

Mehr Chand Mahajan DAV College for Women

Sector-36A, Chandigarh (U.T.)

www.mcmdavcwchd.edu.in



Weekly report of
Green Good Deeds
(29 April to 06 May, 2021)
Organized by MCM Eco-Club
To celebrate

‘BHARAT KA AMRUT MAHOTSAV’

The 75th Anniversary of India's Independence

Dr. Neetu & Dr. Sarabjeet Kaur
Coordinators

Dr. Nisha Bhargava
Convener & Principal

1. CLEANING OF HOUSE DAILY FOR BETTER HYGIENE

Activity coordinator: Dr. Divya Sharma

Date: 30.04.2021

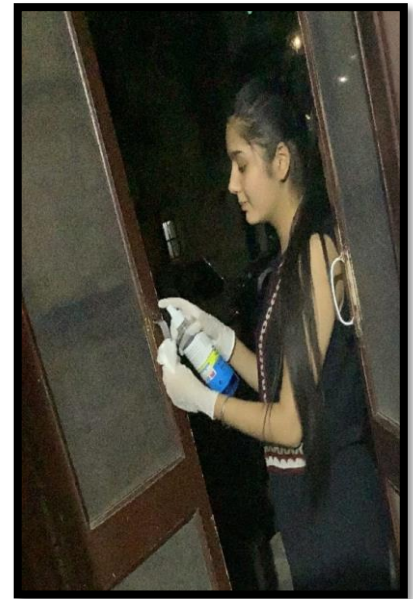
No. of participants: 50

Objective: To promote the practice of hygiene by daily cleaning of houses

Context: In today's scenario when diseases like COVID-19 are spreading, there is a dire need of including some cleanliness practices in our daily routine for better hygiene. Hygienic conditions at homes help us to stay infection free and bring freshness of thoughts and liveliness.

Practice: Students of B.Sc. I Medical were encouraged to clean and sanitize various areas in their houses like entry gates, door bells, door knobs, common railings, shelves, window panes etc. as a preventive measure for infectious diseases.

Evidence of success: This activity motivated the students to follow the cleanliness practices. They enthusiastically participated and promised to keep their respective places clean on daily basis.





