CURRICULUM VITAE

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EDUCATION

Ph.D. from the Department of Sociology, Panjab University, Chandigarh (Enrol. No. 14/352/Ph.D) on **Social inclusion through EWS Quota under Right to Education Act 2009: A study of EWS Students of private schools,** in 2018.

M.A. (Sociology) Panjab University, Chandigarh in 2014 with 66.8%.

M.Phil. (Education) KU Department of Education, Kurukshetra in 2009

M.Ed. KU Department of Education, Kurukshetra in 2008.

PROFESSIONAL QUALIFICATION

- * Qualified UGC Net in the subject of Education in year June, 2009.
- * Qualified UGC Net in the subject of Sociology in the year June, 2013.

PUBLICATIONS

- Paper published titled as "Nutritional Deficiency among children a violation of human rights" in the proceedings of "National Seminar on Human Rights of the Marginalized understanding and rethinking strategies at PGGCG 11, Chandigarh held on 5th Feb.2015.
- Two papers tilted as "Right to education is still too distant from reality" and "Addressing the need of culturally responsive pedagogy in India" published in e journal Intellectual Quest (Referred Journal) vol. 2, Dec 2014 and vol.3, June 2015.
- Paper titled as "Street children in India: A study of pathetic condition of street Children in Panchkula" published in Milestone Education Review on Jan. 2016.

- Paper titled as Impact of Social Media on the physical and mental well being of adolescents in India is Published in the International Journal of Academic Research and Development in Set-Oct 2017 issue.
- Paper titled as Social Change and Education with reference to Paulo Freire's Libertarian Education is published in Milestone Education Review in Oct issue 2017.
- Paper titled as Trend of Spiritual Godmen in India: Implications for the Modern Indian Society is Published in the International Journal of Academic Research and Development in Nov-Dec 2017 issue.
- Paper tilted as "Social inclusion through EWS Quota with reference to Dr Ambedkar Vision" is published in the International Journal of Advanced Research and Development in Jan 2018 issue.
- Social Exclusion in India: A multidimensional approach to address vulnerable status of children Sanskar Chetna., 6th Edition March. 2018
- Suffering in silence: A sociological cogitation of menstrual hygiene Sanskar Chetna., 7th Edition Feb 2018
- Financial Inclusion through PMKY- A case study of Chandigarh Intellectual quest Dec 2018
- Critical issues concerning Social Inclusion through EWS Quota under Right to Education Act 2009 American International Journal of arts and Social Sciences Vol 1 dec 2018 - feb 2019 issue
- Implications of the EWS quota for underprivileged, Sanshodhan Chetna March 2019 Issue.
- Social Inclusion through Health Support in India: A study of Ayushman Bharat Yojna in Chandigarh Lokayata Journal Of Positive PhilosophyVol IX No.1 March 2019
- Reaffirming Right to life: A sociological study of the safety concerns of school children in Chandigarh, New Horizons (2277-5218) Dec 2019 Issue XVI
- Addiction in Disguise: An analytical study of Screen Exposure among school going children in India, Journal of Critical Reviews, Vol. 7, Issue 15, 2020 (ISSN- 2394-5125)
- Reviewing Resilience: An analytical study on the effect of academic achievement on adversity quotient and self-esteem in the times of COVID-19 among college going girls in Northern India, New Horizons Volume XVIII August 2021 Page 185-203 (2277-5218)
- Association of screen time, quality of sleep and dry eye in college-going women in northern India, Indian Journal of ophthalmology Jan 2022 Vol 70 Issue 1 Page 51-58 doi: 10.4103/ijo.IJO_1691_21 (ISSN: 0301-4738 Online ISSN: 1998-3689)

Books Authored

 Right to Education as a Mechanism to Inclusion, Indu Book Services Pvt LTD, October 2019 (ISBN-978-93-86754-55-4) • Inequality in India: Emerging Trends and Perspectives, Corvette Press Indu Book Services Pvt LTD, July 2021 (ISBN-978-93-91385-02-6)

