



# Mehr Chand Mahajan DAV College for Women

Sector 36-A, Chandigarh (U.T.)

## ACTIVITIES REPORT

July 2020 to September 2020

Vedic Programs  
Workshops  
Webinars  
Awareness Programs  
Extension Lectures  
Cultural Programs  
Social Outreach Activities  
Achievements  
and many more.. .

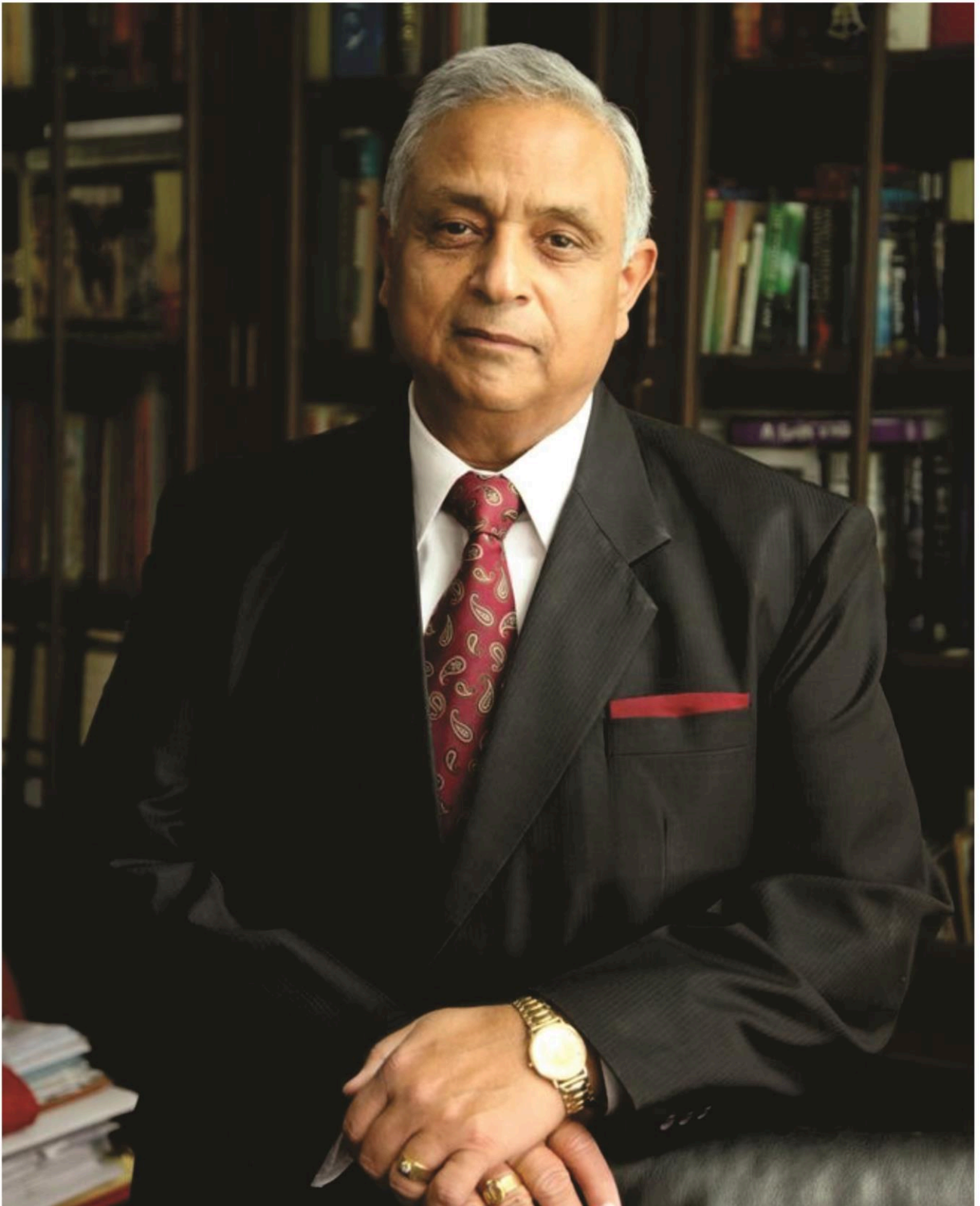
[www.memdavcw-chd.edu](http://www.memdavcw-chd.edu)  
[principal\\_mcmdavcollege@yahoo.com](mailto:principal_mcmdavcollege@yahoo.com)

# Our Beacon of Light



MAHARISHI SWAMI DAYANAND SARASWATI

## *Our Guide and Mentor*



*Dr. Punam Suri Ji, Padma Shree Awardee*

*Hon'ble President*

*DAV College Managing Committee*

*New Delhi*



## From the Principal's Desk

As a premier educational institute, MCM strives to provide all the facilities and create an environment for our students, which is equipped with the multifarious modern aids and technology so as to give wings to their dreams and help them grow professionally as well as personally. Looking at the current dynamics of educational scenario and the radical changes it is undergoing, students can no longer keep themselves confined to age old conventional methods and are pressed to learn new skills and methods so as to enhance their academic credentials. It is imperative that they master the required skills of their chosen fields as they will be gauged not only by their grades but by the practical application of their knowledge in future. Aware of these requirements, we are committed to hone the talent of our students by providing them quality education by using the right mix of technology with the traditional and modern learning techniques. Therefore, keeping holistic development of students as the foremost motto, a plethora of extra-curricular activities are appended with the main curriculum. My deepest gratitude to Dr. Punam Suri Ji, Padma Shree Awardee, worthy President, DAV College Managing Committee (DAV CMC), New Delhi for his visionary leadership and for encouraging us with his words at all times and especially when we stood face to face with the deadliest outbreak of coronavirus. I express my thanks to Shri H.R. Gandhar Ji, Hon'ble Vice President DAV CMC, New Delhi for his valuable guidance at all times. I also express my gratitude to Shri Shiv Raman Gaur Ji, Director Higher Education, DAV CMC, New Delhi for his most willing guidance and blessings that we receive in ample measures. It gives me immense pleasure to present, through this report, a panoramic view of our journey in the first quarter of the current academic session i.e. 2020-21.

**Dr. Nisha Bhargava**  
[ Principal ]

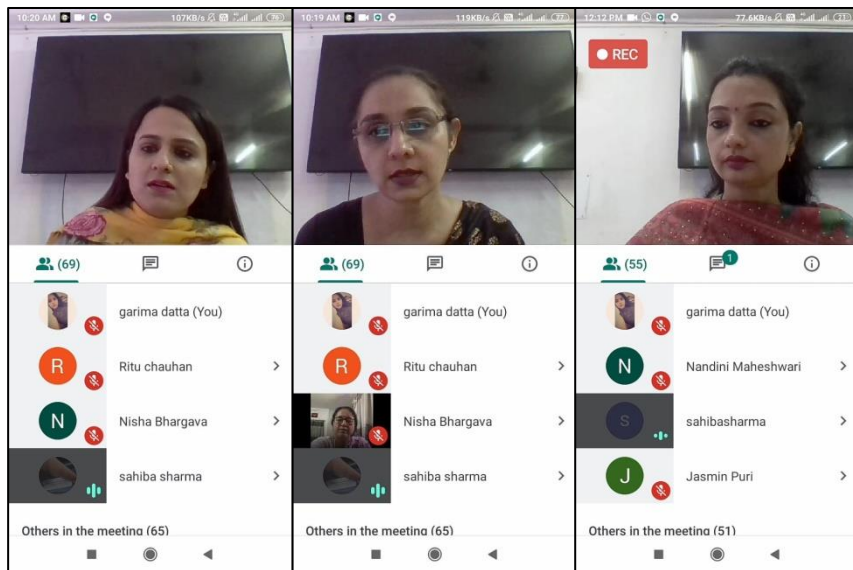
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## Bridge Course on Income Tax begins at MCM

A 2-weeks Online Bridge Course on 'Basics of Income Tax Laws' began at Mehr Chand Mahajan DAV College for Women here today. Organised under the aegis of the Post Graduate Department of Commerce of the



college, the course has been designed with the objective of creating basic understanding of income tax laws. The course was inaugurated by the college Principal Dr. Nisha Bhargava, who lauded this endeavour of the department and emphasized the importance of this course as a foundation for creating a strong base for the subject. Dr. Bhargava also asserted that the field of income tax offers lucrative career opportunities. Ms. Raman Ghuman, the Head of the PG Department of Commerce emphasized on how income tax plays a significant role in nation building and thus, as responsible citizens, it becomes essential for everyone to have a thorough understanding of the nuances of the income tax laws. On the inaugural day, the resource persons for the course Ms. Sahiba Sharma and Ms. Ritu Rani, Assistant Professors at the college, explained the basic terminology of income tax laws including history of income tax, concept of income, basic clubbing provisions and current tax slabs. At the end of the first session, the queries of the participants were taken up by the speakers of the day as well as addressed by CA Shubham Pandey and CA Navneet Sharma.



## National Workshop on Science in Action at MCM



A 3-day online National Workshop on 'Science in Action Series I' organized under the aegis of Dept of Food Science of the college in collaboration with Department of Biochemistry, Panjab University. The workshop is being held in association with the

Department of Biotechnology, Government of India, IISER, Pune, NCCS and Persistent Systems. The workshop is being organised with the vision to enhance the competence of participants in terms of reading and interpreting scientific literature and to introduce them to MANAV- The Human Atlas Initiative. Dr. Anupama Harshal, Consultant, Science Communication and Public Engagement (for MANAV Project), IISER, Pune was the resource person for this highly informative workshop that witnessed registration of 627 participants from across India. Speaking on this occasion, Prof. Archana Bhatnagar, Chairperson, Department of Biochemistry, Panjab University asserted that this collaborative endeavour envisions to contribute to the cause of developing scientific temperament among students. In her engrossing discourse, Dr. Anupama Harshal shed light on important aspects of scientific research including how to read scientific literature, research methodology and use of annotation for MANAV. She further educated the participants about project MANAV which is an initiative of Department of Biotechnology, Government of India wherein all the available scientific information related to human beings is being collected at one place. Principal Dr. Nisha Bhargava lauded this unique initiative to contribute towards scientific awareness. She said that this is an exemplary endeavour to reawaken ancient Indian wisdom as mentioned in our comprehensive ancient text on Indian medicine Charaka Samhita and literature like Atharva Veda.

## Workshop on Empirical Financial Econometrics at MCM



Mehr Chand Mahajan DAV College for Women, Sector 36 A, Chandigarh

**Organizes**  
**Seven Days Online Workshop on**  
**EMPIRICAL FINANCIAL ECONOMETRICS USING E-VIEWS**

**Duration:** 13 July 2020- 19 July 2020  
**Time:** 3.30 p.m. to 5.30 p.m.

Registration Link: <https://forms.gle/giqeUhdZgPWbtAKx8>

*Resource Person:*  
**Mr. Narain**  
*Faculty of Management Studies,*  
*University of Delhi*

**Program Content:**

- Introduction to Regression Analysis using E-views
- Quality of Regression estimates
- Assumptions of Regression Analysis
- Introduction to Time Series Analysis and Stochastic Processes
- Stationarity
- Cointegration Analysis
- ARIMA Modelling
- VAR Modelling
- Causality Analysis
- Event Study: Issues and Challenges

Process of Registration:  
Fee: Rs. 1000/participant  
Last Date of Registration: 8 July, 2020  
Mode of Payment (Online)  
Account Name: Principal, MCM DAV College for Women  
Bank Name: State Bank of India  
Account Number: 30772717538  
IFSC: SBIN0010609

Convener: Dr. Nisha Bhargava (Principal)      Workshop Coordinators: Dr. Arshdeep (Dept. of Commerce) 9878405357  
Dr. Kiran Jindal (Dept. of Commerce) 9780874899

A 9-day online workshop titled 'Empirical Financial Econometrics using E-views' began at Mehr Chand Mahajan DAV College for Women here today. Organised under the aegis of the college's Internal Quality Assurance Cell and Postgraduate Department of Commerce,

the workshop witnessed enthusiastic participation of over 130 participants including students, researchers and academicians from various universities and institutions across India, Sri Lanka and Saudi Arab. Prof. Suresh Chadha and Prof. Suveera Gill, both from UBS, Panjab University also graced the inaugural session. Mr. Narain, Faculty of Management Studies, University of Delhi is the resource person for the entire duration of the workshop. Inaugurating the workshop, college Principal Dr. Nisha Bhargava highlighted the importance of financial econometrics by pointing out the fact that the abundance of data available now-a-days makes it imperative to have an understanding and hands-on experience of data analysis softwares for better business and policy decision making. Besides providing hands-on experience of e-views to the participants, the workshop will include intensive sessions on regression analysis, regression estimates, time series analysis, Stochastic Processes, Stationarity, Cointegration analysis, ARIMA Modelling, VAR Modelling, Causality Analysis and ARCH/GARCH along with event study methodology.

## Workshop on fashion designing at MCM



Mehr Chand Mahajan DAV College For Women  
Sector 36-A, Chandigarh

is organising  
**Elegant Attire**  
7 days online Workshop on the basics of Fashion Designing  
(Under the aegis of Skill Development Committee)



**Groom with:**  
**Ms. Heena Sharma,**  
Founder of Heenastylestudio;  
CRIO (Sustainable clothing brand);  
Honoured by Indian High Commission, UK,  
Winner of Vogue Honour

**Planner:**

29th June	Introduction to Basics of Fashion Design
1st July	Personal Styling
3rd July	Runway Styling
6th July	Inspiration to Collection
8th July	Compiling Portfolio and Social Media Presence
10th July	Sustainable Fashion
11th July	Career in Fashion Industry

Timings: 4:00 pm to 5:00 pm  
Register at: <https://forms.gle/4K7w8PNsWr2eGPwk7>  
Link to the session will be sent to registered participants

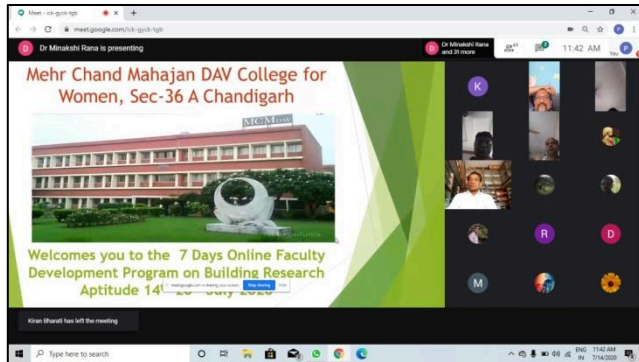
**Chief Coordinator:**  
Dr. Gurvinder Kaur  
**Coordinator:**  
Dr. Minakshi Rana  
(8699771744; 9417993859)

**Convener:**  
Dr. Nisha Bhargava  
**Principal**

Elegant Attire, a 7-day online workshop on the basics of fashion designing culminated at Mehr Chand Mahajan DAV College for Women. Organised under the aegis of Skill Development Committee of the college, the objective of the workshop was to aware students about career opportunities in the fashion industry and also to enhance their sense of personal styling. Ms. Heena Sharma, Founder, CRIO and Heena Style Studio was the resource person for the entire duration of the workshop. 70 students partook in the workshop and benefitted from the expertise of

Ms. Heena, who educated the participants about the basics concepts in fashion designing. Enlightening the participants about the plethora of opportunities in the area of fashion designing, Ms. Heena shared that besides being a fashion designer, various other avenues like art director, technical assistant, marketing head, product development and merchandise planner can be explored and pursued in this field. The expert also shed light on the aspects of personal styling, presence on social media and how to pursue career in fashion industry. A highlight of the workshop was the introduction of the concept of sustainable fashion, which is much needed in these times of environmental crisis, wherein the participants learnt about how the use, type and style of fabric can be made sustainable. Lauding this initiative, Principal Dr. Nisha Bhargava asserted that fashion designing is a lucrative and gratifying field for students with a creative bent of mind. She added that the Skill Development Committee of the college is doing appreciable work in equipping students with skills that will stand them in good stead in the job market.

## MCM organises FDP on research for faculty of Maharashtra colleges

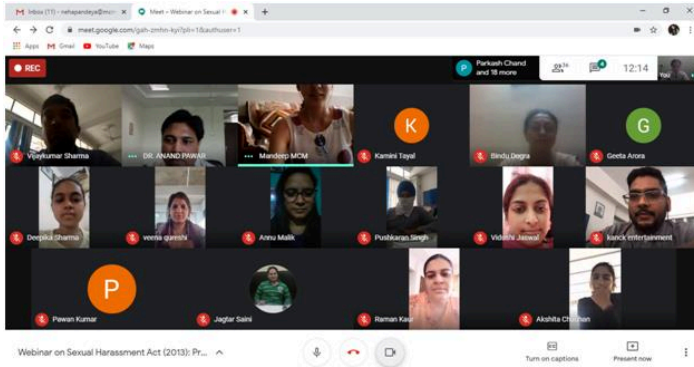


Mehr Chand Mahajan DAV College for Women, under the aegis of its Sustainable Practices Committee, began a 7-day online Faculty Development Programme (FDP) titled 'Building Research Aptitude'. A community outreach initiative of the

college, the FDP is being conducted for the faculty in higher educational institutions of Vidarbha Region of Maharashtra. An overwhelming number, i.e. 250, of academicians including Principals and Senior Professors registered for the programme. Dr. Gurvinder Kaur, Associate Professor of Public Administration at MCM, Dr. Minakshi Rana, Assistant Professor of Sociology at MCM and Dr. Neeraj, Deputy Librarian, Central Library, Panjab University are the resource persons for the FDP. The week-long intensive programme is designed to provide orientation to the participants on basics of research, developing a research proposal, tools of data collection and analysis of findings, submission of research papers to SCOPUS and CARE listed journals, plagiarism check and relevance of applied research.

Principal Dr. Nisha Bhargava asserted that this endeavour of the Sustainable Practices Committee holds immense significance in the light of contribution of research towards betterment of the society by guiding sound policy formulation. She added that keeping in mind the importance of research, the college not only promotes research by its faculty but also motivates and guides students to undertake research and contribute positively towards social welfare.


## MCM holds webinar on sexual harassment at workplace




The Internal Complaints Committee (ICC) of Mehr Chand Mahajan DAV College for Women organised a webinar titled 'Sexual Harassment at Workplace (Act 2013): Prevention, Prohibition and

Redressal'. Prof. Anand Pawar, Rajiv Gandhi National University of Law, Patiala was the resource person for the webinar that envisioned to enlighten the staff members about the various legal provisions governing sexual harassment at workplace. Over 50 staff members participated in the webinar and benefitted from the insights shared by Prof. Pawar. Beginning with a brief description of the Sexual Harassment at Workplace (Prevention, Prohibition and Redressal) Act 2013, Prof. Pawar elucidated the concepts of workplace and sexual harassment to clarify what all organisations come under the definition of workplace and what all behaviours constitute sexual harassment. Prof. Pawar also shed light on the definition of aggrieved persons under the Act and elaborated, with examples, on the common forms of inappropriate behaviour like quid pro quo and hostile work environment. He further apprised the attendees about the constitution and composition of ICC as required under the Act, and discussed the responsibility of employer in prevention and prohibition of sexual harassment. Principal Dr. Nisha Bhargava said that the webinar was organised with the aim of generating awareness and orientation on the issue of sexual harassment and how to prevent it. She added that the college is committed to making the workplace employee friendly and has an ICC in place for creating policies regarding prevention of sexual harassment incidents.

## Role models inspire students during 'Unsuni' by MCM

  
**Mehr Chand Mahajan DAV College for Women**  
Sector-36- A, Chandigarh  
organises

**अनसुनी: the Unheard Voices**  
(Under the aegis of Sustainable Practices Committee)  
Presenting screenplays from the stage of life where  
every human being has a story to tell.

  
Ms. Jahan Geet Singh  
(The Dhol Girl)

These are stories of faith, hope, love and life, that  
will inspire you.

