

POST GRADUATE DEPARTMENT OF COMMERCE

E-CONTENT (BCOM 1 ST SEMESTER)

SUBJECT – PSYCHOLOGY FOR MANAGERS

TEACHERS NAME – DR. NIDHI TANWAR

1. Stress Management
<https://drive.google.com/file/d/1mZsqZCftIYv4cY3y2FmTfFIQitVSQlho/view?usp=sharing>
2. Morale
<https://drive.google.com/file/d/1eRvBSZvFAkl2E9t5WURJTIRY8qCqEn7/view?usp=sharing>
3. Motivation
<https://drive.google.com/file/d/1jbKLyq7m6u6Qx34ePMf4vTbP5ALeGS6x/view?usp=sharing>
4. Practice Questions
<https://forms.gle/zeesWe3GmMo5i6MTA>