

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2021-2022)

Name of the Teachers: Dr. Nitasha Khehra

Class: MA I (**Semester I**)

Subject: Theories and Systems of Psychology (Paper I)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	13.09.2021	30.09.2021	Nature, History and Status of Psychology as a Science.	Ice Breaking, Discussion of Syllabus, Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
2	01.10.2021	31.10.2021	Current Theoretical Developments: Cognitive (Information processing), Neurocognitive Science, Developmental perspective (Piaget), Social Learning (Bandura), Indian Perspective.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
3	01.11.2021	30.11.2021	Schools of Psychology: Structuralism, Functionalism, Behaviorism, Gestalt, Classical Psychoanalysis (Freud).	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
4	01.12.2021	16.12.2021	Theoretical Perspectives in Psychology: Psychodynamic (Neo Freudians – Adler, Jung), Behaviouristic (Pavlov and Skinner), Humanistic- Existential (Maslow, Rogers, Rollo May), Field Theory (Lewin).	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2021-2022)

Name of the Teachers: Dr. Nitasha Khehra

Class: MA I (**Semester II**)

Subject: Theories and Systems of Psychology (Paper II)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	03.02.2022	28.02.2022	Personality Theories: Erickson, Fromm, Murray, Eysenck, Cattell, Costa and McCrae, Kelly.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
2	01.03.2022	31.03.2022	Motivation: Need theories (McClelland), Content theories (Maslow, Herzberg), Cognitive theories (Lewin, Vroom, Porter and Lawler).	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
3	01.04.2022	30.04.2022	Learning: Pavlov, Skinner, Guthrie, Tolman, Hull, Bandura.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
4	01.05.2022	25.05.2022	Intelligence and Creativity: Intelligence; Guilford, Cattell, Sternberg, Emotional Intelligence (Meyer and Saloway and Goleman). Creativity: Freudian, Psychometric, Humanistic-Existentia and Associationistic view points.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

Name of the Teachers: Dr. Vidushi Jaswal

Class: MA I (Semester I)

Subject: Social Psychology (Paper –II)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	25th September 2021	30th September, 2021	<ul style="list-style-type: none">Unit 1: Social Psychology as a Science: Nature and History.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	1 st October 2021	31 st October, 2021	<ul style="list-style-type: none">Unit – 1 Cont'd: Social Learning Theories: Field, Role and Exchange, Developmental views of Self: Erikson, Sullivan and Rogers.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	1 st November, 2021	30 th November, 2021	<ul style="list-style-type: none">Unit- 2: Socialization Agents; Socialization in families with a Special child. Impact of culture on socialization.Mid Semester ExamsUnit – 3 Social Learning. Impression formation.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	1 st December, 2021	26 th December, 2021	<ul style="list-style-type: none">Unit – 3: Theories of Attribution: Kelly, Weiner, Jones and Davis.Unit – 4 Interpersonal Attraction : Concept, determinants. Personal Relationships : Self disclosure, Relationship maintenance.Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2021-2022

Department of Psychology

Name of the Teachers: Dr. Vidushi Jaswal

Class: MA I (Semester II)

Subject: Social Psychology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	3 rd February, 2022	28 th February, 2022	<ul style="list-style-type: none">Unit 1: Altruism and Prosocial Behaviour : Concept, Theoretical perspectives (Sociocultural and Learning). Learning to help : Seeking and receiving help. Factors affecting Helping Behaviour : Internal and Situational. Caregiving : Concept, types and its impact on caregiver.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	1 st March, 2022	31 st March, 2022	<ul style="list-style-type: none">Unit – 4 Social Power. Theories of Leadership: Situation approach, Trait approach, Functional approach and Fiedler’s contingency model of leadership effectiveness. Leadership Styles : Autocratic, Democratic, Task Oriented, People Oriented.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	1 st April, 2022	30 th April, 2022	<ul style="list-style-type: none">Unit – 3 Groups : Types, Group Cohesion. Group Behaviour : Conformity, Obedience and Compliance. Group Antagonism : Prejudice (Nature, cognitive biases, strategies to reduce prejudice).. Impression formation.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	1 st May, 2022	25 th May, 2022	<ul style="list-style-type: none">Unit – 2 Aggression : Nature, causes, control. Violence; Family Violence; Intimate Partner Violence: Nature, Causes and Interventions.Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

