services project, which was organized on the occasion of HINDI DIVAS on 14<sup>th</sup> September .A Hindi poetry and short story competition was organized to encourage the members to establish a connection with their language. The target audiences were the members of the club.

#### THE PRACTICE

The event helped in recognizing the beauty of our mother tongue.

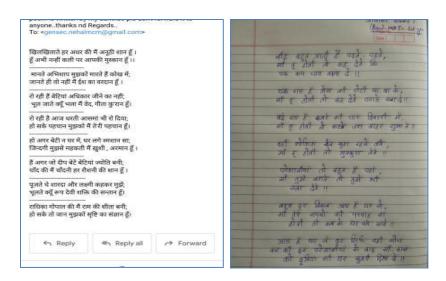
It also provided a platform to practice writing talents. The winners were awarded with certificates which acted as motivation for them to perform actively in the club's future projects as well.

#### **EVIDENCE OF SUCCESS**

The beautiful entries sent by the participants based on rich themes were certainly the key highlight of the event.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

No problems were faced and no expense was incurred as it was an online project.



# **SHABDOM**

#### <u>TITLE OF THE PRACTICE</u> SHABDOM

#### **OBJECTIVES OF THE PRACTICE**

This event conducted in collaboration with 'Shabdom', a story telling community. It was a threefold event including:

(i) Introduction round- starting conversations with the members around

(ii) Networking - creating stories with abstract ideas and theme oriented key words

(iii) Battle of Interaction- interaction with umpteen people and finally, creating a social network with them

The major focus of the event was promoting public speaking and enhancing communication skills.

#### **CONTEXT**

It was club services project which was organized in collaboration with SHABDOM, a story telling community. The major focus of the event was promoting public speaking and enhancing communication skills. Also as it was a joint event, it also upheld the objective of Rotaract i.e. fellowship.

#### THE PRACTICE

The event focused on inculcating the following virtues:

- (i) Overcoming stage phobia
- (ii) Courage to share your stories
- (iii) Enhanced communication skills
- (iv) Augmented leadership abilities
- (v) Making new friends

#### **EVIDENCE OF SUCCESS**

The key highlight of the event was the second phase of the program, i. e. 'Interaction round'. Since, there was no defined theme of topics to be discussed; various people shared diverse stories and ideas. Some people even recited poems and sung songs which added vibrancy to the evening and made the event a great success

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The Shabom community allows room for only twenty-five people to interact in one session due to which a large number of members could not participate in the event.

However, the club looks forward to having more of these interactive sessions in the future as an opportunity for the remaining members to participate and showcase their talents. A sum of Rs. 140 was spent on felicitations.



#### KARUNA

#### TITLE OF THE PRACTICE

KARUNA

#### **OBJECTIVES OF THE PRACTICE**

Mahatma Gandhi said, "The best way to find you is to lose yourself in the service of others." Hence, on 30th September the club organized an event called 'KARUNA' to mark a day spent in caring for the care givers.

We invited the members of the non-teaching staff of the college to join us in a recreational ceremony where we engaged them in playing games. After an evening filled with entertaining performances by the members, the program was concluded after serving refreshments to the audience.

#### <u>CONTEXT</u>

It was community services project organized for the care givers. Non -teaching staff members of the college were invited and engaged them in playing games and recreational ceremony. The target audience was the non- teaching staff (sweepers, janitors etc.) from the college.

#### THE PRACTICE

The project helped in adapting the following merits:

- (i) Performing under pressure.
- (ii) Team work
- (iii) Practicing event management skills
- (iv) Creative thinking

#### **EVIDENCE OF SUCCESS**

It was a very colorful event with a lot of singing and dancing. The audience thoroughly enjoyed playing games like charades and musical chairs. And so, the happiness in their eyes was certainly the key highlight of the event.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

On the day of the event, the club had booked a hall where the event had to be conducted. However, due to some issues with the timings the hall was provided to us after the previous event had concluded. This led to paucity of time which caused a little chaos. A sum of Rs. 200 was spent.



