

# Report of Foreign Students Cell (2021-22)



**Mehr Chand Mahajan  
DAV College for Women  
Sector-36 (Chandigarh)**

[www.mcmdavcw-chd.edu](http://www.mcmdavcw-chd.edu)  
0172- 2603355, 0172- 2624921

**1. Title of the Activity:** National Online Workshop On “Diversity Sensitization: Issues and Challenges”

**Date:** 22.03. 2022

**Department:** Foreign Students Cell and Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, under the aegis of IQAC cell.

**No. of participants on Google meet:** 145

**Resource Person:** Prof. Abha Chauhan, Department of Sociology, University of Jammu and President of Indian Sociological Society

**Duration:** From 10:00 am to 11:30 pm.

**Practice:** Prof. Abha Chauhan highlighted the various issues and challenges in Diversity Sensitization. When it comes to countries like India, the issue of diversity takes different connotations. India is touted as one of the most diverse nations in the world. Resource person mentioned just saying that diversity means every individual is different is not enough but one must tolerate others, understand the humanity, culture and learn to live in harmony with natural environment. We must exercise the practice of mutual respect and find the ways of knowing and including each other. Prof. Abha stated when we have inclusive policies only then discrimination would be eradicated. Diversity is also at individual levels, where, certain people are more privileged, some are included, some are excluded and some are excluded since long. Solving these types of problems is a major challenge for us. We must understand that tolerance is the key term and the goal of having a peaceful society would be achieved by communicating and learning from each other, knowing about others background and accepting others culture harmoniously. She quoted the example of students staying in hostel, where they come from different counties, states, gender, cast, religion, from all kinds of background, from low to high economic background and forget all kind of differences. We must learn to live in single homogenous kind of culture. One must be sensitive to people's diversity. Again, she stressed that communal harmony is the key word, where a peaceful society makes the better relations and strengthen the nation. She also pointed towards the violence that mainly leads to economic inequalities, job loses, migration and damage. We have to be sensitive that violence may harm others and one is accountable to maintain better life and better society for others which will make a peaceful Nation.

Prof. Abha, explained how classical music has broken all the chains of diversity and people from different background, culture, religion have come on single platform as music does not know any boundaries. On societal part, synchronization without assimilation should be there, where one should not dominate the other. More integration and synchronism should be accepted, where we take and learn from others. Only, because of synchronization nature, music has come out to be its best. So, the strength of any place, society or Nation lies in synchronization. She further added, that we need to see society from our point of view and we should construct socially. Metanarrative task of teachers, students and researchers is to dismantle already constructed diversities on various levels like on religion, gender etc. and reconstruct into a uniform and universal society. We should fight against casteism, religion, exclusion, inclusion and become more sensitive to diversity. Sensitive is simply to respond to the local communities and their needs. Be conscious about people's needs/ background and intersubjectivity should be accepted by keeping yourself on others place. Prof. Abha said that India has tolerated casteism for very long time, now we have to be proactive. Then she came to the gender diversity, where men are always considered as superior than women. Some jobs are allocated to males only. Peace does not mean equality, in our society, women have peacefully accepted the jobs assigned to them, so, there is need to break the stereotypical thinking. For a better society, we need to unload everything that we have learnt before, particularly in context of gender discrimination and new things to be learnt, where, men should be sensitive about the rights of women including property right. So, the overall session was concluded with breaking of stereotype.

**Mehr Chand Mahajan**  
**DAV College for Women**  
Sector 36-A, Chandigarh (U.T.)



Foreign Students Cell and Equal Opportunity Cell

*Under the aegis of*

Internal Quality Assurance Cell (IQAC)

