

# **Report of Home Science Department (2020-21)**



**Mehr Chand Mahajan DAV  
College for Women**

**Sector-36, Chandigarh**

**[www.mcmdavcwchd.edu.in](http://www.mcmdavcwchd.edu.in)**

## Department Activities report

### Home Science (Jan 2021 - Dec 2021)

#### 11<sup>th</sup> Jan 2021

An Online Demonstration was conducted by the Deptt. in collaboration with Maggi, Nestle. The Resource Person (Ms. Deepali) from the industry demonstrated simple recipes using Nestle Products, 41 Students attended the workshop along with 3 faculty members.

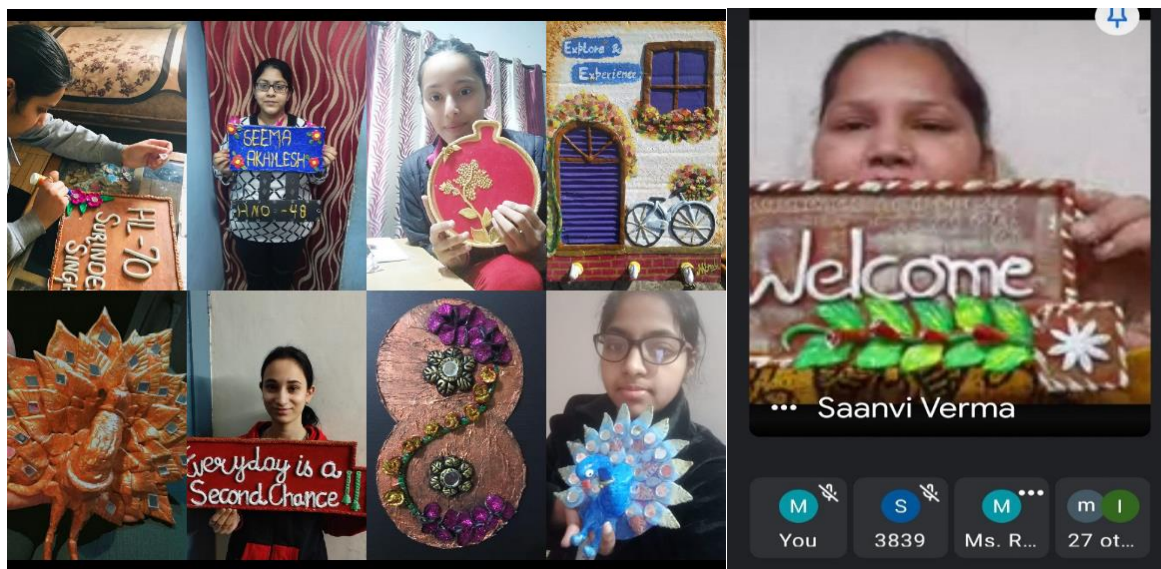
#### 13<sup>th</sup> Jan 2021

To showcase their culinary skills and celebrate the vibrancy and color of the Lohri Festival, a cookery competition using nestle products was organized by the Deptt. in collaboration with Maggi Nestle. 25 students from the department participated by preparing different innovative recipes. All the winning participants were awarded gift hampers by Maggi Nestle.



#### 27 Jan 21- 29 Jan 21

The Department organized 3-day online workshop cum demonstration **कला utsav** from 27.01.21 – 29-01.21 in collaboration with Fevicryl (Pidilite Industries). Ms. Santosh was the resource person. Students learnt and prepared beautiful articles like House name plates, keys stands and wall hangings.



**8<sup>th</sup> & 9<sup>th</sup> Feb 2021**

**An online workshop was held by culinary expert Ms. Sanyogita Gajendra, Faculty, NEISBUD in which 50 students from the department participated. Various bakery products like cake with icing, savory biscuits, donuts and multi grain bread were prepared.**

**18<sup>th</sup> March, 2021**

Ms. Rati, Assistant Professor from the Deptt. Demonstrated different techniques of mask making at NCC Camp held at Mehr Chand Mahajan DAV College for Women, Chandigarh. It was attended by 50 Volunteers & 2 Faculty members.





### 19<sup>th</sup> March, 2021

Dr. Harjot Kaur Mann, Assistant Professor from the department delivered a lecture on “Nutrition & You” at NCC Camp held at Mehr Chand Mahajan DAV College for Women, Chandigarh. It was attended by 50 volunteers & 2 Faculty members.

### 20<sup>th</sup> March,2021

Falak Gupta of BA 2<sup>nd</sup> year participated in National Level slogan writing competition on the theme ‘Keep calm, stay wise, be kind’ organized by Mehr Chand Mahajan DAV College for Women, Chandigarh on 20<sup>th</sup> March, 2021.

