

# **Report of Psychology Department (2021-22)**



**Mehr Chand Mahajan  
DAV College for Women  
Sector-36(Chandigarh)**

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**Names of Programmes/Courses/ offered (UG, PG, Ph.D): Undergraduate: BA (General and Honours), Postgraduate: M A (Psychology) Doctorate: PhD**

Name of the Programme/ Course	Class	Subject
UG	BA-I	General Psychology
	BA-II	Experimental Psychology
	BA-II (Honours)	Social Psychology and Recent Perspectives on Psychology
	BA-III	Abnormal Psychology
	BA-III(Honours)	Psychological Testing, Organisational Psychology and Counselling
PG	MA-I	1.Theories and Systems of Psychology 2. Social Psychology 3.Experimental & Cognitive Psychology 4.Research Methodology 5. Practicals
	MA-II	1. Clinical Psychology 2. Counselling Psychology 3. Child Psychopathology 4. Organisational Psychology 5. Research Methodology 6. Practicals
Ph.D		12

**Details of Presentations by the Faculty in the session:**

Name	Title of Paper	Title of the Conference/ Seminar	Month/ Year	Sponsoring Agency	National/ International	Award , if any
Dr Neha Pandeya	Social Distancing and mental health: Evidence from early phase of Covid 19 related lockdown in India	31st convention of National Academy of Psychology	March 2022	Psychophysiology Laboratory, Department of Humanities and Social Sciences, Indian Institute of Technology Bombay, India	National	No
Dr Manjit Sidhu	Psychological wellbeing of adolescents: Learning from the perspective of girls.	International conference on “Towards Gender Equality: Overpowering Structural Barriers and Reclaiming Agency”	October 2021	The Centre for Gender Studies, Research & Development established under the School of Humanities and Social Sciences, Faculty of Liberal Arts and Humanities at JagranLakecity University, Bhopal, Madhya Pradesh, India	International	No

Dr Manjit Sidhu	Psychological Outcomes among Adolescents: Does parenting matter?	International Conference on Positive Parenting (ICPP-2022)	February 2022	Department of Psychology and the IQAC, Christ Nagar College, Maranalloor, Trivandrum in association with Assumption University of Thailand & Professional Psychologists of Kerala, India	International	No
Dr Manjit Sidhu	Social Distancing and mental health: Evidence from early phase of Covid 19 related lockdown in India	31st convention of National Academy of Psychology	March 2022	Psychophysiology Laboratory, Department of Humanities and Social Sciences, Indian Institute of Technology Bombay, India	National	No
Dr. Anubhuti Sharma	Harmonious life- Traditional practices for a happy family	National level Faculty Development Program on Work-Life balance in New normal	March 2022	Department of Psychology, PSG College of Arts & Science, Coimbatore	National	Best presentation award

**Details of Publications by the Faculty in the session:**

Name	Title of Paper	Title of the Journal	Month / Year	PEER Reviewed/ Refereed	UGC Care Listed Yes/No	ISSN	Name of Database Enlisted
Dr Manjit Sidhu	Post COVID-19 challenges of online teaching in higher education institutes: Teacher's experiences and satisfaction.	Indian Journal of Educational Technology	January 2022	YES	YES	2581-8325	

**Details of Publication of Books/Chapters in Books by the Faculty in the session:**

Name	Title of Chapter	Title of the Book	Month/ Year	Name of the Publisher	National/ International	ISBN
Dr Nitasha Khehra	Psychosocial Correlates of Drug Abuse	Human Rights, Youth and Drugs	2021	Regal Publications, New Delhi	National	978-81-94575-0-2-3

**Details of Orientation Programmes/Refresher Courses/FDPs (Not less than 7 days at a stretch) etc. attended by the Faculty in the session:**

Name	Orientation/ Refresher/ FDP	Title of the Programme	Organizing Agency	Duration	From-to
Dr Neha Pandeya	Refresher Course	Advances in Pedagogical Approaches	HRDC Panjab University	14 days	4.01.2022 to 17.01.2022
Dr Neha Pandeya	FDP	Search, Research and Publication Ethics	HRDC Panjab University	7 days	6.07.2021 to 12.07.2021

