



एक कदम स्वच्छता की ओर

Mehr Chand Mahajan DAV College for Women

Sector 36-A, Chandigarh (U.T.)

Report of Initiatives taken under
Swachh Bharat Abhiyan
October 2021 to December 2021



Website:
<https://mcmdavcwchd.edu.in/>

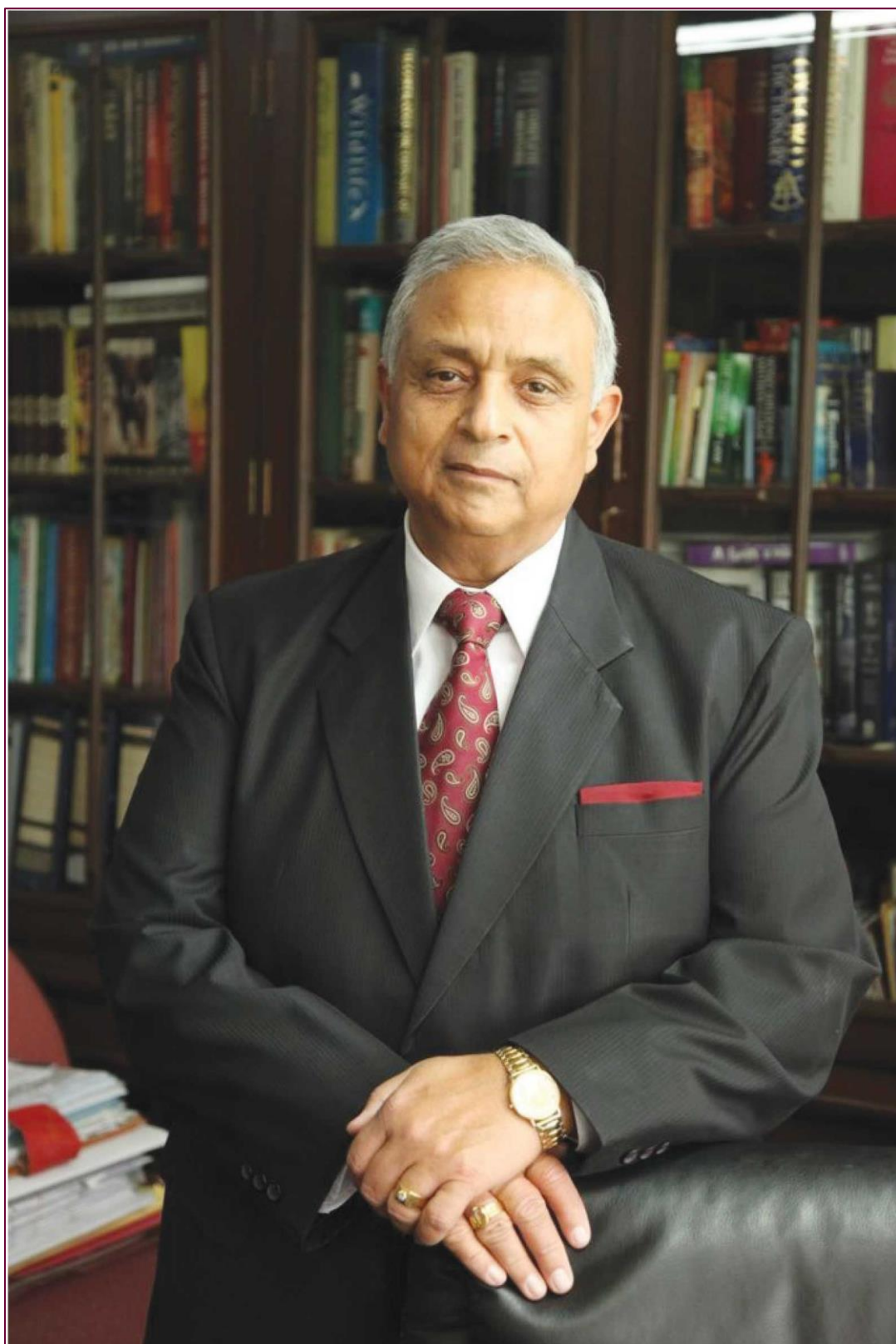
Email:
principal_mcmdavcollege@yahoo.com

Our Beacon of Light



MAHARISHI SWAMI DAYANAND SARASWATI

Our Guide, Mentor



*Dr Punam Suri Ji, Padma Shree Awardee
Hon'ble President
DAV College Managing Committee, New Delhi*

**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
(QUARTER IV: OCTOBER – DECEMBER 2021)**



Message from The Principal's Desk

Swachhta is a best practice as well as an integral component of sustainable living at our institution. In adopting Swachhta as a habit, we are inspired by Mahatma Gandhi Ji, our father of nation whose birth anniversary is commemorated on 2nd October every year. Albert Einstein, the great scientist said about Gandhiji, “Generations to come, it may well be, will scarce believe that such a man as this one ever in flesh and blood walked upon this Earth”.

His illustrious journey from being Gandhi to Mahatma is an inspiration and example for everyone to emulate. His beliefs and ideas are immortal like mountains and today his idea of Swachhta has become most relevant as it espouses the cleanliness of mind, body and spirit, cleanliness of surroundings, environment conservation, village development and so on. The most befitting tribute to the Mahatma will be to adopt his ideals in our own lives and also to popularise his beliefs amongst humanity. May truth and non-violence be the world religions. May Spirituality become a core component of our belief systems. May the mother of all religions awaken to its past glory.

I take this opportunity to express my humble gratitude to our honourable president Dr Punam Suri Ji, Padma Shri Awardee who is our guiding light in all our endeavours. Our gratitude to Shri H R Gandhar, our Hon’ble Vice President DAV CMC and senior governing body member of our college for his living interest in the institution and we are thankful to Shri Shiv Raman Gaur, Hon’ble director higher education of DAVCMC, who motivates us to constantly innovate in all our endeavours.

I am truly beholden to our Swachhta team who consistently work for sustainable development throughout the year. The Swachhta reporting team is doing commendable work by meticulously documenting the multifarious activities undertaken by various organs of Swachhta committee. We hope that our Swachhta initiatives will keep multiplying and the institution will continue to lead by example.

**Dr Nisha Bhargava
Principal**

Mehr Chand Mahajan DAV College for Women

Sector 36-A, Chandigarh (U.T.)

Swachhta Committee

Chairperson: Dr Nisha Bhargava (Principal)

Convenors: 1. Mrs. Suman Mahajan (Arts)

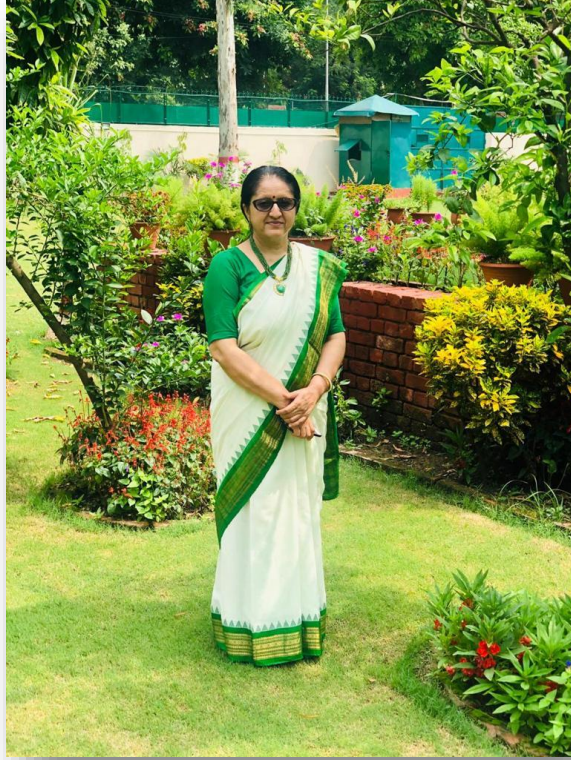
2. Ms. Raman Ghuman (Commerce)

3. Dr Vandana Sharma (Sciences)

Stream/Department/Cell/Committee	Coordinators and Members	Stream/Department/Cell/Committee	Coordinators and Members
Arts:	1. Dr Anju Lata	Cleanliness:	1. Dr Praerna Sharma
	2. Ms Anuradha Sehgal		2. Ms. Chris Bindra
	3. Ms Archana Bakshi		3. Dr Qudrat Hundal
	4. Dr Bhavna Sood		4. Dr Kanika Sofat
	5. Dr Ritu Khosla		5. Dr Sandeep Kaur (MFT)
	6. Dr Manjeet Kaur		6. Dr Shafila
	7. Dr Ramandeep Kaur		
	8. Dr Minakshi Rana		
Science:	1. Dr Neetu	Sanitisation:	1. Mrs. Suman Mahajan
	2. Dr Shefali		2. Dr Vandana Sharma
	3. Dr Sagarika Dev		3. Dr Sarabjeet Kaur
	4. Dr Purnima Bhandari		4. Dr Shefali Dhiman
	5. Dr Anchal Batra		5. Dr Qudrat Hundal
	6. Dr Gunjan Sud		
	7. Mr. Kuldeep Singh		
	8. Mr. Pawan Sharma		
Commerce:	1. Ms. Nidhi Sharma	Swachhta Report and Uploading information:	1. Dr Komil Tyagi
	2. Ms. Disha Sharma		2. Dr Vidushi Jaswal
	3. Ms. Vandita Kapoor		3. Dr Sunaina Jain
	4. Dr Arshdeep		4. Dr Prakriti Renjen
	5. Dr Purnima Bhandari		
	6. Dr Gurjeet Virk Sidhu		
	7. Dr Ketaki Dwivedi		
	8. Dr Nisha Dawra		
	9. Dr Preeti Gambhir		
	10. Dr Aparna Sharma		
	11. Mr. Ashish Mudgal		
Languages:	1. Dr Manisha Priyamwada		
	2. Dr Komil Tyagi		
	3. Dr Jasmine Anand		
	4. Dr Seema Kanwar		
Computer Science:	1. Dr Indu Arora		
	2. Ms. Deepti Sharda		
	3. Dr Mandeep Kaur Chawla		
	4. Ms. Navdeep Kaur		

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Stream/Department/Cell/Committee	Coordinators and Members	Stream/Department/Cell/Committee	Coordinators and Members
Mental Wellness (Swachh Mann)	1. Dr Nitasha Khehra	Horticulture & Landscaping Committee	1. Dr Pooja Sharma (Coordinator for Horticulture)
	2. Mrs. Vandita Kapoor		2. Dr Seema Kanwar (Coordinator for Landscaping)
	3. Dr Qudrat Hundal		
Cultural Activities:	1. Ms. Deepa		4. Dr Nisha Sharma
	2. Ms. Sukhpreet Bhatia		5. Dr Nidhi Tanwar
	3. Dr Minakshi Rathore		6. Dr Rishu
	4. Dr Jatinder Kaur		7. Dr Gunjan (Botany)
			8. Dr Purnima Bhandari
			9. Dr Jasleen Kaur
Hostel:	1. Ms. Baljeet Kaur Tiwana		10. Ms. Payal Bansal
	2. Ms. Jyoti Soi		11. Ms Aarushi Jain
	3. Dr Neha Pandya		12. Sh Ram Pher
	4. Dr Mamta Ratii		13. Sh Arjun Prasad
	4. Ms. Shailey Bhagi		14. Sh Hari Kisun
	6. Ms. Sonika Srivastava		15. Sh Ram Suresh
	7. Ms. Sushma Rani	16. Sh Ram Kumar	
NSS:	1. Dr Pallvi Rani	Administration Staff for overall Coordination	1. Mr. Kuldeep Singh
	2. Dr Purnima Bhandari		2. Mr. Pawan Sharma
	3. Dr Madhuri Tanaji Patil		3. Mr. Ashish Mudgal
	4. Dr Kanika Sofat		4. Mr. Hari Singh
	5. Dr Nisha Sharma		5. Mr. Sushil Bhandari
	6. Dr Nidhi Tanwar		6. Mr. Surjit Singh
	7. Dr Rishu		7. Mr. Apurav Kaushik
	8. Dr Ketaki Dwivedi		8. Mr. Sanjiv Sharma
	9. Dr Aanchal Batra		9. Ms. Nancy Garg
	10. Dr Nisha Dawra		10. Ms. Namita Sharma
	11. Ms. Nancy Sharma		
Library:	1. Ms Shashi Prabha Bansal	Official Correspondence for Reports:	Dr Sandeep Kaur
	2. Ms. Reena Thakur		Ms. Nancy Garg
	3. Ms. Baljit Kaur		
	4. Mr. Arjun Singh		



*On the occasion of Gandhi Jayanti, a Poem penned by
worthy Principal Dr Nisha Bhargava*

बापू का है आज जन्मदिन
तुमको है सादर अभिनंदन।

तुम्हारी याद है साथ हमारे
हो जाएँगे कारज सारे।

विश्व शांति के संवाहक
हरिजन के तुम ही अभिभावक

स्वच्छ भारत का स्वप्न निराला
अंधकार से हमें निकाला।

सत्य अहिंसा शस्त्र तुम्हारे
लगते हैं हम सबको प्यारे।

स्वतंत्रता की राह दिखाई
साम्राज्यवाद की नींव हिलाई ।

तुम थे सारे जग से न्यारे
हम सब की आँखों के तारे।

अर्पित करते हैं श्रद्धा सुमन
करते हैं हम तुम्हें नमन।

तुमने जो सबक पढ़ाया था
सन्मार्ग पे चलना सिखाया था।

उस प्रगति पथ पर सदा चलेंगे
तुम्हें सदा ही याद करेंगे।

तुम हम सब में सदा रहोगे
हम सब तुम में सदा रहेंगे।

हम सब तुम में सदा रहेंगे।

-- डॉ. निशा भार्गव
प्राचार्या

1. **Title of the activity:** Participation by students of the department of MFT in National level- Research Conclave-2021 sponsored by Department of Science and Technology, Renewable Energy, Chandigarh and DBT Star College Scheme, organized by Goswami Ganesh Dutta Sanatan Dharma College, Sector 32 Chandigarh.

Date: 24-25 September 2021

Number of students participated: 12 students of B.Sc. (MFT) -III Year

Objectives:

- To motivate students to endeavour for better and deeper understanding of scientific facts in the field of health and hygiene, environmental sustainability, thus giving them an opportunity to know about latest knowledge pertaining to newer ideas and innovations in this direction.
- To provide students with an opportunity to meet other scientists, academicians, young researchers working on this topic and their views on the challenges and solutions associated with environmental and ecosystem pollution, health issues, plastic and waste management etc.

Name of the Coordinators: Dr Vandana Sharma, Dr Sandeep Kaur

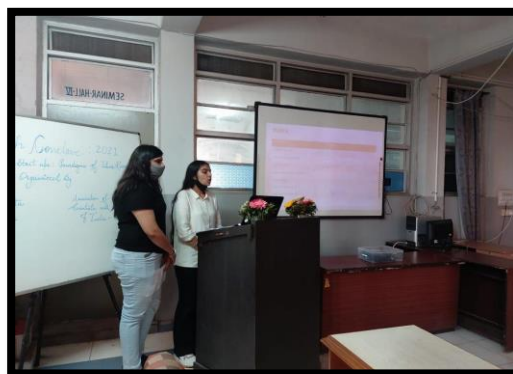
The Practice: With the primary objective of enhancing the scientific skills of students and to promote awareness on crucial topic of environment sustainability and update on the latest scientific solutions being explored, a total of 12 students of BSc.(MFT)-III year along with two faculty members of the Department (Dr Vandana Sharma and Dr Sandeep Kaur) actively participated in in National level- Research Conclave-2021 sponsored by Department of Science and Technology, Renewable Energy, Chandigarh and DBT Star college scheme, organized by Goswami Ganesh Dutta Sanatan Dharma College, Chandigarh.

All the students presented their undergraduate research work by giving oral presentations as well as through poster display in the conclave. The students presented their work focused on scientific ways to mitigate challenges pertaining to



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plastic waste management, plastic degrading bacteria, reuse of already used media, use of greener alternatives as biofuels, bioenergy and recycling of waste for turning into useful products, innovative methods to improve nutrition, health and hygiene etc. The students showed their scientific skills and confidently showcased their work and ideas



and secured prizes while also learning and interacting with experts, scientists and

other research scholars in the conclave meet.

The students were enthusiastic about the entire event and wished to participate in more such conferences enabling them to get apprised about the newer ideas and technologies related to environmental clean-up-remediation and health and hygiene being discovered and worked upon.



Evidence of Success:

- Students got apprised of the various waste management and sustainability initiatives being adopted by participating delegates and their respective institutions.
- Students interacted with other participants, delegates and experts regarding newer technologies and innovative research ideas on promoting sustainable practices and possible solutions on the problem areas prevalent.
- Ramanjot and Komal of B.Sc. (MFT) - III year secured second prize for best oral presentation on the topic titled 'Utilization of fruit and vegetable waste in preparation of microbiological media'.
- Deeksha and Seeya Arora of B.Sc. (MFT) - III year secured third prize for best oral presentation on the topic: Isolation of DNA from Rennet and glass milk using simple homely material. Students showed very positive feedback and were enthusiastic about more such events in near future.



2. Title of the activity: **स्वावलंबन – by Character Building committee**

Date: 29 September 2021

Objectives: To inculcate Gandhiji's vision of the progressive India among the youth through these activities and remember his contribution towards the liberation of our motherland.

Chairperson and Principal: Dr Nisha Bhargava

Convener: Dr Seema Kanwar

Report by: Neeruj Sagwal

Student Ambassadors: Ms. Neeruj Sagwal, Ms. Aditi Joshi, Ms. Muskan and Ms. Niyati.

Total number of entries in the Competition

“स्वावलंबन”: 113



- Best Out of Waste = 16 Entries
- Slogan Writing = 52 Entries
- Bookmarks = 45 Entries

The Context: The Gandhi Jayanti is celebrated on 2nd October every year to mark the birth anniversary of Mohandas Karamchand Gandhi, who was famously known as Mahatma Gandhi. Father of the Nation, as he was called, led India's freedom movement along with many other national leaders against the British rule in India. His method of non-violence inspired many civil rights movements across the world. To celebrate his contribution to the nation, 2nd October is celebrated every year as a national holiday. The day is also celebrated as the International Day of Non-Violence by the United Nations.

The Practice: To apprise the students about the contribution of Gandhiji, his dedication and vision for the better India, MCM DAV College for Women Sector 36-A Chandigarh dedicated a day for sharing and disseminating his teachings. On this day, Department of Sanskrit & Character-Building Committee of the college organised an activity named “स्वावलंबन” with the support and guidance of Convener/Co-ordinator of this Competition, Dr Seema Kanwar. Slogan writing, book mark making and best out

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of waste activities were organised. Judgement was done by Dr Pooja Sharma & Ms. Rubina. Dr Nisha Bhargava, the chairperson & principal, introduced the character-building committee and appreciated the efforts of students in Character Building and their footsteps in building the great Nation. Results of the competitions are as follows:

CATEGORY 01: BEST OUT OF WASTE



First Position: SAUMYA, B.A. III; Post Graduate Government College for Girls Sector - 42 Chandigarh.



Second Position: RITIKA; B.C.A. III YEAR; MCM DAV College for Women, Sector 36-A, Chandigarh.



Second Position: ANNANYA MAHAJAN, B.Sc. (MED) III YEAR; MCM DAV College for Women, Sector 36-A, Chandigarh.



Third Position: MUSKAN KALRA; B.A.II

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Consolation: JIYA; B.A. II; MCM DAV COLLEGE FOR WOMEN, SEC 36-A, CHANDIGARH



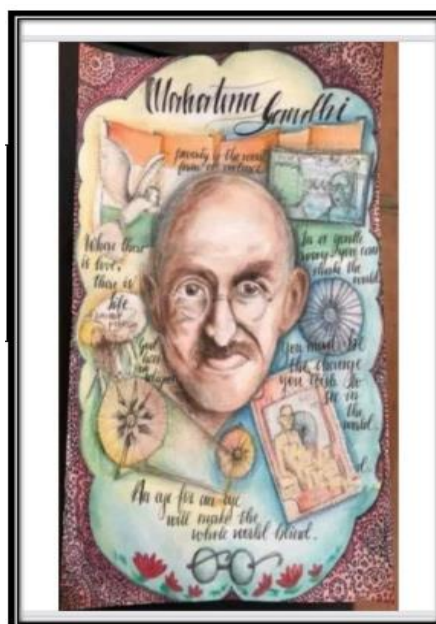
Consolation: VIJAY LAKSHMI; M.A. II; MCM DAV COLLEGE FOR WOMEN, SEC 36-A, CHANDIGARH



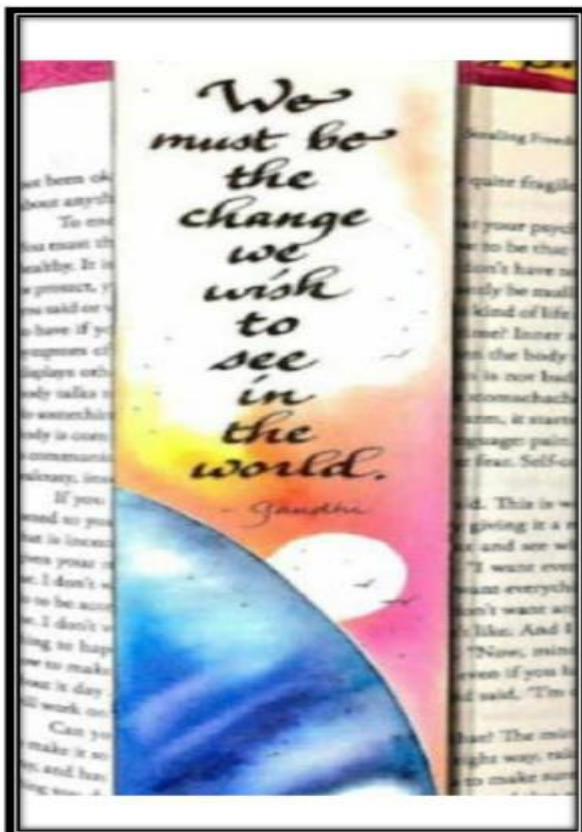
Consolation: KASHISH; B.A. I; MCM DAV COLLEGE FOR WOMEN, SEC 36-A, CHANDIGARH

CATEGORY 02: BOOK MARK MAKING

FIRST Prize: RITIKA; B.C.A.; MCM DAV COLLEGE FOR WOMEN, SEC 36-A, CHANDIGARH



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SECOND Prize: AMANDEEP KAUR;
B.A. II; MCM DAV COLLEGE FOR
WOMEN, SEC 36-A, CHANDIGARH



THIRD Prize: KIRAN RAWAT; B.Sc. FD
III SEM; GOVERNMENT HOME
SCIENCE COLLEGE, SEC 10,
CHANDIGARH



CONSOLATION Prize: KIRAN
KAUSHIK; HOME SCIENCE;
GOVT. HOME SCIENCE COLLEGE,
SEC-10 CHANDIGARH

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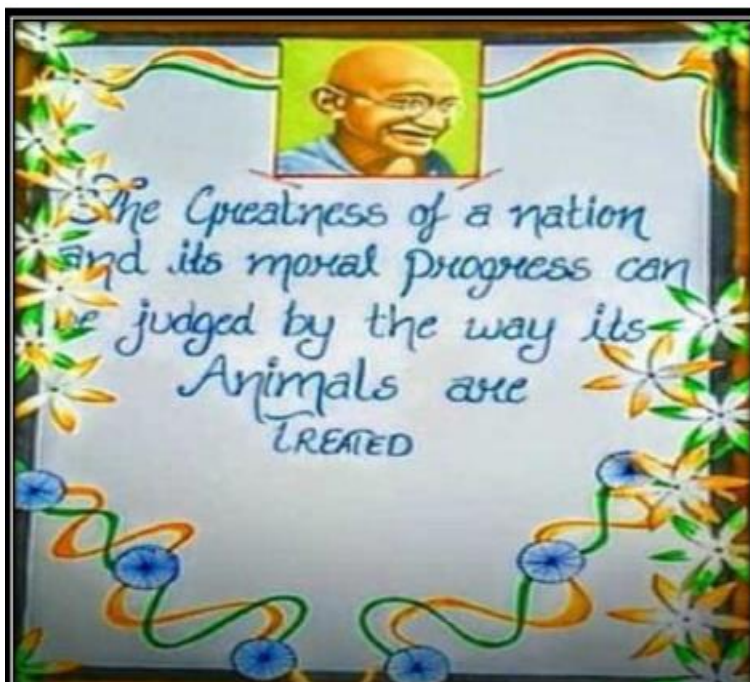


CONSOLATION Prize: ANUBHA SHARMA; B.A. II; MCM DAV COLLEGE FOR WOMEN, SEC 36-A, CHANDIGARH



CONSOLATION Prize: DISHA; B.A. I; MCM DAV COLLEGE FOR WOMEN, SEC 36-A, CHANDIGARH.

