



# Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh (U.T.)

Institutional Distinctiveness

# Our Beacon of Light



MAHARISHI SWAMI DAYANAND SARASWATI



## Principles of Arya Samaj

- God is the efficient cause of all true knowledge and all that is known through knowledge.
- God is existent, intelligent and blissful. He is formless, omniscient, just, merciful, unborn, endless, unchangeable, beginning-less, unequalled, the support of all, the master of all, omnipresent, immanent, un-aging, immortal, fearless, eternal and holy, and the maker of all. He alone is worthy of being worshiped.
- The Vedas are the scriptures of all true knowledge. It is the paramount duty of all Aryas to read them, teach them, recite them and to hear them being read.
- One should always be ready to accept truth and to renounce untruth.
- All acts should be performed in accordance with Dharma that is, after deliberating what is right and wrong.
- The prime object of the Arya Samaj is to do good to the world, that is, to promote physical, spiritual and social good of everyone.
- Our conduct towards all should be guided by love, righteousness and justice.
- We should dispel Avidya (ignorance) and promote Vidya (knowledge).
- No one should be content with promoting his/her good only; on the contrary, one should look for his/her good in promoting the good of all.
- One should regard oneself under restriction to follow the rules of society calculated to promote the well being of all, while in following the rules of individual welfare all should be free.

7.3.1. Portray the performance of the Institution in one area distinctive to its priority and thrust.



### 7.3. Institutional Distinctiveness



**Rooted in Anglo-Vedic traditions**, our institution takes pride in moulding the character of students to reinforce strong values in them so that they can contribute to strengthening the social fabric and upholding national pride in a digitally-driven world. Knowledge intertwined with technical skills and human values can ensure holistic well-being in the contemporary society which faces challenges of



disintegration due to narrow-mindedness and class-conflicts. The only way society can march ahead on road to phenomenal growth is by going back to the ancient culture as it has been envisioned in the New Education Policy 2020. True to this mission and vision, we strive to organise

programmes to facilitate life-skills among the stakeholders. **Promotion of Vedic values** lies at the core of our vision. Vedic Scriptures, as vast reservoir of ethical principles, are the guiding pillars for leading a socially meaningful and enriching life. **Our Arya Samaj Committee** remains steadfast in its commitment to create a holistic space for the students so as to inculcate these age-old values in them through various platforms.

### 7.3. Institutional Distinctiveness



The objectives of the institution include fostering a global perspective among the students, learning about our rich heritage, critically analysing and applying the accumulated knowledge to day-to-day life, helping our stakeholders become invaluable team members, creating awareness about our duties and constitutional values, appreciating diversity of our culture and upholding the national unity and sovereignty.

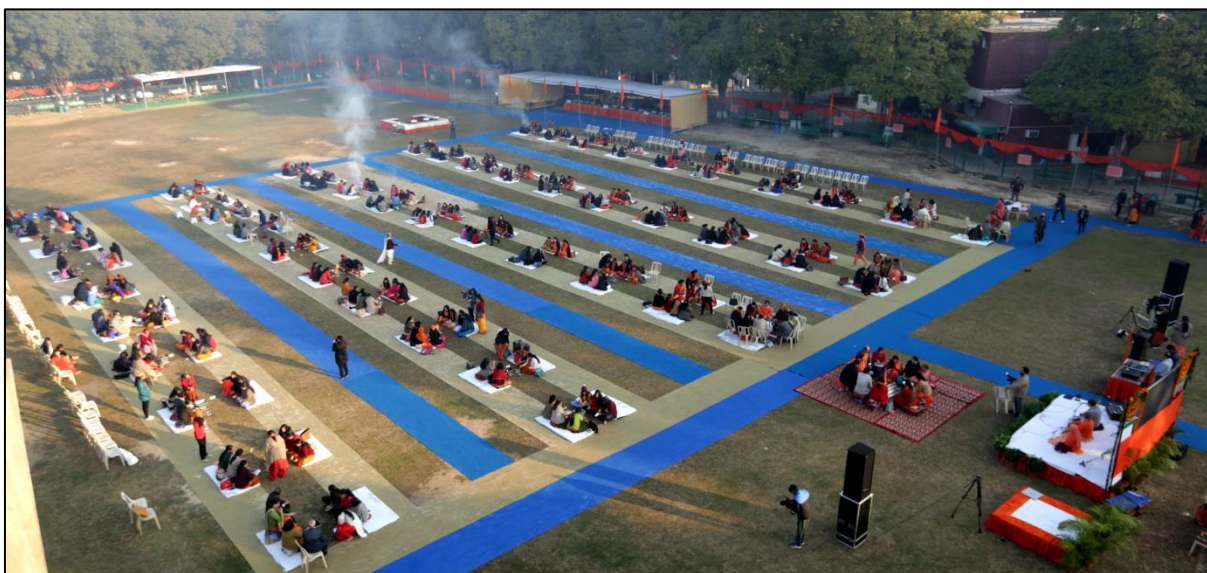
**Havan** as an age-old ritual to purify the environment to nurture an overall sense of well-being is a distinctive feature of our institution. The committee organises Havan and spiritual discourses in the College to generate sensitivity among the stakeholders towards the ever-nourishing values of universal brotherhood, women empowerment, personal hygiene and environmental consciousness. A calm and quiet area, Rishi Vatika, has been designed for special Yoga and meditation sessions which are conducted from time to time in the College.

