

ओरजा

OORJA

2021-22

A SKILL DEVELOPMENT INITIATIVE



Mehr Chand Mahajan DAV College for Women

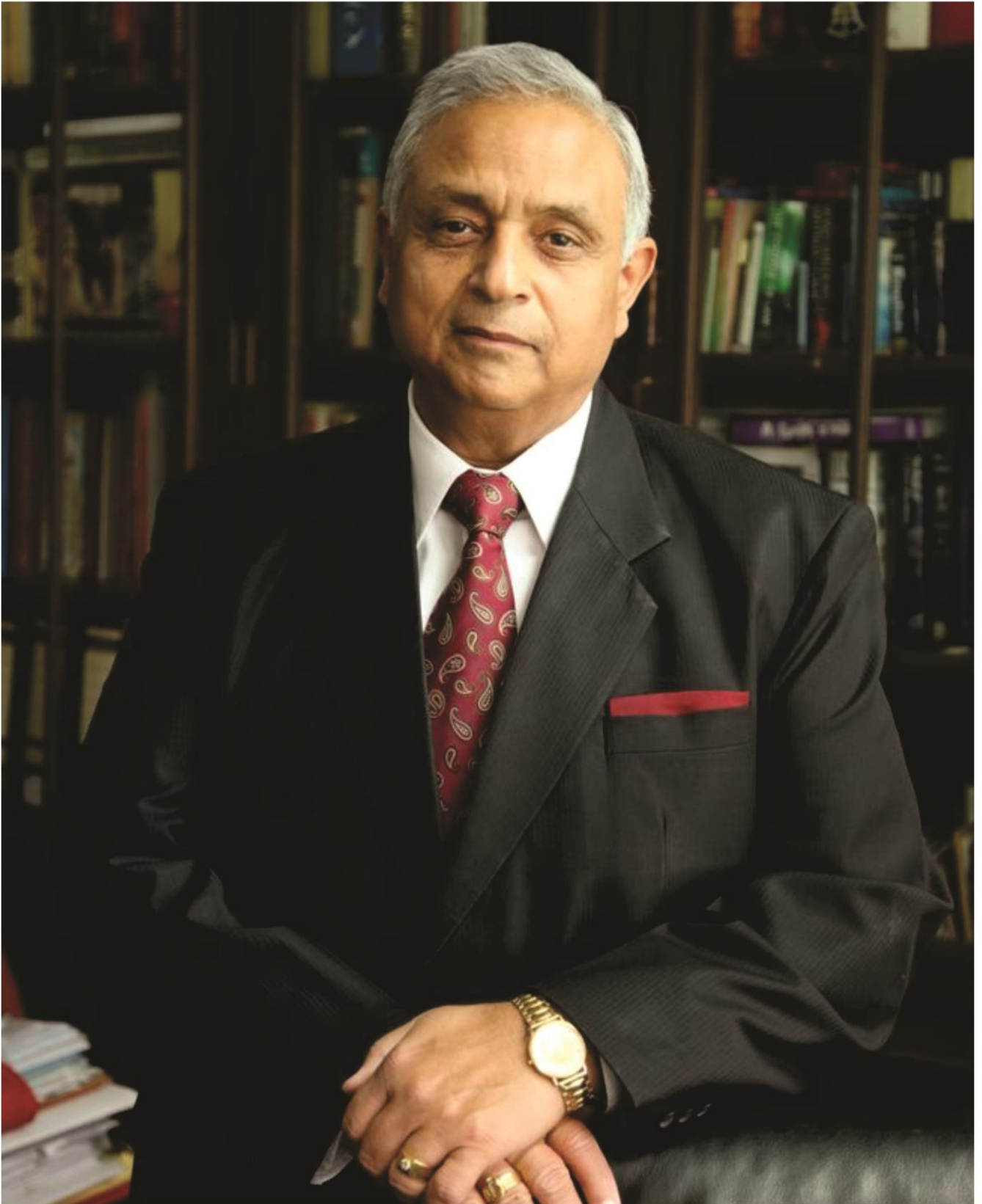
Sector 36-A, Chandigarh (U.T.)

Our Beacon of Light



MAHARISHI SWAMI DAYANAND SARASWATI

Our Guide and Mentor



Dr. Punam Suri Ji, Padma Shree Awardee
Hon'ble President
DAV College Managing Committee
New Delhi



Principal's Message

Urja, as the name stands, envisions rejuvenating, reviving and restoring life skills and professional skills among students. A renewed emphasis on the acquisition of skills was laid by the Skill Development Committee in the year 2022 in the backdrop of the New Education Policy 2020 and the VENTEL Action Plan. And I am glad to put forth that the year was galore with talks by experts, field visits, hands-on training, workshops and much more. While talks like 'Roots and Routes' envisaged to satiate the research endeavours of our students, the 'Meet and Greet' session catered to the students aspiring to take up translation. The field trips included a visit to Sukhna Lake for hands-on training in Photography, Doordarshan Kendra to familiarize students with TV Production, Hunar Haat to acquaint students with the national heritage and art and the Merk High End Skill Development Centre at CSIR – Institute of Microbial Technology (IMTech), Chandigarh to acquaint students with avenues in Life Science Research gave much-needed exposure to students. Students from various streams were kept productively engaged by arranging workshops including Herbal Holi Colour Making, Healthy Delicacies, Sculptural art, Soft skills course in collaboration with Mahindra Pride Classroom, learning and handling of Spectroscopic techniques, cadets learning the skills of swimming and Fire Fighting. Further, various events and competitions were organized around the festivities be it

celebrating Mother's Day, Holi, Baisakhi or World Poetry Day. The fun-filled celebrations and the conscious awareness of leading a more sustainable lifestyle walked hand in hand. The mantra of fitness was also reinforced as the students, faculty members and non-teaching staff walked together in 'Bhor Suhani'.

We look forward to emboldening our efforts to offer new courses in sync with the vision of VENDEL. It is of paramount importance that vocational education is integrated into the education system at all levels across all streams. With the college being recognized as a VENDEL Action Plan Institution, many skill enhancement activities were planned in the year bearing the stamp of the vision of VENDEL. More Plans are in the offing to arrange similar activities.

We are fortunate to be guided and inspired by the torchbearers from the DAV Managing Committee who encourage us to stay committed to the lofty ideals that DAV institutions stand for. I express my gratitude to Dr. Punam Suri ji, Padma Shree Awardee, Hon'ble President, DAV College Managing Committee, New Delhi who encourages us to work in tandem with the initiatives of the Government to empower today's youth. I would also like to thank Shri H.R. Gandhar ji, Senior Governing Body member of the College and Vice President DAVCMC who inspires us to innovate and provide opportunities to our students to meet their aspirations and contribute to nation-building. I would also like to thank Shri Shiv Raman Gaur ji, Director Higher Education, DAVCMC for his blessings and guidance at all times. I extend my greetings to the Skill Development Committee and all the team members for their efforts, initiatives and commitment. Let us begin the year 2023 with a renewed hope that the emphasis on new skills proves to be the tailwind for the aspirations of our students and helps them explore new horizons!



Dr. Nisha Bhargava
Principal



Message from Chief Coordinator

A skill is more than just an arsenal that one needs to have to wade through life. It's something that brings joy and gives emotional and mental strength to an individual to face challenges of life.

Skill is an essential ingredient for sound teamwork too. The College recognises the role of institutions in imparting skills to the youth. Hence there is a consistent effort to conduct workshops on relevant skills.

The credit for this continual endeavour goes to Dr. Nisha Bhargava, worthy Principal, whose guidance and support is the backbone of skill development at the College. I extend gratitude to the entire Skill Development Committee, the office staff and all other personnel who assist in conducting the workshops as also provide other assistance.

Dr. Gurvinder Kaur
Chief Coordinator
Skill Development Committee

SKILL REPORT 2021-22

An Online Hands-on workshop on ‘paper recycling, paper pencil making and seed balls making’ to mark the celebration of Annual Festival Van Mahotsav

Date: July 17, 2021

The Department of Environment Science organized an Online Hands-on workshop on ‘paper recycling, paper pencil making and seed balls making’ to mark the celebration of Annual Festival Van Mahotsav on July 17, 2021 under the aegis of Internal Quality Assurance Cell (IQAC). The objectives of the workshop are to promote increased paper recovery and reuse by raising awareness about the importance of recycling and to create awareness about the significance of the plantation for a clean, green and healthy environment. The workshop was conducted for about one and half hour. The resource person of the workshop was Dr. Shafila, Assistant Professor, Mehr Chand Mahajan DAV College for Women-36 A. It included hands on training on paper recycling, paper pencil making and seed balls making. A total of 23 participants participated in the workshop including 18 students and 5 faculties Van Mahotsav is an annual festival, celebrated every year in the month of July. The festival educates the awareness of trees among masses and portrays the need of planting of trees, as trees are the easiest and best ways to solve the global warming and reduce pollution. Trees have longed served humanity in one form or the other. Recycled paper produces 73% less air pollution than if it was made from raw materials. Recycling 1 ton of paper saves 17 fully grown trees, 60 pounds of air pollutants, 7000 gallons of water. So, paper recycling is important for environment conservation. It doesn't have to be difficult to recycle paper and the positive effects of recycling on the environment far outweighs the small effort needed to implement it. Also, the concept of seed balls is quite popular these days, especially for those areas which are not easily accessible. They are an effective way of establishing plants without the need for plowing, drilling at a very little cost.

Department of Environment Science under the aegis of Internal Quality Assurance Cell (IQAC) organized an online workshop on paper recycling, paper pencil making and seed balls making. The workshop was open for the learners of all the ages and over 23 participants aging from 5 to 57 years benefited from it. Dr. Shafila demonstrated step wise procedure of handmade paper making from waste papers, that could be used for various purposes like as a canvas for painting, making bookmarks, decorative envelope etc. She also explained the steps for making paper pencils using the material normally available at home. Additionally, the concept of seeds ball making was introduced among the participants. Throughout her workshop she highlighted the importance of 3 R's for environment conservation.

Mehr Chand Mahajan
DAV College for Women
Sector 36-A, Chandigarh (U.T.)



e -Certificate

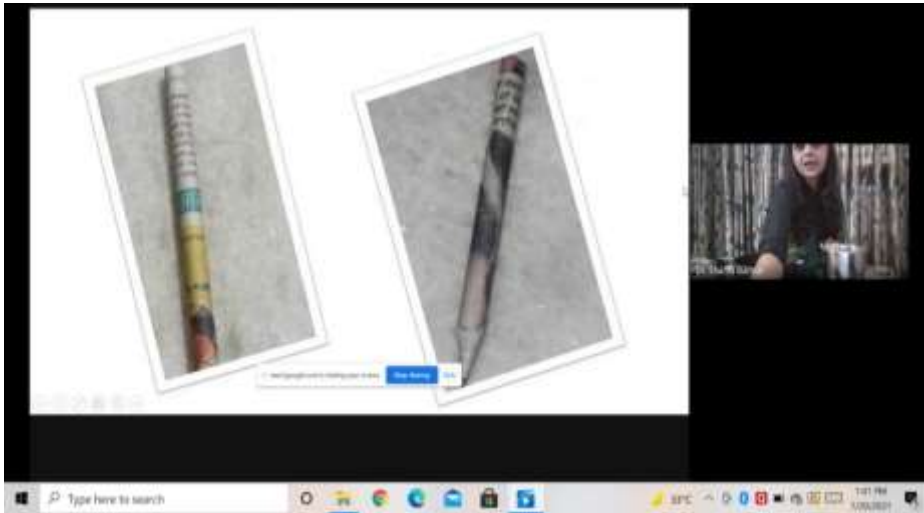
This is to certify that Varnica Garg
student of Class - II at The Gurukul, Zirakpur
participated in Online Hands-on Workshop on Paper recycling, Paper pencils and Seed balls organized
by Department of Environment Science under the aegis of Internal Quality Assurance Cell (IQAC) to mark
the celebration of Van Mahotsav on 17 July 2021.


Dr. Bindu Sharma
Coordinator- IQAC


Dr. Vibha Sharma
Chief Coordinator- IQAC


Dr. Nisha Bhargava
Chairperson & Principal





पेपर रीसाइकलिंग पर ऑनलाइन कार्यशाला का आयोजन

श्रीलोकेश्वर, 25 जुलाई (अमरीक) : सेक्टर-36 के मेजर चंद्र महाजन डी.ए.जी. कॉलेज ऑफ़ वूमैन में पर्यावरण विज्ञान विभाग ने अंतर्राष्ट्रीय स्तर पर कायापालन प्रकल्प के अन्तर्गत 'पेपर रीसाइकलिंग, पेपर पेंसिल मेकिंग एंड सीड बॉल मेकिंग' पर ऑनलाइन कार्यशाला का आयोजन किया।

कार्यशाला का उद्देश्य रीसाइकलिंग के महत्व के बारे में जागरूकता बढ़ाना और इसे -बड़े स्तर पर वातावरण के लिए सुधारकारी के महत्व के बारे में जागरूकता पैदा करने हुए कारगर के पुनः उपयोग में सुविधा को बढ़ावा देना था। कार्यशाला का संयोजन पर्यावरण विज्ञान विभाग ने डॉ. शशीला ने किया। डॉ. शशीला ने केदार करगर्जों से हस्तनिर्मित कारगर बनायेकी चरण-बद्ध प्रक्रिया का प्रदर्शन किया, जिसका उपयोग विभिन्न उद्देश्यों जैसे पेंटिंग के लिए कैनवास, बुकबन्ध बनाने, सजावटी लिफाफे आदि के लिए किया जा सकता है। प्रभाषा डॉ. निखा भर्गवा ने पर्यावरण विज्ञान विभाग की इस पहल को सराहना करते हुए पर्यावरण के लिए इसके महत्व और कहा कि कारगर के पुनर्चक्र को प्रोत्साहित किया जाये, पर्यावरण को बचाने और स्वस्थ बनाने के लिए।

एमसीएम में पेपर रीसाइकलिंग पर ऑनलाइन कार्यशाला



श्रीलोकेश्वर (अमर) : मेजर चंद्र महाजन डी.ए.जी. कॉलेज ऑफ़ वूमैन में पर्यावरण विज्ञान विभाग ने अंतर्राष्ट्रीय स्तर पर कायापालन प्रकल्प के अन्तर्गत 'पेपर रीसाइकलिंग, पेपर पेंसिल मेकिंग एंड सीड बॉल मेकिंग' पर एक ऑनलाइन कार्यशाला का आयोजन किया। कार्यशाला का उद्देश्य रीसाइकलिंग के महत्व के बारे में जागरूकता बढ़ाना और इसे -बड़े स्तर पर वातावरण के लिए सुधारकारी के महत्व के बारे में जागरूकता पैदा करने हुए कारगर के पुनः उपयोग में सुविधा को बढ़ावा देना था। कार्यशाला का संयोजन पर्यावरण विज्ञान विभाग ने डॉ. शशीला ने किया। डॉ. शशीला ने केदार करगर्जों से हस्तनिर्मित कारगर बनायेकी चरण-बद्ध प्रक्रिया का प्रदर्शन किया, जिसका उपयोग विभिन्न उद्देश्यों जैसे पेंटिंग के लिए कैनवास, बुकबन्ध बनाने, सजावटी लिफाफे आदि के लिए किया जा सकता है। डॉ. निखा भर्गवा ने पर्यावरण विभाग की इस पहल को सराहना करते हुए पर्यावरण के लिए इसके महत्व और कहा कि कारगर के पुनर्चक्र को प्रोत्साहित किया जाये, पर्यावरण को बचाने और स्वस्थ बनाने के लिए।



MEHR CHAND MAHAJAN DAV COLLEGE FOR WOMEN CHANDIGARH

Workshop on Paper Recycling, Paper Pencil Making and Seed Balls Making



Dr. Nisha Bhargava
Principal



Dr. Shafila, Department of
Environment Science



Five day “Beneficiary Training in Entrepreneurship Development Program for Bakery & Confectionary”

Date: 7-9-2021 to 11-9-2021 [30 hours -offline]

Mehr Chand Mahajan DAV College for Women, Chandigarh, which has been selected as the State level technical Institute for U.T, Chandigarh for training and capacity building under the Pradhan Mantri Formalization of Micro Food processing Enterprises scheme launched by Ministry of Food Processing Industries (MoFPI), GOI, conducted the first batch of the five day “Beneficiary Training in Entrepreneurship Development Program for Bakery & Confectionary” that commenced from 7 September 2021 to 11 September 2021 in association with Regional Centre for Entrepreneurship Development, Chandigarh. Mr. Tarun Banerjee started the training session by imparting the basic knowledge about Entrepreneurship, its importance and Relevance. He emphasized on the value addition of a product and how to be a little different to become competent to survive and establish in the market. On Day two, Mr. Satvinder Singh guided about the business opportunities in Bakery. He discussed the current scenario about job opportunities available in India and emphasized on becoming an Entrepreneur He discussed about the newer and viable project opportunities and project feasibility. He detailed about the techniques of conducting survey of the bakery product market and reporting. Mr. Paramjeet Singh, Director RCED, Chandigarh took the charge on third day and headed forward by motivating beneficiaries and highlighted the importance of exploring qualities and skills of self. He conversed the methods of self-assessment and how one can develop Entrepreneurial Competencies. He told Beneficiaries how to set goals with systematic planning by citing many examples of existing Entrepreneurs in Chandigarh as well as at the national level. He also talked over the importance of processing and value addition in various foods. At last he suggested the beneficiaries about enhancing their communication Skills. Next day, Mr. Balbir Singh, who is also a freelancer consultant on Entrepreneurship development, discussed the Crises Management in Small Business and managing external environment. He talked about the time and marketing management in Small Business and shared the formulas and methods for problem solving and decision making. The EDP trainer for last day was again Mr. Charanjit Singh, who educated the beneficiaries about financial management in Small Business including Accounts Keeping, preparing balance Sheets and calculation of Profit & Losses, analysis Working Capital. He also elaborated the various Labor Laws and Factory Act to be kept in mind while working in bakery micro enterprises. Tax Related Requirements and formalities were conferred. All the training coordinators interacted with the participants and gave them complete comprehensive sessions. All the queries and problems of beneficiaries were discussed and sorted. A total of 18 trainees were registered.



All the beneficiaries were fervent and actively participated in the various sessions throughout the 5-day training period. They gave constructive feedback towards the outcomes about Entrepreneurship development program and responded well to all the training sessions.



Bhartendu Harishchander Jayanti Samaroh

On the occasion of Bhartendu Harishchander Jyanti Samaroh, the PG Department of Hindi organized various skill-based activities cum competitions to commemorate and celebrate the writings of Bhartendu Harishchander in the field of literature on **9 September 2021**. The aim of the event was to make the students aware of the contribution of Bharatendu Harish Chandra to literature and inculcate the art of biography presentation in students. The students performed the play "Andher Nagri Chaupat Raja". They also participated in various activities such as- Biography Presentation, Portrait making, Poetry Recitation, and painting on their favourite author. The Resource Persons cum Judges were Mr Nirmal Nagar, Joint Transport Commissioner (Road Safety), Haryana, Dr Gurmeet Singh, Department of Hindi, Panjab University and Mr. Ashutosh, Official Language Officer, IOCL. The event was attended by 35 students and 5 faculty members.