CATEGORY 03: SLOGAN WRITING



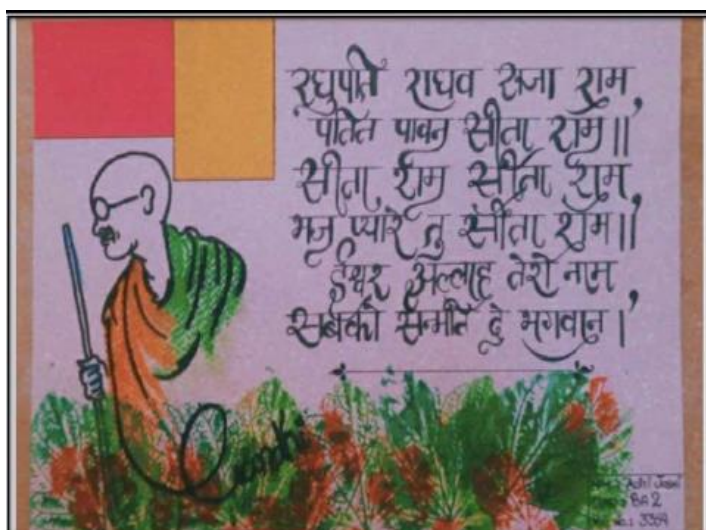
FIRST Prize: TANU; B.Sc. HOME SCIENCE; II YEAR; GOVT. HOME SCIENCE COLLEGE, SEC 10 CHANDIGARH.

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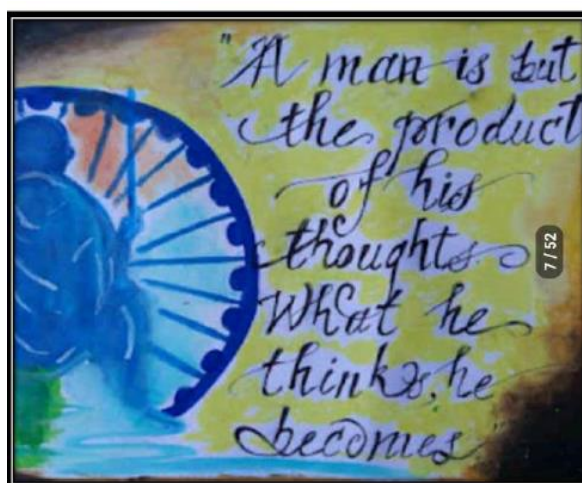


SECOND Prize: ARPITA VIJ; M.A.II; MCM DAV COLLEGE FOR WOMEN, SEC 36-A CHANDIGARH.

THIRD Prize: ADITI JOSHI; B.A. II; MCM DAV COLLEGE FOR WOMEN, SEC 36-A, CHANDIGARH



CONSOLATION Prize: KIRAN' M.Com. II; GURU GOBIND SINGH COLLEGE FOR WOMEN, SEC 26, CHANDIGARH



CONSOLATION Prize: ANCHAL VERMA; B.A.II; MCM DAV COLLEGE FOR WOMEN, SEC 36-A, CHANDIGARH



CONSOLATION Prize:
URVASHI; B.A. II; MCM DAV
COLLEGE FOR WOMEN, SEC
36-A, CHANDIGARH

3. Title of the activity: **One Day Swachhta Camp-2021 Organized by NSS Units as Part of Clean India Programme**

Date: 1-2 October 2021

Number of NSS Volunteers: 80

- To commemorate the birth anniversary of the father of our nation, Mahatma Gandhi Ji
- To motivate the volunteers to clean their surroundings and help in the proper waste disposal under Clean India Programme.

The Context: As part of celebration of **Azadi ka Amrut Mahotsav** under the pillar of Actions and Resolves @75 with the overarching Spirit of **Jan Bhagidari** and **Jan Andolan**, Department of Youth Affairs, Ministry of Youth Affairs and Sports has launched “**Clean India**” **Program** that aimed at creating



awareness, mobilization of people and ensuring their involvement in the Clean India initiative which is unique in terms of scale and participation.

The Practice: On the occasion of the birth anniversary of father of nation “Mahatma Gandhi Ji”, the NSS Units organized **one-day Swachhta Camp-2021** on 2nd October, 2021 in the college premises during which a **Swachhta pledge ceremony** and a **massive cleanliness drive** was organized. This event was conducted as part of the

Clean **India programme** that aimed at creating awareness, mobilization of people and ensuring their involvement in the Clean India initiative which is unique in terms of scale and participation.

During the pledge ceremony, a **swachhta oath** was taken by NSS volunteers under the able guidance of **Principal Dr Nisha Bhargava** and supervision of NSS Programme Officer Dr Purnima Bhandari where volunteers pledged to keep their surrounding clean. In her address, Principal Dr Nisha Bhargava promoted the concept of **Swachh Mann** and urged the volunteers to observe swachhta not only in the surroundings, but also in their minds and hearts.

Later, a **massive cleanliness drive** was organized where **80 NSS volunteers** cleaned every nook and corner of the college area with dedication and care that included College Celebration Ground, Green lawns, Hostel Areas, laboratories, and mess areas. The volunteers were segregated into groups and were asked to clean particular assigned areas of the College premises. They cleaned window panes, notice boards, classrooms, as well as switch boards. Dry and wet waste were segregated and put in the correct dustbins. Unwanted weeds and shrubs around the periphery and in the campus were removed. Dry leaf litter was collected and put in compost pits. Special emphasis was laid down in (i) **collecting single use plastics** and (2) **checking the spread of dengue and malaria** where volunteers emptied damaged items such as pots, containers and discarded them properly. Coolers in the hostel area were cleaned thoroughly to check the breeding grounds for mosquitoes that cause malaria and dengue. During the drive, all norms of social distancing and COVID appropriate behaviour were followed.

Evidence of Success: The volunteers participated enthusiastically in the cleanliness drive. Awareness regarding cleanliness and knowledge about its methods and need was imparted. During the camp, volunteers cleaned their surrounding areas and promoted the concept of *Swachh Bharat, Swastha Bharat* among the students. **Links of the activity uploaded at various social networking sites are as follows:**

<https://www.facebook.com/MCMDAVCW/posts/1209798902819694>

https://www.instagram.com/p/CUkcQBfvLqG/?utm_source=ig_web_copy_link

<https://twitter.com/MCMDAVCW/status/1444668571360006147>

<https://twitter.com/MCMDAVCW/status/1444668553215373314>

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Media Clippings:



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The NSS units of the college celebrated the day with a one-day Swachhta Camp wherein Swachhta Pledge Ceremony and Cleanliness drive was held as part of Clean India programme. During the pledge ceremony, a Swachhta oath was administered to the NSS volunteers who pledged to keep their surroundings clean and realize Gandhiji's dream of 'Swachh Bharat'. A massive cleanliness drive was organized wherein 80 NSS volunteers cleaned every nook and corner of the college including Celebration Ground, lawns, Hostel areas, laboratories, and mess areas.

In another event, the Department of Sanskrit and Character Building Committee of the college marked the celebrations with 'Swavalamban'- an activity that sought to reinforce Gandhiji's ideals through Best Out of Waste, Slogan Writing and Bookmark Making Competitions. Held under the theme 'Mahatma Gandhi ke Adarsh Sidhant aur Darshan', the competitions witnessed enthusiastic response as a total of 113 entries were received for these. In slogan writing, the participants were required to write slogans




MCM celebrates Gandhi Jayanti

The Aman Sandesh Times Network

Chandigarh: Mehr Chand Mahajan DAV College of Women, Chandigarh celebrated Gandhi Jayanti with a host of activities that aimed to apprise the students about the contribution of Mahatma Gandhi towards the liberation of his motherland and his vision for a progressive India.

Principal Dr. Nisha Bhargava dedicated a self-composed poem to the Father of the Nation wherein she referred to him as the ambassador of world peace who shook the foundations of imperialism through non-violence and paved the way for India's freedom and said that Gandhiji's method of non-violence inspired many civil rights movements across the world and the fact that his anniversary is also celebrated as the International Day of Non-Violence by the United Nations



speaks volumes of the indelible mark that he left on the world's conscience.

The NSS units of the college celebrated the day with a one-day Swachhta Camp wherein Swachhta Pledge Ceremony and Cleanliness drive was held as part of Clean India programme.

Competitions were held under the theme 'Mahatma Gandhi ke Adarsh Sidhantaur Darshan', which witnessed enthusiastic response as a total of 113 entries were received for these. The best three winning entries in each category were awarded prizes.

मेहर चंद महाजन डीएवी कॉलेज ऑफ विमेन चंडीगढ़ ने मनाई गांधी जयंती

चंडीगढ़, (विनोद कुमार)। मेहर चंद महाजन डीएवी कॉलेज ऑफ विमेन, चंडीगढ़ ने गांधी जयंती के अवसर पर कई गतिविधियों का आयोजन किया, जिनका उद्देश्य छात्रों को अपनी मातृभूमि के लिए महात्मा गांधी के योगदान और एक प्रगतिशील भारत के लिए उनके दृष्टिकोण से अवगत कराना था। प्रधानाचार्या डॉ. निशा भार्गव ने राष्ट्रपिता को एक स्वरचित कविता समर्पित की जिसमें उन्होंने उन्हें विश्व शांति के संवाहक के रूप में संदर्भित किया। जिन्होंने अहिंसा के माध्यम से साम्राज्यवाद की नींव को हिलाकर रख दिया और भारत को स्वतंत्रता का मार्ग प्रशस्त किया। इस अवसर पर अपने विचार साझा करते हुए, डॉ. भार्गव ने कहा कि गांधीजी की अहिंसा पद्धति ने दुनिया भर में कई नागरिक अधिकार आंदोलनों को प्रेरित किया और यह तथ्य भी बताया कि संयुक्त राष्ट्र द्वारा उनकी वर्षगांठ को



अंतर्राष्ट्रीय अहिंसा दिवस के रूप में भी मनाया जाना दुनिया पर उनकी अमिट छाप को दर्शाता है। कॉलेज की एनएसएस इकाइयों ने इस विशेष अवसर पर स्वच्छ भारत कार्यक्रम के हिस्से के रूप में स्वच्छता शपथ समारोह और एक दिवसीय स्वच्छता अभियान आयोजित किया गया। शपथ समारोह के दौरान, एनएसएस स्वयंसेवकों को स्वच्छता की शपथ दिलाई गई, जिसमें उन्होंने अपने आस-पास को स्वच्छ रखने और गांधीजी के स्वच्छ भारत के सपने को साकार करने का संकल्प लिया। इस स्वच्छता अभियान में 80

एनएसएस स्वयंसेवकों ने कॉलेज के हर कोने को साफ किया जिसमें सेलिब्रेशन ग्राउंड, लॉन, छात्रावास परिसर, प्रयोगशालाएँ और मेस क्षेत्र शामिल रहे। एक अन्य कार्यक्रम में, कॉलेज के संस्कृत विभाग और चरित्र निर्माण समिति ने 'स्वावलंबन के माध्यम से गांधी जयंती को चिह्नित किया और कई गतिविधियों का आयोजन किया, जिसमें बेस्ट आउट ऑफ वेस्ट, स्लोगन राइटिंग और बुकमार्क मेकिंग प्रतियोगिताएँ शामिल रहीं, जिनके माध्यम से गांधीजी के आदर्शों को सुदृढ़ करने का संदेश भी दिया गया।

4. Title of the activity: Celebration of National Wildlife Week - COMPETITION ON 'MAKING BIRD FEEDERS WITH UNUSED MATERIAL AT HOME' organized by the Character-building committee in collaboration with MCM Eco-club

Activity coordinators: Dr Seema Kanwar & Dr Neetu

Dates: 02-08 October 2021

Number of participants: 20

Objectives:

- To encourage students to reuse the waste material present at their homes to create a variety of bird feeders
- To increase interaction of students with avian fauna present around them by observing their feeding habits

The Context: Wildlife week is a fantastic opportunity to celebrate natural ecosystems in our gardens and explore ways to help them flourish. Making one's garden a bird-haven involves taking care of birds' needs. Birds need a constant and reliable food source all year round. Bird feeders are a very useful piece of equipment which can be used in the gardens to help keep birds well fed. Feeders help adult birds spend less time foraging and expending energy to feed their nestlings.

The Practice: The Character-building committee in collaboration with MCM Eco-club organized an online competition on 'Making Bird Feeders with Unused Material at Home' for celebrating the National Wildlife Week from 2nd to 8th October, 2021. Students from various departments of the college participated in this week-long event. The participants were given seven days for building bird feeders and uploading their photographs. They made beautiful bird feeders using unused material at their homes, and added a variety of seeds and grains to attract birds to the feeders. Cash prizes were given to the first three position holders. The first three prizes were bagged by Eshita Mahajan (BA I), Radhika Sharma (B.Com. I) and Mehak Abrol (BA II) respectively. Three consolation prizes were awarded to Jasmine Kaur (B.Com. I), Annanya Mahajan (B.Sc. III Medical) and Rhythm Lakhotra (B.Sc. II Medical).

Outcome of the event: The participants took a break from the busy schedule of their lives and spent some time in nature observing the feeding behaviour of birds.

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5. Title of the activity: QUIZ COMPETITION ON 'WILDLIFE AND ITS CONSERVATION' organized by The Department of Zoology in collaboration with MCM Eco-club

Activity coordinators: Dr Neetu & Dr Sarabjeet Kaur

Date: 08 October 2021

Number of participants: 04 Teachers, 50 students

Objectives:

- To generate awareness about wildlife and various laws related to its conservation
- To help build team spirit among all the student participants of different teams

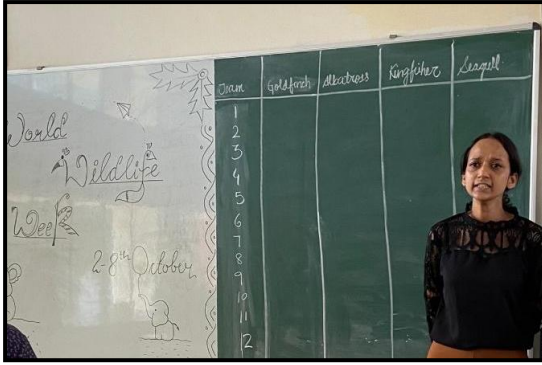
The Practice: The Department of Zoology in collaboration with MCM Eco-club organized a quiz competition on 'Wildlife and its conservation' to celebrate the National Wildlife Week from 2nd October to 8th October, 2021. The students of B.Sc. II Medical were invited to participate in the quiz in teams whereas students of B.Sc. III Medical were asked to prepare questions for the quiz.

Evidence of Success: The first three positions were bagged by the following teams:

- First Prize- Harjeev Kaur, Bharti Sharma, Kareena Pahuja
- Second Prize- Muskan Narula, Arkita Dwivedi, Avni Garg
- Third Prize- Chetna, Shahista, Arpita
- Consolation prize was awarded to the team of Prachi, Gurpriya Kaur, Bandana Kaunsal.



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6. Title of The Activity: An Intra College Competition to mark the celebration of “FUNGAL AWARENESS WEEK” organized by Department of Food Science in collaboration with Swachhta Committee

Date: 02 - 08 October 2021

Number of participants: 51 students of B.Sc. (MFT)

Objectives:

- To apprise the students of the role and importance of fungi in mitigating waste management and as important players of microbial remediation.
- To apprise the students of the importance of personnel hygiene to prevent the onset of fungal infections especially in post COVID patients

Name of the Coordinators:

Dr Vandana Sharma, Dr Sandeep Kaur, Dr Gurpreet Kaur, Dr Deepika Malik,
Dr Anila Negi, Dr Kirti Singla

The Context: Fungi play an important role in degradation and cleanup of environmental pollutants and hence are natural scavengers of mother earth. They are one of the key players of microbial remediation and thus help in environmental sustainability. On the other side, there is another aspect associated with fungi as few strains are pathogenic and can cause serious infections in patients with compromised immunity such as the black fungal cases that have seen a rise in patients recovered from COVID-19. This is due to ingestion of fungal spores and requires maintaining a clean and high levels of personnel hygiene and standards.

The Practice: With the vast array and important role played by Fungi in our daily life and how they impact humans and environment, Fungal Awareness week was celebrated from 02nd - 08th October 2021. The following themes were included:

- Fungal infection incidence post COVID-19;
- Fungal Fermented foods

Mehr Chand Mahajan DAV College for Women
Sec 36-A, Chandigarh

Department of Food Science
AN INTRA COLLEGE COMPETITION
THE FANTASTIC FUNGI
A SHORT VIDEO & PPT COMPETITION
on the occasion of
FUNGAL AWARENESS WEEK (2ND OCTOBER - 8TH OCTOBER, 2021)

Themes

- Fungal infection incidence post COVID-19
- Fungal Fermented foods
- Fungi : natural waste scavengers
- Fungal toxins in foods

General Instructions

- The video should be your original work.
- The video file should be 2 minutes long. (±1 minute).
- Participants need to upload the video files in their respective Google drives and share the link to that video file.
- The link permission should be set to "Anyone with the link can view the file" & not restricted by owner's permission.

LAST DATE OF SUBMISSION
8th OCTOBER, 2021

Submit here → <https://forms.gle/16kxJet4YypBNJtm7>

Coordinators

- Dr. Vandana Sharma
- Dr. Sandeep Kaur
- Dr. Gurpreet Kaur
- Dr. Deepika Malik
- Dr. Anila Negi
- Dr. Kirti Singla

Dr. Nisha Bhargava
(Convenor and Principal)

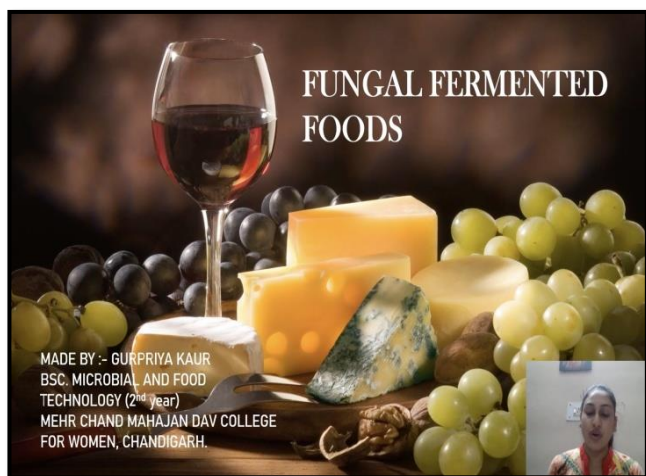
**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
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- Fungi: natural waste scavengers
- Fungal toxins in foods

The students were asked to prepare a short 3-minute video expressing their concept on the selected theme and present their facts, findings, and conclusions in a video form. A total of 51 students of B.Sc. (MFT) participated and actively got involved in this initiative.

Evidence of Success:

S. No.	Name	Class	Position
1	Arushi& Antra	MFT - 2	First
2	Simran Kapur	MFT - 2	Second
3	Sangam &Sehajpreet	MFT - 2	Third
4	Chehalpreet Kaur	MFT - 1	Consolation



7. Title of the activity: 'A Nature's Walk' organized by the Department of Botany to mark the celebration of National Wildlife Week

Date: 04 October 2021

Venue: Botanical Garden of the College

Number of participants: 35 students, 2 Faculty members

Objective: National Wildlife Week is annually celebrated across India between 2nd to 8th October with an aim to protect and preserve the flora and fauna of India. In pursuance to the same, the activity was organised to unfold the significance of the rich flora nurtured in the college campus and making the students aware of the rare, endemic, vulnerable, endangered, commonly found, medicinally important, home remedial and commercially important plant species existing at the botanical garden of the college

The Context: Conservation of wildlife and their habitat ensures the long-term survival of life on the planet. It allows species to thrive in their environments through different techniques and practices depending on the level and type of degradation/destruction. A habitat provides all the necessary ingredients they need to survive - food, water, shelter, the right temperatures, resources to ward off possible predators, and the right environment for reproduction and avoiding disease. It was



an informative session conducted by the department and while concluding Dr Gunjan Sud explained the consequences of deteriorating habitats as well as how nature has an immense impact on maintaining the ecological balances to sustain life on earth. It is celebrated every year to create awareness about the importance of wildlife and the need for their conservation. Both former and latter are indispensable for sustainability and for maintaining the ecological balance of Mother Earth. The college is committed to the cause of making earth a better place to live. Keeping pace with this tradition, the Department of Botany carried out a nature's walk to mark the celebration of this extremely important week.

The Practice: A Nature's Walk was organized with an aim to learn conservation, protection and restoration of habitats and prevent species extinction, fragmentation or



reduction in range. spreading the message of the relevance of all types of habitats, their conservation and restoration for sustainability and ecological stability. Students were introduced to the consequences of deteriorating habitats as well as how nature has an immense

impact on maintaining the ecological balances to sustain life on earth. The entire session was organized while following the protocol and guidelines to be followed on account of COVID-19.

Evidence of Success: Students learned about the different aspects of floral diversity and geotagging of plant species was done within the campus.

8. Title of the activity: **Discussion Session on 'Single-Use Plastic Pollution' organized By the Department of Environment Science in collaboration with MCM Eco-Club.**

Activity coordinator: Dr Shafila

Date: 05 October 2021

Number of participants: 68

Objective:

- To identify opportunities and ideas for phasing out specific problematic and unnecessary single-use plastics and moving to more sustainable alternatives

The Context: Plastics are basically synthetic polymers and are termed as non-biodegradable as their life time in the environment is more than hundreds of years. Some plastics are recyclable while most of them are not. The major concern is of single-use plastics which often end up in the environment and landfills, harming wildlife, waterways and oceans. Single-use plastics include plastic cutlery, polybags, disposable bottles and lenses. These plastics can take centuries to breakdown naturally, giving the plastic waste plenty of time to affect the environment. Every year millions of marine animals die because of these plastics. Therefore, the promotion of alternatives of single-use plastics is imperative.

The Practice: Keeping in view the environmental impacts of plastics, the Department of Environment Science in collaboration with MCM Eco-Club organized an online discussion session on "Single-use Plastics" as a part of Azadi Ka Amrit Mahotsav

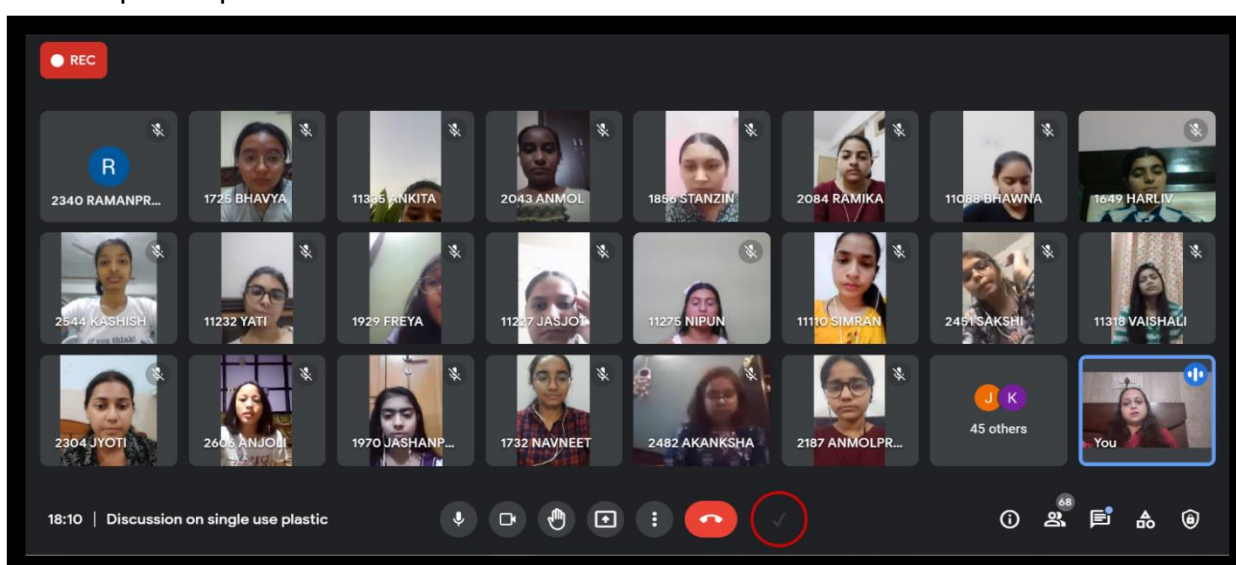
**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
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celebrations. Over 68 students participated enthusiastically in the discussion session and shared their views about the impact and alternatives of single-use plastics. The Resource person, Dr Shafila highlighted the properties, types, usage and role of plastics in daily life. She also emphasized on the life cycles of various kinds of plastics, and their harmful impacts on various parts of the environment.

Video Link:

<https://drive.google.com/file/d/1zSH1Vu7GFX3iVoO1fMBYEjN8pVli9kAI/view?usp=sharing>

Evidence of Success: 68 students attended the session and suggested ways to reduce plastic pollution.



9. Title of the activity: Plastic Collection Drive organized by Character Building Committee in collaboration with Swachhta Committee

Date: 05-06 October 2021

Number of participants: 16

Student Ambassadors:

- Aditi Joshi
- Abha Sharma
- Saashi Chauhan
- Shambhavi Sharma
- Kriti Chopra
- Tanya
- Neeruj
- Priyashi
- Priyanshi
- Yavantika
- Aishani
- Khyati
- Bhawna Rani
- Inderjot
- Sukhman
- Khushbu

**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
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Convener: Dr Seema Kanwar

Chairperson and Principal: Dr Nisha Bhargava

Objective: An initiative to spread awareness in the neighbourhood regarding the hazardous effects of plastic on health and ecology and reuse the collected items to make something useful out of it

The Context: Plastic waste makes its way from our homes and offices to landfills and bodies of water, causing contamination. For the sake of health and the environment, it is important to properly dispose of such plastic waste and to reduce its widespread use. This activity helped to promote and prevent and fight the health and environmental hazards of plastic waste through reuse and recycle the collected items to support sustainable development.



