

Action Taken Report

(March 2021 - January 2022)

Activities conducted under



Submitted by:



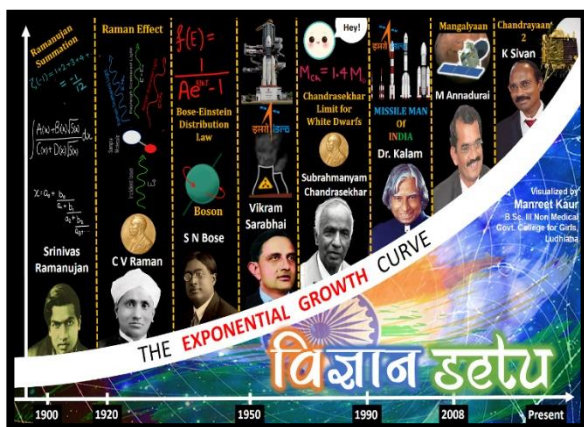
Mehr Chand Mahajan
DAV College for Women
Sector 36-A, Chandigarh (U.T.)

NAME OF THE INSTITUTION
MEHR CHAND MAHAJAN DAV COLLEGE FOR WOMEN, SECTOR 36-A, CHANDIGARH

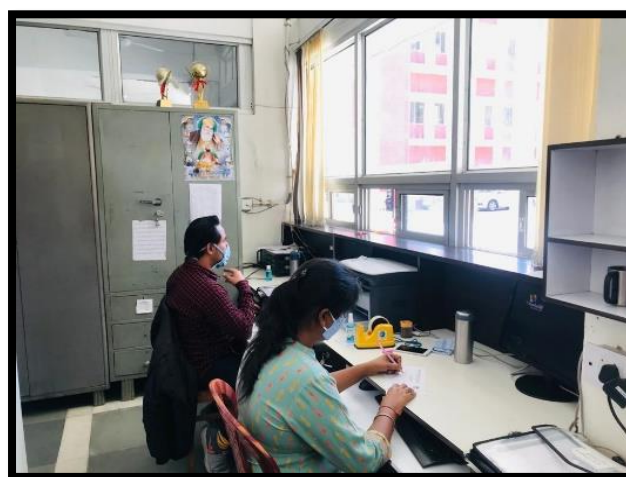
S. No.	Event	Date of event	Name of resource person/guest (If any)	Number of participants	Remarks (if any)
1.	Use of sprinklers for watering plants to save water	15.03.2021	-	15 students & 10 Malis	Regular practice of using sprinklers has helped in reducing water wastage in the college campus.



2.	National level E-Poster Making Contest showcasing the achievements of Indian Scientists organized by Science departments of the college	18.03.2021	-	112	The digital posters were beautifully designed to showcase the accomplishments of great Indian scientists. Three best entries were chosen for the cash prizes.
----	---	------------	---	-----	---



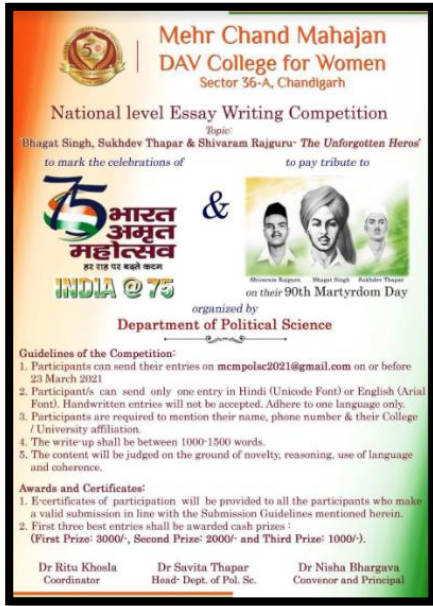
3.	Use of natural light in offices	19.03.2021	-	Madam Principal & 26 non-teaching staff members	The office staff realized the difference between working in artificially lit environment and in natural light.
----	---------------------------------	------------	---	---	--



4.	Workshop on Paper recycling	20.03.2021	Dr. Shafila, Assistant Professor, Department of Environment Science, Mehr Chand Mahajan DAV College for Women, Chandigarh	82 NSS volunteers	Students learnt the process of manufacturing handmade paper and paper pencils. They created beautiful decoration pieces.
----	-----------------------------	------------	---	-------------------	--



5.	National Level Essay Writing Competition by Department of Political Science	23.03.2021	-	74 students	Participants paid tribute to Shaheed Bhagat Singh, Sukhdev Thapar and Shivaram Rajguru on their 90 th Martyrdom Day. Cash prizes were awarded to the prize winners
----	---	------------	---	-------------	---



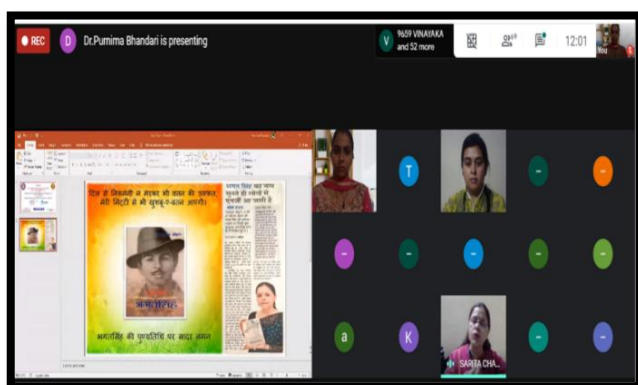
एमसीएम में भगत सिंह, राजगुरु और सुखदेव पर राष्ट्रीय स्तर की निबंध लेखन प्रतियोगिता

मदरलैंड संवाददाता, चंडीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन के राजनीति विज्ञान विभाग ने महान शहीदों भगत सिंह, सुखदेव और राजगुरु को श्रद्धांजलि अर्पित करते हुए एक राष्ट्रीय स्तर की ऑनलाइन निबंध लेखन प्रतियोगिता का आयोजन किया। प्रतियोगिता का आयोजन को शिक्षा मंत्रालय भारत सरकार के फ्लैगशिप मिशन ह्यआजादी का अमृत महोत्सव, भारत @ 75 के तत्वाधान किया गया। भगत सिंह, सुखदेव थारु और शिवराम राजगुरु- द अनफॉरगट्टेड हीरोस शीर्षक पर आधारित इस प्रतियोगिता में देश भर से 74 से अधिक विद्यार्थियों ने उत्साहपूर्वक भाग लिया। प्रतिभागियों ने इन शहीदों के बलिदानों एवं उनका मातृभूमि के प्रति निस्वार्थ प्रेम पर प्रेरणादायक निबंध लिखे। विजेताओं को नकद पुरस्कार और ई-प्रमाण पत्र से सम्मानित किया गया। प्रतियोगिता में गवर्नमेंट कॉलेज ऑफ आर्ट्स एंड साइंस खंडोला मासेला, गोवा की मिली तारि को पहला पुरस्कार मिला। दूसरा पुरस्कार एमसीएम डीएवी कॉलेज फॉर विमेन, चंडीगढ़ की शुभाशीष गौर ने जीता तथा तीसरा पुरस्कार पीजीजीसीजी-11 चंडीगढ़ की निकिता को मिला। कॉलेज की प्रिंसिपल डॉ निशा भार्गव ने युवाओं में देशभक्ति और हमारे शहीदों के प्रति सम्मान की भावना को सुदृढ़ करने के लिए राजनीति विज्ञान विभाग के इस प्रयास की सराहना की। उन्होंने कहा कि इस तरह की गतिविधियाँ हमारे महान राष्ट्र की समृद्ध विरासत से युवाओं को रूबरू कराने एवं इसे अग्रसर करने में उनकी जिम्मेदारी एवं भागीदारी के लिए बहुत महत्वपूर्ण हैं।

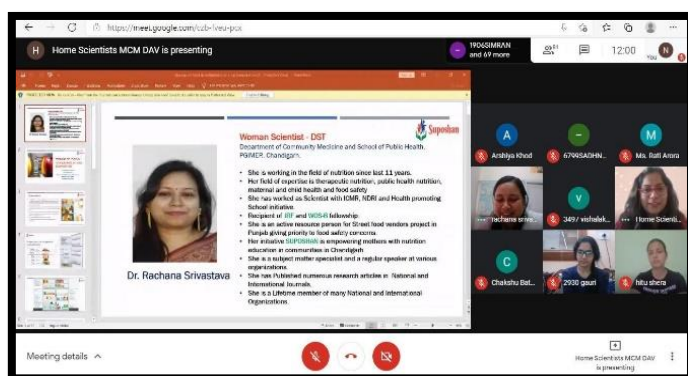
6.	Interactive session on Azadi ka Amrit Mahotsav, India@75 years by NSS Units	23.03.2021	NSS Volunteers: Ms. Takshu Jagga, Ms. Yashika, Ms. Simranjeet Kaur and Ms. Dhanu	81 NSS Volunteers	NSS Volunteers were acquainted with the contributions made by our freedom fighters in the India's struggle for freedom.
----	---	------------	--	-------------------	---



7.	Motivational lecture and poster making competition on Shaheed Bhagat Singh ji on the occasion of Shaheedi Diwas organized by NSS Units	23.03.2021	Dr. Sarita Chauhan, Associate Professor, PG Department of Hindi, Mehr Chand Mahajan DAV College for Women, Chandigarh	81 NSS Volunteers	Participants were inspired by the motivational talk and were filled with feelings of patriotism, inspiration, and motivation after the session
----	--	------------	---	-------------------	--



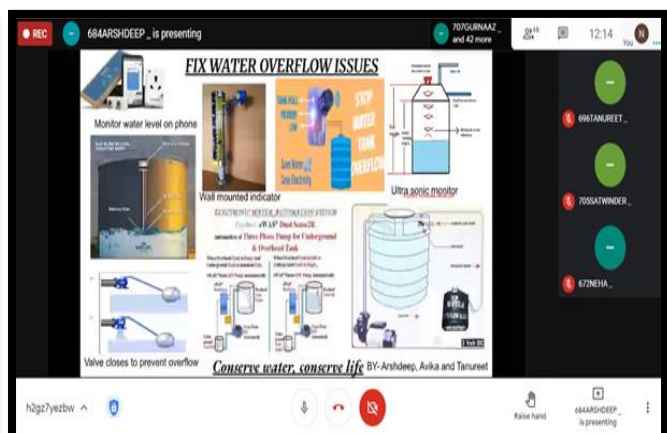
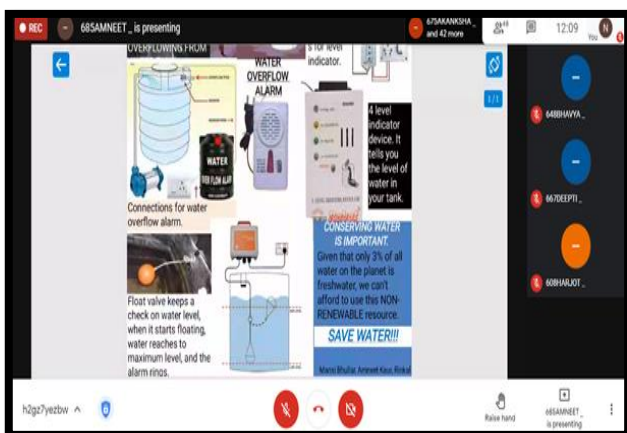
8.	Webinar on 'Storage of food in refrigerator at an ideal temperature'	02.04.2021	Dr. Rachana Shrivastava, Woman Scientist-DST, Department of Community Medicine and School of Public Health, PGIMER, Chandigarh	92 students & 5 faculty members	Students discussed about their doubts regarding storage of Green leafy vegetables and other highly perishable food items.
----	--	------------	--	---------------------------------	---