एम.सी.एम. यूपी.के. कालेज



इंडियन ऑयल कोर्पोरेशन



सुरुआत समिति

हिन्दी उत्सव



भारतेन्दु हरिश्चन्द्र

9 सितम्बर, 2021 को सुबह 10 बजे भारतेन्दु हरिश्चन्द्र से डा. वीरेन्द्र मेहदीरत्ता तक की हिन्दी रचना यात्रा को समर्पित।



डा. वीरेन्द्र मेहदीरत्ता

आकर्षण

श्रेष्ठ कविताओं का गायन ललित कलाएँ

पुस्तक प्रदर्शनी जीवनी

प्रख्यात लेखकों की जीवनी, एकाकी विमर्श।



कालांतर में प्रकाशित हुई। इसका अर्थ है कि यह पुस्तक बहुत ही महत्वपूर्ण है।

कार्यक्रम मेरठ वंदर भद्रानन दीपवी कॉलेज काँवर दुमने वडीमड के स्वागतोत्तर हिंदी विभाग ने मनाया हिंदी उत्सव छात्रों ने 'अंधेर नगरी' नाटक से लूटी वाहा-वाही

संस्थापक

यहाँ पर हम आपको एक बहुत ही रोमांचक और शिक्षणमय कार्यक्रम के बारे में बता रहे हैं।



इस कार्यक्रम का उद्देश्य छात्रों में हिंदी भाषा के प्रति गहरी समझ और प्रेम को बढ़ावा देना है।

इस अवसर पर विभाग के अध्यक्षों ने अपने-अपने भाषणों में हिंदी भाषा के महत्व और इस कार्यक्रम के महत्वपूर्ण पहलुओं के बारे में जानकारी दी।

भारतेन्दु हरिश्चंद्र जयंती पर एमसीएम ने मनाया हिंदी उत्सव

भारतेन्दु हरिश्चंद्र जयंती के अवसर पर एम.सी.एम. यूपी.के. कालेज में हिंदी उत्सव का आयोजन किया गया।



एमसीएम कॉलेज की हिंदी विभाग डॉ. निहा अग्रवाल पंचज लिट्रिचरालय, हिंदी विभाग डॉ. नुजवीर सिंह को सम्मतिगत करते हुए।

इस कार्यक्रम में छात्रों ने अपने-अपने भाषणों में हिंदी भाषा के महत्व और इस कार्यक्रम के महत्वपूर्ण पहलुओं के बारे में जानकारी दी।

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Two days Skill based Lecture cum Workshop on Refreshing the Basic Chemistry Lab Skills Post Lockdown.

Date: 9th and 10th September 2021

A two days Skill based Lecture cum Workshop on Refreshing the Basic Chemistry Lab Skills Post Lockdown was organized by PG Department of Chemistry, Mehr Chand Mahajan DAV College for Women, Sec 36-A, Chandigarh on 9th and 10th September 2021. The objective of this lecture cum workshop is to educate students about the basic lab skills for working in chemistry labs. The chemistry lab is full of hazards and risks due to the usage of huge variety of chemicals. The workshop was focused on making the students aware about basic work culture and safe practices of working in chemistry labs. The workshop was continued for three hours each day. The resource persons of the workshop are Dr. Angshuman Roy Choudhary, Assistant Professor, IISER Mohali and Dr. Rishu, Assistant Professor, Mehr Chand Mahajan DAV College for Women, Chandigarh. There was a demonstration on the Basic Chemistry Lab Skills on 9th September and a lecture cum demo on 10th September 2021 on the various approaches to handle waste chemicals in a safest way with least environmental hazards. A total of 125 participants were benefitted from this two-day workshop.

A brochure on Two days Skill based Lecture cum Workshop on Refreshing the Basic Chemistry Lab Skills Post Lockdown was shared among various groups of students and faculties to ensure maximum participation a few days before the commencement of event. The lecture was conducted in blended mode i.e. both online and offline modes. Very innovative and unique presentation was delivered by both the resource persons. More than 100 students, 4 lab staff members and 17 faculties attended this training program. Participants were taught about the basic lab apparatus, how to use them and the basic concepts of chemistry experiments and learning of various fundamental laboratory techniques was also imparted. The various approaches to handle waste chemicals in a safest way with least environmental hazards were also discussed. Student participants and lab staff were asked to prepare solutions of different concentrations as a part of hands-on experiential learning.





Mehr Chand Mahajan DAV College for Women
 Sector 36-A, Chandigarh (I.T.)

To celebrate Azadi Ka Amrit Mahotsav (India@75)
Postgraduate Department of Chemistry organizes
Two days Skill based Lecture-cum-Workshop on
Refreshing the Basic Chemistry Lab Skills post Lockdown
 9 - 10 September 2021

Resource Persons:
Dr. Anshuman Roy Choudhury
 Asst. Professor
 IISER Mohali
 Email: anshuman@iiser.ac.in

Dr. Nisha Chohan
 Asst. Professor
 Mehr Chand Mahajan
 DAV College for Women
 Topic: Basic Chemistry Lab Skills
 10 Sep. 2021 at 9:30 am

Click below to join us on 9 and 10 September 2021
[CLICK](#)

एमसीएम ने बेसिक केमिस्ट्री लैब स्किल्स पर 2 दिवसीय व्याख्यान सह कार्यशाला का आयोजन किया

न्यून इंटिका, चंडीगढ़। रायन विज्ञान के महाकाल विभाग, मेहर चंद महान चोला कॉलेज के विभाग, चंडीगढ़ ने राष्ट्रीय 75 वें बेसिक केमिस्ट्री लैब स्किल्स पर 2 दिवसीय व्याख्यान सह कार्यशाला का आयोजन किया। इस कार्यक्रम का उद्देश्य छात्रों को रायन विज्ञान प्रयोगशाला में काम करने के लिए आवश्यक बुनियादी प्रयोगशाला कौशल के बारे में अवगत कराना था। रायन विज्ञान प्रयोगशालाओं के संदर्भ में वे प्रयोग करने वाले प्रयोगों में सही विधि का उपयोग करने के बारे में भी जानकारी दी। इस कार्यशाला के लिए प्रमुख कक्षा के बने हैं। प्रयोगशाला की चीजों, अर्थात् रासायनिक पदार्थों और बर्तन के रायन विज्ञान विभाग में ही तैयार किए गए। इस अवसर में 125 से अधिक छात्रों ने



भाग लिया। व्याख्यान के दौरान प्रयोगशालाओं को बुनियादी प्रयोगशाला उपकरण, इनमें उपकरण, रायन विज्ञान के प्रयोगों को बुनियादी उपकरणों और विभिन्न भौतिक प्रयोगशाला उपकरणों के बारे में भी शिक्षण था। बस में इन प्रयोगशालाओं के साथ अर्थात् रायन को जल्दी सुकीला होने से प्रयोगों के विभिन्न तरीकों पर भी चर्चा की गई।

कार्यशाला में छात्रों को रायन विज्ञान प्रयोगशालाओं में काम करने की सुरक्षित प्रथाओं के बारे में जानकारी दी गई। इस अवसर पर रायन विज्ञान के प्रयोगों को बुनियादी प्रयोगशालाओं में प्रयोग करने के बारे में भी शिक्षण किया गया। इस अवसर पर रायन विज्ञान के प्रयोगों को बुनियादी प्रयोगशालाओं में प्रयोग करने के बारे में भी शिक्षण किया गया।

विभाग में छात्रों को रायन विज्ञान प्रयोगशालाओं में काम करने की सुरक्षित प्रथाओं के बारे में भी शिक्षण किया गया। इस अवसर पर रायन विज्ञान के प्रयोगों को बुनियादी प्रयोगशालाओं में प्रयोग करने के बारे में भी शिक्षण किया गया।

2-days lecture cum workshop on Basic Chemistry Lab Skills held at MCM

The Aman Sandesh Times Network

Chandigarh: The Postgraduate Department of Chemistry, Mehr Chand Mahajan DAV College for Women, Chandigarh organised a 2-days lecture cum workshop titled 'Refreshing the Basic Chemistry Lab Skills Post Lockdown' in which over 125 students participated.

The objective of the lecture cum workshop was to educate students about the basic lab skills required for working in chemistry labs, these skills are extremely important in context of chemistry labs as these are full of hazards and risks due to the usage of huge



variety of chemicals.

The resource persons Dr. Anshuman Roy Choudhury, IISER Mohali and Dr. Rishu, Department of Chemistry at the college, during the lecture, taught about the basic lab apparatus, its usage, basic concepts of chemistry experiments and various fundamental laboratory techniques.

The various approaches to handle waste chemicals

in the safest way with least environmental hazards were also discussed and focused on making students aware about basic work culture and safe practices of working in chemistry labs.

Principal Dr. Nisha Bhargava lauded this skill development endeavour of Chemistry Department, she added that post lockdown, it is utmost important to sensitise students about the basic laboratory skills, rules and regulations, hazards of chemicals and fire and maintaining adequate cleanliness in laboratories, since during lockdown the students had no physical access to laboratories.

Webinar on “Business Opportunities in Bakery and Confectionary under the Pradhan Mantri Formalization of Micro Food processing Enterprises (PM-FME scheme) to celebrate Azadi ka Amrit Mahotsav (India@75)

Date: 12-09-2021

A webinar on “**Business Opportunities in Bakery and Confectionary** under the Pradhan Mantri Formalization of Micro Food processing Enterprises (**PM-FME scheme**) was organized by Mehr Chand Mahajan DAV College for Women, Chandigarh in association with Department of Industries, UT CHD on 12 Sep 2021 to celebrate **Azadi ka Amrit Mahotsav (India@75)** .

Mehr Chand Mahajan DAV College for Women, Chandigarh is the selected and appointed **State level technical Institute(SLTI)** for U.T, Chandigarh for training and capacity building under PM_FME scheme launched by Ministry of Food Processing Industries (MoFPI), GOI. The inauguration session of the webinar was attended by worthy Chief Guest Mr. Jagjit Singh, Director, Department of Industries, UT Chandigarh, the State Nodal Officer for PM-FME Scheme.

The session started with a formal welcome address by worthy madam Principal, Dr. Nisha Bhargava who applauded the unique initiative of our honorable Prime Minister Shri Narendra Modi to celebrate 75 years of progressive India through celebrating Azadi ka Amrit Mahotsav. She then emphasized on the need of the youth to come forward and work towards the realization of Atmanirbhar Bharat. She further highlighted the importance of the PM-FME scheme while focusing on food safety and related norms.

Mr. Jagjit Singh expressed his enthusiasm towards celebration of Independent India and detailed that ‘Azadi Ka Amrit Mahotsav’ is an embodiment of the 75 glorious years of independent India with its glorious history of its people, culture and achievements. He then discussed about the PM-FME scheme which is aligned in the making the vision of building a new, AatmaNirbhar Bharat , a reality soon. He emphasized on the need and benefits of formalization of bakery units to the participants (existing and new entrepreneurs) and the potential of up-skilling and upgrading oneself more into this field via the present scheme.

Webinar was then initiated with lecture delivered by Dr. Vandana Sharma. The talk was focused on orientation and complete understanding of the PM-FME scheme; its objective, eligibility, process of applying. This was followed by interactive talks by Mr. Paramjit Singh and Mrs. Baljeet Kaur who motivated the existing and budding entrepreneurs in the bakery sector. Further, they detailed about the process of availing bank loans, preparation of DPR’s , how to do marketing and branding and enhance customer base etc.

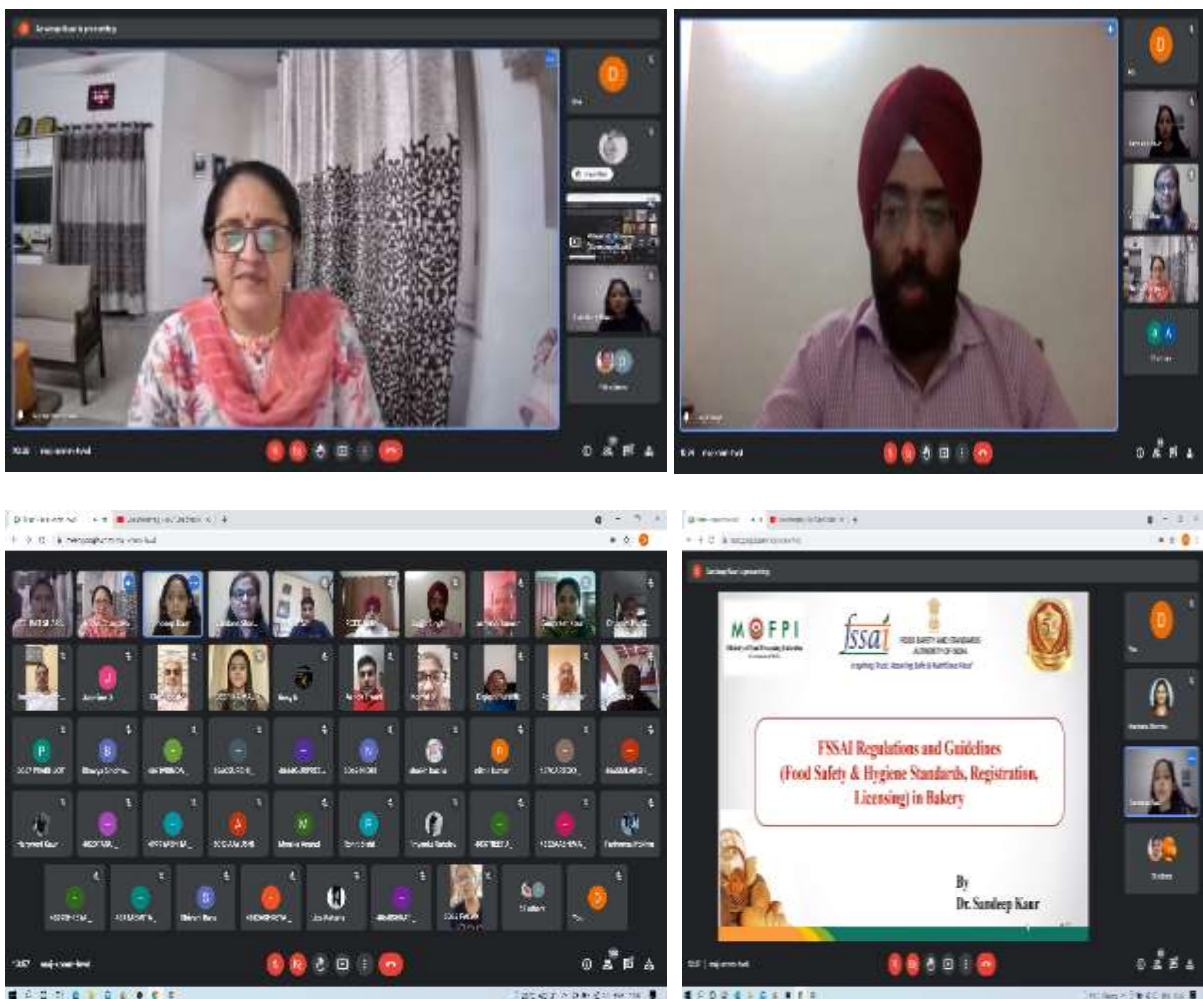
This was then followed by the next lecture in which the market potential of bakery and the relevance of the ODOP (Bakery) for UT, Chandigarh along with the concept of One District - One ODOP under the present scheme was explained in detail by Dr. Gurpreet Kaur.

Finally, the last session was delivered by Dr. Sandeep Kaur who gave a comprehensive insight into the Food Safety and Standards Authority of India (FSSAI) registration and mandatory licensing requirements, process of applying along with importance of food hygiene and health, prevention of food adulteration, FSSAI laid safety norms, quality parameters, with special reference in pandemic times of COVID-19.

The poster features logos for MGFPI, 75th Independence Anniversary, and the Government of India. It identifies the host as Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh (U.T.). The event is a webinar on business opportunities in bakery and confectionery under the PMFME Scheme, celebrating Azadi Ka Amrit Mahotsav (India@75) in collaboration with the Department of Industries, U.T., Chandigarh. It lists six distinguished speakers with their names and titles: Dr. Vande Sharma (IAS, Retd.), Dr. Sandeep Kaur (Asst. Prof. & Asst. Dir. of F&T), Dr. Gurpreet Kaur (Asst. Prof. & Asst. Dir. of F&T), Dr. Vandana Sharma (Asst. Prof. & Asst. Dir. of F&T), Dr. Sandeep Kaur (Asst. Prof. & Asst. Dir. of F&T), and Dr. Gurpreet Kaur (Asst. Prof. & Asst. Dir. of F&T).

The screenshot shows a Zoom meeting interface. The main slide displays the PMFME logo and the text 'AZADI KA AMRIT MAHOTSAV' along with the '75' logo. Below the slide, the text 'आजादी का अमृत महोत्सव' is visible. The Zoom control bar at the bottom shows icons for mute, video, chat, and other functions.

The screenshot shows a Zoom meeting grid with 25 participants. The participants are arranged in a grid, with some showing their video feeds and others showing their names and initials. The Zoom control bar at the bottom shows icons for mute, video, chat, and other functions.



Participation of 12 students of BSc. (MFT)-III year in National level- Research Conclave-2021 to showcase their research work in form of oral presentation.

Date: 24-25 Sep 2021

With the primary objective of enhancing the scientific skills of students and to promote awareness on crucial topic of Environment sustainability and update on the latest scientific solutions being explored, a total of 12 students of BSc.(MFT)-III year along with two faculty members of the Department (Dr. Vandana Sharma and Dr. Sandeep Kaur) actively participated in in National level- Research Conclave-2021 sponsored by Department of Science and Technology, Renewable Energy, Chandigarh and DBT Star college scheme, organized by Goswami Ganesh Dutta Sanatan Dharma College, Chandigarh.

All the students presented their undergraduate research work by giving oral presentation as well as though poster display in the conclave. The students presented their work focused on scientific ways to mitigate challenges pertaining to plastic waste management, plastic degrading bacteria, reuse of already used media, use of greener alternatives as biofuels,

bioenergy and recycling of waste for turning into useful products, innovative methods to improve nutrition, health and hygiene etc. The students showed their scientific skills and confidently showcased their work and ideas and secured prizes while also learning and interacting with experts, scientist and other research scholars in the conclave meet. The students were enthusiastic about the entire event and wished to participate in more such conferences enabling them to get apprised about the newer ideas and technologies related to environmental cleanup-remediation and health and hygiene being discovered and worked upon. **Ramanjot** and **Komal** of BSc. MFT- III year secured second prize for best oral presentation on the topic titled: Utilization of fruit and vegetable waste in preparation of microbiological media. **Deeksha** and **Seeya Arora** of BSc. (MFT)-III year secured third prize for best oral presentation on the topic : Isolation of DNA from Rennet and glass milk using simple homely material. Students showed very positive feedback and were enthusiastic about more such events in near future.