### 23<sup>rd</sup> March, 2021

Mehak Abrol from BA2nd year participated in National Level Online e-poster making competition to mark the celebration of Azaadi ka Amrit Mahotsav organized by Mehr Chand Mahajan DAV College for Women on 23<sup>rd</sup> March, 2021.

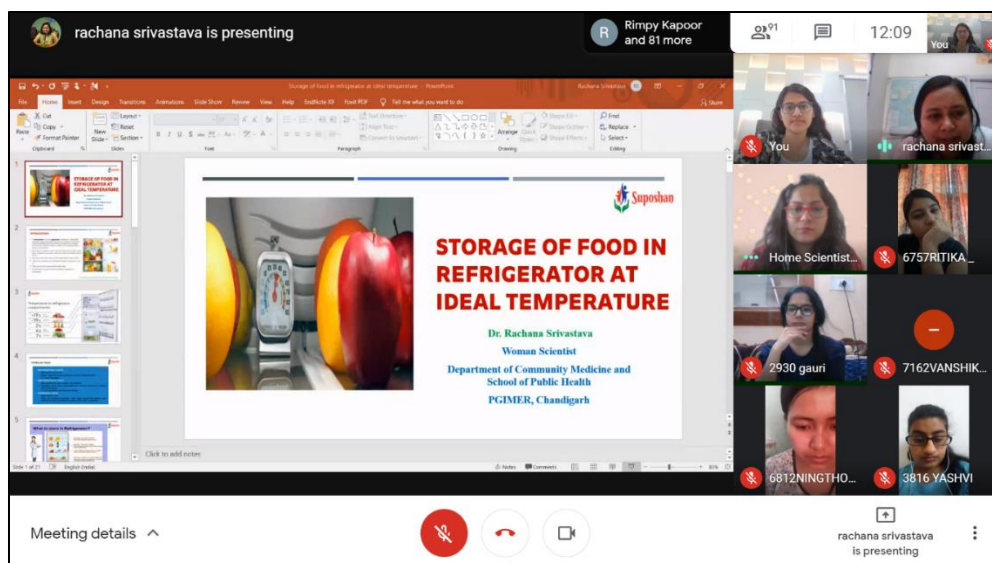
### 25<sup>th</sup> March,2021

Home Science department under the aegis of Swachhta Committee held a National Level **Competition JUST JUTE** in order to nurture the creativity in sustainability. 83 students from all over the country participated in the event and showed their skill by preparing unique Jute articles. The prize winners were awarded cash prizes and E certificates.



### 2<sup>nd</sup> April, 2021

A Webinar was held to sensitize students about the storage of food at an ideal temperature, Dr Rachna Shrivastava, Scientist from department of Community medicine and school of Public Health PGI was the resource person. It was coordinated by Dr. Harjot Kaur Mann from the department. 92 students of under graduate classes along with 5 faculty members participated.

