



Mehr Chand Mahajan DAV College for Women

Sector 36-A, Chandigarh (U.T.)

ACTIVITIES REPORT

January 2021 to March 2021

Vedic Programs
Webinars
Seminars
Awareness Programs
Extension Lectures
Cultural Programs
Social Outreach Activities
Achievements
and many more.. .

Email: principal_mcmdavcollege@yahoo.com

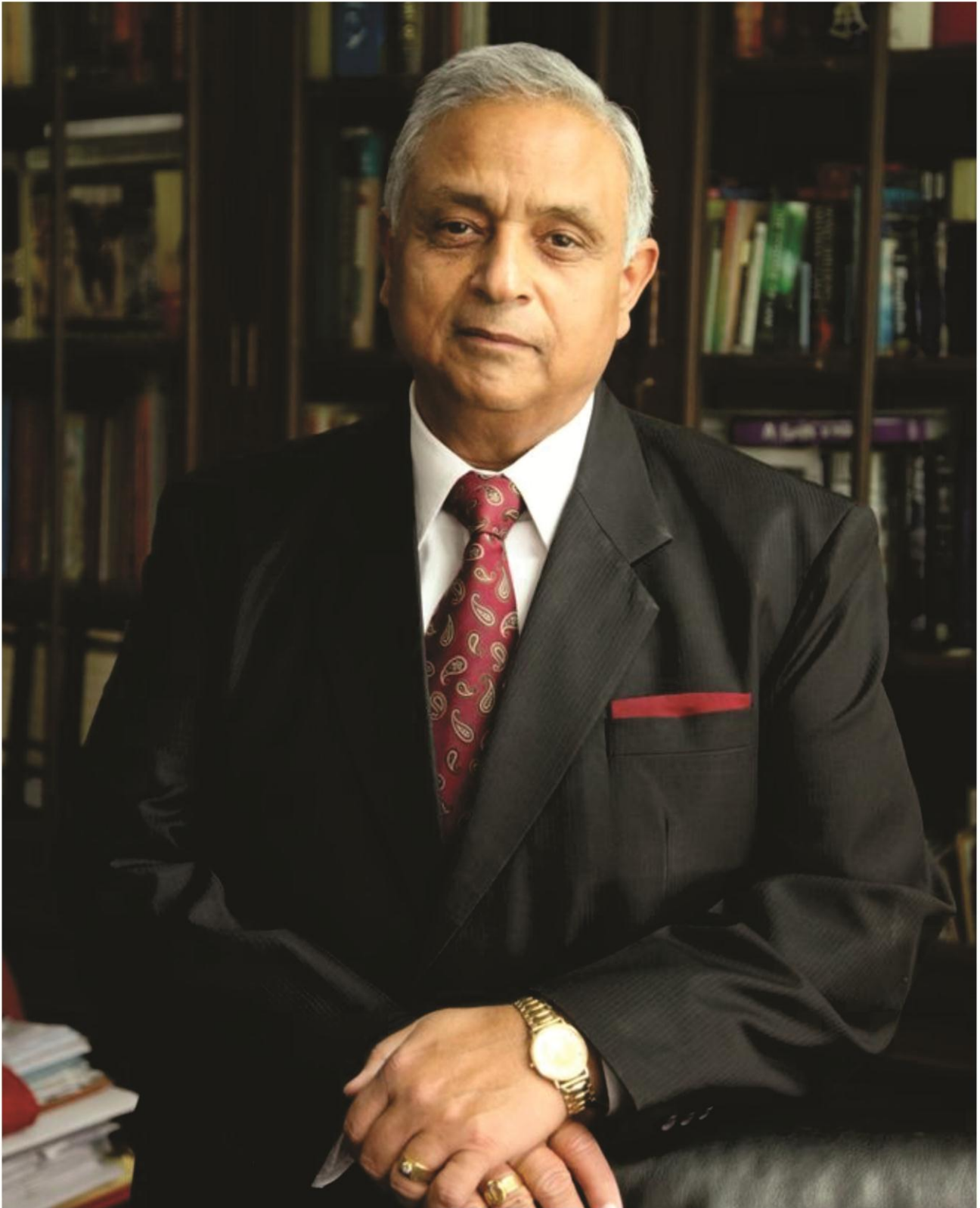
Website: <https://mcmdavcwchd.edu.in/>

Our Beacon of Light



MAHARISHI SWAMI DAYANAND SARASWATI

Our Guide and Mentor



Dr. Punam Suri Ji, Padma Shree Awardee

Hon'ble President

DAV College Managing Committee

New Delhi

Principal's Message

The world today is changing at an accelerated rate and we, as educators need to pause and reflect on this entire system of Education. Today, the role of an educational institution is not only to pursue academic excellence but also to motivate and empower its students to be productive members of an ever-changing global society. Mehr Chand Mahajan DAV College for Women provides an atmosphere to its students for multifaceted development, where they are encouraged to channelize their potential in the pursuit of excellence. This can only be possible in a holistic, student-centric environment. The college is striving hard to make the best possible efforts to inculcate strong values in the student community by combining with academics and extra-curricular activities. Converting every individual into a self-reliant and independent citizen, the college provides an amalgam of scholastic and co-scholastic activities.

My deepest gratitude to Dr. Punam Suri Ji, Padma Shree Awardee, worthy President, DAV College Managing Committee (DAV CMC), New Delhi for his visionary leadership and encouragement. I express my thanks to Shri H.R. Gandhar Ji, Hon'ble Vice President, DAV CMC, New Delhi for his valuable guidance at all times. I also express my gratitude to Shri Shiv Raman Gaur Ji, Director Higher Education, DAV CMC, New Delhi for his most willing guidance and blessings that we receive in ample measures. It gives me immense pleasure to present, through this report, a panoramic view of our journey during the months of January to March 2021.



Dr. Nisha Bhargava
[Principal]

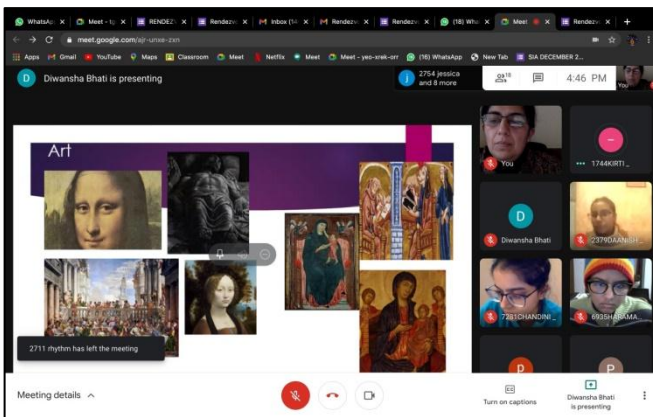


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MCM's Tarikh holds discussion on evolution of thought



Tarikh- the History association at Mehr Chand Mahajan DAV College for Women organized an online discussion session entitled 'The Evolution of Thought'. The aim of the session was to deliberate on diverse philosophical, historical, political and artistic aspects behind the major events of 'The Renaissance and Reformation'. 22 students took part in the enlightening session. From discussion on Art during the Renaissance period to deliberations on Life of Leonardo Da Vinci, English literature during

Renaissance, Prince and Utopia in Renaissance, the session covered various aspects of Renaissance and Reformation. While pondering over the beauty of Renaissance a very important point was made which called for better preservation and understanding of Indian art. Appreciating this initiative, Principal Dr. Nisha Bhargava said that such forums hold immense significance as these help to cultivate critical thinking in relation with various perspectives to have free-flowing dialectical dialogues.

MCM holds online screening of documentary on Electoral Reforms



The Electoral Literacy Club of Mehr Chand Mahajan DAV College for Women organised an online screening of the documentary 'The Electoral Reforms'. The objective of the screening was to educate students about the Indian electoral procedure and its intricacies by highlighting the electoral challenges faced by the country with special focus on 2019 General elections. A total of 59 students participated in the activity. The screening of the documentary was followed by discussion wherein students deliberated on electoral problems and gave valuable suggestions to bring electoral reforms. Principal Dr. Nisha Bhargava expressed appreciation for this initiative and said that an aware citizen holds the key to a robust democracy and progressive nation. She added that

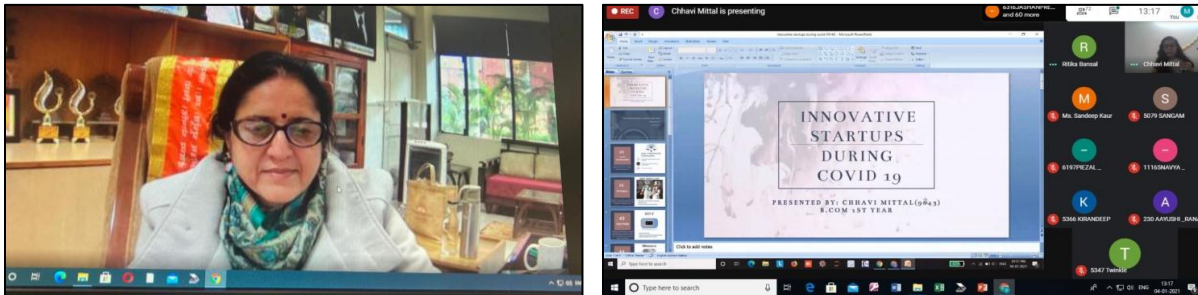
such initiatives also help widen the horizons of the students.

MCM holds national quiz on Atmanirbhar Bharat



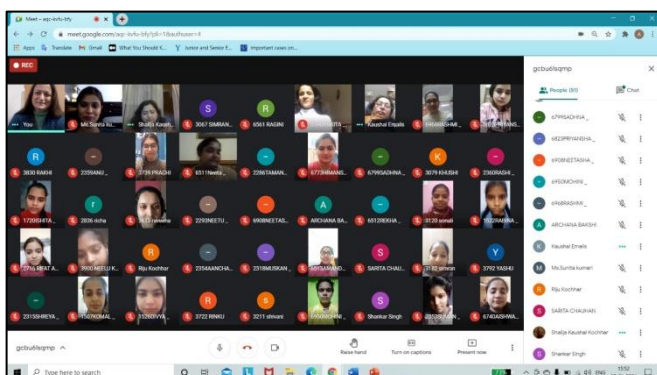
The Ek Bharat Shreshtha Bharat (EBSB) Club of Mehr Chand Mahajan DAV College for Women organised a National-Level Online Quiz on 'Atamnirbhar Bharat' to generate awareness about the various measures being undertaken by the Union Government to revive economy and restructure the policies for making India a resurgent force in the global market. This academic endeavour saw an overwhelming response as 471 enthusiastic participants from 23 states across the nation, from J & K and Himachal Pradesh to Tamil Nadu and Maharashtra, from Delhi NCR, Rajasthan and Odisha to Assam, Tripura and West Bengal, answered stimulating questions exclusively based on the grand mission 'Atamnirbhar Bharat' which was announced on 12th May 2020. The questionnaire tested the knowledge of the various measures which have been announced by the various ministries, including Ministry of Finance, Health and Family Welfare, Tourism, Science and Technology and Ministry of Education, to confront the challenges arising due to COVID-19. It was heartening to note that the participants were well-aware of the policy-decisions and industrial growth which is gradually getting an impetus due to the measures being taken at the national level. That the Government initiatives like 'Vocal for Local' and 'Make in India for the World' are gaining popularity was reflected in the responses of the participants. Principal Dr. Nisha Bhargava appreciated the academic endeavour undertaken by the EBSB Club and exhorted the youth to contribute to the cause of nation-building. She added that with COVID-19 disrupting the economic growth, a self-reliant India is imperative for the country's development and thus, everyone must be sensitised about it so as to reap its benefits.

MCM holds PPT Competition on innovative Start-Ups



The Institution Innovation Council (IIC) of the college organised an online PowerPoint Presentation Competition on the topic 'Innovative Start-Ups during COVID-19 Pandemic'. The aim of the competition was to inspire students to become a part of innovation culture by researching about the innovations that happened during the pandemic period and also educating others about it through their presentations. The competition also endeavoured to raise awareness about how ideas can be converted into businesses even in the situations that can be termed as historically challenging and unforeseen. 105 students and 7 faculty members attended the event that was also livestreamed on YouTube. 14 contestants discussed a diverse range of innovations being done in different fields like Medicine, Sanitization, Artificial Intelligence, Equipment, Food and Mobile Apps, etc. The competition highlighted the importance of innovations for the society as well as individuals, and how problem based innovative solutions positively affect our day-to-day life and offer solutions to the problems that we may not face in normal circumstances. Cash prizes were awarded to the first three position holders. Principal Dr. Nisha Bhargava expressed appreciation for this endeavour of IIC for providing an opportunity to students to express their views on innovative start-ups during the pandemic. She added that given the fact that the entrepreneurs and innovators have responded quickly to the challenges posed by the COVID-19 pandemic, this competition will help in disseminating valuable and inspiring lessons in innovation and entrepreneurship.

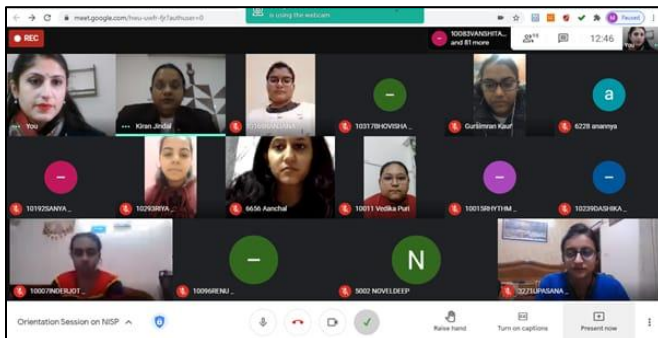
'Srijan aur Samvaad' carries forward 'Gyan Shrankhala' at MCM



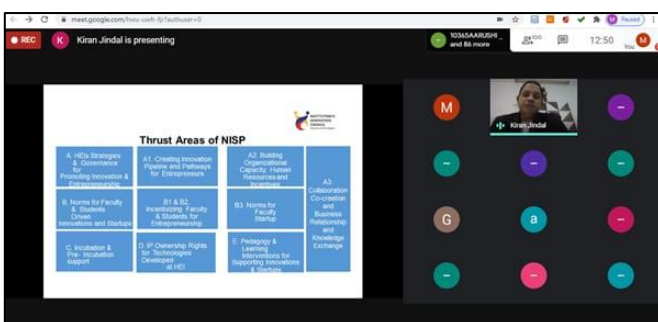
Under the aegis of its novel initiative of interactive lecture series- Gyan Shrankhala that envisions to bring together alumni and the students for sharing of knowledge and experiences, Mehr Chand Mahajan DAV College for Women organised

'Srijan aur Samvaad'. Organised by the Alumni Committee, Srijan aur Samvaad had 1997-2000 batch alumna Ms. Shailja Kaushal Kochhar, Information and Public Relations Officer (Press), Government of Haryana, Author and Motivational Speaker as the resource person. Over 80 students benefitted from this session that dealt with nuances of journalism, creative writing and story writing. In her engrossing session, Ms. Kochhar introduced the students to the history of journalism in India and its changing dimensions. For a career in journalism, Ms. Kochhar stressed upon passion as the most important virtue to be imbibed. Discussing the art of creative writing, Ms. Kochhar highlighted that writing regularly and reading vociferously are key ingredients for polishing one's creative writing acumen. She advised the students to read different genres in various languages and by different authors for understanding various writing techniques, and also shed light on works of some acclaimed writers like Rabindra Nath Tagore, Munshi Premchand, Jhumpa Lahiri, Amish Tripathi and more. A discussion of her stories like Babu Rai, Via Moscow, Tokyo Flight and how she visualised different characters helped the students in grasping the intricacies and techniques of story writing. Principal Dr. Nisha Bhargava informed that in view of the exceptional times of COVID-19 posing restrictions on organising the annual alumni meet- Rendezvous and Reminiscences in the offline mode, the college came up with the idea of 'Gyan Shrankhala' as a way to keep the flame of connectivity, resilience and hope alive.