Waste to Art

Date: 1st October 2021

To make people aware about our Heritage by creating various Art items out of Waste Material, A show was displayed wherein Dry arrangements from waste leaves, twigs etc. were made. Heritage items like Khiddo, Ennu and Guddiyan Patole and different carry bags and mobile covers were made by using left over pieces of fabric. 4 students along with a faculty member from the college participated in the show.



Research Methodology Workshop Contemporary Research: Scope, Challenges, And Methodology

PG Department of English of the college organized a National-level Online 30-hour Workshop on ‘Contemporary Research: Scope, Challenges and Methodology’ for a heterogeneous group of faculty members, research scholars and Post-graduation students with the aim to apprise them of the nuances of research as recommended in the National Education Policy (NEP-20). Nearly 157 participants from different parts of the country enrolled on this programme. Eminent researchers from different universities delivered lectures in this 8-day academic extravaganza. Principal Dr Nisha Bhargava, Convener of the Programme delivered the Welcome Address on the Inaugural Day and appreciated the Department of English for undertaking this well-structured programme consisting of Live Lectures, Assessment, Feedback and Discussion Forum to make it a holistic academic initiative. The resource person for the first day, Prof Deepti Gupta, Department of English and Cultural Studies, Panjab University, enlightened the participants about the linguistic subtleties of research writing in her session ‘Language Matters’ on 4 October 2021. The second session was conducted by Dr Neeraj Kumar Singh, Deputy Librarian, AC Joshi Library, Panjab

University, who delivered a very stimulating session on ‘Contemporary Research—Use of Open Educational Resources’ on 5 October 2021. The third session was conducted by Prof Praveen Sharda, Department of English, University School of Open Learning, Panjab University, who delivered an interactive lecture on ‘Literature Review: Challenges and Strategies’ on 6 October 2021. In a highly interactive session on ‘Research and Research Writing’, Prof Gurupdesh Singh, Department of English, Guru Nanak Dev University, Amritsar, on 8 October 2021, reinforced the idea that all research is meant to fill the gaps in the hitherto available body of work in a specific area. Keeping in view the fact that a bibliography opens a window to the research work, Prof Aneel Kumar Raina, Department of English and Cultural Studies, Panjab University, gave a lecture on ‘Citations, References and Bibliography as per MLA Handbook’ on 9 October 2021. Prof Vivek Sachdeva from USHSS, Guru Gobind Singh Indraprastha University delivered a very stimulating lecture on ‘Time and Space in Films: A Narratological Perspective’ on 11 October 2021. Prof Dilip Barad from MK University of Bhavnagar, Gujarat, delivered a very exhaustive session on this pivotal aspect of research, ‘Research and Publishing Ethics’ on 12 October 2021. Prof Sudhir Kumar from the Department of Evening Studies, Multi-Disciplinary Research Centre, Panjab University, delivered the concluding lecture in this series of academic feasts. He gave a very enlightening talk on ‘Some preliminary Observations on Research and Problem of Untranslatability with Special References to Indian Literary Tradition and Cultural Studies. The 8-day workshop ended with a formal vote of thanks by Ms Neena Sharma, Head, Department of English. Principal Dr Nisha Bhargava, congratulated the Department on the successful completion of this programme.



**Mehr Chand Mahajan
DAV College for Women
Sector 36-A, Chandigarh (U.T.)**



**National Level Online Workshop on
Contemporary Research:
Scope, Challenges & Methodology**
organized by Department of English

Date: 4-13 October 2021
Duration: 30 Hours

Registration is mandatory.
Register Now

Emminent Speakers

4 October 2021: Welcome address by Principal, Dr. Anshu Bhargava, Fellow- Panjab University, Chandigarh.

4 October 2021
Prof. Gurpreet Singh (Retd.)
Department of English & Director-SSDC,
Guru Nanak Dev University, Amritsar

5 October 2021
Dr. Neeraj Kumar Singh
Deputy Librarian, A.C. Jashu Library
Panjab University, Chandigarh

6 October 2021
Prof. Preetan Sharda
University School of Open Learning
Panjab University, Chandigarh

8 October 2021
Prof. Gauri Gupta
Department of English & Cultural Studies
Panjab University, Chandigarh

9 October 2021
Prof. Arvind Kumar Rathi
Department of English & Cultural Studies
Panjab University, Chandigarh

11 October 2021
Prof. Vivek Sachdeva
USMSS, Guru Gobind Singh Indraprastha
University, New Delhi.

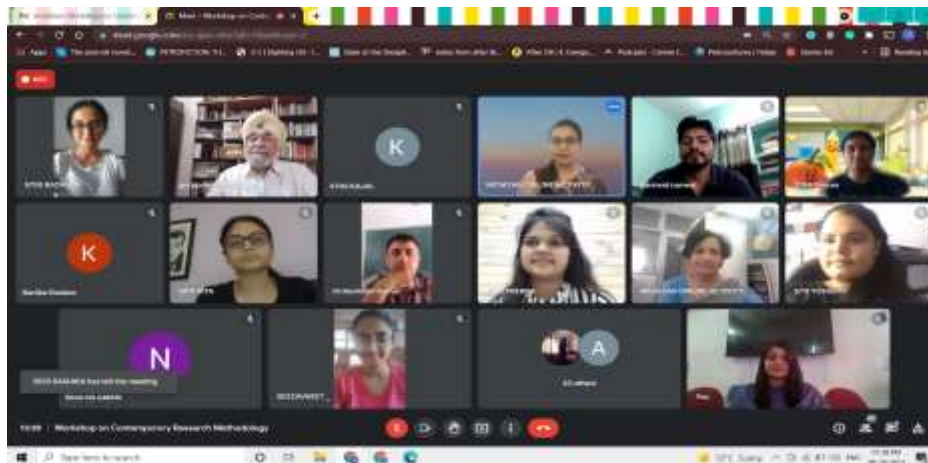
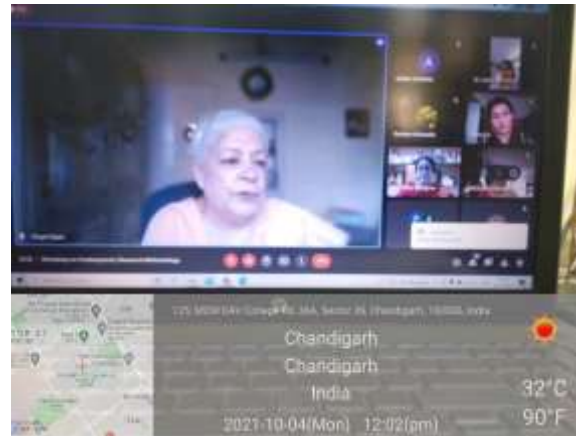
12 October 2021
Prof. DRB Barad
Department of English
M.K. Bhargava University, Gujarat.

13 October 2021
Prof. Surinder Kumar
Department of Evening Studies
Multi-Disciplinary Research Centre
Panjab University, Chandigarh

Dr. Sarvika Jothi Dr. Jaspreet Anand, Dr. Kamal Tyagi & Dr. Mehran
Organizing Secretaries

Ms. Noor Shama
Coordinator & Head
Department of English

Dr. Moha Bhargava
Convener & Principal
Department of English



National Level Inter-College Competition on the Occasion of Rashtriya Poshan Maah-2021

Date: 6th October 2021

To celebrate Rashtriya Poshan Maah with creativity and innovation, 12 students participated in E-Rangoli and 60 in E- Poster. Cash prizes were given to prize winners and E- certificate to all the participants. Entries were received from (places) like Hoshiarpur, Dasuya, Abohar, Karnal, Bhiwani, Jalandhar, Moga, Faridkot, Khanna, Mukerian,

E-Rangoli

Ist Prize :Poonam Kumari (G.T.B. Khalsa college of Education, Dasuya)

IInd Prize Sonali Dubey (GCG, Sec 42, Chd.)

IIIrd Prize: Lovepreet Kaur (Mata Ganga Khalsa College, Ludhiana)

Consolation: Kulvinder Kaur (G.T.B. Khalsa college of Education, Dasuya)

E- Poster

Ist Prize :Lakshmi (Dhempe College of Arts and Science, Goa)

IInd Prize Kritika Arora (MCM DAV College for Women, Sec.-36)

IIIrd Prize: Anjali (Govt. College, Nirwana)

Consolation: Mehak Abrol (MCM DAV College for Women, Sec.-36)

Anvi S. Mahalkar (Dhempe College of Arts and Science, Goa)



Four day “Beneficiary Training Program in Bakery & Confectionary of 30 hours”

Date: 08 Oct - 12 Oct 2021

As Mehr Chand Mahajan DAV College for Women, Chandigarh has been selected as the State level technical Institute for U.T, Chandigarh for training and capacity building under the Pradhan Mantri Formalization of Micro Food processing Enterprises scheme launched by Ministry of Food Processing Industries (MoFPI), GOI, the second batch of the four day “Training Program in Bakery & Confectionary ” commenced from 08 Oct 2021 at Mehr Chand Mahajan DAV College for Women, Chandigarh, the State level technical Institute in association with Department of Industries, U.T Chandigarh , the State Nodal Agency. The session started with a formal welcome address and a detailed insight into the PM-FME by the training coordinators as per the schedule. The initial lecture was focused on orientation and complete understanding of the PM-FME scheme; its objective, eligibility, process of applying.

This was followed by lecture on the various instruments and equipment’s required for setting up bakery business and venture and also a comprehensive update on the latest updates and technical advances available to make the processing in bakery more efficient and less time consuming. The session was made interactive by showcasing related videos, rounds of question-answers and discussions in order to make the beneficiaries understand the key concepts thoroughly. Day-1 concluded with a detailed insight on the plant layout, bakery infrastructure required, site selection, selection of construction materials (doors, walls, flooring, drainage etc.), placement of machines and equipment for maximum and optimal space utilization and safety precautions from pests and foreign contaminants. The lecture was made more understandable by discussing few examples of actual bakery designs and floor plans.

Second day initiated with revision of key concepts and interactive discussion round. This was followed by lecture by Dr. Gurpreet Kaur who detailed on the raw materials required for bakery products, the process flow and technical details of bread making, cookie, biscuit and cake making. She discussed the new advances in bakery to produce value-added products to enhance the nutritive value which is all the more demanding in today’s time. She also discussed the different types of packaging materials that should be used and the need for moving towards novel and eco-friendly packaging systems rather than use of plastic-based packaging. Third day of training was dedicated to hands-on training session whereby all the

beneficiaries were involved in making various Bakery related products as well as some new value-added products like oat meal cookies, chia seed cookies etc.

Final and concluding day was focused on lecture into FSSAI licensing and registration requirements, step by step procedure and documents required. The participants were given live training on how to apply for the basic registration plan (if not done yet) by visiting the FoSCoS - FSSAI portal and starting the registration process Finally, the session was concluded by lecture which focused on different food hygiene parameters to be followed at each level (personnel and organizational) as per the FSSAI guidelines with special emphasis on COVID-19.hence the training enabled to strengthen and demonstrate core concepts in bakery theory and methodology while educating them about the new evolving techniques following the set guidelines of safety and hygiene.



WORLD FOOD DAY

Date: 27th October, 2021

World Food Day is celebrated to mark the anniversary of the founding of the FAO of the United Nations, every year. This day aims at tackling global hunger and striving to eradicate hunger across the world. The objective behind celebrating this day was to raise awareness about hunger, malnutrition, sustainability and food production. The students were encouraged to participate in the event via extempore speech, poster making and quiz competition based on themes relevant to food issues.

Themes :

1. Food Security and hunger
2. HACCP and Quality Control
3. Food Safety from microbes
4. Food Fortification
5. Foodomics

Events :

Extempore speech competition
Poster making
Food Quiz Competition

Mehr Chand Mahajan DAV College for Women
Sec 36-A, Chandigarh

Department of Food Science
AN INTER COLLEGE COMPETITION
27th October, 2021

WORLD FOOD DAY

Events

- Extempore speech competition
- Poster making
- Food Quiz Competition

Themes

- Food Security and hunger
- HACCP and Quality Control
- Food Safety from microbes
- Food Fortification
- Foodomics

Cash Prizes (For each event)
E-Certificates for all participants

Registration Fees : Rs. 100/-
Last day for registration : 25th Oct 2021

Click here for registration & instructions → <https://forms.gle/CJ2Ls8t7EERR1Uy5>

Coordinators

- Dr. Vandana Sharma
- Dr. Sandeep Kaur
- Dr. Anila Negi
- Dr. Gargreet Kaur
- Dr. Deepika Malik
- Dr. Kirti Singla

Dr. Nisha Bhargava
(Convener and Principal)



Open Mic (Diwali Fest)

The Open Mic was conducted by the Young Communicators Club in collaboration with the Mavericks club of the college on 30 October 2021. The event aimed at providing the students with a platform to showcase their talent. Many students took part in the event with great enthusiasm and exuberance. The event was attended by 400 participants.



The poster features three logos at the top: a gold circular logo with '50' and 'DAV' text, a green and orange logo with 'YCC PRCI', and a circular logo with 'M' and 'MAVERICKS' text. Below the logos, the text reads: 'YOUNG COMMUNICATORS CLUB and MAVERICKS of MEHR CHAND MAHAJAN DAV COLLEGE FOR WOMEN CHANDIGARH is organising an OPEN MIC'. The 'OPEN MIC' text is stylized with a microphone icon. At the bottom, it says '30 OCT | 10 - 11:30 am | CELEBRATION GROUND'. On the left, contact information is provided: 'For queries contact, +91 88944 81036'. On the right, it says 'To register,' followed by a QR code.

Cosmetology Department: ADVANCE MAKE – UP WORKSHOP

Date: 3rd December 2021

25 students

In this workshop students learned new techniques of make up which is demand in market and how to work with brushes. Ms. Kavita from Meraki Make up academy and studio sector 17 Chandigarh was the resource person.

वर्कशॉप के माध्यम से मेकअप की बारीकियों को उजागर किया

चंडीगढ़, 12 दिसम्बर (आशीष) - सैक्टर-36 स्थित मेहर चंद महाजन डी.ए.वी. कॉलेज फॉर वूमैन के कॉस्मेटोलॉजी एंड ब्यूटी केयर विभाग ने एडवांस मेकअप तकनाक पर एक दिवसीय कार्यशाला का आयोजन किया। मेराकी मेकअप अकादमी और स्टूडियो की कविता अग्रवाल कार्यशाला के लिए प्रमुख वक्ता थीं। उन्होंने विभिन्न मेकअप तकनाकों में व्यावहारिक प्रशिक्षण प्रदान किया। उन्होंने ने 33 से अधिक प्रतिभागियों को नवीनतम मेकअप से अवगत

कराया। स्टैप बाय स्टैप लाइव प्रदर्शन में अग्रवाल ने मेकअप की महत्वपूर्ण तकनीकों को साझा किया, जिन्हें किसी के सौन्दर्य को बढ़ाने के लिए शामिल किया जा सकता है। कार्यशाला में छात्रों की उत्साही भागीदारी देखी गई, उनके लिए यह कार्यशाला अत्यंत लाभकारी रही। प्राचार्या डॉ. निशा भार्गव ने नवोदित कॉस्मेटोलॉजिस्ट के कौशल प्रदान करने के लिए इस पहल की सराहना की। उन्होंने कहा कि पर्सनल ग्रूमिंग व्यक्ति में आत्मविश्वास को बढ़ाती है।



Interactive session on 'The Creative World of Radio Jockey'

The Department of Mass Communication organized an interactive cum training session 'The Creative World of Radio Jockey' on 6 December 2021 with the objective of enlightening students about the career opportunities in the field of Radio, with special reference to Radio Jockey. The invigorating session was conducted by Mr. Ansh Grover, Programming Head (Radio and Digital), Mirchi, Chandigarh. Principal Dr. Nisha Bhargava lauded this initiative of apprising the students about the creative world of radio. The students were Nearly 50 students participated in this engaging and enriching session.



MCM holds session on career in radio



CHANDIGARH, 07.12.21-With the objective of enlightening students about the career opportunities in the field of radio with special reference to radio jockey, the Department of Mass Communication at Mehr Chand Mahajan DAV College for Women, Chandigarh organised an interactive session on 'The Creative World of Radio Jockey'. Mr. Ansh Grover, Programming Head (Radio and Digital), Mirchi Chandigarh was the resource person for this invigorating session. Referring to the world of radio as a blank canvas, Mr. Grover exhorted the participants to paint it with their creativity. Outlining the mantra of a successful career as a radio jockey, he listed out the qualities that enable the RJ to establish a connect with the audience and carve a niche for oneself. The session provided practical insights into the art of radio jockeying and the participants found it immensely useful. Making the session all the more engrossing, Mr. Grover assigned the participants the task of making their links for their hypothetical radio show. The participants then presented their links before the audience that were hugely appreciated by the expert. Principal Dr. Nisha Bhargava lauded this initiative of the Mass Communication Department to apprise students about the creative world of radio and the career opportunities therein. She further informed that it is a matter of pride that the college has been ranked among the top Mass Communication institutions of the country for three consecutive years by India Today.

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MCM - Education Sector

- MMSPTU gets consultancy for Punjab Public Service Board (PPSB) - University engaged as Chartered member for two years.
- MSCU extends Re-Registration up to 15th December, 2021
- Approved Punjab Singer Mrg along with Rishabh, Aak, Shikha, Geeta on Social Studies on Aayat, Founder's Welfare
- MMSPTU DistRICT Professor Sarma Baner conferred with National Business Engineer Award
- MCM celebrates 10th anniversary
- MSCU extends Admission up to 15th December, 2021
- Special show for admission in Central University of Haryana on December 16.
- Apex Overseas Students Meet in Malabar House at Dal Lake, Srinagar
- IEUC Celebrates World Disability Day
- MCM celebrates International Day of Persons with Disabilities

MCM holds session on career in radio



CHANDIGARH: With the objective of enlightening students about the career opportunities in the field of radio with special reference to radio jockey, the Department of Mass Communication at Mehr Chand Mahajan DAV College for Women, Chandigarh organised an interactive session on 'The Creative World of Radio Jockey'. Mr. Ansh Grover, Programming Head (Radio and Digital), Mirchi Chandigarh was the resource person for this invigorating session. Referring to the world of radio as a blank canvas, Mr. Grover exhorted the participants to paint it with their creativity. Outlining the mantra of a successful career as a radio jockey, he listed out the qualities that enable the RJ to establish a connect with the audience and carve a niche for oneself.