**Faculty as members in:**

Name	Committees (State / National / International)	University Bodies/ Board of Studies	NGOs (State / National / International)	Reviewers (State / National / International)
Dr Nitasha Khehra	Life Member of Indian Association of Child and Adolescent Mental Health  Life Member of Indian Association of Clinical Psychologists			Subject Editor, New Horizons Journal (National)
Dr Anubhuti Sharma			Sahayta Cancer Trust	International- Springer International- IGI Global

**Awards/ Recognitions received by faculty:**

Name and Designation	Name of the Award	Name of the Agency	Month/Year	Level (State / National / International)
Dr Anubhuti Sharma	Best presentation award	PSG College of Arts & Science, Coimbatore	March, 2022	National

**Skill-based Workshops/ Extension Lectures/Panel Discussions organized by the Department in the session:**

Title	Date	Objective	No. of Students benefited	Name/Designation/ Organization of Resource Person/s
Expert Lecture on “Swachh Mann, Swachh Bharat – Positive youth Development: A Psychosocial Perspective”	5th April 2022	To highlight the core principles of positive youth development to foster mental health.	100	Prof. P. Malhi Department of Pediatrics PGIMER, Chandigarh
Fundamentals of Research in Behavioural Sciences	17th May, 2022	Familiarisation with Research Concepts	80	Dr. Amit Lal Founder of Skillics Learning Solutions

**Projects/ Awards/Positions bagged by students:**

<b>Name and Class</b>	<b>Name of the Award/Project/ Position</b>	<b>Name of the Agency/University</b>	<b>Month/Year</b>
Shubhangi Bhardwaj	Rank I	Panjab University 6th Semester Examination	May' 2021
Aditi	Rank II	Panjab University 6th Semester Examination	May' 2021
Parneet Kaur	Rank VI	Panjab University 6th Semester Examination	May' 2021
Muskan Bawa	Rank IX	Panjab University 6th Semester Examination	May' 2021
Shanaya Sidhu	Rank I	Panjab University MA 3rd Semester Examination	Dec' 2021
Arpita Vij	Rank II	Panjab University MA 3rd Semester Examination	Dec' 2021
Snigdha Bhardwaj	Rank III	Panjab University MA 3rd Semester Examination	Dec' 2021
Deep Simran Kaur Ajnoha	Rank IV	Panjab University MA 3rd Semester Examination	Dec' 2021
Dakshi Bhandari	Rank V	Panjab University MA 3rd Semester Examination	Dec' 2021
Arshiya Sharma	Rank VI	Panjab University MA 3rd Semester Examination	Dec' 2021
Keerat Noor Kaur	Rank IX	Panjab University MA 3rd Semester Examination	Dec' 2021
Vanshika Nigam	Rank X	Panjab University MA 3rd Semester Examination	Dec' 2021
Aditi Shekhar	Rank II	Panjab University MA 1st Semester Examination	Dec' 2021
Shazia Pratap Brar	Rank III	Panjab University MA 1st Semester Examination	Dec' 2021
Shubhangi Bhardwaj	Rank IV	Panjab University MA 1st Semester Examination	Dec' 2021
Aadya Mishra	Rank V	Panjab University MA 1st Semester Examination	Dec' 2021
Armaan Rai	Rank VI	Panjab University MA 1st Semester Examination	Dec' 2021
Aarchi Katyal	Rank VIII	Panjab University MA 1st Semester Examination	Dec' 2021
Aastha Kanwar	Rank IX	Panjab University MA 1st Semester Examination	Dec' 2021
Falak Aggarwal	Rank IX	Panjab University MA 1st Semester Examination	Dec' 2021
Ayushi	Rank X	Panjab University MA 1st Semester Examination	Dec' 2021
Shanaya Sidhu	Rank I	Panjab University MA 4th Semester Examination	May, 2022
Arshiya Sharma	Rank II	Panjab University MA 4th Semester Examination	May, 2022
Arpita Vij	Rank III	Panjab University MA 4th Semester Examination	May, 2022
Deep Simran Kaur Ajnoha	Rank VII	Panjab University MA 4th Semester Examination	May, 2022
Keerat Noor Kaur	Rank IX	Panjab University MA 4th Semester Examination	May, 2022
Vanshika Nigam	Rank X	Panjab University MA 4th Semester Examination	May, 2022

