



Achievement in Sports
July 2021 - June 2022

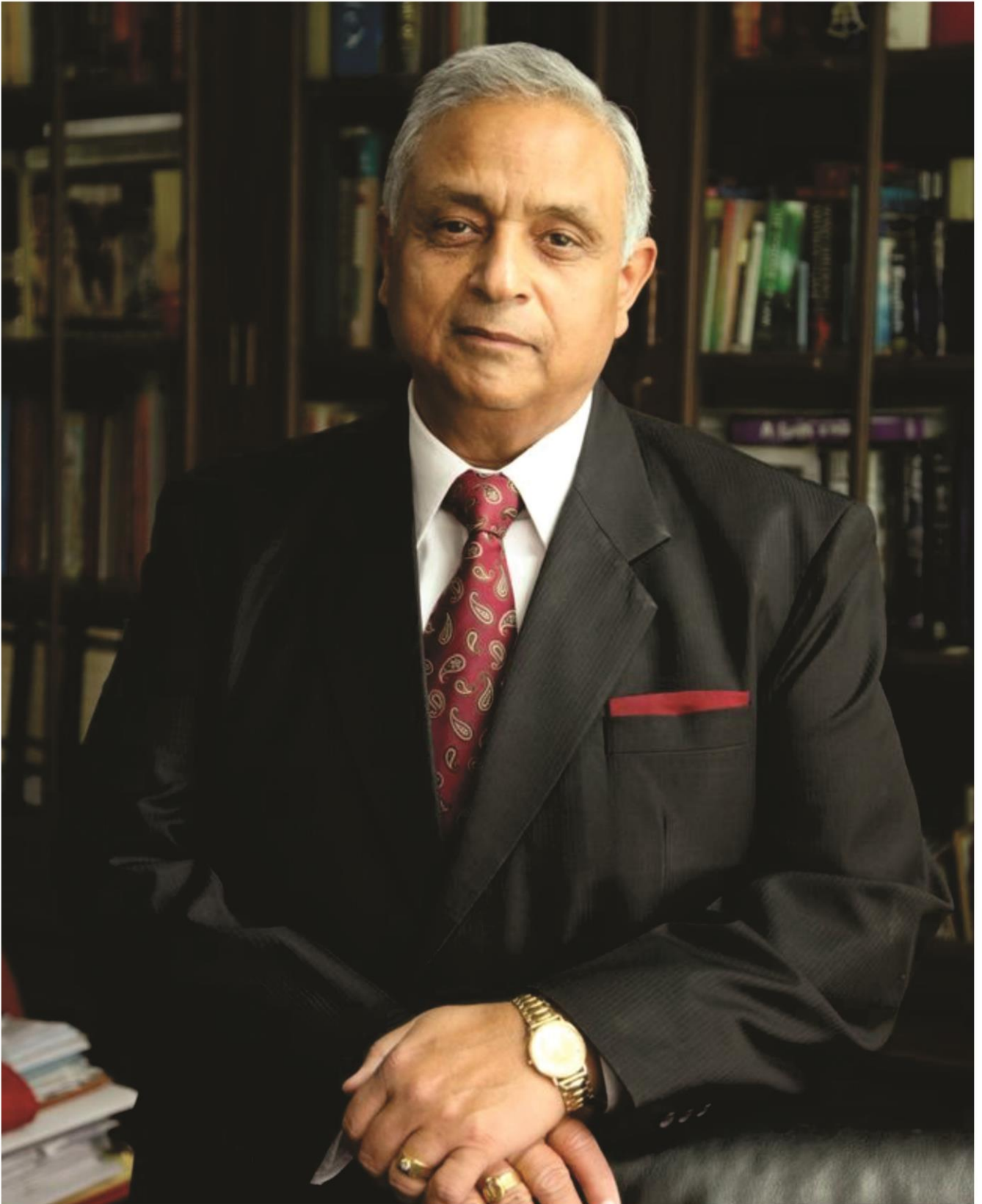
**Mehr Chand Mahajan
DAV College for Women**
Sector 36-A, Chandigarh (U.T.)

