

Report of Equal Opportunity Cell

(2020-21)



**Mehr Chand Mahajan DAV
College for Women**

Sector-36, Chandigarh

www.mcmdavcwchd.edu.in

Equal Opportunity Cell Report (2020-JUNE 2021)

Activity 1. Poster making to observe “ZERO DISCRIMINATION DAY”

The Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women observed Zero Discrimination Day on 1st March 2020 with the aim of raising awareness about the right of everyone to live a full and productive life and to live it with dignity. As part of the celebration students participated by making the posters to promote inclusion, equality, compassion, peace and, above all, a movement for change. The posters were displayed to sensitize the students to inculcate the sense of equality, love and respect for all in the society. During this event Principal Dr. Nisha Bhargava also urged the students to contribute towards creating a mass movement of solidarity to end all forms of discrimination.



Activity 2: International Day for Persons with Disabilities

To mark the International Day for persons with disabilities on 3rd December 2020 the Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women organised an online event on the theme “Building back better: towards an inclusive, accessible and sustainable post COVID-19 world by, for and with persons with disabilities”. In this event various activities were conducted such as Poster Making, Slogan Writing, Covid-19 Response-Share your story (Audio/ Video/ in Written form. 17 students enthusiastically participated in different categories of the events and shared their ideas through posters, slogan and storytelling activities. The aim of the event was to sensitise the students towards the persons with disabilities and to make them aware how to overcome the challenges of the post COVID-19 situation. The students were also given e-certificates for their active participation in these events. The Principal of the college Dr. Nisha Bhargava constantly appreciated and supported the implementation of this noble idea of creating awareness among the students for physically disabled and how to again rise with strength in post covid situation.



Activity 3:

Name of the event: National Youth Day celebrated at MCM

Celebrating National Youth Day on 12th January to mark birth anniversary of Swami Vivekananda ji, the Equal Opportunity Cell (EOC) of Mehr Chand Mahajan DAV College for Women organised an online motivational discourse on the topic 'Inspired Living for True Success'. Mr. Vivek Atray, ex IAS, Author Motivational Speaker and Chairman, Chandigarh Chapter of Public Relations Council of India was the resource person for this enlightening discourse. An overwhelming participation of over 500 students made the discourse highly successful that was also broadcast live on YouTube channel of the college.

In her inaugural address, Principal Dr. Nisha Bhargava paid rich tributes to Swami Vivekananda by highlighting his contribution in spreading the message of the life transforming Vedanta philosophy and universal brotherhood, and added that being a pioneer in promoting socialism in India, the visionary Swamiji asserted to develop our own model of development based on self-reliance. Expressing hope that this initiative will give a big push to the character building endeavours of the college, Dr. Bhargava added that the youth have a lot to emulate from the life of this illustrious son of mother India. Beginning his discourse by calling upon the audience to reinspire and reignite ourselves on such important commemorations, Mr. Vivek urged them to take inspiration from Swamiji's famous words- 'Arise, Awake and Stop not until the goal is achieved.' On the mantra of remaining inspired throughout one's life, Mr. Vivek said that reading extensively keeps one inspired from within. From mindfulness to meditation, faith in one's own self, emotional intelligence, self-development, strong willpower, positivity, resilience and resolve, the speaker shed light on various important facets that can be instrumental in living an inspired life and achieving success. The inquisitive young minds put forth their queries that were suitably addressed by the expert at the end of the discourse.