About the Activity: The volunteers were required to collect plastic bottles and other articles from every colony within reach of the concerned sector along with spreading awareness regarding hazards of plastic use and give a sapling of tulsi, elaichi, Lockhart etc. in return.

The Practice: With the aim of creating awareness against the use of plastic items, the ambassadors of the Character-Building Committee carry out an anti-plastic drive in Sector 36, Chandigarh. In this locality, the Committee has adopted several colonies where the volunteers visit and distribute saplings of various kinds among the residents of that area. They went door to door asking people to give them plastic items and in return, the volunteers gave them plants as a token of gratitude.

Outcome: The activity witnessed an enthusiastic result. About 100-150 plastic bottles and other items were collected. The response from the people was overwhelming. The residents were given saplings of tulsi, Jamun, elaichi etc. The items thus collected were used to make decorative items and then they were displayed at the exhibition organized by the college on Diwali.

REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
(QUARTER IV: OCTOBER – DECEMBER 2021)

Evidence of success: A total number of 16 students from our college participated in this activity and led this activity to a huge success.



Media Clippings:

एमसीएम में प्लास्टिकरोधी अभियान का आयोजन

चंडीगढ़, 23 अक्टूबर (जनसत्ता)।

मानव स्वास्थ्य और पारिस्थितिकी पर प्लास्टिक के दुष्प्रभावों और प्लास्टिक के पुनःउपयोग संबंधी तौर-तरीकों के बारे में समुदायिक जागरूकता प्रसारित करने की पहल के तहत स्थानीय सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज फर वूमन की चरित्र निर्माण समिति ने सेक्टर वासियों के बीच प्लास्टिकरोधी एक मुहिम चलाई। समिति के स्वयंसेवकों ने सेक्टर वासियों के बीच विभिन्न प्रकार के पौधे वितरित कर पर्यावरण संरक्षण का संदेश दिया।



दिया जिनमें मुख्यतया तुलसी, इलायची, जामुन, लाकहार्ट आदि के पौधे थे। इसे वासियों का बेहद शानदार समर्थन मिला और उन्होंने समिति के इस सद्प्रयत्न को भी सराहा। इस तरह जमा किए गए प्लास्टिक को कालेज की प्रदर्शनी के सजावटी सामान आदि बनाने में इस्तेमाल किया जाएगा।

कालेज प्रधानाचार्या डॉ. निशा भार्गव ने प्लास्टिक कचरे के स्वास्थ्य एवं पर्यावरणीय खतरों के बारे में एक नए तरीके से जागरूकता बढ़ाने के लिए चरित्र निर्माण समिति को इस पहल की सराहना की। उन्होंने कहा कि प्लास्टिक का कचरा हमारे घरों और कार्यालयों से लैंडफिल और पानी के निकायों तक अपना रास्ता बना लेता है, जिससे प्रदूषण होता है जिसमें हमारे स्वास्थ्य और पर्यावरण को हानि पहुंचती है। ऐसे में आज की यह पहल समय की जरूरत है।

उन्होंने घर-घर जाकर वासियों को प्लास्टिक के दुष्प्रभावों से अवगत करते हुए उनके घरों से प्लास्टिक आदि का सामान वापिस लेकर एक-एक पौधा भेंट कर पर्यावरण संरक्षण का संदेश

सेक्टर-36 में लोगों को प्लास्टिक के दुष्प्रभावों के बारे में बताया

जास, चंडीगढ़ : स्वास्थ्य और पारिस्थितिकी पर प्लास्टिक के प्रभावों और प्लास्टिक के पुनः उपयोग के तरीकों के बारे में जागरूकता फैलाने की पहल में एमसीएम डीएवी कॉलेज फर वूमन सेक्टर-36 की चरित्र निर्माण समिति ने प्लास्टिक विरोधी अभियान चलाया। समिति के स्वयंसेवकों ने सेक्टर-36 के

निवासियों को पौधे वितरित किए और घर-घर जाकर प्लास्टिक के प्रभाव से अवगत करवाया। वितरित किए गए पौधों में तुलसी, इलायची, जामुन, लाकहार्ट आदि शामिल थे। प्रधानाचार्या डॉ. निशा भार्गव ने प्लास्टिक कचरे के स्वास्थ्य और पर्यावरणीय खतरों के बारे में जानकारी दी।

एमसीएम में एंटी-प्लास्टिक ड्राइव का आयोजन

चंडीगढ़ (अप्रस)। स्वास्थ्य और पारिस्थितिकी पर प्लास्टिक के खतरनाक प्रभावों और प्लास्टिक के पुनः उपयोग के तरीकों के बारे में समुदाय में जागरूकता फैलाने की पहल में, मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की चरित्र निर्माण समिति ने चंडीगढ़ के 36 सेक्टर में एक प्लास्टिक विरोधी अभियान चलाया। समिति के स्वयंसेवकों ने सेक्टर 36 के निवासियों में विभिन्न प्रकार के पौधे वितरित किए। उन्होंने घर-घर जाकर निवासियों से प्लास्टिक के हानिकारक प्रभाव से अवगत करवाया और उनसे प्लास्टिक की वस्तुएं ले कर बदले में उन्हें पर्यावरण संरक्षण का संदेश देते हुए एक-एक पौधा भेंट किया। वितरित किए गए पौधे में तुलसी, इलायची, जामुन, लाकहार्ट आदि शामिल थे। निवासियों ने बेहद अच्छी प्रतिक्रिया दी और समिति के प्रयास की सराहना की। एकत्र किए गए प्लास्टिक को कॉलेज में एक प्रदर्शनी के दौरान प्रदर्शित किए जाने वाले सजावटी सामान बनाकर पुनर्नवीनीकरण किया जाएगा। प्रधानाचार्या डॉ. निशा भार्गव ने प्लास्टिक कचरे के स्वास्थ्य और पर्यावरणीय खतरों के बारे में एक नए तरीके से जागरूकता बढ़ाने के लिए चरित्र निर्माण समिति की इस पहल की सराहना की। उन्होंने कहा कि प्लास्टिक कचरा हमारे घरों और कार्यालयों से लैंडफिल और पानी के निकायों तक अपना रास्ता बना लेता है, जिससे प्रदूषण होता है, जिससे हमारे स्वास्थ्य और पर्यावरण को नुकसान होता है, ऐसे में इस तरह की जागरूकता पहल आज के समय की जरूरत है।

पौधे बांटकर किया जागरूक एमसीएम डीएवी कॉलेज-36 ने चलाई मुहिम

माई सिटी रिपोर्टर
चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज की छात्राओं ने प्लास्टिक के खतरनाक प्रभावों और प्लास्टिक के पुनः उपयोग को लेकर सेक्टर-36 रिहायशी क्षेत्र में प्लास्टिक मुक्त अभियान चलाया। इसके साथ ही घर-घर जाकर प्लास्टिक के हानिकारक प्रभाव से अवगत करवाया। निवासियों को छात्राओं ने विभिन्न प्रकार के पौधे वितरित किए और बदले

में उनसे प्लास्टिक की वस्तुएं लीं। छात्राओं ने लोगों को तुलसी, इलायची, जामुन के पौधे वितरित किए। उन्हें जागरूक किया कि कम से कम प्लास्टिक का इस्तेमाल करें। वहीं, प्लास्टिक के लिफाफे और अपशिष्ट को निर्धारित कचरा पात्र में ही डाला जाए, ताकि उसका दोबारा इस्तेमाल किया जा सके। प्राचार्य डॉ. निशा भार्गव ने प्लास्टिक कचरे के स्वास्थ्य और पर्यावरणीय खतरों के बारे में जागरूकता बढ़ाने के लिए पहल की सराहना की।

Anti-plastic drive held by MCM Chandigarh

The Aman Sandesh Times Network

Chandigarh: In an initiative to spread awareness in the community regarding the hazardous effects of plastic on health and ecology, and the ways to reuse plastic, the Character Building Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh carried out an anti-plastic drive in Sector 36, Chandigarh.

The volunteers of the Committee distributed saplings of various kinds among the residents of Sector 36. They went from door to



door to collect plastic items from the residents and in return, gave them a plant each to spread the message of conserving the environment. The saplings distributed included that of tulsi, elaichi, jamun, lockhart, etc. The response received from the residents was overwhelming. The plastic thus collected

will be recycled by make decorative items that will be displayed during an exhibition in the college.

Principal Dr. Nisha Bhargava lauded this initiative of the Character Building Committee to raise awareness about the health and environmental hazards of plastic waste in a novel manner. She added that plastic waste makes its way from our homes and offices to landfills and water bodies, causing contamination and harming our health and environment, and thus, such awareness initiatives are the need of an hour.

10. Title of the Activity: 'E-Safe' to mark the celebration of International E-Waste Day by Department of Environment Science under the aegis of Sustainable Practices Committee

Date: 11 October 2021

Number of participants: 46

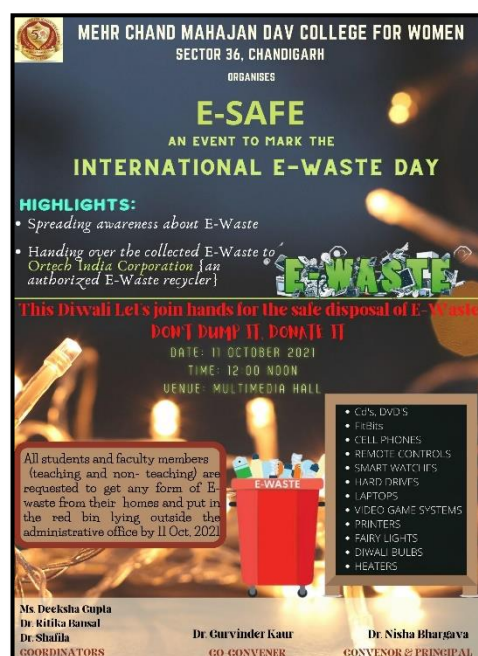
Objectives:

- To create awareness among students about the hazards of e-waste
- To encourage them for the proper recycling and disposal of any form of e-waste by handing it over to the authorized recyclers instead of giving it to unauthorized scrap dealers.

The Context: 14 October, was marked as International E-Waste Day by the **Waste Electrical and Electronic Equipment (WEEE)** Forum in 2018 in order to raise awareness among the public about the hazards of e-waste and to encourage consumers to recycle their WEEE. According to the UN, in the year 2021, each person on the planet will produce an average of 7.6 kg of e-waste, which means a total of 57.4 million tonnes of e-waste will be generated worldwide. Only 17.4 % of this hazardous waste will be properly collected, treated, and recycled. For the last two years,

owing to the Covid-19 outbreak, the usage of e-products has been drastically increased as people rely on e-products to stay connected with their family, friends, and colleagues, resulting in tonnes of e-waste generation. This year, International E-Waste Day focuses on the role of consumers in making circularity a reality for e-products. Unfortunately, consumers are unaware of the hazardous impacts of e-waste. So, before expecting that a consumer should go for recycling and proper disposal of e-waste, it is requisite to acquaint them with proper knowledge of what is e-waste, which household products are included in e-waste, and what are their health impacts.

The Practice: On the above grounds, the Sustainable Practices Committee of the college, organized 'E-Safe' on 11, October 2021, an event to mark the celebration of



**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
(QUARTER IV: OCTOBER – DECEMBER 2021)**



‘International E-waste Day’. The college has signed a two-year agreement with **Ortech India Corporation**, Baddi, Himachal Pradesh, an authorized recycler under **Chandigarh Pollution Control Board**. Students and faculty members were encouraged to get e-waste from their homes and put it in the red bin already installed in

the college for e-waste collection. The committee has handed over **67 Kgs** of collected e-waste to the recycler for its proper disposal. Under the same event, the Director of **Ortech India Corporation, Mr. Rohit Puri** delivered an awareness lecture about the hazardous impacts of e-waste on the environment and how we are exposed to the toxic chemicals present in e-waste through the environment. For more awareness, students were shown an encouraging animated video on e-waste. A total of 46 students and 6 faculty members attended the same.

Evidence of Success: Enthusiastic Participation of over 46 students shows the great success of this event.



अंतरराष्ट्रीय ई-वेस्ट दिवस मनाया

<p>जारी, चंडीगढ़ : एमसीएम डीएवी कॉलेज फॉर वूमेन सेक्टर-36 की सस्टेनेबल प्रैक्टिस कमेटी ने अंतरराष्ट्रीय ई-वेस्ट दिवस पर कार्यक्रम 'ई-सेफ' कराया। इसका उद्देश्य था ई-कचरे के खतरों के बारे में जागरूकता पैदा करना और इसे कबाड़ छिलरों को देने के बजाय अधिकृत पुनर्चक्रणकर्ताओं को सौंपना, ताकि इसका उचित</p>	<p>निपटारा किया जा सके। इस उत्सव के दौरान कॉलेज ने चंडीगढ़ प्रदूषण नियंत्रण बोर्ड के तहत एक अधिकृत रिसाइकलर, ओरटेक इंडिया कॉर्पोरेशन, बद्दी, हिमाचल प्रदेश के साथ एक समझौते पर हस्ताक्षर किए। समिति ने एकत्रित ई-कचरे का 67 किलो उचित निपटान के लिए पुनर्चक्रणकर्ता को सौंपा। ई-कचरे पर एक एनिमेटेड वीडियो दिखाई गई।</p>
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एमसीएम ने अंतर्राष्ट्रीय ई-वेस्ट दिवस मनाया

चण्डीगढ़ (ख़दम आचार्य / नया लोकपुत्र)। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चण्डीगढ़ की सरटेनेबल प्रिक्टिस कमेटी ने अंतर्राष्ट्रीय ई-वेस्ट दिवस के उपलक्ष्य में एक कार्यक्रम ई-सेफ का आयोजन किया। इस कार्यक्रम का उद्देश्य था ई-कचरे के खतरों के बारे में जागरूकता पैदा करना और इसे कबाड़ डीलरों को देने के बजाय अधिकृत पुनर्चक्रणकर्ताओं को सौंपना ताकि इसका उचित निपटारा किया जा सके। इस उत्सव के दौरान कॉलेज ने चण्डीगढ़ प्रदूषण नियंत्रण बोर्ड के तहत एक अधिकृत रिसाइकलर, ओरटेक इंडिया कॉर्पोरेशन, बर्दी, हिमाचल प्रदेश के साथ एक समझौते पर हस्ताक्षर किए। छात्रों और संकाय सदस्यों को अपने घरों से ई-कचरा प्राप्त करने और ई-कचरा संग्रह के लिए कॉलेज में पहले से स्थापित लाल बिन में डालने के लिए प्रोत्साहित किया गया। समिति ने



एकत्रित ई-कचरे का 67 किलोग्राम उचित निपटान के लिए पुनर्चक्रणकर्ता को सौंपा। इस अवसर पर श्री रोहित पुरी, निदेशक, ओरटेक इंडिया कॉर्पोरेशन ने पर्यावरण पर ई-कचरे के खतरनाक प्रभावों और ई-कचरे में मौजूद जहरीले रसायनों के संपर्क में आने के बारे में ज्ञानवर्धक व्याख्यान दिया और छात्रों को ई-कचरे पर एक एनिमेटेड वीडियो दिखा कर जागरूक करने का सफल प्रयास किया। व्याख्यान में कुल 52 छात्रों और संकाय सदस्यों ने भाग

लिया। प्राचार्या डॉ. निशा भागव ने ई-कचरे की समस्या को उजागर करने के लिए सतत अभ्यास समिति की इस पहल की सराहना की। कोविड-19 के प्रकोप के कारण भारी अनुपात में ई-उत्पादों के उपयोग में वृद्धि हुई है, जिसके परिणामस्वरूप बहुतायत में ई-कचरे का उत्पादन हुआ है। उन्होंने आशा व्यक्त की कि यह प्रयास उपभोक्ताओं को ई-कचरे के बारे में जागरूक करेगा और ई-उत्पाद निर्माण को वास्तविक बनाने में मदद करेगा।

एमसीएम में अंतर्राष्ट्रीय ई-वेस्ट दिवस पर ई-सेफ कार्यक्रम का आयोजन



चण्डीगढ़, (विनोद कुमार)। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चण्डीगढ़ की सरटेनेबल प्रिक्टिस कमेटी ने अंतर्राष्ट्रीय ई-वेस्ट दिवस के उपलक्ष्य में एक कार्यक्रम ई-सेफ का आयोजन किया। इस कार्यक्रम का उद्देश्य था, ई-कचरे के खतरों के बारे में जागरूकता पैदा करना और इसे कबाड़ डीलरों को देने के बजाय अधिकृत पुनर्चक्रणकर्ताओं को सौंपना, ताकि इसका उचित निपटारा किया जा सके। इस उत्सव के दौरान कॉलेज ने चण्डीगढ़ प्रदूषण नियंत्रण बोर्ड के तहत एक अधिकृत रिसाइकलर, ओरटेक इंडिया कॉर्पोरेशन, बर्दी, हिमाचल प्रदेश के

साथ एक समझौते पर हस्ताक्षर किए। छात्रों और संकाय सदस्यों को अपने घरों से ई-कचरा प्राप्त करने और ई-कचरा संग्रह के लिए कॉलेज में पहले से स्थापित लाल बिन में डालने के लिए प्रोत्साहित किया गया। समिति ने एकत्रित ई-कचरे का 67 किलोग्राम उचित निपटान के लिए पुनर्चक्रणकर्ता को सौंपा। इस अवसर पर श्री रोहित पुरी, निदेशक, ओरटेक इंडिया कॉर्पोरेशन ने पर्यावरण पर ई-कचरे के खतरनाक प्रभावों और ई-कचरे में मौजूद जहरीले रसायनों के संपर्क में आने के बारे में ज्ञानवर्धक व्याख्यान दिया और छात्रों को ई-कचरे पर एक एनिमेटेड वीडियो

दिखा कर जागरूक करने का सफल प्रयास किया। व्याख्यान में कुल 52 छात्रों और संकाय सदस्यों ने भाग लिया। प्राचार्या डॉ. निशा भागव ने ई-कचरे की समस्या को उजागर करने के लिए सतत अभ्यास समिति की इस पहल की सराहना की। कोविड-19 के प्रकोप के कारण भारी अनुपात में ई-उत्पादों के उपयोग में वृद्धि हुई है, जिसके परिणामस्वरूप बहुतायत में ई-कचरे का उत्पादन हुआ है। उन्होंने आशा व्यक्त की कि यह प्रयास उपभोक्ताओं को ई-कचरे के बारे में जागरूक करेगा और ई-उत्पाद निर्माण को वास्तविक बनाने में मदद करेगा।

आईईएलटीएस तैयारी पर ऑनलाइन कार्यशाला

चण्डीगढ़, 12 अक्टूबर (ट्रिब्यून)

मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन के करियर काउंसिलिंग सेल ने आईईएलटीएस की तैयारी के लिए आवश्यक ज्ञान और कौशल से छात्रों को लैस करने के लिए ऑनलाइन कार्यशाला का आयोजन किया। कार्यशाला स्टारक्वैस्ट द्वारा आयोजित की गई थी, जो अत्यधिक अनुभवी कॉर्पोरेट पेशेवरों का एक शैक्षिक उद्यम है और अंग्रेजी के मानक में सुधार के लिए प्रयासरत है। इस कार्यशाला के लिए मुख्य वक्ता स्टारक्वैस्ट से सुश्री दीप कमल गिल थी। कार्यशाला के लिए 89 से अधिक छात्रों ने पंजीकरण करवाया। प्रमुख वक्ता दीप ने प्रतिभागियों को आईईएलटीएस परीक्षा की पात्रता मानदंड, पंजीकरण, पाठ्यक्रम, परीक्षा पैटर्न, स्कोरिंग और परीक्षा में सफलता प्राप्त करने जैसे महत्वपूर्ण विषयों पर बात की। कार्यशाला का समापन एक इंटरैक्टिव सत्र के साथ हुआ। प्रिंसिपल डॉ. निशा भागव ने आईईएलटीएस के बारे में छात्रों को शिक्षित करने के लिए करियर परामर्श सेल की इस पहल की सराहना की।

एमसीएम ने अंतर्राष्ट्रीय ई-वेस्ट दिवस मनाया

» विनोद कुमार, मद्रलैंड संवाददाता

चण्डीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चण्डीगढ़ की सरटेनेबल प्रिक्टिस कमेटी ने अंतर्राष्ट्रीय ई-वेस्ट दिवस के उपलक्ष्य में एक कार्यक्रम 'ई-सेफ' का आयोजन किया। इस कार्यक्रम का उद्देश्य था ई-कचरे के खतरों के बारे में जागरूकता पैदा करना और इसे कबाड़ डीलरों को देने के बजाय अधिकृत पुनर्चक्रणकर्ताओं को सौंपना ताकि इसका उचित निपटारा किया जा सके। इस उत्सव के दौरान कॉलेज ने चण्डीगढ़ प्रदूषण नियंत्रण बोर्ड के तहत एक अधिकृत रिसाइकलर, ओरटेक इंडिया कॉर्पोरेशन, बर्दी, हिमाचल प्रदेश के साथ एक समझौते पर हस्ताक्षर किए। छात्रों और संकाय सदस्यों को अपने घरों से ई-कचरा प्राप्त करने और ई-कचरा संग्रह के लिए कॉलेज में पहले से स्थापित लाल बिन में डालने के लिए प्रोत्साहित किया गया। समिति ने एकत्रित ई-कचरे का 67 किलोग्राम उचित निपटान के लिए पुनर्चक्रणकर्ता को सौंपा। इस अवसर पर श्री रोहित पुरी, निदेशक, ओरटेक इंडिया कॉर्पोरेशन ने पर्यावरण पर ई-कचरे के खतरनाक प्रभावों और ई-कचरे में मौजूद जहरीले रसायनों के संपर्क में आने के बारे में ज्ञानवर्धक व्याख्यान दिया और छात्रों को ई-कचरे पर एक एनिमेटेड वीडियो दिखा कर जागरूक करने का सफल प्रयास किया। व्याख्यान में कुल 52 छात्रों और संकाय सदस्यों ने भाग लिया।



प्राचार्या डॉ. निशा भागव ने ई-कचरे की समस्या को उजागर करने के लिए सतत अभ्यास समिति की इस पहल की सराहना की। कोविड-19 के प्रकोप के कारण भारी अनुपात में ई-उत्पादों के उपयोग में वृद्धि हुई है, जिसके परिणामस्वरूप बहुतायत में ई-कचरे का उत्पादन हुआ है। उन्होंने आशा व्यक्त की कि यह प्रयास उपभोक्ताओं को ई-कचरे के बारे में जागरूक करेगा और ई-उत्पाद निर्माण को वास्तविक बनाने में मदद करेगा।

11. Title of the activity: Cleanliness cum beautification drive in Anganwadi Complex, Village Badheri, Chandigarh organized by NSS Units

Date: 12 October 2021

Number of NSS Volunteers: 25 NSS volunteers + 2 teachers

- To collect single use Plastic from the Anganwadi Area
- To motivate the volunteers to clean and beautify the area of Anganwadi and help in the proper waste disposal under Clean India Programme

The Context: As part of celebration of **Azadi ka Amrut Mahotsav** under the pillar of Actions and Resolves @75 with the overarching Spirit of **Jan Bhagidari** and **Jan Andolan**, Department of Youth Affairs, Ministry of Youth Affairs and Sports has launched “**Clean India**” Program that aimed at creating awareness, mobilization of people and ensuring their involvement in the Clean India initiative which is unique in terms of scale and participation.

The Practice: Keeping up with the spirit of Swachhta, NSS Volunteers of the College undertook cleanliness

cum beautification drive in Anganwadi Complex of their adopted Village Badheri, Sector 41-D, Chandigarh on 12th October, 2021 where volunteers segregated waste and collected more than 11 Kg of single plastic waste material from the complex that included plastic bottles, wrappers, spoons, disposable cups and plates. They cleaned every nook and corner of the Anganwadi complex with dedication and care that included playing area, parking lot, corridors and green belt. Unwanted weeds and shrubs around the periphery and in the complex were removed using Khurpa and Kasi. Dry leaf litter was collected and put in compost pits.