**Details of Presentations/Publications by the students in the session:**

<b>Name, &amp; Class</b>	<b>Title of Paper Published</b>	<b>Title of the Journal</b>	<b>Month/ Year</b>	<b>ISSN/ ISBN</b>	<b>National / International</b>	<b>Award, if any</b>
Ghanishta Tuli, MA I	Maternal Mental Health During Covid 2019 Crisis	International Journal of Research and Analytical Reviews	June, 2021	E-ISSN 2348-1269, P- ISSN 2349-5138	International	
Ghanishta Tuli, MA I	Mental Toughness in Athletes: A Review	International Journal of Research and Analytical Reviews	October, 2021	E-ISSN 2348-1269, P- ISSN 2349-5138	International	

**Details of the Achievements/ Participation of students of the Department outside the Campus:**

S.No.	Name	Class	Event/Category	Title of the Activity	Date	Organising Institution/ Agency	Position / Participation
1	Navya Gulati	BA II	Online Internship	Internship	01/07/2021 to 15/07/2021	Fortis Mental Health and Behavioural sciences	Participation
2	Shanaya Sidhu	MA II	Online Internship	Internship	01/07/2021 to 15/07/2021	Fortis Mental Health and Behavioural sciences	Participation
3	Jasnoor Kaur	BA II	Online Internship	Internship	01/07/2021 to 15/07/2021	Fortis Mental Health and Behavioural sciences	Participation
4	Ritisha	BA III	Online Internship	Internship	01/07/2021 to 15/07/2021	Fortis Mental Health and Behavioural sciences	Participation
5	Adaa Pande	BA III	Online Internship	Internship	04/07/2021 to 14/08/2021	Reconnect Neuropsychiatric and child guidance clinic	Participation
6	Jasjeev	BA I	Online Internship	Internship	05/07/2021 to 09/08/2021	Yale University	Participation
7	Shruti Singh	BA III	Online Internship	Internship	12/07/2021 to 12/08/2021	PsychEDD	Participation
8	Riya Bajaj	BA I	Online Internship	Internship	19/07/2021 to 20/07/2021	Fortis Mental Health and Behavioural sciences	Participation
9	Gauri Kaushik	BA III	Online Internship	Internship	21/07/2021 to 11/08/2021	Psychoshiksha	Participation
10	Riya Bajaj	BA I	Online Internship	Internship	22/07/2021 to 23/07/2021	Fortis Mental Health and Behavioural sciences	Participation
11	Jasnoor Kaur	BA II	Online Internship	Internship	22/07/2021 to 23/07/2021	Fortis Mental Health and Behavioural sciences	Participation
12	Riya Bajaj	BA I	Online Internship	Internship	26/07/2021 to 28/07/2021	Fortis Mental Health and Behavioural sciences	Participation
13	GhanishtaTuli	MA I	Online Internship	Internship	08/2021 to 12/2021	Global Mental Health Association	Participation
14	Kareena Sant	BA II	Online Internship	Internship	01/08/2021 to 01/04/2022	Ayukta NGO	Participation
15	Jasmine Kaur	BA III	Online Internship	Internship	01/08/2021 to 31/10/2021	Heart It Out	Participation
16	Shruti Singh	BA III	Online Internship	Internship	16/08/2021 to 16/09/2021	PsychEDD	Participation
17	Sana	BA II	Online Internship	Internship	15/09/2021 to 17/12/2021	Global Mental Health Association	Participation
18	Shivali Khillan	BA I	Zonal youth and heritage fest	Skit	24/11/2021	Guru Gobind Singh Khalsa College Jhar Sahib	Third

