

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

Name of the Teachers: Dr. Nitasha Khehra & Dr Anubhuti Sharma

Class: BA III (**Semester V**)

Subject: Clinical Psychology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	11.08.2021	31.08.2021	Nature and Criteria of abnormality, Viewpoints Regarding Abnormality: Historical, Psychodynamic, Behavioural, Cognitive, Humanistic and Interpersonal	Ice Breaking, Discussion of Syllabus, Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
2	01.09.2021	30.09.2021	Causes of Abnormal Behaviour: Biological, Psychological and Sociocultural Causes	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
3	01.10.2021	31.10.2021	Stress: Concept of Stress; Types of Stressors; Etiology of Stress; Coping Strategies: Problem Focussed and Emotion Focussed, Effects of Stress.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
4	01.11.2021	30.11.2021	Significance of Statistics: Mean, Standard Deviation, Correlation. Significance of Difference Between Means (Correlated and Uncorrelated).	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.

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Monthly Teaching Plans

Session 2021-2022

Department of Psychology

Name of the Teachers: Dr. Nitasha Khehra & Dr Anubhuti Sharma

Class: BA III (Semester VI)

Subject: Behavioural Disorders

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	03.02.2022	28.02.2022	Schizophrenia Types : Symptoms and Etiology.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
2	01.03.2022	31.03.2022	Anxiety Based Disorders viz. Phobia; OCD; Panic; Generalized Anxiety Disorder. Conversion Disorders, Dissociative Disorders : Types, Symptoms and Etiology.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
3	01.04.2022	30.04.2022	Mood Disorders : Types, Symptoms and Etiology.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
4	01.05.2022	25.05.2022	Psychotherapies : Psychodynamic Therapy, Behaviour Therapy, Cognitive- Behaviour Therapy, Humanistic Therapy.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.