9.	Collage making activity on the theme 'Conserve water- Every drop counts'	03.04.2021	-	30 students	The students realized that little alertness and even slight change in their habits can actually contribute a lot towards water conservation.
----	--	------------	---	-------------	--



10.	Power point presentation on the topic 'Never let water tank overflow as it leads to wastage of water'	03.04.2021	-	46 students	Students enjoyed the session thoroughly and discussed with each other the methods being followed by them at their homes to fix water overflow issues.
-----	---	------------	---	-------------	---



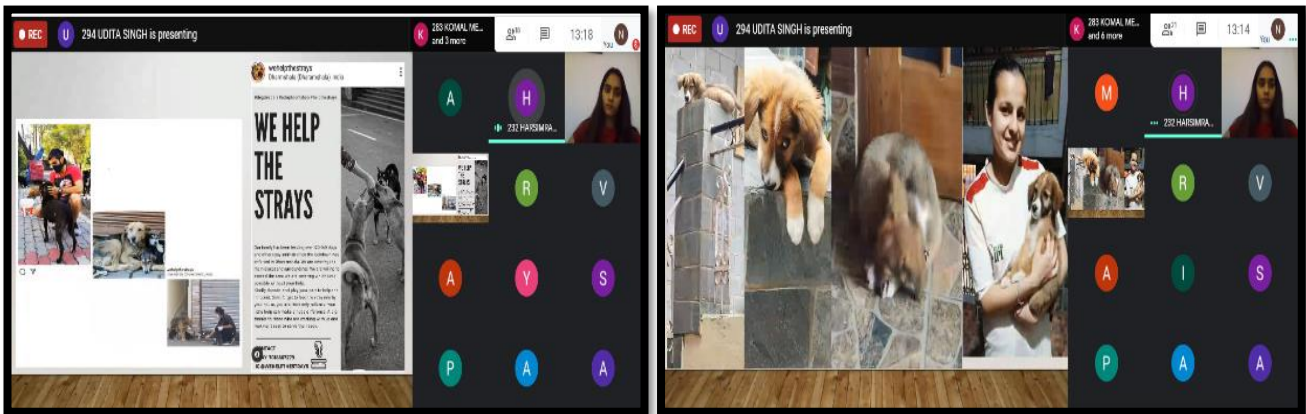
11.	Video message contest on the theme 'Effects of burning garbage on the environment'	08.04.2021	-	24 students	Students enthusiastically shared their views on the effects of garbage burning via their video messages.
-----	--	------------	---	-------------	--



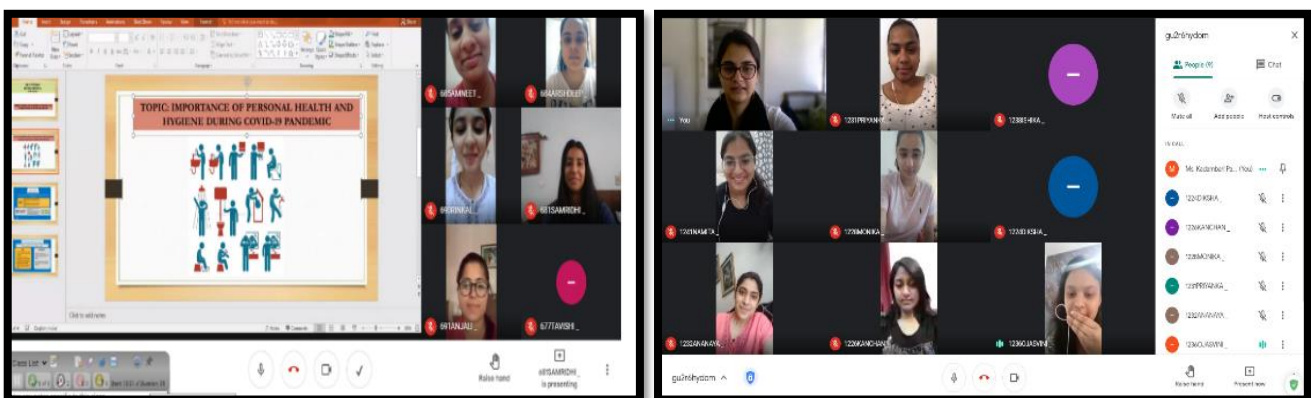
12.	Webinar cum training session on 'Yoga for health' to celebrate World Health day	08.04.2021	Mrs. Monica Gupta, Yoga trainer and member of International Neuropathy Organization, India	50 students	The students felt refreshed after performing various aasanas during the session and got motivated to adopt yoga as a part of their daily routine.
-----	---	------------	--	-------------	---



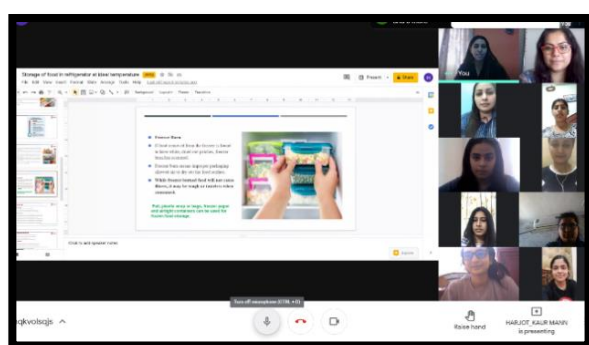
13.	Online true story telling activity on the theme 'Compassionate action for street animals' organised by MCM Eco-club under the aegis of Character building committee of the college	10.04.2021	-	30 students	Students got sensitized about the plight of helpless street animals and developed concern for them.
-----	--	------------	---	-------------	---



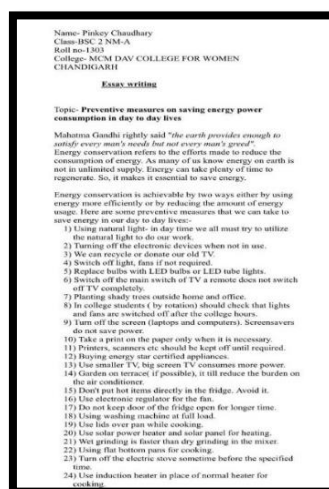
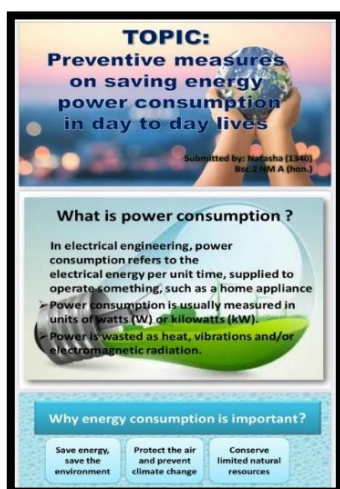
14.	Mentorship programme on 'Importance of personal health and Hygiene during Covid-19 pandemic'	19.04.2021 & 20.04.2021	-	560 students	Students learned about the personal health and hygiene protocols to prevent themselves from COVID-19 infection.
-----	--	-------------------------	---	--------------	---



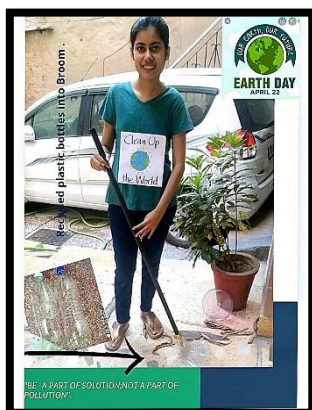
15.	Webinar on the theme 'Don't purchase perishable food items such as fruits, vegetables, eggs etc. in excess to avoid spoilage' organised by Department of Home Science in collaboration with MCM Eco-club	19.04.2021	Dr. Harjot Kaur Mann, Assistant Professor, Department of Home Science, Mehr Chand Mahajan DAV College for Women, Chandigarh	53 students and 02 faculty members	Students were educated about the perishable nature of short shelf-life foods such as fruits, vegetables etc. Also, the main causes and prevention of spoilage were discussed.
-----	--	------------	---	------------------------------------	---



16.	Essay writing and power point presentation competition on the topic 'Preventive measures to reduce energy consumption'	19.04.2021	-	54 students	Students participated in this competition and learned many different measures that can help in reducing energy consumption.
-----	--	------------	---	-------------	---



17.	Celebration of 'Earth day' on the theme 'Restore our Earth' organised by the Swachhta Committee (Arts)	22.04.2021	-	14 students and 05 faculty members	Students pledged to save the Mother Earth
-----	--	------------	---	------------------------------------	---

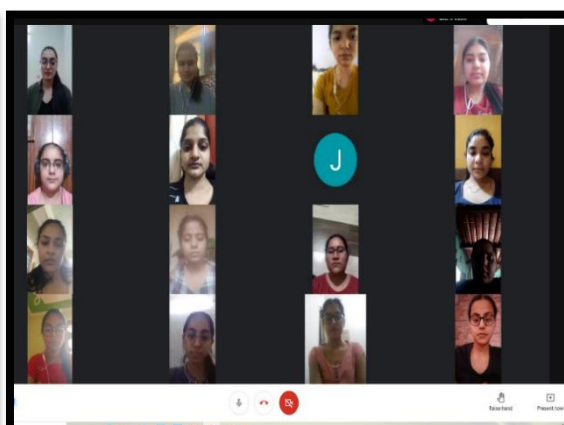


18.	Interactive session on 'Prevention and control of mosquito borne diseases' to celebrate World Malaria day organised by Health committee of the college in collaboration with MCM Eco-club	25.04.2021	-	40 Students	Students volunteered to take steps for preventing mosquito breeding in and around their homes.
-----	---	------------	---	-------------	--

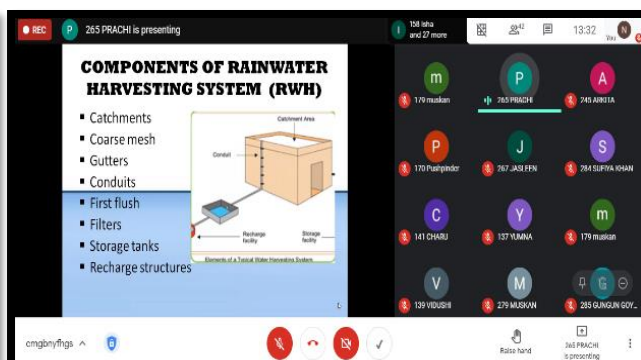
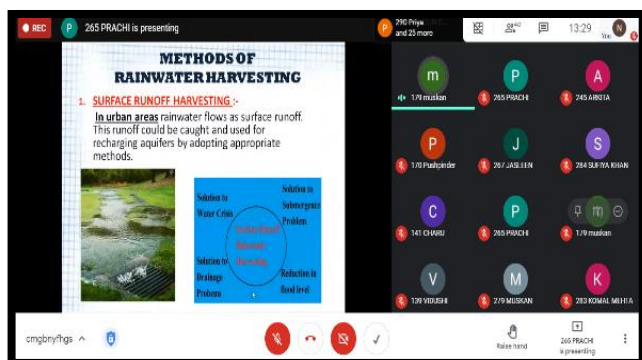
Why is it necessary to control spread of mosquitoes ?