19	Zea Gill	BA I	Zonal Youth and Heritage Festival (Panjab University)	Mitti De Khidaune (Toy Making)	24/11/2021	Guru Gobind Singh Khalsa College for Women, Jhar Sahib (Ludhiana)	Second
20	Guntaj	BA II	Zonal Youth & Heritage Fest	Cartooning	25/11/2021	Guru Gobind Singh Khalsa College Jhar Sahib	First
21	Zea Gill	BA I	Zonal Youth and Heritage Festival (Panjab University)	Clay Modelling	25/11/2021	Guru Gobind Singh Khalsa College for Women, Jhar Sahib (Ludhiana)	Second
22	Diya Oberoi	BA II	Online Internship	Internship	01/12/2021 to 01/01/2022	Fortis Mental Health and Behavioural sciences	Participation
23	Nishita	BA II	Online Internship	Internship	02/12/2021 to 02/01/2022	MentorBox	Participation
24	Navya Gulati	BA III	Offline Internship	Internship	04/12/2021 to 04/03/2022	Bhatia Neuropsychiatric Hospital and De addiction Centre Amritsar	Participation
25	Lakshika	BA III	Offline Internship	Internship	09/12/2021 to 24/02/2022	Shanti Mission Hospital and Neuro-research, de-addiction centre, Hisar	Participation
26	Disha Singh	BA I	Online Internship	Internship	13/12/2021 to 12/01/2022	SociallySouled	Participation
27	Zea Gill	BA I	Inter-Zonal Youth and Heritage Festival (Panjab University)	Clay Modelling	14/12/2021	A.S. College, Khanna	Second
28	Kareena Sant	BA II	Online Internship	Internship	01/01/2022 to ongoing	Lets talk Chandigarh	Participation
29	Riddhi Shrivastava	BA III	Online Internship	Internship	10/01/2022 to 10/02/2022	Youth Empowerment Foundation	Participation
30	Annvi Jain	BA II	Online Internship	Internship	11/01/2022 to 12/02/2022	Focus Consortium	Participation
31	Bhavya Batra	MA II	Online Internship	Internship	02/2022 to 03/2022	UNV India V-Force Volunteering	Participation
32	Divyanshi	BA I	Online Internship	Internship	12/02/2022 to 13/03/2022	Counsel India	Participation
33	Sabihah Kaur Dhaliwal	BA II	Online Internship	Internship	21/02/2022 to 08/03/2022	UniPsy Academy Counsel	Participation
34	Guntaj	BA II	Online internship	Internship	21/02/2022 to 08/03/2022	UniPsy Academy council	Participation
35	GhanishtaTuli	MA I	Online Internship	Internship	01/03/2022 to 01/04/2022	L & D Intern, Mentnest	Participation
36	Srishti	BA I	Online Internship	Internship	01/03/2022 to 30/04/2022	Verzeo	Participation