**Date: July 13, 2020**  
**Time: 4.00 p.m.**  
**Google Meet Link: <https://meet.google.com/pzd-pyon-gbm>**

**(First come, first served)**

<b>Chief Co-ordinator</b> Dr. Gurvinder Kaur	<b>Convener</b> Dr. Nisha Bhargava Principal
<b>Co-ordinator</b> Ruchika Singh (9417993859, 9779948929)	

In a novel initiative aiming to provide a platform for interaction with individuals who have unique stories in terms of social inclusion, creativity and inspiration, the Sustainable Practices Committee of Mehr Chand Mahajan DAV College for Women organised 3 different sessions under the series 'Unsuni: The Unheard Voices'. As part of the series, three individuals who have broken the glass ceiling in their respective ways interacted with students. The first session was an interaction with Mx. Dhananjay Chauhan, a transgender activist and Mr. Ojaswwee Sharma, Filmmaker.

The session encapsulated Mx. Chauhan's struggle as a transgender, wherein the focus of the talk was to extend social sustainability aspect to gender, equality, justice and dignity. Mr. Ojaswwee Sharma apprised the students about the journey of shooting his documentary 'Admitted', through which he wanted to put forth the story of Mx. Dhananjay as a famous example of transgender education in a mainstream public university in North India highlighting the development of transgender rights, education and acceptance to the mainstream.

# ‘अनसुनी : उपेक्षित आवाजें’ से किया प्रेरित

ट्रांसजेंडर एक्टिविस्ट धनंजय चौहान व फिल्म निर्माता ओजस्वी शर्मा एमसीएम में छात्राओं से हुए रूबरू

संवाद न्यूज एजेंसी

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज फॉर वुमन में सामाजिक समावेश, रचनात्मकता और प्रेरणा के मामले में अनूठी कहानियाँ वाले व्यक्तियों के साथ बातचीत के उद्देश्य से 'अनसुनी: उपेक्षित आवाजें' की श्रृंखला के तहत तीन सत्रों का आयोजन किया गया। इस श्रृंखला में तीन व्यक्तियों जिन्होंने अपने तरीके से रूढ़िवाद सोच की जकड़ से मुक्त होकर मिसाल कायम की, छात्राओं से बातचीत की।

प्रिंसिपल डॉ. निशा भार्गव ने बताया कि इन सत्रों का आयोजन छात्रों को रूढ़िवाद सोच की जकड़ से मुक्त होने और जीवन में कठिनाइयों को दूर करने के लिए शक्ति और आशावाद के साथ प्रेरित करने की कल्पना से किया गया।

## पहला सत्र

## संघर्ष की कहानी को साझा किया

पहले सत्र में ट्रांसजेंडर एक्टिविस्ट धनंजय चौहान और फिल्म निर्माता ओजस्वी शर्मा छात्राओं से रूबरू हुए। एक ट्रांसजेंडर एक्टिविस्ट धनंजय चौहान ने लैंगिक समानता, शिक्षा, न्याय और गरिमा के लिए अपने संघर्ष की कहानी प्रतिभागियों से साझा की। ओजस्वी शर्मा ने छात्राओं को अपनी फिल्म 'एडमिट' की शूटिंग की यात्रा से अवगत कराया। इसके माध्यम से वह धनंजय की कहानी को लोगों के सामने लाना चाहते थे।

## दूसरा-तीसरा सत्र

## रूढ़िवादिता के खिलाफ उठाई आवाज

दूसरे सत्र में 90 वर्ष की आयु में अपनी उद्यमशीलता की यात्रा शुरू करने वाली हरभजन कौर ने प्रतिभागियों के साथ प्रेरणादायक कहानी साझा की। उन्होंने बताया कि औपचारिक शिक्षा से पिछड़ने के बाद उन्होंने कमाऊ बनकर अपने जीवन का कार्याकल्प करने का फैसला किया और इस तरह उन्होंने अपनी शानदार 'बेसन की बर्फी' और अन्य व्यंजनों के साथ उद्यमशीलता की यात्रा शुरू की। तीसरा सत्र ढोल गर्ल के नाम से जानी जाने वाली जहान गीत सिंह के साथ था। जब वह 12 वर्ष की थी तब उन्होंने रूढ़िवादिता के खिलाफ जाकर पहली बार ढोल बजाने का फैसला किया।

In the 2nd session, Ms. Harbhajan Kaur, who started her entrepreneurial journey at the age of 90, shared her inspirational story with the students. In a lively interaction, Ms. Kaur said that having missed on formal education, she decided to rejuvenate her life by becoming an earner and thus, began her journey of entrepreneurship with her scrumptious 'Besan ki Barfi' and other delicacies. The 3rd session was dedicated to interaction with Ms. Jahan Geet Singh, the dhol girl. Breaking stereotypes since she was 12, when she decided to play dhol for the first time, Ms. Singh uses beats of her dhol to stir up support for various social causes. All the three sessions proved immensely fulfilling for the students who felt inspired after listening to these motivating stories of courage, determination, zeal, optimism and never say die spirit. Expressing appreciation for this unique initiative of the Sustainable Practices Committee, Principal Dr. Nisha Bhargava informed that these sessions envisioned to inspire students to break the glass ceiling and to overcome the difficulties in life with strength and optimism. She added that the desire to learn and grow should never come to a stop.

Report of Activities: 1<sup>st</sup> Quarter (July 2020 to September 2020)

Mehr Chand Mahajan DAV College for Women, Chandigarh

# 10-day International Student Development Programme begins at MCM



**Post Graduate Department of Economics**  
**Mehr Chand Mahajan**  
**DAV College for Women, Chandigarh**  
*is organising a*  
**“Ten Days International Multi-Dimensional Student Development Programme”**



**Mehr Chand Mahajan DAV College for Women**  
Sector 36-A, Chandigarh  
Email: [organising3@gmail.com](mailto:organising3@gmail.com), Website: [www.mcmdavowchd.edu.in](http://www.mcmdavowchd.edu.in)

### GUESTS OF HONOUR

 <b>Professor Swaran Singh</b> Chairman, CIPOD School of International Studies JNU, New Delhi	 <b>Professor Harsh Gandhar</b> Economics Panjab University Chandigarh	 <b>Dr. Tejinderpal Singh</b> Associate Professor UBS, PU, Chd.	 <b>Dr. Assem Mehra</b> MBBS, MD, Psychiatry PGIMER, Chd.
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### RESOURCE PERSONS: PRIDE OF MCM

 <b>Mrs. Rama Kashyap</b> MA, MPhil-Economics Former Associate Professor MCM DAV College, Chd.	 <b>Dr. Tanvi Kiran</b> Asst. Professor Health Economics PGIMER, Chd.	 <b>Ms. Supriya Dhaka</b> A Savannah College of Arts & Design, Georgia, USA	 <b>Ms. Sarah Keshkar, Ph.D.</b> Director, Communications Kaiser Permanente, USA
 <b>Ms. Prerna Kapoor</b> Data Analytics & Artificial Intelligence, Minnesota, USA	 <b>Ms. Aastha Sharma</b> Young Professional, NIT, Aayog- Master's Degree-LSE.	 <b>Ms. Naina Chaudhary Lee</b> Operations Manager Tradition Senior Management USA	 <b>Ms. Garima Sharma</b> Editor, Right Now Magazine Academic Officer, Torrens University, Australia
 <b>Miss Mrudal</b> Independent Researcher & Speaker, Bengaluru	 <b>Ms. Prabhleen Bajpai</b> Founder-FinFix India	 <b>Ms. Annie Jain</b> Entrepreneur	 <b>Ms. Ankita Jain</b> Entrepreneur


A 10-day online International Multi-Dimensional Student Development Programme began at Mehr Chand Mahajan DAV College for Women under the aegis of its Postgraduate Department of Economics. The objective of the programme is to enhance the research capability of the students by providing them a deep understanding of the various concepts pertaining to research and also to amplify their abilities to access various online learning platforms. Over 110 students registered for the programme, one of the highlights of which is that all the resource



persons are distinguished alumni of the college. Prof. Harsh Gandhar, USOL, Panjab University, Chandigarh and Ms. Nimisha Kumar, Head, Acquisition Advisory, Finman Capital were the Guests of Honour for the inaugural session. Inaugurating the programme, Principal Dr. Nisha Bhargava lauded this initiative and expressed hope that a programme of this stature would be a value-addition to MCM's vision of providing holistic education. She added that even the pandemic could not deter MCM from pursuing this vision and education went on uninterrupted during this period.

Sharing her thoughts on 'Education, Skill Development and Youth Aspiration', Prof. Harsh Gandhar shed light on the importance of primary, secondary and higher education. Asserting that India has the advantage of demographic dividend, Prof. Gandhar impressed upon the importance of vocationalisation of education and skill development for enhancing employability of the youth. In her talk titled 'Getting Women into Leadership Roles: Challenges, Changing Trends and Role of Management', Ms. Nimisha Kumar discussed the prevalence of gender biases at the workplace and what measures can help in promoting diversity in organisations. Pointing to the fact that a lesser number of women make it to senior most positions in organisations, Ms. Kumar said that lack of senior support, poor mentorship, lack of support from family, etc. are few reasons that thwart the growth of a woman's career graph. During the second session of day 1, Dr. Tejinderpal Singh, Associate Professor, UBS, PU shared insights about Massive Open Online Course: How to start and Finish it Successfully. The 10-day intensive programme will equip students with valuable knowledge on a wide spectrum of topics including preparation for IES, career in communications, wealth creation via stock markets, data handling in SPSS, G Power Software, Behavioural Economics, Design Management and much more.

## Bridge course in English begins at MCM



**Mehr Chand Mahajan DAV College for Women**  
Sector-56-A, Chandigarh  
presents

**10-DAY ONLINE ADVANCED BRIDGE COURSE IN ENGLISH**  
on  
**"ADVANCED COURSE IN ENGLISH"**  
organized by  
**Post-Graduate Department of English**

**Modules:**

- Introduction and Orientation
- How to write a CV
- How to Write an Application
- Transformation of Sentences (2 sessions)
- How to handle an Interview
- Narration
- Introduction to Phonetics
- Active to Passive Voice
- Punctuation

•Mode of payment: Online  
•Last date of registration: July 25, 2020  
•Account name: Principal, MCM DAV College for Women, Chandigarh  
•Bank Name: State Bank of India  
•Account Number: 3077217538  
•IFSC Code: SBIN0010609

**Dates: July 26- August 04, 2020**  
**Timings: 12.00 noon to 01.00 pm**  
**Register at: <https://forms.gle/VZq2xG3tjP4zwSm49>**  
**Fee: 500/-**

**Please share the screenshot after payment**

**Co-ordinators**  
Dr. Aparna Sharma  
Ms. Ruchika Singh  
(9888747755, 9779948929)

**Convener**  
Dr. Nisha Bhargava  
Principal

A 7 day online bridge course titled 'Learn Basics of English' began at Mehr Chand Mahajan DAV College for Women. Organised under the aegis of the Department of English, the aim of the course is to cover the basics of English Language including basic grammar and tips for better speaking, listening and writing skills. Over 75 participants who registered themselves for the course included women from all walks of life; students, professionals, entrepreneurs, homemakers and many others who simply wanted to brush up their basic language skills. Dr. Aparna Sharma and Ms. Ruchika

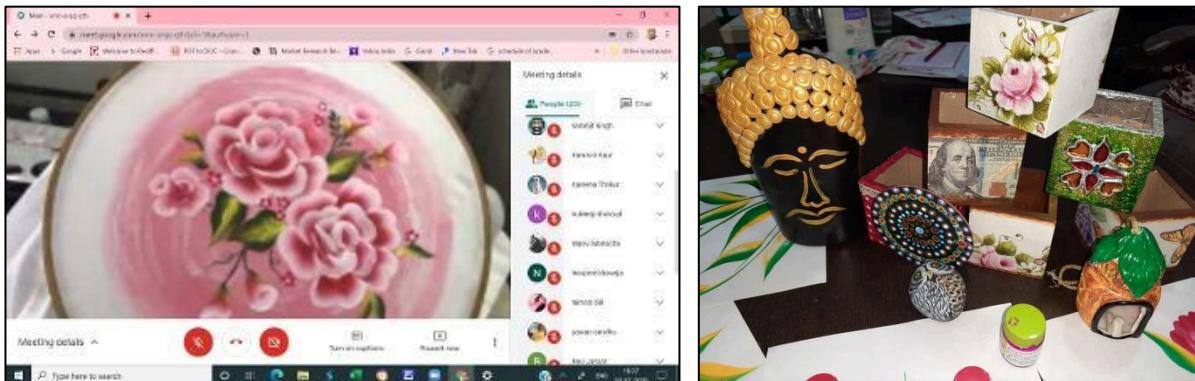
Singh, both Assistant Professors of English at MCM are the resource persons for the course. The 7 days of the course comprise intensive modules focusing on tenses, subject-verb agreement, speaking, writing and listening skills, and correct pronunciation. Practice exercises and practical sessions will also be a part of the modules, thereby helping in reinforcing the concepts learnt during the course. Principal Dr. Nisha Bhargava expressed appreciation for this endeavour of the English Department and stressed upon the importance of this course by pointing to the fact that in this era of social media, usage of internet slang has ruined linguistic skills. She added that this course gains even more significance in the light of the fact that good linguistic skills are of paramount importance in personal as well as professional life.

## FDP on e-content begins at MCM



In view of the pandemic necessitating a switch to online teaching, the Department of Computer Science and Applications (DCSA) began a 5-day online Faculty Development Programme on 'e-Content: Designing and Deployment Using G Suite' in order to facilitate the faculty members to transition smoothly to the online mode of teaching. The objective of the programme is to empower the faculty with skills in utilising online teaching tools for effectively designing, developing, managing and delivering online lectures in this unprecedented situation. The resource persons for the programme include DCSA faculty Ms. Vandana Syal, Ms. Deepti Sharda, Ms. Navdeep Kaur, Ms. Deeksha Gupta and Dr. Ritika Bansal. The 5-day programme will focus on familiarising the participants with the tools available in G Suite and making them adept in using Google Classroom, Google Form as an assessment tool, Google Meet, Google Calendar, creation of lecture videos and generation of e-certificates. Principal Dr. Nisha Bhargava stated that bearing in mind the challenges posed by the pandemic in the field of education, it is essential that the teaching fraternity adapts to the new normal of online teaching by equipping itself with skills in online teaching, and asserted that this FDP is a step in this direction.

## Workshops on painting and decorative items at MCM



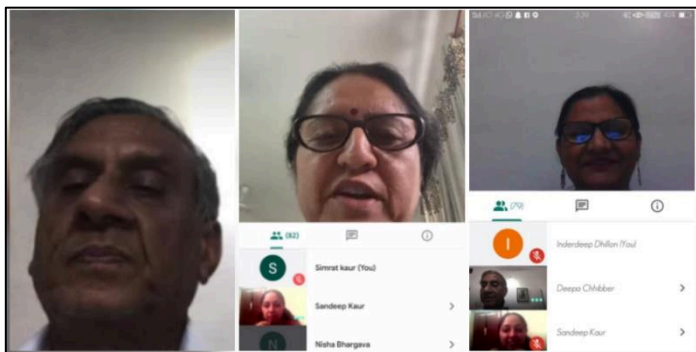
Mehr Chand Mahajan DAV College for Women organised two different online workshops on painting and decorative items. A 6-day painting workshop titled 'Kala Abhiviyakti- Manifesting Inner Artist' was organised by the Fine Arts Dept wherein the resource person Ms. Robina Singh taught the participants the nuances and techniques of painting on fabrics and bottles. From demonstrations on fabric paint with stencils on kurta piece, painting on pillows, painting floral patterns on saree and blouse, bottle painting to decoupage, the workshop had well-structured sessions wherein the resource person gave step by step instructions on creating beautiful pieces of art at home. The second workshop was a 2-day live workshop on Utility and Decorative Articles by the Dept of Home Science. Ms. Santosh from Fevicryl was the resource person for the workshop. The workshop comprised sessions on free hand strokes of fabric painting, Mandala Art, demonstration on preparing decorative items like decorative bottles, coasters, pen stands and garden hangings using waste material. Principal Dr. Nisha Bhargava lauded these initiatives and asserted that even the pandemic could not deter MCM from its path of providing holistic education. She added that many such skill enhancement workshops were organised by the college during the lockdown period with the aim of keeping the students constructively engaged as they utilised this time to upgrade their skill sets.

## MCM launches prospectus for session 2020-21



As the colleges affiliated to Panjab University, Chandigarh gear up for the upcoming admission process for the session 2020-21, Mehr Chand Mahajan DAV College for Women released its college and hostel prospectus, and uploaded them on its website here today. Principal Dr. Nisha Bhargava and the members of Prospectus Committee unveiled both the prospectuses. Speaking on this occasion, Dr. Bhargava asserted that guided by the DAV ideals, MCM is continuously working in the direction of providing holistic education for grooming women of substance, and even the unprecedented situation brought about due to the pandemic cannot deter MCM from its pursuit of excellence in education. She further added that upholding its tradition of excellence in quality education through an amalgamation of modern education and traditional values, MCM offers a multitude of courses to cater to the needs of different students. The aesthetically designed prospectuses convey the message of 'Vasudhaiva Kutumbakam' to reinforce the idea that MCM promotes social integration and harmony. The aspiring students can find all the relevant information in the prospectus pertaining to admission including glimpses of the laudable international and national achievements of the college, a lowdown on the multifarious courses offered by the premier institution, the fee structure of different courses, the admission process and important timelines.

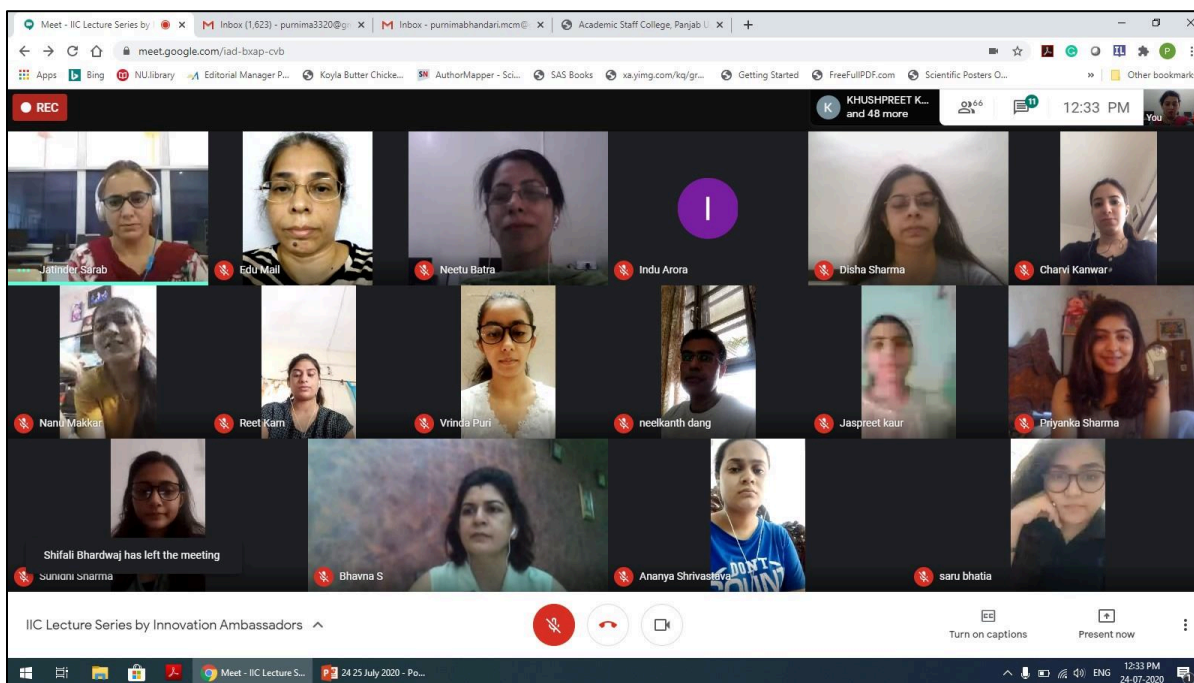
## MCM holds online bridge course on human immune system



With the primary objective of enhancing the knowledge of students about the amazing functions and working of the intricate human immune system, the Department of Food Science, organised a 6-day online bridge

course titled 'The Human Immune System Explained'. The course was specially designed to give conceptual clarity to undergraduate students of the basics and advances in the field of immunology, vaccinology and disease management. A total of 85 participants registered for the course with active participation from different parts of India. Prof. Sanjay Chhibber, Department of Microbiology, PU was the Guest of Honour for the inaugural session. The course was inaugurated by Principal Dr. Nisha Bhargava. In her address, Dr. Bhargava asserted that the current COVID-19 pandemic has brought the pertinent role of our immune system in disease management into the spotlight. She expressed hope that this course will enable the students to upgrade their scientific skills and knowledge in latest and advanced technologies/innovations in the field of immunology. In his enlightening discourse, Prof. Chhibber discussed the fundamentals of human immune system and the role of immunity in maintaining overall homeostatic and well being against various diseases. He also emphasized on the role of immunology as an upcoming and ever growing branch of science especially in today's scenario. During the course of the workshop, the participants were given complete insight into the subject through well-designed interactive lectures and presentations by resource persons including Prof. Vijay Prabha, Department of Microbiology, PU, Dr.Jyoti, Dr.H.S Institute of Dental Sciences and Hospital, PU, Dr.Vandana Sharma and Dr.Sandeep Kaur, Food Science Dept of MCM.