A three-day workshop “PANACHE-2022”

With the objective to give an edge to the students of Office Management & Secretarial Practices, a hands-on three day workshop “Panache-2022” was organized from 10th January, 2022 to 12th January, 2022. It aimed to acquaint the students with the art of Resume Writing, Interview Skills, Communication Skills and others facets of personality development including personal grooming and professional etiquettes. The workshop was conducted in the online mode. It consisted of three sessions conducted by resource persons who acquainted the students with different topics. The resource persons were Dr. Jasmine Anand, Dr. Aparajita Sharma and Ms. Ruchika Singh from the Department of English. --- Students attended the workshop.



MCM holds Panache 2022

CHANDIGARH: The Department of Office Management and Secretarial Practice at Mehr Chand Mahajan DAV College for Women, Chandigarh organised a hands-on 3-day online workshop 'Panache 2022'. The workshop aimed to acquaint the students with the art of Resume Writing, Interview Skills, Communication Skills and other facets of personality development including personal grooming and professional etiquette. It consisted of three sessions conducted by Dr. Jasmine Anand, Dr. Aparajita Sharma and Ms. Ruchika Singh from the college's Department of English. On day 1, Dr. Jasmine Anand apprised the participants of the nitty-gritties of Resume Writing and Interview Skills. Focusing on actual errors in resume writing, Dr. Anand discussed the appropriate resume length and content. She also familiarised the students with interview skills and helped them to work on standard interview questions, discussing the various responses to behavioral interviews, case interviews, stress interviews, online interviews. On day 2, Dr. Aparajita Sharma shared with the participants tips for better communication skills. She impressed upon the participants to incorporate reading habits, deliberate on important issues and engage in discussions with their classmates on regular basis for enhancing their communication skills. The third day's session titled "Body Language and Business Etiquette: Decoding the Basics" was conducted by Ms. Ruchika Singh. She apprised the students of the nuances of non-verbal communication, primarily the body language with respect to business etiquette.

National Youth Day Celebration 2022

On National Youth Day, to mark the birth anniversary of Swami Vivekananda, the Department of Philosophy in collaboration with NSS Units and Young Communicators Club of MCM organized an online motivational discourse on the topic 'A friend request from Vivekananda' on 12 January 2022. Mr. Sudhir Baweja, Coordinator, department of philosophy and Vivekananda studies, USOL, Panjab University, was the resource person for this enlightening discourse. The overwhelming participation of over 500 students made the discourse highly successful and the event was also broadcast live on the YouTube channel of the college. Mr. Baweja talked about Vivekananda's efforts to spread the Vivanta Philosophy and encouraged students to work on his projected path.



Department of Philosophy
in collaboration with
NSS Units and Young Communicators Club

Organize

Indian Council of Philosophical Research *sponsored*
Periodic Lecture on
A Friend Request from Vivekananda
12 January 2022 at 10:00 am

To mark the celebration of
National Youth Day -
Birth anniversary of Swami Vivekananda Ji



Resource Person

Mr. Sudhir Baweja
Coordinator

Department of Philosophy & Vivekananda Studies
USOL, Panjab University, Chandigarh (U.T.)



Click the following link to join us on scheduled date & time
YouTube: [CLICK](#) Google Meet: [CLICK](#)

Mrs. Suman Mahajan
Head, Dept. of Philosophy

Dr. Nisha Bhargava
Convener & Principal

Dr Preeti Gambhir
Institutional Coordinator (YCC)

Dr Purnima Bhandari
NSS Programme Officer

Dr Pallvi Rani
NSS Programme Officer

Dr Manjot Kaur
Institutional Counsellor (YCC)



Industrial cum field visit to Global Apiaries India, Dera Bassi

Date: 22nd Feb 2022

A one day Industrial cum field visit to Global Apiaries India, Dera Bassi was organized Department of Zoology under the aegis of the Institution’s Innovation Council (IIC 4.0) & MCM Vigyan Manch on 22nd Feb 2022. The objectives of this visit are to provide an opportunity to the students to develop an understanding of honey bees and apiary operations to motivate the students to work on new ideas for creating start-ups and entrepreneurial ventures. The visit was of about 4 hours. The resource person was Sh. Madan Sharma, Proprietor, Global Apiaries India, Dera Bassi. A total of 29 participants including 24 students of B.Sc. III Medical and 5 faculties were included.

Sh. Madan Sharma, the Proprietor of the firm shared his entrepreneurial journey and motivated the students to go for start-ups in beekeeping. He said that beekeeping is a technology that is simple, easily accessible and affordable, especially in rural areas. A number of small-scale industries depend upon bees and bee products. Honey and bee products find use in several industries such as pharmaceuticals; bees wax industries, bee venom, royal jelly, bee nurseries, bee equipment and hives etc. He emphasized that beekeeping is not only a source of honey and a variety of beehive products but it also enhances the productivity of crops due to better pollination and seed setting. There is a vast scope for expansion of beekeeping in India because we need at least 3 colonies/ha in crops and 5/ha in forests for pollination. Further he said that honeybees are affected by large number of viral, bacterial and protozoan organisms, ecto and endoparasitic mites, insects and

Two-day Field Visit cum Workshop on Sophisticated Analytical Instrumentation,

Date: 24th to 25th February 2022

Department of Environment Science and Post Graduate Department of Chemistry in collaboration with SAIF/CIL, Panjab University under the aegis of MCM Vigyan Manch organized a Two-day Field Visit cum Workshop on Sophisticated Analytical Instrumentation on 24th to 25th February 2022. The objectives of workshop are to equip science students to the basics of analytical techniques and to provide them hands-on working of analytical instruments. The workshop continued for about 10 hours.

To mark the discovery of the Raman effect by Indian physicist Sir C. V. Raman on 28 February 1928, this day is observed as **National Science Day** each year. Science day is celebrated to encourage youth to understand the aspects of science and develop an interest in it. The theme for National Science Day of the year 2022 is 'Integrated Approach in S&T for Sustainable Future'.

This Year to mark the celebration of Science Week, MCM Vigyan Manch, Department of Environment Science and Post Graduate Department of Chemistry in collaboration with SAIF/CIL, Panjab University, organized Department of Science and Technology and Renewable Energy, Chandigarh sponsored two-day Field Visit cum Workshop on Sophisticated Analytical Instrumentation, under the aegis of Synergistic Training Program Utilizing the Scientific and Technological Infrastructure (STUTI) from 24th-25th February 2022 at Sophisticated Analytical Instrumentation facilities/ Central Instrumentation Laboratory (SAIF/CIL), Panjab university, Chandigarh. On day one, inaugural session was graced by the presence of worthy Principal Dr. Nisha Bhargava, Prof. Ganga Ram Chaudhary, honorary Director, SAIF/CIL, PUC and Prof. H.P.S. Kang, Associate professor, SAIF/CIL, PUC. The technical lectures on UV-visible spectroscopy and NMR basics and applications were delivered by Dr. Shailendra Singh Khichi and Dr. Rohit Sharma respectively, followed by workshop on sophisticated analytical instruments; SEM and NMR. On day two, the technical lectures on FTIR spectroscopy and X-Ray Diffraction were delivered by Dr. Shailendra Singh Khichi, Research Scientist, SAIF/CIL PUC and Dr. Navneet Kaur from Department of SAIF/CIL respectively, followed by workshop on sophisticated analytical instruments; FTIR, XRD and NMR. A total of 30 students from B.Sc. and M.Sc. Chemistry along with 3 faculty members participated in the same. The sessions were very enriching as these analytical instruments are the powerful tools in analytical research these days.





Chandigarh, Chandigarh, India
SAIF/CIL, Panjab University, Sector 14, Chandigarh, 160014, India
Lat 30.754408°
Long 76.763936°
25/02/22 11:22 AM

Chandigarh, Chandigarh, India
SAIF/CIL, Panjab University, Sector 14, Chandigarh, 160014, India
Lat 30.754408°
Long 76.763936°
25/02/22 12:10 PM

एमसीएम में साइंस वीक के तीसरे दिन का आगाज़

संस्कृत, 25 फरवरी (विश्व) समाचार: मेहर चंद महाराज डेव कॉलेज के प्राचार्य, प्रमुख, डॉ. निशा भारगवा, ने साइंस वीक के तीसरे दिन का आगाज़ किया। उन्होंने प्राचार्य, प्रमुख, डॉ. निशा भारगवा, को साइंस वीक के तीसरे दिन का आगाज़ करने का अवसर प्रदान किया।

प्रमुख, डॉ. निशा भारगवा, ने साइंस वीक के तीसरे दिन का आगाज़ करने का अवसर प्रदान किया। उन्होंने प्राचार्य, प्रमुख, डॉ. निशा भारगवा, को साइंस वीक के तीसरे दिन का आगाज़ करने का अवसर प्रदान किया।

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Science Week celebrated at MCM Chandigarh

The Aman Sandesh Times Network

Chandigarh: Various activities were organised during Science Week at Mehr Chand Mahajan DAV College for Women, Chandigarh.

Departments of Chemistry and Environment Science, organised a two-day field visit cum workshop on 'Sophisticated Analytical Instrumentation' under the aegis of Synergistic Training Program Utilizing the Scientific and Technological Infrastructure (STUTI).

The inaugural session of workshop was graced by the presence of Principal Dr. Nisha Bhargava, Prof. Ganga Ram Chaudhary, Honorary Director, SAIF/CIL, PUC and Prof. H.P.S. Kang, Associate Professor, SAIF/CIL, PUC. The session began with MCM and SAIF, PUC sharing their innovative and sustainable practices. The technical lectures on 'UV-visible Spectroscopy' and 'NMR Basics and Applications' were delivered by Dr. Shailendra, Research Scientist, SAIF/CIL, PUC and Dr. Rohit Sharma.

On day 2 of the Science Week, the Department of Botany organised a National Level Online Quiz in Botany. The theme of the quiz was Integrated Approach in Science and Technology for A Sustainable Future.

Over 89 participants from different states including Haryana, Punjab, Himachal Pradesh, Gujarat, Karnataka, Maharashtra and U.T Chandigarh participated in the quiz.

Principal Dr. Nisha Bhargava lauded the efforts of MCM Vigyan Manch and the Science Departments to mark Science Day 2022 in a befitting manner with immensely relevant events. The winners of the Botany Quiz are as follows:

- First Prize: Ms. Ankita Jindal, Sri Guru Ram Das Institute of Medical Sciences and Research, Amritsar, Punjab.
- Second Prize: Ms. Ashmeet Kaur, Mehr Chand Mahajan DAV College for Women Sector 36A, Chandigarh.
- Third Prize: Ms. Palak Soni, Mehr Chand Mahajan DAV College for Women Sector 36A, Chandigarh.

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ਐਮ. ਸੀ. ਐਮ. ਡੀ. ਏ. ਵੀ. ਕਾਲਜ ਫਾਰ ਵੁਮੈਨ ਦੀ ਪ੍ਰਿੰਸੀਪਲ ਡਾਕਟਰ ਨਿਸ਼ਾ ਭਾਰਗਵਾ ਚੰਡੀਗੜ੍ਹ 'ਚ ਸਾਇੰਸ ਹਫ਼ਤੇ ਦੇ ਤੌਰ 'ਤੇ ਦਿੱਤੇ ਮੁੱਖ ਮਹਿਮਾਨ ਪ੍ਰੋ. ਗੰਗਾ ਰਾਮ ਚੌਧਰੀ ਦਾ ਸਵਾਗਤ ਕਰਦੇ ਹੋਏ।

ਐਮ.ਸੀ.ਐਮ.ਡੀ.ਏ.ਵੀ. ਕਾਲਜ ਦਾ ਵਿਗਿਆਨ ਹਫ਼ਤਾ ਤੀਜੇ ਦਿਨ 'ਚ ਸ਼ਾਮਲ

ਚੰਡੀਗੜ੍ਹ, 25 ਫ਼ਰਵਰੀ (ਨਵਿੰਦਰ ਸਿੰਘ ਕੋਲਿਜ਼-ਐਮ. ਸੀ. ਐਮ. ਡੀ. ਏ. ਵੀ. ਕਾਲਜ ਫਾਰ ਵੁਮੈਨ ਚੰਡੀਗੜ੍ਹ ਵਿਖੇ ਵਿਗਿਆਨ ਹਫ਼ਤੇ ਦੇ ਤੌਰ 'ਤੇ ਦਿੱਤੇ ਮੁੱਖ ਮਹਿਮਾਨ, ਚੰਡੀਗੜ੍ਹ ਵਿਭਾਗ, ਭਾਰਤੀ ਵਿਗਿਆਨ ਵਿਭਾਗ ਦੇ ਚੀਫ਼ ਵਿਗਿਆਨ ਵਿਭਾਗ ਨੇ ਐਮ. ਸੀ. ਐਮ. ਵਿਗਿਆਨ ਮੈਂਚ ਅਧੀਨ ਵੱਖ-ਵੱਖ ਗਤੀਵਿਧੀਆਂ ਕਰਵਾਈਆਂ। ਪੰਜਾਬ ਯੂਨੀਵਰਸਿਟੀ ਦੇ ਸੈਰ/ਸੀ. ਆਰੀ. ਐਲ. ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਸਾਇੰਸ ਵਿਗਿਆਨ ਤੋਂ ਵਾਤਾਵਰਣ ਵਿਗਿਆਨ ਵਿਭਾਗ ਨੇ 'ਸਾਈਨਸੀਜ਼ਿਕ ਟਰੇਨਿੰਗ ਪ੍ਰੋਗਰਾਮ' ਦਾ ਸਾਇੰਸੀਕ ਐਂਡ ਟੈਕਨੋਲੋਜੀਕਲ ਇਨਫਰਾਸਟਰਕਚਰ ਦੇ ਤਹਿਤ ਚੰਡੀਗੜ੍ਹ ਵਿਖੇ ਐਨਾਲਿਟੀਕਲ ਇੰਸਟ੍ਰੂਮੈਂਟੇਸ਼ਨ ਵਿਖੇ 'ਤੇ' ਦੇ ਤੌਰ 'ਤੇ ਵਿਗਿਆਨ ਹਫ਼ਤੇ ਦਾ ਆਯੋਜਨ ਕੀਤਾ। ਫ਼ਰਵਰੀ ਦੇ ਉਦਘਾਟਨ 'ਚ ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਨਿਸ਼ਾ ਭਾਰਗਵਾ ਐਮ. ਏ. ਆਰੀ. ਐਲ/ਸੀ. ਆਰੀ. ਐਲ ਪੀ. ਡੂ. ਸੀ. ਦੇ ਅਧਿਕਾਰੀ ਡਾਇਰੈਕਟਰ, ਪ੍ਰੋ. ਗੰਗਾ ਰਾਮ ਚੌਧਰੀ ਤੇ ਐਮ/ਸੀ. ਆਰੀ. ਐਲ. ਪੀ. ਡੂ. ਸੀ. ਐਚ ਪੀ. ਐਲ. ਵਿਖੇ ਐਨਾਲਿਟੀਕਲ ਪ੍ਰੋਗਰਾਮ ਸ਼ਾਮਲ ਹੋਏ। ਕਾਲਜ ਵਿਖੇ ਕਰਵਾਏ ਜਾ ਰਹੇ ਸਾਇੰਸ ਹਫ਼ਤੇ ਦੇ ਜਥੇ ਨੂੰ ਵਿਗਿਆਨ ਤੋਂ ਤਕਨੀਕੀ ਅਤੇ ਨਵਿਆਉਣਯੋਗ ਯੂਰਜ ਵਿਭਾਗ, ਚੰਡੀਗੜ੍ਹ ਪ੍ਰਦਾਨ ਦੁਆਰਾ ਸਮਰਥਨ ਮਿਲਾ ਜਾ ਰਿਹਾ। ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਨਿਸ਼ਾ ਭਾਰਗਵਾ ਨੇ ਐਮ. ਸੀ. ਐਮ. ਦੇ ਵਿਗਿਆਨ ਮੈਂਚ 'ਤੇ ਵਿਗਿਆਨ ਵਿਭਾਗ ਵਲੋਂ ਵਿਗਿਆਨ ਹਫ਼ਤੇ 2022 ਨੂੰ ਸ਼ੁਰੂ ਕੀਤੇ ਖੁਬ ਸਮਰਥਨ ਨਾਲ ਸਹੀ ਢੰਗ ਨਾਲ ਸਮਾਪਤ ਕੀਤੇ ਅਤੇ ਖੇਡਾਂ ਵੀ ਸਮਾਪਤ ਕੀਤੀਆਂ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਵਿਗਿਆਨ ਦੇ ਅਨੁਭਵ ਨੇ ਸਮਾਜ ਦੇ ਵਿਕਾਸ 'ਚ ਮਹੱਤਵਪੂਰਨ ਯੋਗਦਾਨ ਪਾਉਂਦਾ ਹੈ ਤੇ ਅਜਿਹੇ ਉਪਯੋਗ ਨਾਲ ਨੌਜਵਾਨਾਂ ਨੂੰ ਵਿਗਿਆਨ ਦੀ ਤਰੱਕੀ ਲਈ ਡਿੱਗਣ ਲਈ ਪ੍ਰੇਰਿਤ ਕੀਤਾ।

Science Week at MCM enters 3rd day



CHANDIGARH, FEB 25

On the 3rd day of Science Week at Mehr Chand Mahajan DAV College for Women, Chandigarh, the Postgraduate Department of Chemistry, Department of Environment Science and Department of Physics organised various activities under the banner of MCM Vigyan Manch.

The Departments of Chemistry and Environment Science, in collaboration with SAIF/CIL, Panjab University, organised a two-day field visit cum workshop on 'Sophisticated Analytical Instrumentation' under the aegis of Synergistic Training Program Utilizing the Scientific and Technological Infrastructure (STUTI). The inaugural session of this workshop was graced by the presence of Principal Dr. Nisha Bhargava, Prof. Ganga Ram Chaudhary, Honorary Director, SAIF/CIL, PUC and Prof. H.P.S. Kang, Associate Professor, SAIF/CIL, PUC. The session began with MCM and SAIF, PUC sharing their innovative and sustainable practices. The technical lectures on 'UV-visible Spectroscopy' and 'NMR Basics and Applications' were delivered by Dr. Shailendra, Research Scientist, SAIF/CIL PUC and Dr. Rohit Sharma.