Believing fervently in the significant role played by women in bringing about a qualitative change in the society, The Arya Samaj Committee constituted Arya Yuvti Samaj in 2017 and enrolled 70 students as members to carry forward the legacy of Arya Samaj and to strengthen the core Vedic values. It enshrines the elemental Vedic tenet of Vasudhaiva Kutumbhcam and service for all. Their dedicated and concerted endeavours laid a strong foundation for reinforcing strong ethical values

### 7.3. Institutional Distinctiveness



among students year after year. They perform monthly Havan and participate in other Arya Samaj-centric activities like declamation contests, discourse on the teachings and life of Maharishi Dayanand Saraswati and other renowned visionaries.



In 2018, our Golden Jubilee celebrations commenced with 51-Kundiya Havan on the occasion of Makar Sankranti in which senior members of the DAV Managing Committee along with other dignitaries performed Havan to seek the blessings of the Almighty.

### 7.3. Institutional Distinctiveness

Moreover, a monthly Havan is performed and a special feature of it is to shower blessings on all the staff members and Arya Samaj Student Ambassadors whose birthdays fall in that month. Events such as Declamation Contests are organised on themes reiterating moral and ethical values. Important days like Makar



Sankranti, Guru Purnima and Basant Panchami are celebrated to affirm the significance of our ancient traditions in the contemporary world.

As a unique initiative to reconnect the youth to our vedic roots and familiarize them with the transformative influence of shlokas and mantras, the Skill Development Committee and Sanskrit Department of Mehr Chand Mahajan DAV College for Women organized a workshop titled '**Dhvani- Chanting of Mantras and Shlokas**'. Dr. Shankar ji Jha, Dean University Instructions, PU graced the event as Chief Guest and Mrs. Sudesh Gandhar, Senior Governing Body Member, DAV College Managing Committee was the Special Guest on this occasion.





### 7.3. Institutional Distinctiveness



The college in collaboration with Istri Arya Samaj also runs a Sewing and Stitching Centre at Arya Samaj Mandir, sector-16, Chandigarh with the objective to empower the underprivileged women of society through vocational training. The college aims



to provide services and opportunities to disenfranchised girls, enabling them to grow economically and take the path toward becoming self-sufficient.



The college also lends support to Arya Mahila Shiksha Sansthan by organizing exhibitions from time to time to display the handicrafts and their works of art. The college has extended support to the cause of women and empowerment while aligning with Arya Samaj. They play a pivotal role in augmenting the sense of self-worth in women, enabling them to exercise their choice and

strengthen their sense of being for this is the key to a peaceful and prosperous world.


### 7.3. Institutional Distinctiveness

Every year students of the College also appear in **Naitik /Dharam Shiksha Pratiyogita** conducted by Arya Vidhya Sabha, New Delhi and bring laurels to the institution. These activities help them acquire life skills and a strong value system which helps them grow as better individuals and motivated professionals. Various programmes are conducted to generate awareness about issues like drug-de addiction, mental health, self-esteem and role of youth in reinforcing cultural unity in our country. Equipped with the right life-skills and respect for our rich legacy, students are being groomed to apply the educational values to their day-to-day life, thereby making their academic journey more relevant and meaningful.



