



## Mehr Chand Mahajan DAV College for Women Sector-36 (Chandigarh)

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## 1. A session on "Capacity Building – Research Skills for undergraduate students"

A session on "Capacity Building – Research Skills for undergraduate students" was held on 06.09.2016. The resource person was Dr Jayanti Dutta, Deputy Director UGC, Human resource Development Centre, Panjab University. She apprised the students on various facets of writing a class project. She also elaborated the software on plagiarism. The session concluded with a project writing session by students in which 300 students participated. A power point presentation session was also organized on Introduction to Sociology as a Social Science. In which students presented their papers highlighting the nature of sociology, relevant research areas and various career options offered by this discipline.





## 2. Workshop on "women empowerment through life skills"

A workshop on "women empowerment through life skills" was conducted on 11.2.17, by Reeta Kohli additional Advocate General, Punjab and Haryana high court and Dr. Upneet Lalli Deputy Director ICA. Dr. Upneet lalli elaborated the details of Sexual Harassment Act at work place. Advocate Reeta kohli demonstrated the importance of life skills and martial art for the empowerment of women. Two documentaries titled 'The Brave Girl' and 'Delhi police' were also screened in this workshop. Around 275 students passionately participated and shared their personal experiences in the interactive session of this workshop.