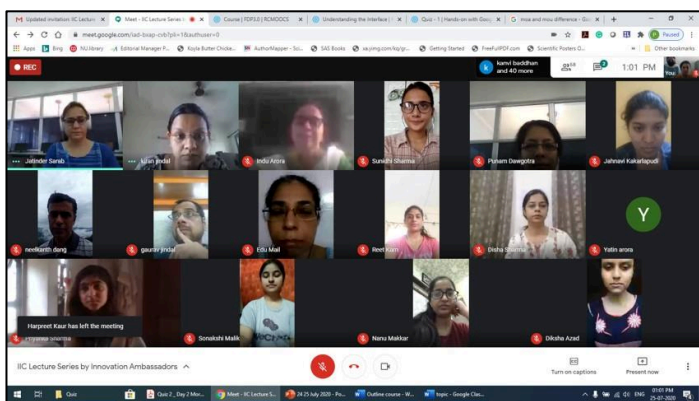
## Innovation ambassadors of MCM inspire youth to innovate



The Institution's Innovation Council (IIC) of Mehr Chand Mahajan College for Women organized a series of online lectures on Ideation, IPR, Start-up and Entrepreneurship by the brand ambassadors of IIC. The resource persons for the series were Dr. Indu Arora, Head, Department of Computer Science and Applications, MCM, Dr. Neetu, Department of Zoology, MCM, Ms. Disha Sharma, PG Department of Commerce, MCM and Dr. Purnima Bhandari, Department of Botany, MCM.

The first lecture in the series- Design Thinking and Innovation was delivered by Dr. Purnima Bhandari. Dr. Bhandari elaborated on the main stages of Design Thinking which include – Empathize, Define, Ideate, Prototype and Test. The second part of her session focused on the Double Diamond approach which further subsumes different stages - Discover, Define, Develop and Deliver. In the second lecture of the series- Pre-Incubation and Incubation Management, Dr. Neetu explained the role

and importance of pre-incubation and incubation processes as catalysts for innovative entrepreneurs. In a highly informative session, Dr. Neetu clearly explained key factors for selecting start-up ideas and the importance of access to funding through agencies like Angel Networks.



Dr. Indu Arora, during the third lecture under the series, emphasized on the importance of entrepreneurship by illustrating stories of eminent entrepreneurs like Dhirubhai Ambani, Karsanbhai Patel, Ramesh Babu, Patricia Narayan, Narayan Murthy

and Dr. Verghese Kurien. The session accentuated on being an entrepreneur as it leads to self reliance, the path of realising the dream of Atmanirbhar Bharat. Ms. Disha Sharma, dwelt upon Intellectual Property Rights in the fourth lecture of the event. The session started with understanding of the concept of Intellectual Property rights, its importance and different types of IPRs with the help of examples and case studies. The various types of IPRs were explained with real life instances like trademarks, patents, geographical indications, copyrights, industrial design and data protection. All the lectures received overwhelming response as the students and faculty found them very interesting and engrossing.

Expressing appreciation for this endeavour of IIC, Principal Dr. Nisha Bhargava highlighted the importance of igniting young minds to be the torchbearers of bringing about substantial change in the innovation and entrepreneurship landscape of our country. She added that the youth has immense potential and creativity that needs to be channelised through such enlightening programmes.



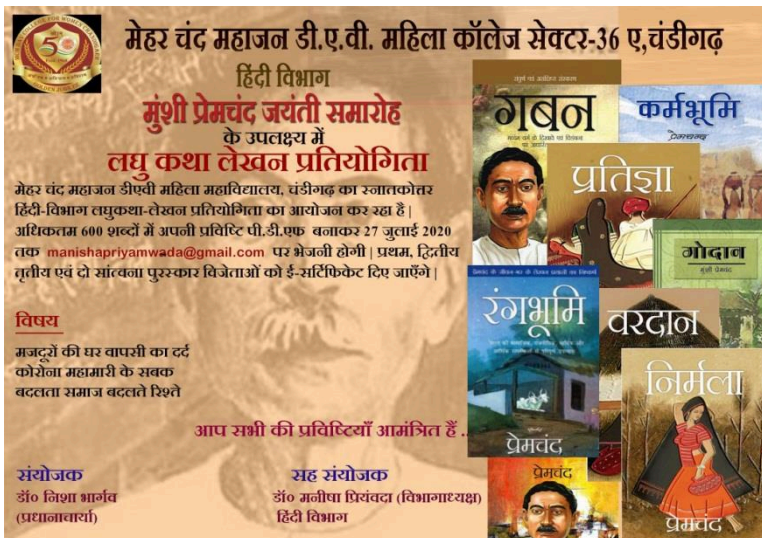
## Vanmahotasav celebrated at MCM



In a reaffirmation of its crusade to conserve nature and environment, Mehr Chand Mahajan DAV College for Women celebrated Van Mahotsava- the annual tree planting festival celebrated in the month of July. A tree plantation drive, led by Principal Dr. Nisha Bhargava, was organised by the Botany Department of the college to mark the occasion. The drive aimed to spread the message of the need to plant more trees for gifting the future generations a cleaner and greener environment. Speaking on the occasion, Dr. Nisha Bhargava asserted that global warming,

climate change, extinction of species, etc. are the result of indiscriminate exploitation of natural resources by the human beings and it is our responsibility to reverse the damage done so far. She added that even seemingly insignificant individuals acts like planting trees, following sustainable practices can contribute to making our planet cleaner and greener. As part of the drive, saplings and plants of medicinal importance including *Simarouba amara* Aubl., *Cinnamomum camphora* (L.) J.Presl, *Bacopa monnieri* (L.) Wettst., *Bauhinia variegata* L., *Delonix regia* (Hook.) Raf., and *Cassia fistula* L. were planted in different areas of the college including Rishi Vatika, Green House and Artificial Forest. The entire event was conducted following proper norms of social distancing and sanitization which are essential under the prevailing circumstances which have arisen as a result of COVID-19 pandemic.

## Short story writing competition marks Premchand anniversary at MCM



मेहर चंद महाजन डी.ए.वी. महिला कॉलेज सेक्टर-36 ए, चंडीगढ़  
हिंदी विभाग  
**मुंशी प्रेमचंद जयंती समारोह**  
के उपलक्ष्य में  
**लघु कथा लेखन प्रतियोगिता**

मेहर चंद महाजन डी.ए.वी. महिला महाविद्यालय, चंडीगढ़ का स्नातकोत्तर हिंदी-विभाग लघुकथा-लेखन प्रतियोगिता का आयोजन कर रहा है। अधिकतम 600 शब्दों में अपनी प्रविष्टि पी.डी.एफ. बनाकर 27 जुलाई 2020 तक [manishapriyamwada@gmail.com](mailto:manishapriyamwada@gmail.com) पर भेजनी होगी। प्रथम, द्वितीय तृतीय एवं दो सांत्वना पुरस्कार विजेताओं को ई-सर्टिफिकेट दिए जाएंगे।

**विषय**  
मजदूरों की घर वापसी का दर्द  
कोरोना महामारी के सबक  
बदलता समाज बदलते रिश्ते

आप सभी की प्रविष्टियाँ आमंत्रित हैं।

**संयोजक**  
डॉ० निशा भार्गव  
(प्रधानाचार्या)

**सह संयोजक**  
डॉ० मनीषा प्रियंवदा (विभागाध्यक्ष)  
हिंदी विभाग

Paying rich tributes to the legendary writer Munshi Premchand on his birth anniversary, Mehr Chand Mahajan DAV College for Women organised an Inter-College Online Short Story Writing Competition. Organised under the aegis of Postgraduate Department of

Hindi, the competition witnessed overwhelming response from students from across the country. The awe-inspiring entries submitted by the participants showcased their creativity and story writing skills as they weaved a rich magical tapestry of words to make interesting reads.

Principal Dr. Nisha Bhargava lauded this initiative and said that it is a befitting tribute to the great litterateur who built an exemplary tradition of story and novel writing while voicing vociferously the concerns of his period. She added that through his inspirational work, Munshi Premchand continues to guide the future generations of writers. The winners of the competition were:

**1st:** Mohan Kumar (Kashi Hindu Vishwavidyalaya)

**2nd:** Dr. Afsar Unnisa Begum (Govt. Degree College for Women, Begumpet, Hyderabad)

**3rd:** Amandeep (Mehr Chand Mahajan DAV College for Women)

## कवियों ने कविताओं से रक्षाबंधन का किया गुणगान



अखिल भारतीय साहित्य संघ की ओर से आज भाई-बहन के पावन पर्व रक्षाबंधन के संबंध में विशेष ऑनलाइन काव्य गोष्ठी का आयोजन किया गया। कार्यक्रम की अध्यक्षता प्रसिद्ध कवियत्री व प्राचार्या डॉक्टर निशा भार्गव एम सी एम डी ए वी कॉलेज ने की। कार्यक्रम में संघ के उपाध्यक्ष प्रेम विज जी ने सभी कवियों का स्वागत किया। सभी का धन्यवाद अध्यक्ष इंदर वर्षा ने किया। कार्यक्रम का संचालन महासचिव नीरू मित्तल ने किया। इंद्रवर्षा ने 'रक्षाबंधन' कविता में भाई को पितृतुल्य बताते हुए कहा 'घर की जिम्मेदारी भाई खूब निबाहता'। प्रेम

विज ने 'बंधन धागों का' पेश करते हुए राखी के रंग-बिरंगे धागों की महिमा का गुणगान ऐसे किया 'बांधने वाली की मर्यादा की रक्षा का दायित्व निभाना'। अशोक भंडारी ने अपनी गज़ल 'राखी चीन की लेना वतन के साथ गद्दारी' में चीनी सामान के बहिष्कार की बात की। विनोद शर्मा ने कविता 'भाई बहन का पवित्र रिश्ता स्नेह डोर से बंधा' में बहन को परिवार व रिश्तों को जोड़नेवाली कड़ी बताया। नीरू मित्तल ने अपनी कविता 'कागा रे तू जा कर छूना बीर मेरे की कलाई' में सीमा पर बैठे सिपाही की बहन की पीड़ा कौवे के माध्यम से व्यक्त की।

अध्यक्षा के रूप में बोलते हुए डॉ निशा भार्गव ने संघ के प्रयासों की प्रशंसा की। रक्षाबंधन पर डॉ निशा भार्गव की कविता 'घर के आंगन में रिश्तों के फूल खिलते हैं' ने सभी का मन मोह लिया।

## एमसीएम में संस्कृत दिवस का आयोजन



**मेहरचंद महाजन**  
डीएवी महिला महाविद्यालय  
सेक्टर 36 ए, चंडीगढ़

संस्कृत दिवस के उपलक्ष्य में  
ऑनलाइन अन्तः महाविद्यालय  
श्लोकोच्चारण एवं  
संस्कृत गीत गायन प्रतियोगिता

इच्छुक आवेदक उच्चारित श्लोकोच्चारण अथवा संस्कृत गीत गायन का अधिकतम 2 मिनट की अवधि का वीडियो बनाकर दिनांक 31 जुलाई 2020 तक निम्नलिखित ईमेल आई डी पर भेजें : sanskritmcm@gmail.com

अधिक जानकारी के लिए  
संपर्क करें : 9815086456

- परिणामों की घोषणा दिनांक 3 अगस्त 2020 को की जाएगी ।
- सभी प्रतिभागियों को ई सर्टिफिकेट प्रदान किये जायेंगे ।
- प्रथम, द्वितीय, तृतीय विजेता को क्रमशः 2000 रु, 1500 रु और 1000 रु की धनराशि से पुरस्कृत किया जाएगा ।

डॉ सीमा कंवर  
अध्यक्षा, संस्कृत विभाग

डॉ निशा भार्गव  
प्रधानाचार्या

संस्कृत दिवस के उपलक्ष्य में मेहर चंद महाजन डीएवी कॉलेज फॉर वूमेन के संस्कृत विभाग ने श्लोकोच्चारण एवं संस्कृत गीत गायन पर ऑनलाइन इंटर कॉलेज प्रतियोगिता का आयोजन किया। दुनिया की सबसे पुरातन भाषाओं में से एक संस्कृत भाषा के बारे में प्रतिभागियों को जागरूक करने के उद्देश्य से आयोजित इस प्रतियोगिता में पूरे क्षेत्र से प्रतिभागियों ने उत्साहपूर्वक भाग लिया। प्रतियोगिता में प्रतिभागियों को संस्कृत श्लोकों और गीत गायन के वीडियो की ऑनलाइन प्रविष्टियां भेजनी थी। सभी प्रतिभागियों को ई-प्रमाण पत्र दिये गए एवं पुरस्कार विजेताओं को नकद पुरस्कार से नवाजा गया। प्रतियोगिता में

मेहर चंद महाजन डीएवी कॉलेज फॉर वुमेन की कौमुदी को प्रथम पुरस्कार से नवाजा गया जबकि डीएवी सेंटनरी कॉलेज फरीदाबाद की निशा रानी एवं मेहर चंद महाजन डीएवी कॉलेज फॉर वुमेन की रिया पुंडीर को क्रमशः दूसरा और तीसरा पुरस्कार दिया गया।

संस्कृत विभाग के इस प्रयास की सराहना करते हुए प्रिंसिपल डॉ निशा भार्गव ने कहा कि संस्कृत एक खूबसूरत भाषा है जिसने हमारे ज्ञान को कई वर्षों तक समृद्ध कर ज्ञान का भंडार बना दिया है। उन्होंने प्रतिभागियों को संस्कृत को लोकप्रिय बनाने की दिशा में काम करने का आग्रह किया ताकि हमें विरासत में मिला हुआ ज्ञान भविष्य की पीढ़ियों द्वारा समान रूप से पोषित हो।


## MCM launches Green Edition of annual magazine Mehr Jyoti



Mehr Chand Mahajan DAV College for Women released the 2019-20 edition of its annual magazine- Mehr Jyoti here today. In the background of the current pandemic

situation and recognizing its responsibility as an educational institution to promote the cause of and educate people about environmental conservation, the current issue is dedicated to the cause and named 'The Green Edition'. This historical issue was released by Principal Dr. Nisha Bhargava and the members of the magazine's Editorial Board. Speaking on this occasion, Dr. Bhargava asserted that the college is making rapid strides in diverse fields and has also undertaken various initiatives focusing on environmental conservation and sustainable practices. She added that these endeavours have earned recognition for MCM in the form of awards including Cleanest College (Residential Category) in the Country during Swachh Campus Ranking 2018 by MHRD, Government of India, 3rd Rank in India under Best Citizen Led Initiative 2019 by MoHUA, Government of India, Best Management of Wet Waste 2019 by Chandigarh Administration and many more. Leading by example, Dr. Bhargava has also been felicitated with Fieldman Green Award for her relentless efforts dedicated to the cause of environmental conservation. Bearing the hallmark of excellence nurtured at MCM, the magazine provides glimpses of the green initiatives of MCM alongwith snapshots of the illustrious academic and co-curricular achievements, and global outreach programmes of the year.

## MCM holds 10-day online course on Sociology Fundamentals



**MEHR CHAND MAHAJAN  
DAV COLLEGE FOR WOMEN**

Sector-36 A, Chandigarh

presents

**TEN DAYS ONLINE  
ORIENTATION COURSE**

on

**“SOCIOLOGY AND ITS  
FUNDAMENTALS”**

Under the aegis of  
Post Graduate Department of Sociology

Duration: 23<sup>rd</sup> July to 1<sup>st</sup> August 2020  
Timings: 02:30 PM – 04:00PM

Ms. Pallavi Kapila  
Dr. Minakshi Rana  
Co-ordinators

Mrs. Kamini Tayal  
Co-convenor and HOD

Dr. Nisha Bhargava  
Convenor & Principal

The Postgraduate Department of Sociology, Mehr Chand Mahajan DAV College for Women organised a comprehensive 10-day online course on 'Sociology and its Fundamentals'. The specially designed course that aimed to enable participants to reflect upon sociology and its intricate concepts, covered the basics of Sociology and explored diverse topics including class, social inequality, globalisation and media. The participants were introduced to significant theories proposed by social scientists with special emphasis on the need to comprehend the sociological theories while living in the present extraordinary times of COVID-19. The resource persons for the course were Dr. Minakshi Rana, Ms. Pallavi Kapila and Miss Shabnam. A large number of participants from across the country benefited from the course.

Principal Dr. Nisha Bhargava expressed appreciation for this initiative of the Sociology Department to help students gain an understanding of the development, structure and functioning of human society. She added that from the time the pandemic caused disruption in the academic activities, MCM has come up with various such courses to keep learners engaged.

## MCM holds online advanced course in English



  
**Mehr Chand Mahajan DAV College for Women**  
Sector-36- A, Chandigarh  
presents  
**10-DAY ONLINE ADVANCED BRIDGE COURSE IN ENGLISH**  
on  
**"ADVANCED COURSE IN ENGLISH"**  
organized by  
**Post-Graduate Department of English**

**Modules:**

- Introduction and Orientation
- How to write a CV
- How to Write an Application
- Transformation of Sentences (2 sessions)
- How to handle an Interview
- Narration
- Introduction to Phonetics
- Active to Passive Voice
- Punctuation

•Mode of payment: Online  
•Last date of registration: July 25, 2020  
•Account name: Principal, MCM DAV College for Women, Chandigarh  
•Bank Name: State Bank of India  
•Account Number: 30772717538  
•IFSC Code: SBIN0010609

**Dates: July 26-August 04, 2020**  
**Timings: 12.00 noon to 01.00 pm**  
**Register at: <https://forms.gle/VZq2xG3tjP4zwSm49>**  
**Fee: 500/-**

**Please share the screenshot after payment**

**Co-ordinators**  
Dr. Aparna Sharma  
Ms. Ruchika Singh  
(9888747755, 9779948929)

**Convener**  
Dr. Nisha Bhargava  
Principal

The Postgraduate Department of English of Mehr Chand Mahajan DAV College for Women organised a 10-day online bridge course titled 'Advanced Course in English' as a sequel to its successful 'Basic Course in English' organised last month. Over 60 participants of the advanced course included students and women who wanted to upgrade their language skills and prepare themselves to enter the professional world. The comprehensive advanced course covered topics like rules for transformation of sentences, narration, writing formal applications, writing resume,

facing interviews, phonetics and other related skills. The course was well-received by the participants who found the programme highly beneficial.

Principal Dr. Nisha Bhargava expressed appreciation for this initiative of the English Department. She asserted that linguistic skills form a crucial aspect of a successful career and thus, this course will be of immense value for the participants.

## MCM organises bridge course in Research for Beginners



**Mehr Chand Mahajan DAV College for Women**  
Sector 36-A, Chandigarh  
is organizing

**BRIDGE COURSE FOR BEGINNERS IN RESEARCH**  
(Under the aegis of PG Department of Sociology)

E-certificate will be given on the basis of active participation and on completion of assigned task.