Our Beacon of Light



MAHARISHI SWAMI DAYANAND SARASWATI

Our Guide and Mentor



Dr. Punam Suri Ji, Padma Shree Awardee

Hon'ble President

DAV College Managing Committee

New Delhi

Principal, Dr Nisha Bhargava Elected Senior Vice President of the Executive Committee of Panjab University Sports Committee on 8th June 2022.

DIRECTORATE OF SPORTS



① 0172-2451042
0172-2540270
0-9417553131(M)

JAWAHAR LAL NEHRU COMPLEX
PANJAB UNIVERSITY
CHANDIGARH-160 014 (INDIA)

No. 1465-86 /DS

Dated 08-06-2022

Dear Madam,

It gives me immense pleasure to inform you that you have been unanimously elected as the Sr. Vice-President of the Executive Committee, PUSC for the session 2022-23 during the General Body of PUSC in its meeting held on 25.03.2022 which is duly approved by the Vice-Chancellor. You are requested to discharge the function of Executive Committee, PUSC.

With regards,

Yours sincerely,

(Prof. Prashant Kumar Gautam)
Director Phy. Education.& Sports

Principal Dr. Nisha Bhargava,
MCM DAV College for Women,
Sector-36, Chandigarh.

Keeping with tradition of our institution the Physical Education department of our college has participated in various games and tournaments at International, National, Interuniversity, Intercollege and state level tournaments. Report of the achievements for the session 2021-22 is as under:



- Parinazz Kaur Dhaliwal won silver medal in national shooting championship she also won ten silver in world shooting championship.
- Footballer Manisha represented India in Football 7 nation series. She is the first woman from India to score the goal against Spain.
- Harleen Kaur Deol represented BCCI India team against UK. Her outstanding fielding was appreciated by honorable Prime Minister and many other leaders of the nation.
- Fencer Mumtaz and Sayna participated in junior world fencing championship.



Our college team many positions in various intercollege tournaments held at Punjab University Chandigarh.

1. The college WUSHU team won the Panjab University Intercollege Championship by winning following medals
 - Diviya won three gold medals in Taulu Event
 - Razina won two gold medals in Taulu Event
 - Bhawana won silver medal in Taulu Event
 - Gunjun won silver medal in fight Event.

2. College Football team won championship in Panjab University Intercollege Championship. Five players from our college Bulbul, Harveer, Nikita, Karamjeet,



Mandeep, Janant, Komil also represented Panjab University in North and All India Inter University Competition.



3. The college Hockey team won silver medal in Punjab University Intercollege Competition. Our five players Amrit Pal, Poonam, Poonam Olla, Tanu and Geeta also represented Panjab University in Inter University Competition.

4. The college Badminton team also got second position in Punjab University Intercollege competition. The college player Nikita was also selected in Punjab university team for Inter University Competition.



5. Our college swimming team got second positions in Punjab University Intercollege competition. Swimmer Bhavjot Kaur got following medals in the competition.



Sr.No	Distance(in mtr.)	Events	Medals
1	50	Butterfly Event	Gold Medal
2	100	Butterfly Event	Silver Medal
3	50	Free Style	Silver Medal
4	100	Free Style	Silver Medal
5	200	Butterfly	Silver Medal
6	100	Back Stroke	Bronze Medal

Swimmer Bhavjot also participated in All India Inter University competitions and got Bronze medal in relay competition.

6. The college shooting team got third position in Punjab University Intercollege competition. Players got following medals in the competition:

- Vanshika-two silver medal and three gold medals.
- Nazreen-silver medal
- Gurnoor_two gold medal and three silver medals.

7. The college team got gold in 10 m shooting rifle competition.



8. The tennis team got third position in Punjab University Intercollege Competition. Himanshika also represented Punjab University in North Zone Inter University competition and team got gold medal in the competition.
9. The college Kabaddi team got third position in Punjab university Intercollege competition.