Mosquito control manages the population of mosquitoes to reduce their damage to human health, economies, and enjoyment.

Mosquito control is a vital public-health practice throughout the world and especially in the tropics because mosquitoes spread many diseases, such as malaria and the Zika virus.

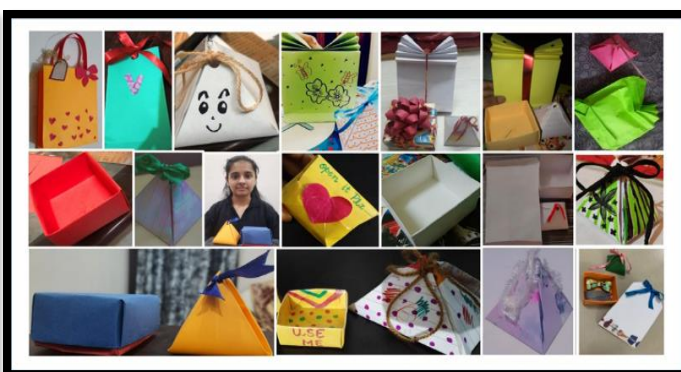
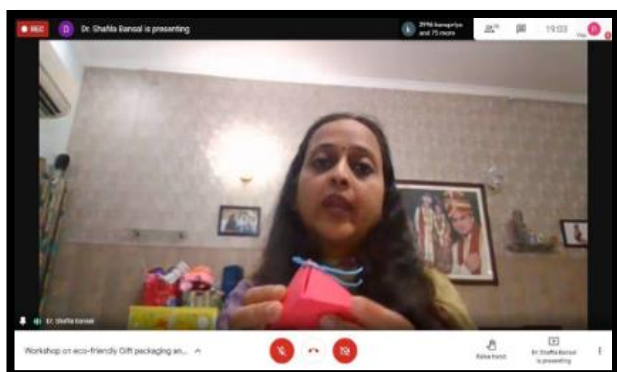
19.	PowerPoint presentation on 'Rainwater harvesting system and Its role in water conservation' organised by MCM Eco-Club	27.04.2021	-	42 students	The Presentation aimed to highlight the threat of water scarcity and suggest Rainwater Harvesting as a decentralized water source for the future needs.
-----	---	------------	---	-------------	---



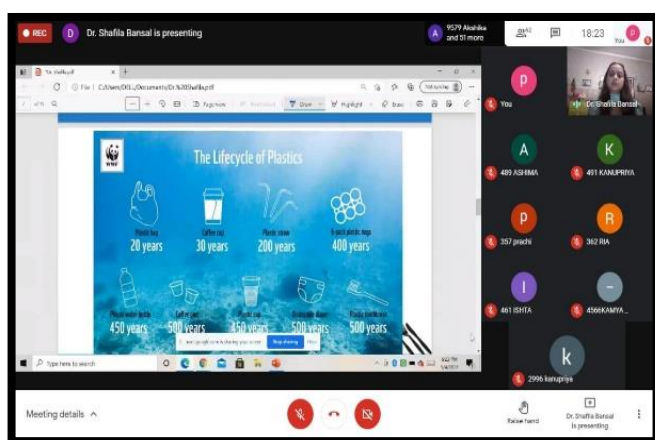
20.	Daily cleaning of house for better hygiene organised by MCM Eco-Club	30.04.2021	-	50 students	This activity motivated the students to follow the cleanliness practices. They enthusiastically participated and promised to keep their respective places clean on daily basis.
-----	--	------------	---	-------------	---



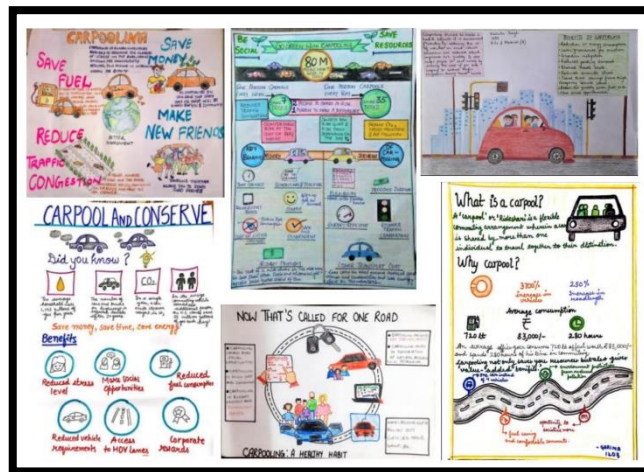
21.	Online workshop on 'Eco-friendly gift packaging and wrapping' organised by Department of Environment Science in collaboration with MCM Eco-club	04.05.2021	-	78 students	Students learned eco-friendly ways of gift wrapping and packaging. Participants showed their creativity and shared the pictures of their handmade products.
-----	---	------------	---	-------------	---



22.	Webinar on 'Environmental impacts of plastic cutlery and its eco-friendly alternatives' organised by Department of Environment Science in collaboration with MCM Eco-club	06.05.2021	-	62 students	Participants shared their views and alternate methods to reduce the use of plastic cutlery in daily life. They learnt about the new eco-friendly options available in the market.
-----	---	------------	---	-------------	---



23.	Awareness about Carpooling as an environment friendly habit through infographics organised by the Department of Zoology and MCM Eco-Club	10.05.2021	-	30 students	The students came to know that carpooling can successfully reduce the load on the environment.
-----	--	------------	---	-------------	--



24.	Poster making activity on the topic "Control the bass of music systems because it causes noise pollution" organised by The Department of Mathematics and MCM Eco-Club	13.05.2021	-	35	Participants designed their posters (both e-posters and handmade posters) showcasing their creativity to illustrate points of interest, so that readers could get insight into several facts of noise pollution created by high bass music systems.
-----	---	------------	---	----	---



25.	Awareness session on 'Waste segregation by usage of appropriate bins' organised by NSS Units & MCM Eco-Club	07.05.2021 - 14.05.2021	-	20 NSS volunteers	Volunteers were able to generate awareness about waste segregation among the students.
-----	---	-------------------------------	---	-------------------	--



26.	National Level Online Quiz on Biodiversity organized by Department of Botany In collaboration with MCM Eco-Club to celebrate International day for Biological Diversity	22.05.2021	-	103 students	Students came to know about the threats being faced by biodiversity
-----	---	------------	---	--------------	---



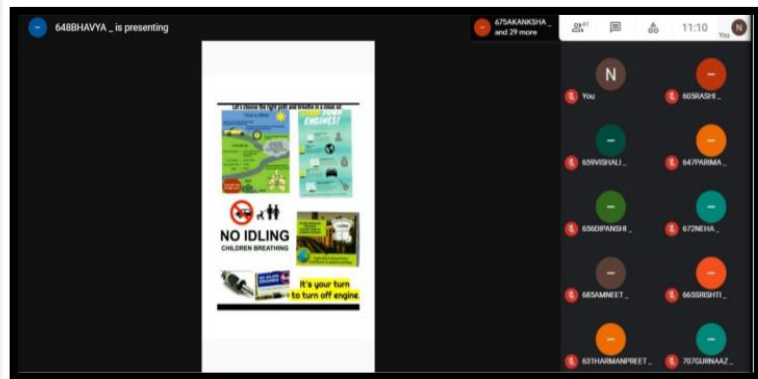
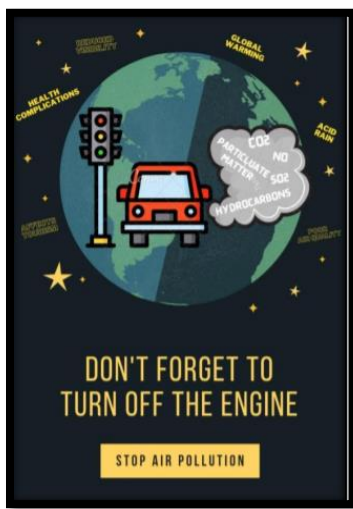
27.	Online activity on the theme 'My Backyard Biodiversity' organised by Department of Zoology & MCM Eco-Club to celebrate International day for Biological Diversity	22.05.2021	-	125 students	Students captured floral and faunal diversity in their backyards
-----	---	------------	---	--------------	--



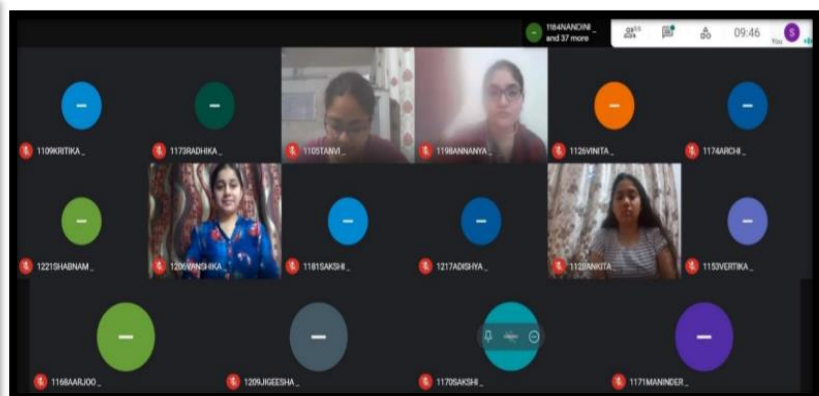
28.	Online photography exhibition to celebrate the International day for Biological Diversity	22.05.2021	-	20 staff members	International day for Biological Diversity
-----	---	------------	---	------------------	--