**Date: August 4<sup>th</sup> – 18<sup>th</sup>, 2020**  
**Timings: 4:00 pm – 5:00 pm**  
**Venue: Google Meet**



**Register at: <https://forms.gle/zgNFvmH9u4kig4NMA> by August 1<sup>st</sup>, 2020**

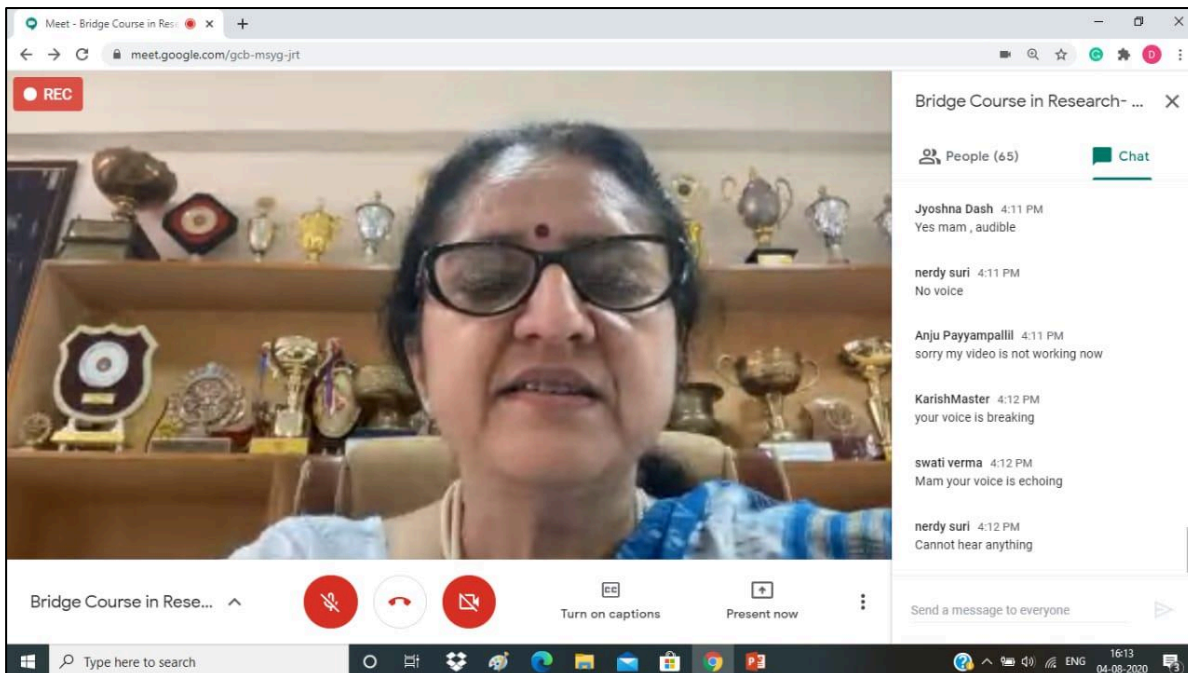
\*Link to the sessions will be sent to the registered participants only. \* For course details kindly refer to the schedule attached.

This course is open for all the Faculty members, Research Scholars and Students of all streams.

<b>Coordinators:</b> Dr. Minakshi Rana (8699771744) Ms. Pallavi Kapila (9646653504) Ms. Shabnam (9501824809)	<b>Co- Convener &amp; HOD</b> Ms. Kamini Tayal	<b>Convener</b> Dr. Nisha Bhargava Principal
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A 2-week online Bridge Course in Research for Beginners began at Mehr Chand Mahajan DAV College for Women under the aegis of its Postgraduate Department of Sociology. With the objective of enabling students to imbibe reflective thinking in life, the course has a multidisciplinary approach and content, and endeavours to develop understanding of basic concepts of research including writing research proposal, data collection tools, statistical analysis of findings and use of information technology to facilitate research. On the inaugural day, Mr. Sachin Rana, Director, Technical Education and Chandigarh Skill Development Mission addressed the participants through a video message and expressed appreciation for the college's efforts to provide holistic education.





Delivering the keynote address, Principal Dr. Nisha Bhargava praised the efforts of the PG Department of Sociology for organising such a meaningful course seeking to further research. She informed that with a vision to promote research for achieving academic excellence while aiding social welfare, the college has been organising such significant programmes including a recent 7-day Faculty Development Program for the faculty of Maharashtra's colleges.

Dr. Neeraj Kumar, Deputy Librarian, Panjab University, Dr. Minakshi Rana, Ms. Pallavi Kapila and Ms. Shabnam are the resource persons for the course. The participants of the course form a versatile group of faculty members, research scholars and students belonging to Jammu and Kashmir, Kerala, Orissa, Madhya Pradesh, West Bengal, Maharashtra, Rajasthan, Punjab and even from Sri Lanka and Canada. The course is a complete package in itself covering all the essential elements of research and would be helpful in promoting pursuance of responsible research for academic as well as professional excellence.

## MCM holds online yoga classes



With the stressful pandemic situation bringing into spotlight the need for holistic healing, the Physical Education Department of Mehr Chand Mahajan DAV College for Women undertook the novel initiative of organising online yoga classes for faculty and students. The objective of the classes is to introduce the participants to the nuances of yoga so as to enable them to strengthen their immunity and thus, enhance their well-being. The classes are organised daily in the morning and evening by various yoga experts including Ms. Pinki, an International Yoga World Championship winner and alumni of MCM and Dr. Anju Lata, Head, Department of Physical Education. The participants benefitting from these classes are introduced to various asanas by yoga experts who conduct online demo with proper instructions. Principal Dr. Nisha Bhargava, herself a follower of yogic practices, asserted that yoga is our ancient way of life which is now hailed worldwide for its ability to induce holistic healing. She added that in the light of the present stressful times, this endeavour of the Physical Education Department is praiseworthy.

## MCM holds webinar on Academic Progression

The poster is for a webinar and workshop organized by the Post Graduate Department of Mathematics at Mehr Chand Mahajan DAV College for Women. It features a gold background with a central graphic of a paper airplane made from mathematical formulas. The text on the poster includes the college name, the department's role, the webinar title 'Careers with Mathematical Skills' by Dr. Neela Pawar on July 31, 2020, and the workshop title 'Microsoft Excel' by Dr. Swati Sidana on August 1, 2020. It also provides a registration link, coordinators, and convener/principal information.

Mehr Chand Mahajan DAV College for Women  
Sector 36-A, Chandigarh (U.T.)

Post Graduate Department of Mathematics  
organizes  
Academic Progression

Webinar  
on  
"Careers with Mathematical Skills"  
Resource Person: Dr. Neela Pawar  
Date & Time: 31 July 2020, 4 to 5.30 pm

Workshop  
on  
"Microsoft Excel"  
Resource Person: Dr. Swati Sidana  
Date & Time: 1 August 2020, 4 to 5.30 pm

Kindly register with us: <https://forms.gle/Gpk8A5JHUydwUDzSA>  
Meeting link will be sent through WhatsApp to all the registered participants.

Coordinators: Dr. Swati Sidana, Dr. Leetika, Dr. Sonica, Dr. Nisha Sharma

Dr. Neela Pawar  
Co-Convenor

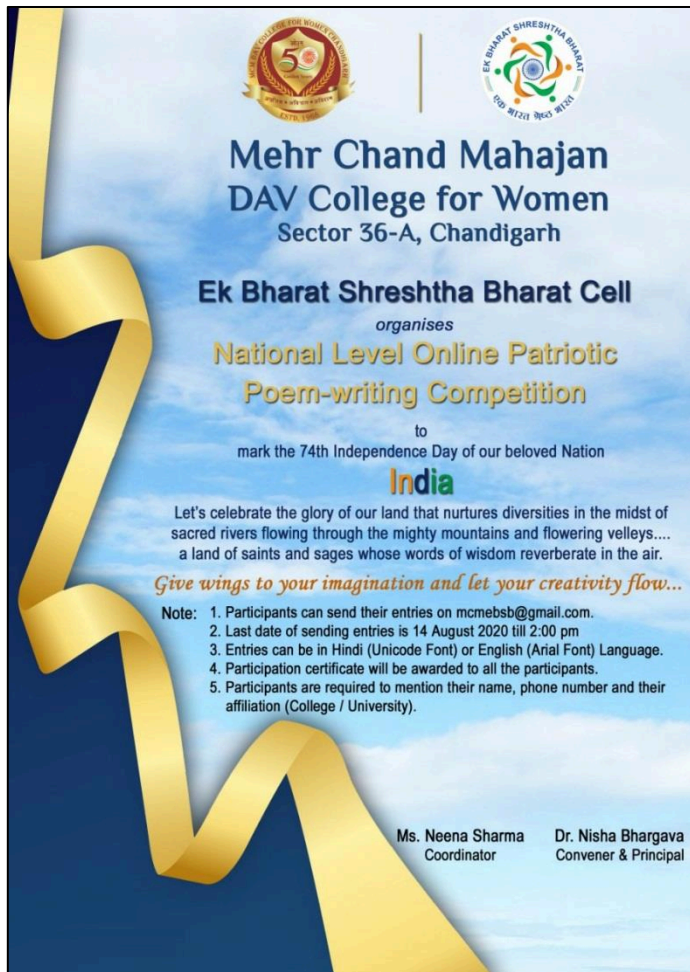
Dr. Nisha Bhargava  
Convenor & Principal

The Postgraduate Department of Mathematics organized a 2-day webinar on Academic Progression for the enrichment and professional development of the existing UG and PG students. Around 125 students, research scholars and faculty members from various institutions of Chandigarh participated in the webinar. The webinar included interactive sessions on 'Careers with Mathematical Skills' by Dr. Neela Pawar, Head, Department of Mathematics and workshop on Microsoft Excel by Dr. Swati Sidana, Department of Mathematics at MCM. In her talk, focusing on creating awareness about

the career options available to students in the field of Mathematics and to harness their mathematical talent, Dr. Neela Pawar shared tips on how to prepare themselves for the same. The webinar effectively covered aspects related to the dependency of advanced science and technology including mathematical modelling, space science, coding, terminal ballistics, engineering, etc. on mathematics course. The webinar was highly appreciated by the participants for the valuable information.

Principal Dr. Nisha Bhargava said that at MCM, besides providing holistic education, efforts are made to sensitize students about various career opportunities and to equip them with skills that make them employable.

# MCM celebrates 74th Independence Day with National Competitions



The poster features a blue background with a yellow ribbon on the left side. At the top left is the 75th Independence Day logo, and at the top right is the Ek Bharat Shreshtha Bharat logo. The text in the center reads: 'Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh Ek Bharat Shreshtha Bharat Cell organises National Level Online Patriotic Poem-writing Competition to mark the 74th Independence Day of our beloved Nation India'. Below this is a quote: 'Let's celebrate the glory of our land that nurtures diversities in the midst of sacred rivers flowing through the mighty mountains and flowering valleys... a land of saints and sages whose words of wisdom reverberate in the air. Give wings to your imagination and let your creativity flow...'. A list of five notes follows, detailing entry rules. At the bottom right, the names and titles of Ms. Neena Sharma (Coordinator) and Dr. Nisha Bhargava (Convener & Principal) are listed.

**Mehr Chand Mahajan**  
**DAV College for Women**  
Sector 36-A, Chandigarh

**Ek Bharat Shreshtha Bharat Cell**  
organises  
**National Level Online Patriotic**  
**Poem-writing Competition**  
to  
mark the 74th Independence Day of our beloved Nation  
**India**

Let's celebrate the glory of our land that nurtures diversities in the midst of sacred rivers flowing through the mighty mountains and flowering valleys... a land of saints and sages whose words of wisdom reverberate in the air.

*Give wings to your imagination and let your creativity flow...*

Note: 1. Participants can send their entries on mcmebsb@gmail.com.  
2. Last date of sending entries is 14 August 2020 till 2:00 pm  
3. Entries can be in Hindi (Unicode Font) or English (Arial Font) Language.  
4. Participation certificate will be awarded to all the participants.  
5. Participants are required to mention their name, phone number and their affiliation (College / University).

Ms. Neena Sharma  
Coordinator

Dr. Nisha Bhargava  
Convener & Principal

Marking the 74th Independence Day of our beloved nation with great fervour, Mehr Chand Mahajan DAV College for Women organised various national level online competitions. The Ek Bharat Shreshtha Bharat (EBSB) Cell of the college organised a national online Patriotic Poem Writing Competition in which 41 participants from 8 states contributed their poems. The competition was a glimpse of harmony in diversity at its best as enthusiastic participants from Northern, Eastern and Southern States of India partook in the competition, celebrating the

cardinal spirit of the Ek Bharat Shreshtha Bharat mission of the Central Government. The poems submitted by the participants expressed our indomitable national pride and rich legacy, and also vehemently portrayed contemporary challenges of national security and unity. In another event, the NSS Units of the college organised online Quiz on the theme 'Ek Pehal Swatantra Se Atmanirbharta Ki Aur'. The event received overwhelming response as more than 600 participants from 15 different states attempted the quiz. The quiz was based on several facts and events of

independence and progression of our country from freedom (swatantra) to self-reliance (atmanirbharta). The NSS volunteers under the aegis of Ek Bharat Shreshtha Bharat also showcased the linguistic and sartorial diversity of our multicultural nation. Attired in colourful ensembles of various regions, they displayed placards in different languages, reiterating the unity and diversity of India as part of the MHRD initiative of 'Ek Vakya Ek Din'.



Principal Dr. Nisha Bhargava wished fellow countrymen on the occasion of Independence Day in her unique poetic style. Paying rich tributes to our great freedom fighters and saluting their supreme sacrifices, Dr. Bhargava motivated the youth to work towards national integration while upholding the glory of our great land that has a rich history to be proud of.

The results of Online Patriotic Poem Writing Competition were:

1st: Anshika Yadav (Mehr Chand Mahajan DAV College for Women, Chandigarh)

2nd: Sreeraj P S (St. Thomas College, Thrissur)

2nd: Navreet Kaur (Gopichand Arya Mahila College, Abohar)

3rd: Arshpreet Kaur (Mehr Chand Mahajan DAV College for Women, Chandigarh)

Consolation: Dr. Brijpal Singh Gehlot (Shaskiya Mahavidyalaya, Goa)

## Havan marks New Academic Session at MCM



Beginning the new academic session on an auspicious note, Mehr Chand Mahajan DAV College for Women organised a Havan ceremony here today. Organised under the aegis of Arya Samaj Committee of the college, the ceremony was organised in keeping with the college's timeless

tradition of seeking divine blessings on the commencement of the new session. Adhering to the COVID-19 prevention guidelines of social distancing and wearing of masks, Principal Dr. Nisha Bhargava and staff members offered prayers to the holy fire for a fulfilling session ahead. Speaking on the occasion, Dr. Bhargava highlighted the importance of havan for environmental cleansing as well as self exploration. In the context of the current pandemic situation, Dr. Bhargava asserted that we are blessed to have a repository of ancient wisdom in the form of Vedas and Charak Samhita wherein the cure of many diseases was mentioned thousands of years ago. Dr. Bhargava added that we humans should endeavour to acquire wisdom along with knowledge as wisdom brings more meaning to life and our understanding of the world.

## MCM holds online competitions to mark 400th birth anniversary celebrations of Sri Guru Teg Bahadur Ji

### एमसीएम श्री गुरु तेग बहादुर जी की 400 वीं जयंती समारोह के उपलक्ष्य में ऑनलाइन प्रतियोगिताओं का आयोजन

चंडीगढ़ (हिमप्रभा ब्यूरो)। श्री गुरु तेग बहादुर जी की 400 वीं जयंती के ऐतिहासिक अवसर के उपलक्ष्य में मेहर चंद महाजन डीएवी कॉलेज फॉर वीमेन ने ऑनलाइन इंटर कॉलेज प्रतियोगिताओं की एक श्रृंखला का आयोजन किया। कॉलेज के युवा कल्याण समिति के तत्वावधान में युवा कल्याण विभाग, पंजाब विश्वविद्यालय के सहयोग से आयोजित प्रतियोगिताओं में कविता लेखन, सुलेख, चित्रकला और डेक्लेमेशन शामिल थे। प्रतियोगिताओं पंजाब विश्वविद्यालय संबद्ध कॉलेजों के 200 से अधिक विद्यार्थियों ने उत्साहपूर्वक भाग लिया। सभी प्रतियोगिताओं का विषय गुरु तेग बहादुर जी के जीवन, शिक्षाओं और बलिदानों से संबंधित था। प्रतिभागियों ने अपनी रचनात्मक अभिव्यक्ति के माध्यम से सिखों के 9 वें गुरु को श्रद्धांजलि अर्पित की।

चित्रकला प्रतियोगिता में जीजीडीएसडी कॉलेज, हरिआना (होशियारपुर) की राधिका ने प्रथम स्थान प्राप्त किया जबकि जीजीडीएसडी कॉलेज, हरिआना (होशियारपुर) की रणवीर कौर को द्वितीय तथा मेहरचंद महाजन डीएवी कॉलेज फॉर वीमेन, चंडीगढ़ की लिंगोइगाम्बी को तृतीय स्थान मिला। डेक्लेमेशन प्रतियोगिता में मेहरचंद महाजन डीएवी कॉलेज फॉर वीमेन, चंडीगढ़ की श्रुति शर्मा को पहला स्थान मिला जबकि सीजीसी लंडरा की विंसी त्रेहन को दूसरा तथा एसएसजी, रीजनल सेंटर, पंजाब यूनिवर्सिटी, होशियारपुर की दिव्यलीन सिंह ने तीसरा स्थान प्राप्त किया। सुलेख प्रतियोगिता में रामगं?या गर्ल्स कॉलेज, लुधियाना की लखवीर कौर को पहला स्थान मिला जबकि मेहरचंद महाजन डीएवी कॉलेज फॉर वीमेन, चंडीगढ़ की गुरनाम कौर को दूसरा तथा खालसा कॉलेज फॉर वीमेन, लुधियाना की हरमन कौर को तीसरा स्थान मिला। कविता लेखन में संत सहाय कॉलेज ऑ? एजुकेशन, श्री मुक्तसर साहिब की रमनदीप कौर ने पहला स्थान प्राप्त किया जबकि गवर्मेंट कॉलेज होशियारपुर की गुरप्रीत कौर ने दूसरा तथा मेहरचंद महाजन डीएवी कॉलेज फॉर वीमेन, चंडीगढ़ की अमनीत कौर ने तीसरा स्थान प्राप्त किया।

प्रतिभागियों द्वारा श्री गुरु तेग बहादुर जी के प्रति व्यक्त उनके श्रद्धा भाव की सराहना करते हुए प्रिंसिपल डॉ निशा भार्गव ने कहा कि गुरु तेग बहादुर जी को %हिंद की चादर% के रूप में जाना जाता है, वे हमारे देश के इतिहास में विशेष स्थान रखते हैं। डॉ भार्गव ने गुरु जी की शिक्षाओं की समकालीन प्रासंगिकता की ओर संकेत करते हुए कहा कि उनकी शिक्षाएँ मानवतावाद, सद्भाव और शांति का अमूल्य पाठ देती हैं।

In keeping with the spirit of year-long celebrations that began in April this year to mark the historic occasion of the 400th birth anniversary of Sri Guru Teg Bahadur Ji in 2021, Mehr Chand Mahajan DAV College for Women organised a series of online inter-college competitions. Organised under the aegis of the college's Youth Welfare Committee, in collaboration with

the Department of Youth Welfare, Panjab University, the competitions included Poetry Writing, Calligraphy, Painting and Declamation. The competitions witnessed enthusiastic participation of over 200 students of Panjab University affiliated colleges from across the region. The theme for all the competitions was related to the life, teachings and sacrifices of Guru Teg Bahadur Ji. The participants, through their creative expression, paid rich tributes to the 9th Guru of the Sikhs who was an apostle of peace and sacrifice. Expressing appreciation for the participants' nuanced portrayal of their reverence for Sri Guru Teg Bahadur Ji, Principal Dr. Nisha Bhargava said that Guru Teg Bahadur Ji- fondly referred to as 'Hind Ki Chadar' occupies a special place in our country's history and his supreme sacrifice for the cause of upholding the principle of amity is highly inspirational. Pointing to the contemporary relevance of Guru Ji's teachings, Dr. Bhargava added that his teachings give the invaluable lesson of humanitarianism, harmony and peace.