2. ONLINE WORKSHOP ON ECO-FRIENDLY GIFT PACKAGING AND WRAPPING

Activity coordinator: Dr. Shafila

Date: 04.05.2021

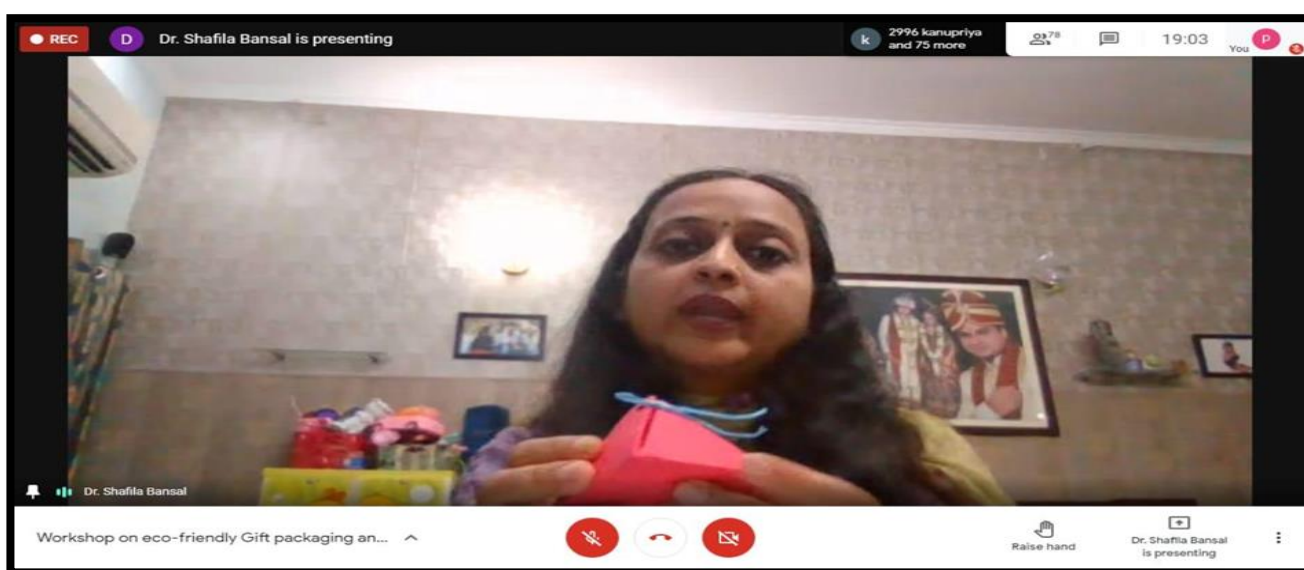
No. of participants: 78

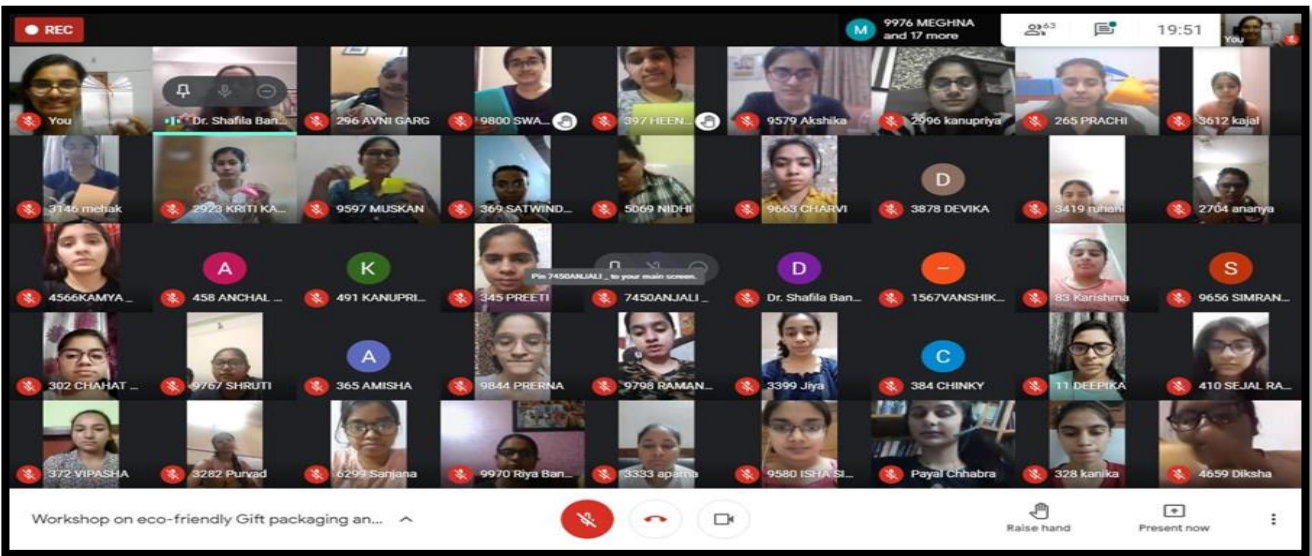
Objective: To promote usage of environment friendly material for gift wrapping and packaging to reduce plastic pollution

Context: The most obvious form of pollution associated with plastic packaging is wasted plastic sent to landfills. Plastics are very stable and therefore stay in the environment for a long period after they are discarded. Plastics put a big chemical burden on the environment. Plastic pollution ends up covering the water surface leading to the impermeability of air to the aquatic biomasses. Every year millions of marine animals die because of plastic pollution. Therefore, promotion of eco-friendly alternatives of plastic wrappings and packaging is imperative.

Practice: Keeping in view the environmental impacts of plastic boxes for gift packaging and plastic wrappings, Department of Environment Science of the college in collaboration with MCM Eco-club organized an online workshop on eco-friendly gift packaging and wrapping ideas. Over 78 students from various streams of the college participated enthusiastically. During the workshop, Dr. Shafila demonstrated numerous attractive eco-friendly ideas on gift packaging. She promoted the use of handmade papers, recycled papers, newspapers as a substitute for non-biodegradable plastic wrappings. Participants learnt various ways of making paper boxes and paper bags as an alternate of plastic boxes for gifts packaging.

Evidence of Success: Students enrolled for the workshop and actively participated in learning the eco-friendly ways of gift wrapping and packaging. Participants showed their creativity and shared the pictures of their handmade products.