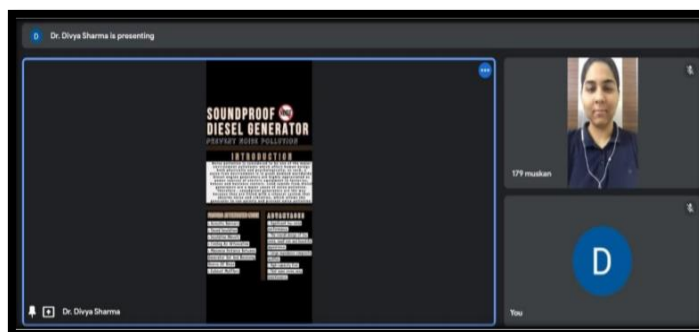
29.	Online power point presentation on the theme 'Don't keep vehicle Engine turned on unnecessarily, turning off the engine will prevent the release of harmful air pollutants' organised by MCM Eco-club	29.05.2021	-	42 students	Students promised to spread the word among their family and friends.
-----	---	------------	---	-------------	--



30.	Interactive session on the theme 'Energy conservation while using geyser' organised by MCM Eco-club	30.05.2021	-	57 students	Students felt motivated to adopt suggested measures of reducing power consumption by accurate use of the geysers.
-----	---	------------	---	-------------	---



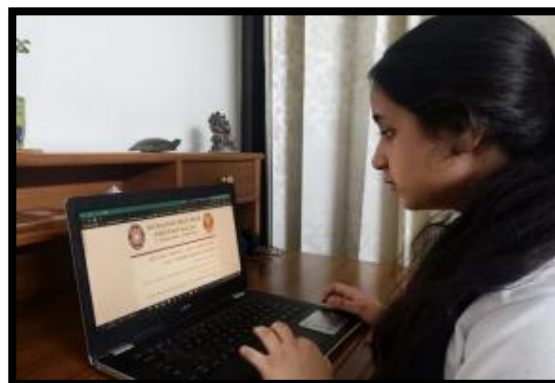
31.	Online talk on the theme 'Use sound proof (acoustic) diesel generator sets to prevent noise pollution' organised by MCM Eco-club	30.05.2021	-	56 students	The students got to know the benefits of using Acoustic Diesel generators in place of normal diesel generators to minimize the sound and ill effects of high sound too.
-----	--	------------	---	-------------	---



32.	Awareness generation and action oriented activity on the theme 'Avoid concrete bases around plants to allow seepage of water into the roots' organised by the Department of Botany	31.05.2021 - 07.06.2021	-	50 students	Concrete bases and stones around the trees in the college campus were removed to provide them a breather.
-----	--	-------------------------------	---	-------------	---



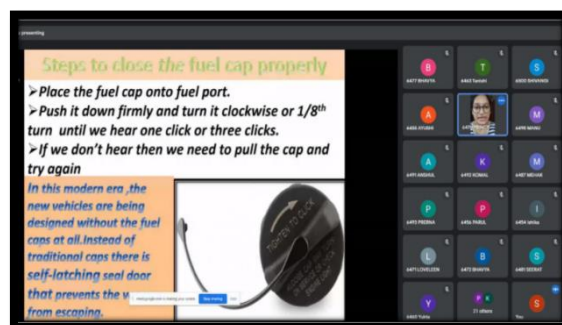
33.	National level online quiz on the occasion of World Environment day organised by NSS Units in collaboration with the Department of Environment Science and MCM Eco-Club	05.06.2021	-	1054 students	Students from diverse parts of the country participated in the Quiz competition
-----	---	------------	---	---------------	---



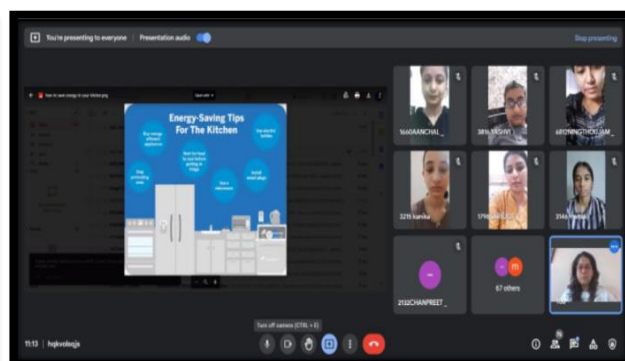
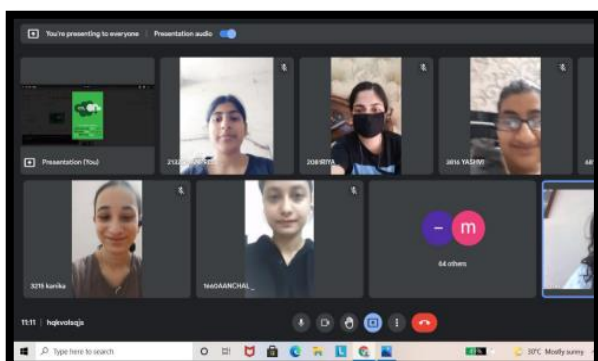
34.	Online activity on the theme 'Keep indoor plants in room to purify air' organised by the Department of Botany in collaboration with MCM Eco-Club	05.06.2021	-	20 students	Students enthusiastically planted different indoor plants at their places and took responsibility of nurturing them.
-----	--	------------	---	-------------	--



35.	Awareness generation programme on the theme 'Save fuel from evaporation: ensure that fuel cap is closed tightly' organised by the Department of Chemistry and MCM Eco-Club	07.06.2021	-	40 students	All the participants were encouraged to follow few steps to stop unnecessary fuel evaporation.
-----	--	------------	---	-------------	--



36.	Webinar on the theme 'Cook with fuel efficient kitchen appliances, use ISI marked LPG stove for higher efficiency' organised by the Department of Home Science in collaboration with MCM Eco-club	10.06.2021	-	76 students	The students were educated about the various energy efficient kitchen appliances and their appropriate selection and usage. The importance of ISI marked LPG cylinders was discussed along with safety measures to be followed while using LPG cylinder at domestic level.
-----	---	------------	---	-------------	--



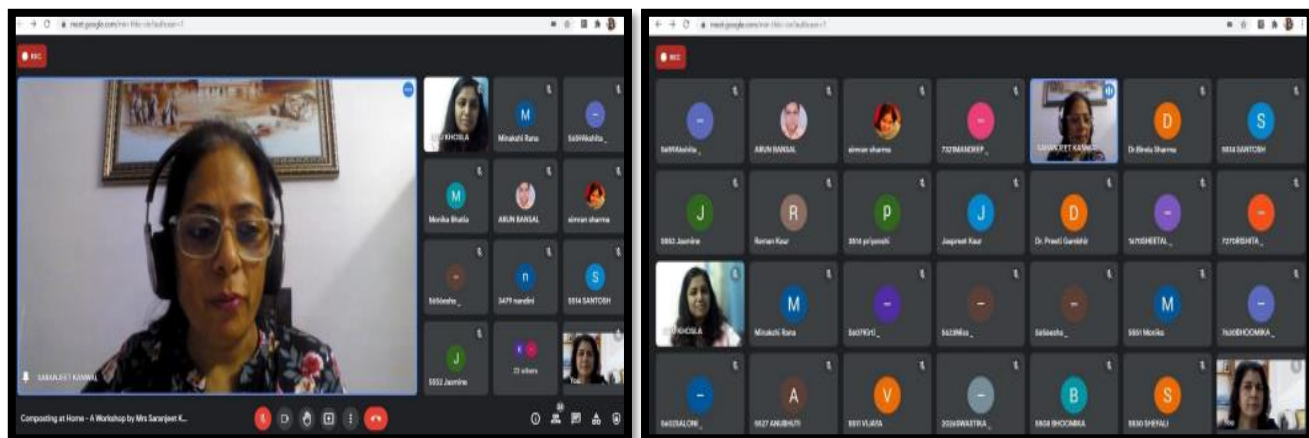
37.	An online interactive session based on the theme 'Installation of solar water heaters to save energy' organised by the Department of Physics in collaboration with Renewable Energy committee and MCM Eco Club	12.06.2021	-	93 students and 05 faculty members	The session created better understanding about the basics of solar water heaters among the students.
-----	--	------------	---	------------------------------------	--



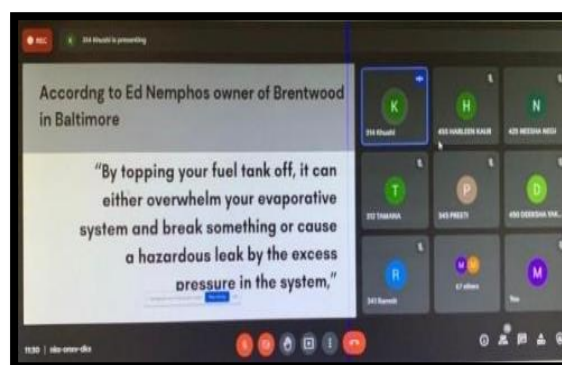
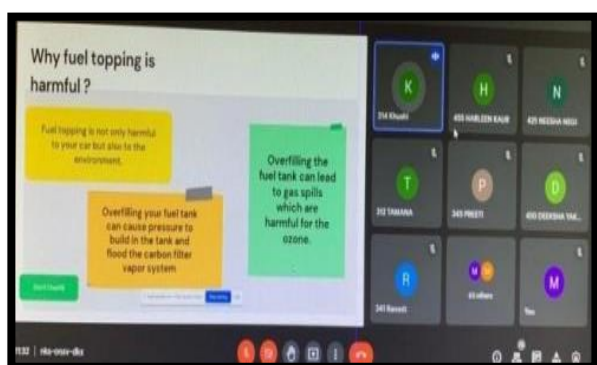
38.	Awareness session on 'Prevention of mosquito breeding in the college campus' organised by the MCM Eco-Club	15.06.2021	-	20 non-teaching staff members	The participants committed to adopt suggested measures of preventing mosquito breeding in the college campus.
-----	--	------------	---	-------------------------------	---