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Monthly Teaching Plans

Session 2020-2021

Department of Psychology

Name of the Teachers: Ms. Triveni Sharma

Class: MA-I (Semester I)

Subject: Experimental Psychology (Paper –III)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	13.09.2021	30.09.2021	<ul style="list-style-type: none">• UNIT-I Classical Conditioning : Basic phenomena, Temporal relations, the Rescorla-Wagner model, Opponent Process theories and Classical conditioning. Operant Conditioning : Basic phenomena, Reinforcement Schedules and their Experimental Analysis.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.10.2021	31.10.2021	<ul style="list-style-type: none">• UNIT-II Avoidance and Punishment : Two-factor theory and one-factor theory, Learned helplessness, punishment. Problems of Reinforcement : A Re-evaluation of the Stop-Action Principle, the Role of the Reinforcer, Prediction of a Reinforcer.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	01.11.2021	30.11.2021	<ul style="list-style-type: none">• UNIT-III Biological Constraints on Learning : Attacks on the contiguity principle, Attacks on the equipotentiality premise, Heredity in Operant Conditioning , the General-Principle approach to learning.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
5	01.12.2021	16.12.2021	<ul style="list-style-type: none">• UNIT-IV Stimulus Control and Concept Learning : Generalization gradients, Absolute or Relational Stimulus Control, Errorless Discrimination Learning, Concept Formation.	Classroom Discussion, Review and revision exercises, Clarification of doubts, if any.

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Monthly Teaching Plans

Session 2020-2021

Department of Psychology

Name of the Teachers: Ms. Triveni Sharma

Class: MA-I (Semester II)

Subject: Cognitive Psychology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	03.02.2022	28.02.2022	UNIT-I Pattern Recognition: Theories of pattern recognition, Top-down processing and Pattern recognition.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
2.	01.03.2022	31.03.2022	UNIT-II Attention : Divided and Selective attention, Feature Integration Theory, Neural Basis of attention.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
3.	01.04.2022	30.04.2022	UNIT-III Neural mechanisms of memory; Synapse and neural circuits, Formation and storage of memory, Role of long term Potentiation..	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any
4.	01.05.2022	25.05.2022	UNIT-IV Imagery : The Characteristics of Mental Images, Cognitive maps. Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any Review and revision exercises

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Monthly Teaching Plans

Session 2020-2021

Department of Psychology

Name of the Teachers: Ms. Aditi Kaushish

Class: **MA I (Semester I)**

Subject: **Research Methodology (Paper-IV)**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	13.09.2021	30.09.2021	Unit 1: Nature of Research in Psychology: Psychology as a science: Types of Variables; Review of literature; Research design (Definition and Types); Selection and formulation of research problem and hypotheses.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.10.2021	31.10.2021	Unit – 3 Special Correlation Methods: Biserial correlation; Point Biserial; Tetrachoric and Phi-Coefficient correlation	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	01.11.2021	30.11.2021	Unit – 4 Non-Parametric Techniques: Sign test, Wilcoxon Test; Mann Whitney U test; Kruskal Wallis and Friedman Tests.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	01.12.2021	16.12.2021	Unit – 2: Research Techniques: Naturalistic Observation: Field studies; Survey Research: Features, uses and limitations of surveys, steps in survey research and survey instruments. Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

MCM DAV College for Women, Sector- 36/A, Chandigarh

Monthly Teaching Plans

Session 2020-2021

Department of Psychology

Name of the Teachers: Ms. Aditi Kaushish

Class: MA I (Semester II)

Subject: Research Methodology (Paper-IV)

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	03.02.2022	28.02.2022	Unit – 1 Scales of Measurement : Nominal, Ordinal, Interval and Ratio; Experimental Method; Ethics of Psychological Research.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.03.2022	31.03.2022	Unit – 2 Assessment Techniques : Case study, Interview method; Sociometry. Ex Post Facto Research Technique and its applications. Sampling theory and its techniques.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	01.04.2022	30.04.2022	Unit – 3 Advanced correlation methods; Multiple Correlation; Partial Correlation; Simple Regression Equation.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	01.05.2022	25.05.2022	Unit – 4 Factor Analysis : Basic Assumptions; History and applications of Factor Analysis; Centroid method of factor Extraction; Rotation; Interpretation of factors.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.