Session on NISP conducted at MCM



The Institution Innovation Council (IIC) at Mehr Chand Mahajan DAV College for Women organised an orientation session on National Innovation and Start-up Policy (NISP).



The resource person for the session was Dr. Kiran Jindal, NISP Coordinator, IIC, MCM. A total of 110 students and faculty members attended the event that was live streamed as well. The session

apprised the students on NISP and its thrust areas. An elaborate discussion was conducted on how the students and faculty at higher educational institutions can seek the support of the Government of India for becoming job-creators. Encouraging the students to come up with innovative ideas and business plans, the speaker shed light on the various financial benefits available under NISP. The students found the session very interesting and informative.

Principal Dr. Nisha Bhargava informed that the college's IIC is working dedicatedly towards systematically promoting the culture of innovation and entrepreneurship, and organises such sessions from time to time to educate students about the importance of innovation for national development.

MCM holds workshop on Social Entrepreneurship



Mehr Chand Mahajan DAV College for Women, in collaboration with Mahatma Gandhi National Council of Rural Education (MGNCRE), Hyderabad, organised a national level online workshop on 'Social Entrepreneurship: Business Plan Preparation'. Mr. Natraj Gudla of Samskruti Foundation was the resource person for this thought provoking workshop that had over 200 participants in attendance.

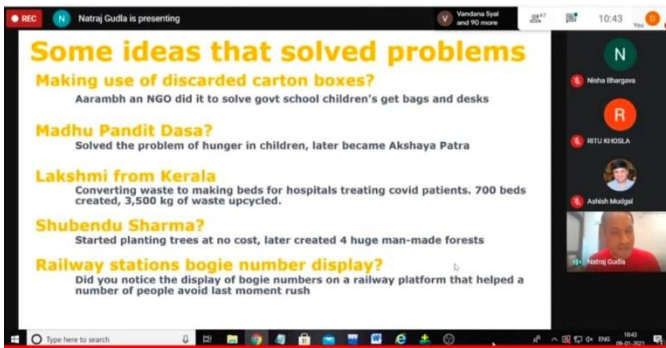


Inaugurating the workshop and highlighting the relevance of the workshop, Principal Dr. Nisha Bhargava asserted that the rule of East India Company followed by that of the British crown resulted in India- a nation considered the mother of all civilisations, becoming a country with disintegrated social, economic and environmental fabric.

She added that the New Education Policy is again striving to revive our glorious heritage and culture, and with the idea of building a self reliant India in mind, we are planning to inculcate the consciousness amongst our youth to think about the society, economy, environment, humanity and the world in general.



In his engrossing discourse, Mr. Natraj Gudla highlighted the importance of social entrepreneurship in terms of constructive contribution to the society, promotion of innovations to solve social problems while generating employment and revenue, and building a self sufficient country.



With relevant examples of social enterprises that innovatively handled the task of waste upcycling, Mr. Gudla impressed upon the participants that we need to look back at our rich culture that did not believe in the use and throw culture.

Asserting that even individual efforts can make a huge difference, Mr. Gudla shared the mantra 4S of what takes to be a social entrepreneur i.e. Simple ideas, Simple skills, Social angle and small steps.

The session was well received by the participants who put forth their queries at the end of the session.

MCM holds workshop on research article writing



In order to hone the research writing skills of students and further chisel their research aptitude, the Career Counselling Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh organized an interactive workshop on “Research Article Writing”. The event gave the participants an opportunity to understand the nuances of writing a research article and also making an appropriate choice of publication. The speakers Ms

Pallavi Arora and Mr Raveen Singh from eduVelocity Global explained the relevance and utility of research papers in opening the avenues of higher studies in foreign universities as well as seeking jobs in the Indian job market. They answered the queries of the participant very effectively. 190 students of various streams ranging from first year to third year enthusiastically registered for the event.

Expressing appreciation for this initiative, Principal Dr. Nisha Bhargava said that with the Government of India continually encouraging research at undergraduate level and the growing importance of research in enhancing job prospects, the relevance of research has gained immense significance. She added that the college has a dedicated budget for research that is used to support the research endeavours of faculty as well as students.

National Youth Day celebrated at MCM



Celebrating National Youth Day to mark birth anniversary of Swami Vivekananda ji, the Equal Opportunity Cell organised an online motivational discourse on the topic 'Inspired Living for True Success'.

Mr. Vivek Atray, ex IAS, Author Motivational Speaker and Chairman, Chandigarh Chapter of Public Relations Council of India was the resource person for this enlightening discourse. An overwhelming participation of over 500 students made the discourse highly successful that was also broadcast live on YouTube channel of the college. In her inaugural address, Principal Dr. Nisha Bhargava paid rich tributes to Swami Vivekananda by highlighting his contribution in spreading the message of the life transforming vedanta philosophy and universal brotherhood, and added that being a pioneer in promoting socialism in India, the visionary Swamiji asserted to develop our own model of development based on self-reliance. Expressing hope that this initiative will give a big push to the character building endeavours of the college, Dr. Bhargava added that the youth have a lot to emulate from the life of this illustrious son of mother India. Beginning his discourse by calling upon the audience to reinspire and reignite ourselves on such important commemorations, Mr. Vivek urged them to take inspiration from Swamiji's famous words- 'Arise, Awake and Stop not until the goal is achieved.'. On the matra of remaining inspired throughout one's life, Mr. Vivek said that reading extensively keeps one inspired from within. From mindfulness to meditation, faith in one's own self, emotional intelligence, self development, strong willpower, positivity, resilience and resolve, the speaker shed light on various important facets that can be instrumental in living an inspired life and achieving success.

MCM holds Lohri celebrations



In a dazzling celebration of the Lohri festival, Mehr Chand Mahajan DAV College for Women organised lively events under the aegis of its Ek Bharat Shreshtha Bharat (EBSB) Club and Cultural Affairs Committee. Confluence of myriad cultures was brought to the fore as the Ek Bharat Shreshthta Bharat Club organised 'Pehnawa'- a contest entailing the staff members to showcase ethnicity of different states by wearing traditional dresses. The contest was a befitting representation of the spirit of 'Ek Bharat' as the contestants dressed in colourful ensembles brought alive the flavours of cultures of different states. The winners of the contest were awarded attractive prizes. Adding to the festivities, the Cultural Committee of the college organised a cultural programme that included rendition of melodious songs by staff and fun filled games.



Principal Dr. Nisha Bhargava lit the auspicious fire and addressed the staff on this occasion. She appreciated the efforts put in by the staff members who were exuding festive spirit in its true sense with colorful attires. Praying for better times ahead, Dr. Bhargava exhorted the staff to resolve on this auspicious occasion to keep their spirits high in these trying times.

The Convener of Cultural Committee Mrs. Deepa Chhibber said that the spirit of festivity has manifested itself after a long period of gloom and disease, and expressed hope that all the suffering of mankind would burn away in today's bonfire.

The EBSB Club Coordinator Mrs. Neena Sharma emphasised that today's programme aimed to promote the ethos of togetherness in diversity. The staff participated wholeheartedly in the festivities and enjoyed themselves thoroughly.

MCM organises Havan to mark Makar Sankranti



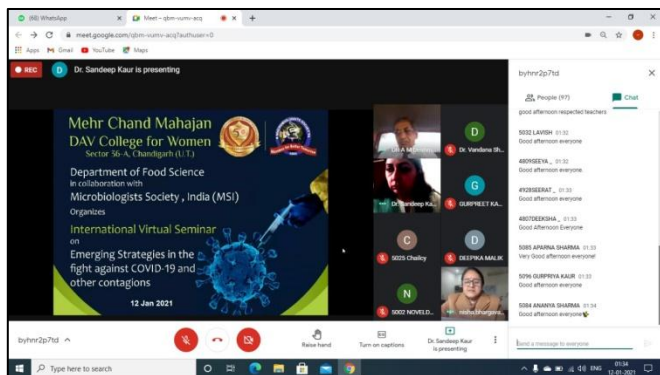
Mehr Chand Mahajan DAV College for Women marked the joyous festival of Makar Sankranti with a havan ceremony here today. The havan was organised under the aegis of the Arya Samaj Committee of the college with the aim of ushering in this auspicious festival while promoting and upholding Indian Vedic Sanskriti among the youth. The ceremony was graced by Shri H.R. Gandhar, Vice President, DAV College Managing Committee (DAV CMC) and Smt. Sudesh Gandhar, Senior Governing Body Member, DAV CMC. Speaking on this occasion, Shri Gandhar prayed for peace and prosperity everywhere, and emphasised upon the fact that the present turbulent situation brought about by the pandemic has reinforced the significance of spirituality and spiritual quotient. Smt. Gandhar wished everyone on this auspicious occasion and expressed hope that Makar Sankranti- signifying



change of season and a new beginning, brings a new dawn for the mankind. The spiritually cleansing ritual of havan was attended by staff who observed all the COVID-19 safety protocols and the students joined in the online mode, praying for peace and prosperity in the world. The staff members whose birthdays fall in the month of January were blessed by the dignitaries with garlands.

Principal Dr. Nisha Bhargava highlighted the importance of Makar Sankranti as a festival that symbolises transition, and congratulated the staff and students on this occasion. In her inspiring address, Dr. Bhargava impressed upon the staff and students to look ahead with renewed vigour and a resolve to not to be bogged down by adversities.

MCM holds international seminar on emerging strategies against COVID and other contagions



With an aim to enhance the existing knowledge and update on the latest developments and challenges associated with COVID-19, the Department of Food Science, Mehr Chand Mahajan DAV College for Women, in collaboration with

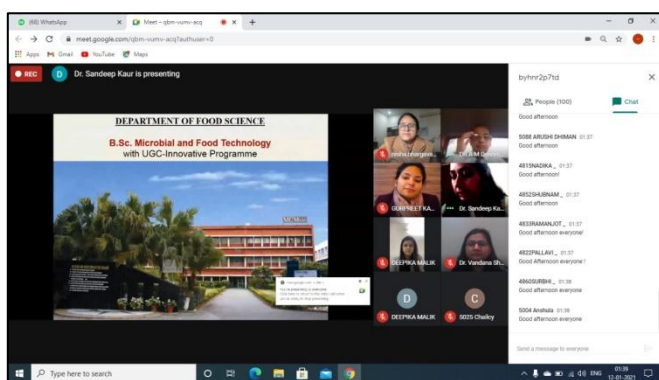
Microbiologists Society, India (MSI) organised an International virtual seminar on 'Emerging strategies in the fight against COVID-19 and other contagions'. The seminar, focusing on emerging therapeutics and vaccine related innovations and the role of microbiology in the battle against COVID-19 and other leading infectious diseases, witnessed participation of over 600 students, faculty, research scholars and industry personnel from different states all over India as well as from abroad (including UK and USA).

In the inaugural address, Principal Dr. Nisha Bhargava emphasized on the fact that being updated and acquiring the correct knowledge is essential for the students especially for developing their research temperament. Highlighting the significance of this initiative, Dr. Bhargava added that with COVID bringing about unprecedented disruption in our lives, proper knowledge about the strategies available against this disease is instrumental in the fight against it.

The keynote address was delivered by Dr. Arvind Deshmukh, President of Microbiologists Society, India. He motivated the students highlighting the role of microbiology as a science and its emerging scope in today's scenario.

The first technical session was conducted by Mr Sandeep Pathak, Senior Director Quality Control at Biocon Biologics, on the emerging role of Bio-similars and their importance in healthcare with special focus in the era of COVID-19.

Dr. Dhiraj Kumar Nanda, Assistant Professor, School of Biological Sciences, AIPH University, Bhubaneswar shed light on the basics of novel coronavirus with insights about the different vaccines in the pipeline, related clinical and regulatory trials involved.



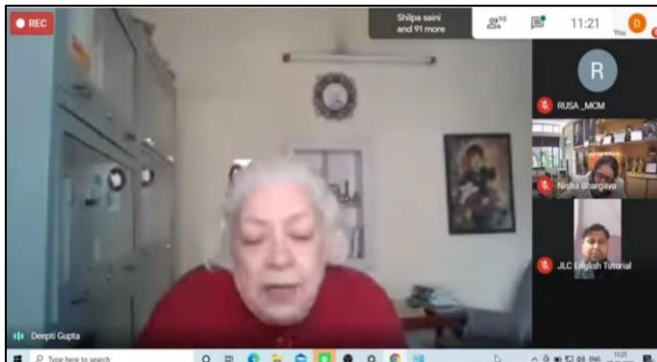
The final session of the seminar was taken by Dr. Ashok Kumar, Associate Professor of Ophthalmology, Microbiology and Immunology, Wayne State, University School of Medicine, USA. Dr Kumar gave a comprehensive

and detailed talk discussing the pathobiology of COVID-19, how vaccines are developed, related safety and efficacy tests employed, latest diagnostic test available and challenges associated.

The participants actively participated in each session, interacting with the speakers to acquire conceptual clarity on related topics.

MCM holds workshop on Research Ethics & plagiarism

The Postgraduate Department of English, Mehr Chand Mahajan DAV College for Women organised a Rashtriya Uchhatar Shiksha Abhiyan (RUSA) sponsored workshop-cum-awareness programme on 'Ethics and Plagiarism'. Prof. Deepthi Gupta, Chairperson, Department of English and Cultural Studies, Panjab University was the resource person for the programme that witnessed an overwhelming response of 1619 participants from 11 countries and 28 Indian states and UTs.



In an informative session, Prof. Gupta highlighted the significance of maintaining high ethical standards while writing research papers and theses. Drawing from her vast experience as a research supervisor, she narrated incidents of gross plagiarism which marred the career of researchers. She apprised the participants about various types of plagiarism in practice including cyber plagiarism and self-plagiarism. Prof. Gupta gave a hands-on exercise to the participants to demonstrate the art of acknowledging other writers' ideas.