Evidence of Success: The volunteers participated enthusiastically in the cleanliness drive cum beautification drive and promoted the concept of *Swachh Bharat, Swastha Bharat* as part of Clean India Programme.

https://www.instagram.com/p/CWAGg0fvitf/?utm_source=ig_web_copy_link

<https://twitter.com/MCMDAVCW/status/1457568037880487938>

<https://www.facebook.com/MCMDAVCW/posts/1232924387173812>



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Media
Clippings:

अजीत समाचार




सफाई अभियान में भाग लेती हुई एम.सी.एम. की छात्राएं। (छाया : गुरिन्द्र सिंह)

एन.एस.एस. ने आंगनवाड़ी में सफाई अभियान चलाया

चंडीगढ़, 26 अक्टूबर (राम सिंह बराड़): स्वच्छता की भावना को ध्यान में रखते हुए, मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की एनएसएस इकाइयों ने अंगीकृत गांव बंधेरी, चंडीगढ़ के आंगनवाड़ी परिसर में स्वच्छता सह सौंदर्यकरण अभियान चलाया। अभियान के दौरान, स्वयंसेवकों ने कचरे को अलग किया और परिसर से 11 किलोग्राम से अधिक एकल प्लास्टिक अपशिष्ट सामग्री एकत्र की, जिसमें प्लास्टिक की बोतलें, रैपर, चम्मच, डिस्पोजेबल कप और प्लेट शामिल थे। उन्होंने आंगनवाड़ी परिसर के हर नुक्कड़ और कौने को अच्छी तरह से साफ किया, जिसमें खेल क्षेत्र, पार्किंग स्थल, गलियारे शामिल थे। परिधि के चारों ओर और परिसर में अव्यक्त खरपतवार और झाड़ियां हटा दी गईं, और सूखे पत्तों के कूड़े को खाद के गड्ढों में डालने के लिए एकत्र किया गया। स्वयंसेवकों ने स्वच्छता अभियान में ऊसाह से भाग लिया और स्वच्छ भारत कार्यक्रम के हिस्से के रूप में स्वच्छ भारत स्वस्थ भारत की अवधारणा को बढ़ावा दिया। प्राचार्या डॉ. निशा भार्गव ने स्वच्छता के बारे में जागरूकता पैदा करने, लोगों को संगठित करने और स्वच्छ भारत पहल में उनकी भागीदारी सुनिश्चित करने के लिए एमसीएम की एनएसएस इकाइयों के निरंतर प्रयासों की सराहना की। उन्होंने कहा कि स्वच्छ और हरे भरे भारत के सपने को साकार करने के लिए इस तरह के ठोस प्रयास अनिवार्य हैं।

12. Title of the Activity: Dengue Awareness Campaign organized by NSS Units in collaboration with officials from Health Department, Chandigarh

Date: 21 October 2021

Number of NSS Volunteers participated: 94

Venue: Village Badheri, Sector 41-D, Chandigarh

Objective:

- To create awareness about the prevention of vector borne disease - Dengue

The Context: Dengue is a mosquito-borne viral infection that is common in warm, tropical climates. Infection is caused by any one of four closely related dengue viruses (called serotypes) which can lead to a wide spectrum of symptoms, including some which are extremely mild (unnoticeable) to those that may require medical intervention and hospitalization. In severe cases, fatalities can occur. There is no treatment for the infection itself but the symptoms that a patient experience can be managed. Due to delayed rains during the months of September, there has been a considerable increase in the number of cases of Malaria and Dengue.

The Practice: In order to control the spread of such vector borne diseases, **NSS volunteers along with officials - Sh. Kulwant Singh, MPHS, and Sh. Subash Chander, MPH** from **Health Department, U.T. Chandigarh** organized a **Dengue Awareness Campaign** in their adopted Village Badheri, Sector 41-D, Chandigarh on 21st October 2021 where volunteers along with their NSS Programme officers - Dr Pallvi Rani and Dr Purnima Bhandari **visited 174 houses** and sensitized residents about the preventive measures of controlling Dengue. The events included an awareness rally on dengue, cleaning of residential and market area, closure of stagnant water, removal of broken containers, tyres and door to door inspection of coolers, trays behind refrigerators that serves as breeding grounds for vectors, distribution of dengue awareness pamphlets to the residents and **NUKKAD NATAK** that highlighted the preventive measures of curbing the spread of Dengue. The campaign was carried out by following appropriate COVID-19 protocols.

Evidence of Success: NSS volunteers along with their Programme Officers enthusiastically participated in this Dengue Awareness Campaign and were

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successful in sensitizing the residents about the preventive measure that needs to be taken cumulatively in order to prevent the spread of Dengue.



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एमसीएम एनएसएस ने बधेरी में डेंगू जागरूकता अभियान चलाया

चंडीगढ़, 8 नवंबर (राकेश): डेंगू के बारे में जागरूकता बढ़ाने के लिए इसके प्रसार को नियंत्रित करने के लिए, मेहर चंद महाजन डीएवी कॉलेज फॉर वूमैन की एनएसएस इकाइयों ने अंगीकृत गांव बडहेड़ी में दो चरणों में डेंगू जागरूकता अभियान चलाया। पहले चरण के दौरान एनएसएस के स्वयंसेवकों ने कुलवंत सिंह, एमपीएचएस, और सुभाष चंद्र, बहुउद्देश्यीय स्वास्थ्य कार्यकर्ता, स्वास्थ्य विभाग ने 174 घरों का दौरा किया और निवासियों को डेंगू के प्रसार को रोकने के उपायों के बारे में जागरूक किया।

इन कार्यक्रमों में मुख्य रूप से डेंगू पर जागरूकता रैली, आवासीय और बाजार क्षेत्रों को सफाई, रके हुए पानी को साफ करना, टूटे हुए कंटेनरों और टायरों को हटाना, कुलों और रेफ्रिजरेटर के पीछे ट्रे जो वैक्टर के लिए प्रजनन स्थल के रूप में काम करते हैं, का घर-घर निरीक्षण करना, डेंगू जागरूकता अभियान में शामिल रहा। निवासियों को पर्चे और नुकड़ नाटक के माध्यम से डेंगू के प्रसार को रोकने के लिए निवारक उपायों पर प्रकाश डाला गया। दूसरे चरण में एनएसएस के स्वयंसेवकों ने डेंगू के बारे में जागरूकता पैदा करने के लिए बधेरी गांव में आंगनवाड़ी, शॉपिंग कॉम्प्लेक्स और सरकारी मॉडल सीनियर सैकेंडरी स्कूल का दौरा किया।

इस चरण के दौरान रंजीत सिंह, बहुउद्देश्यीय स्वास्थ्य कार्यकर्ता और स्वास्थ्य विभाग, में महामारी विज्ञानी डा. इंद्रपाल ने स्वयंसेवकों को डेंगू के प्रसार को रोकने के लिए अपने परिवेश को साफ रखने की आवश्यकता के बारे में निर्देश और मार्गदर्शन किया। सरकारी मॉडल स्कूल के छात्रों को डेंगू के कारणों के बारे में सचेत रहने और हर समय स्वच्छता को प्राथमिकता देने की अत्यावश्यकता से अवगत कराया गया। छात्रों को लक्षण, प्रभाव और प्रमुख निवारक उपायों के बारे में भी शिक्षित किया गया। स्वयंसेवकों ने गांव के लोगों का पर्याप्त डेटा भी एकत्र किया जिससे गांव के सुरक्षा मानकों का विश्लेषण करने में मदद मिली। अभियान को सभी कोविड-19 प्रोटोकॉल का पालन करते हुए चलाया गया।

MCM NSS holds dengue awareness campaign at Badheri



CHANDIGARH, NOV 8

In order to raise awareness about dengue so as to control its spread, the NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh held Dengue Awareness Campaign in the adopted village Badheri in two phases. During the first phase, the NSS volunteers alongwith Mr. Kulwant Singh, MPHS, and Mr. Subash Chander, Multi-Purpose Health Worker, Health Department, U.T. Chandigarh visited 174 houses and sensitised the residents about the preventive measures to check spread of dengue. The events included an awareness rally on dengue, cleaning of residential and market areas, clearing of stagnant water, removal of broken containers and tyres, door to door inspection of coolers and trays behind refrigerators that serve as breeding grounds for vectors, distribution of dengue awareness pamphlets to the residents and nukkad natak that highlighted the preventive measures for curbing the spread of dengue. In the second phase, the NSS volunteers visited the Anganwadi, Shopping Complex and Government Model Senior Secondary School at Badheri village to generate awareness about dengue.

एमसीएम एनएसएस ने बधेरी में डेंगू जागरूकता अभियान चलाया

दुपहर 5:00 बजे/बधेरी। डेंगू के बारे में जागरूकता बढ़ाने के लिए इसके प्रसार को नियंत्रित करने के लिए, मेहर चंद महाजन डीएवी कॉलेज फॉर वूमैन की एनएसएस इकाइयों ने अंगीकृत गांव बडहेड़ी में दो चरणों में डेंगू जागरूकता अभियान चलाया। पहले चरण के दौरान एनएसएस के स्वयंसेवकों ने श्री कुलवंत सिंह, एमपीएचएस, और श्री सुभाष चंद्र, बहुउद्देश्यीय स्वास्थ्य कार्यकर्ता, स्वास्थ्य विभाग, यू.टी. चंडीगढ़ ने 174 घरों का दौरा किया और निवासियों को डेंगू के प्रसार को रोकने के उपायों के बारे में जागरूक किया। इस कार्यक्रमों में मुख्य रूप से डेंगू पर जागरूकता रैली, आवासीय और बाजार क्षेत्रों को सफाई, रके हुए पानी को साफ करना, टूटे हुए कंटेनरों और टायरों को हटाना, कुलों और रेफ्रिजरेटर के पीछे ट्रे जो वैक्टर के लिए प्रजनन स्थल के रूप में काम करते हैं, का घर-घर निरीक्षण करना, डेंगू जागरूकता अभियान में शामिल रहा।

निवासियों को पर्चे और नुकड़ नाटक के माध्यम से डेंगू के प्रसार को रोकने के लिए निवारक उपायों पर प्रकाश डाला गया। दूसरे चरण में एनएसएस के स्वयंसेवकों ने डेंगू के बारे में जागरूकता पैदा करने के लिए बधेरी गांव में आंगनवाड़ी, शॉपिंग कॉम्प्लेक्स और सरकारी मॉडल सीनियर सैकेंडरी स्कूल का दौरा किया। इस चरण के दौरान, श्री रंजीत सिंह, बहुउद्देश्यीय स्वास्थ्य कार्यकर्ता और स्वास्थ्य विभाग, में महामारी विज्ञानी डा. इंद्रपाल ने स्वयंसेवकों को डेंगू के प्रसार को रोकने के लिए अपने परिवेश को साफ रखने की आवश्यकता के बारे में निर्देश और मार्गदर्शन किया। सरकारी मॉडल स्कूल के छात्रों को डेंगू के कारणों के बारे में सचेत रहने और हर समय स्वच्छता को प्राथमिकता देने की अत्यावश्यकता से अवगत कराया गया। छात्रों को लक्षण, प्रभाव और प्रमुख निवारक उपायों के बारे में भी शिक्षित किया गया। स्वयंसेवकों ने गांव के लोगों का पर्याप्त डेटा भी एकत्र किया जिससे गांव के सुरक्षा मानकों का विश्लेषण करने में मदद मिली। अभियान को सभी कोविड-19 प्रोटोकॉल का पालन करते हुए चलाया गया।



Chandigarh, Chandigarh, India
2055, Sector 41D, Village Badheri, Sector 41, Chandigarh, 160036, India

एमसीएम एनएसएस ने बधेरी में डेंगू जागरूकता अभियान चलाया

चंडीगढ़ (रूपम आचार्य / हिमप्रभा)। डेंगू के बारे में जागरूकता बढ़ाने के लिए इसके प्रसार को नियंत्रित करने के लिए, मेहर चंद महाजन डीएवी कॉलेज फॉर वूमैन, चंडीगढ़ की एनएसएस इकाइयों ने अंगीकृत गांव बधेरी में दो चरणों में डेंगू जागरूकता अभियान चलाया। पहले चरण के दौरान एनएसएस के स्वयंसेवकों ने श्री कुलवंत सिंह, एमपीएचएस, और श्री सुभाष चंद्र, बहुउद्देश्यीय स्वास्थ्य कार्यकर्ता, स्वास्थ्य विभाग, यू.टी. चंडीगढ़ ने 174 घरों का दौरा किया और निवासियों को डेंगू के प्रसार को रोकने के उपायों के बारे में जागरूक किया। इस कार्यक्रमों में मुख्य रूप से डेंगू पर जागरूकता रैली, आवासीय और बाजार क्षेत्रों को सफाई, रके हुए पानी को साफ करना, टूटे हुए कंटेनरों और टायरों को हटाना, कुलों और रेफ्रिजरेटर के पीछे ट्रे जो वैक्टर के लिए प्रजनन स्थल के रूप में काम करते हैं, का घर-घर निरीक्षण करना, डेंगू जागरूकता अभियान में शामिल रहा। निवासियों को पर्चे और नुकड़ नाटक के माध्यम से डेंगू के प्रसार को रोकने के लिए निवारक उपायों पर प्रकाश डाला गया। दूसरे चरण में एनएसएस के स्वयंसेवकों ने डेंगू के बारे में जागरूकता पैदा करने के लिए बधेरी गांव में आंगनवाड़ी, शॉपिंग कॉम्प्लेक्स और सरकारी मॉडल सीनियर सैकेंडरी स्कूल का दौरा किया। इस चरण के दौरान, श्री रंजीत सिंह, बहुउद्देश्यीय स्वास्थ्य कार्यकर्ता और स्वास्थ्य विभाग, पुनरुत्थान, रोग जागरूकता कार्यक्रम, संवेदीकरण कार्यक्रम आदि सहित विभिन्न क्षेत्रों में सहायक कार्य करके समाज के प्रति प्रभावों योगदान देती हैं।



13. Title of the activity: One-Day Special Campaign Against Single Use Plastic organized by NSS Units

Date: 21 October 2021

Place: Village Badheri, Sector 41-D, Chandigarh

Number of NSS Volunteers: 94

Objectives:

- To collect non-biodegradable single use plastic (bottles, spoons, covers, polyethene etc.)
- To encourage individuals to take a pledge against single use plastics
- To create awareness to keep the environment and surroundings clean

The Context: Plastic, often referred to as disposable plastic, is commonly used in items like grocery bags, food packaging, bottles, straws, containers, cups etc. Several studies have revealed the deleterious effects of plastics, the most damaging of which is that plastics take up thousands of years to decompose and affect humans, flora and fauna. The month of October was observed as the cleanliness month under the Clean India Drive which aims at collecting more than 75 lakh tonnes of waste, primarily plastic waste, from different parts of the country. The project was launched as a tribute to Mahatma Gandhi. It was a nationwide campaign aiming to clean up the streets, roads, cities, and rural areas.

The Practice: The NSS volunteers organized a **One-day Special Campaign against Single-Use Plastic in their adopted Village Badheri, Sector 41-D, Chandigarh on 21st October, 2021** where they collected plastic waste and sensitised the residents about the harmful and deleterious effects of using single use plastic on humans and environment. The campaign was organised under the able leadership of Principal Dr Nisha Bhargava and supervision of NSS Programme Officers – Dr Pallvi Rani and Dr Purnima Bhandari. **Mrs. Harinder Kaur, Regional Director, NSS visited the camp,** discussed the objectives and goals of the Clean India programme and urged the volunteers to make their surroundings plastic free.

During the campaign, a massive cleanliness drive was organised where volunteers cleaned public parks, streets, undertook door to door visits to the Anganwadi complex, residential and market areas, and collected more than 60 Kgs of waste, primarily single use plastic waste. In order to sensitise residents about the

**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
(QUARTER IV: OCTOBER – DECEMBER 2021)**

harmful effects of plastic on the environment, NSS Volunteers organised an **awareness rally** on Single Use Plastic Ban where through their slogans, banners, and posters, they urged people to adopt alternatives to plastic such as newspaper bags in their daily routine. They also enlightened residents about the rules and strategies which the Government of India is adopting to curb the menace of plastic.

The waste thus collected in the form of 11 bags was weighed accurately and was handed over to the officials from the Deputy Commissioner's office for proper disposal. A *Nukkad Natak* was also performed by the NSS Volunteers to make residents aware about the need of maintaining a clean environment. The campaign was carried out by following appropriate COVID-19 protocols.

Evidence of Success: The campaign was very much successful as students participated enthusiastically and collected more than 60 Kg of plastic waste. They were able to sensitise residents about the Clean India programme and deleterious effects of plastic in daily life.

<https://www.facebook.com/MCMDAVCW/posts/1232931223839795>

https://www.instagram.com/p/CWAH9pvPJJv/?utm_source=ig_web_copy_link

<https://twitter.com/MCMDAVCW/status/1457571134610702340>

<https://twitter.com/MCMDAVCW/status/1457571123919392769>

<https://twitter.com/MCMDAVCW/status/1457571050342924289>



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(QUARTER IV: OCTOBER – DECEMBER 2021)**



Media Clippings:

MCM NSS Holds Awareness Campaign on Single Use Plastic

By 121 News

Chandigarh Oct. 28, 2021:- The NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh organised a one-day special campaign against Single-Use Plastic in the adopted village Badheri, Chandigarh. During the campaign, the NSS volunteers collected single-use plastic waste and sensitised the residents about the harmful effects of such plastic on humans and the environment. On this occasion, Harinder Kaur, Regional Director, NSS discussed the objectives and goals of the Clean India programme and urged the volunteers to make their surroundings plastic free. A massive cleanliness drive was also organised wherein the volunteers cleaned public parks, streets and undertook visits to Anganwadi complex, residential and market areas, collecting more than 60 kgs of single use plastic waste. The volunteers also organised an awareness rally on Single Use Plastic Ban wherein they urged people to adopt alternatives for plastic such as newspaper bags in their daily routine. They also enlightened residents about the rules and strategies which the Government of India is adopting to curb plastic menace. The waste thus collected was handed over to the officials from Chandigarh Deputy Commissioner office for proper disposal. A nukkad natak was also performed by the NSS volunteers to make residents aware about the need to maintain a clean environment. The campaign was carried out by following appropriate COVID-19 protocols.

Principal Dr. Nisha Bhargava asserted that it is well known that plastic takes thousands of years to decompose, adversely affecting humans, flora and fauna, and this, it is important to raise awareness about this menace. She lauded MCM NSS units for working consistently for creating clean and green India.

एमसीएम की एनएसएस इकाइयों ने बधेरी में प्लास्टिक के एकल उपयोग पर जागरूकता अभियान आयोजित किया

चंडीगढ़, 28 अक्टूबर (अप्रस)। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की एनएसएस इकाइयों, ने अंगीकृत गाँव बधेरी में प्लास्टिक के एकल उपयोग पर एक दिवसीय जागरूकता अभियान आयोजित किया। अभियान के दौरान, एनएसएस स्वयंसेवकों ने एकल उपयोग प्लास्टिक अपशिष्ट एकत्रित किया और निवासियों को मनुष्यों और पर्यावरण पर इसके हानिकारक प्रभावों के बारे में अवगत करवाया। इस अवसर पर, श्री हरिंदर कौर, क्षेत्रीय निदेशक, एनएसएस ने स्वच्छ भारत कार्यक्रम के उद्देश्यों और लक्ष्यों के बारे में चर्चा की और स्वयंसेवकों से अपने आसपास को प्लास्टिकमुक्त करने का आग्रह किया।

एक विशाल सफाई अभियान भी आयोजित किया गया था जिसमें स्वयंसेवकों ने सार्वजनिक पार्क, सड़कों को साफ कर दिया और

आंगनवाड़ी परिसर, आवासीय और बाजार क्षेत्रों में दौरे किए गए और 60 किलोग्राम एकल उपयोग प्लास्टिक अपशिष्ट को एकत्रित किया। स्वयंसेवकों ने एकल उपयोग प्लास्टिक प्रतिबंध पर एक जागरूकता रैली भी आयोजित की जिसमें उन्होंने लोगों से अपने दैनिक दिनचर्या में पेपर बैग जैसे विकल्प को प्लास्टिक के स्थान पर अपनाने का आग्रह किया। उन्होंने नियमों और रणनीतियों के बारे में निवासियों को प्रबुद्ध किया जो भारत सरकार प्लास्टिक खतरे को रोकने के लिए अपना रही है। इस प्रकार एकत्र किए गए अपशिष्ट को चंडीगढ़ के डिप्टी कमिश्नर कार्यालय के अधिकारियों को उचित निपटान के लिए सौंप दिया गया। एनएसएस स्वयंसेवकों द्वारा निवासियों को स्वच्छ वातावरण बनाए रखने की आवश्यकता के बारे में जागरूक करने के लिए एक नुकड़ नाटक किया गया।

एमसीएम की एनएसएस इकाइयों ने बधेरी में प्लास्टिक के एकल उपयोग पर जागरूकता अभियान किया आयोजित

फास्ट मीडिया, अमृत्या शर्मा

चंडीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की एनएसएस इकाइयों, ने अंगीकृत गाँव बधेरी में प्लास्टिक के एकल उपयोग पर एक दिवसीय जागरूकता अभियान आयोजित किया। अभियान के दौरान, एनएसएस स्वयंसेवकों ने एकल उपयोग प्लास्टिक अपशिष्ट एकत्रित किया और निवासियों को मनुष्यों और पर्यावरण पर इसके हानिकारक प्रभावों के बारे में अवगत करवाया। इस अवसर पर, श्री हरिंदर कौर, क्षेत्रीय निदेशक, एनएसएस ने स्वच्छ भारत कार्यक्रम के उद्देश्यों और लक्ष्यों के बारे में चर्चा की और स्वयंसेवकों से अपने आसपास को प्लास्टिकमुक्त करने का आग्रह किया। एक विशाल सफाई अभियान भी आयोजित किया गया था जिसमें स्वयंसेवकों ने सार्वजनिक पार्क, सड़कों को साफ कर दिया और आंगनवाड़ी परिसर, आवासीय और बाजार क्षेत्रों में दौरे किए गए और 60 किलोग्राम एकल उपयोग



प्लास्टिक अपशिष्ट को एकत्रित किया। स्वयंसेवकों ने एकल उपयोग प्लास्टिक प्रतिबंध पर एक जागरूकता रैली भी आयोजित की जिसमें उन्होंने लोगों से अपने दैनिक दिनचर्या में पेपर बैग जैसे विकल्प को प्लास्टिक के स्थान पर अपनाने का आग्रह किया। उन्होंने नियमों और रणनीतियों के बारे में निवासियों को प्रबुद्ध किया जो भारत सरकार प्लास्टिक खतरे को रोकने के लिए अपना रही है। इस प्रकार एकत्र किए गए अपशिष्ट को चंडीगढ़ के डिप्टी कमिश्नर कार्यालय के अधिकारियों को उचित निपटान के लिए सौंप दिया गया। एनएसएस स्वयंसेवकों द्वारा निवासियों को स्वच्छ वातावरण बनाए रखने की आवश्यकता के बारे में जागरूक करने के लिए एक नुकड़ नाटक किया गया। अभियान के दौरान उपयुक्त कोविड -19 प्रोटोकॉल का पालन किया गया। निवासियों को प्रतिकूल रूप से प्रभावित करने के लिए हजारों साल लगे हैं, और इस खतरे के बारे में जागरूकता बढ़ाना महत्वपूर्ण है। उन्होंने एमसीएम की एनएसएस इकाइयों द्वारा साफ और हवा भरा भारत बनाने के लिए लगातार काम करने के लिए सराहना की।

Awareness campaign on single use plastic held at Badheri

The Aman Sandesh Times Network

Chandigarh: The NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh organised a one-day special campaign against Single-Use Plastic in the adopted village Badheri, Chandigarh.

During the campaign, the NSS volunteers collected single use plastic waste and sensitised the residents about the harmful effects of such plastic on humans and the environment.

Mrs. Harinder Kaur, Regional Director, NSS discussed about the objectives and goals of Clean India programme and urged the volunteers to make their surroundings plastic free.

A massive cleanliness drive was also organised wherein the



volunteers cleaned public parks, streets and undertook visits to Anganwadi complex, residential and market areas, collecting more than 60 kgs of single use plastic waste. The volunteers also organised an awareness rally on Single Use Plastic Ban wherein they urged people to adopt alternatives for plastic such as newspaper bags in their daily routine. They also enlightened residents about the rules and strategies which Government of

India is adopting to curb plastic menace.

The waste thus collected was handed over to the officials from Chandigarh Deputy Commissioner office for proper disposal. A nukadnatak was also performed by the NSS volunteers to make residents aware about the need to maintain clean environment. The campaign was carried out by following appropriate COVID-19 protocols.

Principal Dr. Nisha Bhargava asserted that it is well known that plastic takes thousands of years to decompose, adversely affecting humans, flora and fauna, and this, it is important to raise awareness about this menace. She lauded MCM NSS units for working consistently for creating clean and green India.