10. College Cricket team got third position in Punjab university Intercollege competition.

11. The college fencing team got following medals in Punjab University Intercollege competition

- Sanya - gold medal
- Mumtaz - bronze medal
- Team EPPEE got bronze medal.

Fencer Sanya got silver medal in senior national completion. She also got gold medal in Punjab state competition.

Fencer Mumtaz also got silver medal in senior national competition and silver in state championship.



Apart from team events the students participated in various individual events and got following position.

Gunjan -

Silver medal in **Wrestling**
Panjab University
Intercollege Competition.

Pankit -

Silver medal in **Athletics**
Panjab University
Intercollege Competition.



Simranjeet-

Gold medal in **Karratey** Panjab University Intercollege Competition.

Manisha, who started sporting career in Chandigarh declared Women's Emerging Footballer of 2020-21

DEEPANKAR SHARDA
TRIBUNE NEWS SERVICE

CHANDIGARH, JULY 21 In a proud moment for the city, local lad Sandesh Jhingan was named the AIFF Men's Footballer of the Year 2020-21. It's the first time that the towering central defender has received the Player of the Year Award, having won the Emerging Player of the Year Award in 2014.

Jhingan made his senior national team debut in 2015 in Guwahati and has since gone on to make 40 appearances for the Indian team, scoring four goals. He was part of the Indian side that lifted the Hero Intercontinental Cup in 2018 and played a memorable



From dreaming to playing on the Panjab University campus, Manisha's journey has just started.

एमसीएम गर्ल्स की बड़ी जीत

चंडीगढ़, पंजाब यूनिवर्सिटी इंटर कॉलेज विमन हॉकी में जीजीएस कॉलेज-26 ने शानदार जीत के साथ आगाज किया है। टीम ने गवर्नमेंट कॉलेज लुधियाना को हराया। जीजीएस ने शुरुआत से लीड हासिल की और वे लगातार विपक्षी टीम के गोल पोस्ट पर अटैक करते रहे। जीजीएस ने 6-1 के साथ मैच को जीता। एमसीएम डीएवी कॉलेज को भी आसान जीत मिली और उन्होंने पीयू कैम्पस को हराया। एमसीएम डीएवी की प्लेयर मैच में लगातार गोल करती रहीं। पीयू कैम्पस टीम खाता नहीं खोल सकी और एमसीएम डीएवी कॉलेज ने 10-0 के साथ मैच को जीत लिया।

नेशनल शूटिंग चैंपियनशिप में शहर का शूटर माहित संघु ने जीते दो मेडल

जासं, चंडीगढ़ : तिरुवनंतपुरम में आयोजित 65वीं नेशनल शूटिंग चैंपियनशिप में सेक्टर-38 वेस्ट की माहित संघु ने 50 मीटर प्रोन राइफल (सिविलियन कैटेगरी) में गोल्ड मेडल और 50 थ्री पोजिशन स्माल बोर (सिविलियन कैटेगरी) में ब्रांज मेडल जीता है। माहित संघु पंजाब यूनिवर्सिटी की शूटिंग रेंज में 10 मीटर की प्रैक्टिस करती हैं। सेक्टर-25 स्थित पटियाला की राव शूटिंग में 50 मीटर थ्री पोजिशन स्माल बोर की प्रैक्टिस करती हैं। कोच डीएस चंदेल ने बताया कि माहित शुरू से ही उनके पास



माहित संघु: खटतः

माहित के पिता पवीत सिंह ने बताया कि एमसीएम डीएवी कॉलेज-36 में बीएफस्ट इंटर में पढ़ती है। माहित ने शूटिंग नौवीं क्लास से शुरू



Indian women cricketer Harleen Deol displayed an outstanding effort on the field while taking a catch to dismiss England's Amy Ellen Jones on Friday's T20I

A field day for Harleen

Coaches and veterans in the field applaud the brilliance of a catch by this women's cricketer