Report of Activities: 1<sup>st</sup> Quarter (July 2020 to September 2020)

Mehr Chand Mahajan DAV College for Women, Chandigarh

## 2-day online Painting workshop at MCM

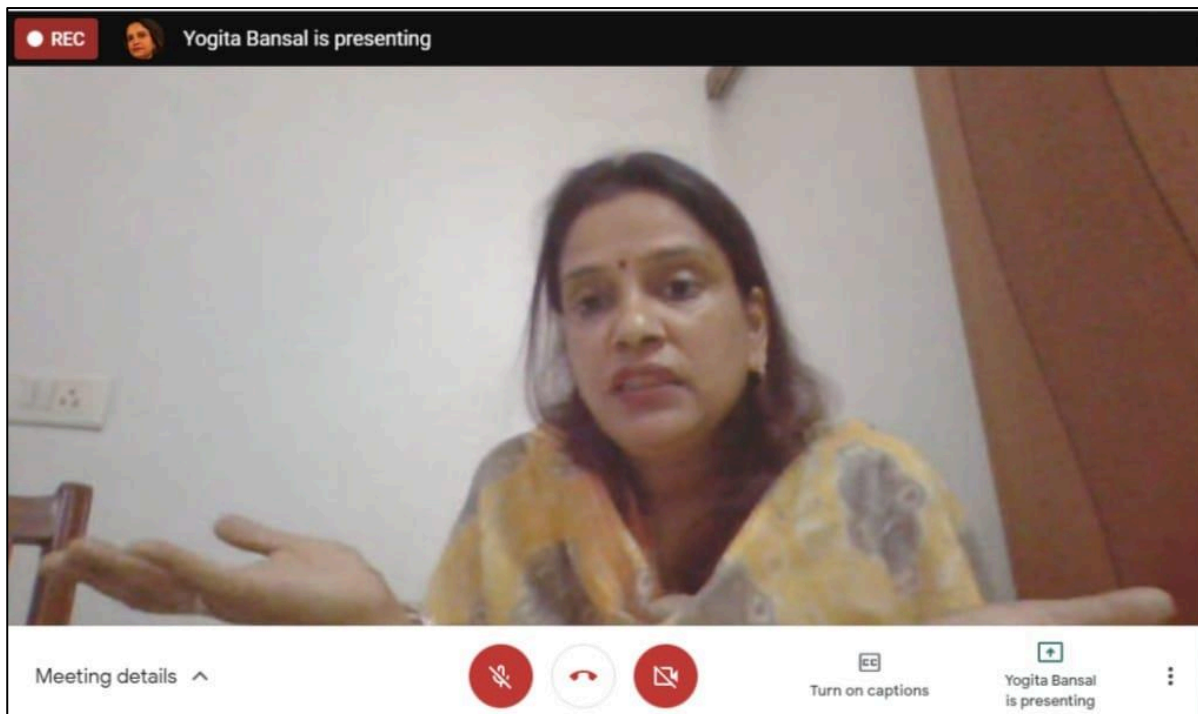


A 2-day skill development online workshop on Mask, Stone and Mix Media Painting culminated at Mehr Chand Mahajan DAV College for Women. Organised by the Fine Arts Department of the college in collaboration with Fevicyl (Pidilite Industries), the workshop was conducted by Ms. Santosh, Senior Artist, Fevicyl. The objective of the workshop was to engage the students in creative pursuits that enhance their skills and to expose them to entrepreneurial opportunities. Day one of the workshop was dedicated to demonstration on mix media painting by using waste material and pearl colours and on day 2, the participants learnt different free hand strokes used in fabric painting. The expert also demonstrated preparation of decorative items using stones. The participants also tried the techniques learnt during the workshop and prepared beautiful articles.

Principal Dr. Nisha Bhargava lauded this initiative of the Fine Arts Department and said that MCM holds various such activities throughout the year for the holistic development of its students and to equip them with skills that provide an edge to their career.

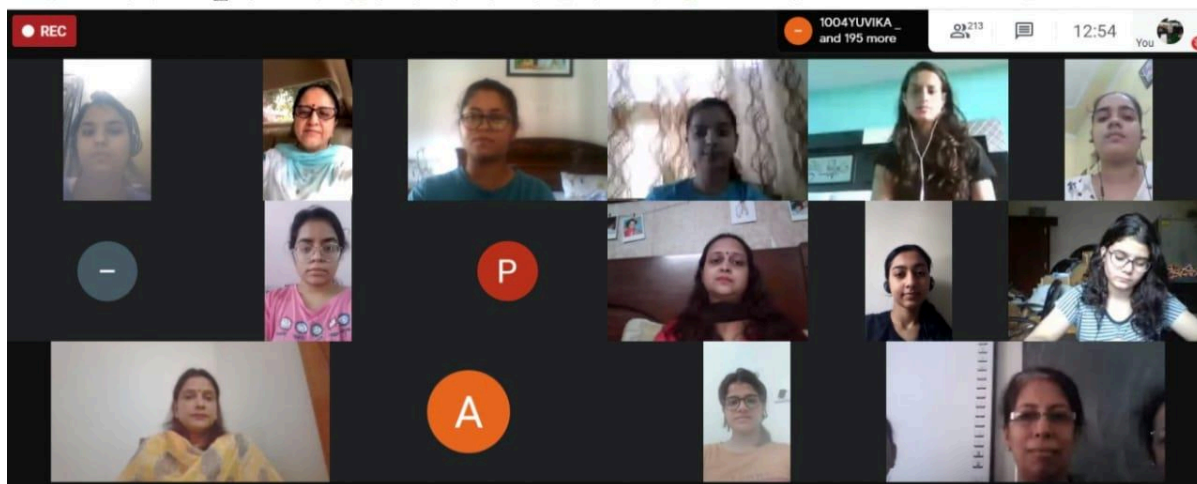


## MCM celebrates Akshay Urja Diwas



Marking Akshay Urja Diwas, the Renewable Energy Committee and Eco-Club of Mehr Chand Mahajan DAV College for Women organised a webinar on 'Green Chemistry: An Eco-friendly Practice' here today. The underlying objective of the webinar was to educate and mobilise students for environmental protection and to generate awareness about the development of renewable energy in our country. Dr. Yogita Bansal, Department of Pharmaceutical Sciences and Drug Research, Punjabi University, Patiala was the resource person for the webinar that witnessed enthusiastic participation of over 240 students and faculty members. In her enlightening discourse, Dr. Bansal stressed upon the importance of renewable energy by saying that 'Akshay Urja' represents pillars that hold our sustainable future. Dr. Bansal educated the participants about the concept of Green Chemistry and went on to elaborate the various principles of Green Chemistry including prevention of waste, atom economy, designing safer chemicals, increase in energy

efficiency, use of renewable feedstocks, and more. Citing examples of Minimata Disaster, Cuyahoga River Fires and Bhopal Gas Tragedy, Dr. Bansal impressed upon the participants the need to take corrective actions and save the environment by adopting renewable energy.



Principal Dr. Nisha Bhargava, an Energy Economics expert, appreciated this endeavour to educate students about the importance of renewable energy for a sustainable future and asserted that it is necessary to promote non-conventional sources of energy in order to meet the energy requirements of the ever-growing population. Dr. Bhargava stressed on the fact that there are various nonconventional sources of energy such as solar energy, wind energy, ocean energy, energy from waste and many such upcoming technologies which need to be harnessed in order to have a sustainable energy future. Highlighting the importance of energy in human life, Dr. Bhargava said that energy is the 4th essential in human life, the first three being food, clothing and shelter, and added that at MCM, concerted efforts in the form of harnessing of solar energy are being made to protect the environment and conserve conventional resources.

## MCM DAV collaborates with National Translation Mission, GoI

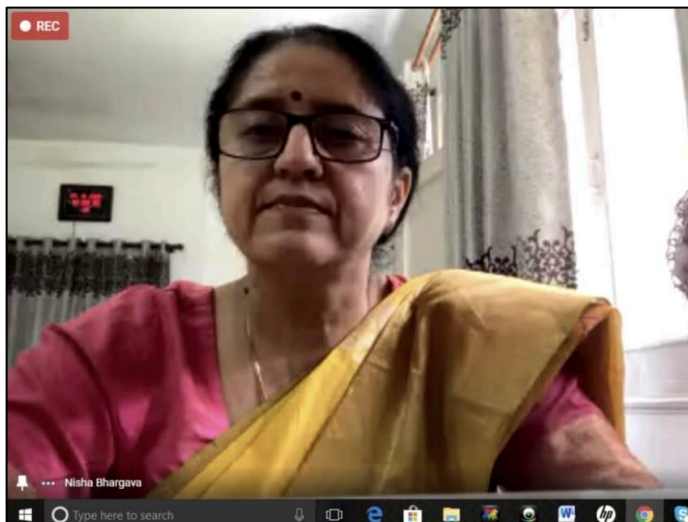


Mehr Chand Mahajan DAV College for Women, registered training centre under Chandigarh Skill Development Mission (CSDM), initiated an 8-week online translation course- 'Beyond Boundaries: Creating a World of

Understanding' in collaboration with National Translation Mission (NTM), Centre for Indian Languages, Ministry of Education, Government of India. Organised under the aegis of the Skill Development Committee of the college, the course aims to cater to the flourishing multilingual world of literature, cinema, theatre, anchoring, print and social media. The inaugural ceremony of the course was graced by Prof. Deepti Gupta, Chairperson, Department of English and Cultural Studies, Panjab University as Guest of Honour, Mr. Tariq Khan, Officer-in-Charge, NTM and distinguished translator Prof. Rana Nayar. Speaking at the inaugural, Principal Dr. Nisha Bhargava informed that the programme is designed to stimulate the growth of the nation by empowering the stakeholders with requisite skills so as to enable them to be job providers. She added that the course is in sync with MCM's vision of creating employment avenues through skill development and it also incorporates the ethos of the New Education Policy 2020 that emphasizes teaching and learning of Indian languages to be integrated with school and higher education at every level. Prof. Deepti Gupta underlined the need for such courses and their growing significance in the present scenario. Mr. Tariq Khan lauded the course as one of a kind in the country that would boost translation as a meaningful and lucrative career. The course is being navigated by eminent resource persons from the practical and theoretical field of translation.

## Data Analysis workshop begins at MCM

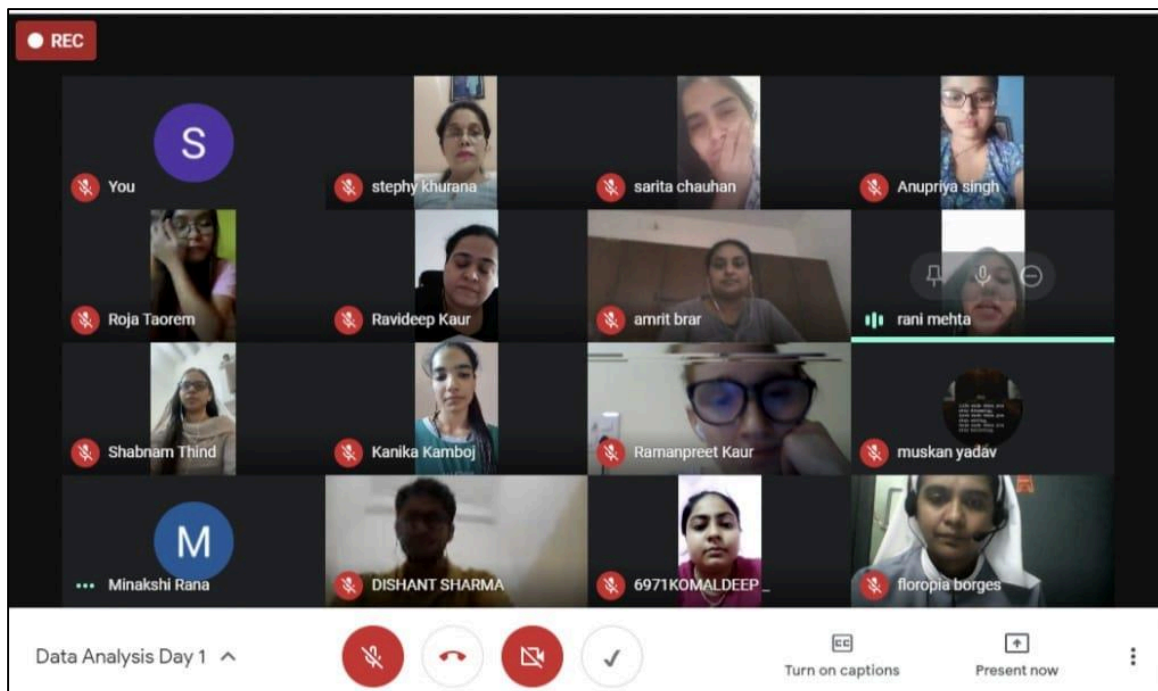
The Postgraduate Department of Sociology of Mehr Chand Mahajan DAV College for Women began a 5-day online workshop on Data Analysis with the aim to develop the participants' knowledge of data handling and analysis. This course is third in the series of courses on research organised the department, after the successful conduct of FDP in research for faculty and a bridge course for beginners in research focusing on developing appropriate attitude and aptitude in quality research with international participation. Prof Rani Mehta, Chairperson, Department of Sociology, Panjab University delivered the keynote address and shared her valuable insights on data analysis and the significance of good quality research in laying the foundation of sound policy making.



Speaking at the inaugural, Principal Dr. Nisha Bhargava underscored the importance of quality research by highlighting its significant contribution towards development of a nation and added that a sound analysis of data lays foundation to authentic research. Referring to plagiarism as a common phenomenon that

needs to be addressed suitably, Dr. Bhargava stressed upon the concept of responsible, innovative research that is useful for the society. She further informed that MCM is doing appreciable work in the field of promoting quality research and, is

a Panjab University approved Research Centre in English and publishes a multidisciplinary research journal 'New Horizons' that features in UGC CARE list.



Dr. Bhavna Sood, Assistant Professor in the PG Department of Sociology of the college explained briefly the selection of research problem and importance of hypothesis in research in the inaugural session. The various sessions of the data analysis series are based on identifying variables, formulation of hypothesis, Parametric and Non-parametric tests and analysis of qualitative data and will be conducted by Dr. Minakshi Rana, Assistant Professor, PG Department of Sociology of the college.

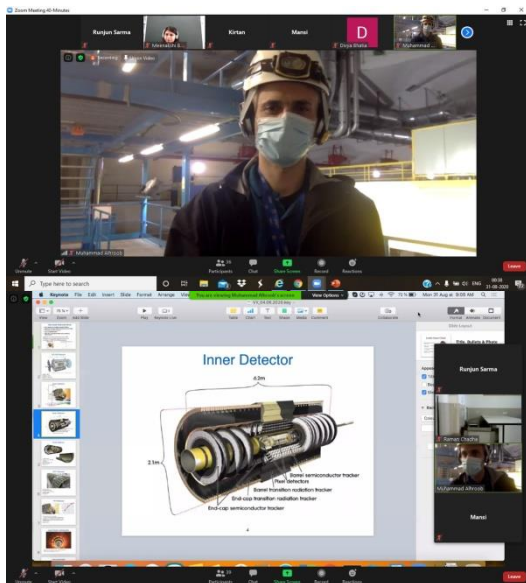
A total of 50 participants consisting research scholars, faculty members and students from prestigious institutions like PGIMER Chandigarh, Panjab University, Central University of Kerala, College of Community Science Hyderabad Indian Institute of Production Management, Kansbahal, and a scholar from Canada and faculty from Oman have registered for the series.

## NSS units of MCM celebrate Vanmahotasav



To mark the annual tree planting festival of Vanmahotasav, NSS units of Mehr Chand Mahajan DAV College for Women initiated an awareness campaign with the theme 'Each One, Plant One'. The primary objective of the campaign was to encourage people to plant more saplings especially of medicinal use and air purifying plants in order to boost their immunity during the current pandemic situation. Principal Dr. Nisha Bhargava initiated the campaign by planting medicinal plants in Rishi Vatika of the college and distributed immunity boosting plant tulsi among staff members of the college while following social distancing and precautionary norms. Informing about the college's endeavours to protect the environment, Dr. Bhargava said that the indiscriminate exploitation of natural resources by human beings has caused immense damage to the environment and it is our responsibility to reverse the damage done so far. She added that MCM is dedicated to raising awareness about environmental conservation and undertakes initiatives like planting of trees, following of sustainable practices so as to contribute in making our planet cleaner and greener. The NSS volunteers and staff members participated enthusiastically in the campaign by planting saplings in their houses and neighbourhood. In addition to this, the volunteers motivated their friends and family to plant more saplings, immunity booster and air purifier plants.

## MCM organises virtual visit to the prestigious ATLAS at CERN



In a novel initiative to widen the horizons of students regarding particle accelerators, the Department of Physics of Mehr Chand Mahajan DAV College for Women organised a virtual lab visit to the largest general purpose detector experiment- ATLAS (A Toroidal Large Hadron Collider Apparatus) at CERN, Geneva, Switzerland. More than 3000 scientists from 174 institutes in 38 countries work on the ATLAS experiment that basically provides unique experiences in

understanding the secrets of matter and exploring the mysteries of the universe. Dr. Muhammad Alhroob, Postdoctoral Fellow, University of Oklahoma, USA was the guide for the visit who very well explained the basic theories of particle physics like dark matter, standard model, muon spectrometer, Liquid Argon Calorimeter, etc. He virtually showed the laboratories, control centers and underground tunnels of LHC that are home to many experiments. Dr. Alhroob stepped into the most hidden corners of CMS and explained the enormity, complexity and incredible performance of the detector in layman's language. The visit was special as even without being physically present at CERN, participants were able to approach the detector closely and from different angles.

Principal Dr. Nisha Bhargava expressed appreciation for this initiative of the Physics Department and said that this unique virtual visit to a world-class facility is highly significant as it exposes the students to the world of scientific progress and discovery in particle physics research, and to learn how science and technology work together for advancing our understanding of the universe.

## MCM holds lecture on 'Women, Reason and Masculinity'



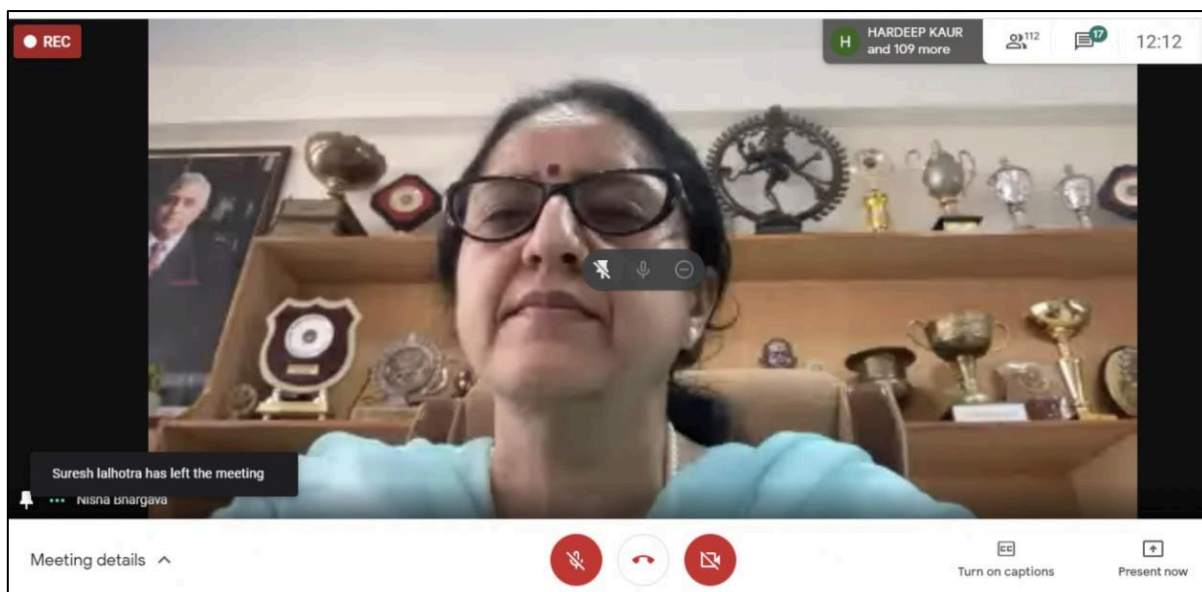
The Postgraduate Department of English of Mehr Chand Mahajan DAV College for Women conducted an online lecture titled 'Women, Reason and Masculinity in the Era of the French Revolution'. Ms. Deeksha Bhardwaj, Journalist at Hindustan Times was the resource person. Ms. Bhardwaj explored the complex relationship between women and the masculine discourse of reason that pervaded the Enlightenment era leading up to and post the French Revolution. The speaker delved into how reason over emotions reinforced patriarchal constructs of masculinity over femininity. She focused particularly on the works of 18th century women writers, Mary Wollstonecraft and Mary Hays, and contrasted the approaches taken by both the authors towards the discourse of reason. The lecture was well received by students as well as faculty members.