एमसीएम की एनएसएस इकाइयों ने बधेरी में प्लास्टिक के एकल उपयोग पर जागरूकता अभियान आयोजित किया

विनोद कुमार

चंडीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की एनएसएस इकाइयों, ने अंगीकृत गाँव बधेरी में प्लास्टिक के एकल उपयोग पर एक दिवसीय जागरूकता अभियान आयोजित किया। अभियान के दौरान, एनएसएस स्वयंसेवकों ने एकल उपयोग प्लास्टिक अपशिष्ट एकत्रित किया और निवासियों को मनुष्यों और पर्यावरण पर इसके हानिकारक प्रभावों के बारे में अवगत करवाया। इस अवसर पर, श्री हरिंदर कौर, क्षेत्रीय निदेशक, एनएसएस ने स्वच्छ भारत कार्यक्रम के उद्देश्यों और लक्ष्यों के बारे में चर्चा की और स्वयंसेवकों से अपने आसपास को प्लास्टिकमुक्त करने का आग्रह किया। एक विशाल सफाई अभियान भी आयोजित किया गया था जिसमें स्वयंसेवकों ने सार्वजनिक पार्क, सड़कों को साफ कर दिया और आंगनवाड़ी परिसर, आवासीय और बाजार क्षेत्रों में दौरे



किए गए और 60 किलोग्राम एकल उपयोग प्लास्टिक अपशिष्ट को एकत्रित किया। स्वयंसेवकों ने एकल उपयोग प्लास्टिक प्रतिबंध पर एक जागरूकता रैली भी आयोजित की जिसमें उन्होंने लोगों से अपने दैनिक दिनचर्या में पेपर बैग जैसे विकल्प को प्लास्टिक के स्थान पर अपनाने का आग्रह किया। उन्होंने नियमों और रणनीतियों के बारे में निवासियों को प्रबुद्ध किया जो भारत सरकार प्लास्टिक खतरे को रोकने के लिए अपना रही है। इस प्रकार एकत्र किए गए अपशिष्ट को चंडीगढ़ के डिप्टी कमिश्नर कार्यालय के अधिकारियों को उचित निपटान के लिए सौंप दिया गया। एनएसएस स्वयंसेवकों द्वारा निवासियों को स्वच्छ वातावरण बनाए रखने की आवश्यकता के बारे में जागरूक करने के लिए एक नुकड़ नाटक किया गया। अभियान के दौरान उपयुक्त कोविड -19 प्रोटोकॉल का पालन किया गया। निवासियों को प्रतिकूल रूप से प्रभावित करने के लिए हजारों साल लगे हैं, और इस खतरे के बारे में जागरूकता बढ़ाना महत्वपूर्ण है। उन्होंने एमसीएम की एनएसएस इकाइयों द्वारा साफ और हवा भरा भारत बनाने के लिए लगातार काम करने के लिए सराहना की।

एमसीएम की एनएसएस इकाइयों ने बधेरी में प्लास्टिक के एकल उपयोग पर जागरूकता अभियान आयोजित किया

चंडीगढ़, 28 अक्टूबर (अप्रस)। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की एनएसएस इकाइयों, ने अंगीकृत गाँव बधेरी में प्लास्टिक के एकल उपयोग पर एक दिवसीय जागरूकता अभियान आयोजित किया। अभियान के दौरान, एनएसएस स्वयंसेवकों ने एकल उपयोग प्लास्टिक अपशिष्ट एकत्रित किया और निवासियों को मनुष्यों और पर्यावरण पर इसके हानिकारक प्रभावों के बारे में अवगत करवाया। इस अवसर पर, श्री हरिंदर कौर, क्षेत्रीय निदेशक, एनएसएस ने स्वच्छ भारत कार्यक्रम के उद्देश्यों और लक्ष्यों के बारे में चर्चा की और स्वयंसेवकों से अपने आसपास को प्लास्टिकमुक्त करने का आग्रह किया। एक विशाल सफाई अभियान भी आयोजित किया गया था जिसमें स्वयंसेवकों ने सार्वजनिक पार्क, सड़कों को साफ कर दिया और

आंगनवाड़ी परिसर, आवासीय और बाजार क्षेत्रों में दौरे किए गए और 60 किलोग्राम एकल उपयोग प्लास्टिक अपशिष्ट को एकत्रित किया। स्वयंसेवकों ने एकल उपयोग प्लास्टिक प्रतिबंध पर एक जागरूकता रैली भी आयोजित की जिसमें उन्होंने लोगों से अपने दैनिक दिनचर्या में पेपर बैग जैसे विकल्प को प्लास्टिक के स्थान पर अपनाने का आग्रह किया। उन्होंने नियमों और रणनीतियों के बारे में निवासियों को प्रबुद्ध किया जो भारत सरकार प्लास्टिक खतरे को रोकने के लिए अपना रही है। इस प्रकार एकत्र किए गए अपशिष्ट को चंडीगढ़ के डिप्टी कमिश्नर कार्यालय के अधिकारियों को उचित निपटान के लिए सौंप दिया गया। एनएसएस स्वयंसेवकों द्वारा निवासियों को स्वच्छ वातावरण बनाए रखने की आवश्यकता के बारे में जागरूक करने के लिए एक नुकड़ नाटक किया गया।

एमसीएम की एनएसएस इकाइयों ने बधेरी में प्लास्टिक के एकल उपयोग पर जागरूकता अभियान आयोजित किया है

चण्डीगढ़ (ऋद्धम आचार्य / हिमप्रभा)। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की एनएसएस इकाइयों, ने अंगीकृत गाँव बधेरी में प्लास्टिक के एकल उपयोग पर एक दिवसीय जागरूकता अभियान आयोजित किया। अभियान के दौरान, एनएसएस स्वयंसेवकों ने एकल उपयोग प्लास्टिक अपशिष्ट एकत्रित किया और निवासियों को मनुष्यों और पर्यावरण पर इसके हानिकारक प्रभावों के बारे में अवगत करवाया। इस अवसर पर, श्री हरिंदर कौर, क्षेत्रीय निदेशक, एनएसएस ने स्वच्छ भारत कार्यक्रम के उद्देश्यों और लक्ष्यों के बारे में चर्चा की और स्वयंसेवकों से अपने आसपास को प्लास्टिकमुक्त करने का आग्रह किया। एक विशाल सफाई अभियान भी आयोजित किया गया था जिसमें स्वयंसेवकों ने सार्वजनिक पार्क, सड़कों को साफ कर दिया और आंगनवाड़ी परिसर, आवासीय और बाजार क्षेत्रों में दूरे किए गए और 60 किलोग्राम एकल उपयोग प्लास्टिक अपशिष्ट को एकत्रित किया। स्वयंसेवकों ने एकल उपयोग प्लास्टिक प्रतिबंध पर एक जागरूकता रैली भी आयोजित की जिसमें उन्होंने लोगों से अपने दैनिक दिनचर्या में पेपर बैग जैसे विकल्प को प्लास्टिक के स्थान पर अपनाने का आग्रह किया। उन्होंने नियमों और रणनीतियों के बारे में निवासियों को प्रबुद्ध किया जो भारत सरकार प्लास्टिक खतरे को रोकने के लिए अपना रही है। इस प्रकार एकत्र किए गए अपशिष्ट को चंडीगढ़ के डिप्टी कमिश्नर कार्यालय के अधिकारियों को उचित निपटान के लिए सौंप दिया गया। एनएसएस स्वयंसेवकों द्वारा निवासियों को स्वच्छ वातावरण बनाए रखने की आवश्यकता के बारे में जागरूक करने के लिए एक नुकड़ नाटक किया गया। अभियान के दौरान उपयुक्त कोविड -19 प्रोटोकॉल का पालन किया गया। प्रिंसिपल डॉ० निशा भार्गव ने जोर देकर कहा कि यह अच्छी तरह से ज्ञात है कि प्लास्टिक को हजारों, वनस्पतियों और जीवों को प्रतिकूल रूप से प्रभावित करने के लिए हजारों साल लगते हैं, और इस खतरे के बारे में जागरूकता बढ़ाना महत्वपूर्ण है। उन्होंने एमसीएम की एनएसएस इकाइयों द्वारा साफ और हरा भरा भारत बनाने के लिए लगातार काम करने के लिए सराहना की।



एमसीएम की एनएसएस इकाइयों ने बधेरी में प्लास्टिक के एकल उपयोग पर जागरूकता अभियान आयोजित किया है



» मदरलैंड संवाददाता

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किया। एक विशाल सफाई अभियान भी आयोजित किया गया था जिसमें स्वयंसेवकों ने सार्वजनिक पार्क, सड़कों को साफ कर दिया और आंगनवाड़ी परिसर, आवासीय और बाजार क्षेत्रों में दूरे किए गए और 60 किलोग्राम एकल उपयोग प्लास्टिक अपशिष्ट को एकत्रित किया। स्वयंसेवकों ने एकल उपयोग प्लास्टिक प्रतिबंध पर एक जागरूकता रैली भी आयोजित की जिसमें उन्होंने लोगों से अपने दैनिक दिनचर्या में पेपर बैग जैसे विकल्प को प्लास्टिक के स्थान पर अपनाने का आग्रह किया। उन्होंने नियमों और रणनीतियों के बारे में निवासियों को प्रबुद्ध किया जो भारत सरकार प्लास्टिक खतरे को रोकने के लिए अपना रही है। इस प्रकार एकत्र किए गए अपशिष्ट को चंडीगढ़ के डिप्टी कमिश्नर

कार्यालय के अधिकारियों को उचित निपटान के लिए सौंप दिया गया। एनएसएस स्वयंसेवकों द्वारा निवासियों को स्वच्छ वातावरण बनाए रखने की आवश्यकता के बारे में जागरूक करने के लिए एक नुकड़ नाटक किया गया। अभियान के दौरान उपयुक्त कोविड -19 प्रोटोकॉल का पालन किया गया। प्रिंसिपल डॉ० निशा भार्गव ने जोर देकर कहा कि यह अच्छी तरह से ज्ञात है कि प्लास्टिक को हजारों, वनस्पतियों और जीवों को प्रतिकूल रूप से प्रभावित करने के लिए हजारों साल लगते हैं, और इस खतरे के बारे में जागरूकता बढ़ाना महत्वपूर्ण है। उन्होंने एमसीएम की एनएसएस इकाइयों द्वारा साफ और हरा भरा भारत बनाने के लिए लगातार काम करने के लिए सराहना की।

14. Title of the activity: Green Diwali Celebration organized by MCM Eco-Club in collaboration with the Character-Building Committee

Activity coordinators: Dr Seema Kanwar & Dr Neetu

Date: 26 October 2021

Number of Participants:

- Slogan writing competition: 17
- Diya decoration competition: 23
- Card making competition: 33

Objectives:

- To promote the concept of an eco-friendly Diwali
- To create awareness among students and sensitize them towards building a pollution free environment.

The Context: Diwali brings a spiritual calm to people; however, the festival has emerged to become a significant problem for the environment due to the careless approach of the people. It is high time we confront the problem and chart out a roadway towards sustaining a healthy and balanced environment. Green Diwali is a way of celebrating the festival of lights with minimum damage to the environment.

The Practice: MCM Eco-Club in collaboration with the Character-Building Committee of the college celebrated Green & Safe Diwali. As many as 73 students from different streams participated enthusiastically and showcased their creativity in Slogan writing, Diya



decoration and Card making competitions. Mrs. Suman Mahajan & Mrs. Vandana Syal (Members, Advisory Committee of Character-building committee) were invited as judges for the above said events.

**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
(QUARTER IV: OCTOBER – DECEMBER 2021)**

Outcome of the event: Participants spread the message of eco-friendly Diwali celebration through creative slogans relevant to the theme of Green and Safe Diwali. They prepared beautiful Diwali cards for our soldiers at the border. They also decorated eco-friendly diyas using creative and innovative ideas. The event successfully spread the message of returning to our traditional ways to celebrate the auspicious festival.

RESULTS are as follows:

Activity	Name of the participant	Prize	Roll No.	Class
Slogan Writing	Ojaswani	First	2969	BA II
	Himani Sharma	Second	8701	MSc I Chemistry
	Zoha Mufti	Third	2216	BA I
Diya Decoration	Annanya Mahajan	First	1198	BSc III Medical
	Harshita Rathi	Second	2965	BA II
	Tanya	Third	7116	BA III
	Paramjeet Kaur	Third (Bracketed)	3072	BA II
	Tannu	Consolation	3171	BA II
	Mahakpreet	Consolation	2763	BA II
Card Making	Ankita Saini	First	270	BSc II Medical
	Riya Badhera	Second	1904	BA I
	Varnika Malik	Third	1353	BSc III Non-Medical
	Yavneeka Gautam	Consolation	6767	BA I

REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
(QUARTER IV: OCTOBER – DECEMBER 2021)



15. Title of the Activity: Inter College Competition to Mark the celebration of World Food Day organized by Department of Food Science in collaboration with Swachhta Committee

Date: 27 October 2021

Number of participants: 118 students

Objectives:

- To discuss and create awareness about hunger, malnutrition, sustainability and food production among the students.
- To strengthen the communication and presentation skills of the students.

The Context: World Food Day is celebrated every year on October 16th to commemorate the founding of Food and Agriculture Organization i.e. the specialized agency of the United Nations in 1945, that leads spearheads international efforts to defeat hunger. The nature of the



Mehr Chand Mahajan DAV College for Women
Sec 36-A, Chandigarh

Department of Food Science
is organising
AN INTER COLLEGE COMPETITION
on
27th October, 2021
on the occasion of

WORLD FOOD DAY

Events

- Extempore speech competition
- Poster making
- Food Quiz Competition

Cash Prizes (For each event)

E-Certificates for all participants

Themes

- Food Security and hunger
- HACCP and Quality Control
- Food Safety from microbes
- Food Fortification
- Foodomics

Registration Fees : Rs. 100/-

Last day for registration : 25th Oct 2021

Click here for registration & instructions → <https://forms.gle/CJ21sStjZEERR1Uy5>

Coordinators

- Dr. Vandana Sharma
- Dr. Gurpreet Kaur
- Dr. Sandeep Kaur
- Dr. Deepika Malik
- Dr. Anila Negi
- Dr. Kirti Singla

Dr. Nisha Bhargava
(Convenor and Principal)

competitions was decided on the basis of theme for the year 2021, which was “Our actions are our future. Better production, better nutrition, better environment and a better life”.

The theme and the events covered for this program were as follows:

1. Food Security and hunger
2. HACCP and Quality Control
3. Food Safety from microbes
4. Food Fortification
5. Foodomics

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Events:

- Extempore speech competition
- Poster making
- Food Quiz Competition



Name of the Coordinators: Dr Vandana Sharma, Dr Gurpreet Kaur, Dr Sandeep Kaur, Dr Deepika Malik, Dr Anila Negi, Dr Kirti Singla.

The Practice: The event witnessed an enthusiastic participation from the students from Bachelor of Science in Microbial and Food Technology, Bachelors in Science and

Diploma in Microbial Analysis and Food Safety. All the three competitions of the event were held simultaneously. Due to a large number of teams in the food quiz, a preliminary round was conducted to screen out the final five teams. The final five teams participated in the quiz which consisted of 5 rounds. The food quiz was conducted by Dr Gurpreet Kaur and Dr Deepika Malik.

Next, a total of 16 students participated in “The Extempore speech competition”, which was hosted by Dr Sandeep Kaur and Dr Anila Negi. The participants were given 20 minutes to write on the given topics at the spot. Later, they presented their speeches in front of the judges, who evaluated and judged the participants on



the basis of concept delivered, confidence, and communication skills. The speeches were judged by Dr Sagrika Dev and Dr Madhuri Tanaji Patil. In the third event, i.e. Poster Making, the students displayed their hand made posters which were evaluated by Ms. Jyotsana and Dr Harjot Kaur Mann. Keeping the theme in mind, the posters were scrutinized on the basis of content, representation and creativity. This event was conducted by Dr Vandana Sharma and Dr Kirti Singla. Before the announcement of results and prize distribution ceremony, a refreshment break was given. This event acted as a platform for interaction among the old students and new entrants in the

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college. The audience was kept engaged throughout the event by asking them questions from time to time and distributing gifts. Finally, the prizes were awarded to all the winners by Dr Madhavi Bajaj and Ms. Jyotsana.

RESULTS:

	Extempore Speech	Quiz	Poster making
1st Prize	Sangam (MFT - 2)	Gurpreet Shivani Gauri (MFT - 3)	Arushi Antra (MFT - 2)
2nd Prize	Bharti (MFT - 1)	Ramanjot() Sejal () (MFT - 3)	Ramanjot Rubal (MFT - 3)
3rd Prize	Simrandeep (MFT - 2)	Sehajpreet Harsimrat Nidhi (MFT - 2)	Seeya Deeksha Bhavneet (MFT - 3)
Consolation / Special Prize	Guneet (MFT - 2)	-	Shruti Aishita Kanika (MFT - 3)
Total Entries	11	15 teams	32 teams
Total no. of participants	118		
Judges	Dr Sagrika Dev Dr Madhuri Tanaji Patil	-	Ms. Jyotsana Dr Harjot Kaur Mann
Prize Distribution	Dr Madhavi Bajaj Ms. Jyotsana		

Evidence of Success:



16. Title of the activity: Dengue Awareness Campaign organized by NSS Units

Date: 27 October 2021

Number of NSS volunteers participated: 25

Objectives:

- To generate awareness about Dengue and its preventive measures among the residents of adopted Village Badheri
- To stress on the root causes and effects of its widespread
- To encourage people to maintain a clean environment and be vigilant about the same.
- To provide our volunteers with the knowledge and ways to contribute to our environment most effectively.

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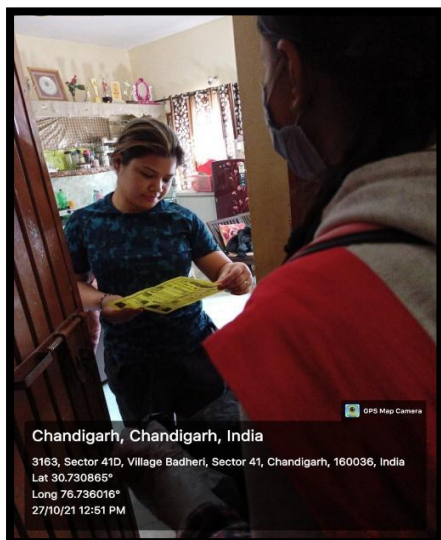


The Context: Under the able guidance of worthy principal of the college Dr Nisha Bhargava, and supervision of NSS programme officers - Dr Pallvi Rani and Dr Purnima Bhandari, Dengue Awareness Campaign was initiated and conducted in Village Badheri. The campaign was planned during this time to address and check the rising graph of Dengue cases in Chandigarh. The campaign was organized to create essential awareness about the disease and its various implications.

The Practice: Dengue Awareness Campaign was organized by the NSS Units of the College in the adopted Village Badheri. The campaign was supported by the presence of Mr. Ranjit Singh, a Multi-Purpose Health Worker, and Dr Inderpal, Epidemiologist at Health Department, Sector 17 Chandigarh. They instructed and guided the volunteers on the necessity of keeping our surroundings clean which can ultimately help in containing the spread of Dengue. NSS Program officers apprised the students of Govt Model School about the urgency to stay informed regarding the causes of Dengue and prioritize cleanliness at all times. The students were told about the symptoms, effects, and major preventive measures. Thereafter, volunteers were assigned their duties to carry out



the campaign at Anganwadi and garner people's attention towards the cause.



The volunteers worked extensively along with the officers to achieve the motive of the campaign. The volunteers were informed about their roles and responsibilities and to exercise complete vigilance while performing their duties. They helped in creating awareness by disseminating vital information and keeping a check on cleanliness as they went door to door and made

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sure there was no stagnant water and littering around the place. They also collected substantial data of the people in the village which helped the team in analysing the safety standards of the village.



Evidence of Success: The volunteers successfully completed and achieved the assigned by dully following all safety protocols. They were guided and provided with the essential information by the officers and respective heads. By the end of the Dengue Awareness Campaign, the volunteers had successfully created the

much-required awareness and executed various measures to prevent the disease. The objectives and rules of the campaign were fulfilled with utmost efficiency. The volunteers were successful in generating social attention to address the lacuna in awareness regarding the nasty disease.



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Dengue Awareness Campaign held at Badheri

The Aman Sandesh Times Network

Chandigarh: In order to raise awareness about dengue, and to control its spread, the NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh held Dengue Awareness Campaign in the adopted village Badheri in two phases.

During the first phase, the NSS volunteers along with Mr. Kulwant Singh, MPHS, and Mr. Subash Chander, Multi-Purpose Health Worker, Health Department, U.T. Chandigarh visited 174 houses and sensitised the residents about the preventive measures to check spread of dengue.

The events included an awareness rally on dengue, cleaning of residential and market areas, clearing of stagnant water, removal of broken containers and tyres, door to door inspection of coolers and trays behind refrigerators that serve as breeding grounds for vectors, distribution of dengue awareness pamphlets to the residents and nukkadnatak that highlighted the preventive measures for curbing the spread of dengue.

In the second phase, the NSS volunteers visited the Anganwadi, Shopping Complex and Government Model Senior Secondary School at Badheri village to generate awareness about dengue. During this phase, Mr. Ranjit Singh, Multi-Purpose Health Worker and Dr. Inderpal, Epidemiologist at Health Department, Chandigarh, instructed and guided the volunteers about the need to keep our surroundings clean for containing the spread of dengue.

The students of Government Model School were apprised about the urgency to stay informed about the causes of dengue and to prioritise cleanliness at all times and were also educated about the symptoms, effects and major preventive measures. The volunteers also collected substantial data of the people in the village which helped in analyzing the safety standards of the village.

Principal Dr. Nisha Bhargava lauded this timely initiative of college's NSS units to draw attention to dengue, the cases of which are on the rise and informed that the NSS units of the college contribute effectively towards the society by undertaking appreciable work in varied fields including Swachhta Abhiyan, rural resurgence, disease awareness programmes, sensitisation programmes.



17. Title of the activity: Awareness session on Single use Plastic Campaign by NSS Units

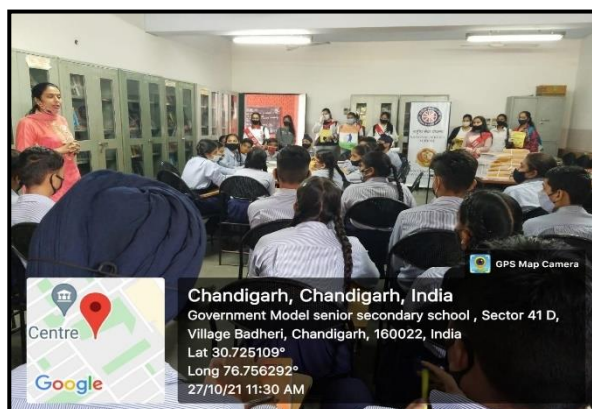
Date: 27 October 2021

Number of NSS Volunteers participated: 25

Objective:

- To spread awareness among local people about the importance of maintaining cleanliness in our surroundings.
- To urge the need to keep the places around us tidy and clean such as parks and domestic lawns and gardens.
- To collect single-use plastic from the village area and inform people about the disadvantages of using plastic on routine basis.
- To generate public awareness regarding the spread of Dengue and provide people with essential knowledge to curb the spread of the same.

The Context: Swachh Bharat Abhiyan or Clean India Mission is a country-wide campaign initiated by the Government of India in 2014 to eliminate open defecation and improve solid waste management. The mission aims to



achieve universal sanitation coverage and to encourage hygienic sanitation practices. The project was launched by our honourable Prime Minister Narendra Modi Ji as a tribute to Mahatma Gandhi. Rightly it is said that "Sanitation is more important than

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independence.” Cleanliness is very important for physical well-being and a healthy environment.



The Practice: The complete month of October is observed as Swachhta month spreading awareness among people about the importance of cleanliness around in our surroundings and to be aware of the disadvantages of the use of single-use plastic. Several visits to Village

Badheri were conducted especially to key areas like the Anganwadi, and in schools. School students were informed regarding the importance of hygiene as well as the various preventive measures to check the spread of dengue. They were made aware by being aware of the situation and keeping our surroundings clean. Dr Pallvi Rani accompanied volunteers on a visit to Badheri government school and certain key local areas. She imparted vital information regarding a wide range of facts about cleanliness to the students.

The main objective of this campaign was 'Plastic Free' houses. Volunteers collected single-use plastic from local houses and shops which were not being used. The residents were also informed about the urgency to avoid plastic use because of its extremely harmful effects on human and environmental health. The



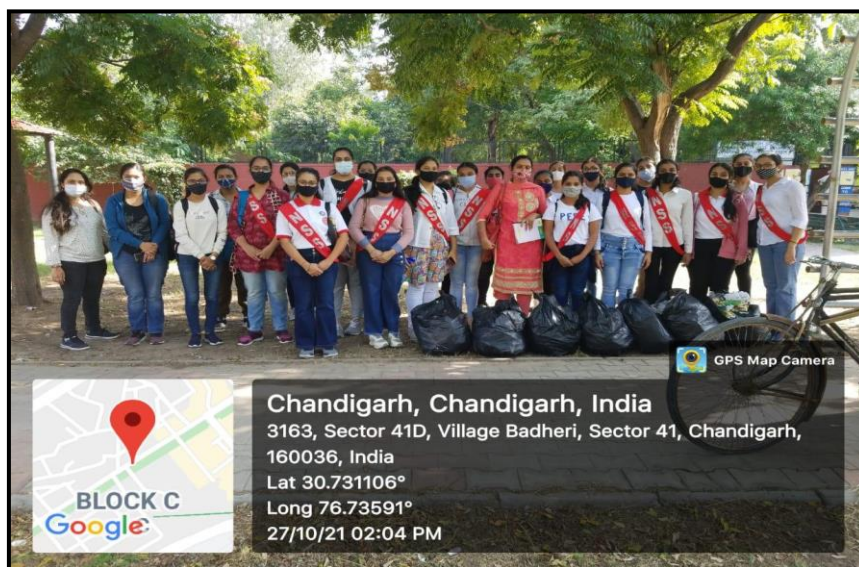
residents were also informed about the importance of cleaning tanks, water pots, coolers, etc., so that



water doesn't stagnate at a place giving mosquitoes a place to breed. Towards the end of the campaign, the entire plastic waste collected was weighed. The volunteers undertook a remarkable job by collecting 12.1 kg of single-use plastic which was further given for recycling.