#### OCTOBER HUMAN CHAIN

# TITLE OF PRACTICE

Human Chain

#### **OBJECTIVE OF PRACTICE**

Raising awareness regarding the importance of blood donation

#### THE CONTEXT

The members of the club held hands with one another and urged the passersby to contribute to the cause and save as many lives as possible.

#### THE PRACTICE

The club participated in the district event, human chain to raise awareness regarding the importance of blood donation.

#### **EVIDENCE OF SUCCESS**

Following were the major takeaways from the project:

- (i) Importance of active participation in district events.
- (ii) Importance of blood donation.
- iii) The spirit of teamwork and group efforts.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED



#### **SERVICE IN MONSOON**

#### TITLE OF THE PRACTICE

Service in Monsoon

#### **OBJECTIVES OF THE PRACTICE**

Aiding underprivileged individuals of our society with help of charity and donations.

#### THE PRACTICE

Donation boxes were put up in college to encourage people to donate items of clothing, footwear, umbrellas etc.

The items collected were then distributed to the underprivileged people of the society.

#### THE CONTEXT

Mother Teresa said, "It is not how much we give but how much love we put into giving". This monsoon the club joined hands with RAC Ignite Pali of RID 3054 to hold a monsoon donation drive called 'Service in Monsoon'.

#### **EVIDENCE OF SUCCESS**

The members were able to experience the joy of giving by helping the underprivileged. Further, it was a sustainable usage of old clothes as a lot of people usually throw them away but this event gave them an opportunity to make good use of them.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The only limitation of the project was the innumerous holidays that fell in October due to which the deadline of the project had to be extended several times.



#### **E- Letterhead Exchange**

#### TITLE OF THE PRACTICE

Letter head Exchange

#### **OBJECTIVES OF THE PRACTICE**

In order to promote the feeling of brotherhood and friendship across various Rotaract clubs, the club exchanged a letter head with Rotaract club of Pune Pashan on 10<sup>th</sup> October, 2019.

#### THE CONTEXT

The event helped in maintaining cordial relationship between the two clubs.

#### **EVIDENCE OF SUCCESS**

It motivated the members to realize the importance of stepping beyond individual needs and working towards the society as a whole.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

There was no such problem encountered or funds required for the event as it was an online event.

#### **ROTARACT TRAINING PROGRAM**

#### TITLE OF THE PRACTICE

Rotaract Training Program

#### **OBJECTIVES OF THE PRACTICE**

The event was designed to share information and build skills while developing a rapport among the district leadership, the Chandigarh Rotary club and Rotaract club leadership.

#### THE CONTEXT

Rotaract training Program of the year 2019-20 was hosted by the club in collaboration with RAC Shivalik Spectrum and RAC S.D. Chandigarh. It contained a mix of general sessions and small group activities and discussions.

#### THE PRACTICE

The whole event was presented in a very natural but earnest manner which allowed the communication to be very free and interactive.

The recreational bits of comedy mixed with gracious dance and musical performances made the event a fulfilling experience for everyone.

Further, the club also received media coverage for this event.

#### **EVIDENCE OF SUCCESS**

The event helped in the inculcating the following virtues:

- (i) Enhanced interaction between the district and club leaders.
- (ii) Enhanced interaction with the sponsored Rotarty.
- (iii) Gave the members of the club an opportunity to work with various other clubs which helped in learning time management and divisional efficiency.
- (iv) The informative notes given by the esteemed DRR and Rotarian Sandeep sir helped in understanding Rotaract better.

The fun dance and musical performances provided a platform for the budding artists to showcase





चंडीगढ़ : सेट्रैक्ट ब्रिस्ट्रिक्ट 3080 ने सेक्ट र–27 स्थित भवन विद्यालय में स्विधार को सेट्रैक्ट ट्रेनिंग प्रोग्राम का आयोजन किया गया । इस आयोजन की मेजधानी आरएसीए मसीएमडीएवी. आरएसीए सडी और आरएसी शिवालिक स्पेक्टम की ओर से की गई∞ जी∂201