Principal Dr Nisha Bhargava appreciated the efforts of RUSA and the Department of English for undertaking this academic initiative and highlighted the fact that ethical practices must be followed in order to maintain the sanctity of research in this age of information and technology.

Video Competition and E-waste Modelling Contest bring to fore creativity at MCM

The Department of Computer Science and Applications organised a 2- Minute Video Making Competition on the topic 'Innovation during COVID-19 Pandemic'. A total of 19 participants registered for the competition and discussed a diverse range of innovations during the pandemic in varied fields including Medicine, Sanitization, Artificial Intelligence, Equipment and Mobile Apps. In another activity, the department organised an E-Waste Modeling Contest under the aegis of Swachhta Committee. A total of 17 participants showcased their creativity by utilising e-waste to create utilitarian products.

Principal Dr. Nisha Bhargava lauded these initiatives of the Department of Computer Science and Applications for providing the students a platform to showcase their creativity. She added that such activities are imperative for sensitising students about important areas like innovations, management of e-waste, etc.

Result of Video Competition:

Noveldeep Kaur of B.Sc.(MFT) - First position

Kirandeep of M.Com - Second position

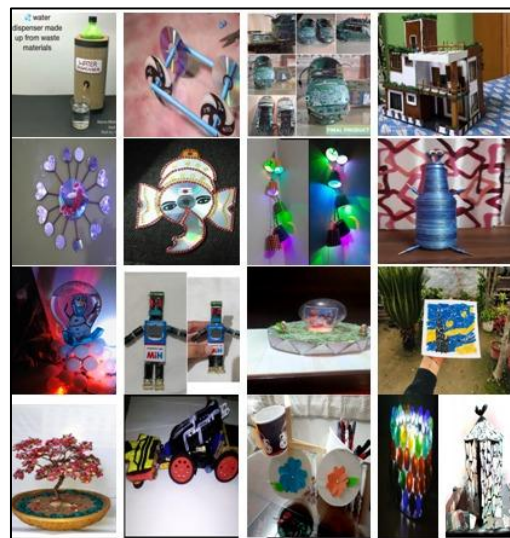
Vanshika Garg of B.Com - Third position

Result of E-Waste Modeling Contest:

Navya Chhatwani of B.Com 3 - First position

Aastha Mittal of BCA 2A - Second position

Piezal Singh of BCA 2B - Third position



Quiz and Poetry Competition by MCM to pay tribute to Swami Vivekananda

The Department of Philosophy, Mehr Chand Mahajan DAV College for Women commemorated 158th birth anniversary of Swami Vivekananda by organizing an Online Quiz Competition and Poetry Recitation Competition. A total of 47 students participated in the online quiz that put to test the knowledge of students about Swami Vivekananda and his life and teachings. In poetry recitation competition, over 18 participants recited Swami Vivekananda's inspiring and insightful poetry. E-certificates were awarded to the first 5 position holders in both the competitions.

Principal Dr. Nisha Bhargava lauded this initiative of Philosophy Department to reiterate the teachings of the great youth icon and beacon of Indian philosophy and spiritualism- Swami Vivekananda. She asserted that Swami Vivekananda has been a perennial source of inspiration for the youth across the world, and his thoughts hold relevance even for the youth of 21st century.

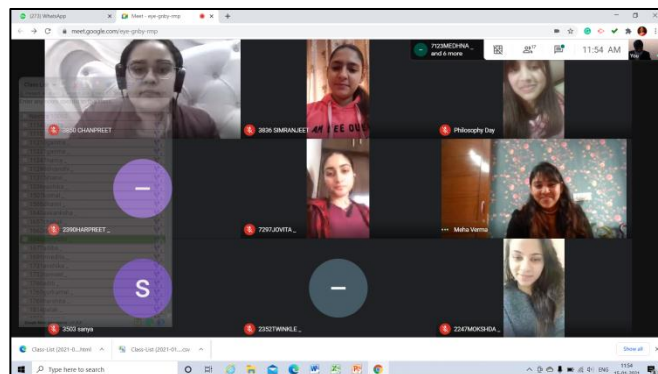
Poetry Recitation Result:

First- Simrita Kaur BA I

Second- Avantika BA I

Third- Sanya & Chanpreet BA I

Consolation- Kirti & Simranjeet BA I



Quiz result:

First- Lakshika BA II, Janvi Malhotra BA I

Second- Arushi BA I, Divyanshi BA I

Third- Ankita Jain BA I, Shruti BA I, Antriksh BA I, Arshnoor BA II

Sustainable Urban Farming Workshop and Competitions on Farm Acts held at MCM



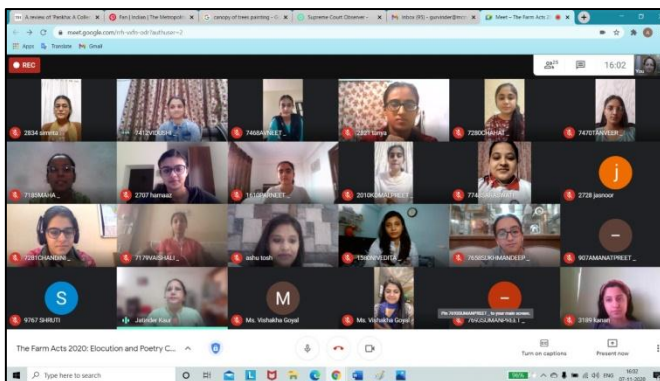
The Committees of Skill Development and Sustainable Practices at Mehr Chand Mahajan DAV College for Women, in collaboration with the NSS units of the college, organised an online workshop on 'Soil' under the banner

of the college's initiative of Sustainable Urban Farming. With a view to promote Poshan Abhiyan- the flagship program of Government of India on holistic nutrition, the workshop aimed to make the participants aware of the significance of healthy soil for growing seasonal vegetables, herbs and medicinal plants in small spaces.

The resource person, Mr. Rahul Sharma, an IT expert turned farmer, interacted with nearly 100 participants. Mr. Sharma gave a practical demonstration on how to prepare pots with healthy soil so as to have a healthy and nutritional organic harvest of seasonal vegetables at home.

In another activity, the Sustainable Practices Committee organised three Competitions (Debate, Elocution and Poetry Recitation) on the theme 'The Farm Acts 2020'. The participants of the competitions analysed whether the Farms Act will emancipate the farmers or make them more impuissant. 50 students registered for Debate Competition, 10 for the Elocution Competition and 16 for Poetry Recitation Competition. The winners were awarded position certificates and participants were given participation certificates.

Principal Dr. Nisha Bhargava expressed appreciation for such superlative endeavours of the Committees of Skill Development and Sustainable Practices, and the NSS units aimed at providing exposure to students and chiselling them into well rounded individuals by widening their horizons.



Results of Debate Competition:

1st (in affirmation): Ritika Rana BA(II)

2nd (in affirmation): Yoshita Sabarwal BA(II)

1st (in opposition): Premsimran BA(I)

2nd (in opposition): Varnika BCom(I)

Results of Elocution Competition:

1st: Harnaz Sikand BA(I)

2nd: Nivedita Gupta BA(II)

3rd: Vibhuti Lamba BA(II)

Results of Poetry Recitation Competition:

1st (Punjabi): Avneet Kaur BA(II)

1st (English): Simrita Kaur BA(I)

1st (Hindi): Chahat Kapoor BA(II)

Spread a Smile Competition held at MCM

The Charitra Nirman Committee of Mehr Chand Mahajan DAV College for Women organised an online video/PPT/picture competition 'Spread A Smile'. The competition aimed to celebrate the spirit of spreading happiness around and to encourage students to be happiness ambassadors. More than 70 students from all over India participated in the competition and entries were also received from Australia and Canada. The participants, through their videos, pictures and PPTs, expressed heart touching moments when they made someone smile. The sharing of moments of spending time in old age homes, a click to make a street child happy, feeding stray animals and distributing masks in happy handmade bags made the competition really a memorable one. The winners were awarded cash prizes along with certificates.

Principal Dr. Nisha Bhargava asserted that this competition sought to highlight that the mantra of finding true happiness lies in spreading positivity and happiness around. She added that the gift of happiness is the best gift one can give to someone in today's world.

The results are:

Category I: Picture

First Prize: Harman Kaur, B.Sc Home Science,
Govt Home Science College Sec 10 Chandigarh

Second Prize: Chitra Sharma BCA,
MCM DAV College for Women, Chandigarh

Third Prize: Khushi Goyal, BBA
MCM DAV College for Women, Chandigarh

Consolation Prize: Simran, MA Sociology
MCM DAV College for Women, Chandigarh

Category II: Video

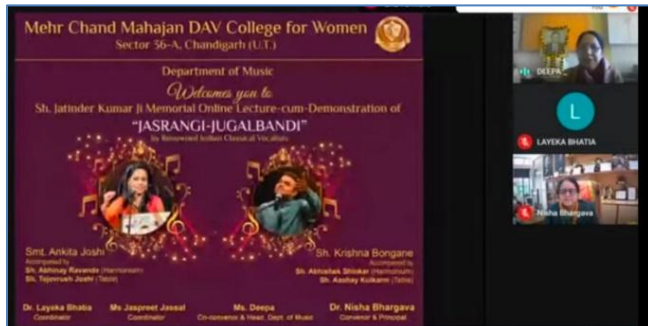
First Prize: Nishita Singh, B.SC Medical
MCM DAV College for Women, Chandigarh
Second Prize: Muskaan Lamba, MA 1 Economics
MCM DAV College for Women, Chandigarh
Third Prize: Prabhsimran Kaur, BCA
PGGCG-11 Chandigarh

Category III : PPT

First Prize: Aarushi B COM
MCM DAV College for Women, Chandigarh
Second Prize: Aditya Sharma, BSC Non-Medical
PGGC-11 Chandigarh
Third Prize: Prachita Pandey, B COM
Guru Gobind Singh College for Women Sec 26 Chandigarh



MCM holds Sh. Jatinder Kumar Memorial Lecture 'Jasrangi Jugalbandi'



The Department of Music, Mehr Chand Mahajan DAV College for Women organised online Sh. Jatinder Kumar Memorial Lecture cum Demonstration titled Jasrangi Jugalbandi. Performing live from

Mumbai, renowned artists Smt. Ankita Joshi and Sh. Krishna Bongane left the audience spellbound with their soul stirring performance. Prof. A K Grover, Professor Emeritus, PEC, Prof. Neera Grover, Former Professor, Department of Music, Panjab University and Mrs. Meera Madan, Former Head, Music (Instrumental) joined the event online that had audience from all over India and as far as Calgary. Sh. Jatinder Kumar Memorial Programme is the annual melodious tradition of the college since 1990 in the fond memory of Prof. Jatinder Kumar- the founding member of Music Department at MCM. Virtual lamp lighting and Saraswati Vandana lent an auspicious start to the programme. Ahead of their scintillating performance, Smt. Ankita and Sh. Krishna shared enriching information with the audience regarding the tradition of jugalbadi. Accompanied by Sh. Abhinav Ravande and Sh. Abhishek Shinkar on harmonium, and Tejovrush Joshi and Aashay Kulkarni on tabla, the artists mesmerized the audience with soulful performance that drew thunderous applause from the online audience. Principal Dr. Nisha Bhargava said that Sh. Jatinder Kumar Memorial Programme is an ode to the musical genius of Sh. Jatinder Kumar ji whose contribution to music continues to inspire the Music Department and the budding musicians of the college. Dr. Bhargava added that a true tribute to him would be to educate the younger generation to carry forward our rich musical heritage.

MCM NSS celebrates National Girl Child Day

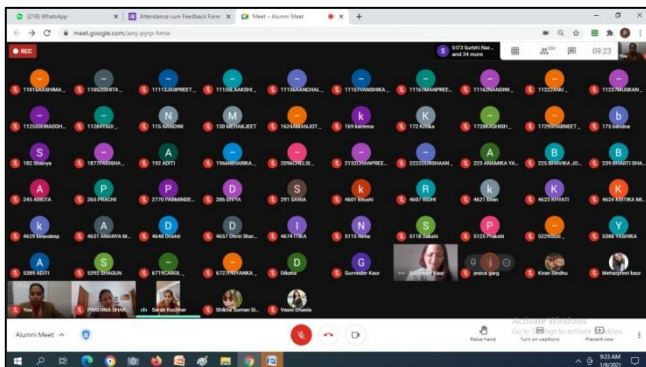


The NSS units of Mehr Chand Mahajan DAV College for Women celebrated National Girl Child Day by holding an awareness programme on the theme 'Beti Bachao Beti Padhao' at the adopted village Badheri. Organised at Government

Model High School (GMHS), Sector 41-D, the event was graced by the presence of Mr. Hardeep Singh Buterla, Former Sr. Deputy Mayor, Councilor Ward No. 10, Chandigarh and GMHS-41 Incharge Ms. Jatinder Kaur. The objective of the programme was to create awareness about the rights of girls, discuss various issues that girls face in their daily lives and to increase awareness about the importance of girl education, nutrition, and health. In his motivating address, Mr. Hardeep Singh deliberated upon how each individual can contribute towards the empowerment of girls and fulfillment of their rights. During the programme, the NSS volunteers apprised the school girls about the significance of National Girl Child Day and sensitised them as to how girls' education can bring substantial change in the society by quoting examples of Savitribai Phule and Dr. Kiran Bedi. The volunteers also donated stationary kits to the school girls, formed a human chain and organized an awareness rally to sensitise residents of that area regarding the rights of girls.

Principal Dr. Nisha Bhargava asserted that there is no denying that girls now-a-days are breaking barriers posed by exclusion and stereotypes but still a lot needs to be done in the direction of girls' rights for building a more equitable and prosperous future for all.

Alumni deliver insightful talks as part of MCM Alumni Meet



The Association of MCM DAV Alumni (AMDA) and Alumni Committee of Mehr Chand Mahajan DAV College for Women is organizing an online series of vibrant, academic and inspirational talks by the alumni as part of its annual alumni meet

'Rendezvous and Reminiscences'. Under this initiative, Ms Tavishi Kumar, Founder and CEO, Shri Shiksha delivered a motivational talk titled 'A Walk to Wisdom' that was attended by over 60 students. An award winning entrepreneur who has received Young Achievers Award, eRKGYP and Karmveer Chakra Award 2020-21, and self published her book 'A Walk to Wisdom', Ms. Tavishi addressed various aspects pertaining to motivation in our lives and how to channelise it in the right direction. She laid stress on how students and teachers can build a collaborative relationship and work as a team to bring about positive change for a brighter and better future. In another lecture as part of the series, Ms. Sarab Kochhar, Director-Communications, Kaiser Permanente, USA spoke on 'Planning a Career in USA'. Ms. Sarab shared pertinent information on pursuing one's career in USA, and cracking GRE, ILETS and TOFEL exams. From shedding light on rollover admissions to information about public and private universities in USA and various scholarship plans, Ms. Sarab shared with the students extensive knowledge about pursuing and realising one's 'American dream'. Principal Dr. Nisha Bhargava lauded this novel initiative of AMDA and Alumni Committee to keep the flame of connectivity alive despite COVID-19 posing restrictions on organising Alumni Meet in the offline mode. She added that the illustrious alumni addressing the students is an ingenious way of motivating and inspiring the students to excel in life.