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Evidence of Success: At the end of the drive, volunteers were able to make people aware of cleanliness around them and to convince them to minimize the use of single-use plastic.



18. Title of the activity: “Digital Decluttering of Computer/Laptop” organized by the Swachhta Committee, Post Graduate Department of Commerce

Date of the Activity: 28 October 2021

Number of participants: 100

Objective: To address the need of ensuring maintenance of online devices and disseminating vital information regarding basics of cleaning the online devices for their smooth functioning.

The Context: Since every facet of modern lives is run on a plethora of technological applications; it is vital to have a clear knowledge of the minutiae of cleaning the hardware and memory of online devices. More importantly, it being a long-term investment, a proper maintenance regimen would ensure smooth running of the devices while at the same time yielding value for money.

The Practice: The one-hour online program was delivered by the resource person, Ms. Deeksha Gupta, faculty, Department of Computer Science and Applications, Mehr Chand Mahajan DAV College for Women. She explained in detail the various nuisances of cleaning the hardware and memory of computers through an exhaustive visual explanation. Thereafter, Ms. Deeksha responded to the queries of the students

and encouraged them to follow all the principles of safety and maintenance of digital devices.

Evidence of Success: The interactive session attended by around hundred students, endorsed the notion of ‘minimalism’ as goes the saying **“Tidying is the act of confronting yourself”**. The principal of the college Dr Nisha Bhargava appreciated the efforts of the Department of Commerce and Computer applications for having worked in tandem to organize the structured event successfully.

डिजिटल डिक्लटरिंग पर सत्र का आयोजन

स्टेट समाचार/चंडीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की स्वच्छता समिति (वाणिज्य) ने डिजिटल डिक्लटरिंग ऑफ कंप्यूटर/लैपटॉप शीर्षक पर एक ऑनलाइन जागरूकता सत्र का आयोजन किया। कंप्यूटर / लैपटॉप के लंबे समय तक सुचारू संचालन को सुनिश्चित करने हेतु आयोजित इस जागरूकता कार्यक्रम का संचालन कॉलेज के कम्प्यूटर साइंस एंड एप्लीकेशंस विभाग की सहायक प्रोफेसर श्रीमती दीक्षा गुप्ता ने किया। श्रीमती दीक्षा गुप्ता ने प्रतिभागियों से डिजिटल उपकरणों के रखरखाव, उनकी सफाई एवं उनके उपयुक्त रूप से प्रयोग एवं संचालन से सम्बंधित महत्वपूर्ण जानकारी साझा की। दीक्षा ने प्रतिभागियों की विभिन्न जिज्ञासाओं का समाधान किया।




एमसीएम में डिजिटल डिक्लटरिंग पर सत्र का आयोजन

चंडीगढ़/विज : मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की स्वच्छता समिति (वाणिज्य) ने 'डिजिटल डिक्लटरिंग ऑफ कंप्यूटर/लैपटॉप' शीर्षक पर एक ऑनलाइन जागरूकता सत्र का आयोजन किया। कंप्यूटर/लैपटॉप के लंबे समय तक सुचारू संचालन को सुनिश्चित करने हेतु आयोजित इस जागरूकता कार्यक्रम का संचालन कॉलेज के कम्प्यूटर साइंस एंड एप्लीकेशंस विभाग की सहायक प्रो. दीक्षा गुप्ता ने किया। श्रीमती दीक्षा गुप्ता ने प्रतिभागियों से डिजिटल उपकरणों के रखरखाव, उनकी सफाई एवं उनके उपयुक्त रूप से प्रयोग एवं संचालन से सम्बंधित महत्वपूर्ण जानकारी साझा की। उन्होंने व्यवहारिक प्रदर्शन एवं एक विस्तृत स्पष्टीकरण के माध्यम से कंप्यूटर के हार्डवेयर और मेमोरी को साफ करने की चारीकियों के बारे में भी बताया। कॉलेज की प्रिंसिपल डॉ. निशा भार्गव ने इस डिजिटल युग में अत्यधिक प्रासंगिक जागरूकता सत्र के आयोजन के लिए स्वच्छता समिति के प्रयासों की सराहना करते हुए कहा कि जीवन के हर पहलू में स्वच्छता, चाहे वह शारीरिक, मानसिक, आध्यात्मिक या पेशेवर हो, बेहद महत्वपूर्ण है और इसे हर समय बनाए रखने का प्रयास करना चाहिए।

MCM holds session on digital decluttering

CHANDIGARH: The Swachhta Committee (Commerce) of Mehr Chand Mahajan DAV College for Women, Chandigarh organised an online awareness session titled 'Digital Decluttering of Computer/Laptop'. The session addressed the present age need to be aware of the tenets of cleaning computers/laptops in order to ensure their long life and smooth running. The resource person, Ms. Deeksha Gupta, Faculty, Department of Computer Science and Applications of the college, gave the minutiae of cleaning the hardware and memory of computers through an exhaustive visual explanation. The interactive session endorsed the notion of minimalism. Ms. Deeksha responded to the queries of the students and encouraged them to follow all the principles of safety and maintenance of digital devices. The session received an overwhelming response from over hundred students. Principal Dr. Nisha Bhargava appreciated the efforts of Swachhta Committee for organising an event of great relevance in this digital era. She added that cleanliness in every aspect of life, be it physical, mental, spiritual or professional is immensely significant and one should endeavour to maintain it at all times.

Seminar conducted at GGSE



By 121 News
Chandigarh Nov.11, 2021:- The Swachhta Committee (Commerce) of Mehr Chand Mahajan DAV College for Women, Chandigarh organised an online awareness session titled 'Digital Decluttering of Computer/Laptop'. The session addressed the present age need to be aware of the tenets of cleaning computers/laptops in order to ensure their long life and smooth running. The resource person, Ms. Deeksha Gupta, Faculty, Department of Computer Science and Applications of the college, gave the minutiae of cleaning the hardware and memory of computers through an exhaustive visual explanation. The interactive session endorsed the notion of minimalism. Ms. Deeksha responded to the queries of the students and encouraged them to follow all the principles of safety and maintenance of digital devices. The session received an overwhelming response from over hundred students. Principal Dr. Nisha Bhargava appreciated the efforts of the Swachhta Committee for organising an event of great relevance in this digital era. She added that cleanliness in every aspect of life, be it physical, mental, spiritual or professional is immensely significant and one should endeavour to maintain it at all times.

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19. Title of the activity: As part of 'Clean India' program organized by the Department of Youth Affairs, Ministry of Youth Affairs and Sports; Swachhta Committee Arts organized a **Cleanliness Drive to collect Single use Plastic Waste**

Date: 29 October 2021

Venue: College Campus

Number of participants: 100

Objective: #CleanIndia Campaign highlights that - slogans are not enough, on action at the grassroots level is needed. It requires a change in attitude which can happen only when this realization dawns upon us that- *garbage gives rise to disease*. With the collective efforts of youth, citizens and support from all stakeholders, India has successfully embarked on a mission of rigorous cleanliness drives to create better living conditions for its citizens.



The Context: The Ministry of Youth Affairs and Sports, Government of India in collaboration with State Governments on the eve of 75th year of Independence initiated a new programme called the Azadi ka Amrit Mahotsav. The Pan-India Programme has been initiated to ensure people's

participation to clean and collect waste, mainly single use plastic throughout the Country in all 744 District, 2.5 lakh villages of the country. The programme will be organized at multiple levels with the collaboration and cooperation of NYKS youth clubs. Nehru Yuva Kendra Sangathan, NSS, Panchayat Raj Institutions, Non Govt Organisations, Govt Departments, Youth Clubs and Mahila Mandals, in order to keep the the surroundings clean and waste free. By taking a small but significant strides towards environment protection, each one of us can contribute in a meaningful way to

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taking this momentous National programme forward and generate awareness on hygiene and cleanliness.

The Practice: The Ministry of Youth Affairs and Sports (Government of India) in commemoration of Azadi Ka Amrit Mahotsava organized a nationwide Clean India Programme from 1st October 2021 to 31st October 2021. The programme was organized in 6 Lakh villages of 744 Districts across the country through the networks of Nehru Yuva Kendra Sangathan (NYKS) affiliated Youth Clubs & National Service Scheme Affiliated Institutions. Clean India is not just



a programme but a reflection of the genuine concerns of common man and a sincere and steadfast resolve to address the issue head on.

Outcome: The activity was organised on the day of the Diwali fest in college. Hence a large number of students (around 100) participated in the activity.

20. Title of the activity: ‘Oath’ of not using crackers on the theme “Green Diwali-Swachh Diwali” organized by the Swachhta Committee of the Post Graduate Department of Commerce as per the directions of Department of Environment in collaboration with Department of Education, Chandigarh Administration

Date: 30 October 2021

Number of participants: 100 students

Objective: The ceremony aimed at reinforcing the commitment of the staff and students of Mehr Chand Mahajan DAV College for Women towards "Green Diwali-Swachh Diwali" by avoiding fire crackers on Diwali to protect the environment.

The Context: Air pollution caused by bursting of firecrackers during the festival of Diwali is a major concern. The public at large needs to be sensitized about the harmful effects of bursting crackers on human and environmental health. The campaign was

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carried out at the onset of Diwali under the initiative of the Department of Environment in collaboration with Department of Education, Chandigarh Administration was a sincere effort to spread awareness on the need to shun firecrackers.

The Practice: An oath is a way to ensure a promise and commitment from each individual to contribute to causes of National interest. The practice of protecting the environment from air and noise pollution by avoiding the use of crackers must be inculcated in all students and staff members of the college. An oath taking ceremony is a sincere effort to make the College Students and staff members responsible citizens by making them aware about the importance of environmental cleanliness.

Evidence of Success: The oath was taken by the Honourable Principal of the College, Dr Nisha Bhargava, along with staff members and around 100 students of different streams, following the COVID protocol.



21. Title of the activity: Anti Cracker Rally by NSS Units

Date: 30 October 2021

Number of NSS Volunteers participated: 70

Objectives:

- To sensitize people about the harmful effects of burning firecrackers on environment in form of noise and air pollution
- To promote a green and safe Diwali.
- To decrease our carbon footprint and protect the environment from further degradation.

The Context: Diwali, popularly called the festival of lights is an annual festival celebrated across the Nation with great fervour. In earlier times, people used to celebrate Diwali by lighting diyas (earthenware lamps) and spreading light and joy around them. The festival was traditionally celebrated with worship and sacred fervour. However, in modern times, the festival has become a heavy liability on human and environment health, with people bursting firecrackers immoderately and with little regard for their environment, as a result of which, the grave dangers posed by air and noise pollution have made the festival into a major pollutant. Therefore, it has become imperative to discourage people from bursting firecrackers and go back to celebrating Diwali in traditional, sacred ways. Hence the need for spreading the vital message of celebrating a green and safe Diwali.

The Practice: Keeping up with the motto of “Not Me, But You” and working towards the betterment of the society and environment, NSS Units of the College organized an Anti-Cracker Rally on 30.10.2021 under the able guidance of Principal Dr Nisha Bhargava and supervision of NSS Programme Officers – Dr Pallvi Rani and Dr Purnima Bhandari. The main aim of the rally was to sensitize people about the dangers of bursting firecrackers which pose grave dangers to human beings, animals and environment in the forms of noise and air pollution and numerous health hazards. The rally was flagged off by the Principal Dr Nisha Bhargava along with the staff members.

Around 70 NSS Volunteers along with the office bearers participated in the rally, carried colourful posters and placards and raised slogans like “Say No to Crackers”, “Green Diwali, Safe Diwali”, “दिवाली का जश्न मनाएं, पर्यावरण सुरक्षित बनाएं” and “पटाखे लेना बंद करो, प्रदूषण को बंद करो” in and around the college campus. These enthusiastic young eco-warriors also reached out to the masses present in the markets and residents of Sector 36-A, Chandigarh, outside the college campus and captivated the audience with their thought-provoking slogans. They urged everyone to celebrate a joyous, bright and pollution-free Diwali.

Evidence of Success: The links of the activity shared at several social media handles have been mentioned below:

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<https://www.facebook.com/MCMDA/CW/posts/1231390293993888>

<https://twitter.com/MCMDA/CW/status/1456667553426595841>

https://www.instagram.com/p/CV5smhcvGpf/?utm_source=ig_web_copy_link



22. Title of the Activity: Well area beautification done with best out of waste, painted stones, Hibiscus plants and with carbon dioxide absorbing plants organized by Character Building Committee

Date: 30 October 2021

Number of participants: 10 students including ambassadors

Character building Convener: Dr Seema Kanwar

Co-coordinator: Dr Sunita Kumari

Character building Committee Member: Dr Minakshi Rana

Student Ambassadors: Neeruj, Aditi, Tanya, Pranamya, Jasnoor



Objective:

- Making students aware of 'Clean India Movement' and inculcating a sense of responsibility in them for maintaining cleanliness.
- Making the 'Clean India' programme (organised by Department of Youth Affairs, Ministry of Youth Affairs and Sports) a great success.

The Context: The Character-Building committee conducted a Beautification drive in the college campus using diyas, stone art and Best-out-of-waste as a part of 'Clean India' programme organized by Department of Youth Affairs, Ministry of Youth Affairs and Sports.



The Practice: The Arts Block area was decorated with Best-out-of-waste and stone painting.

Outcome:

- Collection & disposal of plastic waste as well as beautification of the 'well area' using eco-friendly materials prepared by students.

Evidence of Success: Sanitation upkeep, aesthetic decoration and sprucing up of the well area in the college using eco-friendly materials.

23. Title of the activity: Anti Cracker Campaign on The Theme 'Swachh Diwali-Green Diwali Organized by MCM Eco Club and Character-Building Committee

Activity coordinators: Dr Seema Kanwar & Dr Neetu

Date: 01 November 2021

Number of Participants:

- Poster/Card making competition - 33
- Slogan writing competition - 17

Objectives:

- To promote the concept of an eco-friendly Diwali
- To create awareness among students and sensitize them towards building a pollution free environment.

The Context: Diwali certainly brings spiritual calmness to but the festival is becoming a major liability for the environment due to the indifferent and lackadaisical attitude of the people. It is high time that we acknowledge the problem and build a roadway to make a healthy and balanced environment. Green Diwali is a way of celebrating the festival of lights with minimum damage to the environment.

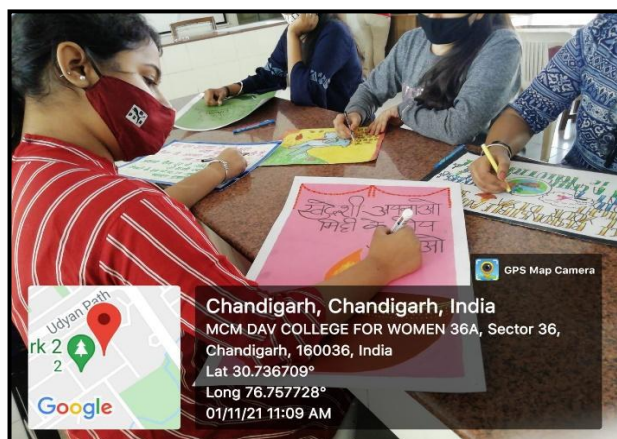


The Practice: MCM Eco-Club in collaboration with the Character-building committee of the college organized Poster/Card making and slogan writing competitions as a part of Anti-cracker campaign. As many as 50 students from different streams participated enthusiastically in both the activities and showcased their creativity.



REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
(QUARTER IV: OCTOBER – DECEMBER 2021)

Outcome of the event: Participants spread the message of the need for eco-friendly Diwali celebrations through creative posters, cards and slogans relevant to the theme of Swachh and Green Diwali. The event successfully spread the message of returning to our traditional ways to celebrate the auspicious day.



24. Title of the activity: Poem Recitation and/or Essay Writing, Swachh Diwali Green Diwali

Activity coordinators: Dr Jasmine Anand and Dr Seema Kanwar

Date: 02 November 2021

Number of participants: 2 teachers, 11 students

Objectives:

- To steer students towards action for making our planet Earth green and clean
- To create awareness among students and sensitize them towards building sustainable environment

**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
(QUARTER IV: OCTOBER – DECEMBER 2021)**

The Context: Dr. Jasmine Anand and Dr. Seema Kanwar conducted the activity and motivated the students to be aware and take step forward in action to protect and make Earth green and clean.

The Practice: Swachh Diwali Green Diwali activity was conducted on 2nd November, 2021. The activity was organized on the occasion of Diwali wherein students participated and projected their awareness about the alarming signs of environment degradation, and need for sustenance and survival.



Around 11 students participated in Poem Recitation and Essay Writing on the topic Air Pollution and Swachh Diwali Green Diwali. In Essay Writing,

First Prize: Chandini of BA III (7281)

Second Prize: Isha of BA III (7254)

Third Prize: Kirpaas of BA I (2071)

In the Poem Recitation,

First prize: Neha of BA III (3421)

Second Prize: Manashvi BA I (2042)

Third Prize: Mehak B Com I (11032) and Kanika BCA I (6780)

Evidence of success: The activity not only brought out the expression and rhetoric skills of the participants but also showcased their understanding and sensitivity towards the alarming changes in the environment, and the role that they, at individual level, could play to protect their environment. Their activity also inspired other students to pledge that they will not burn crackers this Diwali and would take all steps in their daily life to conserve the environment that they share with all human beings and animals. The activity motivated them to live in harmony, and understand and imbibe the essence of co-existence within the larger matrix of life.

25. Title of the Activity: Online Awareness lecture on “Ill Effects of Crackers” as a part of Anti-Cracker Campaign launched by Department of Environment in collaboration with Department of Education, Chandigarh Administration

Date: 03 November 2021

Department: Department of Environment Science

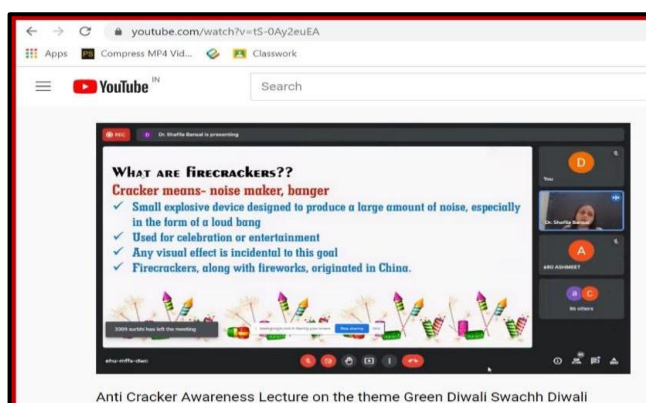
Resource Person: Dr Shafila

Number of participants: 100 (96 Students, 4 Teachers)

Objective:

- To promote and support ‘Green Diwali, Swacch Diwali’

The Context: Diwali is traditionally the festival of lights however, in the past few years it has unfortunately turned into a polluting festival of crackers. Fireworks light up the sky above our home for a few moments but adversely affect our environment and our health for a long time.



Colourful crackers are loved by all, but most of us are aware that toxic chemicals like Strontium, Copper, Sodium and Cadmium are added to provide the required colours to the crackers. Smoke from fireworks not only affects the environment but also poses adverse health impacts, particularly for those who are already suffering from diseases like asthma, bronchitis etc. It is the urgent need of the hour to confront this serious threat posed by firecrackers to human, animal and environmental health and to build a roadmap by which we can go back to celebrating Diwali with sacred fervour, but sans the polluting effects of the crackers.

This year, the college took an initiative to participate in the Anti- Cracker Campaign launched by the Department of Environment in collaboration with the Department of Education, Chandigarh Administration by organizing an online Awareness lecture on “ill effects of crackers”.

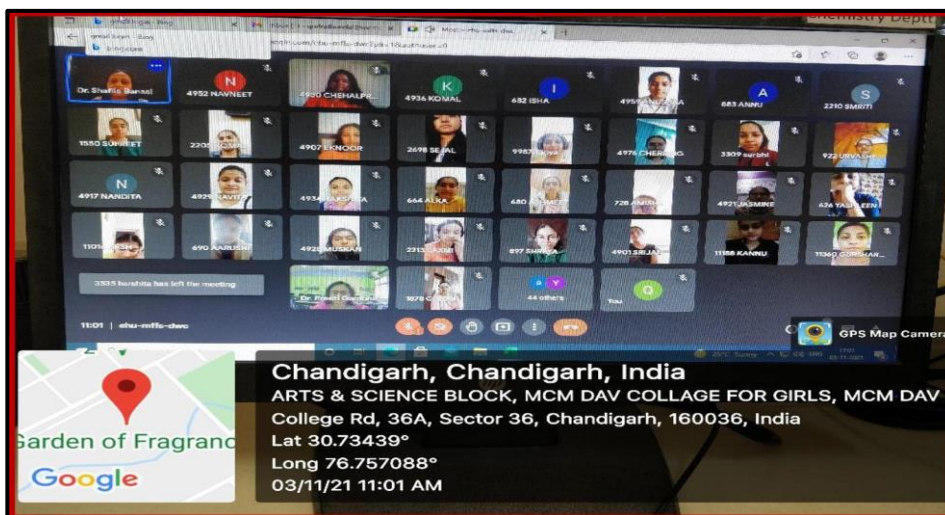
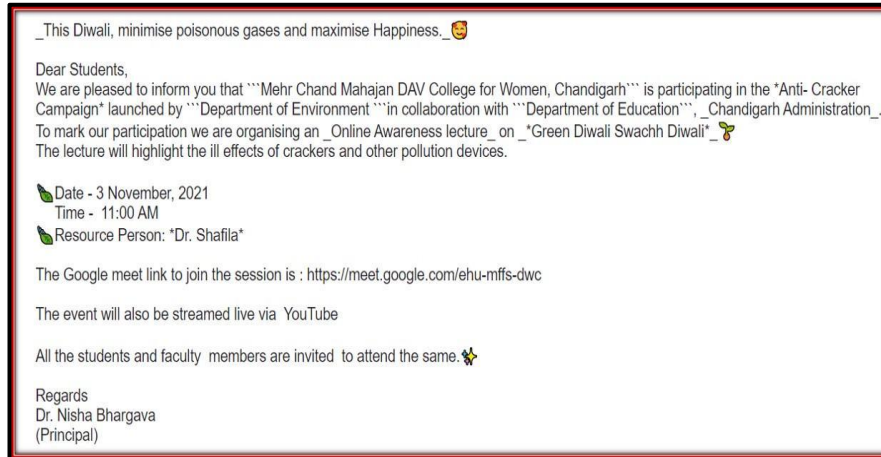
The Practice: Department of Environment Science of the College organized an online awareness lecture on “ill effects of crackers” in order to promote and support “Green Diwali, Swacch Diwali”. Over 100 participants benefited from the lecture that

**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
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highlighted the impacts of crackers on environment and human health and was streamed live via YouTube.

Evidence of Success: Participation of over 100 enthusiastic students was an evidence of the success of the event.

YouTube: <https://www.youtube.com/watch?v=tS-0Ay2euEA>



26. Title of the activity: **An interactive lecture with on-site demonstration on solid waste management practices adopted** (e.g. setup and working of Biogas plant, Composting and Vermicompost units) to B.Sc. (MFT)-III-year students organized by Department of Food Science in collaboration with Swachhta Committee

Date: 14 November 2021

Number of participants: 35

Objectives:

- To apprise students of the various solid waste management practices being adopted in order to utilize waste and its conversion into useful products.
- To bring out the concept of the important role of microorganisms being played in degrading solid biodegradable waste
- To build innovative thinking and a scientific temper in order to mitigate the challenges of solid waste generated
- To enable students to visit the site and learn the working and functioning of various techniques being employed for converting waste into fuel and manure



The Practice: The college has adopted and developed various solid waste management practices based on scientific ways to degrade and utilize waste. One is the biogas plant that has been installed in the campus to manage all the leftover and raw mess food waste generated in the college hostels. The size of the biogas reactor is 5 cubic meters which is of sufficient capacity to utilize all the solid food waste generated in the college. This 'Waste to



Energy' project generates gas equivalent to 12 LPG cylinders (annually) thus, saving huge amounts of money. Adjacent to this are the composting units which cater to the green waste of the college. The composting process is accelerated by addition of used slurry obtained from biogas plant outlets and the compost is finally converted to manure that is used

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for gardening purposes and is also outsourced. Initially, the students were introduced theoretically to various techniques of waste management

Evidence of Success:

- The students gained a hands-on knowledge of the functioning and working of biogas plants, compost units and vermicompost techniques with open interactive discussions on related aspects.
- The students practically applied the concepts learnt and also proposed some more improvements



27. Title of the activity: Cyber Swachhta Mission, a National level training in cyber hygiene in collaboration with Chandigarh Police by Swachhta Committee of Arts

Date: 14-15 November 2021

Venue: SD College Sector 32, Chandigarh and PGGGC-42, Chandigarh

Objective: To promote cyber Swachhta (hygiene) among students.

Convenor: Ms. Suman Mahajan

Coordinator: Dr Bhawna Sood, Dr Minakshi Rana

Coordinator (Chandigarh Police): Ms. Rashmi Yadav (DSP, Chandigarh Police)

Student Coordinators: Tanya (3457), Riya Singh (3007) and Harnaaz

Number of participants:89

The Context: The Chandigarh Police in collaboration with Mehr Chand Mahajan DAV College For Women, Sector 36-A, Chandigarh and Punjab Engineering College (PEC), University of Engineering and Technology(UIET) Panjab University, conducted a two day National Level Training Program under the flagship program of Cyber Swachhta Mission of Cyber Cell, Chandigarh Police on 14th November and 15th November,2021 at SD College Sector 32, Chandigarh and PGGGC-42, Chandigarh.

