**MCM DAV College for Women, Sector- 36/A, Chandigarh**

**Monthly Teaching Plans**

**Session 2020-2021**

**Department of Psychology**

**Name of the Teachers:** **Dr. Nitasha Khehra**

Class: **MA I** (**Semester I)**

Subject: **Theories and Systems of Psychology (Paper I)**

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| **S. No.** | **Date****(Monthly)** | **Topics to be Covered** | **Academic Activity Undertaken\*** |
| **From** | **To** |
| 1 | 18.11.2020 | 18.12.2020 | Nature, History and Status of Psychology as a Science. | Ice Breaking, Discussion of Syllabus, Power Point Presentations, Classroom Discussion, Clarification of doubts, if any. |
| 2 | 19.12.2020 | 31.01.2021 | Current Theoretical Developments:Cognitive (Information processing), Neurocognitive Science, Developmental perspective (Piaget), Social Learning (Bandura), Indian Perspective. | Power Point Presentations, Classroom Discussion,Clarification of doubts, if any. |
| 3 | 01.02.2021 | 20.02.2021 | Schools of Psychology:Structuralism, Functionalism, Behaviorism, Gestalt, Classical Psychoanalysis (Freud). | Power Point Presentations, Classroom Discussion, Clarification of doubts, if any. |
| 4 | 21.02.2021 | till semester end exams | Theoretical Perspectives in Psychology: Psychodynamic (Neo Freudians – Adler, Jung), Behaviouristic (Pavlov and Skinner), Humanistic- Existential (Maslow, Rogers, Rollo May), Field Theory (Lewin). | Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.  |

**MCM DAV College for Women, Sector- 36/A, Chandigarh**

**Monthly Teaching Plans**

**Session 2020-2021**

**Department of Psychology**

**Name of the Teachers:** **Dr. Nitasha Khehra**

Class: **MA I** (**Semester II)**

Subject: **Theories and Systems of Psychology (Paper I)**

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| **S. No.** | **Date****(Monthly)** | **Topics to be Covered** | **Academic Activity Undertaken\*** |
| **From** | **To** |
| 1 | 01.04.2021 | 30.04.2021 | Personality Theories: Erickson, Fromm, Murray, Eysenck, Cattell, Costa and McCrae, Kelly. | Power Point Presentations, Classroom Discussion, Clarification of doubts, if any. |
| 2 | 01.05.2021 | 31.05.2021 | Motivation: Need theories (McClleland), Content theories (Maslow, Herzberg), Cognitive theories (Lewin,Vroom, Porter and Lawler). | Power Point Presentations, Classroom Discussion,Clarification of doubts, if any. |
| 3 | 01.06.2021 | 30.06.2021 | Learning: Pavlov, Skinner, Guthrie, Tolman, Hull, Bandura. | Power Point Presentations, Classroom Discussion, Clarification of doubts, if any. |
| 4 | 01.07.2021 | till semester end exams | Intelligence and Creativity: Intelligence; Guilford, Cattell, Sternberg, Emotional Intelligence (Meyer and Saloway and Goleman).Creativity: Freudian, Psychometric, Humanistic-Existential and Associationistic view points. | Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.  |