# नग प्रांग्राम में पहुंचे 200 र

डिस्ट्रिक्ट 3080 ने सेक्टर-27 स्थित भवन विद्यालय में रविवार को ने भाग लिया। रोट्रैक्ट ट्रेनिंग प्रोग्राम का आयोजन किया। इस आयोजन की मेजबानी व्यावसायिक विकास और रोट्रैक्ट के के दौरान, वे खुद को दुनिया के लिए और आरएसी शिवालिक स्पेक्टम द्वारा

जागरण संवाददाता, चंडीगढ़ : रोट्रैक्ट की गई। इस प्रशिक्षण कार्यक्रम में कैंथ ने बताया कि सामाजिक कल्याण टाईसिटी के कुल 200 से ज्यादा रोट्रैक्ट

आरएसीएमसीएमडीएवी, आरएसीएसडी) कामकाज विभिन्न प्रेरक सत्र शामिल एक बेहतर मानव के लिए विकसित थे। रोटैक्ट डिस्टिक्ट की प्रतिनिधि झशिता

के लिए काम करने के लिए आने वाले स्वयंसेवकों की एक बड़ी संख्या कार्यक्रम में नेतत्व, व्यक्तिगत और को देखकर अच्छा लगा और इस यात्रा कर रहे।

#### WORLD POLIO DAY

#### <u>TITLE OF THE EVENT</u>

World Polio Day

#### **OBJECTIVES OF THE PRACTICE**

Educating the members of the club about polio

#### THE CONTEXT

On the occasion of World Polio Day, the Chandigarh Rotarty organized an event spreading awareness about polio. The event contained dance performances and flash mobs done by various Rotaract clubs in Elante mall, Chandigarh.

#### THE PRACTICE

The members of the club also participated in this event by performing an exuberant Bhangra dance performance.

#### **EVIDENCE OF SUCCESS**

The project helped in educating the members of the club about polio while at the same provided an opportunity to all the excellent dancers in the club to showcase their talents in front of a vast audience.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Nil.



#### THE FUTURE IS GREEN

#### TITLE OF THE PRACTICE

The Future is Green

#### **OBJECTIVES OF THE PRACTICE**

Promoting the idea of "clean and green".

#### THE CONTEXT

Keeping in mind, this month's theme, i.e. 'Keep it Clean and Green' the club organized a cleanliness drive in sector 36 market, Chandigarh.

#### THE PRACTICE

The members of the club visited sector 36 market on 31<sup>st</sup> October and not only picked up the garbage from footpaths and street sides but also separated the dry waste from the wet waste and discarded the same in separate dustbins.

#### **EVIDENCE OF SUCCESS**

The project helped creating a clean and green environment not only for the members of the club but also for the residents of sector 36.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Since the club was mostly occupied with the preparations of the Rotaract Training Program this month, the project was delayed and was later carried out on a very small scale.



#### DIL SE DIWALI

#### TITLE OF THE PRACTICE

Dil se Diwali

#### **OBJECTIVES OF THE PRACTICE**

The club celebrated the festival of lights, Diwali with the children of 38st west slum on 27<sup>th</sup> October.

#### THE PRACTICE

For this event, the members of the club carried diyas and paints to the slum and encouraged the children to paint on them.

#### **EVIDENCE OF SUCCESS**

It was a fun activity for both, the children and the members of the club.





#### NOVEMBER ALOHOMORA

#### TITLE OF THE PRACTICE

Alohomora

#### **OBJECTIVES OF THE PRACTICE**

The club attended and actively participated in the intercity program, 'Alohomora' that was held on 10<sup>th</sup> November, 2019.

#### THE CONTEXT

Alohomora was a district project. All the clubs under district 3080 were invited to perform a particular Indian dance form. This showcased the diversity of our country.

#### THE PRACTICE

The members of the club showcased a beautiful *Lavni* dance performance for the cultural and international fusion.

#### **EVIDENCE OF SUCCESS**

The event gave the members of the club to interact and make friends with the members of other clubs. It was also a wonderful opportunity to showcase one's talents.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Since the club was very occupied with preparations for our mega event, there was a shortage of time to properly plan the schedule for this event.