*are organizing*

National workshop on

**DIVERSITY SENSITIZATION:  
ISSUES AND CHALLENGES**

Date: 22 March 2022

Timings: 10:00 am to 11:30 am



Resource Person

**Prof Abha Chauhan**

Department of Sociology

University of Jammu

&

President

Indian Sociological Society

Prior registration is mandatory. Click the following link to register



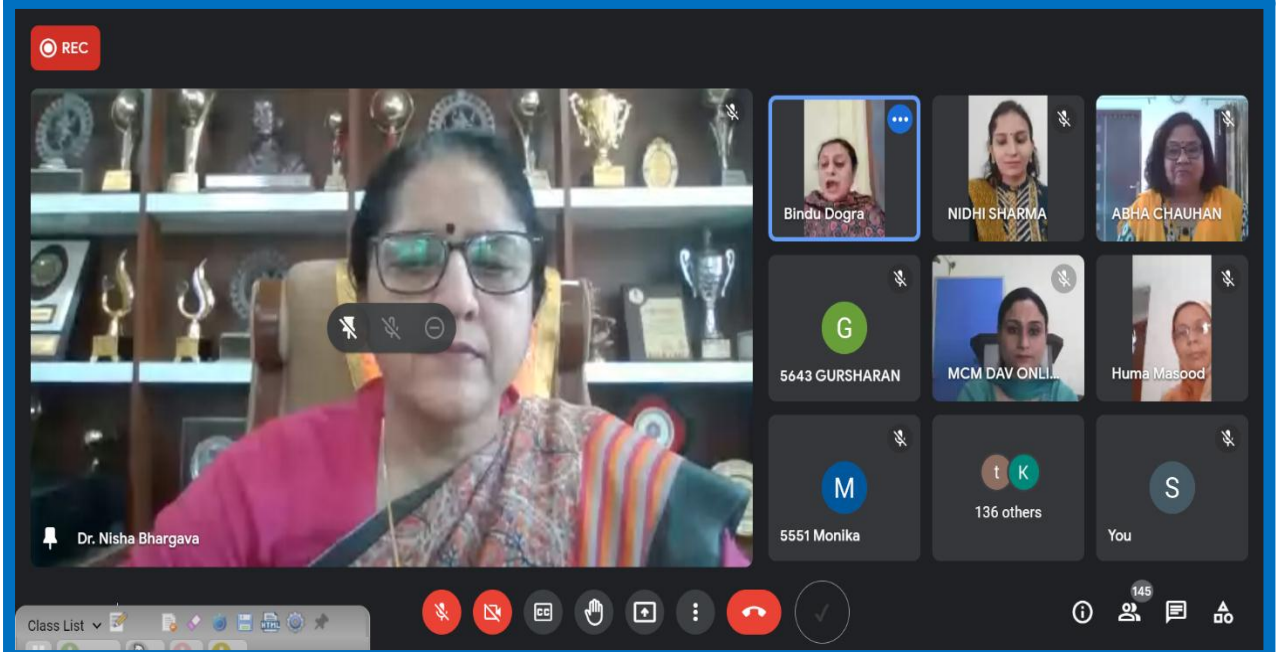
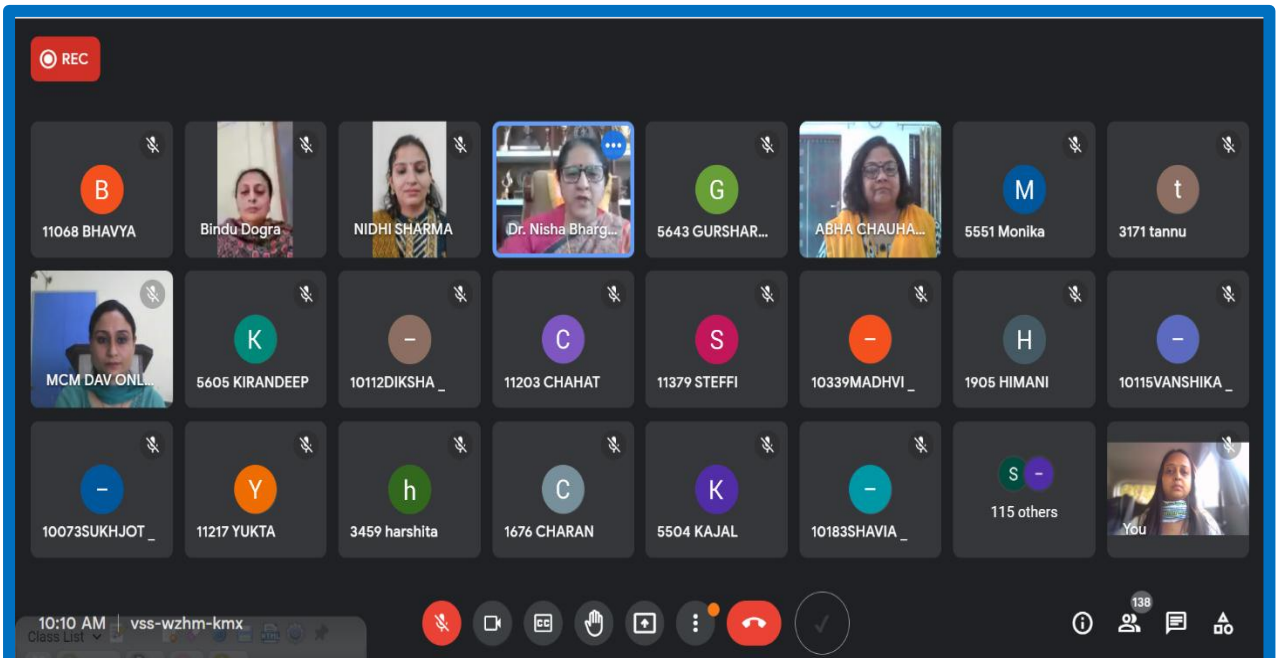
Dr. Raman Deep Kaur  
Dr. Sonica  
Coordinators

Dr. Bindu Dogra  
Ms. Nidhi Sharma  
Co-Conveners

Dr. Bindu Sharma  
Coordinator-IQAC

Dr. Vibha Sharma  
Chief Coordinator  
IQAC

Dr. Nisha Bhargava  
Convener & Principal  
IQAC





REC

MCM DAV ONLINE ACTIVITY

11:09 AM | vss-wzhm-kmx

ABHA CHAUHAN, NIDHI SHARMA, Huma Masood, 5605 KIRANI, RAMANDEEP K..., 306 Kavya, 75 others, You

GPS Map Camera

Chandigarh, Chandigarh, India  
 ARTS & SCIENCE BLOCK, MCM DAV COLLAGE FOR GIRLS, MCM DAV  
 College Rd, 36A, Sector 36, Chandigarh, 160036, India  
 Lat 30.734595°  
 Long 76.756538°  
 22/03/22 11:09 AM

REC

450 DEEKSHA YAKHMI has left the meeting

ABHA CHAUHAN

MCM DAV ONLI..., Huma Masood, 5605 KIRANDE..., 11379 STEFFI, 2120 MUSKAN, RAMANDEEP K..., 136 others, You

GPS Map Camera

Chandigarh, Chandigarh, India  
 ARTS & SCIENCE BLOCK, MCM DAV COLLAGE FOR GIRLS, MCM DAV  
 College Rd, 36A, Sector 36, Chandigarh, 160036, India  
 Lat 30.734595°  
 Long 76.756538°  
 22/03/22 10:23 AM

## **2. Report on lecture delivered on Gender Sensitization**

Date of the event: 25<sup>th</sup> May 2022

Target Audience: NSS volunteers

**Department:** Foreign Students Cell, Equal Opportunity Cell and NSS units of the college

**No. of participants on Google meet: 100**

**Resource Person:** Dr. Bindu Dogra, Post Graduate Department of Sociology

**Duration:** From 10:00 am to 11:30 pm

An Awareness lecture on " Gender Sensitization" was organised by Equal Opportunity Cell in collaboration with NSS special 7 days camp on 25th May 2022. The Resource person was Dr Bindu Dogra , Assistant Professor, PG Department of Sociology, Mehr Chand Mahajan DAV college for Women, Chandigarh. The session focused on the prevalent gender stereotypes in the society and how these are restricting the empowerment of women in the society, despite various constitutional, legal provision, programmes and policies initiated by the government. The speaker also elaborated the concept of women empowerment and the various dimension and parameters associated with it. The speaker suggested the ways to change the stereotypical mind set for attaining the goals of effective women empowerment in the country.