MCM holds workshop on OER



Mehr Chand Mahajan DAV College for Women organised a Rashtriya Uchchatar Shiksha Abhiyan (RUSA) sponsored online workshop cum awareness programme on Open Educational Resources (OER). Dr. Ramesh C. Sharma, Associate Professor, School of Global Affairs, Dr. B. R. Ambedkar University, Delhi was the resource person for this informative workshop. Participants from India as well as abroad

benefitted from the workshop. Beginning the workshop with an introduction to Intellectual Property, Dr. Sharma went on to elaborate upon the meaning of OER and its potential for revolutionising the learning outcomes, what qualifies as OER, open access literature and software, and the OER evaluation criteria. With an exhaustive list of examples of OER, Dr. Sharma gave the participants a panoramic view of the open access resources available for curating content. The queries of the participants were suitably addressed by the expert.

Principal Dr. Nisha Bhargava highlighted the relevance of this workshop by stating that OER have become an important part of educational delivery as there are hundreds of OER repositories that allow teachers and students to use and adopt content.

MCM holds Staff Sports Meet



In a display of spirit of sportsmanship, Mehr Chand Mahajan DAV College for Women held its Staff Sports Meet under the theme of Fit India. The meet aimed to further the cause of Fit India movement of Government of India by giving the message of the importance of physical agility in the pandemic times. With all the COVID-19 safety protocols in place, the meet was graced by Principal Dr. Nisha Bhargava as the Chief Guest.

Report of Activities (January 2021 to March 2021)

Mehr Chand Mahajan DAV College for Women, Chandigarh



Dr. Bhargava applauded the outstanding achievements of the college's Physical Education Department in sports including accolades in various sports events at international, national, inter-zonal, zonal, university and inter-college levels. Dr. Bhargava asserted that sports impart valuable lessons in spirit of life and camaraderie. She also congratulated the Physical Education Department of the college for keeping alive the MCM tradition of excellence. All the events were planned in a manner that social distancing was maintained at all times. The college sports ground resonated with energetic vibes of sportsmanship as the staff competed in various events including Basketball throw, Arrow and Shoot, Skipping, 80 metre race and 50 metre relay race. Teaching as well as non teaching staff participated enthusiastically in the meet.



Report of Activities (January 2021 to March 2021)

Mehr Chand Mahajan DAV College for Women, Chandigarh

MCM organises competitions to instil patriotic fervour

The Charitra Nirman Committee of Mehr Chand Mahajan DAV College for Women organised online National Level Deshbhakti Geet Gayan Pratiyogita and Intracollege Patriotic Poetry Writing Competition. The purpose of the competitions, that witnessed enthusiastic participation of over 100 students, was to celebrate the spirit of patriotism while providing the students a platform to showcase their singing and poetic talent. In the Geet Gayan Pratiyogita, the participants were required to send their video of singing a patriotic song of their choice in Hindi, Punjabi, Sanskrit or their regional language and in the Patriotic Poetry Competition, the participants had to submit self composed patriotic poems in English, Hindi and Punjabi. The praiseworthy entries received for both the competitions showed the dedication, love and commitment of the youth towards their motherland.

Expressing appreciation for this endeavour of Charitra Nirman Committee, Principal Dr. Nisha Bhargava asserted that such competitions serve to highlight and intensify patriotic fervour amongst students while giving them a chance to showcase their talent. She added that the laudable entries that depict the students' patriotic fervour are a testament to the fact that the country's future is in safe hands.



Report of Activities (January 2021 to March 2021)

Mehr Chand Mahajan DAV College for Women, Chandigarh

MCM holds Principal Shakuntala Roy Memorial Lecture



Mehr Chand Mahajan DAV College for Women paid rich tributes to its Founder Principal as it organised the second Principal Shakuntala Roy Memorial Lecture on 'Education for Global Health and Happiness', virtually. Commemorating the meritorious and distinguished services rendered by Mrs. Shakuntala Roy, the lecture was a nostalgic event revisiting and remembering the visionary Founder Principal who worked beyond the call of duty. The keynote speaker for the lecture was Prof. Jagat Ram, Director, PGIMER, Chandigarh and the introduction was given by Prof. Arun Grover, Professor Emeritus, PEC, Chandigarh. In the inaugural address, Principal Dr. Nisha Bhargava asserted that carrying forward the legacy of its visionary founders, the institution had become a hallmark of quality education today. Expressing gratitude to Mrs. Roy for laying the foundation of an institution par excellence, Dr. Bhargava said that the institution will continue to expand in new dimensions and touch new horizons as envisioned by its founders.



Prof. Arun Grover, recalling his personal association with Mrs. Roy and her family, lauded her courage, sense of commitment and hardwork in establishing MCM on a firm footing. He also introduced Prof. Jagat Ram as the Jewel of India who has overcome odds to shine in the field of ophthalmology.



Delivering the keynote address, Prof. Jagat Ram expressed appreciation for MCM's earnest endeavour to pay tribute to its Founder Principal. With COVID-19 bringing to forefront the discussion on rethinking of global healthcare management systems, Prof. Jagat Ram shed light on the pertinent issue of global health challenges including non communicable diseases, infectious diseases, maternal and child health, mental health and accidents. The government initiatives like Ayushman Bharat, AI led molecular design, personalised medicine and redesigning healthcare team were also discussed as global health opportunities. Terming better health and well-being for all as an equal human right, Prof. Jagat Ram stressed on education and research, prevention, innovation and patient care as the crucial elements for global health.

Mrs. Manju Gosain, daughter of Mrs. Shakuntala Roy hailed this memorial lecture as a very apt gesture by the MCM family to pay respect to Mrs. Roy who worked dedicatedly and selflessly for establishing the college.

PRCI opens Young Communicators Club in MCM DAV



Chandigarh Chapter of Public Relations Council of India (PRCI) inked another MoU with Mehr Chand Mahajan DAV College for Women, Chandigarh to strengthen the industry-academia partnership and

establish a Young Communicators Club. The MoU was signed by the Chairman of the Chandigarh Chapter of PRCI Vivek Atray, and the College Principal Dr Nisha Bhargava, to setup a Young Communicators Club in Mehr Chand Mahajan DAV College for Women.

Speaking on the occasion Principal of the college Dr Nisha Bhargava, appreciated the PRCI initiative to work with the faculty and the students of the college to improve their communication and leadership skills which would stand them in good stead both in their personal and professional life. Chapter Chair of PRCI Mr Vivek Atray informed that this is the second Chapter that has been chartered after the Shoolini University, in order to mentor and guide the students in organizing lectures, workshops by professionals for their career growth. The PRCI chief mentor and chairman emeritus, M.B. Jayaram, National President of PRCI, Dr T Vinay Kumar and National Head of YCC Ms Chinmaye Pravin, sent their best wishes to the management of Mehr Chand Mahajan DAV College for Women for establishing YCC in their campus. MCM DAV YCC appointed Dr. Manjot Kaur Counsellor and Dr. Preeti Gambhir Coordinator amongst the faculty, while Mr. Ashish Mudgal shall be the coordinator on behalf of Chandigarh Chapter of PRCI. The programme was attended by Senior National Vice President of PRCI C. J. Singh, North Zonal Head Renuka Salwan, Chapter Secretary Sudeep Rawat.

MCM celebrates National Voters' Day

The Electoral Literacy Club of Mehr Chand Mahajan DAV College for Women organised National Essay Writing Competition to mark celebration of National Voters' Day. The competition aimed to raise awareness about the importance of right to vote and the responsibility that comes alongwith it. Organised on the theme 'Voting is a Privilege, a Right or a Responsibility', the competition witnessed enthusiastic participation of 84 students from across the country. The judgement rubrics of the competition were novelty, reasoning, language and coherence. The winners of the competition were awarded cash prizes.

Principal Dr. Nisha Bhargava lauded this initiative of the Electoral Literacy Club and added that since aware citizens form the bedrock of a vibrant democracy, such awareness initiatives hold immense relevance.

The results of the competition are:

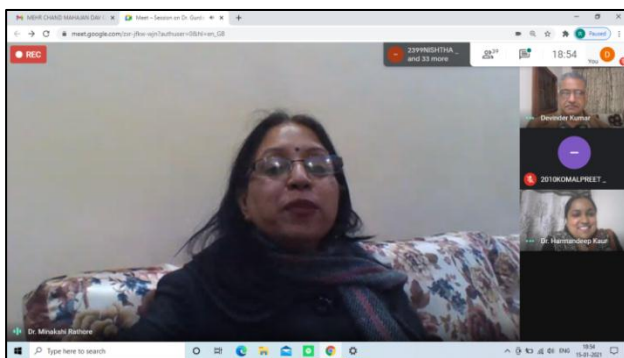
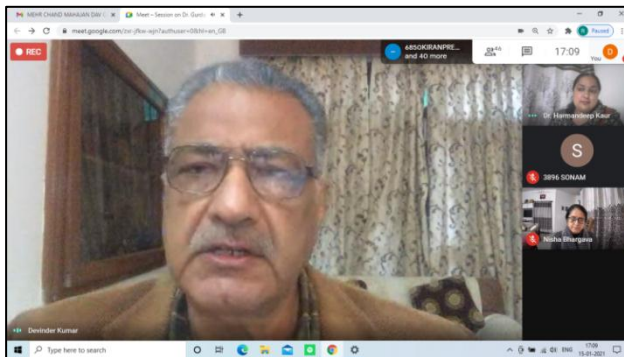
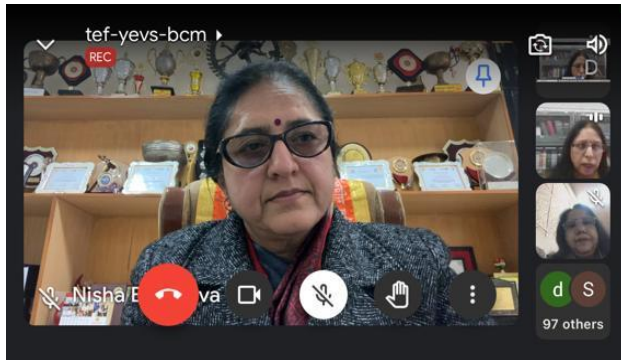
1st: Shruti Singh,

2nd: Reetika, Jawaharlal Nehru University, New Delhi

3rd: M. Fahima, Justice Basheer Ahmed Sayeed College for Women, Chennai

Consolation- Supriya, Mehr Chand Mahajan DAV College for Women, Chandigarh

MCM holds online talk on Jin Sach Palle Hoi natak



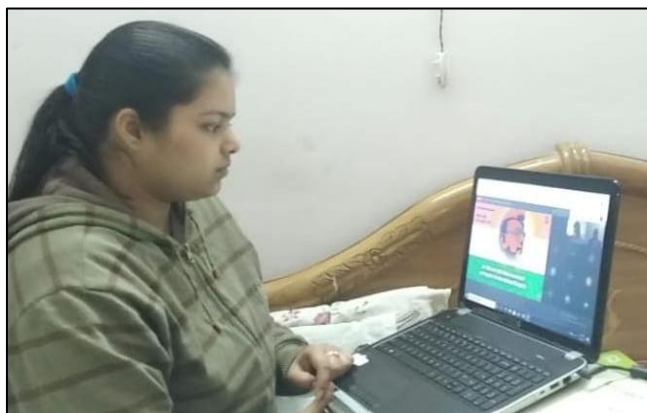
The Department of Punjabi at Mehr Chand Mahajan DAV College for Women organised an online talk on Dr. Gurdayal Singh Phul's drama 'Jin Sach Palle Hoi'. The enlightening talk was delivered by Dr. Devinder Kumar, Professor, Department of Punjabi, Desh Bhagat University, Mandi Gobindgarh. Over 70 students and faculty of MCM as well as other colleges of the city benefitted from the talk. Dr. Devinder discussed in detail the drama's theme, plot, setting, characters and their types and characters' language, giving the participants in-depth insight into the drama that is based on Guru Nanak Dev Ji's philosophy. The expert also shed light on the phenomenon of interrelationship between drama and theatre, and drama and audience. The

questions of the participants pertaining to various aspects of drama were addressed suitably by the expert. Principal Dr. Nisha Bhargava lauded this initiative of the Punjabi Department to apprise the participants of the important art form of drama that helps in developing a better understanding of human behaviour and empathy.

MCM NSS celebrates Parakram Diwas



In keeping with the Government of India's decision to have year-long celebrations marking Netaji Subhas Chandra Bose's 125th birth anniversary, the NSS units of Mehr Chand Mahajan DAV College for Women organized an interactive session. During the session, NSS Programme Officers Dr. Pallavi Rani and Dr. Purnima Bhandari apprised the volunteers about the relevance of Parakram Diwas. Around 86 NSS volunteers paid tribute to Netaji in the form of speech, posters, and



slogans. They interpreted and discussed the relevance of slogans given by Netaji in the present context. Posters depicting Netaji's inspiring ideas were also made by the volunteers. At the end of the session, a short documentary was shown to the volunteers that highlighted the journey, ideology, and contribution of Netaji Subhas Chandra Bose. The event was a successful one as students were filled with patriotic fervour and the spirit to serve the country.

Principal Dr. Nisha Bhargava expressed appreciation for the initiative of NSS units to honour and remember Netaji's indomitable spirit and selfless service to the nation, while inspiring the youth to act with fortitude in the face of adversity and to infuse in them a spirit of patriotic fervour.

MCM AMDA donates Rs. 1 lakh to PGI



In the wake of trying times brought about by COVID-19, the Association of MCM DAV Alumni (AMDA) of Mehr Chand Mahajan DAV College for Women rose to the occasion and collected funds for the medical fraternity as a token of gratitude towards the corona warriors. The funds thus collected amounting to Rs. 1 lakh, were donated to PGIMER, Chandigarh. Dr. Bhargava handed over the cheque to PGIMER Director Dr. Jagat Ram who expressed profound appreciation for the sensitivity towards social causes that MCM inculcates in its students. Adding that the medical fraternity and all the frontline workers continue to provide services amidst the danger posed by COVID-19, Dr. Bhargava asserted that MCM stands with humanity in this hour of crisis and through this donation, seeks to empower the medical fraternity in this fight against the pandemic.