COVID-19 saw the Arya Samaj Committee working tirelessly to promote holistic well-being among our students. **Character Building Committee** was formed in October 2020 with a vision to develop unique character-traits in students which align with the dynamic objectives of education rooted in our cultural ethos. It involves engaging the students in learner- centric activities to inculcate the qualities of resilience, interpersonal skills, analytical outlook, spiritual and ethical perspective, effective communication, respect for constitutional values and environmental awareness. Various online activities

were organised even during the lockdown to help the students meet the unforeseen challenges by remaining composed and balanced in trying times.

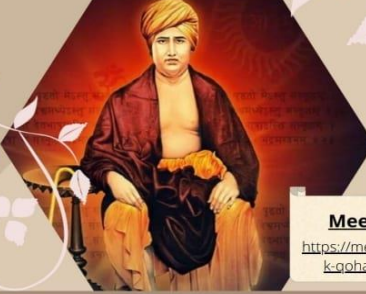


आज की  
अमृत महोत्सव

Mehr Chand Mahajan DAV College for Women,  
Sec - 36A, Chandigarh

Character Building Committee and Arya Samaj Committee jointly organize

**National level competitions in blended mode to commemorate  
" Maharishi Dayanand Jayanti "**



Feb  
26

**Meeting Link -**  
<https://meet.google.com/yhk-qgha-ooq?hs=224>

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**● वैदिक भजन प्रतियोगिता :**

**Instructions -**

- The interested participants are required to register at the given link by 22 February 2022. And, Please select your mode of participation.
- Link to join the program in online mode is given in the brochure.
- Only individual entries are allowed and the participants have to perform live either online/offline mode.

**Results of both the competitions will be declared on 26th February, 2022.**  
The winners will be awarded with certificates and cash prizes (Rs 3000,2000,1000/- respectively) in each category.

**Venue :** Multimedia Hall of the college  
**Time :** 10 AM onwards (26/02/2022)

**● Contribution On Canvas :**

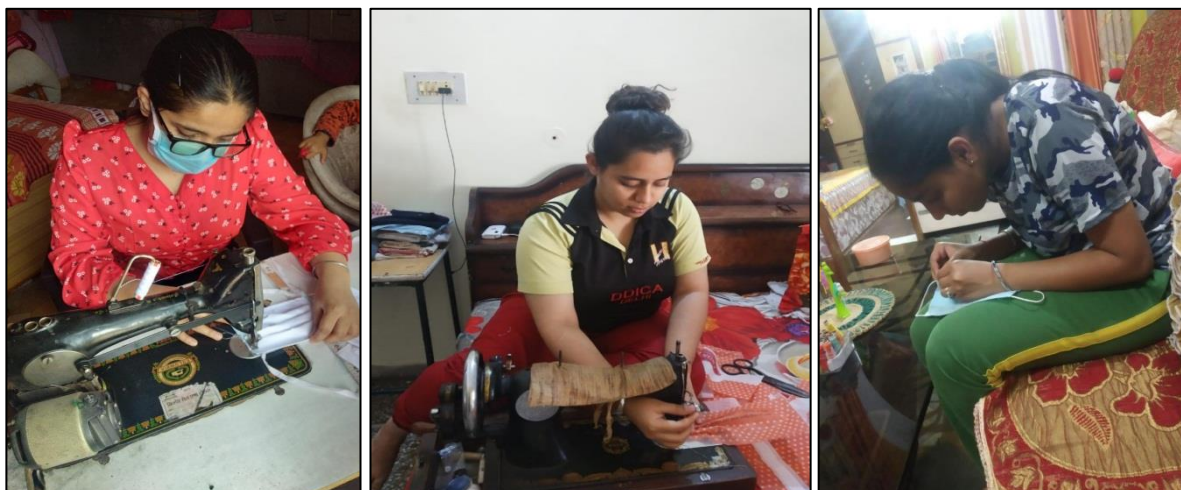
**Instructions -**

- The participants are required to show the teachings /Contribution/ideals of Maharishi Dayanand on Canvas.
- The individual entries have to be uploaded by 22nd February 2022 on the given link.
- \* NOTE - The prize winning entries will be the property of the College.\*

**Registration Link for Vedic Bhajan Pratiyogita-  
<https://forms.gle/usiG7jjgar6WHN887>**  
**Registration Link for Contribution on Canvas-  
<https://forms.gle/neg6fB2XxHmYcW8>**

Student Ambassadors	Coordinators	Convener	Chairperson & Principal
Aditi Joshi (7626962996)	Dr Sonica		
Pranamya (9115965500)	Dr Reetika	Dr Seema Kanwar	Dr Nisha Bhargava
Neeruj Sagwal	Dr Layeka		
Tanya, Khushbu	Dr Minakshi Rana		