WORKSHOP/SEMINAR ATTENTED

- Paper presented in National Seminar on Human Rights of the Marginalized – understanding and rethinking strategies at PGGCG 11, Chandigarh held on 5th Feb.2015.
- Participated in a workshop on "Research Paper Writing Skills on 12th Feb. 2015 at Panjab University, Chandigarh.
- Paper presented in One day Faculty Development Programme on Dr B.
 R. Ambedkar, Indian constitution and Indian Society on 20th Jan 2016
- Participated in National Seminar on "Youth for Justice: Protecting the poor from Violence" at DAV college, Chandigarh.
- Presented paper at 19th National Conference of NWISA held on Oct 27-28, 2017.
- Participated in One Day Capacity building Workshop on Research Ethics at PGGGC-11 Chandigarh.
- Paper presented in National seminar on Consumerism and Consumer Protection of Open Market in India on 30th Jan. 2018 at PGGCG-11 Chandigarh.
- Attended 7 day NSS Camp held at MCM DAV College for Women held in December 2018
- Workshop attended on Hygiene practices by Internal Quality Assurance Cell (IQAC), MCM DAV College for Women on 22 Feb, 2019.
- Paper presented in National Seminar on Social Inclusion and Social Equality through Education on 26th March, 2019 at PGGCG-11 Chandigarh.
- One Week Workshop attended on Data Analytics at MCM DAV College Sec 36 A Chandigarh from 4th Nov. to 10th Nov. 2019.
- Paper titled as Medium of instruction in Schools as an agent of exclusion for young minds with reference Gandhian model of Basic Education presented in Manthan: explorations into Contemporary Challenges and Gandhian thought: A Colloquium to celebrate 150th birth anniversary held on 27th Nov 2019
- International Workshop on Issues in Diversity and difference for Inclusive Education, an event under GIAN under the aegis of CRIKC, organized by Panjab University from December 02-07, 2019.
- Paper Titled as Restoring indigenous values in young minds through Higher Education- A contemplation of Issues and Practices presented in Association of Indian College Principal Conference held at Nagpur, Maharashtra on 6th,7th and 8th February 2020.
- Three day workshop on Quantitative techniques and its types, organized by School of Education GNDU Amritsar under PMMMNMTT, Ministry of Education GOI from 23rd November to 25th November, 2020.

- Paper Presented in the 12th Annual International Conference "Safety and Security of Women in the Contemporary World: Issues and Challenges, held on December 4, 2020, organized by Women's Study Centre, Punjabi University Patiala on Cyber World as an Emerging threat: Ensuring safe online experience of female internet user through analysis of digital behavior and response.
- Paper presented in the National Conference AICP, 2021 on 8th-9th April 2021, titled Reviewing effectiveness of online teaching among undergraduate girl students in the era of pandemic of COVID-19 (coauthored with Dr. Nisha Bhargava.

Research Projects

- 1. Making Inclusive Classrooms: An exploratory study of the teaching practices at primary level in Government schools of Chandigarh approved on 19.08.2019 by Chandigarh Commission for Protection of Child Rights (CCPCR). (Grant received, Rs 50.000)
- 2. Making Virtual Space Safer for Women: An analytical study on cyber harassment among women in Chandigarh, approved on 13/07/2020 by Cyber Cell, Chandigarh Police submitted to Chandigarh Police, sponsored by MCM DAV College for Women sec 36 A Chandigarh.
- 3. Play Based Learning: Play Based Learning: A Comparative Study on Role of Traditional Toys and Smart Toys in Metacognition Learning and Language Development in Children, submitted to DAV College Managing Committee, New Delhi and uploaded on UGC Portal under the category initiative by Higher Education Institutions, sponsored by MCM DAV College for Women sec 36 A Chandigarh. (Grant received Rs 15000). Submitted to CCPCR for further action.
- **4.** Reinforcing Workplace Wellbeing: An Analytical Study on Happiness at Workplace, Sleep Quality and Prevalence of Dry Eye among Personnel of Chandigarh Police, approved on 19/03/2021 by the Office of Director General of Police, Chandigarh Police. (Grant received Rupees 25,000)

Awards

- 1. Certificate of Appreciation Chandigarh Police
- 2. Certificate of Appreciation (CCPCR Traditional Toy Based Project 2021)
- 3. Certificate of Appreciation CCPCR Immunity Ambassador May 2021
- 4. Certificate of Appreciation PGIMER Sep 2021
- 5. Certificate of Appreciation Ministry of Education GOI June 2022

Worked As Course Coordinator

A short term course of 60 hours titled as *Be a Heath Manager* organized at MCM DAV College under the aegis Skill Development Committee of College from 16 Feb. to 16th April 2019.