Webinar on how to transform an innovative idea into a technology

Date: 26th Feb., 2022

The Department of Food Science under the aegis of MCM Vigyan Manch, Mehr Chand Mahajan DAV College for Women, Chandigarh organized a webinar on “**How to Transform an Innovative Idea into a Technology**” sponsored by Department of Science and Technology and Renewable Energy, Chandigarh Administration on 26 Feb., 2022. The eminent and expert speaker of the day is **Dr. Rohit Sharma**, Chairperson, Department of Microbial Biotechnology and Chief Coordinator and Project Leader, EYUVA and BioNEST, Punjab University, Chandigarh. Dr. Nisha Bhargava, Convener and Principal, Dr. Indu Arora, Dean Sciences and Incharge, MCM Vigyan Manch and Dr. Vandana Sharma, Coordinator graced the occasion. Notable participants were the students from Bachelor of Science in Microbial and Food Technology (first, second and third year), and Diploma in Microbial Analysis and Food Safety. The webinar was attended by more than 150 students. Dr. Rohit Sharma elucidated the defined business model strategic market reaching route and idea formulation assessment and market validation. The focus areas were: Bioprocess Technology, Biopharmaceuticals, Food and Agriculture. He stressed on empowering youth for undertaking value added innovative translational research. He briefly outlined the Bio-Economy Ladder,

01 stage- Exploratory Meeting, 02 stage- Pre incubation launch pad, 03 stage- Incubation. Dr. Rohit Sharma motivated the students for undergoing society beneficial research and ideation to reality creation. He explicit the salient features of Technology Readiness Levels (TRL). He makes aware the students the grants given to under-graduate level by National and International Agencies during Pre-Incubation and Post-Incubation level of research.



Vedic Bhajan Gayan Pratiyogita and Contribution on Canvas on the Occasion of Dayanand Saraswati Jayanti

Date: 26th February 2022

The Character Building Committee & Arya Samaj Committee organized a National Level Competition with two activities, Vedic Bhajan Gayan Pratiyogita and Contribution on Canvas to commemorate the teachings given by Maharishi Dayanand Saraswati to celebrate Maharishi Dayanand Jayanti on 26th February 2022. The student Ambassadors and teachers

initiated this noble effort of spreading knowledge about Arya Samaj and Swami Dayanand Saraswati through this National Level Competition. 10 beautiful Canvas paintings were received in the competition and around 37 participants all across the nation attended the Geet Gayan Pratiyogita held online via Google Meet.

Dr. Nisha Bhargava, the chairperson and principal of the college addressed the participants, teachers and the audience in the online google meet. recounted the establishment of the institution and how this competition is an important way of remembering Swami Dayanand Saraswati.

Participants were inspired to follow the Arya Samajik approach in life and applauded for participating in the competition. After the mesmerizing performances by the participants, the Judges, Mrs. Deepa Chibber and Ms. Jaspreet Jassal ranked the performances and gave the judgment.

Results

Category I - Vedic Bhajan Pratiyogita

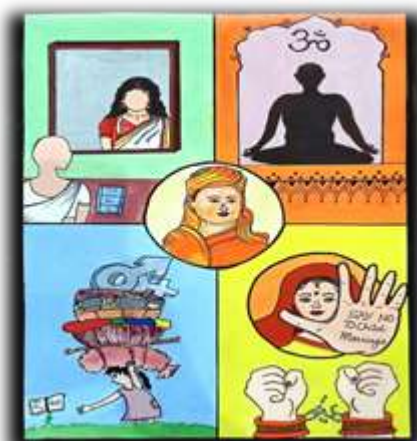
- **1st Position:** Mukul Gill
- **2nd Position:** Ishmeet Kaur
- **3rd Position:** Aanchal Jha & Simranjeet Kaur

Category II - Contribution on Canvas

- **1st Position:** Amisha Goel
- **2nd Position:** Anubha sharma
- **3rd Position:** Piezal Singh

Consolation Prize

- Aashima Chopra





Unmasking Public Relations

The Young Communicators Club of the college collaborated with the Public Relations Council of India to organize the Naresh Kumar Memorial Talent Hunt, a National Level Competition Webinar on the theme- “Unmasking Public Relations: The Highs and the Lows” on 26 February 2022 which was attended by Chief Mentor of PRCI, M.B Jayaram; National PRCI President, Dr T. Vinay Kumar, Former advisor to P.M., Mr K. Ravindran; Senior Vice President Ms Renuka Salwan. The event was moderated by Dr. Manjot Kaur. Dr Dipankar Roy, President and CEO, of ‘The Authors Club’ and ‘International Art Acts’. Mr Vivek Atray, Chairman of PRCI Chandigarh Chapter welcomed stating the dire need to upgrade the professional practice through regular training. The panelists, Mr Jupinderjit Singh, Senior Journalist at The Tribune; Dr Archana R Singh, Professor and Former Chair of School of Communication Studies, PU; Kaveri Satija, YCC MCM Chairperson, acknowledged slowing the erosion in understanding the role of public relations and bring clarity to the discipline. The webinar was concluded with an insightful address by the celebratory jury, Dr Dipankar Roy.





Public Relations education needs upgradation, feel professionals

CHANDIGARH, FEB 28

Chandigarh, Public Relations education needs upgradation and infusion of business education in its studies, said former chairperson of School of Communication Studies, Panjab University, Dr Archana R. Singh, addressing a national webinar organized by Chandigarh Chapter of Public Relations Council of India (PRCI).

Hosted by Young Communicators Club (YCC) of Mehr Chand Mahajan DAV College for Women, in the presence of stalwarts of communication and PR from across the country, the webinar addressed the theme of "Un-



masking Public Relations: The Highs and the Lows", where it was acknowledged to slow the erosion in understanding the role of public relations and bring clarity to the discipline.

Vivek Atray, Chairman of PRCI Chandigarh Chapter in his welcome address said that PR profession is about bringing about transformation and positive change and there is definite need to keep on up-

grading the professional practice through regular training and skill developments. Dr Archana Singh said that future of the profession hinges on the ability of practitioners to de-

velop a strategist's mind-set—nonlinear, expansive, business focused, and creative about decision making and work issues. The key to preparing for this role is a change in the approach to public relations education and training, reshaping curricula, to prepare business-literate professionals who possess a specialized knowledge of public relations.

Roots and Routes: An Enquiry into Reportage, Representation and Creative Writing

PG Department of English and Research Centre, with the aim to inculcate the spirit of enquiry into reportage, representation and creative writing organized an event Roots and Routes: An Enquiry into Reportage, Representation and Creative Writing on 4 March 2022. The resource person, Tabish Khair, Author, Journalist, Associate Professor, Department of English, University of Aarhus, touched upon the various aspects of reportage and representation in the field of creative writing. He discussed the travel texts of various authors like Sarojini Naidu, Raja Rao, and Henry Derozio to lend a postcolonial perspective of reportage. He also talked about the relationship between a writer, what is represented and how is represented through their creative writing.



एमसीएम डीएवी में कलात्मक लेखन की जानकारी दी

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज फॉर वूमन के स्नातकोत्तर अंग्रेजी विभाग के अनुसंधान केंद्र ने कलात्मक लेखन पर ऑनलाइन कार्यशाला लगाई। इसमें लेखक और शिक्षाविद् डॉ. ताबिश खैर व्याख्यान में मुख्य वक्ता थे। डॉ. खैर ने रचनात्मक लेखन के क्षेत्र में रिपोर्ट और लेखन के विभिन्न पहलुओं के बारे में बताया। डॉ. खैर ने अबु तालेब खान के यात्रा वृत्तांत पर चर्चा की। इसके बाद सरोजिनी नायडू, राजा राव, हेनरी डेरोजियो जैसे लेखकों के लेखन पर औपनिवेशिक परिप्रेक्ष्य पर विचार व्यक्त किए। उन्होंने एक लेखक और उसके लेखन के बीच संबंधों के बारे में बात की। प्रतिभागियों को बेहतर लेखन के लिए अधिक किताबें पढ़ने के लिए प्रेरित किया। प्राचार्य डॉ. निशा भागव ने छात्रों को रचनात्मक लेखन की बारीकियाँ और रिपोर्ट की तकनीक बताने के लिए अंग्रेजी विभाग के अनुसंधान केंद्र के प्रयासों की सराहना की। व्यूरो



रिपोर्टेज एंड क्रिएटिव राइटिंग पर ऑनलाइन वार्ता

चंडीगढ़, 17 मार्च (आशीष) : सेक्टर-36 स्थित मेहर चंद महाजन डी.ए.वी. कॉलेज फॉर वूमन में कॉलेज के स्नातकोत्तर अंग्रेजी विभाग के अनुसंधान केंद्र ने रूट्स एंड रूट्स एन इंकायरी इनटू रिपोर्टेज, रिपोर्टेज एंड क्रिएटिव राइटिंग पर एक ऑनलाइन वार्ता का आयोजन किया। अंतरराष्ट्रीय स्तर पर प्रशसित लेखक, शिक्षाविद् और फकार डॉ. ताबिश खैर इस ज्ञानवर्धक व्याख्यान के लिए प्रमुख वक्ता थे। डॉ. खैर ने रचनात्मक लेखन के क्षेत्र में रिपोर्टेज और रिपोर्टेज के प्रत्येक पहलुओं को छुआ।

Exquisite Delicacies- One day workshop cum demonstration to celebrate International women's Day 2022 by incorporating innovative and nutrient rich culinary skills among the students

Chef Shelly Singla, Winner of Super Chef India and Master Chef Punjabi was the resource person. A total of 37 students participated. Healthy recipes were prepared using Nutrient rich vegetables like Beetroot, Pumpkin and Spinach as well as fruits and dry fruits. to incorporate important flavonoids and antioxidants. The ingredients were incorporated keeping the health of women in mind.

**Mehr Chand Mahajan
DAV College for Women**
Sector 36-A, Chandigarh (I.T.)

To celebrate the Spirit of Womanhood on
**INTERNATIONAL
WOMEN'S DAY**
Department of Home Science
organizes
Healthy Cuisine Workshop-cum-Demonstration

**Exquisite Delicacies:
Beyond the Plate**

Date: 8 March 2022 | Time: 10.00 am
Venue: Foods and Nutrition Laboratory

Resource Person:
Chef Shelly Singla
Winner of Super Chef India
& Master Chef Punjabi

Dr Harjot Kaur Mann
Ms Rati Arora
Ms Darpanjat Kaur
Coordinators

Ms Jyotsna
Co-Convenor &
Head, Department of Home Science

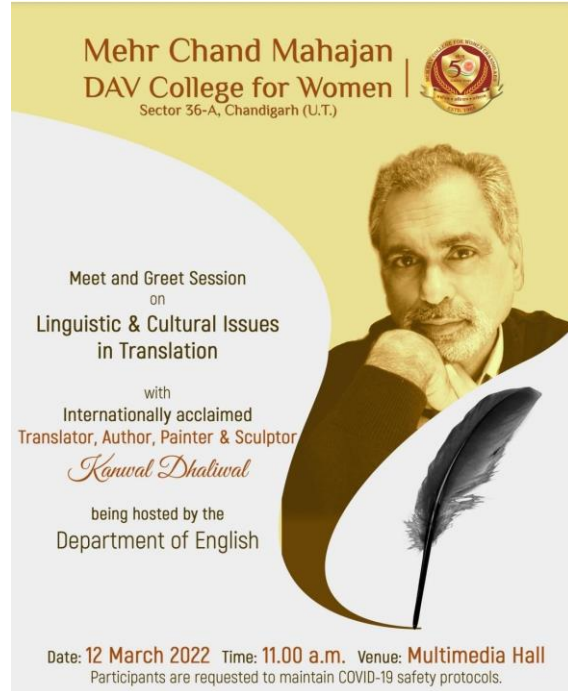
Dr Nisha Bhargava
Convenor & Principal



'Meet and Greet Session': Linguistic and Cultural Issues in Translation

The PG Department of English, Mehr Chand Mahajan DAV College for Women, Chandigarh, organized a 'Meet and Greet' session on "Linguistic and Cultural Issues in Translation" on 12 March 2022. Mr. Kanwal Dhaliwal, an internationally acclaimed UK- based translator, author, painter, and sculptor, deliberated on the nuances of translation. The session focused on the way translation without enough research can lead to the loss of cultural markers during the dissemination and reception of the translated text.

He emphasized the choice that a translator needs



to make between "to be or not to be" or being faithful to the original text. The speaker illustrated his ideas with some of the readings of his own books. He stated that promoting a universal language would result in losing the culture and heritage communicated through native languages. Instead, translation must allow different cultures to interact, connect, and enrich rather than diffuse into one. This intellectually stimulating lecture was followed by questions and observations of the audience. Nearly 150 participants participated in the literary feast. Worthy Principal Dr Nisha Bhargava applauded the Department of English for undertaking this initiative to broaden the young scholars' horizons and initiate them into the subtleties of translation.

Field Trip to Sukhna Wilderness Trail and Nature Interpretation Centre by students of Functional English for hands-on training in Photography

PG Department of English organized a field trip for its TV Journalism students of BA II (SEM 4) Functional English. The students along with the teacher-in-charge Ms. Sukhpreet Bhatia, visited the Sukhna Wilderness Trail and the Nature Interpretation Centre for a field trip to give the students, hands-on training in photography on 15 March 2022. These 30 students familiarized themselves with and learnt how to click various kinds of shots with a camera and mobile phone, to be used while reporting for television. The variety of shots clicked by them are going to be shared with the class as presentations, evaluated and the best shots selected.



Workshop on “Herbal Holi Color Making”

The Personality Development Club and Character-Building Committee of Mehr Chand Mahajan DAV College for Women, in association with Arya Samaj, Sector 16, Chandigarh organized a workshop on “Herbal Holi Colour Making” on the theme “ होली के रंग प्रकृति के संग” and Online Slogan Writing Competition on the topic ‘As you mingle with colours, pick the shade that matches your personality and articulate it into Holi theme’. The objective of the workshop was to enlighten the students about the natural colours and how they are environment

friendly and to develop awareness about a pollution-free environment and eco-friendly Holi Celebrations. The workshop spanning around two hours brought in 110 participants who took a keen interest in the indigenous preparation of Holi colours as demonstrated elaborately by the resource person Mrs Santosh Verma. She extended the opportunity of hands-on experience of mixing colours, to the participants. Mrs Santosh Verma made all the participants touch and feel the exuberance of the fresh colours. She also addressed the queries of the students to their satisfaction. As a token of bonhomie, the resource person laid open the displayed array of freshly prepared colours to be taken home by the participants as samples. The blended mode witnessed the creatively curated activity being simultaneously watched by the members of the Arya Samaj Mandir sector 16 Chandigarh. As a sequel to the workshop on making colours, the writing instincts of the participants and other students of the college were spurred by an Online Slogan writing Competition on the topic ‘As you mingle with colours, pick the shade that matches your personality and articulate it into Holi theme’. wherein the students were required to pen a Holi theme-based slogan with the colour personifying their personalities. The competition drew great responses from



**MEHR CHAND MAHAJAN DAV COLLEGE FOR WOMEN,
SECTOR 36 A, CHANDIGARH**

The Personality Development Club & Character Building Committee in association with Arya Samaj Sector - 16 Chandigarh are organising a workshop (blended mode) on 'Herbal Holi Colour Making'

होली के रंग प्रकृति के संग

Certificates will be given to all the students who attend the workshop.

RESOURCE PERSON : Mrs SANTOSH VERMA

DATE - 16th MARCH, 2022
TIME - 11 AM
VENUE - SCIENCE BLOCK CONFERENCE ROOM (OLD PRINCIPAL'S OFFICE)

GOOGLE MEET LINK - <https://meet.google.com/yhu-quhz-dck>

Also
An Online Slogan Writing Competition is being organized on the topic: 'As you mingle with colors, pick the shade that matches your personality and articulate it into Holi theme'

RULES FOR ONLINE SLOGAN WRITING COMPETITION:

1. The competition is open for all the students of college.
2. Participants have to send their entries in PDF format on or before 16th March, 2022.
3. The slogan should be pithy and original.
4. Plagiarism is strictly prohibited.
5. First three best entries shall be awarded cash prizes:
1st prize Rs. 1500 , 2nd prize Rs. 1000 , 3rd prize Rs. 500

Link for the entries: <https://forms.gle/eyBjhEoWzEy2PFPj8>

Student Ambassadors:
Indrajit Kaur
Ranjana Yadav
Aishani Kharbanda

**Ms. Vandita Kapoor,
Dr. Harjot Kaur Mann
Dr. Qudrat Hundal,
Ms. Sahiba Sharma
Coordinators**

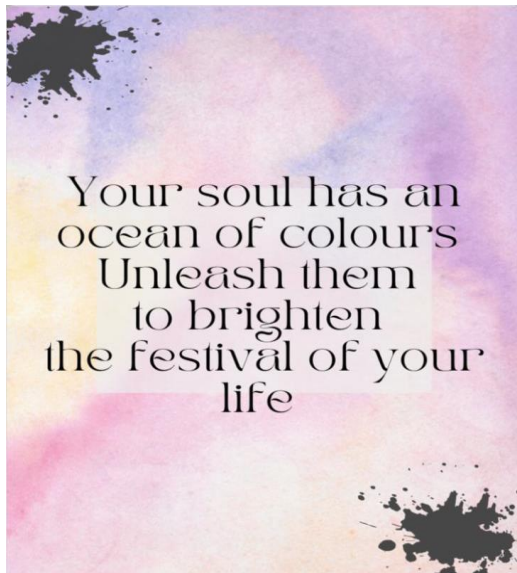
**Ms. Nidhi Sharma (Personality Development Club)
Dr. Seema Kanwar (Character Building Committee)
Conveners**

**Dr. Nisha Bhargava
Chairperson & Principal**

various student participants who brought forth a beautiful derivation of the colour of their choice in the form of slogans symbolizing Holi, the festival of colours. The first position of the online slogan writing competition was secured by Mehakdeep of BA-I, the second prize was awarded to Vandini of BA-I and the third prize was won by Jasmine of B.Com-II.