### **3. Report on Three Day Workshop on Decoding the Proficiency Techniques**

Dates of the Event: 6<sup>th</sup> June 2022 to 8<sup>th</sup> June 2022

Target audience: Open for all

#### **Day 1: 6<sup>th</sup> June 2022**

Foreign Student Cell in collaboration with The Post-graduate Department of Sociology of Mehr Chand Mahajan DAV College for Women organised a three day online workshop on “Decoding the Proficiency Techniques” to improve the awareness of the participants regarding their presentation and techniques of conducting themselves during the physical and online interviews and group discussions to enhance their job avenues.

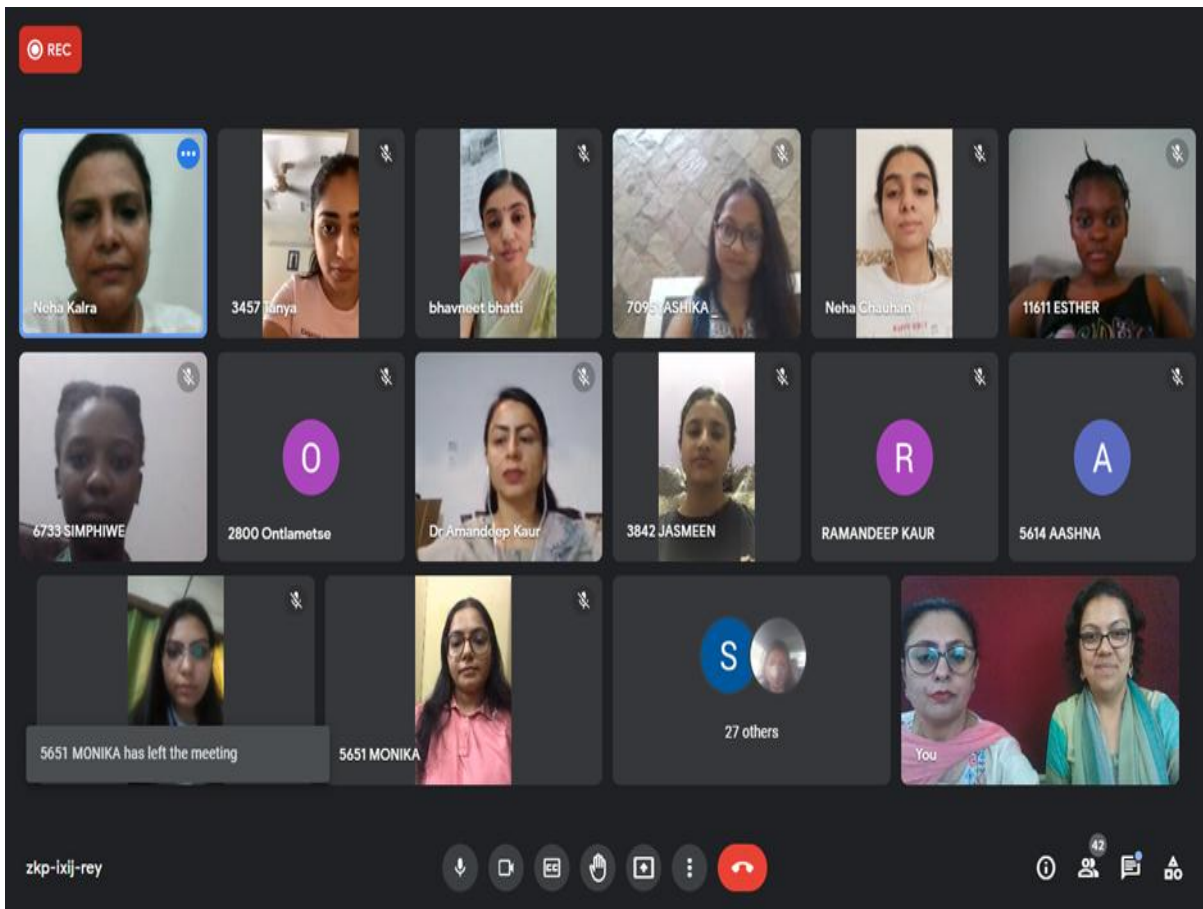
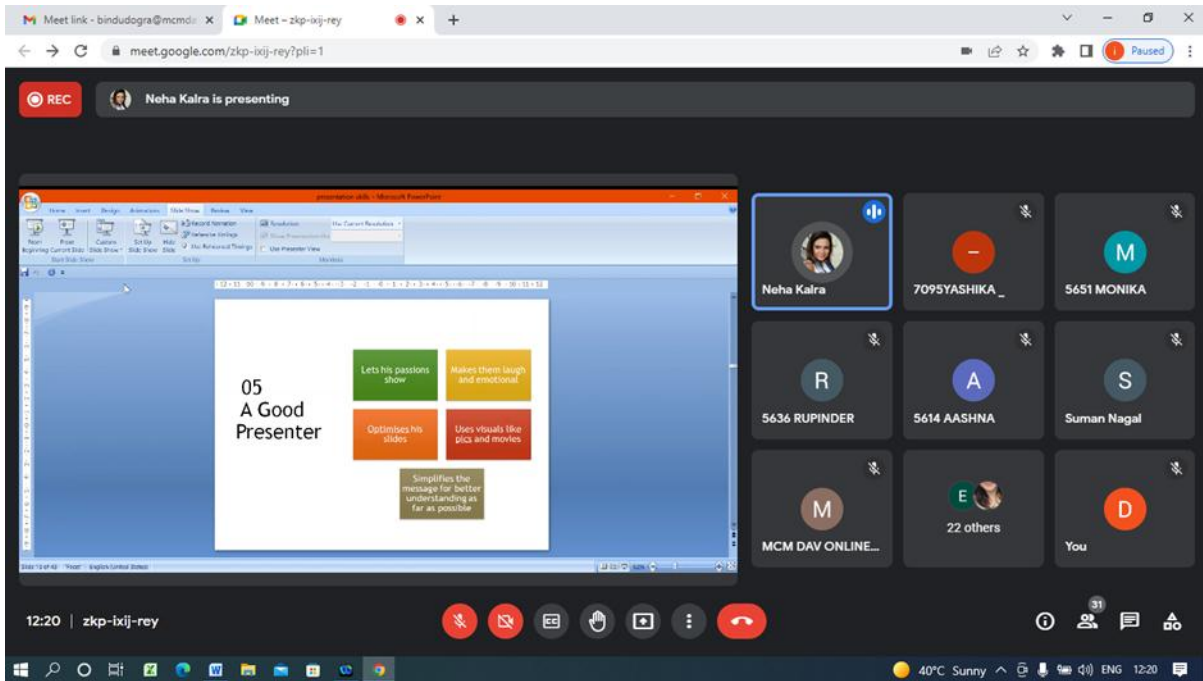
In order to strengthen their understanding regarding the importance of proficiency skills in the present times, this three-days’ workshop was conducted by three eminent resource persons from varied fields.