# **Bonjour Chandigarh**

#### TITLE OF THE PRACTICE

Bonjour Chandigarh

#### **OBJECTIVES OF THE PRACTICE**

Bonjour Chandigarh' was an IDYE program conducted by the club where we invited members from Rotaract clubs of Delhi and Kolkata.

#### THE CONTEXT

They were then taken sight-seeing around the city developed by the French architect, Le Corbusier. The guests were taken to several museums and parks.

#### THE PRACTICE

The whole process of interaction with members from these clubs and discussions regarding the working of their club not only helped in getting some great piece of advice but also paved way for some new friendships.

#### **EVIDENCE OF SUCCESS**

Visiting places like the museums in Chandigarh helped the member gain a deeper insight to the city's history.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

As the board members were already occupied with planning the club's mega event, only three members were able to accompany our guests for the city tour.



# **Rotaract Princess**

#### TITLE OF THE PRACTICE

Rotaract Princess

#### **OBJECTIVES OF THE PRACTICE**

Rotaract Princess was the one of the mega events organized by the club in this tenure. All the profit incurred during this project was donated to Thalassemia patients.

#### THE PRACTICE

The event included dance, singing and modelling performances by the Rotaractors. The program even included a show by Wakhra Swag fame NavvInder and an exhilarating performance by the band Kliamaxkyurosity which was followed by food and refreshments

#### THE CONTEXT

The event was full of exciting performances but the iconic performance by NavvInder left everyone's heart pulsating.

#### **EVIDENCE OF SUCCESS**

The event acted as huge gateway to learning various organizational and administrative operations. Everything from finding sponsors, inviting the singer to decorating the college was a great experience in itself.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Due to strict college rules, we had to wind up the program in a rush which caused a lot chaos.





The Rotaract Club of Mehr Chand Mahajan DAV College for Women organized Rotaract Princess- a fundraising event for thalassemia patients

tients. eccasion was Dr. Nisha Bhargava, Principal, MCM DAV College for Women and the Guests of Honour nachuded Guests of Honour nachuded Rotarian Baldev Aggarwal. The electrifying performancinder and the legendary band Klymaxx Kyuriosiiy held the audience captive. With powormances by students and a ierce Rotaract Princess competition, the event was a uge success replete with enstainment and thrill quo

Navneet was crowned Rotract Princess while Avneet and Riddhi walked away with or up title. The Principal of the college Dr. Nisha Bhargava praised the noble endeava praised the noble endeavinnds for thalassemia paients. She emphasized upon the fact that proper medical range of the thalassemia paterna of our fellow color trymen and thus we should come torward and donate towards





#### Pause for paws

#### TITLE OF THE PRACTICE

Pause for the Paws

#### **OBJECTIVES OF THE PRACTICE**

Pause for Paws was the monthly theme project for November. The members of the club were to work towards helping our furry friends.

#### THE CONTEXT

The members of the club fed dogs and made sure to help them with whatever they could.

#### THE PRACTICE

-

#### **EVIDENCE OF SUCCESS**

Even though the project was very small scale, it helped in providing proper meals to several dogs.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Due to the semester examinations and devoting maximum time to our mega event (Rotaract Princess), the members of the club couldn't perform this event on a larger scale.





# **DECEMBER**

# <u>Secret Santa</u>

#### TITLE OF THE PRACTICE

Secret Santa

#### **OBJECTIVES OF THE PRACTICE**

Christmas is known as the season of giving; hence this Christmas the club collaborated with Rotaract club of UILS and Rotaract club of Chandigarh Midtown in order to help the needy.

#### THE CONTEXT

The project, 'Secret Santa' was organized where the members visited various slums in the tricity and donated blankets and clothes to help the people survive this cold weather.

#### THE PRACTICE

On 25<sup>th</sup> December, 2019 the members of the club visited the people living in the slums in the tricity.

#### EVIDENCE OF SUCCESS

The sense of fulfillment and satisfaction that we received after having celebrated Christmas in the truest spirit of giving was the real evidence of success.

Apart from this, having members of other clubs help us when most of our club's members were busy helped in promoting the idea of Rotaract working towards the betterment of the society.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Since most members of the club were busy due to their semester exams only a few members were able to be a part of this project.



