

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

(Third Semester)

Name of the Teachers: Dr. Vidushi Jaswal

Class: MA II

Subject: Organizational Behaviour

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	17 th August, 2021	31 st August, 2021	<ul style="list-style-type: none">Unit 1: Introduction: Nature, History and methodology; Extension of classical concepts of organization,	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	1 st September 2021	30 th September, 2021	<ul style="list-style-type: none">Unit – 1 Cont'd: Bureaucratic model. Introduction to the concept of Human Resource Development.Unit- 3 Decision Making: Nature, Types; Models (Social model, Simon's satisfying model); Techniques	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	1 st October, 2021	31 st October, 2021	<ul style="list-style-type: none">Unit – 4 Organizational Development: Meaning, importance, Characteristics. Traditional and modern approaches (Sensitivity training, grid training, survey feed back, team building, transactional analysis, MBO).Unit- 2 Leadership: Concept. Classical studies, Trait Theory, Group Exchange theories,	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	1 st November, 2021	30 th November, 2021	Mid Semester Exams <ul style="list-style-type: none">Unit- 2 Leadership: Fiedler's contingency model, Path goal theory, Social learning approach. Leadership styles: Reddin's three dimensional model, Hersey and Blanchard's Life Cycle, Likert's four systems of management, Vroom - Yetton normative model.Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

(Fourth Semester)

Name of the Teachers: Dr. Vidushi Jaswal

Class: MA II

Subject: Organizational Behaviour

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	3 rd February, 2022	28 th February, 2022	<ul style="list-style-type: none">Unit 1: Communication: Nature, models, types and methods to improve communication.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	1 st March, 2022	31 st March, 2022	<ul style="list-style-type: none">Unit – 2 Organizational Power and Politics: Concept, Sources of Power, Politics, Functioning of organizations.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	1 st April, 2022	30 th April, 2022	<ul style="list-style-type: none">Unit – 4 Organizational Climate. Organizational Change.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	1 st May, 2022	25 th May, 2022	<ul style="list-style-type: none">Unit – 3 Stress Management. Time Management.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

(Third Semester)

Name of the Teachers: Dr. Anubhuti Sharma

Class: MA II

Subject: Child Psychopathology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	11.08.2021	31.08.2021	<ul style="list-style-type: none">Unit 1: Nature, Diagnosis, Assessment of Child Psychopathology.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.09.2021	30.09.2021	<ul style="list-style-type: none">Unit – 3 Intellectual Disabilities Externalizing Disorders: Attention Deficit Hyperactivity Disorders.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
3	01.10.2021	31.10.2021	<ul style="list-style-type: none">Unit- 4 Disruptive Behaviour Disorders: Oppositional Defiant Disorder, Conduct Disorder.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	01.11.2021	30.11.2021	<ul style="list-style-type: none">Unit – 2 Causes of Child Psychopathology: Biological, Psychological, Family and Social influences.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

(Fourth Semester)

Name of the Teachers: Dr. Anubhuti Sharma

Class: MA II

Subject: Child Psychopathology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	03.02.2022	28.02.2022	<ul style="list-style-type: none">Unit 1: Developmental Disorders: Autism, Childhood Onset Schizophrenia.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.03.2022	31.03.2022	<ul style="list-style-type: none">Unit – 2 Communication and Learning disorders.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	01.04.2022	30.04.2022	<ul style="list-style-type: none">Unit – 3 Feeding and Eating disorders.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	01.05.2022	25.05.2022	<ul style="list-style-type: none">Unit – 4 Elimination Disorders.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

Name of the Teachers: Dr. Nitasha Khehra

Class: MA II (Semester III)

Subject: Clinical Disorders

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	11.08.2021	31.08.2021	UNIT I: Nature and Scope of Clinical Disorders. Diagnoses and its methods: Case History, Interview and Observation.	Ice Breaking, Discussion of Syllabus, Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
2	01.09.2021	30.09.2021	UNIT II: Anxiety Disorders, Psychosomatic Disorders and Schizophrenia: Nature, types, causes and treatment	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
3	01.10.2021	31.10.2021	UNIT IV: Intellectual Disability, Post Traumatic Stress Disorder, Antisocial Personality Disorder, Alcohol-Related Disorders, Stimulant-Related Disorders.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
4	01.11.2021	30.11.2021	UNIT III: Sexual Dysfunctions, Mood Disorders, Suicide and Loneliness: Nature, types, causes and treatment.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

Name of the Teachers: Dr. Nitasha Khehra

Class: MA II (Semester IV)

Subject: Clinical Prevention and Intervention

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	03.02.2022	28.02.2022	UNIT I: Nature and scope of clinical psychology. Goals and limitations of Psychotherapy. Role of psychotherapist, Therapeutic relation	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
2	01.03.2022	31.03.2022	UNIT II: Psychoanalysis as a therapeutic technique. Applications of Behaviour Modification Therapy: Systematic desensitization, Aversion therapy, Assertive training, Modelling.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
3	01.04.2022	30.04.2022	UNIT III: Phenomenological models: Rogers therapy, Gestalt therapy, Existential analysis. Psychodrama. Overt and covert sensitization. Physio-chemical therapies and Electroconvulsive Therapy	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
4	01.05.2022	25.05.2022	UNIT IV: Cognitive-behaviour therapy (CBT), Yoga and meditation. Community psychiatry.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