37	Riddhi Shrivastava	BA III	KK Grover Goodwill Declaration Contest	Passion as Profession	04-03-2022	Department of English and Cultural Studies, Punjab University, Chandigarh	Participation
38	Shruti Singh	BA III	Online Internship	Internship	07/03/2022 to 07/04/2022	PsychEDD	Participation
39	GhanishtaTuli	MA I	Online Internship	Internship	10/03/2022 to 10/06/2022	Project C Foundation- We Care for your mental health	Participation
40	GhanishtaTuli	MA I	Online Internship	Internship	24/03/2022 to 25/05/2022	Industrial and Organisational Psychology, Cognizavest	Participation
41	Adaa Pande	BA III	Hybrid	Internship	01/04/2022 to 15/05/2022	Mind and Heart Foundation	Participation
42	Riddhi Shrivastava	BA III	Open Mic Competition	No Smoking	03-04-2022	Umeed Foundation	Second
43	Zea Gill	BA I	The Green Defenders, Panjab University	Declamation	09-04-2022	Panjab University, Chandigarh	Participation
44	Sonali Mittal	BA III	Offline Internship	Internship	18/04/2022 to 30/05/2022	Sukoon	Participation
45	Guntaj	BA II	PARGAAS-2022	Poster Making	20/04/2022	Shri Guru Granth Sahib World University Fatehgarh Sahib	First
46	Shreya Chhokra	MA I	Mental Health Awareness Campaign	Speaker on the topic Mental Health	24/04/2022	The Happiness Exchange NGO	Participation
47	Shreya	BA III	Zeitgeist 2022	Quiz	27/04/2022	PGGCG, Sec-11	First
48	Surbhi	BA III	Zeitgeist 2022	Quiz	27/04/2022	PGGCG, Sec-11	First
49	Anubha	BA II	Zeitgeist 2022	Quiz	27/04/2022	PGGCG, Sec-11	First
50	Anubha	BA II	Zeitgeist 2022	Face Painting	27/04/2022	PGGCG, Sec-11	Second
51	Guntaj	BA II	Zeitgeist 2022	Poster Making	27/04/2022	PGGCG, Sec-11	First
52	Zea Gill	BA I	Zeitgeist 2022	Turncoat Debate	27/04/2022	PGGCG Sector 11, Chandigarh	Second
53	Zea Gill	BA I	Zeitgeist 2022	Psychodrama	27/04/2022	PGGCG Sector 11, Chandigarh	Participation
54	Eva Bansal	MA II	Zeitgeist 2022	Paper Presentation	27/04/2022	PGGCG-11	Third
55	Mehar Walia	BA II	Online Internship	Internship	01/05/2022 to 31/07/2022	Bachpan Organisation	Participation
56	Riya Saini	BA I	Online Internship	Internship	04/05/2022 to 06/06/2022	Muskurahat Foundation NGO	Participation
57	Vidushi Kalia	BA II	Online Internship	Internship	04/05/2022 to 06/06/2022	Muskurahat Foundation NGO	Participation
58	Kareena Sant	BA II	Online Internship	Internship	22/05/2022 to 22/09/2022	SaveSoul	Participation
59	Jasleen Kaur	BA I	Online Internship	Internship	06/06/2022 to 20/06/2022	Fortis Mental Health and Behavioural sciences	Participation



60	Sukriti	BA III	Online Internship	Internship	06/06/2022 to 20/06/2022	Fortis Mental Health and Behavioural sciences	Participation
61	Shreya Chhokra	MA I	Online Internship	Internship	06/06/2022 to 20/06/2022	Fortis Mental Health and Behavioural Sciences	Participation
62	Drishti Singla	BA II	Online Internship	Internship	15/06/2022 to 15/07/2022	3g School of Psychology	Participation

**Names of students who have cleared National / State competitive examinations such as NET, SLET, GATE, UPSC, CDS, etc.:**

S.No.	NAME	BATCH	Date of the result notification	Examination cleared
1	Amrina Bhullar	MA Psychology (Batch 2016-18)	2021-22	Secured First Rank in the National level Entrance Exam for Ph.D in Clinical Psychology (medical course) at the prestigious RCI Recognised Central Institute of Psychiatry, Ranchi.
2	Taranpreet Kaur	MA Psychology (Batch 2018-20)	2021-22	Secured 4th Rank in the National level Entrance Exam for RCI Recognised MPhil in Clinical Psychology (medical course) at the reputed SGT University, Gurgaon.
3	Rashika Sharma	MA Psychology (Batch 2019-21)	2021-22	Secured 2nd Rank in the National level Entrance Exam for RCI Recognised MPhil in Clinical Psychology (medical course) at the prestigious Ranchi Institute of Neuro-Psychiatry & Allied Sciences (RINPAS).
4	Stuti Munjal	MA Psychology (Batch 2018-20)	2021-22	Masters in Clinical Psychology at the prestigious and internationally reputed Columbia University, New York.
5	Shubhangi Bharadwaj	BA Psychology Honours (Batch 2018-21) and MA Psychology (Batch 2021-23)	2021-22	Masters in Educational Psychology at the prestigious and internationally reputed McGill University, Montreal, Canada with Graduate Excellence Fellowship.
6	Muskan Bawa	BA Psychology Honours (Batch 2018-21) and MA Psychology (Batch 2021-23)	2021-22	Masters in Educational Psychology at the prestigious and internationally reputed Harvard University, USA
7	Nidhi Jain	MA Psychology (Batch 2019-21)	2021-22	Cleared UGC NET/JRF in December, 2021
8	Guncha Malhotra	MA Psychology (Batch 2019-21)	2021-22	Masters in Business Administration (MBA) at the prestigious IIM Rohtak