Principal Dr. Nisha Bhargava appreciated the initiative and underlined its importance by saying that such discourses act as a catalyst in the shaping of societal perceptions.



## MCM holds National Webinar on Gender Equity during Pandemic

The Postgraduate Department of Sociology at Mehr Chand Mahajan DAV College for Women organised a national webinar titled 'Gender Equity Matters in the Time of Pandemic Crisis: An Overview' here today. The webinar envisioned to deliberate upon gender as a social construct, particularly in the context of India and to make an attempt to understand how the pandemic crisis has affected women. Prof. R. Indira, Gender Expert, University of Mysore was the keynote speaker for the webinar and the resource persons were Dr. Bhawna Sood and Dr. Bindu Dogra, both Assistant Professors, PG Department of Sociology at the college. More than 110 participants from across the length and breadth of the country partook in this enlightening webinar.



In the inaugural address, Principal Dr. Nisha Bhargava asserted that this webinar assumes great contemporary relevance in view of the fact that the pandemic has brought to fore the issue of gender equity once again as it has amplified and heightened inequalities prevalent in the society. Highlighting the huge gap between

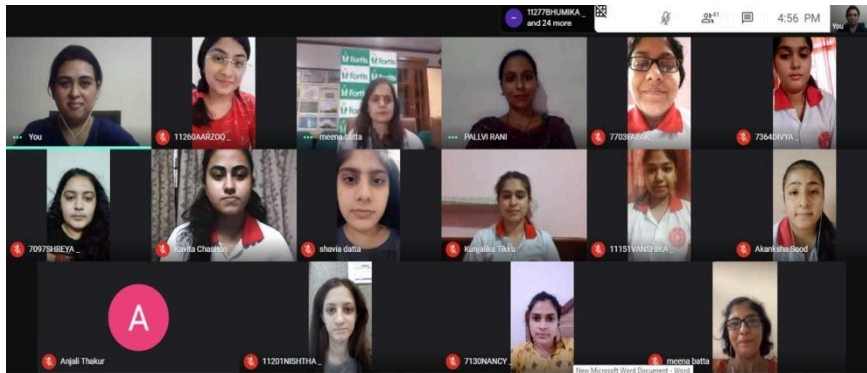
theory and reality with regards to gender equity through examples of differentials in areas like sex ratio, employment, property inheritance, etc. Dr. Bhargava called for collective action in terms of finding ways and means of bringing about gender equity.



Delivering the keynote address, Prof. R. Indira highlighted the need for studying the impact of pandemic from the gender angle by asserting that the impact is differentially felt

by different people and to pave the way for a fair world, it is imperative to understand gender as a construct. Dr. Indira discussed at length the situations that women have encountered during the pandemic from different perspectives including economical, social, health, violence, etc. Stressing upon the need to approach the problems brought forth by the pandemic through a multidisciplinary framework, Dr. Indira proposed that to achieve equity, the civil society should proactively pitch in in rebuilding the lives of distressed women, building support structures for women and building the skills of women for becoming self-reliant financially. Dr. Bhawna Sood spoke on 'Crisis within a Crisis (Domestic Violence)' wherein she pointed that gender equity is a fundamental right necessary for a peaceful, prosperous and sustainable world. She impressed upon the fact that sustainable development goals can only be achieved if the needs of women receive attention and are engaged in the implementation of Goal 5- not as beneficiaries but as agents of change. Dr. Bindu Dogra in her presentation titled 'Identifying Faceless Indian Migrant Women During COVID -19' focused on the dynamics of Indian migrant women and the specific risks they are facing during this pandemic. The webinar was well received by the participants who found all the sessions highly informative and enlightening.

## Webinar on nutrition marks National Nutrition Week celebration at MCM



To mark National Nutrition Week, the NSS units of Mehr Chand Mahajan DAV College for Women organised a highly relevant webinar on

'Nutrition & Immunity during COVID-19 times'. The webinar was held in association with Fortis Hospital, Mohali and the resource person for the same was Dt. Sonia Gandhi, Head, Department of Nutrition & Dietetics, Fortis Hospital. Around 56 NSS volunteers attended the webinar during which they were educated about the ways to manage a good nutritional status as a major tool to fight the virus. Dt. Gandhi elaborated upon the concept of optimum nutrition, a healthy balanced diet and immunity strengthening nutrients and herbs, and encouraged the volunteers to follow hygiene practices. She also shed light on effective ways of managing comorbidities like hypertension, diabetes, cardiac problems, etc. The volunteers were acquainted with the importance and relevance of good hygiene practices that should be adopted during food handling operations as they are considered to be the foundation for ensuring food safety and to minimize exposure to the virus.

Principal Dr. Nisha Bhargava asserted that the novel coronavirus has put a spotlight on the important role of nutrition in strengthening the immune system against viruses such as this. She added that currently COVID-19 is a leading challenge across the world and proper nutrition intake is essential for prevention against the virus as well as for physical and mental well-being.

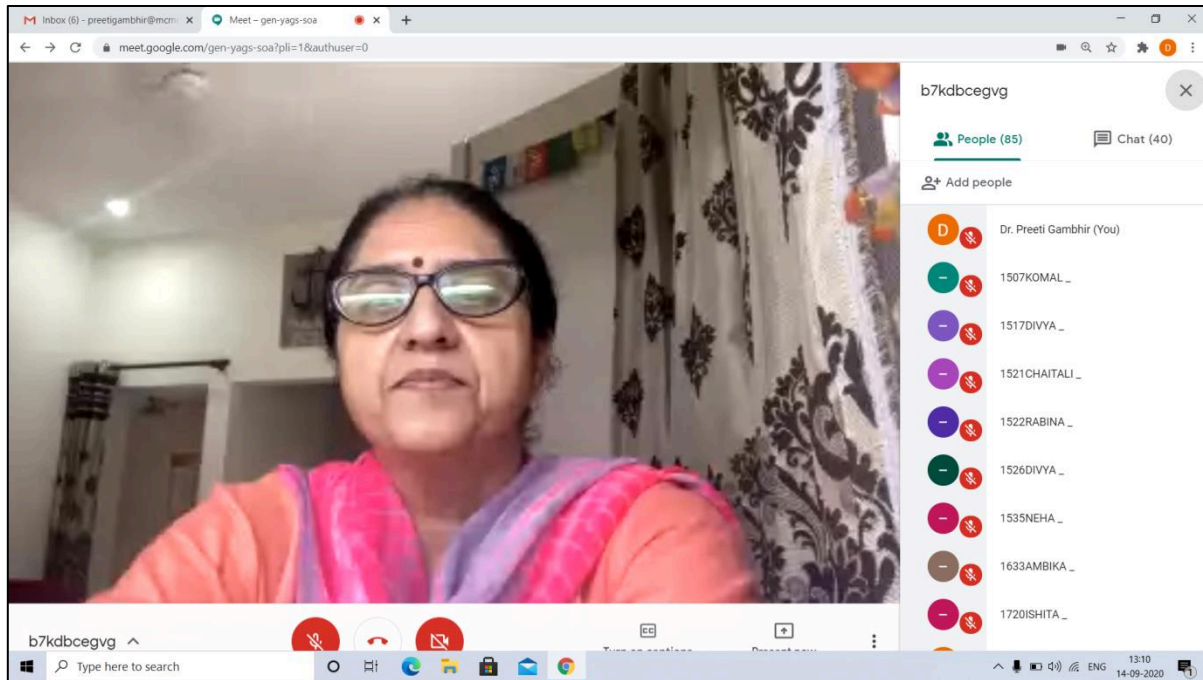
## MCM celebrates International Day for Preservation of Ozone Layer



To mark the upcoming International Day for Preservation of the Ozone Layer, Swachhta Committee (Arts) of Mehr Chand Mahajan DAV College for Women organised an online talk on the topic 'Ozone

Layer: Importance, Depletion and Current Status'. Dr. Shafila Bansal, Department of Environment Science of the college delivered this enlightening talk that had more than 140 students in attendance. Beginning with an introduction to the ozone layer, its properties and types, Dr. Bansal went on to elaborate upon the importance of the ozone layer in protecting humans, animals and plants from the harmful effects of UV-B radiations that can cause skin cancers and sun burns, reduce immunity, cause mutations in plants, etc. The expert highlighted the fact that natural processes like volcanic eruptions, etc. are responsible for only 2% of the depletion of ozone while anthropogenic processes like fossil fuel burning, air conditioning, etc. have the most profound impact on the Earth's protective layer, and thus these need to be checked. Shedding light on the actions being taken to protect the ozone layer, Dr. Bansal educated the participants about the landmark agreement- Montreal Protocol to phase out CFCs and other ozone depleting substances. The talk was well received and the students also put forth their queries including the impact of ozone depletion during COVID times.

## Hindi Diwas celebrated at MCM



The Postgraduate Department of Hindi at Mehr Chand Mahajan DAV College for Women organised an online discussion on the topic 'Contribution of Hindi in Nation's Development' to mark Hindi Diwas here today. Principal of the college Dr.Nisha Bhargava graced the celebration as the Chief Guest and spell-bound the audience with her thought-provoking self-composed poetry. Sharing her thoughts on the importance of Hindi language for a nation's progress, Dr.Bhargava asserted that India has a rich legacy of Hindi literature which the world has borrowed from immensely and for realising the dream of a self-sufficient nation, we have to promote our national language. She added that with the New Education Policy 2020 emphasising teaching and learning of Indian languages to be integrated with school and higher education at every level, Hindi language has a bright future. Faculty and students also put forth their enriching thoughts on the immensely important role of Hindi and sought to reaffirm their pride in the national language.

# MCM holds engaging Webinar on Challenges before Indian Economy



Mehr Chand Mahajan  
DAV College for Women  
Sector 36-A, Chandigarh (U.T.)

Post Graduate Department of Economics is organizing a  
Webinar  
on

**“Indian Economy – Challenges Ahead”**

15 September 2020, Tuesday at 11:00 am



Chief Guest & Keynote Speaker  
Mr. Sarvesh Kaushal, IAS  
Former Chief Secretary  
Govt. of Punjab



Guest of Honour  
Prof J.S. Bedi  
Prof. in Economics  
IDC, Chandigarh

This Webinar is open for Faculty members, Research Scholars and Students (All fields). E-Certificates will be provided to all registered participants after successful completion of the Webinar. Prior registration is mandatory. Please register yourself on the following link :

<https://forms.gle/iLZDfLEgTpVVQCE2A>

Dr. Archana Bakshi  
Dr. Praerna Sharma  
Coordinators

Ms. Madhvi Bajaj  
Co-Convenor

Dr. Nisha Bhargava  
Convenor & Principal

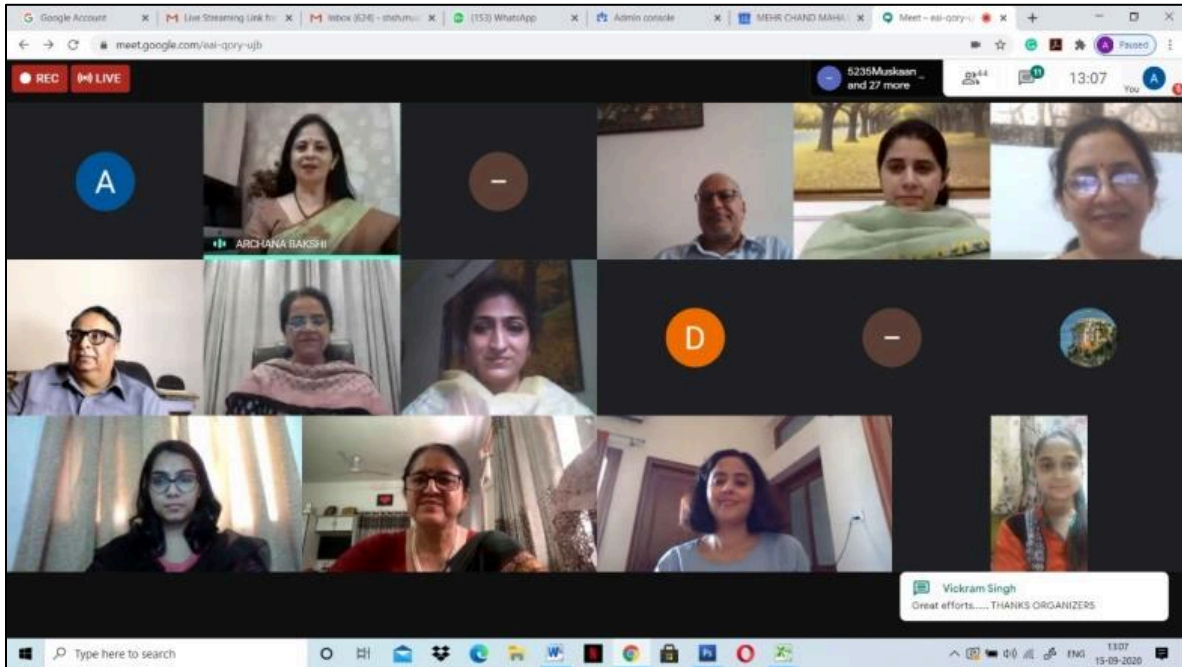
distinguished guests and participants from across the country numbering upto 600. In her inaugural address, Dr. Bhargava impressed that the slowdown which the Indian economy was already witnessing due to diverse factors has been augmented by the outbreak of COVID-19. Sharing Mohammed Iqbal's words 'kuch baat hai ki hasti mit-ti nahi hamari', Dr. Bhargava asserted that the Indian economy has always shown resilience and versatility and it will rise like a phoenix from this unforeseen challenge as well.

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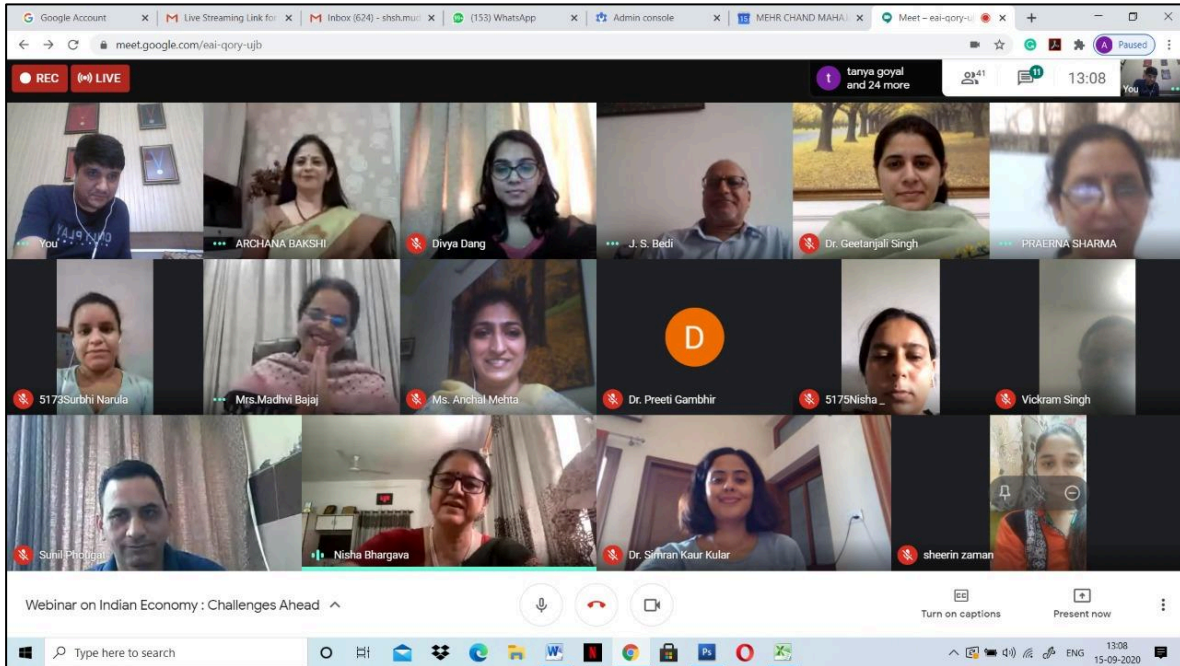
Report of Activities: 1<sup>st</sup> Quarter (July 2020 to September 2020)

**Mehr Chand Mahajan DAV College for Women, Chandigarh**

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In his engrossing and comprehensive discourse, Mr. Sarvesh Kaushal outlined the prospect of India-China standoff spilling into the economic realm, COVID-19, building a robust healthcare infrastructure, reforms in financial governance, generation of demand, converting population into a strength, leapfrogging in the area of innovation, agriculture and environment as the challenges before the Indian economy. Discussing the economic disruption brought about by COVID-19, Mr. Kaushal highlighted that the pandemic has primarily hit India through the health sector as the investment in preventive measures and state's allocation of funds to healthcare is highly undervalued. Discussing at length issues like the increase in deficit, the problem of unemployment and underemployment, burdening of government with liabilities, leakages in public spending, non performing assets, profound challenge of shift from primary to secondary and tertiary sector, Mr. Kaushal asserted that re-engineering of business processes, move towards 'Atmanirbhar Bharat', improving health of banking sector, generation of demand, promoting MSMEs, making strides in innovation and research hold the key to



economic resurgence of India. Mr. Kaushal added that indeed COVID-19 has put Indian economy in a tailspin but there is a ray of hope in the form of a decisive and resolute leadership combined with the tenacity of Indian population to stand up to the challenge. Using the example of manufacturing of indigenous ventilators, Mr. Kaushal remarked that Indian economy has the potential of transforming a global challenge into an opportunity. In his enlightening address Prof. J.S. Bedi eloquently quantified the past challenges being faced by the Indian economy. Quoting CMIE database, Prof. Bedi said that COVID-19 has severely deteriorated the employment prospects and has led to grave reduction of incomes of the people, migrants in particular. Prof. Bedi added that such severe and deep-rooted problems will prove to be an enormous challenge for the Indian economy to overcome in the future course of time. Advising that India needs to develop sectors where it has competitive advantage, Prof. Bedi concluded on an optimistic note that innovative development works are to be readily required to generate industrious employment opportunities.



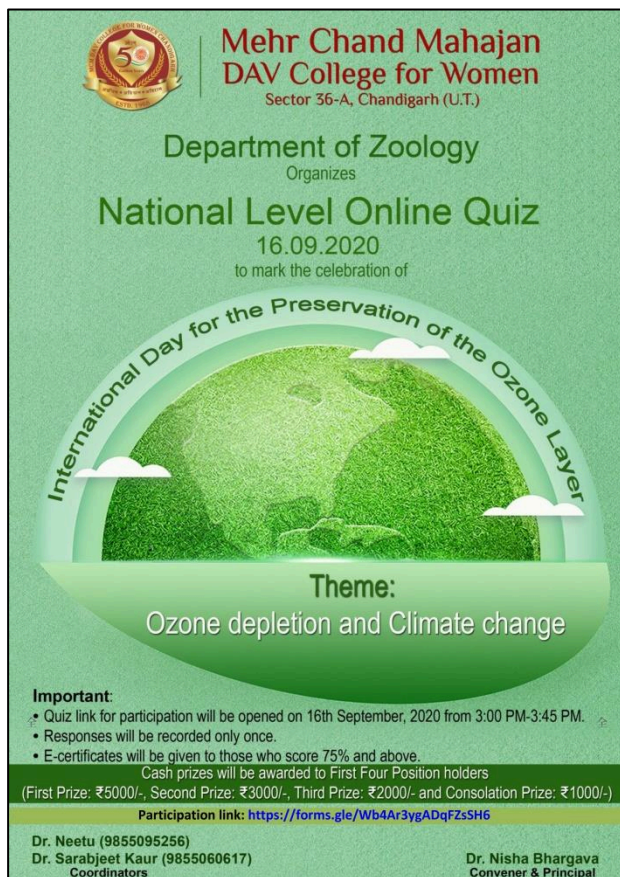
## 7-day online workshop on GST commences at MCM



The Skill Development Committee of Mehr Chand Mahajan DAV College for Women (affiliated to Chandigarh Skill Development Mission as a Training Centre under the aegis of National Skill Development Corporation, Ministry of Skill Development and

Entrepreneurship, Government of India) began a 7-day online workshop titled "Be a GST Expert". The workshop aims to provide practical knowledge and firsthand experience to the participants of the procedures related to registration and returns of GST. Principal Dr. Nisha Bhargava inaugurated the workshop. Delivering the keynote address, Dr. Bhargava asserted that keeping in mind the crunch of trained professionals in the field of GST and lack of orientation for GST compliance among young entrepreneurs, small scale enterprises and other tax payers, the college is organising this workshop in order to develop expertise in registration and filing of GST returns. Dr. Bhargava added that in the era of job crisis, this practical training could open new avenues of skill and work for the youth and make them self reliant. She informed that MCM is the only college in Northern India providing GST training under the flagship scheme of PMKVY and expressed hope that this workshop would help the participants to handle individual projects of GST returns and registration. The sessions of this highly beneficial workshop will be conducted by CMA Bhawna Sharma (Consultant and Certified GST Trainer under Government of India). The workshop received enthusiastic response as over 50 participants from places as far as Calcutta, Kerela and Muscat registered for it.

