





Mehr Chand Mahajan DAV College for Women, Chandigarh

in collaboration with

Olitia Foods Pvt. Ltd., Jaipur

presents

NOVEL FOOD PRODUCT DEVELOPMENT COMPETITION

iiii May 14, 2022

(10:00 AM onwards

Convener

Dr. Nisha Bhargava

Principal

Mehr Chand Mahajn DAV College for Women, Chandigarh

Co-ordinator

Dr. Geeta Mehra

Head, Department of Food Science Mehr Chand Mahajan DAV College for Women, Chandigarh Sh. Dharampal Garhwal

Director, Olitia Foods Pvt. Ltd., Jaipur

Dr. Sarika Sawhney

Director, Olitia Foods Pvt. Ltd., Jaipur

Acknowledgement

I take upon this opportunity to thank Dr. Nisha Bhargava, Principal, Mehr Chand Mahajan DAV College for Women, Chandigarh for always supporting us and giving a go-ahead to the Novel Food Product Development Competition. I thank Dr. A.K. Singh, Principal Scientist, NDRI, Karnal, for his esteemed presence and precise evaluation during the competition.

I extend my sincere gratitude towards Dr. Sarika Sawhney and Sh. Dharampal Garhwal, Director, Olitia Foods Pvt. Ltd., Jaipur, Rajasthan, for having faith in me and giving me an opportunity to conduct and manage the event, MCMxOlitia. I am grateful to them for allowing me to represent Olitia Foods at Eat Right Mela, Chandigarh.

I am more than honoured to thank Dr. Geeta Mehra, HoD, Department of Food Science, Mehr Chand Mahajan DAV College for Women, Chandigarh for her guidance and coordinating this event. This event would not have been possible without her vision to look beyond the obvious. I am thankful to Dr. Gurpreet Kaur and Dr. Deepika Malik for their help; Mr. Sanjay and Mr. Sunil, Lab attendant for their assistance throughout. I thank staff members who directly or indirectly contributed in the event.

Last but not the least, I would like to thank all the students of Department of Food Science for their enthusiastic participation. Their creativity and novel thinking made this collaboration a success in a true sense.

In the end, I thank Almighty for bestowing his blessings upon us.

Takshu Jagga

2022 MCMxOlitia





Proposal from Olitia



Olitia The Olive Tea 23 Apr



To: Dr. Geeta Mehra, Head, Department of Food Science, Mehr Chand Mahajan DAV College for Women, Chandigarh

Dear Ma'am

We plan to collaborate with Department of Food Science to organise an Innovative Food product development competition for the students of your prestigious institution. Following products from Olitia food products will be provided by us and students have to incorporate any of these in their recipies

- Amlaan Gulkand
- 2. Amlaan Thandai
- 3. Chole Masala
- 4. Nimbu ka achar
- 5. Olive tea (Holy basil, mint, lemongrass, classic)
- Amlaan organic honey
- 7. Amlaan Jamun Ark
- 8. Paan sharbat

In addition to that students shall share the recipe, create a video while preparing the novel food product and share a picture of the finished product.

A small tasting activity will be done in college premises for sampling our food products.

We will be happy to gift Olitia Care hampers to the winners. Event highlights mentioning your eminent college, will be shared on our Instagram and Facebook handles.

Such event will not only be educative but participate also. It will bring out students' talent in a true sense.

Thanking you.

Yours Sincerely

Sarika





Brochure







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Instructions

- 1. Prepare a Novel Food Product by Incorporating Olitia Food product as one of the ingredients.
- 2. Create a food reel (15-60 sec) showing all the steps.
- 3. Team size: 1-2
- 4. Only one form should be submitted per tearn

Darks

- Winners will get an Olitia care gift hamper.
- E-certificates will be provided to all participants.

Olitia products

- 1. Amlaan Gulkand
- 2. Amlaan Thandai
- 3. Chole Masala
- 4. Nimbu ka achar
- 5. Olive tea variants:
- Classic
- Mint
- Lemongrass
- Holy Basil
- 6. Amlaan organic honey
- 7. Elaichi Sharbat
- 8. Paan Sharbat

Register at https://forms.gle/DEG7Y6zoyDUbrTk1A

Last date to register: May 10, 2022

Convener

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Principal

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Dr. Geeta Mehra

Head, Department of Food Science Mehr Chand Mahajan DAV College for Women, Chandigarh

Sh. Dharampal Garhwal

Director, Olitia Foods Pvt. Ltd., Jaipur

Dr. Sarika Sawhney

Director, Olitia Foods Pvt. Ltd., Jaipur

Delivered products



10 samples per product74 samples in total

Participant details

Excel sheet link

MCMx0litia









Thandai fruit chaat Tanupreet Kaur Product used: Amlaan Thandai



Gulkand paan shots
Shreya and Yogita
Product used: Amlaan Gulkand
Paan sharbat



Watermelon Gulkand cupcake Gurpriya Kaur Product used: Amlaan Gulkand



Gulkand oats payasam Kanika Miglani & Harleen Product used: Amlaan Gulkand



Sharbat-e-elaichi cake
Prabhjot Kaur & Harmeet Kaur
Product used: Amlaan elaichi sharbat