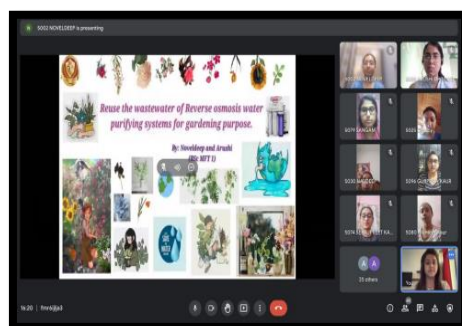
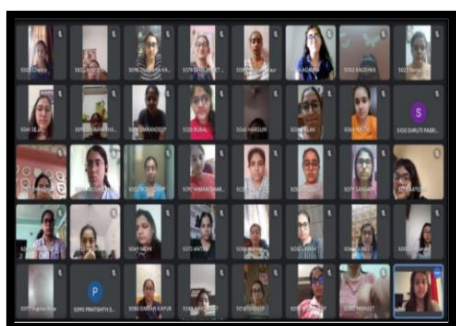
39.	Virtual workshop on the theme 'How food residue can be turned to compost?' organised by Swachhta committee (Arts)	17.06.2021	Ms. Saranjeet Kanwal, Bhavan Vidyalaya, Chandigarh	50 students and 11 teachers	Participants learned about the methods of converting food residue into compost.
-----	---	------------	--	-----------------------------	---



40.	An interactive session based on the theme 'Don't overfill fuel tank, it is harmful to the environment and to the car engine' organised by the Department of Physics in collaboration with MCM Eco-Club	19.06.2021	-	75 students and 04 teachers	The participants got encouraged not to get their fuel tanks overfilled so as to stop damage to the car engine and the environment.
-----	--	------------	---	-----------------------------	--



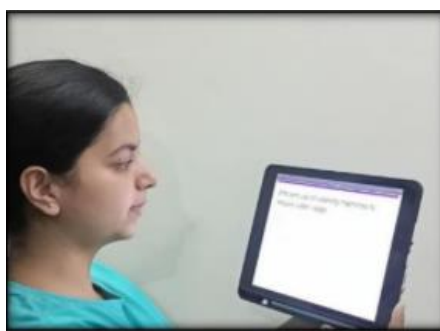
41.	Online Power point presentation on the theme 'Reuse the waste water of reverse osmosis water purifying systems for gardening purpose' organised by Department of Food Science and MCM Eco-Club	20.06.2021	-	40 students	Participants were able to generate awareness about the reuse of waste water of Reverse Osmosis water purifying systems for gardening purpose.
-----	--	------------	---	-------------	---



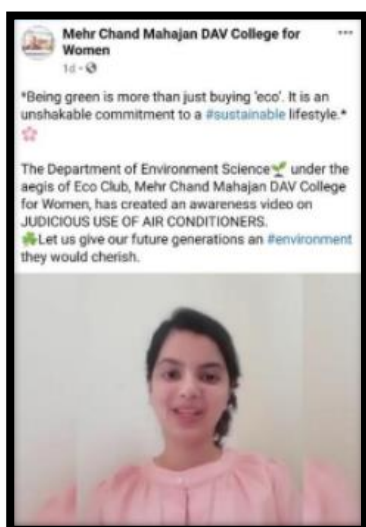
42.	E-poster making activity on the topic 'Park your vehicle in the shade. Vehicles parked in the shade stay cool, and reduce fuel consumption by minimizing use of ACs' organised by the MCM Eco-Club	28.06.2021	-	21 students	With relevance to the theme, participants chose to highlight the advantages of parking vehicles in the shade.
-----	--	------------	---	-------------	---



43.	Online awareness quiz on the theme 'Using washing machines efficiently to reduce water usage and dry clothes in the sun' organised by Department of Zoology	29.06.2021	-	72 students	The students were able to understand how they can put the suggested methods into action for reducing their household water consumption while doing laundry.
-----	---	------------	---	-------------	---



44.	An online awareness campaign on judicious use of air conditioners organised by Department of Environment Science of the college in collaboration with MCM Eco-club	30.06.2021	-	24 students	The video was shared on multiple official WhatsApp groups and social media handles of the college like Facebook and Instagram in order to spread the message to the maximum.
-----	--	------------	---	-------------	--



45.	Van Mahotsav Celebration organised by NSS Units under the aegis of MCM Eco-Club	01.07.2021	-	15 NSS Volunteers	Volunteers learned about benefits of various plants and promised to take care of saplings that were planted.
-----	---	------------	---	-------------------	--



46.	Cleaning of rooftop solar panels for their better efficiency organised by MCM Eco-Club in collaboration with Renewable energy committee	12.07.2021	-	05 staff members	Regular cleaning ensures that solar unit runs at maximum efficiency and give best performance.
-----	---	------------	---	------------------	--



47.	An online hands-on workshop on 'Paper recycling, paper pencil making and seed balls making' organised by Department of Environment Science under the aegis of Internal Quality Assurance Cell (IQAC)	17.07.2021	Dr. Shafila, Assistant Professor, Department of Environment Science, Mehr Chand Mahajan DAV College for Women, Chandigarh	23 students	Participants enthusiastically learnt the process of paper recycling, paper pencil making and seed balls making and shared the pictures of items made by them.
-----	--	------------	---	-------------	---



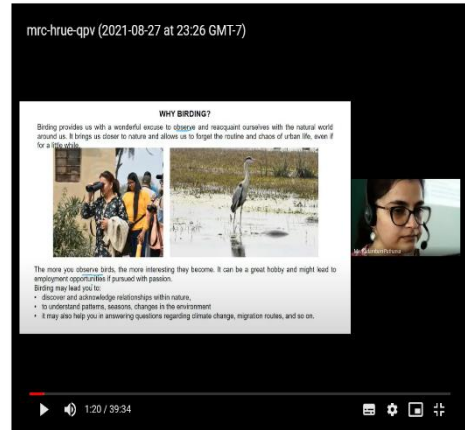
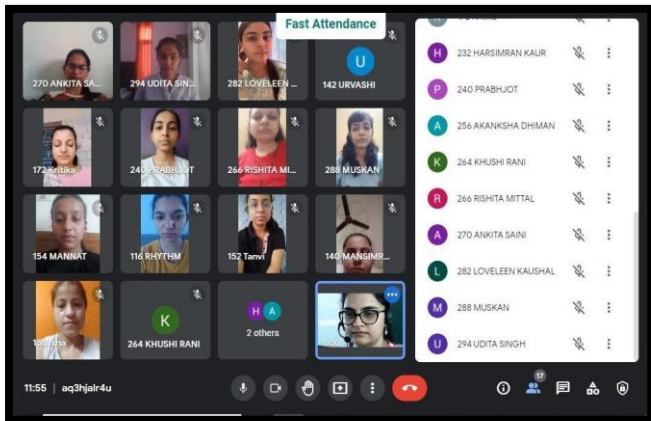
48.	Celebration of World Nature Conservation day by annual tree plantation organised by the Department of Botany	28.07.2021	-	10 staff members	Plants of economic and ornamental relevance including Brahmi, Akarkara, Stevia, Tulsi, Ajwain, Har Shingar were distributed amongst the teaching and non-teaching staff of the college.
-----	--	------------	---	------------------	---



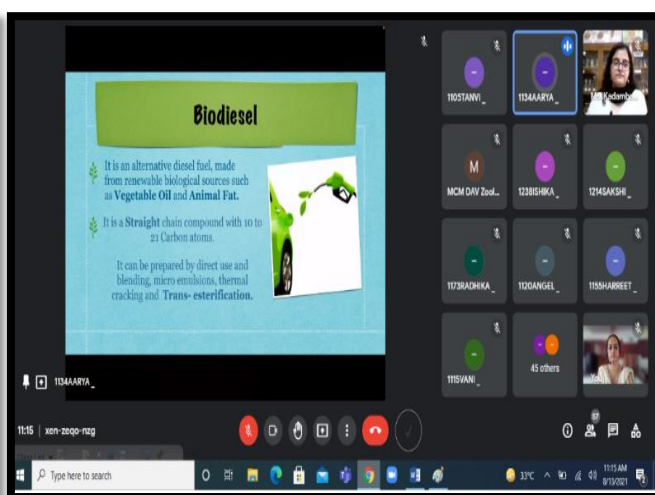
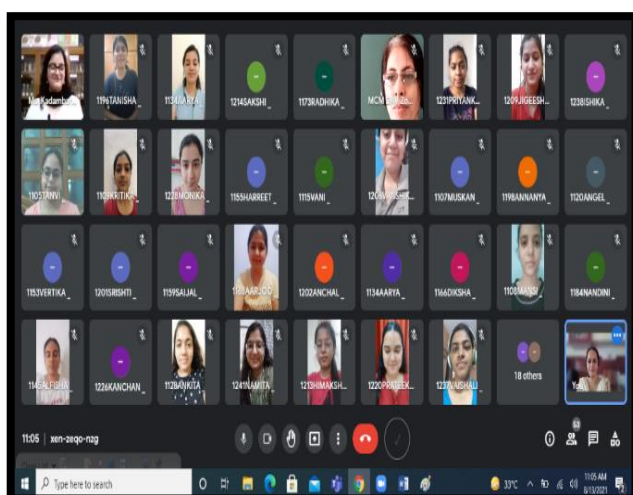
49.	Webinar on 'Conservation status of Tigers in India' to celebrate International Tiger Day organized by MCM Eco-Club in collaboration with the Department of Zoology	29.07.2021	Mr. Jayanta Bora, Senior Research Fellow from Wildlife Institute of India, Dehradun	38 students, 04 faculty members	The students showed interest in the avenue of wildlife conservation as a career option.
-----	--	------------	---	---------------------------------	---



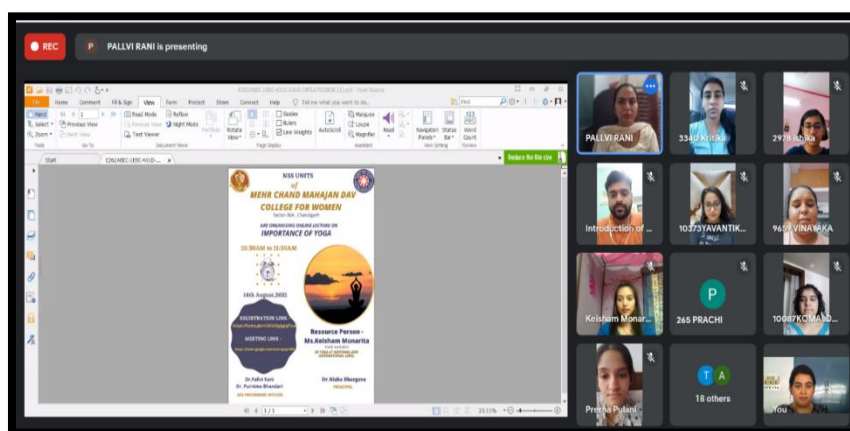
50.	Online session on 'Introduction to birding' organized by Department of Zoology	05.08.2021	Ms. Kadambari Pathania	50 students & 02 teachers	Students started photographing and observing the birds in the campus and at their homes, and showed interest in learning ways for identifying birds around them.
-----	--	------------	------------------------	---------------------------	--