## MCM holds online national quiz to mark International Day for the Preservation of the Ozone Layer



The poster is green and features a central image of a globe with a green, grassy texture. Above the globe, the text reads 'International Day for the Preservation of the Ozone Layer'. Below the globe, the theme is stated as 'Ozone depletion and Climate change'. The top left corner has the college logo and name: 'Mehar Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh (U.T.)'. The Department of Zoology is listed as the organizer, with the date '16.09.2020'. An 'Important' section lists rules: the quiz link opens on 16th September at 3:00 PM, responses are recorded once, and e-certificates are given to those scoring 75% and above. Cash prizes are listed for the top four positions: ₹5000/- for first, ₹3000/- for second, ₹2000/- for third, and ₹1000/- for consolation. A participation link is provided: <https://forms.gle/Wb4Ar3ygADqFz5SH6>. At the bottom, coordinators Dr. Neetu (9855095256) and Dr. Sarabjeet Kaur (9855060617) are listed, along with the convener and principal, Dr. Nisha Bhargava.

Celebrating International Day for the Preservation of the Ozone Layer with fervour, the Department of Zoology at Mehr Chand Mahajan DAV College for Women organised an online National level Quiz Competition. Organised on the theme 'Ozone Depletion and Climate Change', the quiz witnessed enthusiastic participation of over 560 students from different states and UTs of the country including Punjab, Haryana, Himachal Pradesh, Delhi, Noida, Rajasthan, Madhya Pradesh, Karnataka, Assam and Chandigarh. With the aim of raising awareness among students about the importance

of the ozone layer and the need to preserve it, the quiz consisted of MCQs, objective questions and image based questions to test the knowledge of participants pertaining to the ozone layer. The winners were awarded cash prizes and e-certificates were given to those who secured 75% and above.

Principal Dr. Nisha Bhargava informed that through this quiz, the college endeavours to spread awareness about the problem of depletion of the ozone layer and to motivate students to be a part of the solution and also to educate others about it. She further added that human activity has damaged the Earth's protective layer and much needs to be done to preserve it.

# MCM holds national Webinar on Role of Technology in Higher Education

**Mehr Chand Mahajan  
DAV College for Women**  
Sector 36-A, Chandigarh (U.T.)

**RUSA-Sponsored Webinar  
on  
Paradigm Shift in New Education Policy-2020  
Role of Technology in Higher Education Sector**

**19th  
September  
2020  
at  
10:00 am**

**Chief Guest & Resource Person**

  
**Prof. K. Srinivas**  
Head ICT & Project Management Unit  
National Institute of Educational Planning and Administration  
(NIEPA), New Delhi

**Special Guest**

  
**Dr. Dalip Kumar**  
Mission Coordinator  
Rashtriya Uchcharat Shiksha Abhiyan (RUSA), Chandigarh

**Overview of the Webinar**  
As a comprehensive framework, the National Education Policy - 2020 aims at restructuring and redesigning the academic edifice in the country. Higher Educational Institutions all across the country will need to gear up and revitalise their infrastructure and human resource to meet the inevitable challenges. In a fast-changing global scenario, technological avenues will be pivotal to ensuring equity, access and quality in higher education. This Webinar is aimed at exploring the role of technology as envisioned in the New Education Policy-2020.

This Webinar is open for Faculty members, Research Scholars and Students (All fields). E-Certificates will be provided to all registered participants after successful completion of the Webinar. Prior registration is mandatory. Click below for Free Registration :  
<https://forms.gle/DFr72P2ifqBt6k9x5>

Ms. Neena Sharma  
Institutional Coordinator (RUSA)

Dr. Nisha Bhargava  
Convener & Principal

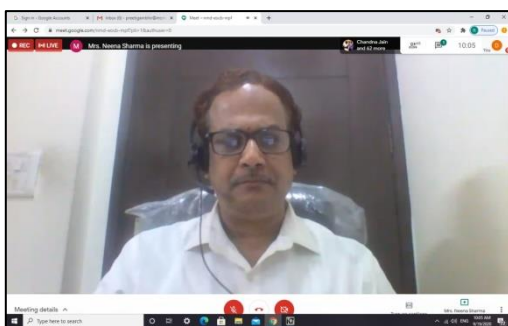
With the aim of exploring the role of technology in higher education as envisioned in New Education Policy 2020, Mehr Chand Mahajan DAV College for Women organised a Rashtriya Uchcharat Shiksha Abhiyan (RUSA) sponsored national webinar on the topic 'Paradigm Shift in New Education Policy 2020: Role Of Technology in Higher Education Sector'.

This webinar of immense relevance to the current situation was graced by Prof. K. Srinivas. Head, ICT and Project Management Unit, National

Institute of Educational Planning and Administration (NIEPA), New Delhi as the Chief Guest and Dr. Dalip Kumar, Mission Coordinator, RUSA, Chandigarh as the Special Guest. Participants from across the country including all Northern States, Gujarat, Maharashtra, Rajasthan, Goa, Sikkim, Nagaland, Kerala, Tamil Nadu, Andhra Pradesh, Telangana, Chattisgarh, Meghalaya and Tripura partook in the webinar.



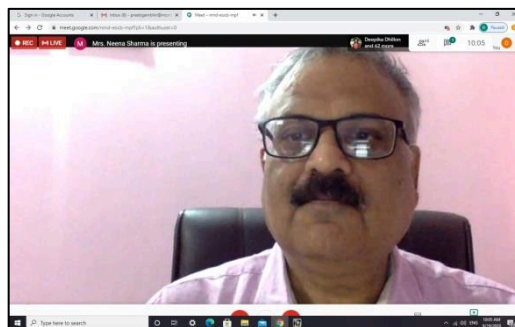
College Principal Dr. Nisha Bhargava, in her inaugural address, said that NEP 2020 is a comprehensive document that seeks to address the challenges faced in the education landscape of India and strives to ensure embracing the best of west while retaining the true essence of 'Bharat'. Speaking on the pertinence of the webinar, Dr. Bhargava asserted that with COVID-19 thrusting upon the education sector online teaching as the only way of delivering education, the role of technology in education has garnered immense importance. She further added that currently India is facing challenges on many fronts including the education sector and India's resilience will be instrumental in overcoming these challenges.




In his enlightening address, Prof. K. Srinivas stressed upon the need to look at technology from the practitioners' perspective as the teacher is the key element in the digital education process. Prof. Srinivas highlighted the nuances and challenges of migration from

offline to online mode of teaching and asserted that technology is a facilitator while teachers are instrumental in providing an environment where learning can happen. As the teacher and taught grapple with the new norm of COVID enforced technology mediated teaching and learning, Prof. Srinivas pointed that issues like lack of training in pedagogy, instructional design, technology oriented learning outcomes and resources need to be resolved. Asserting that effectiveness of technology is directly proportional to the competence and intention of the user, the expert said that the teachers' competency needs to be built and they need to be provided enabling infrastructure for ensuring quality online education. With respect to the NEP 2020, Prof. Srinivas said that it aims to increase online learning in schools as well as higher educational institutions, thereby creating more categories of educational access. Shedding light on operationalisation strategies and the relevant issues, Prof. Srinivas impressed upon the need to embrace change in order to remain relevant as technology of online education and all digital initiatives have possibilities to revolutionise higher education.

Dr. Dalip Kumar said that in the changing global scenario technology will be pivotal to ensuring equity, access and quality in higher education. He further stated that technological intervention has helped to cope with the disruption in academics brought about by COVID and stressed upon the need to strengthen the structure further for meeting unforeseen challenges. Advocating the integration of online learning, digital education and technology, Dr. Kumar highlighted the role of HRDC and NIEPA in laying out the module for developing resources and infrastructure for online education. The webinar was well received by the participants who put forth their interesting viewpoints and queries which were responded to by the experts.



## Experts deliberate on NEP in a webinar by MCM



The poster is for a webinar on the National Education Policy-2020. It features the logo of Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh (U.T.), established in 1965. The text indicates that the NSS Units and Unnat Bharat Abhiyaan (UBA) Cell are organizing the event on Monday, 21 September 2020 at 4:00 PM. A central graphic shows a lightbulb with Hindi characters inside, symbolizing ideas and education. A portrait of the resource person, Ms. Arundhati Nilkanth Kawadkar, is shown. At the bottom, the names of the organizers and convener are listed.

**Mehr Chand Mahajan  
DAV College for Women**  
Sector 36-A, Chandigarh (U.T.)

NSS Units and Unnat Bharat Abhiyaan (UBA) Cell  
are organizing  
**Webinar on National Education Policy-2020**

Monday, 21 September 2020 at 4:00 PM

**Resource Person**

**Ms. Arundhati Nilkanth Kawadkar**  
Sanmitra Sainiki Vidyalaya  
Chandrapur, Maharashtra

Click here to join the webinar: <https://meet.google.com/ikz-qbap-yuw>

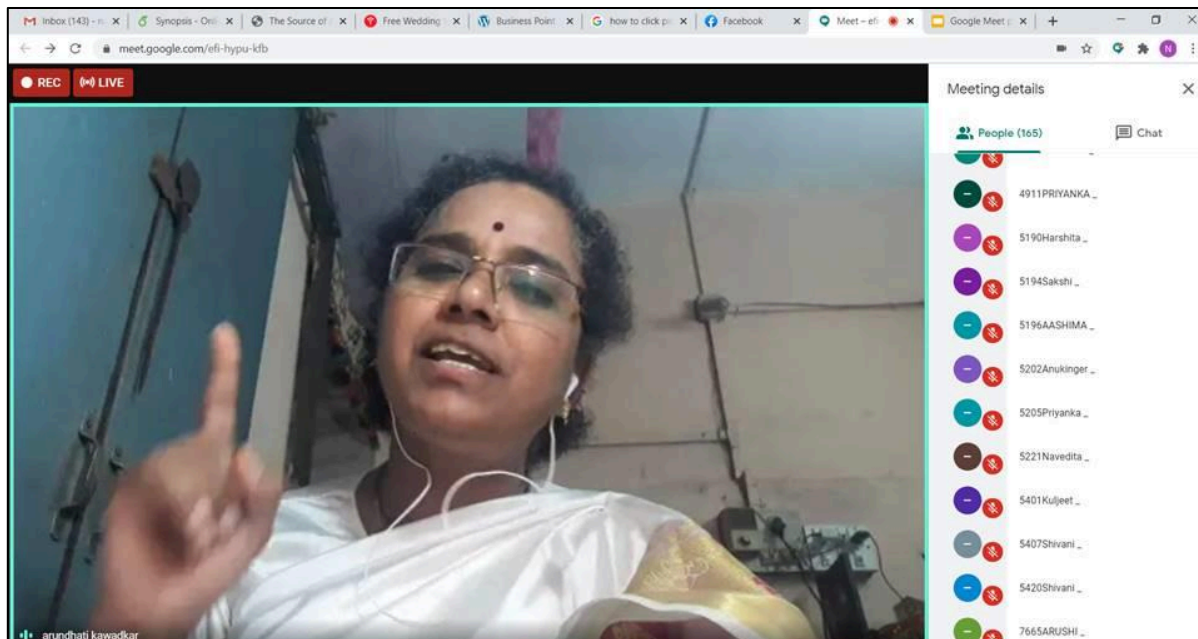
Ms. Pallvi Rani  
Dr. Purnima Bhandari  
NSS Programme Officers

Dr. Gunjan  
Coordinator, UBA

Dr. Nisha Bhargava  
Convener and Principal

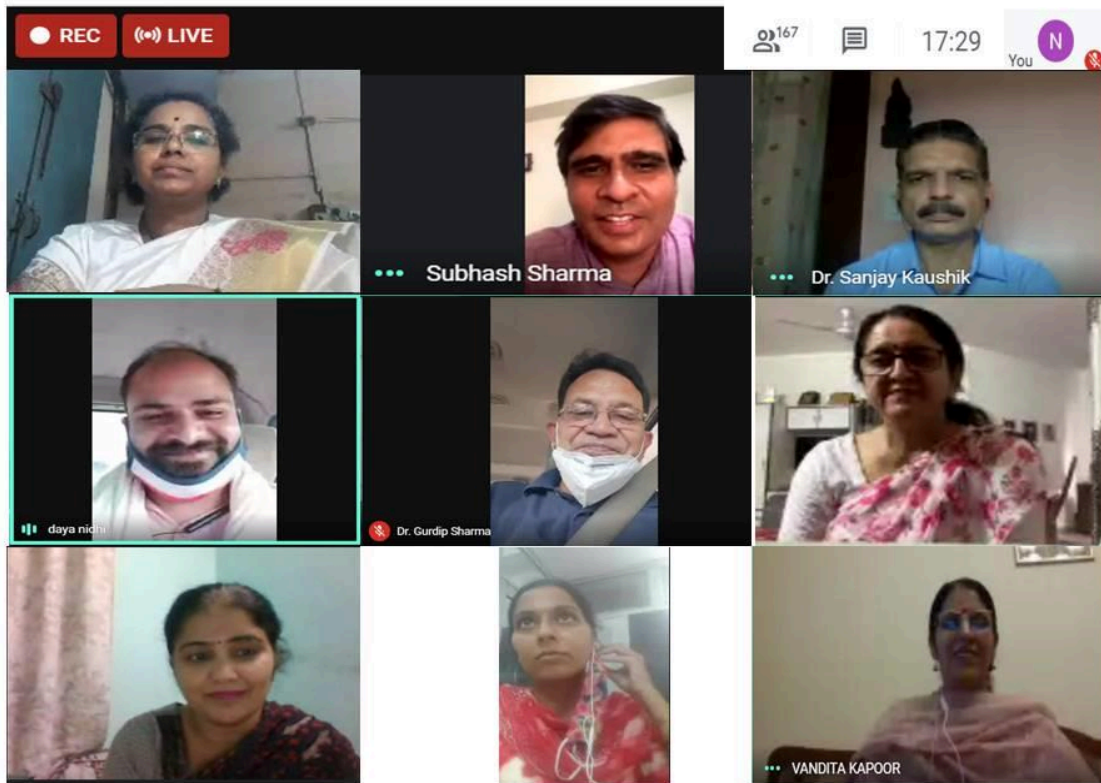
The NSS units and Unnat Bharat Abhiyaan Cell of Mehr Chand Mahajan DAV College for Women organised a webinar of contemporary relevance on National Education Policy 2020. The resource person of the webinar was Ms. Arundhati Nilkanth Kawadkar, an educationist at Sanmitra Sainiki Vidyalaya, Chandrapur, Maharashtra. The other speakers who deliberated upon the topic were Dr. Subhash Sharma, Founder Director, CEPR, and Independent Director of Hindustan Copper Ltd. and Prof. Sanjay Kaushik, Dean, College

Development Council, Panjab University, Chandigarh. Senior Senate and Syndicate Member of Panjab University Dr. Gurdip Sharma and Mr. Dayanidhi, Organising Secretary, Bhartiya Shikshan Mandal, Chandigarh also partook in the event as Special Guests. Dr Nisha Bhargava, Principal of the college inaugurated the webinar and spoke about the importance of NEP 2020 and how it would strengthen the ramparts of higher education in India. Dr. Bhargava also focused on how the NEP would open up new portals and avenues of opportunities for the youth of the country.



Sharing her valuable insights on the policy, Ms. Arundhati Kawadkar asserted that the policy being an India-centric one, it will enable the country's youth to generate employment opportunities by focusing on individual skill generation. She further spoke about how the policy blurs distinctions between various disciplines and manifests the latent potential in every child's mind.

Narrating practical examples of how nothing is extra-curricular and everything is a part of education, Ms Arundhati emphasized on the holistic nature of the NEP 2020. She also informed the participants that the NEP 2020 will focus on increase in Research for Resurgence. Dr. Subhash Sharma informed the participants about the NEP 2020 invoking curiosity and enhancing the skill sets of students. He reminded the participants that the brightest minds in the country had been on the panel which drafted this policy. He further deliberated that the NEP would bridge the wide gulf between the Western education paradigms and Indian education paradigms and bring greater fluidity and flexibility into the higher education of the country. Adding



that the NEP would introduce credit system into our higher education and reduce the prevalent rigidity in the traditional education system, Dr. Sharma said that this would create a level playing field for the students which would be able to enhance their global competitiveness. He concluded his speech by focusing on one of the greatest advantages of this policy which would be to build our youth's capacity for entrepreneurship.

Prof. Sanjay Kaushik also spoke about how the NEP-2020 would signal a shift from the pre-historic to the modern and developed and from the human to humane. The webinar was extremely informative and dwelt upon the various nuances of the National Education Policy-2020. The various doubts of the over 240 participants were put to rest by the expertise of the speakers.



## MCM hosts unique online Induction Programme to welcome Freshers



 Mehr Chand Mahajan  
DAV College for Women  
Sector 36-A, Chandigarh (U.T.)

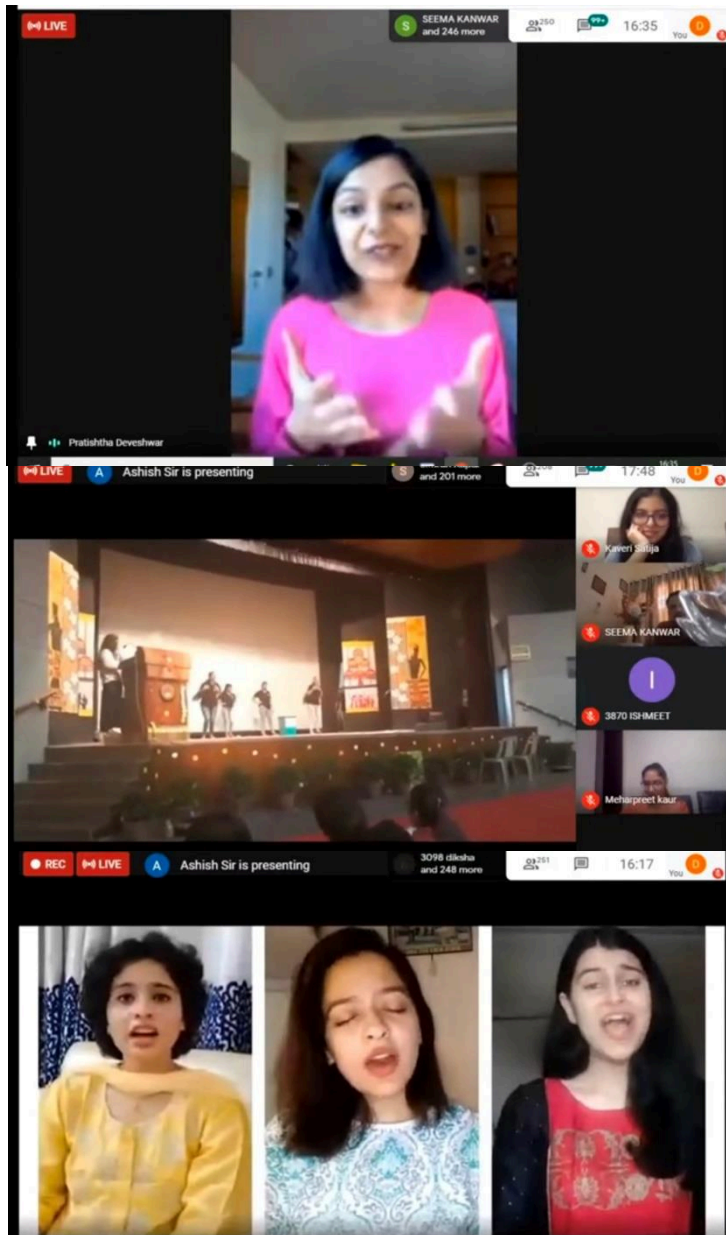
JOIN THE ONLINE TALK  
ON  
**POWER OF POSITIVITY  
AND NEVER GIVING UP**  
BY  
**Ms. PRATISHTHA DEVESHWAR**  
YOUTH AMBASSADOR AND MOTIVATIONAL SPEAKER  
FROM UNIVERSITY OF OXFORD

AT  
**ONLINE INDUCTION DAY PROGRAM**  
DATE: 22 SEPTEMBER 2020 TIME: 4:00 PM (IST)

An Online Infotainment Extravaganza  
being organised to induct you into the quintessential culture and  
ethos of the institution. Lined up for you are dances, skit, poems,  
games, melodious songs and many more.