Slogans:

*“This Holi along with vibrant colors splash the color white,
for this gloomy world is in need of peace and ray of light.”*



INC - Education Sector Print f t e + 0

MCM celebrates Holi eco-friendly way
March 19, 2022 11:32 PM



CHANDIGARH, 19.03.22-The Personality Development Club and Character Building Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh, in association with Arya Samaj, Sector 16, Chandigarh, celebrated Holi with an event titled 'Holi ke Rang Prakriti ke Sang'. The event included a workshop in blended mode on Herbal Holi Colours Making and Online Slogan Writing Competition. The workshop on Herbal Holi Colours had artist Mrs Santosh Verma as the resource person. Over 110 participants got hands-on experience of preparing Holi colours from natural ingredients. The blended mode witnessed the creatively curated activity being simultaneously watched by the members of the Arya Samaj

विद्यार्थियों ने सीखा हर्बल रंग बनाना



एमसीएम में ऑनलाइन कार्यशाला के दौरान शिक्षक और छात्राएं। विजयंत

चंडीगढ़। पर्यावरण को ध्यान में रखते हुए होली मनाने के विषय पर एमसीएम कॉलेज फॉर वुमन ने रविवार को ऑनलाइन कार्यशाला का आयोजन किया। यह कार्यशाला कॉलेज के पर्सनैलिटी डेवलपमेंट क्लब और चरित्र निर्माण समिति ने आर्य समाज सेक्टर-16 के सहयोग से आयोजित की। इस दौरान ऑनलाइन स्लोगन लेखन प्रतियोगिता भी आयोजित की गई। कार्यक्रम में हर्बल रंग बनाना सिखाया गया। इस दौरान मुख्य वक्ता के रूप में संतोष वर्मा मौजूद रहें। इसमें 110 से अधिक प्रतिभागियों ने भाग लिया। स्लोगन लेखन में बीए प्रथम वर्ष की महकदीप को पहला, इसी कक्षा की बंदिनी को दूसरा और बीकॉम द्वितीय वर्ष की जैसमीन को तीसरा स्थान मिला। स्लोगन लेखन प्रतियोगिता की विजेताओं को पुरस्कार देकर सम्मानित किया गया। कार्यक्रम के अंत में कॉलेज की प्राचार्या डॉ. निशा भार्गव ने सभी प्रतिभागियों और आयोजकों को सराहना करते हुए इस प्रकार के आयोजन भविष्य में करवाने रहने की बात कही। ब्यूरो

मेहर चंद महाजन डीएवी कॉलेज ने मनाई पर्यावरण अनुकूल होली

चंडीगढ़, 19 मार्च (राम सिंह बराड़) : मेहर चंद महाजन डीएवी कॉलेज फॉर वुमन, चंडीगढ़ के पर्सनैलिटी डेवलपमेंट क्लब और चरित्र निर्माण समिति ने आर्य समाज, सेक्टर 16, चंडीगढ़ के सहयोग से होली के रंग प्रकृति के संग कार्यक्रम के साथ होली का आगाज किया। इस कार्यक्रम में हर्बल होली कलर्स मेकिंग और ऑनलाइन स्लोगन राइटिंग प्रतियोगिता पर ब्लेंडड मोड में एक कार्यशाला का आयोजन किया गया था। होली के हर्बल रंग बनाने के लिए इस कार्यशाला में प्रमुख वक्ता के रूप में संतोष वर्मा शामिल हुईं। 110 से अधिक प्रतिभागियों को प्राकृतिक अवकों से होली के रंग तैयार करने का अनुभव प्राप्त हुआ। मिश्रित मोड में आर्य समाज मंदिर, सेक्टर 16, चंडीगढ़ के सदस्यों द्वारा एक साथ रचनात्मक रूप से आयोजित गतिविधियाँ देखी गईं। ऑनलाइन स्लोगन लेखन प्रतियोगिता का आयोजन एक रोचक विषय पर था कि जिन रंगों के साथ



एमसीएम की छात्राएं कार्यशाला में भाग लेती हुईं। (अध्या : कमलजीत सिंह)

आप चुल्लो-मिलते हैं, कैसे ही एक रंग का चयन करें, जो आपके व्यक्तित्व का प्रतिनिधि है और इसे होली की थीम में स्पष्ट करें। छात्रों ने होली की थीम पर आधारित स्लोगन उन रंगों के साथ लिखा, जिन्हें वे अपने व्यक्तित्व का प्रतिनिधि मानते हैं। विजेताओं को नकद पुरस्कार देकर सम्मानित किया गया। प्राचार्या डॉ. निशा भार्गव ने रंगों के त्योहार होली के उपलक्ष्य में दो गतिविधियों का उचित आयोजित करने के लिए पर्सनैलिटी डेवलपमेंट क्लब और चरित्र निर्माण समिति के प्रयासों की सराहना की। उन्होंने विद्यार्थियों से विभिन्न त्योहारों को मनाने के लिए पर्यावरण के अनुकूल विकल्प चुनने का आग्रह किया।

स्लोगन राइटिंग प्रतियोगिता के परिणाम : प्रथम पुरस्कार महकदीप, बीए प्रथम, बंदिनी, बीए, तीसरा पुरस्कार जैसमीन, बीकॉम द्वितीय ने हासिल किया।

एमसीएम ने पर्यावरण के अनुकूल तरीके से मनाया होली का त्यौहार

प्रणमार्ग न्यून

चंडीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर वुमन, के पर्सनैलिटी डेवलपमेंट क्लब और चरित्र निर्माण समिति ने आर्य समाज, सेक्टर 16, चंडीगढ़ के सहयोग से 'होली के रंग प्रकृति के संग' कार्यक्रम के साथ होली का आगाज किया। इस कार्यक्रम में हर्बल होली कलर्स मेकिंग और ऑनलाइन स्लोगन राइटिंग प्रतियोगिता पर ब्लेंडड मोड में एक कार्यशाला का आयोजन किया गया। होली के हर्बल रंग बनाने के लिए इस कार्यशाला में प्रमुख वक्ता के रूप में श्रीमती संतोष वर्मा शामिल हुईं। 110 से अधिक प्रतिभागियों को प्राकृतिक अवकों से होली के रंग तैयार करने का अनुभव प्राप्त हुआ। मिश्रित मोड में आर्य समाज मंदिर, सेक्टर 16, चंडीगढ़ के सदस्यों द्वारा एक साथ रचनात्मक रूप से आयोजित गतिविधियाँ देखी गईं।



ऑनलाइन स्लोगन लेखन प्रतियोगिता का आयोजन एक रोचक विषय पर था कि जिन रंगों के साथ आप चुल्लो-मिलते हैं, कैसे ही एक रंग का चयन करें, जो आपके व्यक्तित्व का प्रतिनिधि है और इसे होली की थीम में स्पष्ट करें। छात्रों ने होली की थीम पर आधारित स्लोगन उन रंगों के साथ लिखा, जिन्हें वे अपने व्यक्तित्व का प्रतिनिधि मानते हैं। विजेताओं को नकद पुरस्कार देकर सम्मानित किया गया। प्राचार्या डॉ. निशा भार्गव ने रंगों के त्योहार होली के उपलक्ष्य में दो

गतिविधियों का उचित आयोजित करने के लिए पर्सनैलिटी डेवलपमेंट क्लब और चरित्र निर्माण समिति के प्रयासों की सराहना की।

CHANDIGARH, 19.03.22-The Personality Development Club and Character Building Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh, in association with Arya Samaj, Sector 16, Chandigarh, celebrated Holi with an event titled 'Holi ke Rang Prakriti ke Sang'.

The event included a workshop in blended mode on Herbal Holi Colours Making and Online Slogan Writing Competition. The workshop on Herbal Holi Colours had artist Mrs Santosh Verma as the resource person. Over 110 participants got hands-on experience of preparing Holi colours from natural ingredients. The blended mode witnessed the creatively curated activity being simultaneously watched by the members of the Arya Samaj Mandir, Sector 16, Chandigarh. The Online Slogan Writing Competition was held on the topic 'As you mingle with colours, pick the shade that matches your personality and articulate it into Holi theme'. The students penned Holi theme-based slogan with the colours they think to be representative of their personalities. The winners were awarded cash prizes.

Principal Dr. Nisha Bhargava appreciated the efforts of Personality Development Club and Character Building Committee for having worked in tandem to organise the twin activities commemorating the festival of colours in a befitting manner. She further urged the students to consciously choose eco-friendly options of celebrating various festivals.



Kavi Sammelan and Kavya Path Pratiyogita

The college marked the celebration of World Poetry Day in a befitting manner by organizing Kavi Sammelan and Kavya Path Pratiyogita. The celebration was a joint endeavour of the PG Department of Hindi and Soch te Kalam Club of Punjabi Department, in collaboration with Samvaad Sahitya Manch, Chandigarh. Inaugurating the Kavi Sammelan, Principal Dr. Nisha Bhargava said that the celebration is an ode to poetry which is one of humanity's most treasured forms of cultural and linguistic expression and identity. Stressing upon the importance of poetry, she added that poems are a powerful catalyst for dialogue and peace. Dr. Bhargava's rendition of her poems struck a chord with the audience as she eloquently shared the power of dreams and reality of life through her two poems.

During the Kavi Sammelan, faculty members Dr. Vibha Sharma, Dr. Prasoon Prasad, Dr. Mridula Sharma, Dr. Komil Tyagi, Dr. Amardeep Kaur, Dr. Zeenat Khan, Dr. Sunaina Jain and Dr. Seema Kanwar mesmerized the audience with the heart touching renditions of their poetry. From philosophy of life to nature, women empowerment, relationships, childhood, values to love for country, the poets weaved a magical tapestry of words on a wide range of topics. The Kavya Path Pratiyogita witnessed enthusiastic participation of 40 students from various disciplines. The winners of the competition were awarded cash prizes. The first prize was awarded to Navpreet Kaur, the second position was secured by Kashish Arora and the third prize was won by Manjeet Kaur. The consolation prize was awarded to Ojaswini, Komalpreet Kaur.

मेहरचंद महाजन डीएवी महिला महाविद्यालय
सेक्टर 36-ए, चंडीगढ़
एवं
संवाद साहित्य मंच, चंडीगढ़
द्वारा

विश्व कविता दिवस
के उपलक्ष्य में

आमंत्रित कविगण :

श्री ऐम विज
श्री शम्स तबरेनी
श्रीमती नीरू मित्तल
श्रीमती सरिता मेहता
डॉ विभा शर्मा
श्री अनीश गर्ग
श्री दीपक चनारथल
डॉ प्रसून प्रसाद
श्री गुरदर्शन सिंह मावी
श्रीमती नीलम त्रिखा
श्री विनोद शर्मा
डॉ मृदुला शर्मा
श्री अशोक नादिर
डॉ कोमिल त्यागी
डॉ ज़ीनत खान
डॉ सुनैना जैन
डॉ सीमा कँवर

समन्वयक :
स्नातकोत्तर हिंदी विभाग
एवं
सोच-ते-कलम क्लब
(पंजाबी विभाग की एक पहल)

दिनांक: 21 मार्च, 2022
समय: प्रातः 11 बजे
स्थान: मल्लिगीडिया हॉल

डॉ अमरदीप कौर
सह-समन्वयक

डॉ सरिता चौहान
समन्वयक

डॉ निशा भार्गव
संयोजक एवं प्राचार्या



मध्य कवि सम्मेलन और काव्य पाठ का आयोजन साहित्यकार डॉ विनोद शर्मा ने भी दी प्रस्तुति

= विनोद कुमार, मदनलाल सहायदासा

चंडीगढ़। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ ने कवि सम्मेलन और काव्य पाठ प्रतियोगिता के आयोजन के साथ विभव कविता दिवस के उपलक्ष्य में भव्य उत्सव मनाया। यह सम्मेलन कॉलेज में द्विदि के स्नातकोत्तर विभाग और राजकी विभाग के बीच दो कलात्मक प्रतियोगिताओं के माध्यम से, चंडीगढ़ के संस्कृत प्रकाश द्वारा आयोजित किया गया था। कवि सम्मेलन के उद्घाटन सत्र में, प्रिंसिपल डॉ निशा भार्गव ने कविता के प्रति अपने उत्प्रेरक शक्ति को प्रकट किया कि यह उत्सव कविता के प्रति अग्रगण्य समर्पण का प्रतीक है जो सामाजिक और सांस्कृतिक, भावनात्मक और कलात्मक को दर्शाने के लिए, बहुमुखी रूपों में से एक है। कविता के चयन पर जोर देते हुए उन्होंने कहा कि कविताएँ संवाद और शक्ति के लिए एक शक्तिशाली उपकरण हैं। डॉ भार्गव ने स्वर्णिम कविता पाठ से दर्शकों को प्रभावित कर दिया। कवि

सम्मेलन में प्रेम विजय, शम्भू तबरेजी, नीरू मित्तल, सुशी सरिता मेहता, अनीश गर्ग, दीपक चनारथल, गुरदर्शन सिंह मावी, नीलम प्रियंका, विनोद शर्मा, अशोक नांदे, अमरिंदा कवि मंडल और कॉलेज के संकाय सदस्य में डॉ

विभव शर्मा, डॉ प्रमोद प्रसाद, डॉ गुरविंदर कौर, डॉ मुद्दुल शर्मा, डॉ कॉमिल न्यायी, डॉ अमरदीप कौर, डॉ जीनल खान, डॉ सुनेल जीन और डॉ सीमा कौबर इस सम्मेलन में बतौर कर्त्तव्यी शामिल हुए।

कवियों और संकाय सदस्यों की कविताओं ने श्रोताओं को किया मंत्रमुग्ध

चंडीगढ़, 22 मार्च (आशीष) : सेक्टर-36 स्थित मेहर चंद महाजन डी.ए.वी. कॉलेज फॉर वूमन में कवि सम्मेलन का आयोजन किया गया। कवि सम्मेलन के उद्घाटन सत्र में प्रिंसिपल डॉ. निशा भार्गव ने कविता के प्रति अपने उद्गार व्यक्त किए। डॉ. भार्गव ने स्वर्णिम कविता पाठ से दर्शकों को मंत्रमुग्ध कर दिया। उन्होंने अपनी दो कविताओं के माध्यम से 'सपनों की शक्ति' और 'जीवन की वास्तविकता' को स्पष्ट रूप से साझा किया। कवि सम्मेलन में प्रेम विजय, शम्भू तबरेजी, नीरू मित्तल, सरिता मेहता, अनीश गर्ग, दीपक चनारथल, गुरदर्शन सिंह मावी और कॉलेज के संकाय सदस्य ने कविताओं से मंत्रमुग्ध किया।

Field Trip to the Doordarshan Kendra, Chandigarh

PG Department of English organized a field visit for 21 students of Functional English, semester-4 along with their teacher-in-charge Ms. Sukhpreet Bhatia who visited the Doordarshan Kendra, Sector 37, Chandigarh on 21 March 2022. The objective of the visit was to gain first-hand information on various aspects of TV Production. The pre-production, production, and post-production techniques involved in producing a TV programme are part of the syllabus of TV Journalism. The visit gave them a wealth of practical experience pertaining to these processes. The staff at Kendra very pleasantly and patiently answered all their queries. The students were informed in detail about several types of audio and video equipment employed in the complete procedure. The girls got a rare opportunity of actually reading news from a teleprompter and presenting those in front of a TV camera. A mock interview was recorded and the footage was used to demonstrate the different techniques of audio-mixing, vision-mixing, and editing involved in TV production. The visit was an overall enriching experience for the students.



Sculptural Art

Department of Fine Arts in collaboration with Horticulture Committee organized a workshop with an aim to teach participants how to make shapes with the use of waste material and cement to make an outdoor sculpture and to show them different ways of giving texture on cement sculpture to develop their skills. A total of 35 students participated.



Soft Skills Course by Placement Cell in collaboration with Mahindra Pride Classroom

In an endeavour to increase the employability of the students, the Placement Cell organized a ten day course on Soft Skills from 21st March to 1st April 2022. It was conducted in collaboration with Mahindra Pride Classroom, Chandigarh. Mr. Tarun Sharma, State representative of Punjab of

Mahindra Pride Classroom helped in organizing the sessions. The sessions were held in the offline mode. Around 114 students from different streams of undergraduate classes attended these sessions. The topics covered in the sessions included seven Cs of communication, identifying strengths and weaknesses, 'I Am Unique' activity with the aim of self-discovery, Resume Writing, Digital Identity, Group Discussions, Stick Man Activity, Demo Interview Sessions, Problem Solving Skills, Team work and collaboration to name a few. Ms. Monica Limbu, adjunct Faculty, Soft Skills Trainer of Mahindra Pride Classroom for the state of Punjab was the resource person for the course.





Workshop Cum Mock Drill on Fire Fighting

With the objective to sensitize participants about the necessary steps taken during a fire outbreak and to demonstrate and give hands-on exposure about the handling of different types of fire extinguishers, a Workshop cum Mock Drill on Fire Fighting was organized on 24th March 2022 under the supervision of NSS Programme Officers – Dr. Pallvi Rani and Dr. Purnima Bhandari and Dr. Anju Lata (Co-Convenor, Disaster Management Committee) and Ms. Baljeet Kaur Tiwana (Dean, Hostel) on Day 3 of Seven Day/Night NSS Special Camp– 2022. It was conducted by Leading Fire Man (LFM) Bhupinder Singh and Team from Fire Station, Sector 38, Chandigarh. It was attended by 100 NSS volunteers. The **link to the event uploaded on the social media handle is as follows:**

<https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/1324695404663376/?type=3>





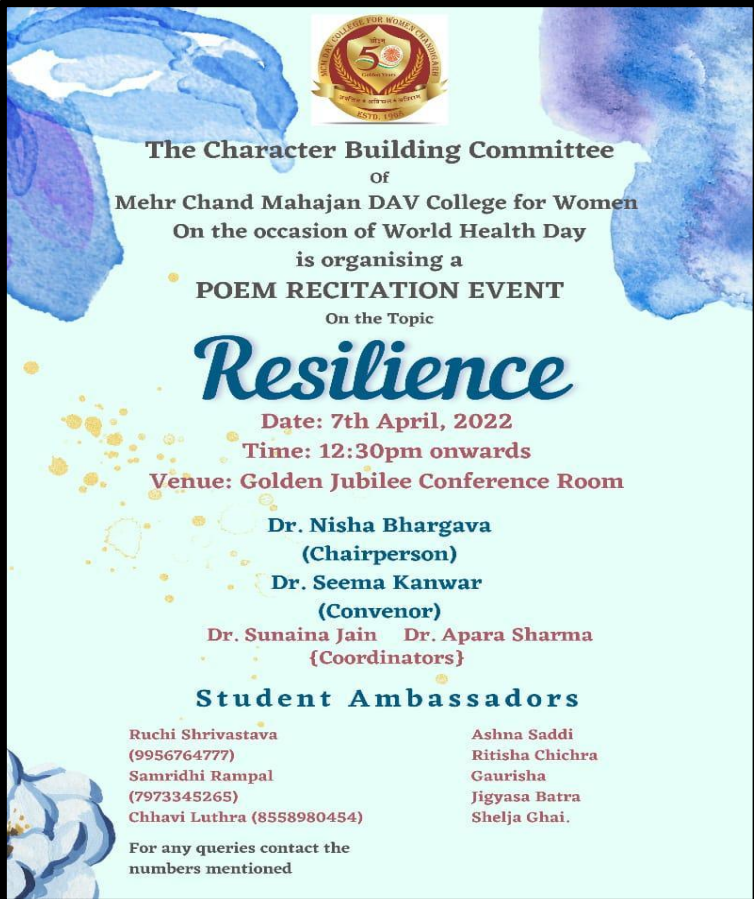
A Visit to Hunar Haat, 2022

To Make the students aware and indulge them students in skill enhancement activities an Educational Visit was organised. A total of 14 students participated.