A short term course of 30 hours titled as *Asethetic Living- developing sense of style* and space organized at MCM DAV College under the aegis Skill Development Committee of College from 3rd June to 14Th June 2019.

Seven days Online Faculty Development Program, organized by the MCM DAV College for women under the aegis of Sustainable Practices Committee of the college from 14th July-20th July, 2020.

Bridge Course for Beginners in Research held under the aegis of PG Department of Sociology, MCM DAV College for Women Held from 4th August to 18th August 2020.

5-day Series on Data Analysis held under the aegis of PG Department of Sociology, MCM DAV College for Women from 27th August to 31st August 2020

Worked as Convener

Arise- Expanding horizons across the Globe a two day international workshop empowering women to explore the avenues globally held online from 19-20 December 2020, jointly with Maryam Ajmal College of Science and technology, Hojai Assam with more than 900 participants all around the world.

Worked as Co-Convener

Shakuntla Roy Memorial Lecture organized by MCM DAV College sec 36 A Chandigarh, held on 3rd February, 2021. Prof Jagat Ram, director PGIMER, Chandigarh delivered the keynote address and Prof Arun Grover, PEC Chandigarh delivered the introduction.

Character Building through Education with reference to National Education Policy 2020, a national Webinar organized by MCM DAV College sec 36 A Chandigarh, held on 25February, 2021

Reviewer

Springer Journal
International Journal of educational and vocational guidance.
Journal of Educational Thought
University of Calgary

Coordinator

Mehr Chand Mahajan DAV College for Women as a registered Centre of National Skill Development Corporation of India under the aegis of Ministry of Skill Development and Entrepreneurship, Government of India.

Trio logy in Research as Resource Person

 Sessions taken on Introduction to Research, Developing a Research proposal and data collection as well as analysis in Seven days Online Faculty Development Program, organized by the MCM DAV College for women under the aegis of Sustainable Practices Committee of the college from 14th July-20th July, 2020.

- Sessions taken on basic concepts of research, writing a research proposal, data collection tools, statistical analysis of findings, and use of computer to facilitate research in the Bridge Course for Beginners in Research held under the aegis of PG Department of Sociology, MCM DAV College for Women Held from 4th August to 18th August 2020.
- 3. Sessions taken on various statistical as well as non-statistical tools to analyze and interpret data so that valid generalizations can be drawn in 5-day Series on Data Analysis held under the aegis of PG Department of Sociology, MCM DAV College for Women from 27th August to 31st August 2020

Lecture in an International Workshop

Delivered a Lecture on Skill Development and Entrepreneurship on 7th September, 2020 in three days International workshop on Capacity Building and Redesigning the learning and Research Aptitudes Organized by Maryam Ajmal Women's College of Science and Technology, Hojai, Assam.

LIFE TIME MEMBERSHIP

- Indian Sociological Society, New Delhi.
- North-West Indian Sociological Association.

COMMUNITY WORK

- 1. Delivered a a lecture on re-understanding the notion of freedom in NSS camp at MCM DAV College on 19th March,2021.
- 2. Delivered an interactive talk on opportunities of skill training and employment under PMKVY Scheme in the Government school of Kajerhi Village.

Worked with two local private schools as a Volunteer for a personal project named as 'Kanya our Wealth' for brining awareness among girls on vital issues through interactive session, on voluntary & non-monetary basis for one year.

Teaching Experience

Taught Sociology in academic session 2015-16 at Govt. college sec-1 Panchkula to under graduate Classes.

Taught Sociology in PGGC Sec-46 Chandigarh in academic 2016-17 session and for a semester in 2017-18 academic session.

Currently teaching under graduate classes in MCM DAV College for Women Sec 36 Chandigarh since July 2018.