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

**Session 2020-2021**

**Department of Psychology**

**(First Semester)**

**Name of the Teachers:** Dr. Vidushi Jaswal

Class: **MA I**  Subject: **Social Psychology (Paper –II)**

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| **S. No.** | **Date****(Monthly)** | **Topics to be Covered** | **Academic Activity Undertaken\*** |
| **From** | **To** |
| 1 | 18th November 2020 | 30th November, 2020 | * Unit 1: Social Psychology as a Science: Nature and History.
 | Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point PresentationClarification of doubts, if any. |
| 2 | 1st December 2020 | 31st December, 2020 | * Unit – 1 Cont’d: Social Learning Theories: Field, Role and Exchange.
 | Classroom Discussion, Power point Presentation,Clarification of doubts, if any. |
| 3 | 1st January, 2021 | 31st January, 2021 | * Unit – 1 Cont’d: Developmental views of Self: Erikson, Sullivan and Rogers.
* Unit- 2: Socialization Agents; Socialization in families with a Special child. Impact of culture on socialization.
* Mid Semester Exams
* Unit – 3 Social Learning. Impression formation.
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |
| 4 | 1st February, 2021 | Till Exams | * Unit – 3: Theories of Attribution: Kelly, Weiner, Jones and Davis.
* Unit – 4 Interpersonal Attraction : Concept, determinants. Personal Relationships : Self disclosure, Relationship maintenance.
* Review and revision of Syllabi for Semester Exams
 | Classroom DSiscussion, Power Point Presentations,Clarification of doubts, if any. |

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

**Session 2020-2021**

**Department of Psychology**

**(Second Semester)**

**Name of the Teachers:** Dr. Vidushi Jaswal

Class: **MA I**  Subject: **Social Psychology**

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| **S. No.** | **Date****(Monthly)** | **Topics to be Covered** | **Academic Activity Undertaken\*** |
| **From** | **To** |
| 1 | 1st April, 2021 | 30th April, 2021 | * Unit 1: Altruism and Prosocial Behaviour : Concept, Theoretical perspectives (Sociocultural and Learning). Learning to help : Seeking and receiving help. Factors affecting Helping Behaviour : Internal and Situational. Caregiving : Concept, types and its impact on caregiver.
 | Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point PresentationClarification of doubts, if any. |
| 2 | 1st May, 2021 | 31st May, 2021 | * Unit – 4 Social Power. Theories of Leadership: Situation approach, Trait approach, Functional approach and Fiedler’s contingency model of leadership effectiveness. Leadership Styles : Autocratic, Democratic, Task Oriented, People Oriented.
 | Classroom Discussion, Power point Presentation,Clarification of doubts, if any. |
| 3 | 1st June, 2021 | 30th June, 2021 | * Unit – 3 Groups : Types, Group Cohesion. Group Behaviour : Conformity, Obedience and Compliance. Group Antagonism : Prejudice (Nature, cognitive biases, strategies to reduce prejudice).. Impression formation.
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |
| 4 | 1st July, 2021 | Till Exams | * Unit – 2 Aggression : Nature, causes, control. Violence; Family Violence; Intimate Partner Violence: Nature, Causes and Interventions.
* Review and revision of Syllabi for Semester Exams
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

**Session 2020-2021**

**Department of Psychology**

**(First Semester)**

**Name of the Teachers:** Dr. Akanksha Tripathi

Class: **MA-I** Subject: **Experimental Psychology (Paper –III)**

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| **S. No.** | **Date****(Monthly)** | **Topics to be Covered** | **Academic Activity Undertaken\*** |
| **From** | **To** |
| 1 | 23rd November,2020 | 24th December2020 | * UNIT-I Classical Conditioning : Basic phenomena, Temporal relations, the Rescorla-Wagner model, Opponent Process theories and Classical conditioning. Operant Conditioning : Basic phenomena, Reinforcement Schedules and their Experimental Analysis.
 | Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point PresentationClarification of doubts, if any. |
| 2 | 1st Jan, 2021 | 31st Jan,2020 | * UNIT-II Avoidance and Punishment : Two-factor theory and one-factor theory, Learned helplessness, punishment. Problems of Reinforcement : A Re-evaluation of the Stop-Action Principle, the Role of the Reinforcer, Prediction of a Reinforcer.
 | Classroom Discussion, Power point Presentation,Clarification of doubts, if any. |
| 3 | 1st Feb,2021 | 15th Feb,2020 | * UNIT-III Biological Constraints on Learning : Attacks on the contiguity principle, Attacks on the equipotentiality premise, Heredity in Operant Conditioning , the General-Principle approach to learning.
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |
| 5 | 16th Feb,2020 | 28th Feb,2020/ Till Exams | * UNIT-IV Stimulus Control and Concept Learning : Generalization gradients, Absolute or Relational Stimulus Control, Errorless Discrimination Learning, Concept Formation.
 | Classroom Discussion, Review and revision exercises,Clarification of doubts, if any. |