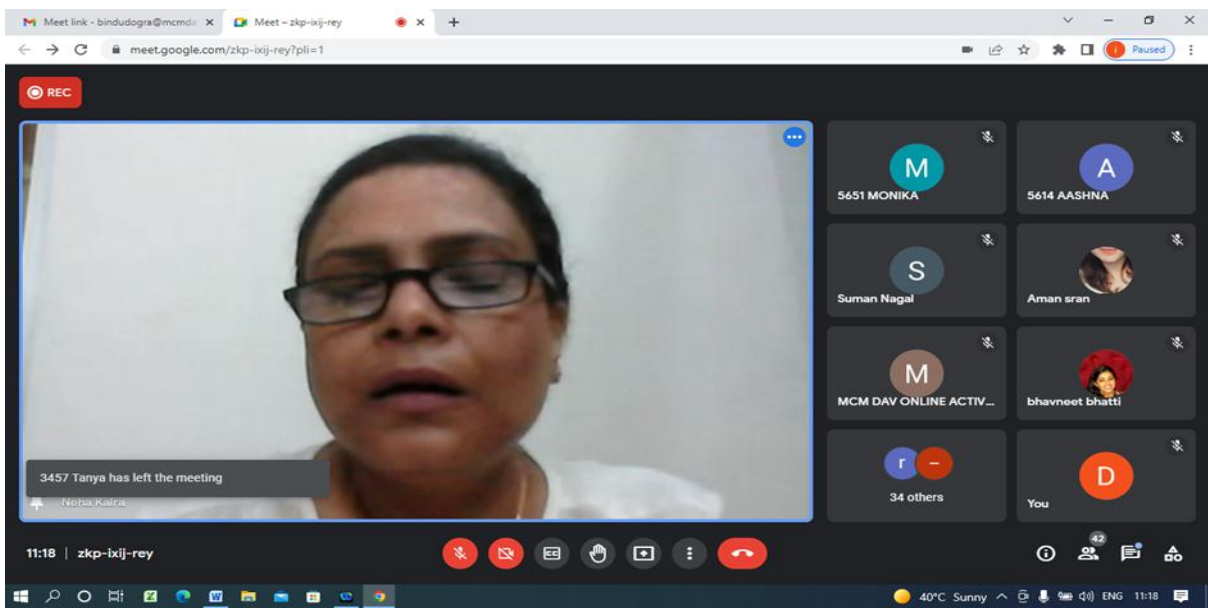
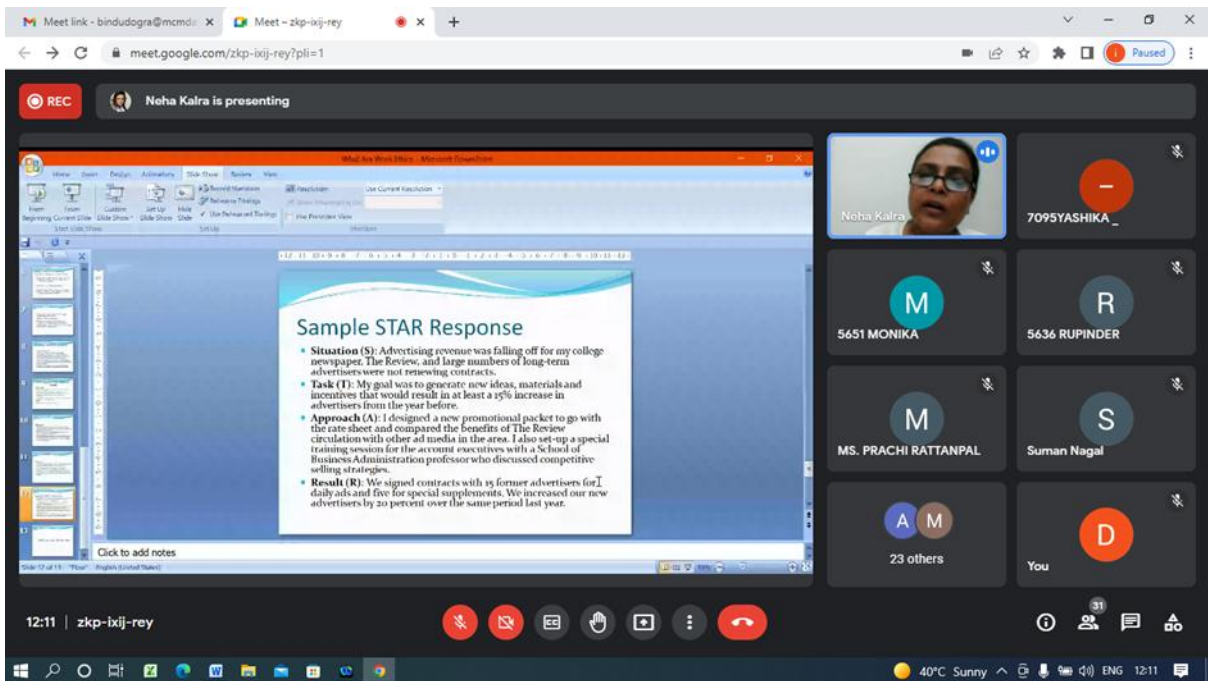
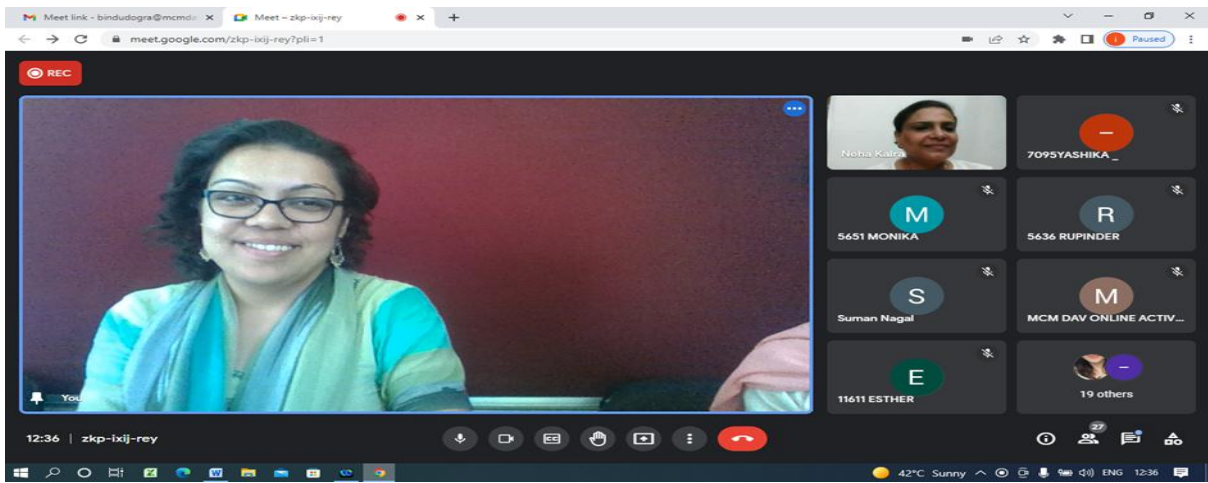
The resource person for the first day of the workshop was Mrs Neha Seth, a well-known Language Trainer. A total of 30 students and 15 faculty members attended the day one of the workshop through Google Meet platform. The lecture provided a thorough insight into the interview skills, work ethics, presentation skills, etc to improve the job opportunities.