# **Celebrations for All**

#### TITLE OF THE PRACTICE

Celebrations for All

#### **OBJECTIVE OF THE PRACTICE**

'Celebration for all', was the second event the club organized in order to allow a chance to the needy to celebrate Christmas.

#### THE PRACTICE

The members of the club along with members of RAC UILS and RAC Chandigarh Midtown visited the 38 West slum after the successful cloth and blanket donation drive to celebrate Christmas with the slum children.

#### THE CONTEXT

It was aimed to help the children of the 38 west slum, Chandigarh. Celebrating Christmas with the children and with members of other clubs helped in promoting team work, friendship and brotherhood.

#### **EVIDENCE OF SUCCESS**

The sheer joy and enthusiasm on the faces of children on receiving chocolates and cakes while singing along to the merry tunes of jingle bells.

#### PROBLEMS EMCOUNTERED AND RESOURCES REQUIRED

Since most members of the club were busy due to their semester exams, only a few members were able to be a part of this project. However, we were helped by members of the other Rotaract clubs at every point.



#### Save Earth TITLE OF THE PRACTICE

Save Earth

#### **OBJECTIVE OF PRACTICE**

'Save earth', was an online Global warming and Climate Change Awareness Campaign

#### THE PRACTICE

The online nature of the event helped in spreading information to a wide audience.

#### THE CONTEXT

The club organized this project in order to end the year with renewed and motivated spirit.

#### **EVIDENCE OF SUCCESS**

The event helped in learning about the causes, effects and means of prevention of global warming and climate change.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED



# **JANUARY**

#### Letter head Exchange

#### TITLE OF THE PRACTICE

Letter head Exchange

#### **OBJECTIVES OF THE PRACTICE**

In order to promote the feeling of brotherhood and friendship across various Rotaract Clubs, the club exchanged a letter head with Rotaract club of Bombay Uptown.

#### THE CONTEXT

The event helped in maintaining cordial relationship between the two clubs.

#### **EVIDENCE OF SUCCESS**

It motivated the members to realize the importance of stepping beyond individual needs and working towards the society as a whole.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

There was no such problem encountered or funds required for the event as it was an online event.

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# Sonic Youth Project

#### TITLE OF THE PRACTICE

Sonic Youth Project

#### **OBJECTIVES OF THE PRACTICE**

In order to celebrate 'International Youth Day', Rotaract club MCM DAV collaborated with RAC Bombay Uptown for an online project called 'Sonic Youth Project' that highlighted the data of youth representation worldwide.

#### **CONTEXT**

Rotaract club MCM DAV collaborated with RAC Bombay Uptown for an online project called 'Sonic Youth Project'

#### THE PRACTICE

"We cannot always build the future for our youth but we can build our youth for the future." In order to celebrate 'International Youth Day', Rotaract club MCM DAV collaborated with RAC Bombay Uptown for an online project called 'Sonic Youth Project' that highlighted the data of youth representation worldwide.

#### **EVIDENCE OF SUCCESS**

It helped in creating awareness about the representation of youth towards the societal causes.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

There was no such problem encountered or funds required for the event as it was an online event.





# **Factopedia**

#### TITLE OF THE PRACTICE

Factopedia

#### **OBJECTIVES OF THE PRACTICE**

Keeping the theme of the month 'Patriotism' in mind, the club conducted various events one of which was 'Factopedia'.

#### **CONTEXT**

This was a ten days long online campaign which threw light on some very amusing facts about our incredible India.

#### **EVIDENCE OF SUCCESS**

The event helped in providing insight on some very intriguing facts about our country while at the same time was a source of free information for everyone.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

There was no such problem encountered or funds required for this event. Infact, it was a great learning experience for the members.



# Fact-O-File

#### <u>TITLE OF THE PRACTICE</u>

Fact-O-File

#### **OBJECTIVES OF THE PRACTICE**

spreading information and attaining better knowledge.

#### **CONTEXT**

This was another online event which focused on spreading information to the masses.