To be a part of this momentous event. Click below :  
<https://stream.meet.google.com/stream/cfd1e999-ba98-4130-89b0-0bd88368b298>  
For logging into live streaming, Use your username and password of institutional email id.

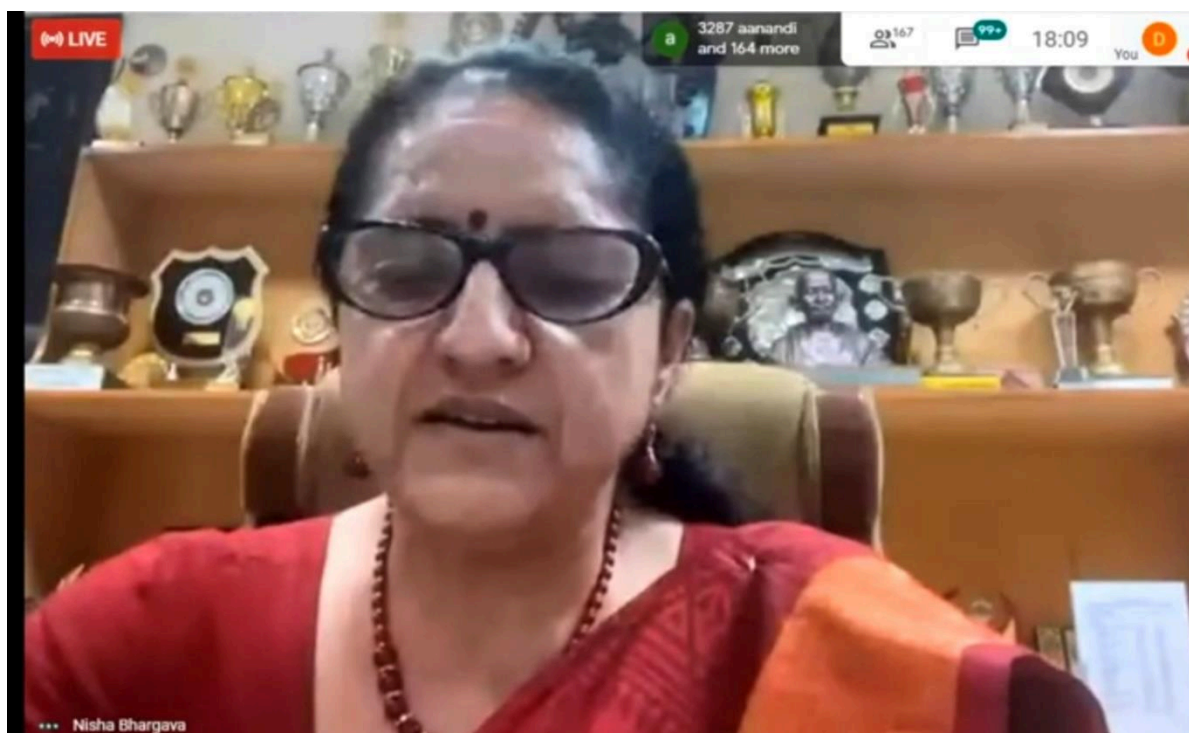
In a unique event symbolising the triumph of human will as rather than being bogged down by the pandemic ridden times, to induct the newcomers into the quintessential culture and ethos of the institution, Mehr Chand Mahajan DAV College for Women hosted an online Induction Programme 2020. Youth Ambassador and Motivational Speaker from University of Oxford, UK, Ms. Pratistha Deveshwar graced the infotainment extravaganza as the Special Guest. The programme began with an introductory video of the college to provide the newcomers glimpses of the great institution that they have become a part of now. In a highly inspiring and lively discourse, Ms. Pratistha Deveshwar spoke on 'The Power of Positivity and Never



Giving Up', striking a chord with the students who have joined the college with the dreams of making it big in life. Ms. Deveshwar went on to share with the newcomers that life is a roller coaster ride and one should realise the potential of positivity in facing even the severest of challenging situations in life. Narrating her own story of losing the ability to walk at the age of 13 and overcoming the challenge of disability coupled with fighting the society's perception of disabled persons and the stereotypes attached therewith, Ms. Deveshwar said that she decided that if she cannot walk, she would grow wings

and fly. Maintaining a journal of abilities, listening to the voice within that reaffirms one's ability to accomplish the undoable, daring to dream and chasing that dream, and lighting up the entire universe with one's spark of kindness were the practical life lessons that Ms. Deveshwar shared with the students for bringing positivity in one's life. A feisty skit with a touch of humour introducing the freshers to the college rules,

melodious song performances, dance performance, poetry recitation and games won the hearts of all the viewers. The Deans and Conveners of various committees and clubs were also introduced to the students.



Principal Dr. Nisha Bhargava informed that the institution is working incessantly for the holistic development of its stakeholders. Welcoming the newcomers to this great seat of learning, Dr. Bhargava implored them to carry forward the rich legacy of this illustrious institution in a befitting manner and to write this new chapter of their life pragmatically. In her warm and affectionate address, Dr. Bhargava also motivated the students to realise their potential as the youth have the ability to dream and to achieve the impossible. Dr. Bhargava ended her speech on a poetic note with her self-composed motivational poem 'subah ki roshni' that touched the hearts of the audience.

## MCM Electoral Literacy Club holds Poster Competition

The Electoral Literacy Club of Mehr Chand Mahajan DAV College for Women conducted an online Poster Making Competition on the theme 'Importance of Vote'. The competition aimed at sensitising the youth about the relevance of judicious use of one's franchise to a healthy, vibrant democracy. 41 students from across different streams participated enthusiastically in the competition and through their creativity gave a strong message to use their vote prudently.

Principal, Dr Nisha Bhargava appreciated the creativity of students in delivering the message of importance of vote through the medium of posters. She asserted that the youth need to realise that every vote counts and thus, they must exercise their right to vote sensibly to ensure bright future of the country.



# MCM holds Inter-College 'Create Your Own Miniature Garden' Competition

**Mehr Chand Mahajan DAV College for Women**  
Sector 36-A, Chandigarh (U.T.)

Vita Sachville West had rightly stated  
**"The Tiniest Garden is often the best."**

The concept of "Miniature Gardens" is a true validation of these words by West. These gardens are tiny representations of the larger natural landscapes.

Dear Students,  
The Department of Botany, Mehr Chand Mahajan DAV College for Women, Chandigarh provides you an opportunity to exhibit your creative skills by capturing nature in a container. You are all invited to participate in the **Inter College Competition:**  
**"Create your own Miniature Garden"**

- Each participant can send only one entry.
- The entry has to be an individual effort.
- Team participation is not allowed.
- The participant can design/create a garden based on any concept of his/her own choice.
- The participant can use container, plants and other materials of his/her own choice.
- The participant is required to post a clear photograph of himself/herself beside his/her creation.
- The name of participant, stream, year & college should be clearly mentioned along with the entry sent. All students on regular college rolls are eligible to participate.
- The last date of receiving the entries is 15th September, 2020 till 5:00 PM.
- Results will be declared on 17th September, 2020 by 5:00 PM.
- e-Certificates will be given to top 10 entries.
- email id for sending entries: [mcmintercolllminigardcontest@gmail.com](mailto:mcmintercolllminigardcontest@gmail.com)

Dr. Gunjan Sud (9417318386)  
Coordinator

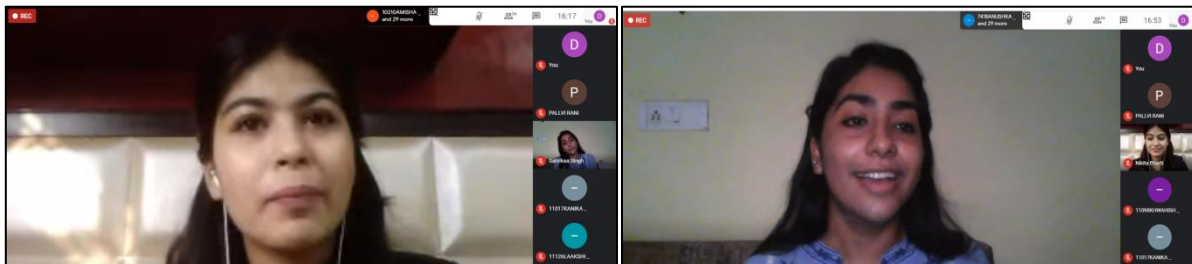
Dr. Nisha Bhargava  
Convener & Principal

Reflecting the relentless efforts of Mehr Chand Mahajan DAV College for Women in the direction of raising awareness about the cause of environmental conservation, the Department of Botany organised an Inter-College competition titled 'Create your own Miniature Garden'. The central idea of the competition was to introduce people to the concept of miniature garden that not only enhances the aesthetic value of indoor spaces but also helps to incorporate air purifying plants in small, closed spaces. This novel competition recorded enthusiastic response as over 30 entries were

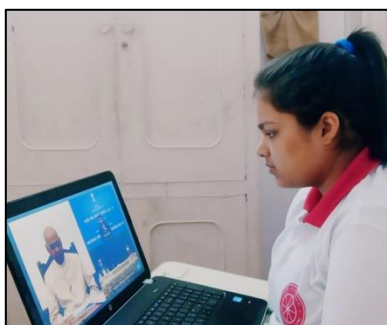
received from various institutions. The creative imagination of the participants reflected aptly through their tiny customized versions of the larger gardens which they had created by growing living plants with other suitable accessories to provide an appealing look. The first ten position holders were awarded e-certificates. Principal Dr. Nisha Bhargava expressed appreciation for this endeavour of the Botany Department. She added that besides providing an opportunity to the young minds to channelize their energy positively and to express their creativity in these distressing times, the competition also introduced the concept of miniature garden as an effective way to connect with nature even in a limited space.

## MCM celebrates NSS Day

The NSS units of Mehr Chand Mahajan DAV College For Women celebrated NSS Day online with great fervor and enthusiasm. Due to the prevailing pandemic situation, the NSS units organised several virtual activities to mark the day. A webinar on 'Celebrating the true essence of NSS Day' was organised wherein Ms.



Nikita Bharti and Ms. Satvika Singh, two alumni of the college who made a mark as NSS volunteers graced the occasion as resource persons. During this interactive webinar, both the dynamic alumni delivered motivational talk sharing their personal experiences during their journey as NSS volunteers. They also motivated the present volunteers by sharing their views about community service, how one can serve the nation and sensitised them about different aspects related to Swachhta, Fit India Movement, and awareness regarding the precautions that one must take during current pandemic times. They urged the young minds to have concern for the well-being of the community and engage in creative and constructive social action.



In another activity, the NSS volunteers of the college attended the webcast of NSS Award Ceremony for year 2018-19 that was organised by the Ministry of Youth Affairs and Sports, Government of India wherein awards were conferred by the honourable President of India Shri Ram Nath Kovind. Various awareness activities pertaining to Fit India movement, COVID-19 (including dos and don'ts)

were conducted by the volunteers that included, yoga, cycling, distribution of masks and soaps, etc.



Principal Dr. Nisha Bhargava congratulated the MCM NSS volunteers for imbibing the NSS motto of 'Not me but You' in their lives by doing exemplary work in the field of community service. She

further informed that the MCM NSS units were also felicitated by Panjab University for their significant contribution to the cause of community service and nation building.

# National Article Writing Competition by MCM

**Mehr Chand Mahajan DAV College for Women**  
Sector 36-A, Chandigarh (U.T.)

## Artifact

National Level  
Article Writing Competition

on: Dadra and Nagar Haveli: A Glimpse of Atulya Bharat  
organized by Ek Bharat Shreshtha Bharat Club

**Call for Articles:**  
Ek Bharat Shreshtha Bharat Club of Mehr Chand Mahajan DAV College for Women, Chandigarh invites Articles from students/research scholars enrolled in any UG/PG/ PhD course, academicians associated with any educational institution ( University / College), professionals across various fields in India.

**Topics:**

1. Dadra & Nagar Haveli - History, Culture and Tradition
2. Dadra and Nagar Haveli - Homeland of Simple, Cheerful and Colorful Tribes
3. Dadra and Nagar Haveli - Land of Scenic Beauty
4. Dadra and Nagar Haveli- Taste the Amazing Cuisine
5. Dadra and Nagar Haveli-Socio Economic Development

**Guidelines:**

- The Article must be submitted in English only at [mcmebsb@gmail.com](mailto:mcmebsb@gmail.com).
- The article should be the original work of the author. Any kind of plagiarism will lead to disqualification.
- The article published elsewhere or selected/ submitted for publication elsewhere shall be disqualified.
- The name of the author should not be mentioned anywhere in the article.
- Send your complete details i.e. Name, Complete Address, with Phone No. and Affiliation in the email with your article Co-Authorship is not allowed.
- The word limit for the article is 800-1000 words, not including footnotes Pictures are not allowed.
- The article should be typed in Times New Roman, Font Size 12 and Line Spacing 1.5, justified.

**Submission Deadline:**  
5/9/2020

**Awards & Certificates:**

- E-certificates of participation will be provided to all the participants who make a valid submission in line with the Submission Guideline mentioned herein.
- Four best entries shall be awarded cash prizes (First Prize: ₹2000/-, Second Prize: ₹1500/-, Third Prize: ₹1000/- and Consolation Prize: ₹500/-) along with e-Certificate.

**Publication:**  
Selected articles, as recommended by the Editorial Board, shall be published in a e-Book.

**Registration Fee:**  
There is no fee required for registration or submission.

For any queries, feel free to drop in a word at: [mcmebsb@gmail.com](mailto:mcmebsb@gmail.com)

**Ms. Neena Sharma**  
Coordinator

**Dr. Nisha Bhargava**  
Convenor & Principal

Mehr Chand Mahajan DAV College for Women organised a national online Article Writing Competition-ARTIFACT on 'Dadra and Nagar Haveli: A Glimpse of Atulya Bharat' under the aegis of its Ek Bharat Shreshtha Bharat (EBSB) Club. As Chandigarh is paired with Dadra and Nagar Haveli, this competition was aimed at generating awareness about the diversity of this multicultural land nestled between Maharashtra and Gujarat. The competition witnessed an enthusiastic response as 74 entries from nearly 15 states celebrated the colourful palette of Atulya Bharat and reinforced the unshakeable spirit of

unity in diversity of India. Tracing the historical developments of Dadra and Nagar Haveli, the articles dwelt on the colourful tribal culture in the region and brought alive the mouth-watering delicacies of this myriad-faceted state. The winners were awarded cash prizes and e-certificates were given to all the participants. Principal Dr. Nisha Bhargava congratulated the winners and applauded the efforts of the EBSB Club of the college. She added that the Ek Bharat Shreshtha Bharat programme of Government of India is a wonderful initiative that facilitates fostering of appreciation for our diversity while strengthening the fabric of national integration.

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Report of Activities: 1<sup>st</sup> Quarter (July 2020 to September 2020)

**Mehr Chand Mahajan DAV College for Women, Chandigarh**

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## MCM marks Poshan Maah 2020 with Cookery Competition

The NSS units of Mehr Chand Mahajan DAV College for Women conducted an Inter-College Online Cookery Competition to celebrate Poshan Maah- a Government of India's initiative to ensure community participation in addressing the problem of malnutrition. The competition, envisioning to come up with nutritious recipes especially for children with severe acute malnutrition (SAM) and to promote kitchen garden under "Poshan Ke Liye Paudhe" drive, witnessed participation of over 30 students from different parts of the country. With emphasis on raising awareness about the nutritional value of locally grown ingredients and how their usage can alleviate the problem of malnutrition, the participants were encouraged to prepare a variety of healthy recipes to promote the usage home grown ingredients. The winners were awarded cash prizes and e-certificates were awarded to all the participants. Expressing appreciation for this novel endeavour of the NSS units, Principal Dr. Nisha Bhargava said that this competition not only put to test the culinary skills of the participants but also helped to drive home the message of importance of holistic nutrition. She expressed hope that this competition would help bolstering people's participation in the National mission of fighting malnutrition in a targeted manner.



## National Essay Writing Competition on Computer Cleaning

**Mehr Chand Mahajan DAV College for Women**  
Sector 36-A, Chandigarh

Swachhta Committee  
Department of  
Computer Science & Applications

**NATIONAL LEVEL**  
**ONLINE ESSAY WRITING**  
**COMPETITION**

**Computer Cleaning: Ins and Outs**

Cash prizes will be awarded to First Four Position Holders. (First prize: Rs 5000, Second prize: Rs 3000, Third prize: Rs 2000, Consolation prize : Rs 1000)

**Theme Outline:** The concept includes physical & logical (data) cleaning of the computer system. During the days of pandemic, sanitization and maintaining the cleanliness of the computer system is no less a challenging task. Beyond that, mostly people keep on cluttering their computer systems by storing data haphazardly, and then retrieving such information later on becomes an uphill task. Also there are various utilities and services provided by operating systems for optimizing storage. Participants can suggest various approaches that could be followed in any of these directions or beyond.

**Rules of the competition:**

- The word limit for the essay is 3000-5000 words.
- Preferred format is - Font style: Times New Roman, Font size: 14 pt (for Title) and 12 pt (for regular text).
- Student must write Roll No., Full Name, College Name, City and State name on the first page of pdf document maintaining participation record.
- Students need to upload their college ID along with the document.
- Students can submit their entries, comprising original ideas, in typed-format on the Email ID dcsamcm@gmail.com latest by 21st September 2020 5.00 pm.
- Late entries will not be entertained.
- Results will be announced on 28th September 2020.

For further details, contact at 9463495055, 9988097754 or email at dcsamcm@gmail.com

Dr. Mandeep Kaur	Dr. Indu Arora	
Ms. Navdeep Kaur	Ms. Deepti Sharda	Dr. Nisha Bhargava
Coordinators	Co-Convenor	Convenor & Principal

The Department of Computer Science and Applications, under the aegis of Swachhta Committee, of Mehr Chand Mahajan DAV College for Women organised a national level online Essay Writing Competition on the topic "Computer Cleaning: Ins and outs". The objective of the competition was to create awareness about physical and logical cleaning of computers especially during COVID-19 times when the use of computers has become more pervasive than ever before. Over 42 entries were received for the competition wherein the participants were required to suggest

various approaches that could be followed for physical and logical (data) cleaning of the system, decluttering the system for easy retrieval of information and utilities/services for optimising system storage. Seeking to encourage students to make computer cleaning part and parcel of their daily routines, the competition's judgement rubrics included relevance to the theme, originality of idea and expression. The winners were awarded cash prizes and e-certificates were awarded to the participants.

Principal Dr. Nisha Bhargava lauded this initiative, terming it an important step in the direction of raising awareness about managing the functioning of computer systems in a better way for enhanced performance. She added that this competition reinforces MCM's crusade for the cause of Swachhta in all aspects of life.



**Mehr Chand Mahajan DAV College for Women**  
Sector 36-A, Chandigarh

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*Narrative by*

**Dr. Preeti Gambhir**

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*Compiled, designed and edited by*

**Ashish Mudgal**

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