The session covered in detail about the right mindset required for the preparation of an interview, overall approach before, during and even after an interview, understanding what is that the interviewer is looking for, what to do (and not to do) during the interview, etc. The main idea was to help the participants understand the work ethics and their techniques of presentation not only during physical but online interviews also. Further the speaker emphasised on the fact that discussing salary should be avoided as it creates a bad impression on the interviewer, she also highlighted the importance of dress code during interviews.



The session was very useful, interesting and well received by the participants. The students actively participated in the session by raising various questions and discussing their doubts with the speaker. They gained a lot of information on how to be their best and also how to prepare themselves for job interviews.





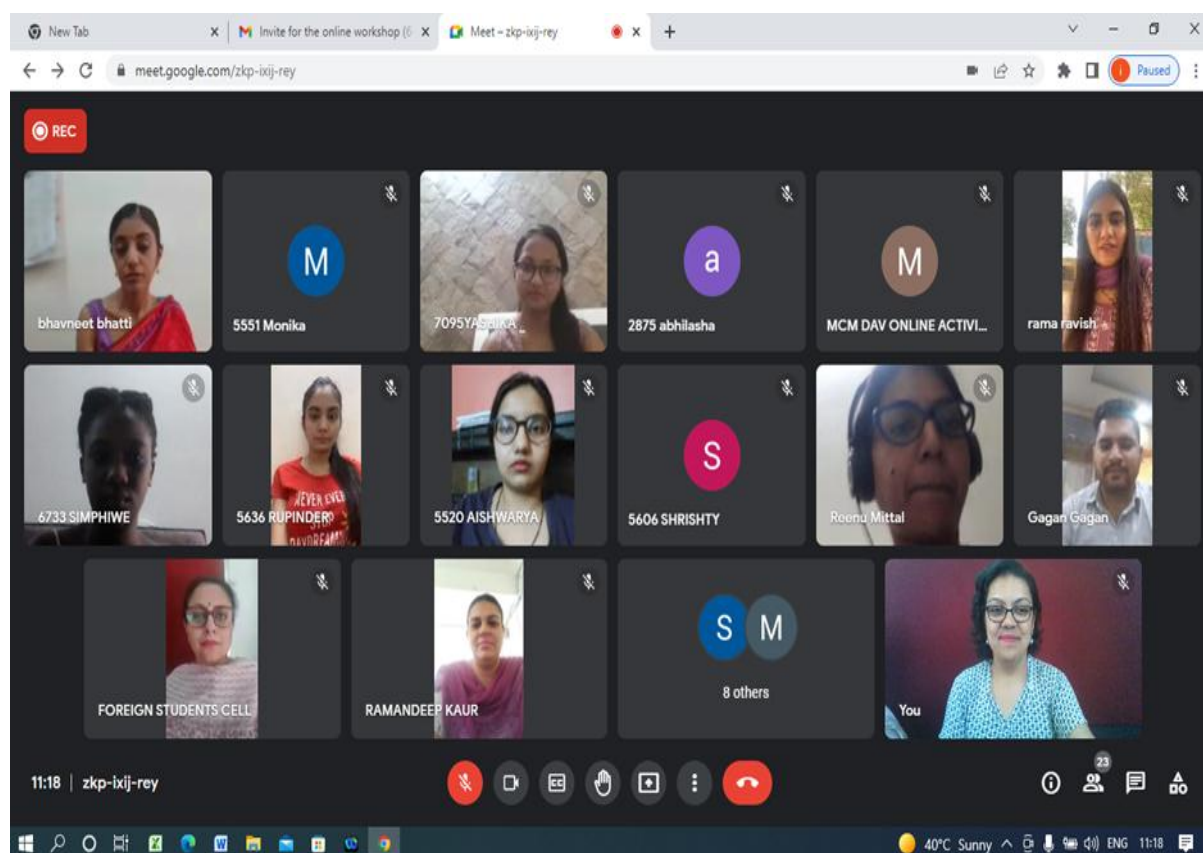