#### THE PRACTICE

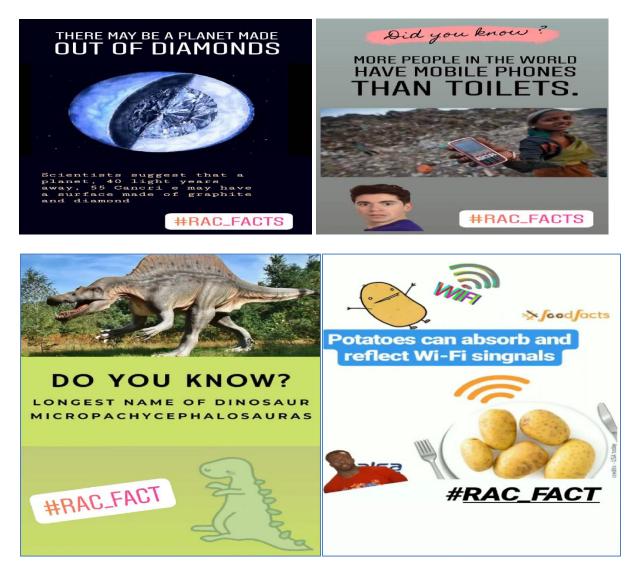
An everyday campaign wherein, the club posted fascinating facts online in order to help the member broaden their horizons through knowledge.

#### **EVIDENCE OF SUCCESS**

The event helped in spreading information and attaining better knowledge.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

There were no such problems encountered or funds required for this event. On the other hand was a great learning experience for the members.



**Samarth** 

# TITLE OF THE PRACTICE

SAMARTH

#### **OBJECTIVE OF THE PRACTICE**

'SAMARTH' is the club's flagship vocational and community service project which focuses on concept based teaching for underprivileged children. This month, the club celebrated republic day with the children by engaging them in singing the national anthem or drawing the Indian flag.

#### <u>CONTEXT</u>

It is the club flagship vocational and community service project which focuses on concept based teaching for underprivileged children.

After the successful conduction of the project for the last years, the club decided to continue with project with changes to improve its efficiency. Under this project the members visit the 38 West slum on Saturdays and Sundays to assist the underprivileged children to increase their horizons through knowledge.Target audiences are the children of the 38 west slum, Chandigarh.

#### THE PRACTICE

Apart from the innumerable advantages of concept based learning for the children, the project also helps in the development of the members of the club. It helps them to learn teaching skills while at the same time, training them to cater to a diverse audience. The members are also supposed to prepare a topic of their choice every week, which promotes active thinking and research

#### **EVIDENCE OF SUCCESS**

Key highlight of the event was undoubtedly the interaction with the children that followed the learning session. We engaged them in playing games, singing songs and performing dance numbers which made it quite exhilarating experience for everyone.

#### PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

Nil.





# FEBRUARY, 2020

#### **MICROTALE WRITING COMPETITION**

#### TITLE OF THE PRACTICE

Microtale Writing Competition

#### **OBJECTIVES OF THE PRACTICE**

Objective of the practice was to act as a platform for the members to sharpen their writing skills.

#### THE CONTEXT

Ink and words have always had a subtle way of influencing emotions, hearts and minds of people all over the world. Hence, the club came up with a new idea for this month.

#### THE PRACTICE

The club organized 'microtale writing competition' wherein, the participants were supposed to write a short shorty based on one of the given prompts.

#### **EVIDENCE OF SUCCESS**

It is often said that a pen is mightier than the sword, it displays how our words are potent enough to actually change the world.

The entries received were certainly an example of the same.

#### ARTISTICA

#### TITLE OF THE PRACTICE

Artistica

#### **OBJECTIVE OF PRACTICE**

In order to celebrate the freedom of art, the club accepted art pieces with significant messages and awarded the best ones with certificates.

#### THE PRACTICE

It was aimed to promote creative freedom.

#### THE CONTEXT

"The purpose of art is washing the dust of daily life off our souls."

Each of the members has one time or the other, experimented with art. Whether it's a simple painting, design of a mehndi or even a minimalistic doodle one made during a class. In order to celebrate the freedom of art, the club accepted art pieces with significant messages and awarded the best ones with certificates.