### 7.3. Institutional Distinctiveness



Our students engaged themselves in community outreach even during COVID. They made and distributed masks in the city. Awareness campaigns for COVID-Safety were also launched and free ration was distributed among the less privileged by our students. Apart from spreading positivity and cheer in the



neighbouring communities, our committee distributed nearly 500 masks in addition to sanitisers and Immunity kits to the gardeners, sweepers and other needy helpers in the college itself. These philanthropic measures were duly recognised and appreciated through various awards and accolades. Awareness was generated about the use of herbs and medicinal plants in our everyday life.

### 7.3. Institutional Distinctiveness



As Climate Change is the burning issue at the global level, our Arya Samaj Committee strives hard to engage the students in Awareness drives for purifying the environment by planting more trees and creating a harmonious ecosystem for posterity. Online programmes

dedicated to water conservation and Yoga as a way of life were also organized.

A confluence of Anglo Vedic values remain pivotal to the vision of our institution. To realize this objective, our students, participate in programmes like Desh Bhakti Gayan Competition and Vaad Vivaad Competition. In an endeavour to lead by

### एमसीएम में देशभक्ति से ओतप्रोत प्रतियोगिताएं

चंडीगढ़ (हिमप्रभा व्यूरो)। मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन की चारित्र्य निर्माण समिति ने राष्ट्रीय स्तर की देशभक्ति गीत गायन प्रतियोगिता एवं इंडिया कॉलेज देशभक्ति कविता लेखन प्रतियोगिता का आयोजन किया। इन प्रतियोगिताओं का उद्देश्य प्रतिभागियों को अपनी गायन और काल्प प्रतिया का प्रदर्शन करने के लिए एक मंच प्रदान करने के साथ साथ देशभक्ति की भावना को अप्रसर करना था। इन ऑनलाइन प्रतियोगिताओं में 100 से अधिक विद्यार्थियों ने बढ़चढ़ कर हिस्सा लिया। गीत गायन प्रतियोगिता में, प्रतिभागियों को हिंदी, पंजाबी, संस्कृत या उनकी क्षेत्रीय भाषा में अपनी पसंद के

देशभक्ति पर गीत गायन का वीडियो बनाना था। कविता लेखन प्रतियोगिता में प्रतिभागियों को अंग्रेजी, हिंदी या पंजाबी भाषा में स्वच्छ देशभक्ति कविताओं को प्रस्तुत करना था। दोनों प्रतियोगिताओं के लिए प्राप्त प्रशंसनीय प्रविष्टियों में अपनी मातृभूमि के प्रति युवाओं के समर्पण, प्रेम और प्रतिबद्धता को प्रदर्शित किया। देशभक्ति गीत गायन प्रतियोगिता में प्रथम पुरस्कार एमसीएम डीएवी



कॉलेज फॉर वूमन की श्रेया शर्मा को प्रतियोगिता में सात्वना पुरस्कार दिया गया। दूसरा पुरस्कार महक चौधरी ने जीता तथा अमनजोत कौर एवं तमना कपूर संयुक्त रूप से तीसरा पुरस्कार मिली। काजल को इस प्रतियोगिता में सात्वना पुरस्कार दिया गया। चारित्र्य निर्माण समिति के इस प्रयास की सराहना करते हुए प्रिंसिपल डॉ निशा भार्गव ने कहा कि इस तरह की प्रतियोगिताएं प्रतिभागियों को अपनी प्रतिभा के प्रदर्शन का अवसर प्रदान करते हुए देशप्रेम एवं राष्ट्रभक्ति के लिए भी जागरूक करती हैं। उन्होंने कहा कि प्रतिभागियों द्वारा देशभक्ति की भावना को दर्शाने वाली प्रशंसनीय प्रविष्टियां इस बात का प्रमाण हैं कि देश का भविष्य सुरक्षित हाथों में है।

example, Principal Dr Nisha Bhargava and Dr Seema Kanwar participated in the 1001 kundiya havan on Swami Shradhanand Balidaan Divas during the 24<sup>th</sup> Varshik Utsav held at Mahatma Hansraj Public School, Panchkula on 23<sup>rd</sup> December 2021.