Monthly Teaching Plans

**Session 2020-2021**

**Department of Psychology**

**(Second Semester)**

**Name of the Teachers:** Dr. Anubhuti Sharma

Class: MA-I Subject: **Cognitive Psychology**

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| **S. No.** | **Date****(Monthly)** | **Topics to be Covered** | **Academic Activity Undertaken\*** |
| **From** | **To** |
|  | 1st April 2021 | 30th April 2021 | UNIT-I Pattern Recognition : Theories of pattern recognition, Top-down processing and Pattern recognition. | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |
|  | 1st May 2021 | 30th May 2021 | UNIT-II Attention : Divided and Selective attention, Feature Integration Theory, Neural Basis of attention. | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |
|  | 1st June 2021 | 30th June 2021 | * UNIT-III Neural mechanisms of memory; Synapse and neural circuits, Formation and storage of memory, Role of long term Potentiation..
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any |
|  | 1st July 2021 | 31st July/ Till Exams | * UNIT-IV Imagery : The Characteristics of Mental Images, Cognitive maps. Review and revision of Syllabi for Semester Exams
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if anyReview and revision exercises |

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

**Session 2020-2021**

**Department of Psychology**

**(First Semester)**

**Name of the Teachers:** Dr. Neha Pandeya

Class: **MA I**  Subject: **Research Methodology (Paper-IV)**

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| **S. No.** | **Date****(Monthly)** | **Topics to be Covered** | **Academic Activity Undertaken\*** |
| **From** | **To** |
| 1 | 18th November 2020 | 30th November, 2020 | * Unit 1: Nature of Research in Psychology : Psychology as a science: Types of Variables; Review of literature; Research design (Definition and Types); Selection and formulation of research problem and hypotheses.
 | Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point PresentationClarification of doubts, if any. |
| 2 | 1st December 2020 | 31st December, 2020 | * Unit – 4 Non Parametric Techniques: Sign test, Wilcoxon Test; Mann Whitney U test; Kruskal Wallis and Friedman Tests.
 | Classroom Discussion, Power point Presentation,Clarification of doubts, if any. |
| 3 | 1st January, 2021 | 31st January, 2021 | * Unit – 2 Special Correlation Methods :Biserial correlation; Point Biserial; Tetrachoric and Phi-Coefficient correlation.
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |
| 4 | 1st February, 2021 | Till Exams | * Unit – 2: Research Techniques: Naturalistic Observation: Field studies; Survey Research : Features, uses and limitations of surveys, steps in survey research and survey instruments.
* Review and revision of Syllabi for Semester Exams
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

**Session 2020-2021**

**Department of Psychology**

**(Second Semester)**

**Name of the Teachers:** Dr. Neha Pandeya

Class: **MA I**  Subject: **Research Methodology (Paper-IV)**

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| **S. No.** | **Date****(Monthly)** | **Topics to be Covered** | **Academic Activity Undertaken\*** |
| **From** | **To** |
| 1 | 1st April, 2021 | 30th April, 2021 | * Unit – 1 Scales of Measurement : Nominal, Ordinal, Interval and Ratio; Experimental Method; Ethics of Psychological Research.
 | Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point PresentationClarification of doubts, if any. |
| 2 | 1st May, 2021 | 31st May, 2021 | * Unit – 2 Assessment Techniques : Case study, Interview method; Sociometry. Ex Post Facto Research Technique and its applications. Sampling theory and its techniques.
 | Classroom Discussion, Power point Presentation,Clarification of doubts, if any. |
| 3 | 1st June, 2021 | 30th June, 2021 | * Unit – 3 Advanced correlation methods; Multiple Correlation; Partial Correlation; Simple Regression Equation.
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |
| 4 | 1st July, 2021 | Till Exams | * Unit – 4 Factor Analysis : Basic Assumptions; History and applications of Factor Analysis; Centroid method of factor Extraction; Rotation; Interpretation of factors.
 | Classroom Discussion, Power Point Presentations,Clarification of doubts, if any. |