#### **EVIDENCE OF SUCCESS**

The overwhelming response received by the club was certainly the evidence of success.

#### **SAMARTH**

#### TITLE OF THE PRACTICE

Samarth

#### **OBJECTIVE OF THE PRACTICE**

Under this project the members visit the 38 West slum on Saturdays and Sundays to assist the underprivileged children to increase their horizons through knowledge.

#### THE PRACTICE

The members visited the slum on almost every single weekend.

#### THE CONTEXT

'SAMARTH' is the club's all year long vocational and community service project which focuses on concept based teaching for underprivileged children.

#### **EVIDENCE OF SUCCESS**

Apart from the innumerable advantages of concept based learning for the children, the project also helps in the development of the members of the club. It helps them to learn teaching skills while at the same time, training them to cater to a diverse audience.

The members are also supposed to prepare a topic of their choice every week, which promotes active thinking and research.

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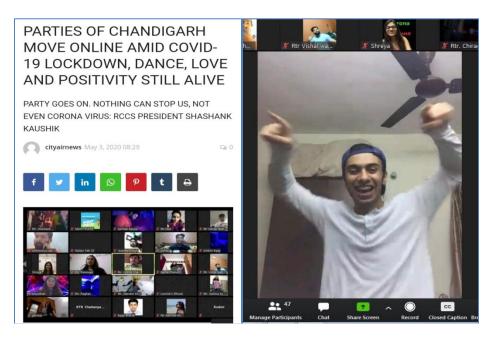
# **APRIL 2020**

#### MEMORY LANE-

Thinking about beautiful days from the past often fills us with nostalgia and joy. RAC MCM DAV organized the event 'memory lane' in collaboration with various other clubs. The members posted a picture of themselves or their family members from the past along with their picture.

#### <u>NIGHT PULSE – AN E-CONCERT</u>

The Club in collaboration with RAC Chandigarh Shivalik organized a light-hearted event called Night Pulse an E- concert to help everyone enjoy even at the time of a nationwide lockdown.



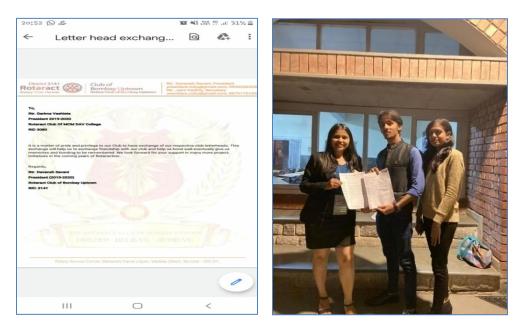


# Letterhead exchanges and upcoming projects:

# LETTERHEAD EXCHANGE

In order promote the feeling of brotherhood and friendship across various Rotaract clubs, the club exchanged letter heads with the following clubs -:

- ♦ With RC Pune Pashan, RID 3131
- Rotaract Club of Bombay Uptown, RID 3141
- \* Rotaract Club of Barrackpore
- Rotaract Club of Delhi Philanthropists
- Rotaract Club of Andheri, RID 3141



#### PRIDE WALK-

With 'CHANDIGARV' on 22<sup>nd</sup> March, 2020. They also attended meetings with Dhananjay Chauhan, the head of CHANDIGARV. The club also planned to co-host a Pride Walk in collaboration club was helping in the sponsorship, decor and water department But due to the restriction on gatherings the event was postponed.



#### BOOKS AND STATIONERY DONATION DRIVE-

The club was collecting used books and stationary to donate to children in the slum areas. The items which were being collected by the club were scheduled to be donated to slum children on the the state of the sta

30 March when the exams of maximum children were over so that maximum number of books could be collected. Due to imposition of lockdown, this event was cancelled.



#### RUN FOR FUN-

RAC MCM DAV was going to organize a RUN FOR FUN Marathon in collaboration with an NGO named - A Way Youth Foundation on 28<sup>th</sup> March, 2020 at Sukhna Lake. Mrs. Punjab 2017 was invited as the chief guest for the event. All the official work like permissions from several offices were already taken but due to COVID-19 breakout, the marathon had to be cancelled.





# **THANK YOU!**