True to the ancient Indian values enshrined in the principles of Arya Samaj, we reaffirm our faith in the perennial force of Nature as a source of life and sustenance. We practise this faith wholeheartedly and believe that the purity of thought and action is invariably intertwined with the food we eat. Our endeavours to propagate sustainable development are clearly manifested in our urban farming measures which have grown exponentially in the last few years. From very modest beginnings into growing vegetables ecologically using no pesticides, we have come a long way and our rich and bountiful haul of vegetables and fruits is distributed among the staff members, true to the idea of 'Vasudhaiva Kutumbakam'.



### 7.3. Institutional Distinctiveness

Moreover, we continue the rich Indian tradition of Naturopathy as we have a Herbal Garden, full of medicinal plants. These initiatives have been appreciated by the Chandigarh Administration on various platforms and the award of 'Best Herbal Garden' was conferred on our institution in May 2022.



**Appropriate web in the Institutional website:**

<https://mcmdavcwchd.edu.in/institutional-distinctiveness-2/>

<https://mcmdavcwchd.edu.in/societies-and-clubs-reports/#1626253525237-b4e0f41d-ae0a>

<https://www.facebook.com/profile.php?id=100063899656904>

# Climate change a global threat, says MCM DAV principal

TRIBUNE NEWS SERVICE

CHANDIGARH, APRIL 22

To show respect for the Mother Earth and sensitise the young generation about the importance of caring for the planet, the MCM DAV College for Women organised a havan here today.

Organised under the aegis of the Swachhata Committee (Arts) and the Sanskrit Department, the havan witnessed enthusiastic participation of the staff

एमसीएम कॉलेज सेक्टर-36 में नए एकेडमिक सेशन की शुरुआत हवन के साथ



चंडीगढ़। एमसीएम कॉलेज फॉर वूमन सेक्टर-36 में नए एकेडमिक सेशन की शुरुआत हवन के साथ की गई। इस मौके पर आर्य समाज मिशन के मेजर डॉ. राजू वैश्याविक मौजूद रहे। हवन का मकसद था कि नया एकेडमिक सेशन सभी स्टूडेंट्स के लिए बेहतरीन बनिए लें और वे सभी कक्षाओं की मंजिलों को पुरा।

# एमसीएम में विश्व पर्यावरण दिवस मनाया

अर्थ प्रकाश संवाददाता

चंडीगढ़, 5 जून। विश्व पर्यावरण दिवस को उत्साह के साथ मनाते हुए, मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन ने पर्यावरण की रक्षा के लिए जागरूकता बढ़ाने और प्रोत्साहित करने के उद्देश्य से विभिन्न गतिविधियों का आयोजन किया। दिन



## एमसीएम कॉलेज में हवन से नए सत्र की शुरुआत



सोमवार।  
11:30। सत्र  
इससे नए  
मूल्यांकन  
पूरा  
है। कॉ  
पर्याव  
एम डे  
एशिय

## Plantation drive at MCM College

CHANDIGARH, AUGUST 4  
The NSS unit and the botany department of MCM DAV College for Women Sector 36,

plantation drive Pakhwa-Swachh Saturday. Over 50 volunteers participated. Over 50 plants were planted on campus. Bhargadeavours of college

### एम.सी.एम. कॉलेज हवन से सत्र का आगाज

चंडीगढ़, 23 जुलाई। सोमवार को एम.सी.एम. डी.ए.वी. कॉलेज फॉर वूमन सेक्टर-36 के नए सत्र की शुरुआत स्टूडेंट ने सोमवार को सत्र की। स्टाफ सदस्यों एवं छात्रों के द्वारा सत्र का शुभारंभ करने में साथ-साथ प्रार्थना की गई। परंपराओं को उच्च स्तर पर मूल्यांकित करने वाली इस सत्र में प्रवेश नए सत्र का स्वागत हवन के द्वारा करने की शक्ति वरपत्र रही है। हवन से पूर्व भक्त गांधी द्वारा आर्य समाज मिशन के सदस्य डॉ. राजू वैश्याविक ने अत्यंत आत्मीय शक्ति एवं सतत ध्यान के महत्व को रेखांकित किया। उन्होंने युवा कक्षाओं को यह निर्देश एवं समझ में सकारात्मक बदलाव लाने में अपनी भूमिका को समझने पर बल दिया। कॉलेज प्रिंसिपल डॉ. निता भर्गाव ने हवन के महत्व को स्पष्ट किया।

(संवाद)



# Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh (U.T.)

**Institutional Distinctiveness**