Harleen to establish herself in the world of cricket. India lost the first Indian women cricketer. Tushar Arora, who'd been the women's team coach, also applauded the catch as an extraordinary one. "She displayed good presence of mind, fitness levels and full effort. She has been an extraordinary fielder and fit too. We need such players in our team." Another coach, Biju George, who has worked with the women's team as fielding coach, also praised Harleen's superb effort on the field. "Harleen has been an outstanding fielder in the deep position on the field. India has some other outstanding deep fielders like Jemima Rodrigues and Smriti Mandhana. They are all the best fielders in the world. Harleen's diving and sliding technique is superb in this catch." Another women's team coach, Purnima Rau, called Harleen's a stunning catch. "It raises the bar for women's cricket. Harleen has displayed fitness, courage, presence of mind and constant practice."

ANAND MAHINDRA: "Nope. Not possible. Couldn't have happened. Must be some special efforts/trick. What? It was real? OK, move over Gal Gadot; the real WonderWoman is here..."
LAKSHMI M PURI: "SimharleenDeol's incredible flight & sensational landing has now been written in golden words in history of world cricket! What an inspiration to all the women out there to take a plunge, re-enter & catch the opportunity! You go girl #HarleenDeol!"
SACHIN TENDULKAR: "That was a brilliant catch @imharleenDeol. Definitely the catch of the year for me!"
SMRITI IRANI: "Women in Blue setting new benchmarks. More power to @imharleenDeol!"
PRIYANKA GANDHI VADRA: "Amazing! Women are just the best!"

ऑस्ट्रेलिया के खिलाफ टीम की जीत में तानिया भाटिया ने निभाई अहम भूमिका

टी-20 वर्ल्ड कप मुकाबले में तानिया ने दो खिलाड़ी किए स्टंपआउट, दो कैच लपके

सिडनी में खेले गए आइसीसी वर्ल्ड टी-20 वर्ल्ड कप के पहले मैच में भारत ने मेजबान ऑस्ट्रेलिया को 17 रन से हराया। तानिया ने खेले गए मैच में जीत में अहम भूमिका निभाई। तानिया ने इस मैच में विकेट के कोर्ड दो कैच पकड़े और दो खिलाड़ियों को स्टंप आउट किया। तानिया इससे पहले भी कई बड़े टूर्नामेंट में खुद को साबित कर चुकी हैं। तानिया ने वर्ल्ड टी-20 क्रिक चम्प-2018 में एक मैच में तीन खिलाड़ियों को स्टंप करने वाली भारत की दूसरी विकेटकीपर हैं। उनसे पहले सुलायमा नाहक ने यह उपलब्धि हासिल की थी। तानिया ने अब कुल 44 टी-20 मैच खेले हैं, इसमें उन्होंने 21 खिलाड़ियों को कैच आउट तो 44 खिलाड़ियों को स्टंप आउट किया है। तानिया ने 15 चन्द्राई मैच खेले हैं, जिसमें उन्होंने विकेट के



तानिया भाटिया, अहम भूमिका निभाई

दंगत बत फीमाट वर्ना से मिलती-जुलती है तानिया को कहनी है। मैच के दौरान तानिया को विकेट के कोर्ड दो कैच पकड़े और दो खिलाड़ियों को स्टंप आउट किया। तानिया इससे पहले भी कई बड़े टूर्नामेंट में खुद को साबित कर चुकी हैं। तानिया ने वर्ल्ड टी-20 क्रिक चम्प-2018 में एक मैच में तीन खिलाड़ियों को स्टंप करने वाली भारत की दूसरी विकेटकीपर हैं। उनसे पहले सुलायमा नाहक ने यह उपलब्धि हासिल की थी। तानिया ने अब कुल 44 टी-20 मैच खेले हैं, इसमें उन्होंने 21 खिलाड़ियों को कैच आउट तो 44 खिलाड़ियों को स्टंप आउट किया है। तानिया ने 15 चन्द्राई मैच खेले हैं, जिसमें उन्होंने विकेट के



Mehr Chand Mahajan DAV College for Women

Receiving Trophy during
Annual Prize Distribution Function

Organized by

Panjab University Sports Council
Panjab University, Chandigarh