एमसीएम में राष्ट्रीय युवा दिवस का आयोजन

चंडीगढ़, 12 जनवरी (जनसत्ता)।

स्वामी विवेकानंद की जयंती को राष्ट्रीय युवा दिवस के रूप में मनाते हुए, मेहर चंद महाजन डीएवी कॉलेज फॉर वीमेन के समान अवसर सेल ने 'इंस्पिरिंग लिविंग फॉर सक्सेस' विषय पर एक ऑनलाइन प्रेरक व्याख्यान का आयोजन किया। पूर्व आईएस विवेक अत्रे इस अवसर पर बतौर विशिष्ट अतिथि थे। कार्यक्रम में 500 से अधिक छात्राओं ने हिस्सा लिया। इस ऑनलाइन व्याख्यान को कॉलेज के यूट्यूब चैनल पर लाइव प्रसारित किया गया।

इस दौरान प्रिंसिपल डा. निशा भार्गव ने स्वामी विवेकानंद के वेदांत दर्शन और सार्वभौमिक भाईचारे में योगदान को बताते हुए उन्हें श्रद्धांजलि अर्पित की। उन्होंने कहा कि इस तरह के कार्यक्रमों से कॉलेज के चरित्र निर्माण के प्रयासों में नवीन ऊर्जा का संचार होगा। उन्होंने युवाओं से विवेकानंदजी के जीवन का अनुकरण करने का आह्वान किया।

एमसीएम डीएवी कॉलेज में राष्ट्रीय युवा दिवस मनाया

चंडीगढ़। स्वामी विवेकानंद जी की जयंती को राष्ट्रीय युवा दिवस के रूप में मनाते हुए, मेहर चंद महाजन डीएवी कॉलेज फॉर वीमेन के इक्वल ऑपचुनिटी सेल ने 'इंस्पिरिंग लिविंग फॉर सक्सेस' विषय पर एक ऑनलाइन प्रेरक व्याख्यान का आयोजन किया। विवेक अत्रे, पूर्व आईएस, लेखक एवं पब्लिक



रिलेशंस कार्डसिल ऑफ इंडिया के चंडीगढ़ चैप्टर के अध्यक्ष इस अवसर पर बतौर विशिष्ट अतिथि उपस्थित थे। 500 से अधिक छात्राओं ने इस आयोजन में बढ़-चढ़ कर उत्साहपूर्वक भाग लिया। इस ऑनलाइन व्याख्यान को कॉलेज के यूट्यूब चैनल पर लाइव प्रसारित किया गया। अपने उद्घाटन संबोधन में, प्रिंसिपल डॉ. निशा भार्गव ने स्वामी विवेकानंद के वेदांत दर्शन और सार्वभौमिक भाईचारे के योगदान के बारे में बताया। अपने प्रेरक सम्बोधन में श्री विवेक अत्रे ने प्रतिभागियों को स्वामी जी के शब्दों- 'उठो जागो और तब तक नहीं रुके जब तक लक्ष्य पूरा न हो जाए' से प्रेरणा लेने का आग्रह किया। उत्साहपूर्ण एवं प्रेरक जीवन पर बातचीत करते हुए श्री अत्रे ने प्रतिभागियों को स्वयं को भीतर से जागृत करने के लिए दैनिक जीवन में पढ़ने को आवश्यक बताया।

Activity 4: Name of the event: 'Gender Identity and Sexual Orientation',

The Equal Opportunity Cell and HIV/AIDS Awareness Committee at Mehr Chand Mahajan DAV College for Women organised an online awareness programme on 'Gender Identity and Sexual Orientation', dated 4 April 21 as per the instructions of Department of Higher Education, Chandigarh. The objective of the programme was to educate the students about the concept of gender identity and to motivate them to work towards a more inclusive society with acceptance for all irrespective of sexual orientation. Over 700 students and faculty members participated in the programme, making it a huge success.