Thandai Shahi Tukda Nidhi & Nikita Product used: Amlaan Thandai



Channa Paneer
Priyanka Sahdev & Arzoo
Product used: Amlaan Channa Masala



Crispy Channa Ritika & Navpreet Product used: Amlaan Channa Masala



Rose kheer Charlie & Chailcy Verma Product used: Amlaan Rose Sharbat



Jampaan (Mango jam)
Pallavi Khanna & Simran Narula
Product used: Amlaan Paan Sharbat



Thandai Gulkand Barfi Rubal & Harsimarat Kaur Product used: Amlaan Gulkand Thandai



Paan Shake Navpreet Kaur Product used: Amlaan Paan Sharbat



Shahi Paan Tukda Gauri & Harshita Product used: Amlaan Paan sharbat



Banana Oats pancakes Sejal Arora & Nadika Saklani Product used: Amlaan honey



Thandai Gond Rabri Aashima Kakkar Product used: Amlaan Thandai



Shahi Puri Shruti Pasricha and Agrima Sohal Product used: Amlaan Thandai



Bhel Doritos Saizel

Product used: Chole Masala



Honey dry fruit bonbons Aditi Yadav Product used: Amlaan honey



Paan sharbat kheer Gurjapleen Kaur Product used: Amlaan Paan sharbat



Olive tea lemongrass spread Name of participants: Olitia product used:



Lemongrass mojito Ishdeep & Parneet Product used: Olitia: Lemongrass olive tea



Sweet & spicy mango jam
Navdeep Kaur & Samreen Kaur
Product used: Amlaan honey
Gulkand





Gulkand Baklava Anushka & Radhika Product used: Amlaan Gulkand



Paanshah Seeya & Deeksha Product used: Amlaan Paan sharbat



Chole Apple Manvi & Kashish Product used: Amlaan chole masala



Honey lemons Sehajpreet Kaur Product used: Amlaan honey

Evaluation by judges

Dr. A.K. Singh, Principal Scientist, NDRI, Karnal

Dr. Geeta Mehra, HoD, Dept. of Food Science, MCM DaV College for Women

Dr. Gurpreet Kaur, Assistant Professor, MCM DAV College for Women

Dr. Deepika Malik, Assistant Professor, MCM DAV College for Women





Winners name

• 1st position: Gurpriya Kaur

• 2nd position: Seeya Arora and Deeksha

• 3rd position: Prabhjot kaur and Harmeet kaur

4th position: Sejal and Nadika

• 5th position: Kanika Miglani and Harleen Kaur





Prize Distribution











Recipes

Click here for Recipe videos



Party time!!



Cake cutting



Tasting session



Happy us!

A surprise gift

Dr. AK Singh, Principal Scientist, National Dairy Research Institute, Karnal, praised students for their out of the box thinking. He offered an Entrepreneurial Internship to participants in NDRI, Karnal



Event Review













Icing on the cake

EAT RIGHT MELA

REGISTRATION



OUR STALL





Icing on the cake

EAT RIGHT MELA

MARKETING IN ACTION



HAPPY CUSTOMERS



Student Feedback

Learnings from Olitia event -:

- we eat with our eyes first, so it has to look great along with taste.
- your food should be convincing, attractive, engaging, fascinating, and alluring.
- participation matters more than winning, I got to learn a lot of things today and seeking more.
- as we are students of food technology while making our products we should also take the prospective of commercialization into our consideration.
- and most important try to learn from every event that's happening.

Navpreet Kaur

BSc MFT 1

Resources were less like some were hostlers still they managed to make there food product and did a great job. Thus in any circumstance we should not find excuses we should find the solution and give our best.

Kanika

BSc MFT 3

Thank you so much for providing this opportunity to us. It was rather challenging at first as the task was to create something novel. Who could have thought that we can make cake from Gulukand or elaichi sharbat.

It was indeed a deliciously enriching process to learn new things

Sneha

BSc MFT1

Student Feedback

Today's event was very fruitful as we have learnt about importance of team work and got a platform to present our ideas.

We have also missed such events being organized in our college and exposure during lockdown. Thus it was a great opportunity to

be part of this event. Thankyou mam for providing us with this opportunity.

Harleen

BSc MFT 3

I feel so lucky to have a teacher like you. Thank you for helping me to express my creative side and come out of my shell. You have given me a confidence that is priceless!

Thankyou so much maam

Rubal

BSc MFT 2

Certificate of participation







Mehr Chand Mahajan DAV College for Women, Chandigarh

in collaboration with

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present

NOVEL FOOD PRODUCT DEVELOPMENT COMPETITION

May 14, 2022

This is certified that Dr./ Mr./Ms. ______ has attended as participant/ volunteer/ resource person the competition and has won ______ prize in the Novel Food product Development competition using Olitia foods product as one of the ingredient.

Sh. Dharampal Garhwal

Olitia Foods Pvt. Ltd., Jaipur, Rajasthan Dr. Sarika Sawhney

Olitia Foods Pvt. Ltd., Jaipur, Rajasthan Dr. Nisha Bhargava

Principal Mehr Chand Mahajan DAV College for Women, Sector 36A, Chandigarh Dr. Geeta Mehra

Head, Department of Food Science, Mehr Chand Mahajan DAV College for Women, Sector 36A, Chandigarh

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The inspiration







Report edited by Dr. Geeta Mehra



Dr. Geeta Mehra



@drgeetamehra



Report prepared by Ms. Takshu Jagga



Takshu Jagga



<u>@takshu_jagga</u>

LEADERSHIP IS 'EMPOWERING PEOPLE'