

Report of Sociology Department (2018-19)



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1. Career options in Sociology

The department also organised an orientation programme on 8 August, 2018, for the first year students of post graduate and graduate classes to familiarize them with the nuances and career options in Sociology. The session was conducted by Ms. Steffi Bhateja an alumna of the college. She made a power point presentation on the evolution and new developments in the field of Sociology. Students also registered themselves with a Sociology dept. association 'MCM Social Millennials' and pledged to work for the society beyond the boundaries of family and college.



2. An interactive session on 'empowering women through cyber-crime awareness'

Interactive session on 'empowering women through cyber-crime awareness' was organised by the department on 29 August, 2018. The session was conducted by Deputy Superintendent of Police Ms. Rashmi Yadav, CCIC and IT, Chandigarh Police. The session aimed at educating women about cyber-crimes and equipping them with requisite knowledge to stay safe. Around 100 students participated in the session enthusiastically.



छात्राओं को सम्बोधित करते हुए डीएसपी रश्मि शर्मा यादव। (छाया : गुरिन्दर सिंह)

साइबर अपराध जागरूकता से छात्राओं का सशक्तिकरण

चंडीगढ़, 30 अगस्त (प्रतिनिधि): एमसीएम डीएवी कॉलेज के वीमेन डेवलपमेंट सेल एवं सोशियोलॉजी विभाग ने एम्पॉवरिंग वीमेन साइबर क्राइम अवैयरेन्स विषय पर एक लोकप्रिय आयोजित किया। सीसीआईटी एनड आईटी, चंडीगढ़ के डीएसपी रश्मि शर्मा यादव ने साइबर अपराध जैसे ज्वलंत मुद्दे पर प्रकाश डाला। श्रीमती यादव ने इस डिजिटल युग में इस समस्या की

छात्राओं को सुझाए बचाव एवं इस समस्या से निपटने के तरीके

गम्भीरता पर चर्चा की तथा छात्राओं और स्टाफ सदस्यों को इससे बचाव एवं इस समस्या से निपटने के अनेक तरीकों

से अवगत करवाया। कॉलेज की प्रिंसिपल डॉ. निशा भार्गव ने साइबर अपराध की बढ़ती घटनाओं के प्रति चिंता व्यक्त करते हुए कहा की एम्सीएम में आत्म रक्षा प्रशिक्षण कार्यशालाओं, विचार विमर्श एवं लिंगाल लिट्रेसी पर सेमिनारों, डिजिटल लिट्रेसी पर चर्चा आदि अनेक गतिविधियों द्वारा महिला सशक्तिकरण के प्रति अपने दायित्व को निभाने का निरंतर प्रयत्न होता रहता है।

Lecture on cybercrime to educate women held at MCM

CHANDIGARH, AUG 30

Envisaging to educate women about cybercrimes and equipping them with requisite knowledge to stay safe, Women Development Cell and Sociology Department of MCM DAV College for Women organised a lecture on 'Empowering Women through Cybercrime Awareness'. Ms Rashmi Shamma Yadav, DSP, CCIC & IT, Chandigarh delivered this highly enlightening lecture on the pertinent problem of cybercrimes.



Ms.Yadav apprised the students and staff of the grave nature of the problem in this digital age and made them aware of various ways and provisions in law to prevent and handle the menace that cybercrime is.

The audience found the lecture to be an eye-opener and resolved to be more cautious of their cyber behaviour in future.

Principal Dr. Nisha Bhargava while expressing concern over the rising incidents of cybercrimes, reiterated that MCM is conscious of its responsibility of raising empowered women which reflects in its various programmes like self defense training, workshops, discussions and seminars on legal literacy, digital literacy and the like.

3. Pro-active safety programme

The post graduate Department of Sociology initiated a **Pro-active safety programme** in collaboration with Chandigarh Police on 11 August, 2018. The aim of the programme was to ‘empower the girls we love’ with self-defense skills that enables them to respond effectively to potential safety threatening situations. The inaugural of the programme was graced by Chandigarh SSP Nilambari Jagadale and DSP Anjitha, women and child support unit Chandigarh. The SWAYAM self-defense team demonstrated the self-defense techniques and conducted training sessions for the students in 15 batches, each batch comprising 100 students was imparted six days’ training. The programme empowered 1500 girls with self-defense techniques.



4. Grand Finale of Pro-active safety programme

On 16th November, 2018, the **Grand Finale** of this programme was held. Honorable Punjab Governor and Chandigarh administrator Sri V. P. Singh Badnore graced the event as the chief guest. The other dignitaries present on this occasion included Chandigarh DGP Sanjay Beniwal, Chandigarh SSP Nilambari Jagadale, DSP Anjitha and SSP Traffic Shashank Anand. A Demonstration of self-defense tactics learnt during the programme was presented by 500 students, which drew a thunderous applaud from the audience.



Students perform during self-defencetraining programme by Chandigarh Police at MCMDAV College in Sector 36, Chandigarh, on Friday. Kamleshwar Singh REPORT, PAGE 3

5. Visited radio station 98.3 FM

On 1st November 2018, the students of post graduate classes visited radio station 98.3 FM Radio Mirchi. Around 40 students were a part of this visit which aimed at providing the students the exposure and understanding of media operations. The students interacted with the Radio Jockeys, the producer manager Ms. Prerna and the Sound manager Mr. Sushant regarding various procedures associated with radio broadcasting.



6. Lecture on Glass Ceiling

The Women Development Cell of MCM DAV College for Women organised a lecture on 6th feb 2019 'Glass Ceiling' with the aim of empowering the students with requisite knowledge to overcome the socially constructed barriers that lead to inequality in the society. Dr. Manoj Kumar, Associate Professor, Department of Sociology, PGGCG-11 delivered this thought-provoking lecture with special reference to gender bias. Dr. Kumar opined that it is unfortunate that despite women having attained top positions all over the world, their representation in parliament, local government, bureaucracy and corporate sector is not up to the mark. He motivated the young girls to take the lead in breaking the glass ceiling. 250 students participated in it. Principal Dr. Nisha Bhargava said that empowering women since 1968, MCM is steadfast in its resolve to create women of substance who take pride in being a woman and know how to take the society further by fighting the evils in the society.



8 UGC NET Workshop

UGC NET Workshop was organised on the 6th March 2019 by the Department of Sociology, for graduate and post graduate students. The main objective of the workshop was enhancing awareness and knowledge among the students regarding NET and JRF examination conducted by National Testing Agency (NTA) for Lecturership as well as Research. The Alumni as well as current student achievers were called as the resource persons and they shared their personal experiences and strategies that they applied for the preparation for the competitive examination. The three resource persons i.e, Ms Kanika, Ms Gursimran and Ms Bhavya basically focussed on separate dimensions of preparation like judicious planning, focussed class room learning, choosing right preparation material, the changes in the pattern and syllabus as well as application of smart time management techniques. The session concluded with stimulating interactive session. 200 students enthusiastically participated in it.