The Practice: The First Speaker was Col. Shailesh Tiwari, who is currently pursuing research on Cyber Warfare. Through his presentation, he delved into various



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techniques to obtain more information regarding the topic. The speaker highlighted the most important technique in our arsenals being a tool by Twitter: Tweet Deck.

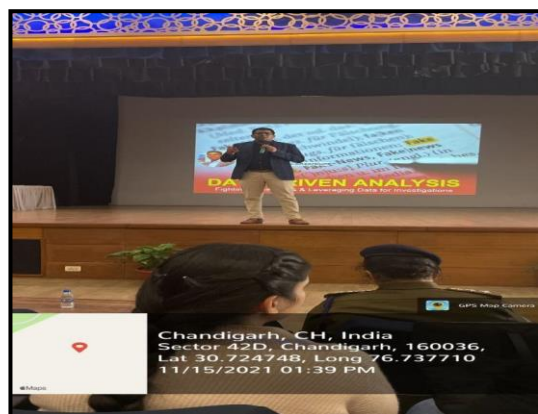
The next speaker, Jiten Jain is a well-known Cyber



Security expert, who specializes in geopolitics intelligence analysis and mapping it to global cyber security. He



highlighted the skills required for information warfare and how Intelligence agencies use OSINT (Open Source Information Technology) to track events, equipment such as weapons, systems and people. All of this was explained using an example of Pakistan's F-16 lies.



An interactive session was also held with Mr. Rakshit Tandon, India's famous Cyber Security Expert. He is the Director/Founder of 'HackerShala', and an

Advisor to the State Police's Cyber Crime Unit. The audience was exposed to several case studies and was made more aware of the importance of data privacy and security. The audience was informed about India's Cyber Laws. The speaker demonstrated live



hacking into Google Pay and Paytm accounts, as well as different methods for avoiding cybercrime, such as two-step verification, comment control, and using a strong password. He wrapped up the presentation by sharing some internet banking and online transaction safety advice. He also gave a link for reporting cybercrime as well as sites to help us avoid becoming victims to the same. All the speakers in the highly informative and relevant session pressed upon the idea that the Internet is a tool, not a toy, and we should use it wisely.

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Evidence of Success: The trainees were overwhelmed with the information received and the exposure they got through interaction some of the country's well-known national cyber experts. All the trainees have joined hands with Cyber Cell, Chandigarh Police as interns to promote cyber hygiene among common people.



Media Clippings:

छात्रों को साइबर सुरक्षा बारे प्रशिक्षित किया

चंडीगढ़, 6 दिसम्बर (आशीष):सैक्टर-36 स्थित मेहर चंद महाजन डी.ए.वी. कॉलेज फॉर वूमैन ने चंडीगढ़ पुलिस के साइबर सैल के साइबर स्वच्छता मिशन के फ्लैगशिप कार्यक्रम के तहत चंडीगढ़ पुलिस द्वारा आयोजित दो दिवसीय राष्ट्रीय स्तर के प्रशिक्षण कार्यक्रम में भाग लिया। कार्यक्रम के दौरान प्रशिक्षित किए गए छात्रों को आम लोगों के बीच साइबर स्वच्छता को बढ़ावा देने के लिए साइबर सैल, चंडीगढ़ पुलिस के साथ इंटरनेट के रूप में कार्य करने का अवसर मिला।

कर्नल शैलेश तिवारी ने अपनी विस्तृत प्रस्तुति के माध्यम से अधिक जानकारी प्राप्त करने के लिए विभिन्न तकनीकों पर प्रकाश डाला। जितेन जैन ने इन्फार्मेशन वारफेयर के कौशल पर प्रकाश डाला और बताया कि कैसे खुफिया एजेंसियां घटनाओं, उपकरणों जैसे हथियार, सिस्टम और लोगों को ट्रैक करने के लिए ओपन सोर्स इन्फार्मेशन टेक्नोलॉजी का उपयोग करती हैं। प्रिंसीपल डॉ. निशा भागव ने साइबर सुरक्षा के महत्वपूर्ण पहलु पर प्रशिक्षण सफलतापूर्वक पूरा करने पर प्रशिक्षुओं को बधाई दी, जो इंटरनेट प्रसार के इस युग में अत्यंत प्रासंगिक हो गया है।

एमसीएम ने छात्राओं को साइबर सुरक्षा में प्रशिक्षित किया


इधमन इंडिया/विनोद कुमार

चण्डीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर वूमैन, चंडीगढ़ ने चंडीगढ़ पुलिस के साइबर सैल के साइबर स्वच्छता मिशन के फ्लैगशिप कार्यक्रम के तहत चंडीगढ़ पुलिस द्वारा आयोजित दो दिवसीय राष्ट्रीय स्तर के प्रशिक्षण कार्यक्रम में भाग लिया। इस कार्यक्रम के दौरान प्रशिक्षित किए गए छात्रों को आम लोगों के बीच साइबर स्वच्छता को बढ़ावा देने के लिए साइबर सैल, चंडीगढ़ पुलिस के साथ इंटरनेट के रूप में कार्य करने का अवसर मिला।

कर्नल शैलेश तिवारी, जो वर्तमान में आईआईटी मद्रास में साइबर वारफेयर पर शोध कर रहे हैं, श्री जितेन जैन, एक प्रसिद्ध साइबर सुरक्षा विशेषज्ञ और श्री रक्षित टंडन, हैकरशाला के निदेशक व संस्थापक, इस अत्यधिक जानकारीपूर्ण कार्यक्रम के दौरान बचा थे। कर्नल शैलेश तिवारी ने अपनी विस्तृत प्रस्तुति के माध्यम से अधिक जानकारी प्राप्त करने के लिए विभिन्न तकनीकों पर प्रकाश डाला।

श्री जितेन जैन ने इन्फार्मेशन वारफेयर के कौशल पर प्रकाश डाला और बताया कि कैसे खुफिया एजेंसियां घटनाओं, उपकरणों जैसे हथियार, सिस्टम और लोगों को ट्रैक करने के लिए छद्मसूत्र (ओपन सोर्स इन्फार्मेशन टेक्नोलॉजी) का उपयोग करती हैं। श्री रक्षित टंडन के साथ एक संवादात्मक सत्र में, दर्शकों को कई केस अध्ययनों से अवगत कराया गया और उन्हें डेटा गोपनीयता और सुरक्षा के महत्व के बारे में बताया गया। उन्होंने लाइव हैकिंग के साथ-साथ साइबर अपराध से बचने के लिए विभिन्न तरीकों का प्रदर्शन किया, जैसे कि दो-चरणीय सत्यापन, टिप्पणी नियंत्रण और एक मजबूत पासवर्ड का उपयोग करना। उन्होंने इंटरनेट बैंकिंग और ऑनलाइन लेनदेन पर प्रासंगिक सुरक्षा साक्षात्कार के प्रस्तुति को समाप्त किया, और इन अपराधों का शिकार होने से बचने में मदद करने के लिए साइबर अपराधों को रिपोर्ट दर्ज करने के लिए लिंक भी साझा किया।

प्रिंसिपल डॉ. निशा भागव ने साइबर सुरक्षा के महत्वपूर्ण पहलु पर प्रशिक्षण सफलतापूर्वक पूरा करने पर प्रशिक्षुओं को बधाई दी, जो इंटरनेट प्रसार के इस युग में अत्यंत प्रासंगिक हो गया है। उन्होंने कहा कि साइबर अपराधों के खतरों से निपटने के लिए नागरिकों को आवश्यक कौशल से लैस करने के लिए इस तरह के सशक्त कार्यक्रम अनिवार्य हैं।



CHANDIGARH, 06.12.21-Mehr Chand Mahajan DAV College for Women, Chandigarh participated in a two-day national level training programme organised by Chandigarh Police

under the flagship programme of Cyber Swachhta Mission of the Cyber Cell of Chandigarh Police. The students who were trained during this programme got the opportunity to join hands with Cyber Cell, Chandigarh Police as Interns to promote cyber hygiene among common people. Col. Shailesh Tiwari, who is currently doing research on Cyber Warfare at IIT Madras, Mr. Jiten Jain, a well-known Cyber Security expert and Mr. Rakshit Tandon, Director/Founder of HackerShala, were the speakers during this highly informative programme. Col. Shailesh Tiwari, through his exhaustive presentation, shed light on various techniques to get more information. Mr. Jiten Jain highlighted the skills for information warfare and how the Intelligence agencies use OSINT (Open Source Information Technology) to track events, equipment such as weapon, systems and people. In an interactive session with Mr. Rakshit Tandon, the audience was apprised of several case studies and was sensitised about the importance of data privacy and security. He demonstrated live hacking as well as different methods for avoiding cybercrime, such as two-step verification, comment control, and using a strong password. He wrapped up the presentation by sharing relevant safety advice on internet banking and online transaction, and also shared the link for reporting cybercrime to help avoid becoming victims of these crimes. Principal Dr. Nisha Bhargava congratulated the trainees on successful completion of their training on the crucial aspect of cybersecurity that has become extremely relevant in this age of internet proliferation. She added that such empowerment programmes are imperative to equip citizens with requisite skills to tackle the menace of cyber crimes.

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INC - Education Sector

- MRSPU Bathinda Professor Savina Bansal conferred with National Eminent Engineer Award
- IGNOU extends Admission up to 7th December, 2021
- Special drive for admission in Central University of Haryana on December 10.
- Aryans Chandigarh students Shines in Shikara Race at Dal Lake, Srinagar
- BVC Celebrates World Disability Day
- MCM celebrates International Day of Persons with Disabilities
- Punjab Education Minister S Pargat Singh interacted with LPU Students
- Quarterly Newsletter of Central University of Haryana released
- Josephite Brought Laurels with her Exceptional Performance. "Dreaming is Believing it Achieving it."
- MCM marks AIDS Day with awareness programme

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एमसीएम ने छात्राओं को साइबर सुरक्षा में प्रशिक्षित किया

चंडीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर वूमैन, चंडीगढ़ ने चंडीगढ़ पुलिस के साइबर सैल के साइबर स्वच्छता मिशन के फ्लैगशिप कार्यक्रम के तहत चंडीगढ़ पुलिस द्वारा आयोजित दो दिवसीय राष्ट्रीय स्तर के प्रशिक्षण कार्यक्रम में भाग लिया। इस कार्यक्रम के दौरान प्रशिक्षित किए गए छात्रों को आम लोगों के बीच साइबर स्वच्छता को बढ़ावा देने के लिए साइबर सैल, चंडीगढ़ पुलिस के साथ इंटरनेट के रूप में कार्य करने का अवसर मिला।

कर्नल शैलेश तिवारी, जो वर्तमान में आईआईटी मद्रास में साइबर वारफेयर पर शोध कर रहे हैं, जितेन जैन, एक प्रसिद्ध साइबर सुरक्षा विशेषज्ञ और रक्षित टंडन, हैकरशाला के निदेशक व संस्थापक, इस अत्यधिक जानकारीपूर्ण कार्यक्रम के दौरान बचा थे। कर्नल शैलेश तिवारी ने अपनी विस्तृत प्रस्तुति के माध्यम से अधिक जानकारी प्राप्त करने के लिए विभिन्न तकनीकों पर प्रकाश डाला। जितेन जैन ने इन्फार्मेशन वारफेयर के कौशल पर प्रकाश डाला और बताया कि कैसे खुफिया एजेंसियां घटनाओं, उपकरणों जैसे हथियार, सिस्टम और लोगों को ट्रैक करने के लिए (ओपन सोर्स इन्फार्मेशन टेक्नोलॉजी) का उपयोग करती हैं। रक्षित टंडन के साथ एक संवादात्मक सत्र में, दर्शकों को कई केस अध्ययनों से अवगत कराया गया और उन्हें डेटा गोपनीयता और सुरक्षा के महत्व के बारे में बताया गया। उन्होंने लाइव हैकिंग के साथ-साथ साइबर अपराध से बचने के लिए विभिन्न तरीकों का प्रदर्शन किया, जैसे कि दो-चरणीय सत्यापन, टिप्पणी नियंत्रण और एक मजबूत पासवर्ड का उपयोग करना। उन्होंने इंटरनेट बैंकिंग और ऑनलाइन लेनदेन पर प्रासंगिक सुरक्षा साक्षात्कार के प्रस्तुति को समाप्त किया, और इन अपराधों का शिकार होने से बचने में मदद करने के लिए साइबर अपराधों को रिपोर्ट दर्ज करने के लिए लिंक भी साझा किया। प्रिंसिपल डॉ. निशा भागव ने साइबर सुरक्षा के महत्वपूर्ण पहलु पर प्रशिक्षण सफलतापूर्वक पूरा करने पर प्रशिक्षुओं को बधाई दी, जो इंटरनेट प्रसार के इस युग में अत्यंत प्रासंगिक हो गया है। उन्होंने कहा कि साइबर अपराधों के खतरों से निपटने के लिए नागरिकों को आवश्यक कौशल से लैस करने के लिए इस तरह के सशक्त कार्यक्रम अनिवार्य हैं।

28. Title of the activity: Awareness Video on the theme 'SAVE WATER BODIES' organized by Department of Zoology in collaboration with MCM Eco-Club

Activity coordinator: Dr Divya Sharma

Date: 26 November 2021

Number of participants: 45 students

Objectives:

- To understand the importance of saving natural water resources
- To spread awareness for ensuring the availability of water for future generations



The Context: Water is the basis of existence of life on the Earth. Many parts of the world are facing extreme water scarcity due to declining groundwater levels and scanty rainfall. Water saving awareness campaigns help people realize that sources of fresh and pure water are very limited and should be used very wisely.



The Practice: The Department of Zoology in collaboration with MCM Eco-Club released an awareness video prepared by Ms. Diksha, Ms. Harnoor, Ms. Garima and Ms. Ananaya Tangri of B.Sc. III Medical. The video highlighted that a major water crisis is being faced by India, where 100 million people are on the frontlines of a nationwide water crisis and many major cities are facing an acute water shortage. In the last few decades, waterbodies have been under continuous and unrelenting stress, caused primarily by rapid urbanization and unplanned growth. Further, waterbodies are being polluted by untreated effluents and sewage that are continuously being dumped into them. Various methods for conserving water bodies and different measures being adopted by the government and NGOs were highlighted through the video message.

Evidence of Success: All the participants were students of B.Sc. III Medical stream. The students realized the importance of saving water bodies and pledged to spread the word about the same among their family and friends. **Link to the awareness video:** <https://drive.google.com/file/d/1UKReg66pq7doYEAXsGF8Z78JhugDv8V/-view?usp=drivesdk>

29. Title of activity: Awareness Quiz on Noise Pollution by Department of Zoology in collaboration with MCM Eco-Club

Activity coordinator: Ms. Kadambari Pathania

Date: 30 November, 2021

Number of participants: 53 students

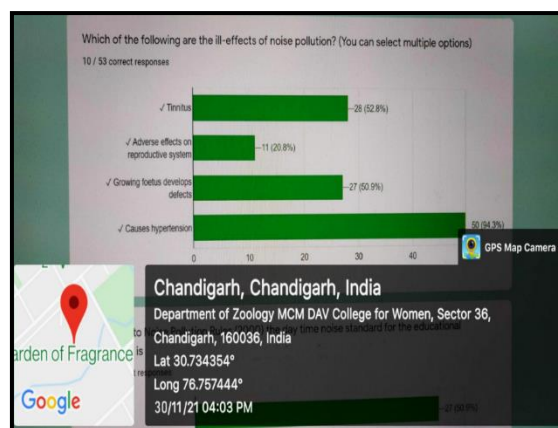
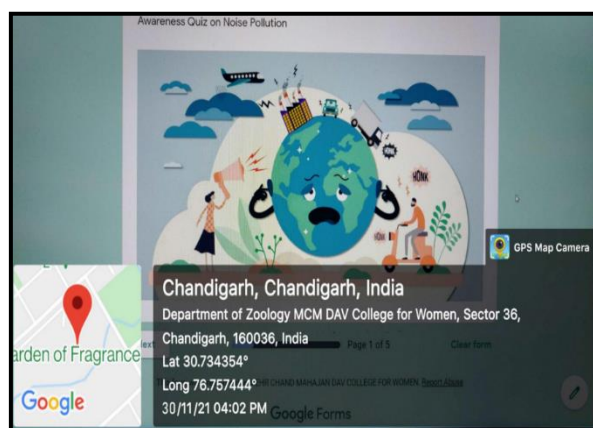
Objectives:

- To generate awareness about noise pollution and the related laws in the country
- To enhance students' awareness on ill-effects of noise pollution on health and environment

The Context: The Department of Zoology in collaboration with MCM Eco-club of the College organized an online quiz on 'Noise pollution' on 30.11.2021. The quiz was organized with an aim to increase students' knowledge about Noise Pollution, its ill-effects, solutions for handling noise pollution in their surroundings, and to generate awareness on various laws regarding permitted noise levels in the country.

The Practice: 53 students from B.Sc. I & II Medical participated enthusiastically in the quiz. Most of the participants were aware about effects of sound pollution on their health and the health of the wildlife. However, only a few students could answer questions regarding the permissible noise limits in residential areas, educational institutions and hospitals. Answers were discussed after the submission of google forms by all the students.

Evidence of Success: The participants understood the harmful effects of noise pollution on humans, animals and the environment.



30. Title of the activity: One day field trip to National Cactus and Succulent Botanical Garden organized by the Department of Botany and Add on course in Floriculture and Landscaping in collaboration with Swachhta Committee

Date: 30 November, 2021

Number of participants: 20 students and 2 faculty members

Objective: The main objective of the trip was to give students an exposure to the unique plant collections and their varieties. It is an enriching experience to get a close-up look at several interesting plant species that may not be so commonly available. Botanical gardens also work hard to instil an appreciation for the role's plants play in supporting Earth's ecosystem and quality of human life. Finally, one of the most important objectives of the visit was to make the students feel connected to nature in order to create organic curiosity in them to want to learn about it. The visit was a good getaway for the students to escape the monotony of everyday life by spending time in the lap of nature. The visit aimed to spark an interest for knowledge of flora within students and bring solace to their souls.

The Context: Botanical Gardens devote their resources to the study and conservation of plants, as well as making the world's plant species known to the public. These gardens also serve an aesthetic purpose; help reduce pollution and help in maintenance of the ecosystem by conservation of endangered plant species. Such gardens seem to be an easy concept but it is essential to have practical knowledge for their construction and maintenance.

The Practice: The one-day field trip to the National Cactus and Succulent Botanical Garden, Sector-5, Panchkula was attended by 20 students of Botany and Add on



course in Floriculture and Landscaping along with two faculty members, Dr Gunjan Sud and Ms. Kajal Loria. The trip provided an opportunity to the students to learn about a wide variety of succulent plants for their research, conservation, display and education.

The students engaged with the plants and surroundings and felt connected to the

**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
(QUARTER IV: OCTOBER – DECEMBER 2021)**

environment. Greenhouses were maintained for the cultivation of rare and uncommon plants. The living plant material and preserved specimens which are needed for study and research were kept in collection. The students learnt about local flora as well as a collection of monographic works in the botanical garden. They thoroughly enjoyed the field trip and were very enthusiastic to share their opinions and information on plants and their benefits.

The students also observed numerous species of cacti, succulents and bonsai plants and their living conditions. They were taught about the importance, use and aesthetic purposes of these plants. The students took all the COVID-19 precautions on the visit.



Evidence: The students gained a lot of information about the cacti and succulent species that do not grow in the college premises. Such experiences encourage the students to learn beyond what is readily available to them and explore more.

31. Title of the activity: **One day field trip to Nursery organized by the Department of Botany and Add on course in Floriculture and Landscaping in collaboration with Swachhta Committee**

Date: 02 December 2021

Number of participants: 21 students and 2 faculty members

Objective: The main objective of the trip was to make the students aware of practical application of the various propagation techniques such as grafting, budding, cutting and layering. The trip also aimed to encourage the students to practice these techniques at home to grow multiple plants through vegetative propagation. Furthermore, the visit aimed to create awareness amongst the students who aspire to apply in the floral industry or want to work as Florists in future as this field has promising future prospects.

The Context: With the ever-growing demand for plants, the nursery business over time has established itself as a profitable venture. Competition does exist however, the focus should be on quality and care in order to succeed in this field.

The Practice: The field trip was attended by 21 students of Botany and Add on course



in Floriculture and Landscaping along with two faculty members, Dr Gunjan Sud and Ms. Kajal Loria. The students were introduced to young seedlings, indoor, outdoor and all types of ornamental plants and their importance in our lives. They were also initiated into various techniques used

for plant propagation on a large scale for commercial purposes. They also learnt about providing appropriate artificial living conditions for cultivation of off-season variety plants along with their protection and final plantation in bags and pots for sale. They thoroughly enjoyed the field trip and shared their knowledge with the others. The students



also engaged in learning about various physical, physiological and topographical factors required for the establishment of nurseries like site selection, suitable soil medium, choice of plant material and favourable climatic conditions for the growth of the plants. The students ensured to take all the COVID-19 precautions on the visit.

Evidence of Success: The students gained first-hand experience about the basics of nursery establishment besides gaining knowledge about the numerous varieties of plant species suitable to the area growing there under the normal and green house conditions.

32. Title of the activity: Just A Minute Idea Competition on the Theme 'STUBBLE BURNING' to mark the celebration of National Pollution Control Day organized by Institution's Innovation Council 4.0 in collaboration with Department of Environment Science

Activity coordinator: Dr Shafila

Date: 08 December 2021

Number of participants: 23

Objectives:

- To spread awareness about the hazards of stubble burning
- To promote green alternatives of stubble burning.

**REPORT ON INITIATIVES TAKEN UNDER SWACHH BHARAT ABHIYAN
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The Context: Stubble burning is detrimental to the environment as the smoke released from burning pollutes the air, which eventually affects wildlife and human health. Apart from air pollution, this practice also adversely affects the health of the soil including its fertility, chemical and biological properties. Therefore, it is imperative to make people aware, especially the farmers, about the hazards of stubble burning in order to stop this menace.

The Practice: Institution's Innovation Council 4.0 in collaboration with the Department of Environment Science of the college organized *Just a Minute Idea competition* on the theme 'Stubble Burning' to mark the celebration of National Pollution Control Day. 23 students came up with innovative ideas to control the menace of stubble burning. Participants proposed that instead of burning the crop residue, it may be used for compost making, roofing rural areas, as a fuel for energy, packaging of fragile material like glass and crockery, making biodegradable cutlery, paper and cardboard and so on. They also discussed Turbo Happy Seeder, a tractor-operated machine developed by the Punjab Agricultural University, Ludhiana in collaboration with Australian Centre for International Agricultural Research (ACIAR) for in-situ management of stubble.

Evidence of Success: Students enthusiastically shared their innovative ideas for the control of stubble burning and proposed alternatives to the same via their video messages.

RESULT			
PRIZE	NAME OF THE PARTICIPANT	CLASS	VIDEO MESSAGE
FIRST	MUSKAAN LAMBA	MA-II ECONOMICS	Link
SECOND	BHAVIKA MEHTA	B.Sc.-II Non- Medical	Link
THIRD	DHANU	B.Com.-II	Link
CONSOLATION	SIMAR	B.A.-I	Link
CONSOLATION	YASHIKA	B.Com.-I	Link

Media Clippings:

MCM holds idea competition on Stubble Burning

The Aman Sandesh Times Network

Chandigarh: The Institution Innovation Council and Department of Environment Science at Mehr Chand Mahajan DAV College for Women, Chandigarh organised Just a Minute Idea Competition on the theme 'Stubble Burning'.

The competition sought to draw attention to the menace of stubble burning and motivate students to come up with innovative ideas to deal with it. The participants shared various ideas for the control of stubble burning like procuring of stubble from farmer for a price to be used as cattle fodder, diverting excess workers to the agricultural fields to weed out the crop residues, converting crop residue into manure by accelerating the decomposition process, compost making from crop residue, using stubble for packaging of fragile material like glass and crockery, making biodegradable cutlery, paper and cardboard, and so on.

Three best entries were awarded cash prizes. Principal Dr. Nisha Bhargava highlighted the importance of this initiative by saying that pollution from stubble burning poses a serious risk to the health and safety of people and asserted that finding practical, effective, and sustainable solutions to curb the practice is critical.

The results of the competition are:
1st: Muskaan Lamba (MA Economics II)
2nd: Bhavika Mehta (BSc II)
3rd: Dhanu (BCom II)
Consolation: Simar (BA I), Yashika (BCom I)

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MCM holds idea competition on Stubble Burning
Chandigarh, 17.12.21-The Institution Innovation Council and Department of Environment Science at Mehr Chand Mahajan DAV College for Women, Chandigarh organised Just a Minute Idea Competition on the theme 'Stubble Burning'.