MCM NSS celebrates World Cancer Day



On the occasion of World Cancer Day, the NSS Units of Mehr Chand Mahajan DAV College for Women, in collaboration with the college's Medical Committee, organized an awareness session in the adopted village Badheri. The resource person

for the session was Dr. Parneet Kaur, Consultant - Obstetrician and Gynaecologist, Ivy Hospital, Mohali. Mrs Ranjit Kaur and Mrs Sunita, Incharges of Badheri Anganwadi were also present during the event. The session was attended by the women and girls of that area. In the beginning of the session, NSS volunteers apprised the audience with the objectives, spirit and vision of the World Cancer Day. During the session, Dr. Parneet Kaur provided detailed insights on cancer while laying major emphasis on its causes, symptoms of Breast Cancer, Cervical cancer, Ovarian cancer and Leukaemia. She laid emphasis on periodic screening and diagnosis for timely treatment and apprised the audience about the cervical cancer vaccine. Several queries of the audience were addressed by the resource person during the session. In addition, an awareness walk was also organized in Badheri where volunteers displayed charts that sought to sensitize the residents about the disease. Proper COVID-19 protocols (sanitization and social distance maintenance) were observed during the event.

Principal Dr. Nisha Bhargava lauded the spirit of selfless service of the NSS volunteers, whose efforts were efficacious in raising awareness regarding cancer and its types among the residents of Badheri.

MCM IIC holds sessions on Design Thinking and Validation, and Business Model Canvas



With the overarching objective to promote the culture of innovation and entrepreneurship among students, the Institution Innovation Council (IIC) of the College organised two different events- an

online interactive session on 'Design Thinking and Validation through Double Diamond Approach' and a workshop on 'Business Model Canvas'. The resource person for the Design Thinking and Validation session was Dr. Purnima Bhandari, Innovation Ambassador- Design Thinking and Innovations, MCM IIC. A total of 261 participants attended the session that introduced to them the concept of design thinking and innovation. Dr. Bhandari elaborated on the 5 stages of design thinking using suitable examples, difference between design verification and validation and the well-known model for practicing design thinking and validation- the Double Diamond Approach. The workshop on 'Business Model Canvas' was conducted by Dr. Manika Kohli, Asst. Prof (Commerce) at MCM. Over 108 students and faculty members attended the online workshop that provided them a thorough knowledge of the art of writing a business plan through practical examples. From pitching a business proposal to prospective investors, to discussing component of the business model canvas, the workshop provided the participants valuable insights into and hands-on training on preparing a business model canvas. Principal Dr. Nisha Bhargava appreciated the efforts of IIC towards sowing the seeds of innovation and entrepreneurship culture in the young minds through such initiatives. She added that since innovation and entrepreneurship hold the key to realising the dream of Atmanirbhar Bharat, such endeavours are the need of the hour.

MCM naval cadets stake claim to top positions in ATC 224

Reinforcing Mehr Chand Mahajan DAV College for Women's position as a premier institution where culture of excellence thrives, the NCC Naval Wing cadets of the college grabbed almost all the positions including that of Best Cadets, during the Annual Training Camp 224 (ATC 224) held by 1 Chandigarh Naval Unit. 17 naval cadets of the college participated in this 5-day camp and won almost all top positions in various exams and competitions. All the three Best Cadet (BC) positions also went to MCM as Cadet Captain Vigyani bagged the Senior Wing BC, Tanisha was declared 2nd BC and Ritika was awarded 3rd BC. In Service, 1st position went to Cadet Captain Vigyani, 2nd to Cdt Ritika and 3rd to Cadet Captain Tanisha. Continuing the winning streak, Cadet Captain Tanisha won the 3rd position in Common, while in Tug of War, Capt POC Rozy and POC Anjali secured 1st position and Capt LC Amandeep came 2nd.

Principal Dr. Nisha Bhargava congratulated the winners on their superlative performance and motivated them to keep the flag of MCM flying high. She further expressed appreciation for the college's NCC Naval Wing's efforts towards development of qualities of character, courage, discipline, leadership, the spirit of sportsmanship and ideals of selfless service among the youth to make them useful.



Report of Activities (January 2021 to March 2021)

Mehr Chand Mahajan DAV College for Women, Chandigarh

MCM holds national competition on Sarojini Naidu's 142nd birth anniversary

The Women Development Cell of Mehr Chand Mahajan DAV College for Women organised a national level e-poster Presentation Competition on the occasion of the 142nd birth anniversary of Sarojini Naidu- the Bharat Kokila. Organised on the topic 'Sarojini Naidu: The Bird Who Shattered All Cages', the competition drew enthusiastic response as 29 participants from different parts of the country sent in their awe-inspiring entries. Through their entries, the participants shed light on various aspects of the life of the Nightingale of India including her contribution to Indian freedom struggle as well as to the cause of women emancipation, her indomitable spirit and artistic acumen. Shri H R Gandhar, Hon'ble Vice President, DAV College Managing Committee and Senior Governing Body Member lauded this initiative of the college to pay tribute to the unique personality and national hero Sarojini Naidu. Shri Gandhar highlighted the fact that by infusing artistry and poetry into our national struggle, Sarojini Naidu lifted the national life out of the plane of pure politics to a higher artistic sphere.

Principal Dr. Nisha Bhargava asserted that being the face of women empowerment in India as well as a distinguished poet and one of the most prominent faces of Indian freedom struggle, Sarojini Naidu continues to inspire us through her magnificence of spirit. Dr. Bhargava congratulated the participants for paying tribute to such a great personality in a befitting manner.

The results of the competition are:

1st: Naman Chopra (MCM DAV College for Women, Chandigarh)

2nd: Urvashi Mishra (Malwa College, Bondli, Samrala)

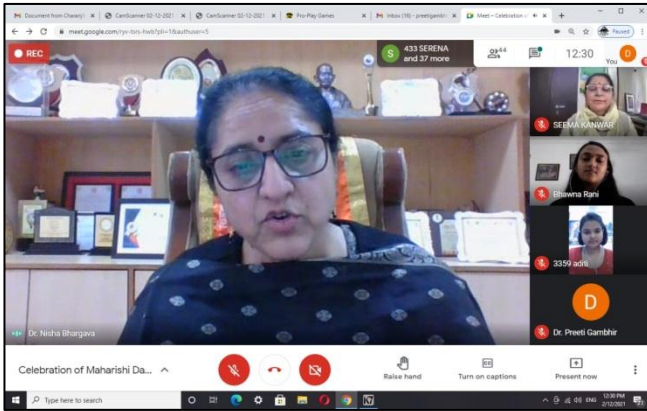
3rd: Nikita Rani (DAV College- Lahore, Ambala City)



Report of Activities (January 2021 to March 2021)

Mehr Chand Mahajan DAV College for Women, Chandigarh

MCM celebrates Maharishi Dayanand Saraswati Jayanti



To mark the celebration of Maharishi Dayanand Saraswati Jayanti, the Charitra Nirman Committee of Mehr Chand Mahajan DAV College for Women organized an Online Bhajan Gayan Competition. Paying rich tributes to Swami Dayanand Saraswati ji, the

competition envisioned to inculcate in students his valuable teachings while giving them a platform for showcasing their singing talent. In the inaugural address, Principal Dr. Nisha Bhargava highlighted Swamiji's role as a great thinker and social reformer who worked selflessly for the cause of social, religious, literary and academic reforms. Dr. Bhargava motivated the students to take inspiration from such illustrious personalities and imbibe their qualities that make them great. Students from diverse streams spellbound the audience and judges with their melodious voices as they sang soulful bhajans that were spiritually elevating. All the performances were appreciated by the audience and the judges.

The results are:

1st Prize: Vishakha (BA 1) & Akshita Verma (BA 3)

2nd Prize: Garima (BA 3) & Simranjeet Kaur (BA 1)

3rd Prize: Ishmeet Kaur (BA 1) & Rhythm (BA 1)

Consolation Prizes: Vrinda (B.Com 1)

Ranjana Yadav, (B.Com 2)

Niyati Sharma (BA 2)

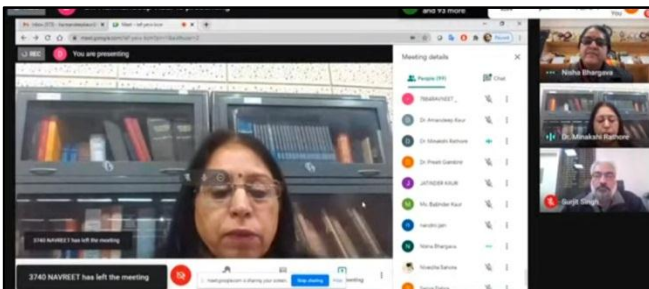
Divyanshi Sharma



Report of Activities (January 2021 to March 2021)

Mehr Chand Mahajan DAV College for Women, Chandigarh

MCM holds webinar on language and mother tongue

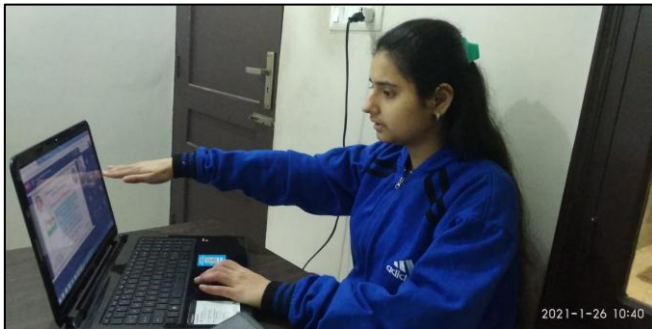


The Punjabi Department of Mehr Chand Mahajan DAV College for Women organised a webinar titled 'Bhasha, Maat Bhasha atte Gyan da Prasar'. Prof. Surjit Singh, Head, Department of Punjabi, Punjabi University, Patiala was the resource person for this highly informative webinar. In his engrossing address, Prof. Singh shed light on the intricate concepts of language, mother tongue and their role in the dissemination of knowledge. Prof. Singh asserted that language is not only a medium of communication, but also the identity of a person and his mental as well as social status. He also introduced the students to

the concept of native language which is the fundamental means of communicating as well as gaining knowledge. The webinar was well received by the students who interacted with the expert to clarify their concepts and understanding of the subject.

Principal Dr. Nisha Bhargava lauded this initiative of the Punjabi Department and said that given the fact that language is the medium to communicate our thoughts, ideas and feelings, it is important to understand it's nuances.

MCM staff and students take pledge on MyGov online pledge platform



With the aim to infuse sense of civic responsibility in students and to support the Government of India's (GoI) endeavours directed at creating responsible and aware citizens, the Swachhta Committee (Arts) of Mehr Chand Mahajan DAV College for Women organised a drive to take various pledges on the Unified Online Pledge Platform of MyGov, GoI and participate in quizzes conducted by Ministry of

Education, Ministry of Defence and MyGov, GoI. The staff and students of the college took the Road Safety Pledge- Pledge for a Safer India, Fuel Conservation 2021 Pledge, Pledge for Drug-Free India and AtmaNirbhar Bharat Pledge, and were awarded e-certificates. The students of the college also participated in online quizzes like Patriotic Quiz, Test Your Road Safety Quiz, 1971 Bangladesh Liberation War Quiz, Farmers First Quiz, Eat Right Quiz, and Quiz on Gender Sensitization and Legal Awareness.

Principal Dr. Nisha Bhargava expressed appreciation for this initiative of Swachhta Committee to sensitize staff and students about contributing constructively towards our national goals. She added that at MCM, Government initiatives like Swachh Bharat Abhiyan, Unnat Bharat Abhiyan have been adopted in letter and spirit.

MCM holds software hackathon

The Department of Computer Science and Applications, Mehr Chand Mahajan DAV College for Women organised Software Hackathon- a competition wherein the participants had to develop a software program. The competition envisioned to put to test the programming skills of Computer Science students. A total of 10 teams participated in the contest and developed a software program on a chosen problem using C, C++, Python or Java. The winners of the Hackathon will be eligible to compete in the National-level Smart India Hackathon 2021 (SIH-2021), to be organized by MoE, Government of India. The first three position holders were awarded cash prizes.

Principal Dr. Nisha Bhargava lauded this initiative of the Computer Science Department and asserted that such competitions offer a platform to hone the skills learnt in the classroom by promoting practical application of the theoretical knowledge.

Result of the competition is:

Sonalika and Naghma of BCA-III - First position

Priyanka and Mishika of BCA-II- Second position

Deepakshi and Gopika of BCA-II -Third position



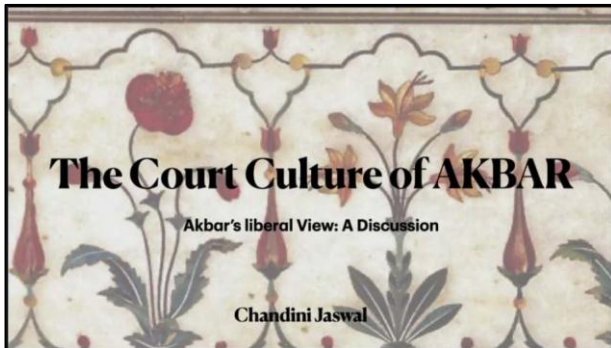
MCM holds programme on the art of official communication



The Young Communicators Club (YCC) of Mehr Chand Mahajan DAV College for Women, in association with Public Relations Council of India (PRCI), organised a Rashtriya Uchhatar Shiksha Abhiyan (RUSA) sponsored online Workshop-cum-Awareness Programme on 'The Art of Official Communication: How NOT to Communicate'. President, Chandigarh Chapter of PRCI, Ex-IAS, author and motivational speaker, Mr Vivek Atray was the resource person for this

engrossing programme. The programme saw an overwhelming response as more than 1300 participants registered for it from across India and 19 countries such as USA, Costa Rica, Oman, Philippines, Nigeria, UAE, Malaysia, Ghana, Bangladesh, Pakistan and Sri Lanka. Inaugurating the workshop, Principal Dr. Nisha Bhargava appreciated this initiative to promote communication as an asset for ushering positive changes in the society. Dr. Bhargava highlighted the immensely significant role of communication in various aspects of one's life, official aspect being one of them, and urged the youth to hone their communication skills for success in life. Mr. Atray drew on his vast experience as a bureaucrat to highlight the common communication blunders which can result in the loss of position, reputation and relationships. He urged the participants to foster healthy environment at workplace by being respectful towards colleagues, irrespective of their position or gender. He dwelt at length on maintaining e-mail etiquettes as, in a fast-paced world, organizational reputation depends primarily on the subtleties of desirable communication.

MCM holds interactive session on Akbar's court culture



The Tarikh Association of the History Department of Mehr Chand Mahajan DAV College For Women organized the second session of its series 'Walking back in History'. The topic for this online session was 'The court culture of Akbar'. Around 40 students from the college took part in the discussions and several put forth their opinions through guided presentations. The presentations were based on diverse topics including plurality and harmony

of Akbar's court, the court salutations, its Navratans, Rajput influence on all aspects of the court, the Ibadat Khana debates and Akbar's exquisite jewellery. To encourage students' engagement in critical thinking, a contrafactual argument was also debated upon, exploring the approach of alternative history. Many students came forward highlighting the importance of tolerance, diversity and passion in Akbar's court .

Principal Dr. Nisha Bhargava lauded this initiative and stressed upon the importance of studying history, especially to understand it on a parallel with current socio-political contrasts in modern times where we need to look back in history to sustain a sense of moral and societal harmony and realize its importance.

