

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

(First Semester)

Name of the Teachers: Dr. Vidushi Jaswal & Ms. Triveni Sharma

Class: **BA I**

Subject: **General Psychology**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	13 th September 2021	30 th September, 2021	<ul style="list-style-type: none">• Introduction to Psychology• Unit 1: Nature of Psychology, Goals and Branches of Psychology, Historical Evolution of Psychology,	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	1 st October 2021	30 th October 2021	<ul style="list-style-type: none">• Unit – 1 Cont'd: Historical Evolution of Psychology, Development of Psychology in India.• Unit – 2: Emotions : Definition and Concept of Emotions, Types of Emotions	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	1 st November, 2021	30 th November, 2021	<ul style="list-style-type: none">• Unit – 2: Emotions : Theories of Emotions (James– Lange, Cannon Bard, Schacter-Singer Theory) <p align="center">Mid Semester Exams</p> <ul style="list-style-type: none">• Unit 3: Method of Psychology: Observation Method. Sampling Techniques, Survey Method, Experimental Method	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	1 st December, 2021	16 th December, 2021	<ul style="list-style-type: none">• Unit – 4: Motivation: Definition, Nature, Concept. Types of Motives (Physiological, Psychological, Social): Theories of Motivation: Humanistic (Maslow), Need Theories (McClelland and Murray).• Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

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(Second Semester)

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Class: **BA I**

Subject: **General Psychology**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	3 rd February, 2022	28 th February, 2022	<ul style="list-style-type: none">Unit - 1: Personality – Concept, Trait Theories (Eysenck, Costa and MCrae), Psychoanalytic Theory (Freud). Humanistic Theory (Rogers). Measurement of Personality, (Self Report Measures, Projective Techniques and Behavioural Assessment)	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	1 st March, 2022	31 st March, 2022	<ul style="list-style-type: none">Unit – 2: Statistics: Graphical Representation of Data: Measures of Central Tendency and Variability. Correlation - Meaning of Correlation, Rank Order and Product Moment-Correlation and Interpretation.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	1 st April, 2022	30 th April, 2022	<ul style="list-style-type: none">Unit – 4: Intelligence : Concept, Theories of Intelligence: Spearman, Thurstone, Cattell, Guilford. Measurement of Intelligence (Verbal and Non Verbal Test and Individual and Group Tests).Revision of Units 1, 2 and 4	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
6	1 st May, 2022	25 th May, 2022	<ul style="list-style-type: none">Unit 3: Development: Concept, Heredity and Environmental Influences. Theories of Development : Erickson, Psychosocial Theory, Piaget’s theory of Cognitive Development.Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.