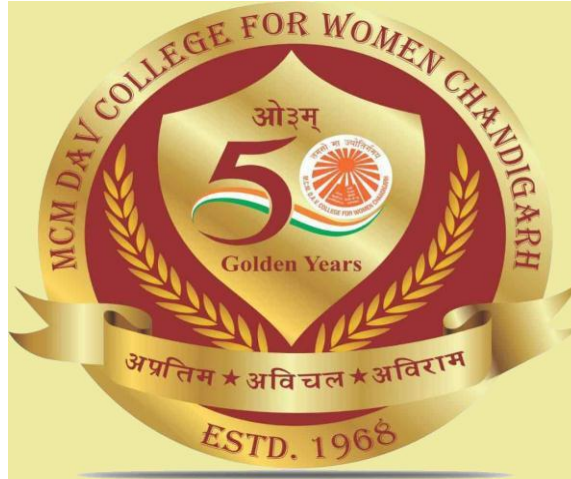


# Report of Health Committee (2019-20)



## Mehr Chand Mahajan DAV College for Women

Sector-36, Chandigarh

[www.mcmdavcw-chd.edu](http://www.mcmdavcw-chd.edu)

[0172- 2603355](tel:0172-2603355), [0172- 2624921](tel:0172-2624921)

---

- **Lecture On Vector Borne Diseases And Treatment Of Cancers Through Ayurveda On 08.04.2019**

The Medical Committee, health committee and CII Committee of MCM DAV College for women, in collaboration with Zoology Department organized two highly informative lectures on **prevention of vector borne diseases and cancer.**

**Dr. Upenderjeet Singh Gill,** Assistant Director Malaria (NVBDCP)- cum- State Surveillance Officer – IDSP, Chandigarh delivered the lecture on vector borne diseases wherein he educated the audience about the ways to prevent such diseases through simple precautionary measures and by keeping the surroundings clean. The speaker also organized an



exhibition to show various stages of mosquito life cycle that include adults of *Culex*, *Aedes* and *Anopheles* along with their live cultures of larvae and pupal stages. The students were also made aware about how the larvivores fish, *Gambusia* helps in the natural management of mosquitoes in ponds and other water bodies, without creating any health hazards for people.

**Dr. Sonica Krishnan,** Ayurveda Wellness Guide and Consultant shed light on various types of cancers, their causes and how to prevent them through Ayurveda. About 100 students attended the lectures and got sensitized about the issues.

**Lectures on prevention of cancer and vector borne diseases at MCM**

**CHANDIGARH:** The Medical Committee and CII Committee of MCM DAV College for Women, in collaboration with Zoology department, organised 2 highly informative lectures on prevention of vector borne diseases and cancer. Dr.Upendrajeet Singh Gill, Assistant Director Malaria (NVBDCP)-cum-State Surveillance Officer- IDSP, Chandigarh conducted the lecture on vector borne diseases wherein he educated the audience about the ways to prevent such diseases through simple precautionary measures and by keeping the surroundings clean. In another lecture, Dr.Sonica Krishnan, Ayurveda Wellness Guide and Consultant shed light on various types of cancers, their causes and how to prevent them through ayurveda.

- **Dengue Day On 16.05.19 In Conference Hall**

The Health department, Chandigarh Administration, in collaboration with health committee and Zoology department of the college has organized an awareness campaign to celebrate Dengue day on 16.05.19.

An awareness session by team from Health department, Chandigarh Administration led by Dr. Vandana, the state entomologist motivated the students to join them in their efforts to make Chandigarh dengue free. They discussed unnoticed but simple measures which we all need to follow to prevent breeding of mosquitoes. In addition, Pledge by teaching, non-teaching staff, maalis, sweepers and students were taken to prevent the spread of vector borne viral disease dengue. This was followed by distribution of pamphlets by the team to spread do's and don'ts concerning the spread of vector borne diseases.

A pledge was also administered to the staff, gardeners, sweepers and students to prevent the spread of dengue. Pamphlets carrying informative literature about the disease were also distributed during the session.

Principal Dr. Nisha Bhargava lauded the endeavor of the Health Committee to educate people about dengue and asserted that such awareness sessions are of essence in evading the spread of such diseases that threaten human life but can be prevented by being a little mindful.



- **Cleaning of water tanks**

The cleaning of all the water tanks in the college and hostel campus was done on 26<sup>th</sup> June, 2019. The contract for the above-mentioned work was given to the Chandigarh based crystal clean company. They followed a German based seven step technology for the same which includes

1. **Cleaning of Surrounding.** We clean the outer area of tank with pressure water machine to remove the dirt, spider webs etc.
2. **Dewatering.** We empty the water of the tank with submersible pump.
3. **High Pressure Cleaning.** Jet washer machine is used to clean the inner walls of the tanks.
4. **Sludge Removal** All the dirt / sludge to be removed not through the pipes but with sludge removal machine.
5. **Vacuum Cleaning.** Vacuum cleaner machine is used to remove the remaining dirt particles.
6. **Anti-Bacterial Sprays.** Anti bacterial spray (H<sub>2</sub>O<sub>2</sub>) is used to kill the harmful bacteria and to slow down the growth of bacteria.
7. **Ultra Violet Treatment.** Ultra Violet lights are used to kill the unseen harmful bacteria.

- **Sanitization of hostels**

Due to the outburst of the pandemic in the country the hostel was vacated but however as a preventive measure and to eliminate any possibility of spreading of virus in the campus the hostels were sanitized on 11.05.2020 and 5.06.2020.