न्यूज डायरी

एमसीएम में पराली से निपटने के लिए प्रतियोगिता, मुस्कान बनी विजेता

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज में शुक्रवार को पराली से निपटने के विषय पर विचार प्रतियोगिता का आयोजन हुआ। इंस्टीट्यूशनल-इनोवेशन काउंसिल ने पर्यावरण विज्ञान विभाग के साथ मिलकर इस कार्यक्रम का आयोजन किया। इस दौरान प्रतिभागियों ने पराली जलाने के निरंतरण के लिए विभिन्न विचारों को साझा किया। इस दौरान तीन सर्वश्रेष्ठ प्रविष्टियों को नकद पुरस्कार से सम्मानित किया गया है। प्राचार्य डॉ. निशा भार्गव ने प्रतिभागियों की ओर से दिए गए व्यावहारिक समाधानों की सराहना की। प्रतियोगिता में एमए इकोनॉमिक्स द्वितीय वर्ष की मुस्कान लांबा को पहला, बीएससी द्वितीय की भाविका मेहता को दूसरा, बीकॉम द्वितीय वर्ष की धनु को तीसरा और बीए प्रथम वर्ष की सिमर और बीकॉम प्रथम वर्ष की यशिका को सांत्वना पुरस्कार दिया गया। ब्युरो

एमसीएम ने पराली जलाने पर विचार प्रस्तुत करने के लिए प्रतियोगिता का आयोजन किया

विनोद कुमार, मद्रास संवाददाता

चंडीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन, चंडीगढ़ में इंस्टीट्यूशनल इनोवेशन काउंसिल और डिपार्टमेंट ऑफ एनवायरमेंट साइंस ने 'स्टबल बर्निंग' विषय पर जस्ट ए मिनेट आइडिया प्रतियोगिता का आयोजन किया। प्रतियोगिता में पराली जलाने के खतरों की ओर ध्यान आकर्षित करने और खतरों को इससे निपटने के लिए नवीन विचार देने के लिए प्रेरित करने का प्रयास किया गया। प्रतिभागियों ने पराली जलाने के निरंतरण के लिए विभिन्न विचारों को साझा किया जैसे, किसान से पशु चारे के रूप में उपयोग की जाने वाली कीमत में पराली जलाने की खरीद, फसल अवशेषों को निकालने के लिए अतिरिक्त श्रमिकों को कृषि क्षेत्रों की ओर मोड़ना, सड़न को तेज कर फसल अवशेषों को खाद में परिवर्तित करना, फसल अवशेषों से खाद बनाना, कांच और काँकरी जैसी नाजूक सामग्री की पैकेजिंग के लिए उपयोग करना, बायोडिग्रेडेबल कटलरी, कागज और कार्डबोर्ड बनाने में प्रयोग आदि। तीन सर्वश्रेष्ठ प्रविष्टियों को नकद पुरस्कार से सम्मानित किया गया। प्रतियोगिता में मुस्कान लांबा को प्रथम, भाविका मेहता को द्वितीय, धनु को तृतीय और सांत्वना पुरस्कार सिमर और यशिका को प्रदान किया गया। प्राचार्या डॉ. निशा भार्गव ने इस पहल के महत्व पर प्रकाश डालते हुए कहा कि पराली जलाने से होने वाला प्रदूषण लोगों के स्वास्थ्य और सुरक्षा के लिए गंभीर खतरा है। उन्होंने जोर देकर कहा कि इस पर अंकुश लगाने के लिए व्यावहारिक, प्रभावी और स्थायी समाधान ढूँढना आवश्यक है।

MCM holds idea competitor on stubble burning

CHANDIGARH: The Institution Innovation Council and Department of Environment Science at Mehr Chand Mahajan DAV College for Women, Chandigarh organised Just a Minute Idea Competition on the theme 'Stubble Burning'. The competition sought to draw attention to the menace of stubble burning and motivate students to come up with innovative ideas to deal with it. The participants shared various ideas for the control of stubble burning like procuring of stubble from farmer for a price to be used as cattle fodder, diverting excess workers to the agricultural fields to weed out the crop residues, converting crop residue into manure by accelerating the decomposition process, compost making from crop residue, using stubble for packaging of fragile material like glass and crockery, making biodegradable cutlery, paper and cardboard, and so on. Three best entries were awarded cash prizes. Principal Dr. Nisha Bhargava highlighted the importance of this initiative by saying that pollution from stubble burning poses a serious risk to the health and safety of people.

न्यूज ब्रीफ

पराली जलाने पर प्रतियोगिता का आयोजन

चंडीगढ़, 17 दिसम्बर (अहोबा)। सेक्टर-36 स्थित मेहर चंद महाजन डी.ए.वी. कॉलेज फॉर वूमन में इंस्टीट्यूशनल इनोवेशन काउंसिल और डिपार्टमेंट ऑफ एनवायरमेंट साइंस ने स्टबल बर्निंग (पराली जलाना) विषय पर जस्ट ए मिनेट आइडिया प्रतियोगिता का आयोजन किया। प्रतियोगिता में पराली जलाने के खतरों की ओर ध्यान आकर्षित करने और खतरों को निपटने के लिए नवीन विचार देने के लिए प्रेरित करने का प्रयास किया गया। प्रतिभागियों ने पराली जलाने के निरंतरण के लिए विभिन्न विचारों को साझा किया जैसे पशु चारे के रूप में उपयोग की जाने वाली कीमत में पराली की खरीद, फसल अवशेषों को निकालने के लिए अतिरिक्त श्रमिकों को कृषि क्षेत्रों की ओर मोड़ना, सड़न को तेज कर फसल अवशेषों को खाद में परिवर्तित करना, फसल अवशेषों से खाद बनाना, कांच और काँकरी जैसी नाजूक सामग्री की पैकेजिंग के लिए उपयोग करना, बायोडिग्रेडेबल कटलरी, कागज और कार्डबोर्ड बनाने में प्रयोग आदि। तीन सर्वश्रेष्ठ प्रविष्टियों को नकद पुरस्कार से सम्मानित किया गया। प्रतियोगिता में मुस्कान लांबा को प्रथम, भाविका मेहता को द्वितीय, धनु को तृतीय और सांत्वना पुरस्कार सिमर और यशिका को प्रदान किया गया। प्राचार्या डॉ. निशा भार्गव ने इस पहल के महत्व पर प्रकाश डालते हुए कहा कि पराली जलाने से होने वाला प्रदूषण लोगों के स्वास्थ्य और सुरक्षा के लिए गंभीर खतरा है। उन्होंने जोर देकर कहा कि इस पर अंकुश लगाने के लिए व्यावहारिक, प्रभावी और स्थायी समाधान ढूँढना आवश्यक है।

एमसीएम में पराली से निपटने के लिए प्रतियोगिता, मुस्कान बनी विजेता

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज में शुक्रवार को पराली से निपटने के विषय पर विचार प्रतियोगिता का आयोजन हुआ। इंस्टीट्यूशनल-इनोवेशन काउंसिल ने पर्यावरण विज्ञान विभाग के साथ मिलकर इस कार्यक्रम का आयोजन किया। इस दौरान प्रतिभागियों ने पराली जलाने के निरंतरण के लिए विभिन्न विचारों को साझा किया। इस दौरान तीन सर्वश्रेष्ठ प्रविष्टियों को नकद पुरस्कार से सम्मानित किया गया है। प्राचार्य डॉ. निशा भार्गव ने प्रतिभागियों की ओर से दिए गए व्यावहारिक समाधानों की सराहना की। प्रतियोगिता में एमए इकोनॉमिक्स द्वितीय वर्ष की मुस्कान लांबा को पहला, बीएससी द्वितीय की भाविका मेहता को दूसरा, बीकॉम द्वितीय वर्ष की धनु को तीसरा और बीए प्रथम वर्ष की सिमर और बीकॉम प्रथम वर्ष की यशिका को सांत्वना पुरस्कार दिया गया। ब्युरो

Minute Idea Competition on the theme 'Stubble Burning'. The competition sought to draw attention to the menace of stubble burning and motivate students to come up with innovative ideas to deal with it. The participants shared various ideas for the control of stubble burning like procuring of stubble from farmer for a price to be used as cattle fodder, diverting excess workers to the agricultural fields to weed out the crop residues, converting crop residue into manure by accelerating the decomposition process, compost making from crop residue, using stubble for packaging of fragile material like glass and crockery, making biodegradable cutlery, paper and cardboard, and so on. Three best entries were awarded cash prizes. Principal Dr. Nisha Bhargava highlighted the importance of this initiative by saying that pollution from stubble burning poses a serious risk to the health and safety of people. She asserted that finding practical, effective, and sustainable solutions to curb the practice is critical.

The results of the competition are:
1st: Muskaan Lamba (MA Economics II)
2nd: Bhavika Mehta (BSc II)
3rd: Dhanu (BCom II)
Consolation: Simar (BA I), Yashika (BCom I)

33. Title of the activity: **Collage making competition on the theme 'SAVE ENERGY, SAVE FUTURE' To Celebrate World Energy Conservation Day organized by Innovation Council 4.0 in collaboration with Renewable Energy committee and Department of Physics**

Activity coordinator: Dr Pallavi Gupta

Date: 14 December 2021

Number of participants: 35 students

Objectives:

- To spread awareness about the importance of energy efficiency and conservation.
- To encourage students to come up with their innovative ideas in terms of energy efficiency and its conservation.

The Context: Energy conservation is an effort made to reduce the consumption of energy by using less of an energy service.

This can be achieved either by using energy more efficiently (using less energy for a constant service) or by reducing the amount of service used (for example, by driving less). Energy can be conserved by reducing wastage and losses, improving efficiency through technological upgrades and improved operation and maintenance.

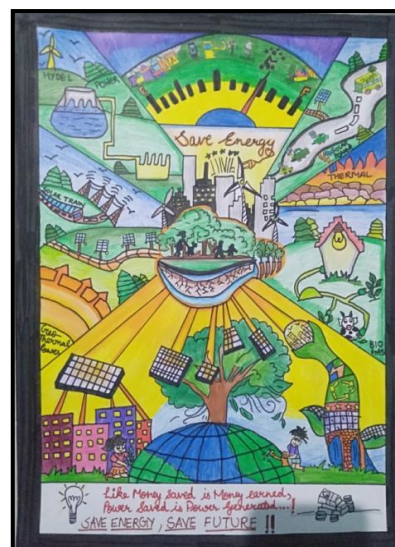


The Practice: A collage making competition was organized for undergraduate students on the theme 'Save Energy, Save Future' by Innovation Council 4.0 in collaboration with Renewable Energy committee and Department of Physics. The participants mentioned several ways for minimizing the use of energy for a better and healthy environment. Students pointed out that using natural light, wind and solar energy, increasing green cover, carpooling, using bicycles for short distance

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commuting, switching off unnecessary electrical appliances, and many more Eco-friendly methods can build a path for a greener Earth.

Evidence of Success: 35 students of B.Sc. Medical, Non-Medical and Computer Science & Applications participated in this competition and shared their innovative ideas for saving energy and protecting the environment for future generations. Garima of B.Sc. III Non-Medical, Umang of B.Sc. III Non-Medical and Shreya of B.Sc. I Non-Medical won first, second and third prizes respectively.



34. Title of the activity: **PowerPoint Presentation on 'Wildlife Conservation' organized by the Department of Zoology in collaboration with MCM Eco-club**

Activity coordinator: Ms. Kadambari Pathania

Date: 15 December 2021

Number of participants: 20 students

Objectives:

- To increase students' awareness on wildlife conservation
- To encourage students to participate in conservation activities

The Context: The Department of Zoology in collaboration with MCM Eco-club organized a PowerPoint presentation on the theme 'Wildlife conservation' on 15.12.2021. The presentation was organized with an aim to enhance students' knowledge about wildlife conservation and to encourage them to actively contribute in local conservation activities.

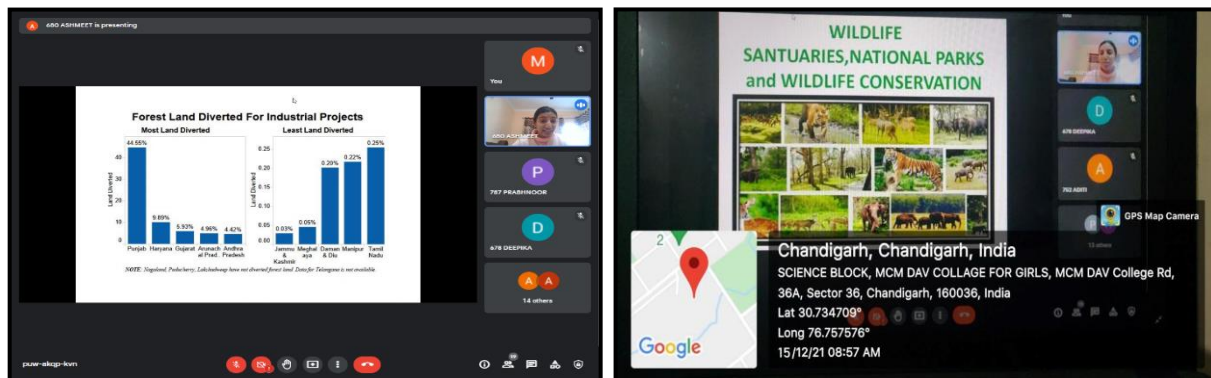
The Practice: Ms Ashmeet Kaur of B.Sc. I Medical delivered a presentation on the topic to 20 peers from her class. She discussed the urgency for wildlife conservation and the need to participate in the same. She introduced to the students



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critically acclaimed short films on wildlife conservation and several national and international wildlife conservation organizations.

Evidence of Success: At the end of the presentation, a student discussion was held on how our youth can take part and contribute to conservation of wildlife by joining local NGOs that work towards the same cause. Ms. Ashmeet recommended books and movies to watch to get an idea of the situation regarding wildlife conservation in our country.



35. Title of the activity: Jingle Competition under Swachh Survekshan 2022 organized by Municipal Corporation, Chandigarh

Date: Entries Submission till 25 December 2021; Award Ceremony held on 29 December 2021.

Number of participants: 2

Objective: To generate awareness regarding waste segregation, disposal of sanitary waste, home composting, 3Rs, different categories of waste, etc.

The Context: Swachh Survekshan is a competitive monitoring framework, under the aegis of Swachh Bharat Mission of Government of India, for accelerating Swachhta outcomes in urban India. To further this cause by inviting novel ideas from the youth,



Chandigarh Municipal Corporation organized a *Jingle Competition*.

The Practice: The Department of Music shortlisted entries for the Jingle Competition that were then sent for the competition. Ms. Ishmeet Kaur of BA II won the first prize in the competition for her jingle that is now being

aired on radio as well. The winners were felicitated during 'Swachh Prerak Samman Samaroh' held at Rani Lakshmi Bai Mahila Bhawan, Sector 38, Chandigarh on 29 December, 2021. Chief Guest Sh. Dharam Pal, IAS, Adviser to Chandigarh Administrator gave away prizes to the winners.

Evidence of Success: First prize won in the competition.

36. Title of the activity: **Movie Competition under Swachh Survekshan 2022 organized by Municipal Corporation, Chandigarh**

Date: Entries Submission till 25 December 2021; Award Ceremony held on 29 December 2021.

Number of participants: 2

Objective: To generate awareness regarding waste segregation, disposal of sanitary waste, home composting, 3Rs, different categories of waste, etc.

The Context: Swachh Survekshan is a competitive monitoring framework, under the aegis of Swachh Bharat Mission of Government of India, for accelerating Swachhta outcomes in urban India. To further this cause by inviting novel ideas from the youth, Chandigarh Municipal Corporation organized a Movie Competition.

The Practice: The Department of Mass Communication shortlisted entries for the Movie Competition that were then sent for the competition. Cdt Aditi of BA II won the second prize in the competition for her video on 3Rs i.e. Reduce, Reuse and Recycle. The winners were felicitated during 'Swachh Prerak Samman Samaroh' held at Rani Lakshmi Bai Mahila Bhawan, Sector 38, Chandigarh on 29 December, 2021. Chief Guest Sh. Dharam Pal, IAS, Adviser to Chandigarh Administrator gave away prizes to the winners.



37. Title of the activity: Street Play Competition Under Swachh Sarvekshan-2022

Date: 27 December 2021

Venue: Auditorium Rani Lakshmi Bai Mahila Bhawan (Sector- 38, Chandigarh)

Number of NSS Volunteers participated: 12

The Context: Swachh Sarvekshan is being undertaken for the period April 2021 to March 2022. Changing its strategy from the past years, Chandigarh Municipal Corporation is now working to improve the city's performance on all the 150-odd parameters in the survey. MC has been organising open competitions under Swachh Sarvekshan such as poster making, street play, short movie making etc.

The Practice: NSS Volunteers of Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh participated in **Open Street Play Competition:** organised by Municipal Corporation, Chandigarh as part of Swachh Sarvekshan – 2022. 12 Volunteers represented the college as a team and performed a **Nukkad Natak** on the topic "**Say No to Plastic and Waste Segregation**". The Natak was of a duration of 7 minutes. There were approximately 50 teams participating in the competition, hence the competition was held in two slots on the same day. It was an informative and skill-based Competition and the volunteers explored many new strands of creativity.



37. Title of the activity: **Cleaning and Sanitisation of Hostels during the quarter Oct-Dec, 2021**

Dates:

Anti-Malaria spray: 11 October 2021, 02 & 13 November 2021 and 09 December 2021

Cleaning and Dusting: 17 December 2021

Number of Participants: 6 hostel superintendents and the cleaning staff of the hostel.

Objectives:

- To disinfect key areas of washrooms, common rooms, rooms, kitchens and corridors/lawns by getting them treated with **Anti-Malaria spray**.
- To clean up all the corridors, window sills, railings, windows and floors.

The Context: **Anti-Malaria spray drives** were aimed at eradicating any chances of mosquito breeding in the hostel campus.

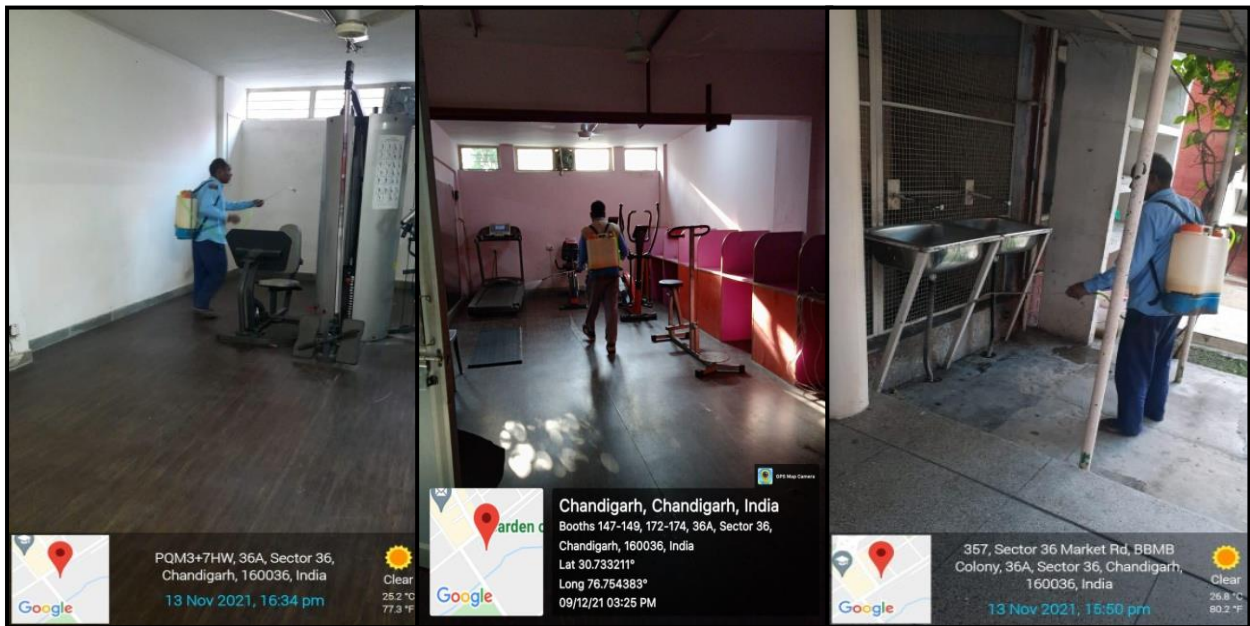
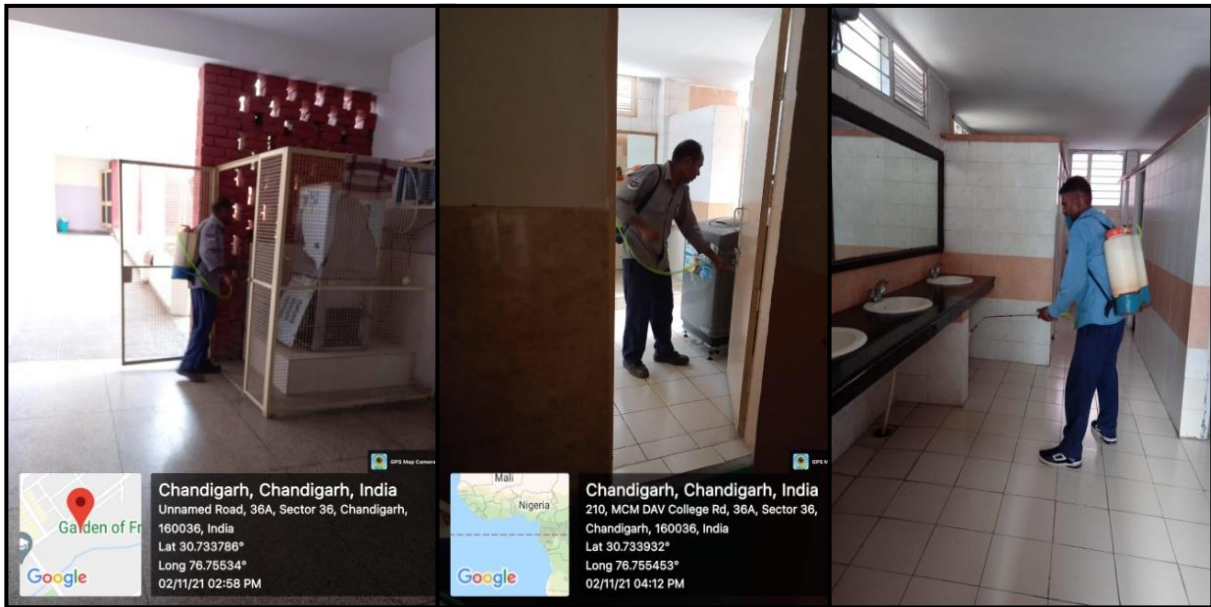
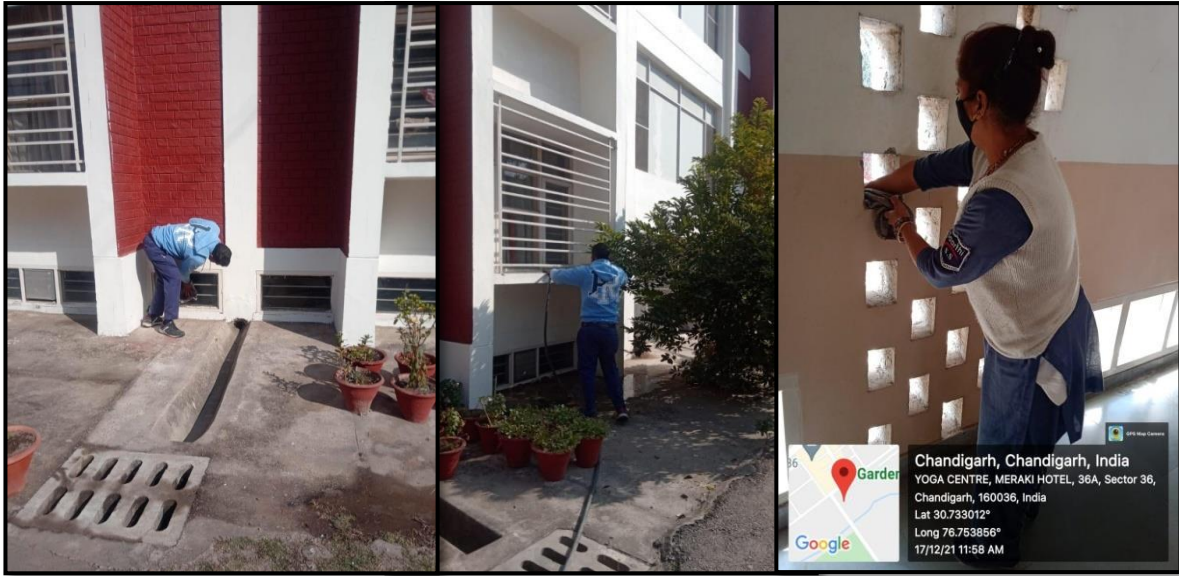
The Practice: Anti –malaria spray, cleaning and dusting of Hostel premises was undertaken. All the hostel blocks were duly disinfected by getting the **Anti-Malaria spray** in the **washrooms, rooms, common rooms, kitchens and corridors** on **11.10.2021, 02.11.2021, 13.11.2021, 9.12.2021**. **Cleaning and dusting of block E & F was also carried out. Block E & F were thoroughly cleaned on 17.12.2021.**

Outcome: The activity minimized the chances of mosquito breeding and the hostels became mosquito-free to a large extent.



**Anti-Malaria
Sprays**

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स्वच्छता ही सेवा है!



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