

Report of Medical Committee (2018-19)



Mehr Chand Mahajan DAV College for Women

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The medical committee of the college is actively involved in making the students aware about the health complications prevailing in the environment specifically catering to their age group. The committee also arrange health check up sessions for food workers and gynea OPD scheduled regularly every month for faculty and students. The students are also made aware about their social responsibilities by participations in various training and lectures at different forums. Some of the activities organised by the committee are listed below.

- The medical committee organised a medical check up drive on 29 August, 2018 for the mess workers and other food handlers of the college. In this camp Dr. Sukhmani (Dermatologist) and Dr. Rasikpriya (Ophthalmologist) from Fortis Hospital, Mohali, Sector 11, Chandigarh visited the college for the medical check up of canteen and mess workers. The blood, urine, stool and sputum samples were collected for in medical check up and discussion on general hygiene, eye infection, skin allergies and infections for TB was done with approximately 36 workers in this camp. The purpose behind the event was to prevent the spread of food borne diseases in the college campus.



- For the noble cause of Eye Donation, an Awareness lecture by Dr. S.K.Arya, Prof and Head, Govt. Medical College, Sec.32, Chandigarh addressing approximately 200 students was conducted on 30th Aug, 2018. He motivated the students and faculty to pledge for eye donation. He also discussed myths and technicalities involved in eye donation and responded very well to the queries of student participants. On this occasion many students volunteered to register for eye donation. This was followed by formation of a volunteer student team who got trained and also participated in certified events organised by hospital officials on 9th and 10th Oct, 2018.



- As a part of cleanliness drive, the medical committee also got conducted Pest Control drive from certified pest control company, J.S.Pest Control LTD on 18th Aug, 2018. The services included the general pest control, fogging services and antilarva treatment in places having stagnant water. The drive was actually a preventive measure against outbreak of dengue, malaria and other dreadful diseases. Fogging for control of adult mosquitoes in the outdoor area and anti Larva treatment in stagnating water bodies included dessert coolers was done in entire college including hostels.





- The medical committee also visited Badheri village with the college students on 26th Sep, 2018 to spread the awareness among the women in village regarding cleanliness, personal hygiene and rising cancer risks in women. They were educated to get the vaccination done for



for cervical cancer at right age and also persuaded them for the noble cause like organ donation. The students also cleaned the dispensary campus and helped the staff there to get the expired medicines sorted and disposed off.

- The committee took an initiative to arrange a monthly gynaecology OPD from 9.00 A.M to 2.00 P.M in the college due to rising complaints of gynaecology problems amongst the students and staff members. Many students and staff availed the benefit on 15th Nov, 2018 from a senior gynaecologist, Dr Gambhir from Paras hospital, Panchkula. The next OPD is scheduled on 24th Jan, 2019.
- Medical committee organized a medical camp in the college campus on 5th March, 2019 in collaboration with Fortis hospital, Mohali in the gymnasium hall from 9.00 A.M to 3.00 P.M. In this camp around 300 staff members and students were offered health check-ups related to gynaecology, Orthopaedics, Dermatology, Ophthalmology, General Medicine and Diabetes. Tests like ECG, Hb, BP, Sugar and Bone Density were also conducted.



- The cleaning of all the water tanks in the college and hostel campus was done on 7th July, 2018. The contract for the above-mentioned work was given to the Chandigarh based crystal clean company. They followed a German based seven step technology for the same which includes
 1. **Cleaning Of Surrounding.** We clean the outer area of tank with pressure water machine to remove the dirt, spider webs etc.
 2. **Dewatering.** We empty the water of the tank with submersible pump.
 3. **High Pressure Cleaning.** Jet washer machine is used to clean the inner walls of the tanks.
 4. **Sludge Removal** All the dirt / sludge to be removed not through the pipes but with sludge removal machine.
 5. **Vacuum Cleaning.** Vacuum cleaner machine is used to remove the remaining dirt particles.
 6. **Anti-Bacterial Sprays.** Anti bacterial spray (H₂O₂) is used to kill the harmful bacteria and to slow down the growth of bacteria.
 7. **Ultra Violet Treatment.** Ultra Violet lights are used to kill the unseen harmful bacteria.