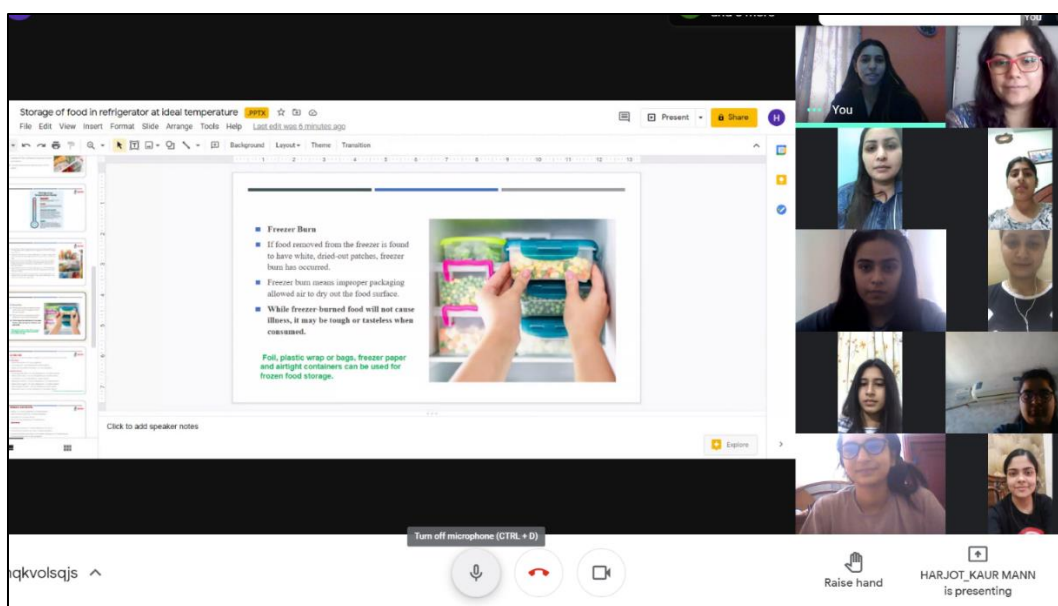


### 11<sup>th</sup> April 2021

Mehak Abrol from BA2nd year participated and won 2<sup>nd</sup> Prize in Video message contest on the theme 'Effect of burning garbage on the environment' organized by Deptt. Of Environment Science in collaboration with MCM Eco-club on 11<sup>th</sup> April 2021.

### 20<sup>th</sup> April, 2021

Another Webinar was held to make students aware about the purchase and storage of perishable food items. The resource person was Dr. Harjot Kaur Mann from the department. 53 students along with 3 faculty members attended the webinar.



8<sup>th</sup> May, 2021

Manshita Goyal of BA 1<sup>st</sup> year participated in 'Be a health manager 2021' workshop from May 8<sup>th</sup> 2021 to May 14<sup>th</sup> 2021 under the aegis of Health Development Committee of the Mehr Chand Mahajan DAV College for Women, Chandigarh.

9<sup>th</sup> May, 2021

Mehak Abrol from BA2<sup>nd</sup> year participated in Greeting card and handmade gift making competition organized by Personality Development Club of Mehr Chand Mahajan DAV College for Women, on 9<sup>th</sup> May, 2021 to celebrate Mother's Day.

31<sup>st</sup> May, 2021

Mehak Abrol from BA2<sup>nd</sup> year participated and won Third Prize in a competition, "Celebrating 75<sup>th</sup> anniversary of freedom of glorious India-come let's celebrate it in 6 yards of grace" organized by UIFT&VD Panjab University, Chandigarh on 31<sup>st</sup> May, 2021.



5<sup>th</sup> June, 2021

Shavya Jindal of BA 3<sup>rd</sup> Year participated and won 3<sup>rd</sup> Prize in online competition of Best out of waste organized by Kanya Maha Vidyalaya, Jalandhar on 5<sup>th</sup> June, 2021.

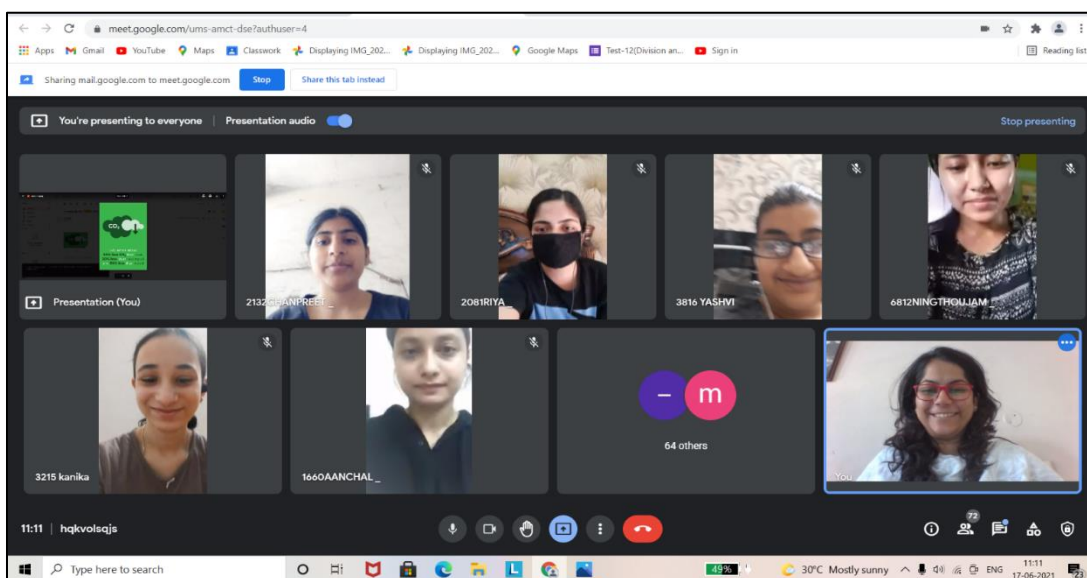
Falak Gupta from BA 2<sup>nd</sup> year participated and won Consolation Prize in a competition on the occasion of World Environment Day held on 5<sup>th</sup> June, 2021 organized by character building committee and landscaping committee of the Mehr Chand Mahajan DAV College for Women, Chandigarh.