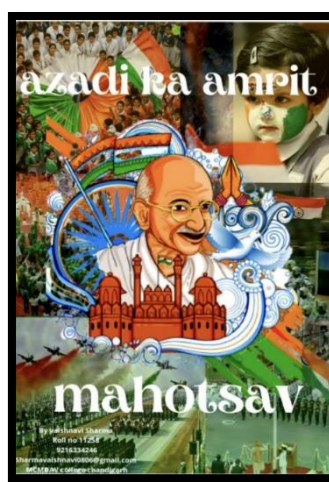
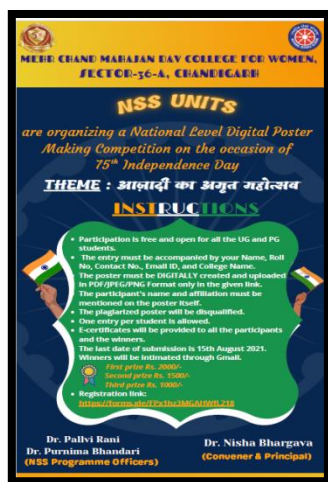
51.	PowerPoint presentation on the theme 'Use of biodiesel versus diesel' organized by Department of Zoology	10.08.2021	-	56 students & 03 teachers	The students were encouraged to spread awareness about the practice of using biodiesel among others.
-----	--	------------	---	---------------------------	--



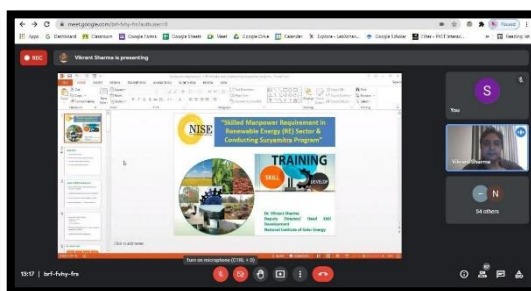
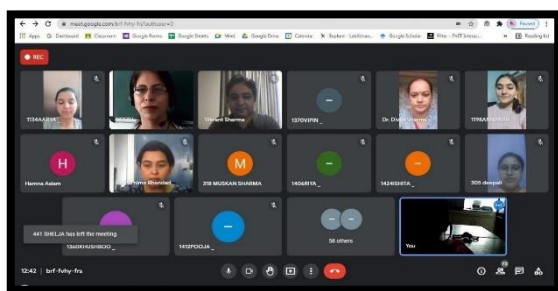
52.	An online lecture on Importance of yoga as part of fit India run-Amrit mahotsav@75 by NSS Units	14.08.2021	Ms. Keisham Monarita, Gold Medalist in Yoga at National and International Level	76 NSS Volunteers	Volunteers participated enthusiastically in the session and understood the importance of yoga and its beneficial effects on mental as well as psycho-social wellbeing.
-----	---	------------	---	-------------------	--



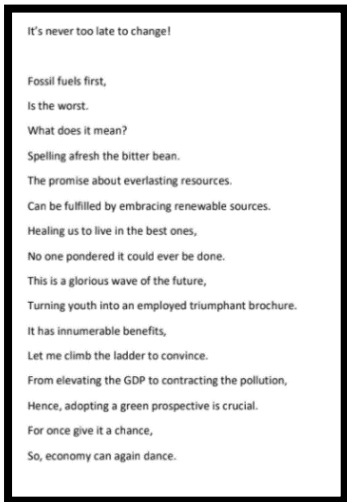
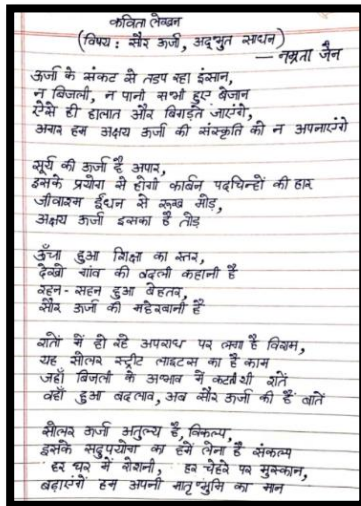
53.	National Level Digital Poster Making competition by NSS Units of the college	15.08.2021	-	65 students	Participants expressed their views and thoughts about the great leaders, their work for Independence and recent role of front warriors amidst COVID-19 through their posters.
-----	--	------------	---	-------------	---



54.	Online Popular Akshay Urja Lecture sponsored by Chandigarh Renewable Energy and Science & Technology Promotion Society (CREST)	20.08.2021	Dr. Vikrant Sharma, Deputy Director (Technical) and Head, Skill Development Division, National Institute of Solar Energy (NISE), Gurugram	70 students & 03 teachers	The participants learned about the significance of adopting renewable energy as an effective alternative to the scarce traditional energy resources.
-----	--	------------	---	---------------------------	--



55.	An online inter-college poetry writing competition sponsored by CREST on the theme 'Impact of Akshay Urja in India'.	20.08.2021	-	20 students	The participants expressed their thoughts about the significance of adopting renewable energy in the form of poetry.
-----	--	------------	---	-------------	--



56.	Showcasing a documentary titled 'The dark secret behind your shiny makeup' organized by Department of Environment Science	26.08.2021	-	36 students (12- offline, 24- online)	Students acquired the knowledge and stopped using shimmering makeup on regular basis.
-----	---	------------	---	---------------------------------------	---



57.	Nutri-Garden Plantation Drive organized by the Department of Botany under the aegis of MCM Eco-Club	07.09.2021	-	20 students	The students expressed their keenness to prepare nutri-gardens and enthusiastically participated in the drive.
-----	---	------------	---	-------------	--



58.	PowerPoint presentations on nutritional plants organized by the Department of Botany under the aegis of MCM Eco Club	01.09.2021-07.09.2021	-	32 students (offline) and 10 students (online)	Students got an opportunity to realize and appreciate the benefits of common plants.
-----	--	-----------------------	---	--	--



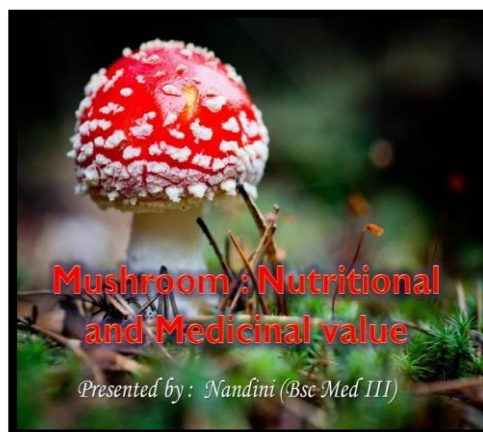
GINGER-It's a ginger thing

COMMON NAME - GINGER

BOTANICAL NAME- *Zingiber officinale*

VERNACULAR NAME- Adrak (URDU , PUNJABI, HINDI)
Adraka (SANSKRIT)
Shunti (KANNADA)
Adu (GUJRATI) Ada (ORIYA)
Allamu (TELOGU)
Inji (TAMIL)





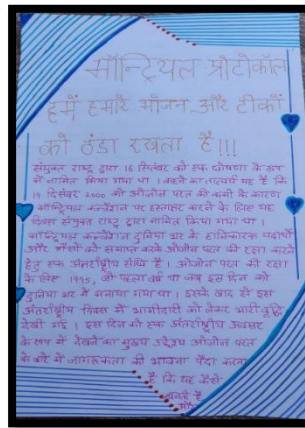
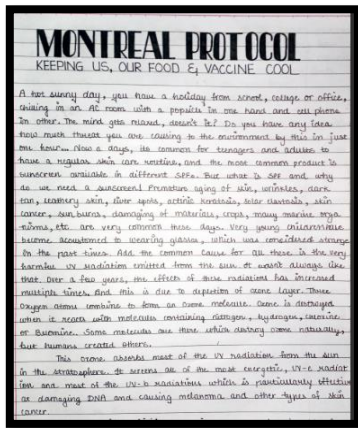
59.	Health and Weight Measurement Drive organized by NSS Units	15.09.2021	-	15 NSS Volunteers+ 10 Aanganwadi workers + 63 children	Volunteers generated awareness regarding healthy food in eradicating malnutrition
-----	--	------------	---	--	---



60.	National Level 'Wallpaper Designing' and 'Inventing A Slogan' competitions sponsored by Chandigarh Pollution Control Committee	16.09.2021	-	97 students	Students from diverse parts of the country sent their entries in the form of wallpapers and slogans depicting the importance of the ozone layer.
-----	--	------------	---	-------------	--



61.	Online essay writing competition on the theme 'Montreal Protocol- Keeping us, our food and vaccines cool' in collaboration with Department of Environment, Chandigarh administration	16.09.2021	-	20 students	Students submitted essays in three languages viz., English, Hindi and Punjabi that enhanced their knowledge about Montreal protocol.
-----	--	------------	---	-------------	--



62.	Interactive talk on 'World Ozone Day' organized by Mayank Foundation under the patronage of Punjab State Council of Science and Technology	16.09.2021	Dr. Neetu Assistant Professor in Zoology, Mehr Chand Mahajan DAV College for Women, Chandigarh	45 students	The webinar was attended by teachers, students, social workers and environmentalists who participated enthusiastically in the discussion.
-----	--	------------	--	-------------	---



63.	World Bamboo Day celebration organized by NSS Units, UBA Cell and Ek Bharat Shrestha Bharat Club of the college in collaboration with the Artison Agro India, Jaipur.	18.09.2021	Mr. Debendra Dalai, IFS, Chief Conservator of Forests and Director, Department of Forests and Wildlife, Chandigarh	More than 100	The stakeholders of all the villages i.e., Attawa, Maloya, Kajheri, Badheri and Buterla rendered wholehearted participation to promote environmental conservation and sustainable practices.
-----	---	------------	--	---------------	--



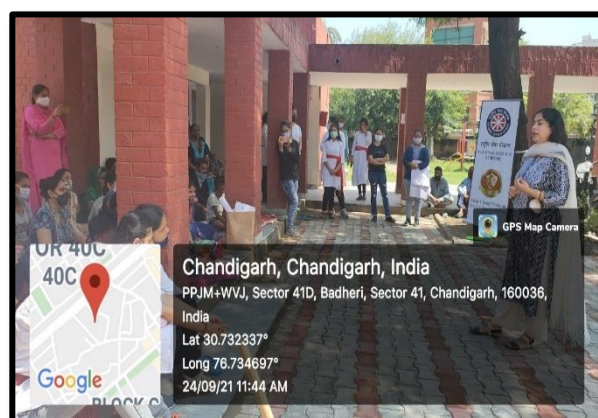
64.	National level logo designing competition to celebrate 'World Car Free Day' organized by Department of Environment Science	22.09.2021	-	70 students	Participants got an opportunity to present ideas on alternative modes of transport to the public.
-----	--	------------	---	-------------	---