## Day 2: 7<sup>th</sup> June 2022

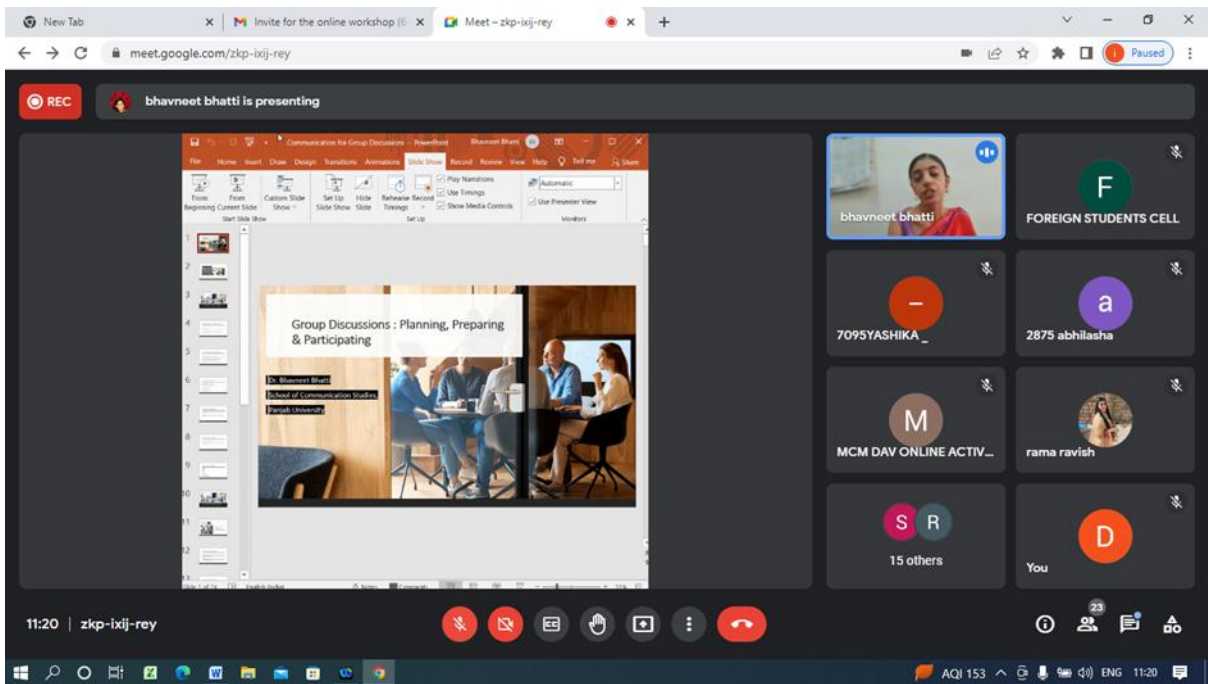
The resource person invited for the second day was Dr. Bhavneet Bhatti (Assistant Professor-School of Communication Studies, Panjab University, Chandigarh). A total of 30 students and 7 faculty members attended the day two of the workshop through Google Meet platform. The session focused on the importance, planning, preparation and the techniques of group discussions and its role in the present times for amplifying the job avenues.

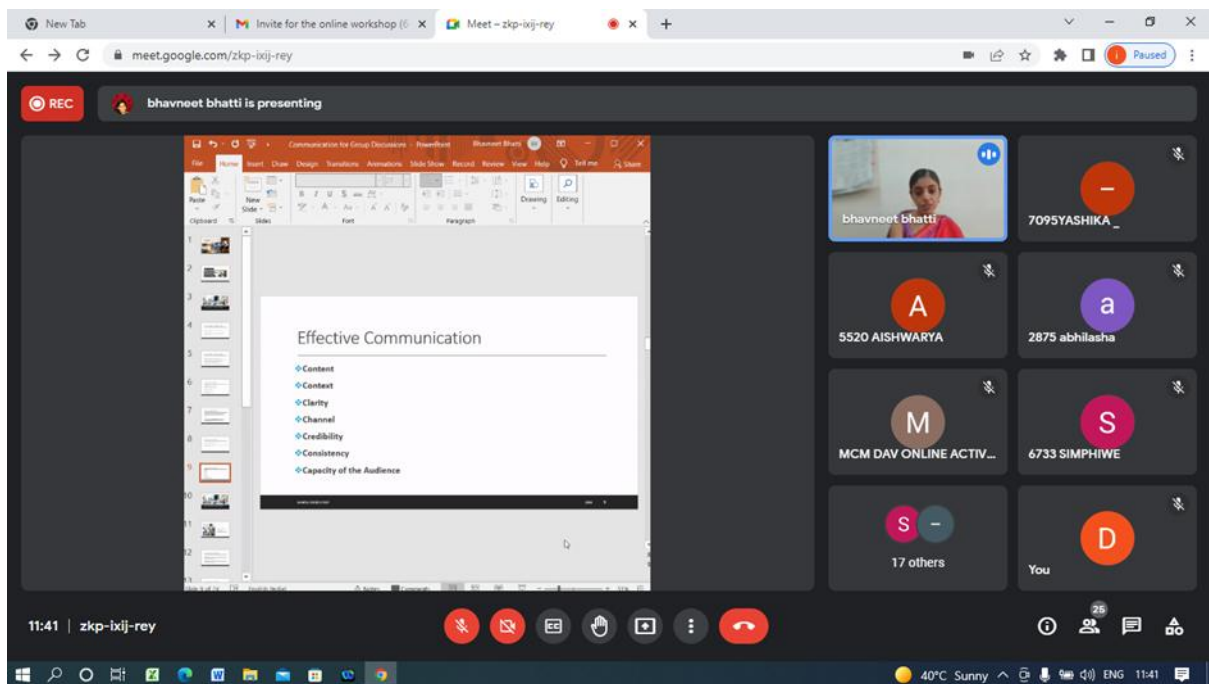
Dr. Bhatti in a very methodical manner explained about communication and its role in group discussions. She gave a conceptual clarity on the concept of communication and its types. She also explained about the aspect and role of effective communicative English during the group discussions. She further elaborated on the main rules for effective communication, which were- content, context, clarity, channel, credibility, consistency and capacity of the audience.