MCM's research on traffic congestion in Chandigarh commended

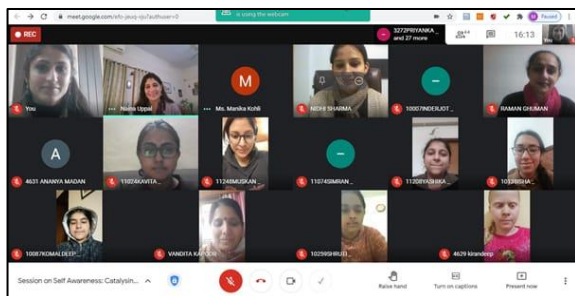


Living up to its reputation of being a premier institution with an exhaustive list of illustrious accomplishments in curricular as well as co-curricular domains, Mehr Chand Mahajan DAV College for Women has set a precedent in the field of civic responsibility. The college undertook a research project on traffic congestion in Chandigarh with the objective of investigating the problem of traffic congestion at a micro level and proposing solutions for better traffic management. The college was felicitated by Chandigarh DIG Omvir Singh, during a recently held Chandigarh Traffic Police event, for this significant and relevant study.

Titled 'Traffic Congestion Created and Faced by Daily Commuters: A Case Study of Mehr Chand Mahajan DAV College for Women, Chandigarh', this study was carried out by Dr. Kiran Jindal and Dr. Mamta Ratti, Assistant Professors, Department of Commerce, and Ms. Sanya and Ms. Zeenia of B.Com. final year. For the purpose of this study, the data base of around 3400 daily commuters (students and staff members of the college) was taken and valuable suggestions were given to combat the problem of traffic congestion on Chandigarh roads. The findings suggest that awareness needs to be generated among the daily commuters about the consequences of traffic congestion and that vehicle pooling is an effective way to combat this problem.

Principal Dr. Nisha Bhargava informed that with a vision to promote quality research that is beneficial for the society, MCM has a dedicated Research Committee that facilitates research by faculty as well as students. She added that this study deals with a very significant problem of the city beautiful and expressed hope that its suggestions will be adopted by other institutions and city dwellers as well.

MCM holds sessions on Bioenergy and Self Awareness



The Department of Botany at Mehr Chand Mahajan DAV College for Women, under the aegis of Swachhta Committee, organised an online interactive session on Bioenergy from Food Waste. The resource person for the session was Dr. Sudhir Kumar, Professor and Head, Department of Biotechnology and Bioinformatics, Jay Pee University, Waknaghat, Solan Himachal Pradesh. The webinar witnessed enthusiastic participation of over 95 participants. In the inaugural address, Principal of the college Dr. Nisha Bhargava dwelt upon the need for harnessing renewable sources of energy including solar energy and biogas, and enlightened the audience about the sustainable practices undertaken by the college. During the session, Dr. Sudhir gave insights about the different waste management practices including the production of biofuels in form of biogas. He further discussed about the concept, fabrication as well as utility of biogas plant. Several parameters including cost, maintenance, parameters that influence the production and functioning of biogas plant were also discussed. In another event, the Postgraduate Department of Commerce, under the aegis of Swachhta Committee, organised an online interactive session on the topic 'Self Awareness: Catalysing Emotional Intelligence'. The resource person for the session was Dr. Naina Sharma, Psychology, Department of Distance Education, Punjabi University, Patiala. The session provided a thorough insight on the concept of self-awareness. Various activities like construction of the Johari window, SWOT analysis, etc were conducted to make the participants better aware about their inner-self. The session further introduced the participants to their innate capabilities and pain areas through certain breathing techniques.

MCM holds skill development workshops on decorative articles and baking



The Dept of Home Science organised a 3-day live workshop titled Kala Utsav (Inculcating Artistry: Taking Learning beyond the Classrooms) on utility and decorative articles. Organised in collaboration with Pidilite Industries, Artist Ms. Santosh, Fevicryl, was the resource person for this workshop that aimed to indulge students in skill enhancement activities. Around 45 participants attended the online workshop wherein they learnt making key holders, name plates and wall hangings. In another skill development endeavour of the department, a workshop titled 'Cakes and Crumble' was organised that envisioned to incorporate innovative culinary skills in the students. 53 students and faculty members participated in this workshop that was conducted by culinary expert Ms. Sanyogita Gajendra. The participants learnt healthy recipes of multigrain bread, savory cookies, donuts and decorative cakes.

MCM completes research on Play Based Learning



Continuing its tradition of contributing towards community development and social welfare through socially relevant research endeavours, Mehr Chand Mahajan DAV College for Women completed a study titled 'Play based learning: A comparative study on the role of traditional toys and smart toys in the metacognitive learning and language development of children'. The study was completed under the supervision of Principal Dr. Nisha Bhargava as Principal Investigator, and Dr. Mamta Ratti and Dr. Minakshi Rana as co-investigators. Dr. Bhargava informed that since toys play an important role in the teaching-learning process by instilling the spirit of inquiry, innovation and achievement among children, the trend of smart toys in the market necessitates an investigation into whether smart toys are benefitting the children in a

better way in comparison to traditional toys. The study was based on comparing the perception of primary school teachers on the role of traditional and smart toys in the learning and development of children. In total, 418 primary school teachers participated in the study and the results showed that teachers accepted traditional toys as better than smart toys for stimulating learning, strengthening muscles and being more cost-effective, durable and eco-friendly.



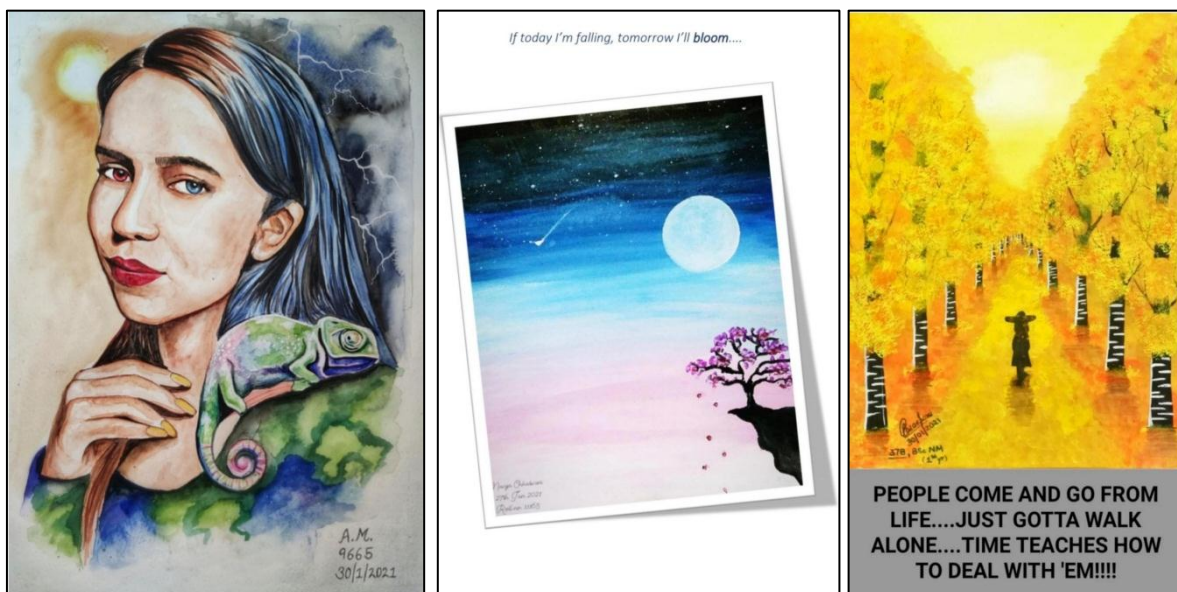
The project received appreciation from Chandigarh Commission for Protection of Child Rights (CCPCR) and Ms. Harjinder Kaur, Chairperson, CCPCR received the project from Dr. Nisha Bhargava. Keeping in mind the recommendations of the study, CCPCR plans to distribute 500 kits of the recommended toys mentioned in the study in the schools of UT Chandigarh as a pilot initiative. Ms. Harjinder congratulated the college for taking up this commendable socially relevant research and urged to continue the practice of intellectual exchange for societal welfare.

MCM holds Portrait Making Competition

The Personality Development Club of Mehr Chand Mahajan DAV College for Women organized a Portrait Making Competition on the topic 'A Glimpse of Nature Describing your Personality'. The objective of the competition was to help students showcase their artistic talent while exploring different aspects of their personality. The participants gave vent to their imagination and aesthetic exploration creating magical expressions on canvas. Cash prizes were awarded to the winners.

Principal Dr. Nisha Bhargava appreciated the efforts of the Personality Development Club and said that such events are immensely significant for enhancing and grooming the students' personality and motivating them.

The results were: 1st Prize – Ms. Palak Soni (BSc I), 2nd Prize – Ms. Aastha Mehra (BCom I) and 3rd Prize – Ms. Navya Chhatwani (BCom III)



MCM celebrates Zero Discrimination Day



With the vision to highlight the urgent need to take action to end the inequalities that are prevalent around the world, the Philosophy Department of Mehr Chand Mahajan DAV College for Women celebrated Zero Discrimination Day. Slogan Writing and Poster Making activities on the topic 'Zero

Discrimination' were organised as part of the celebration. Students also held discussions on 'Zero Discrimination' with the aim to create awareness and resolve to end all forms of discriminations prevailing at various levels in the structure of family and society. In all the activities, students put forth their novel ideas and suggestions to help create an equitable world by fighting the inequalities present in our society.

Principal Dr. Nisha Bhargava underlined the importance of positive measures to end class, caste, religion and gender discrimination for creating a just society wherein everyone has equal rights and opportunities. She added that the youth have a significant role to play in achieving this goal.

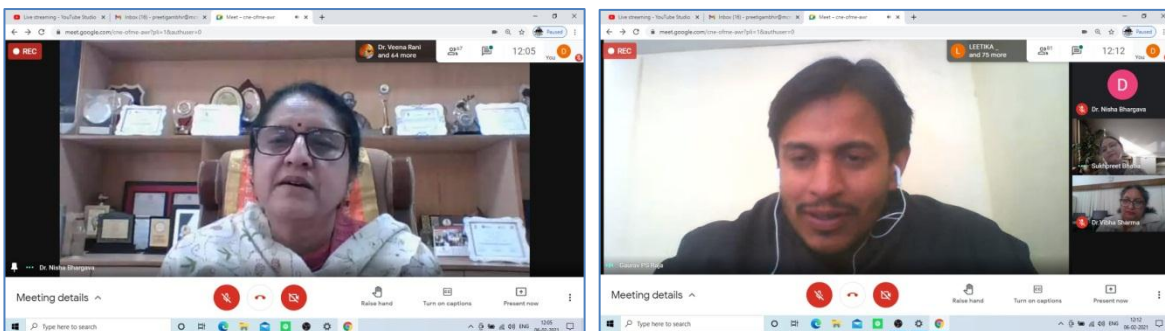
MCM holds annual PTA Meet online



Owing to the pandemic situation, the Parent Teacher Association (PTA) of Mehr Chand Mahajan DAV College for Women organised the annual PTA Meet in online mode this year. The online PTA Meet was organised in two sessions wherein the first session was conducted for the parents of students from Commerce stream and the second one was held for the parents of students from Science and Arts streams. Principal Dr. Nisha Bhargava addressed the parents and reiterated the fact that the parents and teachers are together in the journey towards holistic development of the students. Dr. Bhargava apprised the parents of the indefatigable spirit of MCM family that kept the lamp of knowledge lit even in these dark times of the pandemic and reassured them that MCM is committed to the cause of grooming women of substance who are wholesome individuals.

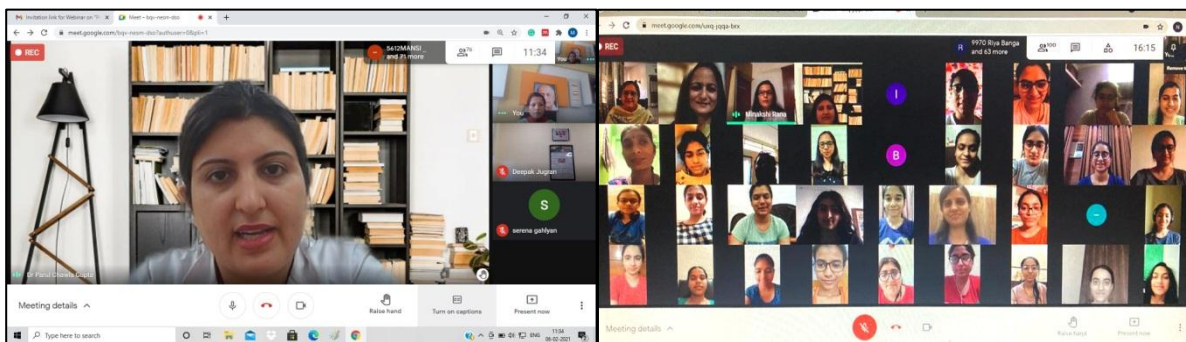
A brief introduction of the college and its achievements in the recent years was followed by a detailed presentation of the guidelines pertaining to online examination. The parents then interacted with the respective teachers. To facilitate the interaction, various Heads of Departments and Heads of various Committees were available online and they handled the concerns and queries of the parents. Over 150 parents attended the meets with enthusiasm and the online mode facilitated those parents to attend the meet who were out of station and are generally not able to attend the PTA Meets in the offline mode. Parents expressed their gratitude to the college and teachers for arranging the meetings despite the challenges.

MCM holds webinar on Green Audit



The Internal Quality Assurance Cell (IQAC) of Mehr Chand Mahajan DAV College for Women organised a webinar on 'Environmental Awareness: Green Audit and Its Relevance'. Mr. Gaurav Raja Prakash, National Consultant, United Nations Development Programme and Consulting Partner, M/s The Ridge Environment Consultants, Shimla was the resource person for this highly relevant webinar that sought to raise awareness about green audit and its germaneness. Principal Dr. Nisha Bhargava, in the inaugural address, highlighted the fact that the indiscriminate environment damaging activities of humans make green audit a very relevant topic for discussion. Dr. Bhargava added that conscious of its responsibility towards the environment, the college undertakes various regenerative green measures including rain water harvesting, harnessing of solar energy, production of biogas from mess food waste, vermicomposting, installation of sewage treatment plant and frequent tree plantation drives. Stressing on the fact that the link between human and nature needs to be revisited and refurbished, Mr. Gaurav said that green audit at individual as well as organisational level is a pressing need of the present times. Defining green audit in simple terms, Mr. Gaurav went on to elaborate upon its tangible and intangible benefits and shed light on the multi-level cost effective strategies that ensure development while maintaining the existing natural system. Teaching and non-teaching staff members, and students benefitted from this webinar and resolved to work together for securing better future for the generations to come.