65.	Awareness session on Importance of healthy diet and lifestyle organized by NSS Units in collaboration with Fortis Hospital, Mohali, at Government Model High School, Sector 41-D, Village Badheri, Chandigarh.	23.09.2021	Dietician Sonia Gandhi, Head, Department of Nutrition and Dietetics, Fortis Hospital, Mohali.	10 NSS Volunteers + 4 school teachers + 45 school children	School children were apprised of the importance of intake of proper nutrients and adoption of healthy lifestyle especially during their teenage years.
-----	--	------------	---	--	--



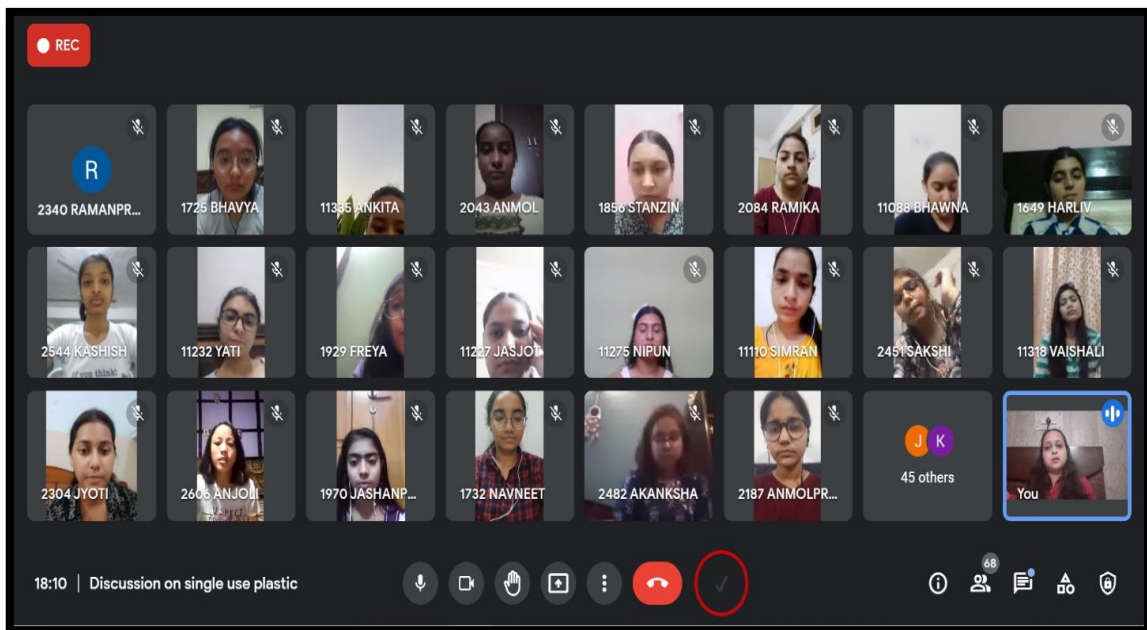
66.	Awareness Drive in Village Badheri on NSS Day-2021 as Part of ongoing POSHAN Abhiyaan-2021 organized by NSS Units at Government Model High School, Sector 41-D, Village Badheri, Chandigarh.	24.09.2021	Dr. Harjot Kaur Mann, Assistant Professor, Mehr Chand Mahajan DAV College for Women, Chandigarh	24 NSS Volunteers + (41 residents + 07 Anganwadi workers+2 ANM workers)	Participants were acquainted with the knowledge of essential nutrients and their cheap sources.
-----	--	------------	---	---	---



67.	One Day Swachhta Camp-2021 organized by NSS Units as Part of Clean India Programme	01.10.2021 - 02.10.2021	-	80 NSS Volunteers	Volunteers cleaned their surrounding areas and promoted the concept of Swachh Bharat, Swastha Bharat
-----	--	-------------------------------	---	-------------------	--



68.	Discussion session on 'Single-Use Plastic Pollution' organized by Department of Environment Science	05.10.2021	-	68 students	Students attended the session and suggested ways to reduce plastic pollution.
-----	---	------------	---	-------------	---



69.	Competition on 'Making Bird Feeders with Unused Material at Home' organized by Character-building committee in collaboration with MCM Eco-Club	08.10.2021	-	20 students	The participants took a break from the busy schedule of their lives and spent some time in nature observing the feeding behaviour of birds.
-----	--	------------	---	-------------	---



70.	Quiz Competition on 'Wildlife and Its Conservation' organized by Department of Zoology in collaboration with MCM Eco-club	08.10.2021	-	50 students & 04 teachers	Students shared and enhanced their knowledge about wildlife and biodiversity.
-----	---	------------	---	---------------------------	---



71.	Cleanliness cum beautification drive in Anganwadi Complex, Village Badheri, Chandigarh by NSS Units	12.10.2021	-	25 NSS Volunteers	The volunteers cleaned and beautified the Anganwadi Complex
-----	---	------------	---	-------------------	---



72.	Dengue Awareness Campaign by NSS Units	21.10.2021	-	94 NSS Volunteers	NSS volunteers sensitized the residents about the preventive measures required to prevent the spread of Dengue.
-----	--	------------	---	-------------------	---



73.	One-day Special Campaign Against Single Use Plastic by NSS Units	21.10.2021	-	94 NSS Volunteers	Students participated enthusiastically and collected more than 60 Kg of plastic waste.
-----	--	------------	---	-------------------	--



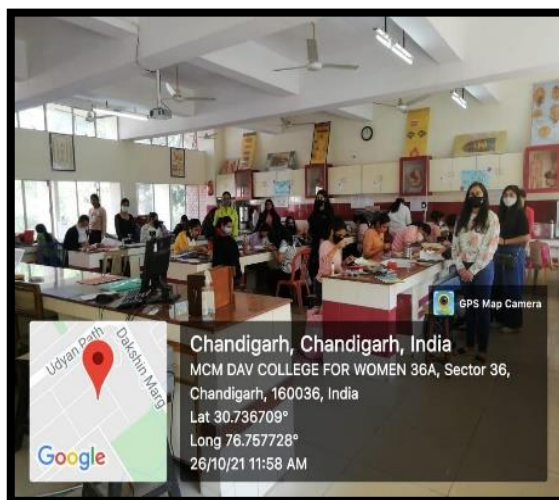
74.	Slogan writing competition organized by MCM Eco-Club in collaboration with Character-building committee for Green Diwali Celebration	26.10.2021	-	17 students	Participants spread the message of eco-friendly Diwali celebration through creative slogans relevant to the theme of Green and Safe Diwali.
-----	--	------------	---	-------------	---



75.	Diya decoration competition organized by MCM Eco-Club in collaboration with Character-building committee for Green Diwali Celebration	26.10.2021	-	23 students	Students decorated eco-friendly diyas with creative and innovative ideas. The event successfully spread the message of returning to our traditional ways to celebrate the auspicious day.
-----	---	------------	---	-------------	---



76.	Card making competition organized by MCM Eco-Club PARIVESH in collaboration with Character-building committee for Green Diwali Celebration	26.10.2021	-	33 students	Students prepared beautiful Diwali cards for brave soldiers at the border.
-----	--	------------	---	-------------	--



77.	Dengue Awareness Campaign II by NSS Units	27.10.2021	-	25 NSS Volunteers	Volunteers created awareness about dengue and suggested preventive measures
-----	---	------------	---	-------------------	---



78.	Single-use Plastic Campaign by NSS Units	27.10.2021	-	25 NSS Volunteers	The volunteers made people aware about the harmful effects of single-use plastic.
-----	--	------------	---	-------------------	---



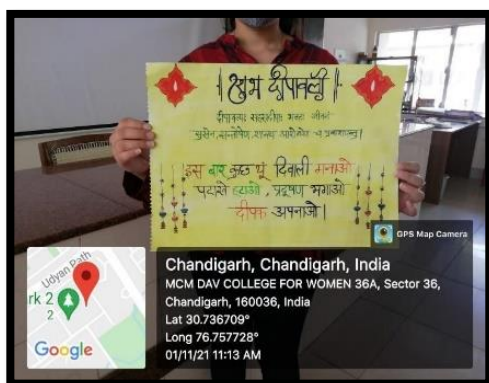
79.	National Unity Day Celebration (Rashtriya Ekta Diwas)- 2021	30.10.2021	-	70 students	Participants were extremely motivated and determined to take all the measures to carry out their responsibilities and roles towards the unification of the country.
-----	---	------------	---	-------------	---



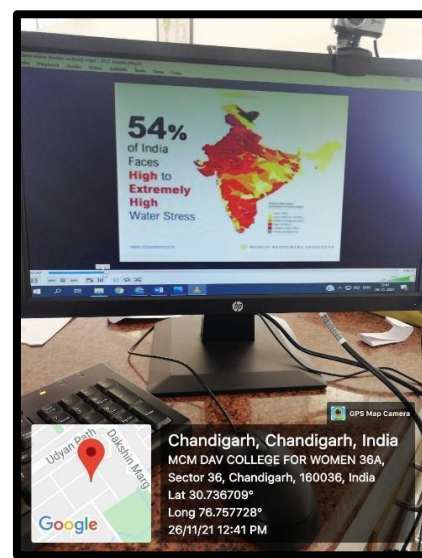
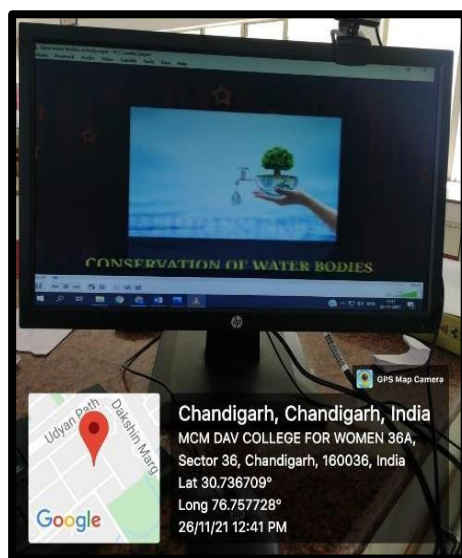
80.	Poster/Card making competition for Anti-cracker campaign on the theme 'Swachh Diwali- GREEN DIWALI organized by MCM Eco-Club in collaboration with Character-building committee	01.11.2021	-	33 students	Participants spread the message of eco-friendly Diwali celebration in traditional way and quitting crackers.
-----	---	------------	---	-------------	--