To help the participants gain more knowledge on the idea of group discussions, Dr. Bhatti elaborated on the process of group discussions. She explained that announcement of topic, preparation time, initiating a discussion and the correct techniques of concluding a group discussion are very essential.

Prior to concluding the session, she highlighted the skills needed and the tips for the preparation of the group discussions. All the participants enthusiastically participated in the session and also got their doubts clarified from the resource person.







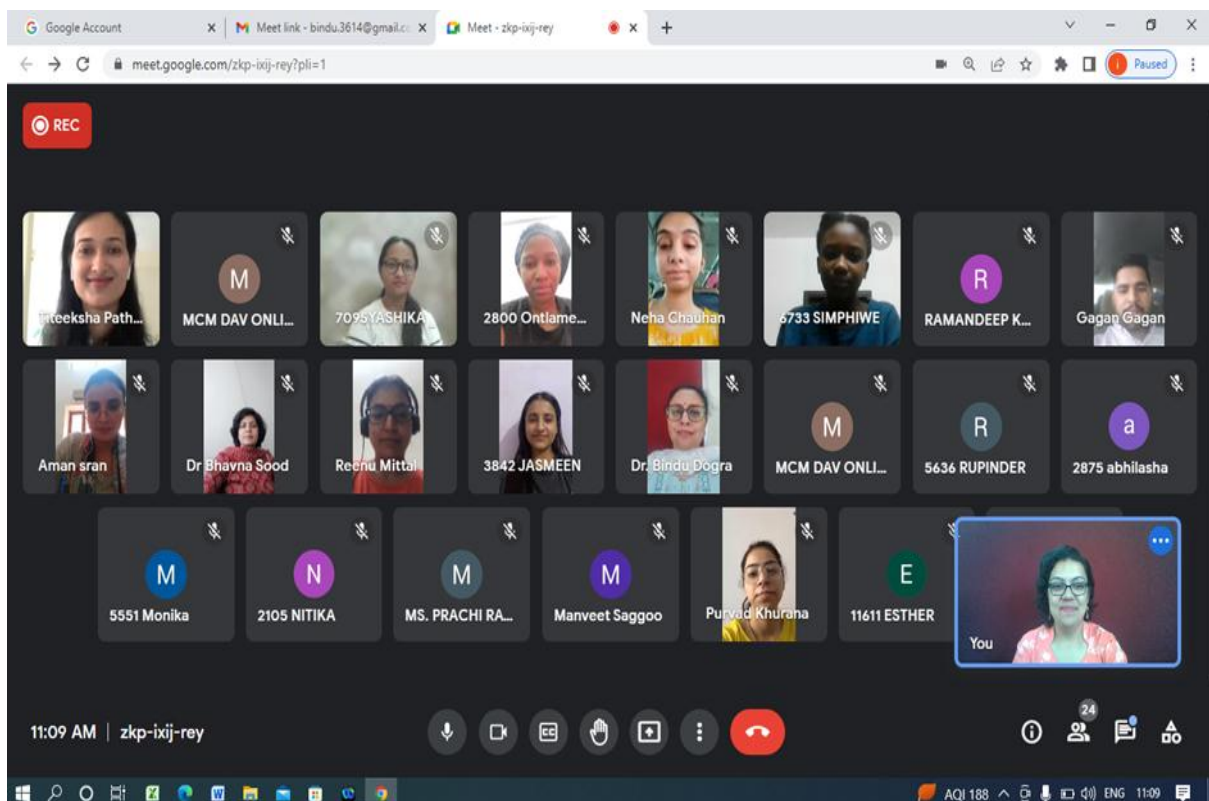
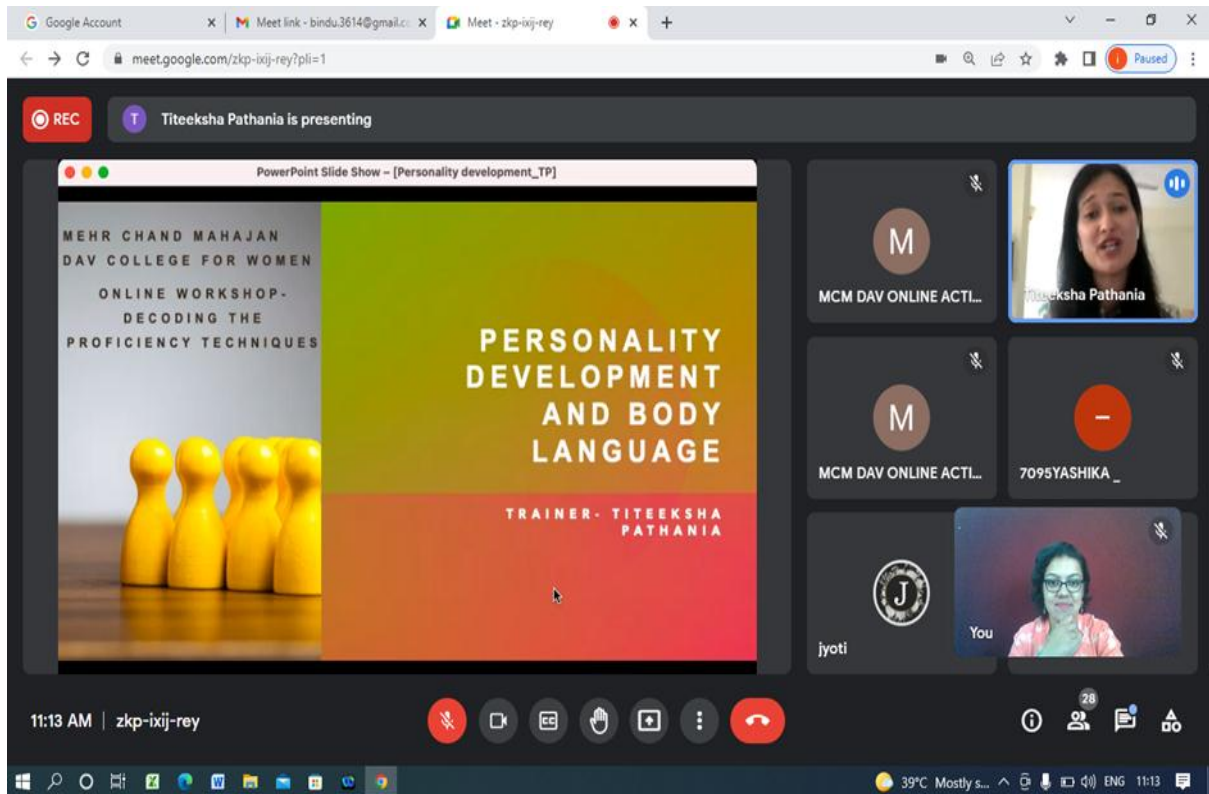
### **Day 3: 8<sup>th</sup> June 2022:**

