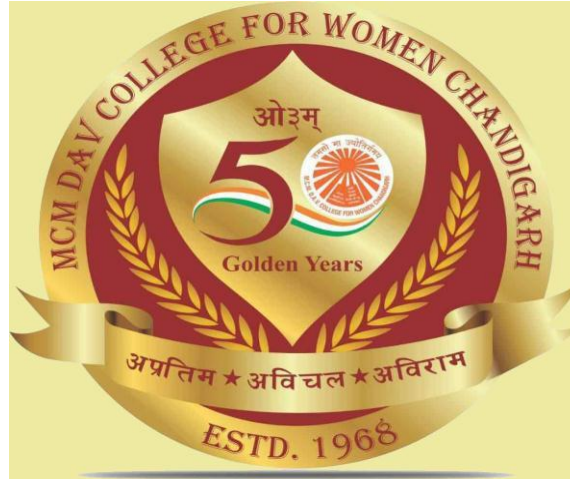


# Report of Medical Committee (2019-20)



## Mehr Chand Mahajan DAV College for Women

Sector-36, Chandigarh

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- The committee took an initiative to arrange a monthly gynaecology OPD from 9.00 A.M to 2.00 P.M in the college due to rising complaints of gynaecology problems amongst the students and the staff members. Many students and staff (approx 250) availed the benefit on 29<sup>th</sup> Aug, 2019 from a senior gynaecologist, Dr. Gambhir from Paras hospital, Panchkula. The next OPD is scheduled on 12<sup>th</sup> Sep, 2019. The follow up of the cases will be done on 2<sup>nd</sup> and 4<sup>th</sup> Thursday every month.

- The medical committee organised a medical check up drive on 30<sup>th</sup> August, 2019 for the mess workers and other food handlers of the college. In this camp Dr. Sukhmani (General physician) and Dr. Rasikpriya (Ophthalmologist) from Sohana multispeciality Hospital, Mohali, Sector 71,



Chandigarh visited the college for the medical check up of canteen and mess workers. The blood, urine, stool and sputum samples were collected for in medical check up and discussion on general hygiene, eye infection, skin allergies and infections for TB, hepatitis B and C, typhoid was done with approximately 30 workers in this



camp. The purpose behind the event was to prevent the spread of food borne diseases in the college campus. This was accompanied by a deworming session so as to ensure the eradication of the parasites which can spread through food and water.

- The check-up was followed by a deworming drive. The food workers were also supplied with the deworming medicines to get rid of the infectious parasites which can be transmitted through food and water.

- A lecture on polycystic ovarian syndrome by a senior doctor, Dr. Gambhir from Paras hospital, Panchkula on 19.09.19 in the zoology lab. The lecture was attended by approximately 70 students along with three faculty members. The reasons for the prevalence of the symptoms of the said disorder were discussed and all reached to a conclusion that active lifestyle and change in dietary habits can help in prevention of the disorder.



- For the noble cause of Eye Donation, an Awareness lecture by Dr. S.K.Arya, Prof and Head, Govt. Medical College, Sec.32, Chandigarh addressing approximately 100 students was conducted on 4th Sep, 2019. He motivated the students and faculty to

pledge for eye donation. He also discussed myths and technicalities involved in eye donation and responded very well to the queries of student participants. On this occasion many students volunteered to register for eye donation. This was followed by



formation of a volunteer student team who got trained and also participated in certified events organised by hospital officials on 9th and 10<sup>th</sup> Oct, 2018.

- On occasion of cancer awareness month, an awareness campaign in collaboration with Grecian super speciality hospital was organised on 3<sup>rd</sup> Oct, 2019 in the gymnasium hall of the college. Dr. Rupali Aggarwal, MD radiotherapy conducted an informative session on breast cancer. Two Zumba trainers with DJ from ultimate fitness joined and carried bhangra and aerobics and small competitions were held. The activity was organised with an aim of promoting awareness regarding breast cancer and ways to stay healthy and fit. RJ Mehak from radio mirchi joined the event and propagated the information on the cancer awareness.



- Medical committee and NSS committee of MCM DAV College in collaboration with the Indian dental association (IDA) which is celebrating its 100 years of dentistry in India and international college of dentists(ICD) celebrating its 100 years of existence is here to celebrate the international women day, 2020 theme i.e. “I am generation equality, realizing women rights”. Prof. Nishtha jaswal, vice chancellor, Himachal Pradesh National law University, Shimla graced the occasion as chief guest and the guest of honour was Prof. Ashima goel. Dr R.P Gupta who is president of international college of dentists section 6 having India, Nepal and Srilanka as well as president of Indian dental association, Chandigarh branch and Mr Manmohan Singh who is retired engineer in



chief from local government Punjab and present ally working as Punjab infrastructure regulatory authority were the other dignitaries who graced the occasion with their benign presence. The event included a quiz, self-defence activity for girls, motivational lectures by guests and award giving ceremony for the senior staff members of the college for their valuable lifetime contributions for the college.

