

Report of Physical Education Department (2019-20)



**Mehr Chand Mahajan
DAV College for Women
Sector-36, Chandigarh
www.mcmdavcwchd.edu.in**

Department Name: Physical Education

Session: 2019-20

Names of Programmes/Courses/ offered:

- B.A

Students Publications /Awards/Achievements/Activities:

- **Students Awards and Achievements in Sports Activity**

Year: 2019-20				
Award/ Medal	LEVEL National/ International	Sport	EVENT	Name of the Student
Gold medal	International	Swimming (400m Medley Relay)	South Asian Federation- SAF Games at Kathmandu Nepal	Chahat Arora
Gold medal	International	Swimming (50m Breaststroke)	South Asian Federation- SAF Games at Kathmandu Nepal	Chahat Arora
Silver medal	International	Swimming (100m Breaststroke)	South Asian Federation- SAF Games at Kathmandu Nepal	Chahat Arora
Silver medal	International	Cricket	World cup	Tanya Bhatia
Silver medal	International	Cricket	World cup	Harleen Kaur Deol
Bronze medal	International	Shooting	World University Games	Nina Chandel
Gold medal	National	Soft tennis	All India Interuniversity Championship	Princee
Gold medal	National	Soft tennis	All India Interuniversity Championship	Adity
Gold medal	National	Shooting (50m Rifle)	All India Interuniversity Championship-2019 New Delhi	Vanshika Shahi
Gold medal	National	Shooting (50m Rifle)	All India Interuniversity Championship-2019 New Delhi	Sanya Singhi
Gold medal	National	Fencing	All India Interuniversity Championship-2020 held at Panjab University Chandigarh.	Mumtaj
Gold medal	National	Shooting	Ist Khelo India University games-2020 held at Bhubaneswar, Orissa	Vanshika Shahi

Gold medal (Epee team)	National	Fencing (Epee)	Ist Khelo India University games-2020 held at Bhubaneswar, Orissa.	Mumtaz
Gold medal	National	Shooting (50m senior team)	National Championship-2019 at Bhopal	Vanshika Shahi
Gold medal	National	Fencing (Sabre)	27 th Junior National championship-2019 at Bhopal, Madhya Pradesh	Sanya
Silver medal	National	Fencing(Sabre)	All India Interuniversity Championship-2020 held at Panjab University Chandigarh.	Sanya
Silver medal (individual)	National	Fencing (Sabre)	Ist Khelo India University games-2020 held at Bhubaneswar, Orissa	Sanya
Silver medal (Sabre team)	National	Fencing (Sabre)	Ist Khelo India University games-2020 held at Bhubaneswar, Orissa	Sanya
Silver medal	National	Shooting (50m junior team)	National Championship-2019 at Bhopal	Vanshika Shahi
Silver Medal	National	Shooting	National Championship-2019 at Bhopal	Gurnoor Beniwal
Bronze Medal	National	Softball	All India Interuniversity Championship-2020	Ritu
Bronze Medal	National	Softball	All India Interuniversity Championship-2020	Isha Rawat
Bronze Medal	National	Softball	All India Interuniversity Championship-2020	Amrita
Bronze Medal	National	Softball	All India Interuniversity Championship-2020	Manisha
Bronze medal	National	Fencing (Sabre)	All India Interuniversity Championship-2020 held at Panjab University Chandigarh.	Sanya
Bronze medal	National	Handball	North-zone Interuniversity Championship	Harsukhmanjot Kaur
Bronze medal	National	Handball	North-zone Interuniversity Championship	Kalpana
Bronze medal	National	Handball	North-zone Interuniversity Championship	Simran
Bronze medal	National	Badminton	North-zone Interuniversity Championship	Nikita
Bronze medal	National	Football	North-zone Interuniversity Championship	Poonam
Bronze medal	National	Football	North-zone Interuniversity	Sonia

			Championship	
Bronze medal	National	Football	North-zone Interuniversity Championship	Sandeep Kaur
Bronze medal	National	Football	North-zone Interuniversity Championship	Anjali
Bronze medal	National	Football	North-zone Interuniversity Championship	Lovepreet Kaur
Bronze medal	National	Football	North-zone Interuniversity Championship	Sukhveer Kaur
Bronze medal	National	Football	North-zone Interuniversity Championship	Karamjeet Kaur
Bronze medal	National	Football	North-zone Interuniversity Championship	Alisha
Bronze medal	National	Shooting (50m junior team)	National Championship-2019 at Bhopal	Vanshika Shahi
Bronze medal	National	Boxing	3 rd Elite Women National Boxing Championship-2019 held at Vidyanagar Karnataka	Avneet Kaur
Participation	National	Judo	Junior National Championship-2020 at Lucknow	Manisha
Participation	National	Shooting	National Championship-2019 at Bhopal	Chandrima Nain
Participation	National	Shooting	National Championship-2019 at Bhopal	Danish Bedi
Participation	National	Shooting	National Championship-2019 at Bhopal	Nina Chandel
Participation	National	Shooting	National Championship-2019 at Bhopal	Sanya Singhi
Participation	National	Fencing	Senior National championship-Delhi	Sanya
Participation	National	Fencing	27 th Junior National championship-2019 at Bhopal, Madhya Pradesh	Chashanjot
Participation	National	Hockey	Senior National Hockey Championship Kollam, Kerala	Komal
Participation	National	Hockey	Khelo India U-21 Hockey Championship, Guwahati, Assam	Komal
Participation	National	Hockey	Khelo India U-21 Hockey Championship, Guwahati	Pallavi
Participation	National	Hockey	Senior National Hockey Championship-2020 at Kollam, Kerala	Pallavi

Participation	National	Hockey	9 th Junior National Hockey Championship-2019 at Kollam, Kerala	Pallavi
Participation	National	Hockey	9 th Junior National Hockey Championship-2019 at Kollam, Kerala	Anchal Chaudhary
Participation	National	Hockey	Senior National Hockey Championship-2020 at Kollam, Kerala	Tannu
Participation	National	Hockey	Khelo India U-21 Hockey Championship, Guwahati, Assam	Tannu
Participation	National	Netball	Senior National Netball Championship 2019-20 at Anandpur Sahib, Punjab	Avantika Kanwar
Participation	National	Netball	All India Interuniversity Championship at Annamalai University, Chidambaram, Tamil Nadu	Avantika Kanwar
Participation	National	Netball	Senior National Netball Championship, 2019-20 at Anandpur Sahib, Punjab	Vanshika
Participation	National	Netball	All India Interuniversity Championship at Annamalai University, Chidambaram, Tamil Nadu	Vanshika
Participation	National	Basketball	Senior National Championship-2019 at Ludhiana, Punjab	Vanshika
Participation	National	Handball	Senior National Championship-2019 at Delhi	Gagandeep Kaur

- **Activity For Staff Members:**

1. Special online yoga classes were organized for staff members from 1 June to 31 January 2021 for mental well being in the lockdown period.