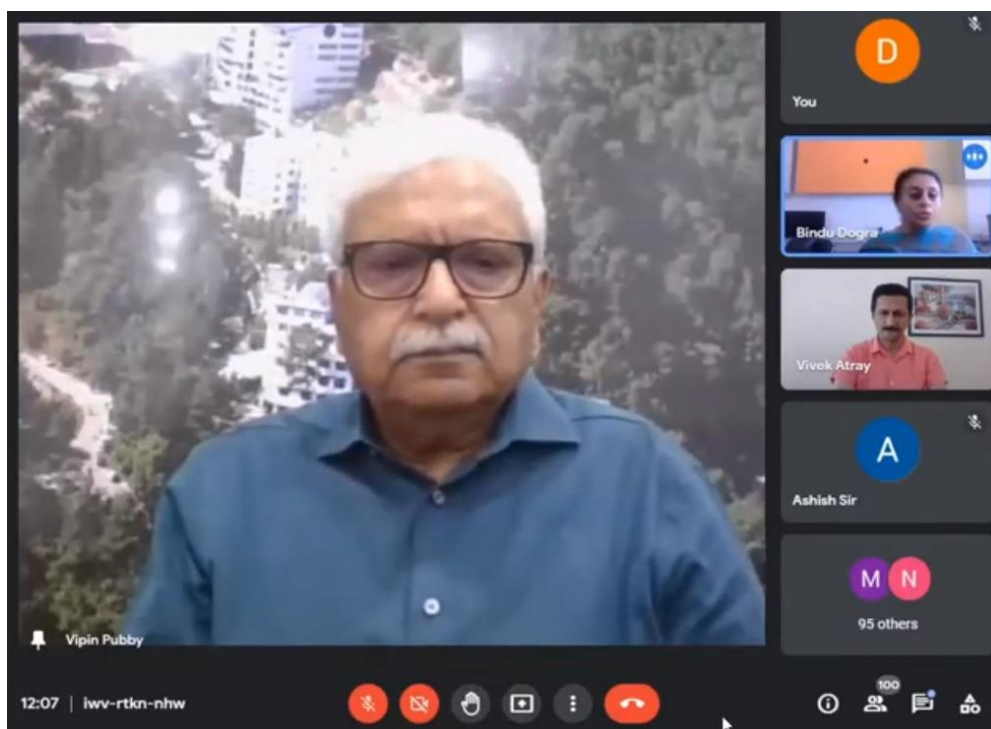
The resource person for the programme was Ms. Amrita Sarkar, Advisor (Transgender Wellbeing and Advocacy), India HIV/AIDS Alliance. Ms. Sarkar talked about the need to not only generate awareness in the society regarding gender identity but also create a society which accepts and embraces diversity. Recollecting her own life experiences as a transgender, Ms. Sarkar apprised the participants about the discrimination faced by people with alternative gender identities. She applauded the steps of the Government of India in the direction of ensuring equal rights for all types of gender identities and also reiterated that much needs to be done yet. She expressed hope that people would become more aware of the related issues and work together towards a truly inclusive society where people will not judge one another on the basis of his or her sexual orientation. At the end of the session, students came up with various questions and the resource person answered the questions to the satisfaction of everyone. An overwhelming number of participants gave excellent feedback of the session and appreciated the resource person's interactive and simple way of putting things across.



Activity 5: Name of the event: Webinar on “Motivating the Motivators”

Equal Opportunity Cell & Foreign Student Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh organized a Webinar on “**Motivating the Motivators**” dated 25 June 21 in association with SUVICHAR forum of Thought Leaders. The Resource Person: Mr. Vivek Atray, ex IAS Author & Motivational Speaker Mr. Vipin Pubby ex Resident Editor-Indian Express. There were 100 participants on Google meet and 228 views on YouTube. The objective of the event was to train the young minds so that they can acquire a wide range of abilities and skills with which they are able to make a better living and contribute to the society. Through training thinking, improves which helps in more patience, develops the character as well as enrich them with self-esteem and self-confidence.





Remedial Classes

The EOC organized Remedial Classes for the students in the month of February and June 2021 for 6 days. The students who needed extra attention were identified based on their performance in Mid Term Tests. The classes were conducted for the students of BA, B SC, B COM, BCA and BBA courses to motivate and give additional help to academically weaker students, to help students who were away for participation in other activities and to monitor the effectiveness of remedial class by conducting tests.