3. WEBINAR ON ENVIRONMENTAL IMPACTS OF PLASTIC CUTLERY AND ITS ECOFRIENDLY ALTERNATIVES

Activity coordinator: Dr. Shafila

Date: 06.05.2021

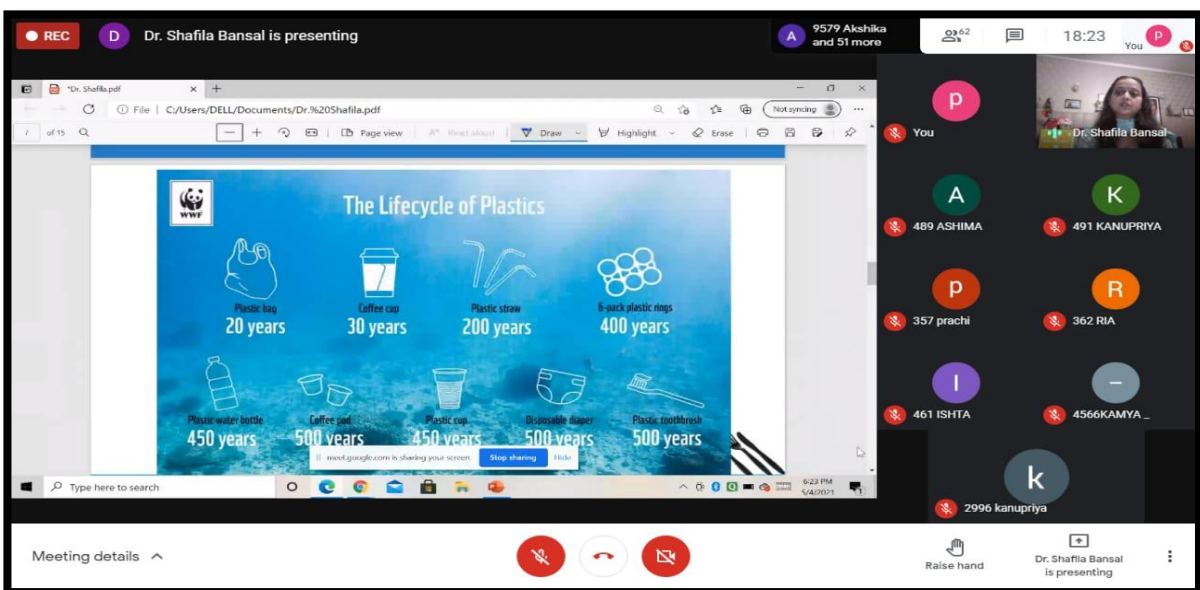
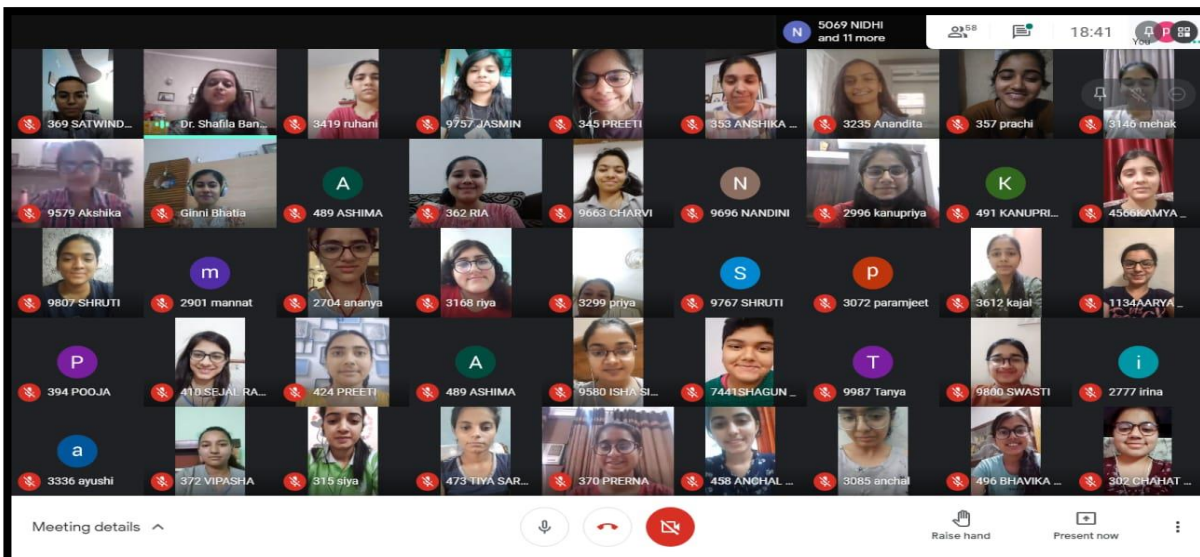
No. of participants: 62

Objectives: To promote usage of environment friendly cutlery during parties and weddings as an alternative to plastic cutlery

Context: Plastic cutlery is everywhere, and most of it can be used only once so comes under single use plastic. Plastic cutlery items can't be recycled easily, even when made from good quality recyclable plastic. Like other plastic items such as bags and bottles, cutlery can take centuries to break down naturally, giving the plastic waste ample time to work its way into the environment. Moreover, some of these small plastic cutleries such as spoons and forks can be ingested accidentally by marine life leading to their death. Every year millions of marine animals die because of plastic cutlery pollution. Therefore, the promotion of eco-friendly alternatives of plastic cutlery is imperative.

Practice: Keeping in view the environmental impacts of plastic cutlery used in parties and weddings, Department of Environment Science of the college in collaboration with MCM Eco-Club organized a webinar on 'Environmental Impacts of Plastic Cutlery and its Ecofriendly Alternatives'. Over 62 students from various streams of the college participated enthusiastically. During webinar, Dr. Shafila highlighted properties of plastic, its types, role and usage of plastic in our daily life, life cycles of various plastic items and impacts on environment with special emphasis on marine environment. The resource person discussed numerous reasons to refuse single use plastic and various ways to reduce plastic in our work place. Dr. Shafila made students aware about the availability of more eco-friendly and biodegradable cutlery options available in the market. The materials such as wood, rice husk, wheat husk, starch of vegetables and coconut wood etc. are better substitutes for plastic in designing cutlery.

Evidence of Success: Students attended the webinar and actively participated in the discussion on the topic. Participants shared their views and alternate methods to reduce the use of plastic cutlery in daily life. They learnt about the new ecofriendly options available in the market.



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