Resilience 2.0: An Intra-College Poem Recitation Competition

On the occasion of World Health Day, the Character-Building Committee organized a poem recitation event in order to make the students understand the importance of the meaning of resilience. The programme was organized for the students of General English class and Elective English class of BA I and BA III. To emphasize on taking care of mental health along with physical health for a healthy lifestyle and to make the students understand the meaning of resilience and its importance at every stage of life, the Character-Building Committee organized the poetry recitation event 'Resilience' on 7th April, 2022 to celebrate World Health Day. Principal Madam, Dr. Nisha Bhargava encouraged and motivated the audience with her speech and a self-composed poem titled 'ANDAAZ'. After this, the participants recited poems based on the theme 'Resilience'. The audience thoroughly enjoyed the recitations as the participants chose poems in Hindi, Punjabi and English emphasizing the need for resilience and motivated everyone to move on despite the hurdles. A couple of students expressed themselves through singing songs on resilience which added charm to the event. The coordinators Dr. Aparna Sharma and Dr. Sunaina Jain also focused on developing the quality of bouncing back despite the setbacks in life through their speeches and poems. The event witnessed an overwhelming response by more than 70 students as they felt enthused to battle all odds in life and keep their chins up even in adverse circumstances. Further, 5 participants were honoured with tokens of appreciation by esteemed principal Dr. Nisha Bhargava.



The Character Building Committee
Of
Mehr Chand Mahajan DAV College for Women
On the occasion of World Health Day
is organising a
POEM RECITATION EVENT
On the Topic
Resilience
Date: 7th April, 2022
Time: 12:30pm onwards
Venue: Golden Jubilee Conference Room

Dr. Nisha Bhargava
(Chairperson)
Dr. Seema Kanwar
(Convenor)
Dr. Sunaina Jain Dr. Aparna Sharma
{Coordinators}

Student Ambassadors

Ruchi Shrivastava (9956764777)	Ashna Saggi
Samridhi Rampal (7973345265)	Ritisha Chichra
Chhavi Luthra (8558980454)	Gaurisha
	Jigyasa Batra
	Shelja Ghai.

For any queries contact the numbers mentioned



Celebration of World Health Day

Continuing the celebration of World Health Day organized a walkathon 'Bhor Suhani', an activity for the hostel students focusing on inculcation of the habit of early morning walk in order to sustain a healthy lifestyle. The activity was a pleasant reminder of the pearls of wisdom that our forefathers shared, 'Early to Bed and Early to Rise makes a man Healthy, Wealthy and Wise'. In this activity, the students were supposed to go for a morning walk for 40-45 minutes for at least 25 days from April 10, 2022-May 10, 2022 and share their geo-tagged picture at the end of the activity.

Mehr Chand Mahajan DAV College for Women
Sector- 36-A
Chandigarh
Character Building Committee
Presents

भोर सुहानी
An activity for Hostel Students
**Go for a morning walk
and click geo-tagged pictures**
From April 10, 2022- May 10, 2022

- Walk for 40-45 minutes for minimum 25 days
- Share geo-tagged pictures at the beginning and end of your walk (2 pictures each day) and share a Word document of 50 pictures at <https://forms.gle/xDVTQwzJYp7wJqv67>

First prize- 2000/-
Second Prize- 1500/-
Third Prize- 1000/-
Consolation Prizes (2)- 500/- each

Co-ordinators
Dr. Japneet Kaur
Ms. Ruchika Singh

Convenor
Dr. Seema Kanwar

Chairperson & Principal
Dr. Nisha Bhargava

The activity was organized to draw attention of the students towards the benefits of waking up early in the morning and to avail the numerous benefits of the morning walk that nature showers in the early hours of the day. A total of 8 students participated out of which 3 students were awarded the cash prizes of 2000/-, 1500/- and 1000 respectively.

Results

- 1st Prize: Thunaojam Ambika Devi
- 2nd Prize: Benazirsana

Savour the Flavours of India: Baisakhi Celebration

Baisakhi (a spring harvest festival) is celebrated to express the gratitude by the farmers to the Almighty for bountiful harvest specifically in northern India and mark the beginning of the solar year. Maharishi Dayanand Saraswati founded Arya Samaj on this day in 1875. To celebrate Baisakhi in college and enlighten students by showing the diversity of Food in India, teachers and student ambassadors of the Character-Building Committee organized this competition to make students aware of the different food and culture of India. 24 stalls were put up by groups and individual students to represent the local dishes of different states of India. The staff members of the institution enthusiastically partook in it and put up 10 stalls representing different states and their food. The event was graced by enthusiastic group folk singing, Bhand and Bhangra performance. Dr. Nisha Bhargava, the Chairperson & Principal addressed the participants and the audience present in the Multimedia Hall. Participants were inspired by her kind words. The students after participating in the performances appreciated the idea behind the competition and realized that it is important for everyone to know the historic Indian roots and culture while experiencing the flavour of India's diversified nation. The idea behind the competition reached the masses in a positive way. A total of 24 and 10 stalls were put up by students and the staff members of the institution respectively. The students enjoyed the celebration of the Baisakhi event by exploring the different flavours of India.

Mehr Chand Mahajan
 DAV College for Women
 Sector 36-A, Chandigarh (U.T.)




Character Building Committee under the aegis of
 Ek Bharat Shreshtha Bharat Club organizes

जायका

Savour the Flavours of India
 to mark the celebration of **BHARAT**

Date:
 11 April 2022
Time:
 10.00 am
Venue:
 Multimedia Hall



Guidelines:
 • Competition is open for staff & students of the college • Prepare and showcase Indian vegetarian food from any State of India • Decorate your stall to give the indigenous touch • Participants may dress up in the respective regional attire • Each entry will be judged on three criteria: Ambience, Presentation, Nutritional Value and Taste • Winners will be awarded with certificates and Cash Prizes (First Prize Rs. 2000/-, Second Prize Rs. 1500/- and Third Prize Rs. 1000/-).
 Interested staff members can give their names to the Event Coordinator.
 Interested students are required to register on or before 7 April 2022 [CLICK](#)

Dr. Minakshi Rana
 Dr. Ritu Rani
 Dr. Japneet
 Organizing Secretaries

Dr. Seema Kanwar
 Event Coordinator

Ms. Neena Sharma
 EBSB Coordinator

Dr. Nisha Bhargava
 Convener & Principal

Student Ambassadors: Neerui Sagwal, Aditi Joshi, Inderiot Kaur, Tanva







Online Workshop on "Floral Waste Recycling Innovatively"

Department of Environment Science organized an online Workshop on "Floral Waste Recycling Innovatively" under the aegis of Institution's Innovation Council (IIC) 4.0 on 22-04-2022. The objectives of workshop are to sensitize students about the harmful impacts of even biodegradable flowers on water bodies and to promote recycling for the conservation of nature and natural resources. It continued for about one hour. The resource person was Ms. Poonam Sehrawat, AARUHI ENTERPRISES. 74 participants including 67 students and 7 Teachers attended this workshop.

Earth Day is celebrated on April 22 every year to promote environmental protection since 1970. The official theme of the day this year is "Invest in Our Planet". For conserving nature, we need to act boldly, innovate broadly, and implement equitably. Relevant to the theme,

college had organized an Online Workshop on Flower Waste Recycling into beautiful agarbattis,





Mehr Chand Mahajan DAV College for Women
Sector 36-A, Chandigarh (U.T.)

Department of Environment Science
under the aegis of
Institution's Innovation Council 4.0
is organizing an online workshop on
Recycling Floral Waste Innovatively
to mark the celebration of
World Earth Day
Date: 22 April, 2022 | Time: 11:15 am

Resource Person:
Ms. Poonam Sehrawat
AARUHI ENTERPRISES
Gurgaon (Haryana)

Click below to join us on
scheduled Date & Time:
[CLICK HERE](#)

Dr. Nisha Bhargava, Principal & President, IIC4.0@MCM
Dr. Indu Arora, Vice President, IIC4.0@MCM
Dr. Neetu, Convener, IIC4.0@MCM
Dr. Shafila, Coordinator
Ms. Sandeep Kaur, Coordinator
Ms. Sonali Mehndiratta, Coordinator

dhoop, swastik, Ganesh ji etc. Basically, waste to wealth management was promoted. Although flowers are biodegradable, and we generally, do not consider them harmful for environment. But, every day, around half a million people go to temples and offer flowers and according to latest reports, more than eight million tonnes of flowers are dumped in the river Ganga every year, along with toxic pesticides and insecticides used to grow them. So, it is requisite to clear the flower waste and its disposal in water must be stopped in order to protect the environment.

This year to mark the celebration of Earth Day, Department of Environment Science under the aegis of Institution's Innovation Council (IIC) 4.0, Mehr Chand Mahajan D.A.V. College for Women, Chandigarh organized an online Workshop on "Floral Waste Recycling Innovatively."

Ms. Poonam Sehrawat, a renowned environmentalist, social worker, influencer, and motivational speaker, was the resource person for the day. She runs **AARUHI ENTERPRISES**, wherein she established a self-sustainable business model of making dhoopbatti, diyas & other items from the flower waste of temples. She is on a mission to save the environment and uplift underprivileged women's living standards. She has already trained more than 500 women. In the workshop, she demonstrated step wise procedures of making agarbattis, dhoop, swastik, Ganesh ji from floral waste generated from various places. She also shared the list of ingredients of premixes which are to be added in the flower waste to acquire the required product. She shared her expertise in recycling flowers waste by an innovative way. Over 74 participants were benefitted from the same.





एमसीएम ने मनाया विश्व पृथ्वी दिवस

चंडीगढ़, 23 अप्रैल (विशेष संवाददाता) : विश्व पृथ्वी दिवस के अवसर पर मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ के होर्टिकल्चर एंड लैंडस्केपिंग कमेटी, एनएसएस इकाइयों और पर्यावरण विज्ञान विभाग ने कई प्रासंगिक गतिविधियों का आयोजन किया। होर्टिकल्चर एंड लैंडस्केपिंग कमेटी, ने महात्मा गांधी राष्ट्रीय ग्रामीण शिक्षा परिषद, शिक्षा मंत्रालय, भारत सरकार के सहयोग से स्वच्छता कार्य योजना 2022-23 के तहत 'कॉलेज परिसर में सर्वश्रेष्ठ लॉन' प्रतियोगिता का आयोजन किया। अंगीकृत गांव बंधेरी के सरकारी मॉडल हाई स्कूल में एनएसएस इकाइयों ने जागरूकता सह संवाद सत्र आयोजित किया। सत्र के प्रमुख वक्ता मेहर चंद महाजन डीएवी महिला कॉलेज, चंडीगढ़ के पर्यावरण विज्ञान विभाग से सहायक प्रोफेसर डॉ. शफीला थीं। इस कार्यक्रम में श्रमती संजोगिता, प्रधानाध्यापिका और सरकारी मॉडल हाई स्कूल, सेक्टर 41-डी, ग्राम बंधेरी, चंडीगढ़ में शिक्षिका सुश्री गुण्ठीत भी

उपस्थित रहीं। सत्र में 80 से अधिक स्कूली बच्चों ने भाग लिया। डॉ. शफीला ने छात्रों को पर्यावरण के संरक्षण और हमारे ग्रह की रक्षा करने की आवश्यकता के बारे में जागरूक किया और साथ ही मिट्टी और वायु प्रदूषण के हानिकारक प्रभावों के बारे में भी बताया। उन्होंने छात्रों से सतत प्रयासों को अपनाने का आग्रह किया उदाहरण के लिए उपयोग न होने पर लाइट बंद करना, परिवहन के लिए साइकिल का अधिक उपयोग, आरओ से अपरिष्कृत जल का पुनः उपयोग आदि। उन्होंने अपने व्याख्यान में पर्यावरण की रक्षा से इस ग्रह को संरक्षण देने के संदेश के साथ अपनी बात समाप्त की। सत्र के अंत में, एनएसएस स्वयंसेवकों ने दर्शकों को पर्यावरण के संरक्षण के तरीकों के बारे में शिक्षित करने के लिए हाथ से बने पोस्टर प्रदर्शित किए। पर्यावरण विज्ञान विभाग ने कॉलेज के इंस्टीट्यूशन इनोवेशन कार्डेसिल के तत्वव्ययन में 'पुण्य अपरिष्कृत अभिनव पुनर्चक्रण' पर एक ऑनलाइन कार्यशाला का आयोजन किया। सुश्री

पुनम सहरावत, एक प्रसिद्ध पर्यावरणविद् एवं सामाजिक कार्यकर्ता, प्रभावशाली और प्रेरक वक्ता, इस जानकारीपूर्ण कार्यशाला की प्रमुख वक्ता थीं। सुश्री सहरावत ने फूलों के कचरे से आगवत्ती, घुप, स्वास्तिक, गणेश जी बनाने की चरणबद्ध प्रक्रिया का प्रदर्शन किया। उन्होंने फूलों के कचरे के पुनर्चक्रण में अपनी विशेषज्ञता को 74 से अधिक प्रतिभागियों के साथ एक अभिनव तरीके से साझा किया। प्राचार्या डॉ. निशा भार्गव ने इस तरह की प्रासंगिक गतिविधियों के माध्यम से छात्रों में धरती माँ के प्रति सम्मान भाव विकसित करने के प्रयासों की सराहना की, जो हमारे ग्रह को मनुष्यों द्वारा किए जा रहे अंधाधुंध नुकसान के प्रभावों से बचाने की आवश्यकता का संदेश देते हैं। उन्होंने कहा कि पृथ्वी दिवस को सही मायने में मनाने के लिए हमारे तरीकों को सुधारने और पर्यावरण एवं प्राकृतिक संसाधनों को बचाने में हमारे योगदान का पुनर्मूल्यांकन करने पर एक विचारशील चिंतन होना चाहिए।

विश्व पृथ्वी दिवस पर जागरूकता संवाद सत्र आयोजित

सत्र में 80 से अधिक स्कूली बच्चों ने भाग लिया

अगमार्ग न्युज

चंडीगढ़। विश्व पृथ्वी दिवस के अवसर पर मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ के होर्टिकल्चर एंड लैंडस्केपिंग कमेटी, एनएसएस इकाइयों और पर्यावरण विज्ञान विभाग ने कई प्रासंगिक गतिविधियों का आयोजन किया। होर्टिकल्चर एंड लैंडस्केपिंग कमेटी, ने महात्मा गांधी राष्ट्रीय ग्रामीण शिक्षा परिषद, शिक्षा मंत्रालय, भारत सरकार के सहयोग से स्वच्छता कार्य योजना 2022-23 के तहत 'कॉलेज परिसर में सर्वश्रेष्ठ लॉन' प्रतियोगिता का आयोजन किया। अंगीकृत गांव बंधेरी के सरकारी मॉडल हाई स्कूल में एनएसएस इकाइयों ने जागरूकता सह संवाद सत्र आयोजित किया। सत्र के प्रमुख वक्ता मेहर चंद महाजन डीएवी



महिला कॉलेज, चंडीगढ़ के पर्यावरण विज्ञान विभाग से सहायक प्रोफेसर, डॉ. शफीला थीं। इस कार्यक्रम में संजोगिता, प्रधानाध्यापिका और सरकारी मॉडल हाई स्कूल, सेक्टर 41-डी, ग्राम बंधेरी, चंडीगढ़ में शिक्षिका गुण्ठीत भी उपस्थित रहीं। सत्र में 80 से अधिक स्कूली बच्चों ने भाग लिया। डॉ. शफीला ने छात्रों को पर्यावरण के संरक्षण और हमारे ग्रह की रक्षा करने की आवश्यकता के बारे में जागरूक किया और साथ ही मिट्टी और वायु प्रदूषण के हानिकारक प्रभावों के बारे में भी बताया। उन्होंने छात्रों से सतत प्रयासों को अपनाने का आग्रह किया उदाहरण के लिए उपयोग न होने पर

लाइट बंद करना, परिवहन के लिए साइकिल का अधिक उपयोग, आरओ से अपरिष्कृत जल का पुनः उपयोग आदि। उन्होंने अपने व्याख्यान में पर्यावरण की रक्षा से इस ग्रह को संरक्षण देने के संदेश के साथ अपनी बात समाप्त की। सत्र के अंत में, एनएसएस स्वयंसेवकों ने दर्शकों को पर्यावरण के तरीकों के बारे में शिक्षित करने के लिए हाथ से बने पोस्टर प्रदर्शित किए। पर्यावरण विज्ञान विभाग ने कॉलेज के इंस्टीट्यूशन इनोवेशन कार्डेसिल के तत्वव्ययन में पुण्य अपरिष्कृत अभिनव कार्यशाला का आयोजन किया। पुनम सहरावत, एक प्रसिद्ध पर्यावरणविद् एवं सामाजिक कार्यकर्ता, प्रभावशाली और प्रेरक वक्ता, इस जानकारीपूर्ण कार्यशाला की प्रमुख वक्ता थीं।

INC - Education Sector

MCM celebrates Earth Day 2022

April 23, 2022 03:06 PM

MEHR CHAND MAHAJAN DAV COLLEGE FOR WOMEN, CHANDIGARH
WORLD EARTH DAY CELEBRATIONS

Dr. Nisha Bhargava
Principal

Best Lawn Competition in collaboration with MGNCRE, Ministry of Education, Govt of India

Awareness cum Interactive Session at GMHS, Badheri

Online Workshop on Floral Waste Recycling Innovatively

reuse of waste water from RO, etc. At the end of the session, the NSS volunteers displayed hand made posters to educate the audience about ways to conserve and protect environment. The Department of Environment Science, under the aegis of Institution Innovation Council of the college organised an online workshop on 'Floral Waste Recycling Innovatively'. Ms. Poonam Sehrawat, a renowned environmentalist, social worker, influencer, and motivational speaker, was the resource person for this enlightening workshop. Ms. Sehrawat demonstrated step wise procedure of making agarbattis, dhoop, swastik, Ganesh ji from floral waste. She shared her expertise in recycling flower waste in an innovative way with over 74 participants. Principal Dr. Nisha Bhargava lauded the efforts to help students internalise the value of respect for Mother Earth through such contextual activities that drive home the message of the need to save our planet from the implications of the indiscriminate damage being done by humans. She added that the celebration of Earth Day in its true sense should entail a thoughtful contemplation on mending our ways and reassessing our contribution in saving environment and natural resources.

Educational tour to The Merck High-End Skill Development Centre at CSIR-Institute of Microbial Technology (IMTech), Sector 39A, Chandigarh

An educational tour was organised by the Department of Food Science, Mehr Chand Mahajan DAV College for Women, Chandigarh to the Merck High-End Skill Development Centre at Council of Scientific and Industrial Research-Institute of Microbial Technology (CSIR-IMTECH), Sector 39A, Chandigarh on 30th April, 2022.

A group of 34 students of B.Sc. II Microbial and Food Technology (MFT) were accompanied by Dr. Deepika Malik & Dr. Gurpreet Kaur of Department of Food Science of Mehr Chand Mahajan

DAV College for Women, Chandigarh. The students were divided into two batches of 17 students each so that they could get the briefings properly. The students were initially asked to look around and observe the laboratory.