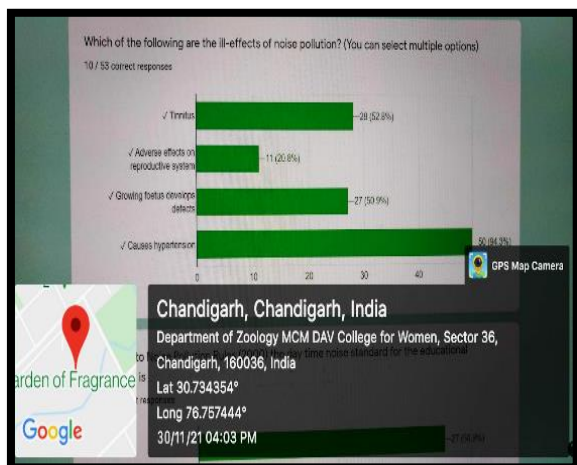
81.	Slogan writing competition for Anti-cracker campaign on the theme 'Swachh Diwali- GREEN DIWALI organized by MCM Eco-Club in collaboration with Character-building committee	01.11.2021	-	17 students	Students expressed their creativity by writing slogans relevant to the theme of Swachh and Green Diwali.
-----	---	------------	---	-------------	--



82.	Awareness video on the theme 'Save Water Bodies' organized by Department of Zoology in collaboration with MCM Eco-Club	26.11.2021	-	45 students	The students realized the importance of saving water bodies and promised to spread the word about the same among their family and friends.
-----	--	------------	---	-------------	--



83.	Awareness quiz on Noise Pollution organized by Department of Zoology in collaboration with MCM Eco-Club	30.11.2021	-	53 students	Participants understood the harmful effects of noise pollution on humans, animals and environment.
-----	---	------------	---	-------------	--



84.	Just a minute idea competition on the theme 'Stubble Burning' to mark the celebration of National Pollution Control Day organized by Institution's Innovation Council 4.0 in collaboration with Department of Environment Science	08.12.2021	-	23 students	Students enthusiastically shared their innovative ideas for the control of stubble burning and proposed alternatives to the same via their video messages.
-----	---	------------	---	-------------	--

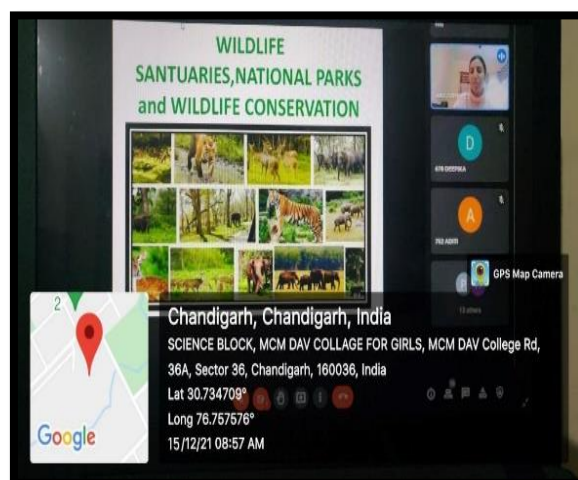
RESULT			
PRIZE	NAME OF THE PARTICIPANT	CLASS	VIDEO MESSAGE
FIRST	MUSKAAN LAMBA	MA-II ECONOMICS	Link
SECOND	BHAVIKA MEHTA	B.Sc.-II Non-Medical	Link
THIRD	DHANU	B.Com.-II	Link
CONSOLATION	SIMAR	B.A.-I	Link
CONSOLATION	YASHIKA	B.Com.-I	Link



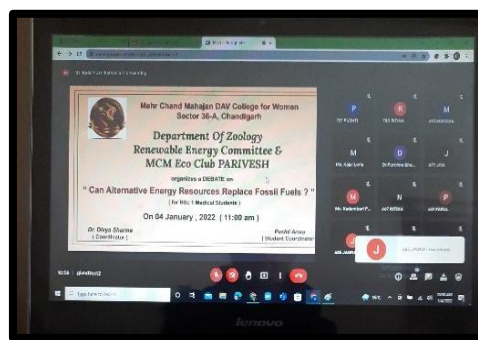
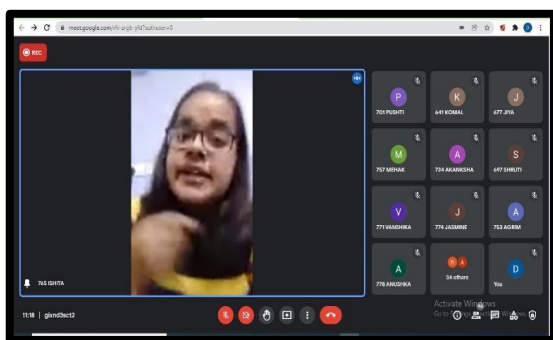
85.	Collage making competition on the theme 'Save Energy, Save Future' to celebrate World Energy Conservation Day organized by IIC	14.12.2021	-	35 students	Students shared their innovative ideas for saving energy and protecting the environment for future generations.
-----	--	------------	---	-------------	---



86.	PowerPoint presentation on 'Wildlife Conservation' organized by Department of Zoology in collaboration with MCM Eco-club	15.12.2021	-	20 students	Students suggested how our youth can contribute to conservation of the wildlife by joining local NGOs that work towards the same cause
-----	--	------------	---	-------------	--



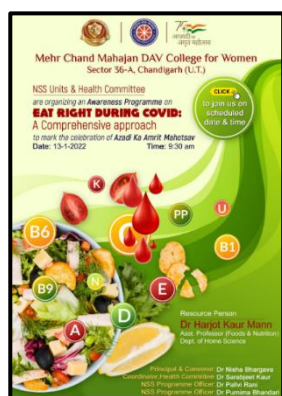
87.	Online Debate on the theme 'Can Alternative Energy Resources Replace Fossil Fuels?' organized by MCM Eco-club	04.01.2022	-	46 students	Students realized the importance of viable alternatives to fossil fuels
-----	---	------------	---	-------------	---



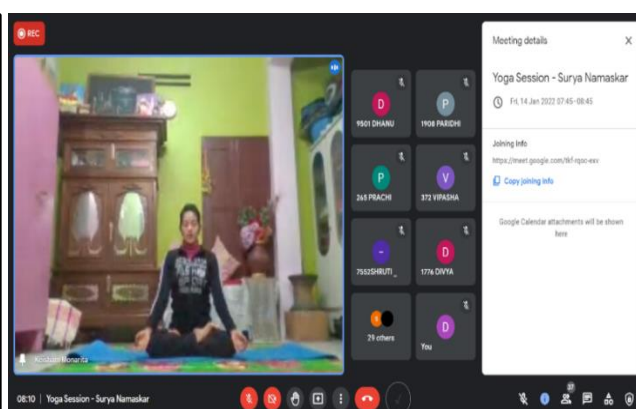
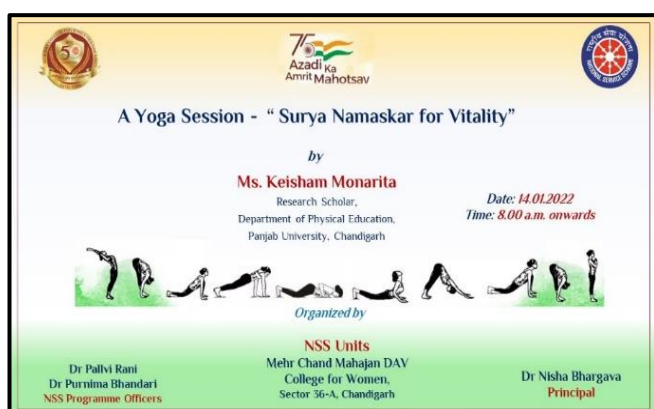
88.	National Youth Day-2022 celebration: A periodic lecture on 'A Friend Request from Vivekananda' organized by Department of Philosophy in collaboration with NSS Units and Young Communicators Club (YCC)	12.01.2022	Mr. Sudhir Baweja, Coordinator, Department of Philosophy and Vivekananda Studies, USOL, PU, Chd. Mr. Vivek Atray, Ex-IAS, author, motivational speaker & Chairman, PRCI, Chandigarh Chapter	150 NSS Volunteers	Participants were able to gain insights about the teachings of Swami Vivekananda ji and were determined to follow them in their lives.
-----	---	------------	--	--------------------	--



89.	An Awareness Programme on 'Eat Right During COVID: A Comprehensive approach' organized by NSS Units and Health Committee	13.01.2022	Dr. Harjot Kaur Mann, Assistant Professor Department of Home Science	78 NSS Volunteers	Volunteers gained knowledge about promoting good health among children.
-----	--	------------	--	-------------------	---



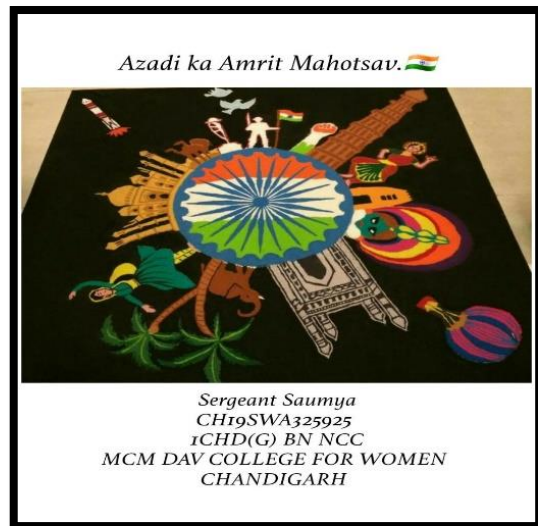
90.	Yoga Session on Surya Namaskar as part of Azadi ka Amrit Mahotsav	14.01.2022	Yoga Instructor - Ms. Keisham Monarita, Research scholar, Deptt. of Physical Education, PU, Chd.	40 NSS Volunteers	NSS volunteers of the College gained knowledge of doing Surya Namaskar correctly.
-----	---	------------	--	-------------------	---



91.	Awareness on Solid Waste Management through Puppet show	14.01.2022	-	79 students	The students learned about different methods of waste management to reduce the effect of waste on the environment
-----	---	------------	---	-------------	---



92.	Celebration of Republic day by NCC Army Wing	25.01.2022 - 27.01.2022	-	24	The students submitted entries for poster making, Rangoli and Patriotic poem writing competitions
-----	--	-------------------------------	---	----	---



93.	Potted plant maintaining activity 'Maintain your pots' by the Department of Botany and Add on course in Floriculture and Landscaping	30.01.2022	-	08 students	The students learned how to take care of different plants and keep the plants healthy.
-----	--	------------	---	-------------	--