The resource person invited for the third day was Ms. Titeeksha Pathania (Consultant- British Council of India). A total of 30 students and 5 faculty members attended the day three of the workshop through Google Meet platform. The main aim for this session was to make the participants understand the importance of personality development and body language during the physical and online interviews and group discussions.

Ms. Pathania very intelligibly explained about the importance of communication. She further explained the types of communication on the basis of which she elaborated her entire presentation. The types included: Verbal-speaking, active listening, writing and non-verbal body language gestures. She conducted various activities with the participants in order to engage them thoroughly in the session and the participants also participated enthusiastically. She specifically focused on the importance of ‘elevator pitch’.



She precisely explained the importance and the techniques of writing a resume. To give a hands-on-experience to the participants, she also conducted an activity on the correct technique of writing a resume with the participants. She concluded her session with a detailed explanation of the role of non-verbal body language and its role in interviews and the tips to face an interview.

Dr. Bindu Dogra extended a formal vote of thanks to the resource person and the participants. The principal of the college, Dr Nisha Bhargava, appreciated the efforts of the organising team to cover very important and useful topics in today's competitive job market. Overall, the three days online workshop was very interesting and informative.





**Mehr Chand Mahajan  
DAV College for Women  
Sector 36-A, Chandigarh (U.T.)**



**The Foreign Students Cell  
in collaboration with  
The Post Graduate Department of Sociology  
are organizing a Three Day Online Workshop on  
Decoding the Proficiency Techniques  
Dates : 6 June 2022 - 8 June 2022  
Timings: 11:00 am to 12:30 pm**

### Resource Persons



**Mrs Neha Seth**  
Language Trainer



**Dr Bhavneet Bhatti**  
Panjab University  
Chandigarh



**Ms Titeeksha Pathania**  
British Council India

## Programme Schedule

Date & Time: 6 June 2022 at 11:00 am | Resource Person: Mrs. Neha Seth

**Interview:** ●Presentation skills. ●Techniques for conduct ●Ethical knowledge Skills for online interviews.

Date & Time: 7 June 2022 at 11:00 am | Resource Person: Dr. Bhavneet Bhatti

**Group Discussions:** ●Techniques of participating and showing your presence and influence. ●Presentation during the GDs.

Date & Time: 8 June 2022 at 11:00 am | Resource Person: Ms. Titeeksha Pathania

**Personality Development and body language:** ●Communication skills. ●Presentation and body language during the interviews. ●Understanding the personality type. ●Resume making. ●Hands-on-experience on mock interviews & Group Discussions.

## Benefits

- Improving proficiency in just 3 days.
- Learn valuable information about resume making, which will help in getting your dream job.
- Enhancing the presentation skills & leadership qualities.
- Hands-on-experience on learning the new techniques of online interviews.
- All the participants will be given participation certificates

## Online Registration

### Name of the Account:

Principal, MCM DAV College for Women

**Bank:** State Bank of India

**Branch:** Sector 36-A, Chandigarh

**Account Number:** 30772717538

**IFSC Code:** SBIN0010609

**Course Fee:** Rs. 400/-

**Last date of payment :** 5 June 2022

**Note :** After transferring registration fee, please send UTR No. along with your name and details on the following link:



**Dr Nisha Bhargava**  
Convenor and Principal

**Dr Bhavna Sood**  
Head, Dept. of Sociology  
& Co-Convener

**Dr Bindu Dogra**  
Dean, Foreign Students Cell  
& Co-Convener

**Dr Ramandeep Kaur**  
**Ms Prachi Rattanpal**  
Coordinators