## 9<sup>th</sup> June, 2021

15 students and a faculty member from the Deptt. Ms. Rati Arora attended International Webinar on the theme, 'Design: from Couture to High Street' organized by office of Dean, International student, Punjab University in collaboration with UIFT&VD, Panjab University Chandigarh.

## 10<sup>th</sup> June, 2021

Dr. Harjot Kaur Mann from the department was the resource person in a webinar attended by 76 students from Home Science department. The topic was 'Cooking with fuel efficient appliances and use of ISI marked LPG STOVE for higher efficiency.



## 12<sup>th</sup> August, 21

Manshita Goel of BA II won Third prize in Slogan writing competition organized by University Institute of Fashion Technology & Vocational Development, Punjab University.

## 15<sup>th</sup> August,2021

Manshita Goyal of BA 1<sup>st</sup> year participated and secured 2<sup>nd</sup> Position in an online competition of T-Shirt painting organized by Guru Nanak National College for Women, Nakodar on 15<sup>th</sup> August, 2021.

Manshita Goyal of BA 1<sup>st</sup> year participated and secured Consolation Position in an online competition of Making the carry bag (without use of plastic) organized by Guru Nanak National College for Women, Nakodar on 15<sup>th</sup> August, 2021.

Mehak Abrol from BA2nd year participated in an online Best out of waste material competition organized by Guru Nanak National College for Women Nakodar on the eve of 75<sup>th</sup> years of Independence on 15<sup>th</sup> August,2021.



## 17<sup>th</sup> August, 21

Two students from Dept. participated in various competition organized by Guru Nanak National College for Women, Nakodar On the occasion of 75<sup>th</sup> Independence Day and won following prizes-

1. Kirti Anand – 1<sup>st</sup> Prize- Best Out of Waste  
Kirti Anand – 2<sup>nd</sup> Prize – carry Bag Making
2. Manshita Goyal- 2<sup>nd</sup> – T- shirt Painting  
Manshita Goyal- Consolation in Carry Bag Making

## 1<sup>st</sup> Oct 2021

An exhibition was held in Sector -17, Plaza. This was organized by Municipal Corporation of Chandigarh. The Theme of the exhibition was “Waste to Art”. A good show was displayed wherein dry arrangement from waste leaves, twigs etc. were made, khidido from left over pieces of fabric, Ennu, Guddi Patola etc. which were heritage items. The aim was to make people aware of our heritage.



## 2<sup>nd</sup> October, 2021

Mehak Abrol from BA2nd year participated and won Third Prize in an online competition on Making Bird Feeders with unused material at house to celebrate National Wildlife Week organized by Mehr Chand Mahajan DAV College for Women on 2<sup>nd</sup>-8<sup>th</sup> October, 2021.

Rishita from BA 1<sup>st</sup> year participated in an online competition on Making Bird Feeders with unused material at house to celebrate National Wildlife Week organized by Mehr Chand Mahajan DAV College for Women on 2<sup>nd</sup> - 8<sup>th</sup> October, 2021.





### 6<sup>th</sup> Oct 2021

The Deptt. in Collaboration with women development cell & under the aegis of Deptt. Of youth welfare, Punjab University organized National Level Inter College Competition on the occasion Rashtriya Poshan Maah- 2021. The events taken were- E- Rangoli & E- Poster.12 entries were received in Rangoli and 60 in poster making. Entries were received from (places) like Hoshiarpur, Dasuya, Abohar, Karnal, Bhiwani, Jalandhar, Moga, Faridkot, Khanna, Mukerian, Goa & Tricity. The prize winners were awarded with cash prizes and E -certificates.

### 22<sup>nd</sup> -24<sup>th</sup> October

Punjab University Youth Festival was held on 22<sup>nd</sup> Oct, 2021 wherein our students participated in Chikkoo making, Naala making, guddian patole, Khido, Paranda, Eenu and Peerhi making. On 24<sup>th</sup>, one student participated in Rangoli competition. Our student, Mehakpreet of BA II year won second prize in Paranda making and Preet Simran of BA II won second prize in Eenu Making. Ruchi Garg of MA I won 3<sup>rd</sup> Prize in Peerhi Making.



**2<sup>nd</sup> December,2021**

Mehak Abrol from BA 1<sup>st</sup> year participated and won Consolation Prize in National Level online competition Just Jute organized to nurture creativity in sustainability by Dept. of Home Science under the aegis of Swachhta Committee, Mehr Chand Mahajan DAV College for Women on 02<sup>nd</sup> December 2021.