MCM holds webinar on Preventive Eye Care



Considering the importance of eye care in the era of online world, Mehr Chand Mahajan DAV College for Women, under the aegis of Women Development Cell, organized a webinar on Preventive Eye Care in the Era of Digitalization. Dr. Parul Chawla Gupta, Assistant Professor, Advanced Eye Center, PGIMER, Chandigarh was the expert for the webinar. Dr. Chawla stressed on the importance of frequent breaks in between screen usage, use of preservative free lubricants, less exposure to humidifiers and intake of a diet rich in vitamin A with Omega 3 fatty acids. She also prescribed regular eye massage and explained the importance of outdoor activities for healthy vision. Dr. Chawla insisted on taking expert opinion rather than using over the counter medications for any issues related to the eyes. More than 150 students, professionals and faculty members attended the online webinar from all over India. Most of the queries of the participants were related to frequent headache and feeling of heaviness in eyes.

Principal Dr. Nisha Bhargava lauded this highly contextual endeavour as in this time of pandemic, people have been compelled to spend long hours in front of screens and such screen exposure has led to a sharp increase the incidence of digital eye strain and dry eyes.

MCM celebrates Women's Day



Saluting the spirit of womanhood on the occasion of International Women's Day, Mehr Chand Mahajan DAV College for Women organised various activities to mark the day. The Charitra Nirman Committee organised two activities- National level Advertisement Making Competition and Parineeta- a self composed poetry dedication activity. The Advertisement Making Competition was conducted on the theme 'Women in Leadership' and witnessed enthusiastic participation wherein the entries aptly depicted the essence of womanhood. In Parineeta, students wrote heart touching poetry dedicating it to the homemakers in their lives. The college's Women Development Cell (WDC) and NSS units collected sanitary pads and distributed those to the girls of Government Model High School-41, Badheri. WDC and NSS units also conducted an interactive session on hygiene and nutrition at the adopted village Badheri wherein multigrain namkeen and gur-channa were distributed among village women. Cash prizes were awarded to first three position holders of Advertisement Making Competition.

Principal Dr. Nisha Bhargava shared a self-composed poem, dedicated to women power, with the staff on this occasion. She added that since 1968, MCM has striven for grooming empowered women who empower fellow beings and help in creating an equitable society free of any gender biases.

MCM holds webinar on Tally



The Post Graduate Department of Commerce at Mehr Chand Mahajan DAV College for Women organized a webinar on 'Accounting Software and Tally'. The webinar was designed specifically for the curriculum requirement of B.Com students of the college. The resource person was CA Sahil Gupta, who gave a detailed explanation of the concept of Tally and its application in various business modalities. The use of visual aids supplemented with numerical examples helped in easy grasping of the concepts by the students who took keen interest in the session. Around 300 students of the college took part in the webinar and benefitted from it. In the interactive session, the resource person addressed the queries and doubts of the students.



Principal Dr. Nisha Bhargava lauded this initiative of the Commerce Department to equip the students with requisite skills required in the professional world. She added that MCM organises plethora of such extension activities with the aim of enhancing employability of the students.

MCM holds felicitation function for Swachhta initiatives



In a felicitation ceremony, Mehr Chand Mahajan DAV College for Women honoured the winners of various Swachhta competitions and initiatives, and the Committees working under various Government programmes. During the ceremony, the winners of competitions conducted under the aegis of Swachhta Committee were felicitated that included Best Laboratory, Department Room, Office Cabin, Corridor, Library and Best maintained Lawn Competitions. The Committees that were felicitated for undertaking appreciable work under flagship schemes of Government of India included Ek Bharat Shreshtha Bharat Club, RUSA Cell, Geetanjali Helpline and Mental Wellness, NSS, NCC, Swachhta Committee, Swachhta Report Committee,

Electoral Literacy Club, Character Building Committee, Eco Club, IIC, Renewable Energy Committee, UBA, Skill Development and Placement Cell.

In another novel initiative, the college observed 'Swachh Mann Diwas'- an activity to promote positive thinking by giving vent to one's inner conflicting thoughts and feelings. The activity entailed writing one's grudges or negative thoughts on a piece of paper and dropping them in a forgiveness box. Staff members enthusiastically participated in the activity and said that it was an extremely creative activity that purged them of negativity in their lives.



Principal Dr. Nisha Bhargava asserted that having the distinction of being the Cleanest College in the Country (2018), MCM is committed to the cause of Swachhta and sustainable practices. Appreciating the Swachh Mann initiative, Dr. Bhargava added that we must strive

to cultivate thoughts and dreams that take us to success and excellence, instead of living with negative thoughts that trouble us and minimise our work efficiency.



MCM holds webinar on Women in Changing World of Communication



The Post Graduate Department of Sociology and Women Development Cell of Mehr Chand Mahajan DAV College for Women organized a webinar on the topic 'Women in the Changing World of Communication'. The resource person for the webinar was Prof. Dhananjai Chopra, Course Coordinator, Centre of Media Studies, University of Allahabad. The webinar envisioned to explore and understand the role of women in the fast paced and ever evolving world of communication. Beginning with the phrase 'communication works for those who work at it', Prof. Dhananjai explained the importance of story telling in the digital world of communication and apprised the participants about blog and its content formation. He also deliberated upon podcast which can be used as community forum to upload digital audio files. The webinar was highly motivating and interactive in nature and was attended by over 50 participants including faculty from various colleges.

Principal Dr. Nisha Bhargava expressed appreciation for this unique initiative of the Sociology Department. Dr. Bhargava said that it is an established fact that women are better communicators and thus, their role in the changing landscape of communication needs to be understood fully.

MCM holds virtual lecture on Budget 2021

The Post Graduate Department of Economics at Mehr Chand Mahajan DAV College for Women, under the aegis of Rashtriya Uchcharit Shiksha Abhiyan (RUSA) organized an online lecture on Budget 2021 with a view to enlighten students about the highlights of the current Union Budget. Mrs Rama Kashyap, Former Head of the Department and Associate Professor, PG Department of Economics of the college was the speaker for this informative lecture. The session commenced with appreciative and inspiring words of Principal Dr. Nisha Bhargava who complimented the organizers for initiating discussion on such an important issue. Dr. Bhargava highlighted the importance of considerate understanding of Budget in a precise manner.



Mrs. Rama Kashyap highlighted the plenty elasticity and resilience potential of the Budget 2021. She also emphasized on every nitty-gritty of the annual financial statement followed by an elaborative explanation from the perspective of Indian economy. The expert eloquently quantified the past challenges being faced by the Indian economy due to COVID-19 and the current Budget's importance in overcoming the lockdown losses. Remarking that all sense in economics goes in capital formation, pushing the economy out of debt-trap, Mrs. Kashyap said that

some severe and deep-rooted glitches will prove to be enormous challenge for the Indian Economy to overcome in the future course of time.

She concluded on an optimistic message that innovative development works are to be readily required to generate industrious employment opportunities and added that Budget is not a magic wand, unless and until all the money and intentions are put in action, it cannot work intendedly.



The talk acquainted the students with the performance of different sectors of the Indian Economy and the policy framework governing them. The lecture provided the faculty and students with profound insights into the Budget 2021. This educational

session recorded the presence of over 100 participants from across various courses.

The programme successfully concluded with a formal vote of thanks by Ms Madhvi Bajaj, Head of the PG Department of Economics. The session enhanced the knowledge quotient of the participants on various challenges cum opportunities of Budget 2021 concerning economic perspectives of the Indian Economy.

MCM holds workshop on entrepreneurship in beekeeping



In an endeavour to promote entrepreneurial aptitude among students and apprise them of the entrepreneurial opportunities in beekeeping, the Zoology Department of Mehr Chand Mahajan DAV College for Women,

under the aegis of college's Institution Innovation Council (IIC), organised a virtual workshop titled 'Entrepreneurship Development in Beekeeping'. This educative workshop was conducted by Prof. Vinod K Mattu, Emeritus Fellow (UGC), Group Leader: Sociobiology and Behavioural Ecology and Dr. Neelam Mattu, Department of Biosciences, Himachal Pradesh University, a Researcher of Himalayan Honeybees and Recipient of Senior Scientist Award. The resource persons emphasized upon the importance of honey bees as pollinators and discussed about the value added products obtained from beekeeping. This interactive workshop was well attended by students who felt motivated to channelize their energy towards generation of new ideas and creating start-ups and entrepreneurial ventures resulting in self-employment.

Principal Dr. Nisha Bhargava lauded this initiative by stating that beekeeping has the potential to be used successfully as a development tool. She added that the importance of honey bees for sustainable agriculture and entrepreneurship development makes this workshop highly beneficial from the point of view of environmental conservation as well as employment generation.

MCM holds Caption Writing Competition to promote critical thinking

The Charitra Nirman Committee of Mehr Chand Mahajan DAV College for Women organised a Caption Writing Competition. The aim of the competition was to indulge the participants in deep thinking, urging them to carefully and critically analyse a given picture from different aspects and come up with catchy captions describing it from their point of view and knowledge. An overwhelming participation of 66 students from diverse streams was witnessed in the competition wherein they were required to give suitable captions in English, Hindi, Sanskrit or any regional language. The participants described the picture from varied perspectives including psychological, scientific, physical and emotional, jotting down their imagination in the form of creative captions.

Principal Dr. Nisha Bhargava expressed appreciation for this initiative of the Charitra Nirman Committee to provide students an opportunity to strengthen their deep imagination and critical thinking, which is in line with the ethos of National Education Policy 2020. She further informed that the Committee is undertaking laudable work in the direction of character building of students through such novel initiatives.

The results of the Competition are:

1st: Rubal Sandhu BA 2

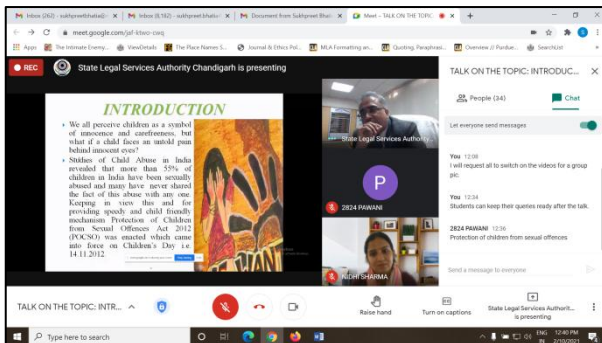
2nd: Abha Sharma BA 1

3rd: Aanchal BA 1

Consolation: Vinus Thakur BA 1, Kareena Garg BBA 1, Sanya BA-1, Sahiba BA 1, Prishita Kapoor BA-1



MCM holds talk on SLSA and POCSO



The Legal Literacy Club of Mehr Chand Mahajan DAV College for Women organized an online Talk on 'Introduction to SLSA and POCSO: Protection of Children from Sexual Offences Act'. Mr. Mahavir Singh, Additional District & Sessions Judge-cum-Member Secretary,

State Legal Services Authority (SLSA), U.T., Chandigarh was the resource person for the event. Mr. Singh sensitized the students about SLSA- social wing of judiciary system of India and POCSO Act in this session. He informed that the main objective of SLSA is to spread legal awareness and to provide free legal aid to every citizen. Beside this, he also mentioned that SLSA is actively engaged in apprising the various strata of society, especially the deprived ones, of their legal rights and specific provisions. He also shared details of the commendable work done by the para-legal volunteers of SLSA who participated in the food distribution in needy areas and sending the students back to their home, during the time of COVID 19 pandemic. He further elucidated to the students, the various legal concepts pertaining to the POCSO Act, a gender-neutral act that was enforced on Children's Day (November 14th 2012). The talk was attended by the members of the Cell and students of 1st year classes of various streams who were inspired by the talk to join as para-legal volunteers. Principal Dr. Nisha Bhargava expressed her gratitude to the resource person and also ensured him that the student members of Legal Literacy Club will act as torch bearers to spread legal awareness in various strata of society. She added that, with holistic growth of students in mind, MCM organises such sessions on a regular basis.

MCM inaugurates training program under PMFME scheme



A 4-day training program in Bakery and Confectionery began at Mehr Chand Mahajan DAV College for Women- a State level Technical Institute for Chandigarh for training and capacity building under the Pradhan Mantri Formalisation of Micro Food Processing Enterprises (PMFME) Scheme launched by Ministry of Food Processing Industries (MoFPI), GOI. This program of great relevance and importance is being organised in association with Department of Industries, Chandigarh, which is the State Nodal Agency under PMFME scheme. The inaugural session was graced by Mr. Jagjit Singh, Director, Department of Industries, Chandigarh and State Nodal Officer, PMFME Scheme and Mr. Manmohan Singh, CEO Aroma Hospitality Group as Guest of Honour.



Speaking at the inaugural, Principal Dr. Nisha Bhargava highlighted the significance of the present scheme in realisation of the goal of Atmanirbhar Bharat and informed that MCM has the distinction of being the only technical institute in Chandigarh to provide training under this scheme. She further

emphasized on the need for skill training in the food sector while focusing on health, nutrition and food safety. Mr. Jagjit Singh expressed his enthusiasm towards the implementation of this newly launched scheme to organise the existing informal bakery units into formal sector. Outlining the benefits of this scheme for existing and new entrepreneurs, Mr. Singh informed that besides capacity building and financial support, all conceivable support will be provided under it including training in food hygiene, safety, packaging, quality, branding and incubation. Mr. Manmohan Singh Kohli apprised the participants about the vast scope of the bakery industry in India of which skill is an important constituent. He also shed light on the potential of up-skilling and upgrading oneself via such central schemes.

Over 25 participants registered for this program. The training session initiated with a lecture on PMFME scheme, its objective, eligibility, process of applying by Dr. Vandana Sharma, Assistant Professor, Department of Food Science at MCM.

Dr. Sandeep Kaur, Assistant Professor, Department of Food Science at MCM gave a comprehensive insight into the bakery plant layout and its essential requirements and Dr. Gurpeet Kaur, Assistant Professor Department of Food Science at MCM conducted a session on the raw materials required for bakery products.

7 Day/Night NSS Camp begins at MCM



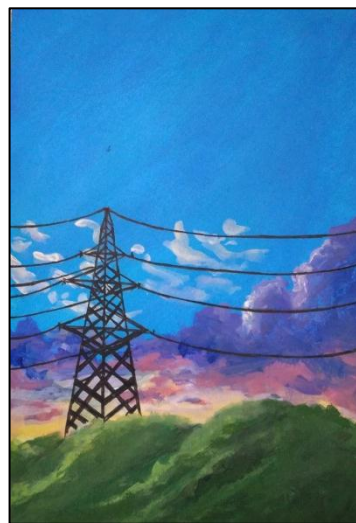
A 7 Day and Night NSS Special Camp began at Mehr Chand Mahajan DAV College for Women here today. Organised under the theme of Swachh Bharat Abhiyan and Jal Shakti Abhiyan, the camp was inaugurated by Principal Dr. Nisha Bhargava. Lamp lighting and Saraswati Vandana was followed by the inaugural address by Dr. Bhargava. In her inspiring address, Dr. Bhargava apprised the volunteers of the activities and achievements of MCM NSS units including conferring of Best NSS Unit 2018 by Panjab University, Chandigarh. Impressing upon the importance of NSS in imbuing in students valuable life lessons including dignity of labour and humanitarian values, Dr. Bhargava informed that even during the testing times of pandemic, the NSS volunteers of MCM carried out laudable work serving the mankind.