(Third Semester)

Name of the Teachers: Dr. Manjit Sidhu

Class: MA II

Subject: Counseling Psychology: Professional Foundation

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	11.08.2021	31.08.2021	Unit 1: Counselling Psychology - Nature, concept and history of counselling with special reference to Indian scene; Effective Counsellor – Self exploration and awareness, interpersonal self-awareness, personal qualities and professional training.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2.	01.09.2021	30.09.2021	Unit – 2: Process and Ethics in Counselling - Preparation, Pre-counselling interview. Process and Ethics in Counselling (Cont'd) - Rapport and Relationship, Exploration and Identification of goals, Selection of counselling therapy, Termination and follow up; Guidelines and Issues of Counselling ethics.	Classroom Discussion, Review of case studies, Power point Presentation, Clarification of doubts, if any.
3.	01.10.2021	31.10.2021	Unit – 3: Counselling Skills - Pre-counselling skills - listening and attending; skills for building trust and empathy – paraphrasing, reflecting, pacing; skills for conveying genuineness and positive regard – congruence, self-disclosure, immediacy and enhancing responses.	Classroom Discussion, Review of case studies, Power point Presentation, Clarification of doubts, if any.
4.	01.11.2021	30.11.2021	Unit 4: Basic Techniques of Counselling - Sensitivity training, Transactional analysis, Assertive training, Relaxation training, Socio and Psycho drama.	Classroom Discussion, Review of case studies, Power point Presentation, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

(Fourth Semester)

Name of the Teachers: Dr. Manjit Sidhu

Class: **MA II**

Subject: **Applied Counseling: Specialties in Practice of Counseling**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	03.02.2022	28.02.2022	Unit 1: Adolescent Counselling & Special Counselling Approaches - Adolescent development and related problems; Preventive and Remediation services for special adolescent problems - Depression and Anxiety, Drug abuse, Delinquency, Sex abuse, Teenage – pregnancy. Special Counselling Approaches – Conflict Resolution and Play Therapy.	Classroom Discussion, Review of case studies, Power point Presentation, Clarification of doubts, if any.
2.	01.03.2022	31.03.2022	Unit 2: Marriage and Family Counselling - Theoretical Foundations – System theory, Family life cycle; Counselling for special family and marriage problems – Inter-parental conflict, Interpersonal communication. Parenting skills, Crisis intervention.	Classroom Discussion, Review of case studies, Power point Presentation, Clarification of doubts, if any.
3.	01.04.2022	30.04.2022	Unit 3: Group Counselling - Types of Groups – Guidance /Psycho-educational groups; Counselling /Interpersonal problem-solving groups, Personality Development /Reconstruction groups. Process of Group counselling. Issues and qualities of an effective group counsellor.	Classroom Discussion, Review of case studies, Power point Presentation, Clarification of doubts, if any.
4.	01.05.2022	25.05.2022	Unit 4: Rehabilitation and Mental Health Counselling - Rehabilitation Counselling – Theories and techniques, roles and functions. Mental Health Counselling – Theories and functions, special techniques of stress management and anger management. Review and revision of Syllabi for Semester Exams	Classroom Discussion, Review of case studies, Power point Presentation, Clarification of doubts, if any Review and revision exercises

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

(Third Semester)

Name of the Teachers: Dr. Neha Pandeya

Class: MA II

Subject: Research Methodology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	11.08.2021	31.08.2021	<ul style="list-style-type: none">Unit 1: ANOVA: Assumptions and applications. Randomized group design and randomized block design (equal cell frequency, with single and n subjects in each cell).	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.09.2021	30.09.2021	<ul style="list-style-type: none">Unit – 2 Two way ANOVA (Equal cell frequency) – Basic Model Three way ANOVA (Equal cell frequency) – Basic Model	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
3	01.10.2021	31.10.2021	<ul style="list-style-type: none">Unit- 3 Latin Square Design (Single observation in each cell); Latin Square design with repeated measures (Replications with same square; single observation in each cell); and Greco Latin Square Design (Single observation in each cell); Multiple Comparisons (CD, Duncan's, Scheffe's Test) – Introduction.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	01.11.2021	30.11.2021	<ul style="list-style-type: none">Unit- 4 Mixed factorial design (Single observation in each cell). Single subject research.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

(Fourth Semester)

Name of the Teachers: Dr. Neha Pandeya

Class: MA II

Subject: Research Methodology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	03.02.2022	28.02.2022	<ul style="list-style-type: none">Unit 1: Item writing and Item analysis. Norms: Age and Educational Norms, Introduction to Standard Scores.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.03.2022	31.03.2022	<ul style="list-style-type: none">Unit – 2 Theory of test measures: Rationale of reliability and validity; item statistics and its effect on reliability and validity; Introduction to speed and power tests	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	01.04.2022	30.04.2022	<ul style="list-style-type: none">Unit – 3 Types of reliability; factors affecting reliability. Types of validity; factors affecting validity. Analysis of Covariance in Randomized Group Design (Single subject in each cell).	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	01.05.2022	25.05.2022	<ul style="list-style-type: none">Unit – 4 Qualitative Research: Introduction to observation, interview, questionnaire, diary, discourse analysis, and focus group design.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.