In relevance to the theme of the camp, Dr. Bhargava recited a self-composed poem on environment and urged the volunteers to work towards and generate awareness about conservation of environment and natural resources. A plantation drive was also undertaken on this occasion. Thereafter, NSS Programme Officer Dr. Pallavi Rani familiarised the volunteers with the aims and objectives, and rules and regulations of NSS, and shed light on NSS activities in the past. COVID Appropriate Behaviour was also taken on this occasion wherein the volunteers pledged to follow all COVID protocols. The inaugural day culminated with a demonstration on making masks at home by Ms. Rati Arora, Assistant Professor, Home Science Department of MCM.



MCM holds online painting exhibition

In a unique initiative to encourage its budding artists by providing them a platform for showcasing their talent, the Fine Arts Department of Mehr Chand Mahajan DAV College for Women organised an online Painting Exhibition. Organised on the theme 'Nature', the exhibition had 50 paintings on display that included works of students as well as the faculty of Fine Arts Department. The virtual exhibition began with a self-composed poem on nature by Principal Dr. Nisha Bhargava, followed by awe-inspiring creations that provided a panoramic view of nature's grandeur. The works, prepared in three mediums i.e. water colours, acrylic and oil colours, brought alive the vivid hues of nature. Congratulating the Fine Arts Department for this novel initiative, Dr. Bhargava said that as COVID-19 forced humans to remain indoors, a glimpse of the splendour of nature became a rare feast, and thus it was decided to organise an online Painting Exhibition as a testimony to human resilience and fortitude. She added that this exhibition is symbolic of indefatigable human spirit that refuses to be caged and continues to soar high in the realm of imagination.

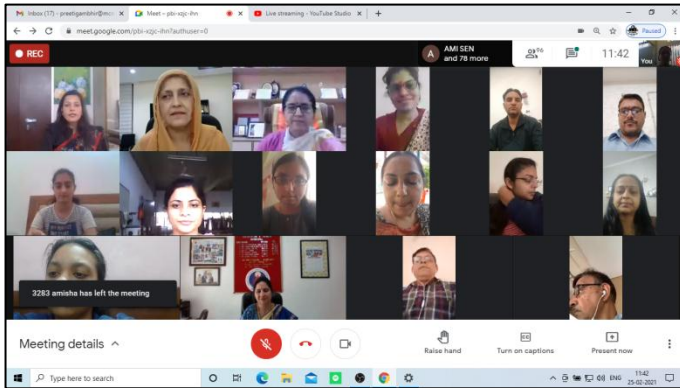


MCM celebrates International Day of Forests



Committed to the cause of 'Cleaner, Greener and Sustainable Earth', the Department of Botany, Mehr Chand Mahajan DAV College for Women celebrated International Day of Forests (IDF). A tree plantation drive was organized to mark the occasion which aims at spreading the message of conserving our forests and planting more trees for the generations to come. The drive commenced with the plantation of a tree sapling by Principal Dr. Nisha Bhargava. Following this, tree saplings were planted in different areas of the college by the faculty and staff of the department. The entire event was conducted following proper norms under the prevailing circumstances which have arisen as a result of COVID-19 Pandemic. Principal Dr. Nisha Bhargava said that in order to help the environment recover from the damage done by indiscriminate human activity, forest restoration, which is incidentally the theme of this year's IDF, is the solution. She added MCM organises various awareness campaigns, programmes and plantation drives to promote conservation of environment.

MCM holds programme on Character Building through Education



Mehr Chand Mahajan DAV College for Women organised a RUSA sponsored online workshop cum awareness programme on 'Character Building through Education with special reference to National Education Policy 2020'.

Besides envisioning to discuss the role of education in character building, the programme sought to deliberate upon policy implications for character building and the rich Indian History and Culture as a crucial element for character building. Organised in collaboration with Vidarbha College of Arts, Commerce & Science, Jiwati, Chandrapur, Maharashtra, the workshop recorded 1100 registrations from countries including Sri Lanka, Ghana, Philippines, Pakistan, Malaysia, Libya, Bangladesh, Afghanistan, Nigeria and Iraq, and different states of India including Punjab, Haryana, Jharkhand, Chattisgarh, Maharashtra, Andhra Pradesh, Tamil Nadu, Karnataka, Kerala, Gujarat, Rajasthan, Uttar Pradesh, Madhya Pradesh, Himachal Pradesh, Assam, Meghalaya, West Bengal, Jammu Kashmir, Delhi and Uttarakhand. The Chief Guest for the programme was Ms. Harjinder Kaur (Chairperson, Chandigarh Commission for Protection of Child Rights, Chandigarh) and the resource persons were Dr. Nisha Bhargava (Principal, Mehr Chand Mahajan DAV College for Women, Chandigarh), Dr. Sapna Nanda (Principal, Government College of Yoga Education and Health, Chandigarh) and Dr. Sudhi Mandloi (Assistant Professor, Dept. of History, Visva Bharati University, Santiniketan, West Bengal).



The inaugural address was delivered by Dr. Nisha Bhargava who explained eloquently the interrelationship between character formation and education, and how education leads to holistic development of students. Reiterating the need to have a vision

in life, Dr. Bhargava shed light on the endeavours undertaken by MCM in the direction of character building under the aegis of its Charitra Nirman Committee. She ended her session with a self composed poem which gave the message to live in harmony with nature and remain hopeful in these testing times. Speaking on the



Policy Implications for Character Building through Education, Ms. Harjinder Kaur started her session with a short movie on how a teacher can influence the personality of students. She talked about the need to follow a comprehensive and proactive

approach in education and delved on the rich legacy of education system of our country and focused on the key elements in NEP 2020 which resounded these values. In her session on Practice of Yoga for Mindfulness, Dr. Sapna Nanda spoke about how the practice of yoga helps in leading fulfilling lives. She also talked about elements like Vairagya and Karuna which help to create self awareness. Reflecting upon rich Indian History and Culture for Character Building, Dr. Sudhi Mandloi spoke about how our rich tradition guides us to remain focused on the sublime values that our 'Dharma' teaches us. She said that composite culture is the hallmark of our culture and we should continue to live up to these ideals.

MCM holds Lecture series on Development



The PG Department of Sociology organised a RUSA sponsored 3-day Lecture Series on 'Issues related to Development' by eminent sociologist Prof. S L Sharma, Director-Research, IDC, Chandigarh. Speaking on

this occasion, Principal Dr. Nisha Bhargava highlighted the relevance of this series by drawing attention to the prolonged debate on issues pertaining to growth and development, and unequal benefits of development for women. Stressing on the need for inclusive development, Dr. Bhargava asserted that assuring uniform human rights irrespective of gender, status, etc. are the basis of building human capabilities that ultimately lead to equitable development. The 3 days witnessed intellectually invigorating sessions on Rethinking Development Post Pandemic, Gender and Development, and Contemporary Theories of Development, respectively. On the first day, shedding light on the four main conceptions of development i.e. economic growth, ecological sustainability, human development and structural transformation, Prof. Sharma impressed upon the need for a composite, holistic, integrated notion of development. He said that it is imperative to discover areas of interconnectedness between different paradigms of development for a wholesome concept of development. Speaking on the second day, Prof. Sharma reiterated the pertinence of understanding developmental impacts on women and feminists' critique and suggested that patriarchal, capitalist models of development have been detrimental to gender development. On day 3, the expert dwelled on the contemporary theories of development- Neo liberalist and Statist. He observed that both the theories suffer from lacuna and emphasise on developmental model that neglected human development and added that the development model that has been followed has led to social degradation and value decadence.

PUCASH and MCM organise workshop on Sexual Harassment of Women at Workplace



Mehr Chand Mahajan DAV College for Women and the Panjab University Committee Against Sexual Harassment of Women at Workplace (PUCASH) organised a workshop on Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal). Organised in blended mode, the event was graced by Smt. Rekha Sharma, Chairperson, National Commission for Women (NCW), New Delhi as Chief Guest, Prof. Raj Kumar, Vice Chancellor, VC, PU as Guest of Honour, who joined virtually, Sh. H.R. Gandhar, Vice President and Senior Governing Body Member, DAV CMC as Special Guest and Ms. M. Lilabati, Senior Coordinator, NCW as Guest Speaker.



In the welcome address, Principal Dr. Nisha Bhargava asserted that since its inception, MCM has been working towards women empowerment through education and with committees like Women Development Cell, Internal Complaints Committee and Equal Opportunity Cell, the college has established a sound framework for ensuring a harmonious workplace. Drawing attention to the fact that much needs to be done on the ground level, Dr. Bhargava said that such awareness sessions are the need of the hour. Prof. Promila Pathak, Chairperson, PUCASH introduced the Chief Guest for the day.

Speaking on the occasion, Ms. Rekha Sharma impressed upon the imperativeness of ensuring a safe and secure work environment for women as it positively impacts participation of women in the workforce. With patriarchal mindset restraining women from complaining about sexual harassment, Ms. Sharma said that programmes pertaining to prohibition awareness and gender sensitisation are called for to train the male employees and the Internal Committee members. She added that since many people are not conversant with the law pertaining to sexual harassment, training is an important component for bringing about desired behavioural change.

Prof. Raj Kumar lauded this highly relevant endeavour and called for concerted efforts on a continual basis for tackling the issue of sexual harassment at workplace. He further impressed on the importance of such awareness programmes that prompt serious deliberations around the issue of sexual harassment.

In an informative session, Ms. M. Leelabati apprised the audience about the legal provisions governing sexual harassment in India. From shedding light on definition of sexual harassment, employee and employer to educating about the role, composition and functioning of Internal Committee, redressal process, determination of compensation, penalty for non compliance, duties of employer, Ms. Leelabati's presentation covered all the important aspects related to sexual harassment.



Sh, H.R. Gandhar expressed appreciation for this initiative to educate and enlighten people on such a crucial issue. Calling for effective functioning of Internal Committees, Sh. Gandhar said that the gap between District Committees and Internal Committees needs to be

bridged. He said that it is the mindsets that need to be changed so that women are not subjected to any form of harassment at work. The programme was well received by the online as well as offline participants.

Litscape Quiz at MCM celebrates linguistic diversity of India



The Department of English and Ek Bharat Shreshtha Bharat (EBSB) Club of Mehr Chand Mahajan DAV College for Women celebrated the linguistic diversity of our multicultural nation by organising an online National level Quiz- Litscape. As Chandigarh is paired with Dadra and Nagar Haveli under Ek Bharat Shreshtha Bharat mission of the Government of India, this quiz was aimed at celebrating the confluence of Gujarati and Marathi cultures in our paired Union Territory and to mark this cultural camaraderie. The quiz received very heartening response with 199 participants from 23 states and also from Sri Lanka. E-certificates were awarded to the participants. Principal Dr. Nisha Bhargava appreciated the EBSB Club for this unique initiative. She added that such activities implemented under the aegis of EBSB mission are highly effective steps towards promotion of sustained cultural connect in the areas of language, music, cuisine, traditions and culture.

MCM holds webinar on Fungi and Plantation drive at Buterla



The Department of Botany, Mehr Chand Mahajan DAV College for Women organised a webinar titled “Fungi: Characteristics, Ecology and Economic Importance”. The resource person Prof. Anand Sagar, Chairperson, Department of Environmental Sciences, Himachal Pradesh University, Summer Hill, Shimla gave a preview of this exceptional group which follows a heterotrophic mode of nutrition. The discussion mainly focused on the different aspects related to fungi including their habit, habitats, lifecycles and economic importance. With a special focus on the positive and negative effects related to the usefulness of fungi, Prof. Sagar explained their role as source of food, antibiotics, vitamins, mineral providers, anticancerous drugs, histamines, zero cholesterol foods etc., along with their disease and death causing effects. 69 students and faculty members of the department actively participated in the webinar. In another activity, the Botany Department organized a tree plantation drive in Village Butrela, Chandigarh as a part of Bharat ka Amrut Mahotsav. The aim of this outreach activity was to spread the message of conserving our forests and planting more trees for creating a sustainable environment for the generations to come. Tree saplings were planted in different areas of the village by the staff of the college along with the local residents. The entire event was conducted in coordination with Deputy Mayor Hardeep Singh Butrela following proper COVID-19 norms. Principal Dr. Nisha Bhargava expressed appreciation for the endeavours of the Botany Department to provide wide exposure and practical knowledge to the students. She added that such activities are an integral part of education at MCM as these aid in holistic development of students.

NSS Camp at MCM promotes Jal Shakti, Poshan and Swachh Bharat Abhiyan



On day 5 of the 7 Day/Night Special NSS Camp at Mehr Chand Mahajan DAV College for Women, an awareness lecture on Water Conservation was organised in collaboration with MCM Eco Club. The objective of organizing the lecture was to educate the volunteers about the theme of this year's World Water Day i.e. Valuing Water, about the importance of fresh water and its significance in fostering a cleaner and greener planet. The resource person Mr. Sushil Dogra, Scientist B, Chandigarh Pollution Control Committee, Chandigarh, discussed different ways for conserving water such as rainwater harvesting, water quality monitoring scheme, etc. This was followed by a talk on 'Nutrition' under the Poshan Abhiyan of Ministry of Women and Child Development, Government of India.



Dr. Harjot Kaur Mann, Assistant Professor, Department of Home Science of the college delivered this talk wherein she apprised the volunteers about the importance of nutrition in day-to-day life. The volunteers were also taught making of energy and protein bars. Further,

following all the necessary COVID-19 protocols, the NSS volunteers visited the adopted village Badheri where they conducted a survey based on the theme– Swachh Bharat Abhiyan and Jal Shakti Abhiyan. Besides, an awareness rally, in collaboration with MCM Eco Club, on Swachh Bharat Abhiyan, Jal Shakti Abhiyan and HIV/AIDS was also taken out to make residents aware of these government initiatives. The volunteers also distributed soaps, sanitizers, masks to the needy persons and urged them to follow all the necessary COVID protocols laid down by the Government of India. In the third session of the day, a lecture on ‘Sustainable Urban Farming’ was organized under Poshan Abhiyan. During the lecture, Dr. Gurvinder Kaur, Associate Professor, Department of Public Administration of the college highlighted the importance of seeds and of growing chemical-free food in the current times. The day culminated with a talent hunt session wherein the volunteers displayed their talent in the form of dance, songs, poems, etc.

Principal Dr. Nisha Bhargava congratulated the MCM NSS Programme Officers for helming the camp in an immaculate manner while strictly adhering to all the COVID-19 safety protocols. She informed that the college's NSS units have been doing laudable work in the direction of character building of the students through such endeavours and have contributed immensely to various national schemes like Swachh Bharat Abhiyan, Poshan Abhiyan, Jal Shakti Abhiyan and so on.



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