Dr. Ankur Gautam, Lab Service Manager, of the Merck High-End Skill Development Centre, introduced the students with the facilities and infrastructure they are offering to support and facilitate life science research in India. It was an interactive session where students were explained about the training facilities and latest bio analytical techniques involved in the field of Molecular Biology, Recombinant DNA technology, Biomarker Immune assays, Functional Genomics, etc. He also discussed about the initiatives taken by the Merck regarding High end skill development in students that would help students in getting better jobs at industries or help in their research careers. The students were acquainted with the instrumentation and processes by Ms. Anshul Sharma, Research Assistant, of the centre. She demonstrated the working of instruments like Sonicator, Gene Pulsar, Nano Drop One, Molecular Imager, SNAP id 2.0, etc. Lastly, the students were offered snacks over a cup of tea and some group pictures were clicked. It was a refreshing and learning experience for the students.





Scrapbook & Scroll Making Competition to mark the celebrations of Mother's Day

Mother's Day is an event to celebrate the maternal bond and acknowledge the efforts of a mother in nurturing a life. It is to appreciate the contribution of the mothers in the society.

The Character-Building Committee organised a Scrapbook and Scroll making Competition on the Occasion of Mother's Day to celebrate this sacred bond of a child and a mother on May 9th, 2022 in the college premises. The participants were given one hour duration to make the scroll on Mother's Day theme. More than 10 enthusiastic students prepared beautiful scrolls and scrapbooks to demonstrate the love for their mothers. Worthy Principal & chairperson Dr. Nisha Bhargava lauded the efforts of the participants and the winners were awarded with the Certificates. The bond of a mother and child is eternal and students showcased their feelings in a beautiful manner by preparing alluring pieces of art like scrap books and scrolls. The efforts of the participants were appreciable.

Results

Category I - Scrapbook Making

- **1st Position:** Samreen Kaur (BA III)
- **2nd Position:** Shruti Gupta (B. Com II)
- **3rd Position:** Kashish (B. Com III)

Consolation Prize

- Yojana Negi

Category II - Scroll Making

- **1st Position:** Akanksha Mehra (BA III)
- **2nd Position:** Kashish (B. Com III)
- **3rd Position:** Bandhan (BA III)

Consolation Prize

- Gauri Thakur



The poster is for a competition at Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh (U.T.). It is organized by the Character Building Committee. The event is titled 'Scrapbook Making & Scroll Making Competition' and is held to mark Mother's Day. The date is 9 May 2022, at 11:30 am, in Room No. 4 (Arts Block). The poster features a red silhouette of a woman and a child. It includes instructions for the competition, a 'CLICK HERE' button, and the names of the organizers: Dr. Ritu Rani (Coordinator), Dr. Seema Kanwar (Convener), and Dr. Nisha Bhargava (Chairperson & Principal). Student Ambassadors are listed as Tanya, Sukhman, Pranamiya, and Inderjot.

Mehr Chand Mahajan DAV College for Women
Sector 36-A, Chandigarh (U.T.)

Character Building Committee
organizes
Scrapbook Making & Scroll Making Competition

Date: 9 May 2022 Time: 11:30 am
Venue: Room No.- 4 (Arts Block)

To mark the celebrations of
Mother's DAY

Instructions:

- Scroll Making will be done on the spot.
- Maximum time allowed to make the scroll is 1 hour.
- Certificates will be given to all the winners.
- Make your scrapbook and submit it on or before 9 May 2022 at the venue.
- Prior Registration is Mandatory. Click below to register.

[CLICK HERE](#)

Dr. Ritu Rani
Coordinator

Dr. Seema Kanwar
Convener

Dr. Nisha Bhargava
Chairperson & Principal

Student Ambassadors: Tanya, Sukhman, Pranamiya, Inderjot





Novel Food Product Development Competition

The Food Science Department of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with Olitia Food Pvt. Ltd., Jaipur, organised Novel Food Product Development Competition under Azadi ka Amrit Mahotsav. Dr. Ashish Singh, Principal Scientist, NDRI, Karnal was the Chief Guest on this occasion. The competition required the participants to develop innovative recipes incorporating Olitia products. The over 52 enterprising participants made novel recipes like thandai fruit chaat, watermelon gulkand cupcake, gulkand oats payasam, sharbat elaichi cake, thandai shahi tukda and much more, displaying their creative and innovative acumen.

Principal Dr. Nisha Bhargava lauded the creative genius of the participants and motivated them to keep working towards honing their innovation skills. She added that such competitions are great platforms for students to explore their potential and display their talent, thereby encouraging excellence.

The winners of the competition are:

1st: Gurpriya Kaur

2nd: Seeya Arora and Deeksha

3rd: Prabhjot Kaur and Harmeet Kaur

4th: Sejal and Nadika

5th: Kanika Miglani and Harleen Kaur



Fundamentals of Research in Behavioral Sciences

The webinar titled 'Fundamentals of Research in Behavioural Sciences' held on 17 May 2022 was organized by the PG Department of Psychology and was attended by 100 UG and PG students and 7 faculty members. The session was conducted by Dr. Amit Lal, Founder, Skills Learning Solutions who started with a basic introduction to research, types of research, the process of research, formulation of research design and testing of hypothesis, and familiarization with

parametric and non-parametric tests. The doubts and queries were taken towards the end of the session.

Mehr Chand Mahajan
DAV College for Women
Sector 36-A, Chandigarh (U.T.)

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Azadi Ka
Amrit Mahotsav

Post Graduate Department of Psychology
organizes
Webinar on
Fundamentals of Research in Behavioural Sciences
Date: 17 May 2022 Timings: 10:30 am to 12 Noon

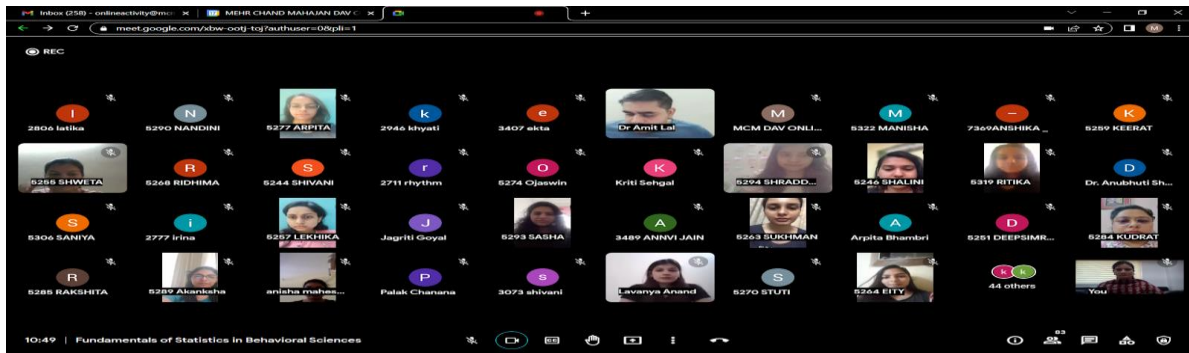
Resource Person
Dr. Amit Lal
Founder-Skillics Learning Solution

Prior Registration is mandatory. Click below to Register:
[CLICK HERE](#)

Dr. Neha Pandeya
Coordinator

Dr. Nitasha Khehra
Co-Convenor & Head
PG Dept. of Psychology

Dr. Nisha Bhargava
Convenor & Principal



एमसीएम ने व्यवहार विज्ञान में अनुसंधान पर वेबिनार का आयोजन किया

फास्ट मीडिया
चंडीगढ़/अमृतस्य

मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन, चंडीगढ़ में मनोविज्ञान के स्नातकोत्तर विभाग ने 'फंडामेंटल ऑफ रिसर्च इन बिहेवियरल साइंसेज' पर एक वेबिनार का आयोजन किया। सेशन के लिए रिमोट पर्सन फाउंडर, स्किल्स लर्निंग सॉल्यूशंस से डॉ. अमित लाल, थे। प्रमुख चर्चा ने अनुसंधान के अर्थ, उसके प्रकार, अनुसंधान की प्रक्रिया, अनुसंधान डिजाइन तैयार करने और परिकल्पना के परीक्षण के बारे में बताया। डॉ. लाल ने पैरामेट्रिक और गैर पैरामेट्रिक परीक्षणों पर भी विस्तार से चर्चा की। वेबिनार में संकाय सदस्यों के साथ 100 से अधिक स्नातक और स्नातकोत्तर




छात्राओं की उत्साहपूर्ण भागीदारी देखी गई। प्राचार्या डॉ. निशा भार्गव ने मनोविज्ञान विभाग की इस पहल की सराहना की और कहा अनुसंधान सामान्य ज्ञान और विशेष रूप से उच्च शिक्षा का

आधार है। उन्होंने यह भी कहा कि अनुसंधान के क्षेत्र में चुनौतियों का सामना करने के लिए शोधकर्ताओं के बीच अनुसंधान का एक ठोस पद्धतिगत आधार विकसित करना आवश्यक है।

Lecture-cum Workshop on Basic Learning and Handling of Spectroscopic Techniques (UV-VIS, FTIR, NMR)

P.G. Department of Chemistry organized a two-day Lecture-cum workshop on Basic Learning and Handling of Spectroscopic Techniques (UV-VIS, FTIR, NMR) on 18th May 2022-19th May 2022 with an objective to enhance skill development by giving hands on training to the students. The duration of workshop was of about 11 hours. The resource persons of workshop are Dr. Swatika sharma, Dr. Yesbinder Kaur and Dr. Manjot Kaur, Assistant Professor PG Department of chemistry. On 18th May 2022 a lecture and hands on training on UV-VISIBLE spectrophotometer and FTIR spectrophotometer was conducted and on 19th May 2022 a lecture and hands on training on NMR spectrophotometer was conducted. A total of 32 student participants from different colleges and 18 faculties attended this program.

Mehr Chand Mahajan
DAV College for Women
Sector 36-A, Chandigarh (U.T.)






P.G. Department of Chemistry organizes
Lectures-cum-Workshops on
Basic Learning and Handling of Spectroscopic Techniques
(UV-VIS, FTIR, NMR)

Date: 18 & 19 May 2022 Timings: 9:00 a.m. to 2:00 pm
Venue: Central Instrumentation Lab (Room No-34)

Last Date for Registration: 15 May 2022

Registration Fees: B.Sc. / M.Sc. Students-800/- & Research Scholars-1000/-

Online Registration Procedure:
Name of the Account: Principal, MCM DAV College for Women, Chandigarh
Bank: State Bank of India, Branch : MCM DAV College for Women, Sec-36, Chandigarh
Account Number : 30772717538, IFSC Code : SBIN0010609
Note : After transferring registration fee, please send UTR No. along with your details on the following link: [CLICK HERE](#)

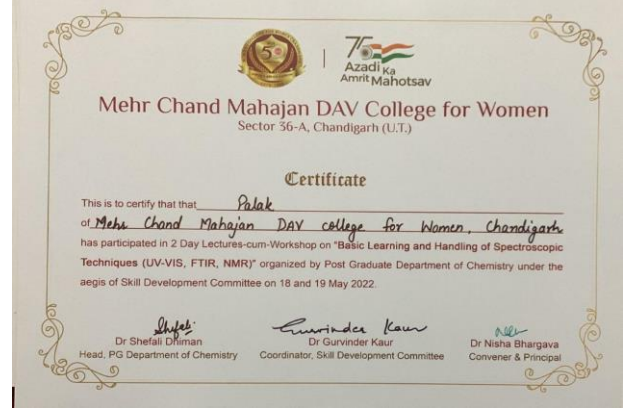


Schedule Day-I (18 May 2020):
09:00 am- 09:30 am : Registration
09:30 am- 09:45 am : Inauguration
09:45 am- 10:15 am : Lecture-I
10:15 am- 11:00 am : Lecture II
11:00 am- 11:15 am : Tea
11:15 am- 02:00 pm : Hands-on-Training
02:30 pm- Onwards : Lunch

Schedule Day-II (19 May 2020):
10:00 am- 11:00 am : Lecture III
11:00 am- 11:15 am : Tea
11:15 am- 02:00 pm : Hands-on-Training
02:00 pm- 02:30 pm : Concluding remarks followed by Lunch

Dr. Nisha Bhargava
Convener & Principal
Dr Shefali Dhiman & Dr Sagarika Dev
Co-conveners
Dr Qudrat Hundal, Dr Madhuri, Dr Rishu,
Dr Aanchal Batra, Dr Nisha Dawra
Coordinators
Dr Swatika Sharma, Dr Yesbinder Kaur
Dr Rohini Kanwar, Dr Manjot Kaur
Organizing Secretaries





INC - Education Sector
MCM holds 2-day workshop on Spectroscopic Techniques



Principal Dr. Nisha Bhargava with faculty and participants.

CHANDIGARH, 01.07.22-The Postgraduate Department of Chemistry at Mehr Chand Mahajan DAV College for Women, Chandigarh organised a two-day lecture-cum-workshop and hands-on training on Basic Learning and Handling of Spectroscopic Techniques (UV-VIS, FTIR, NMR) under the aegis of Skill Development Committee of the college. Dr. Swatika Sharma, Dr. Yesbinder Kaur and Dr. Manjot Kaur, Assistant Professors at the Department delivered lectures on UV-Visible spectroscopy, FTIR

Spectroscopy, and NMR Spectroscopy. The lectures focused on basics of spectroscopic techniques and application of spectroscopic techniques in various field of basic chemistry and research field. Hands-on training was also given to all the participants individually by practically doing small experiments based on spectroscopic techniques. Around 51 students from B.Sc. and M.Sc. Chemistry from different colleges and faculty members participated in this initiative. Principal Dr. Nisha Bhargava applauded the efforts and encouraged the department to keep organising such skill based activities to enhance the learning quotient of the students. She highlighted the importance of such skill development initiatives by adding that skills enhance the employability quotient of the students.

एमसीएम ने स्पेक्ट्रोस्कोपिक तकनीकों पर दो दिवसीय कार्यशाला का आयोजन किया



चंडीगढ़ (जगमग न्यूज़)। मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, मेर रसायन विज्ञान के स्नातकोत्तर विभाग ने स्पेक्ट्रोस्कोपिक तकनीकों (यूवी-विज, एफटीआईआर, एनएमआर) के बुनियादी शिक्षण और संचालन पर प्रशिक्षण के लिए दो दिवसीय व्याख्यान-सह-कार्यशाला का आयोजन कौशल विकास समिति के तत्वाधान में किया। महाविद्यालय में सहायक प्रोफेसर डॉ. स्वातिका शर्मा, डॉ. यशबिंदर कौर और डॉ. मनजोत कौर ने यूवी-विजिबल स्पेक्ट्रोस्कोपी, एफटीआईआर स्पेक्ट्रोस्कोपी और एनएमआर स्पेक्ट्रोस्कोपी पर व्याख्यान दिए। व्याख्यान स्पेक्ट्रोस्कोपिक तकनीकों के मूलभूत तत्वों एवं बुनियादी रसायन विज्ञान और अनुसंधान के विभिन्न क्षेत्रों में स्पेक्ट्रोस्कोपिक तकनीकों के अनुप्रयोग पर केंद्रित था। स्पेक्ट्रोस्कोपिक तकनीकों पर आधारित व्यावहारिक रूप से छोटे-छोटे प्रयोग करके सभी प्रतिभागियों को व्यक्तिगत रूप से व्यावहारिक प्रशिक्षण भी दिया गया। विभिन्न कॉलेजों के बीएससी एवं एमएससी रसायन विज्ञान के लगभग 51 विद्यार्थियों और संकाय सदस्यों ने इस पहल में भाग लिया। प्राचार्या डॉ. निशा भार्गव ने रसायन विज्ञान विभाग के इस प्रयास की सराहना की और विद्यार्थियों में सीखने को बढ़ावा देने के लिए इस तरह की कौशल आधारित गतिविधियों का आयोजन करने के लिए प्रोत्साहित किया। उन्होंने इस तरह के कौशल विकास पहल के महत्व पर प्रकाश डालते हुए कहा कि कौशल विद्यार्थियों की रोजगार क्षमता को बढ़ाते हैं।

स्पेक्ट्रोस्कोपिक तकनीकों पर कार्यशाला का आयोजन

चंडीगढ़, 1 जुलाई (राम सिंह बराड़) : मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ में रसायन विज्ञान के स्नातकोत्तर विभाग ने स्पेक्ट्रोस्कोपिक तकनीकों (यूवी-विज, एफटीआईआर, एनएमआर) के बुनियादी शिक्षण और संचालन पर प्रशिक्षण के लिए दो दिवसीय व्याख्यान-सह-कार्यशाला का आयोजन कौशल विकास समिति के तत्वाधान में किया। महाविद्यालय में सहायक प्रोफेसर डॉ. स्वातिका शर्मा, डॉ. यशबिंदर कौर और डॉ. मनजोत कौर ने यूवी-विजिबल स्पेक्ट्रोस्कोपी, एफटीआईआर स्पेक्ट्रोस्कोपी और एनएमआर स्पेक्ट्रोस्कोपी पर व्याख्यान दिए। व्याख्यान स्पेक्ट्रोस्कोपिक तकनीकों के मूलभूत तत्वों एवं बुनियादी रसायन विज्ञान



एमसीएम कॉलेज सेक्टर-36 में स्पेक्ट्रोस्कोपिक तकनीक पर दो दिवसीय कार्यशाला दौरान प्राचार्या डॉ. निशा भार्गव के साथ सांझी तस्वीर करवाते प्रतिभागी व विद्यार्थी। (छाया: गुरिन्द्र सिंह) और अनुसंधान के विभिन्न क्षेत्रों में स्पेक्ट्रोस्कोपिक तकनीकों के अनुप्रयोग पर केंद्रित था। स्पेक्ट्रोस्कोपिक तकनीकों पर आधारित व्यावहारिक रूप से छोटे-छोटे प्रयोग करके सभी प्रतिभागियों को व्यक्तिगत रूप से व्यावहारिक प्रशिक्षण भी दिया गया। विभिन्न कॉलेजों के बीएससी एवं एमएससी रसायन विज्ञान के लगभग 51 विद्यार्थियों और संकाय सदस्यों ने इस पहल में भाग लिया। प्राचार्या डॉ.

निशा भार्गव ने रसायन विज्ञान विभाग के इस प्रयास की सराहना की और विद्यार्थियों में सीखने को बढ़ावा देने के लिए इस तरह की कौशल आधारित गतिविधियों का आयोजन करने के लिए प्रोत्साहित किया। उन्होंने इस तरह के कौशल विकास पहल के महत्व पर प्रकाश डालते हुए कहा कि कौशल विद्यार्थियों की रोजगार क्षमता को बढ़ाते हैं।

पंजाब यूनिवर्सिटी चंडीगढ़ सैनेट के 2 सदस्य नामजद करने के अधिकार स्वीकर को
 चंडीगढ़, 1 जुलाई (एन.एस. परवाना): पंजाब यूनिवर्सिटी चंडीगढ़ की सैनेट के लिए पंजाब विधानसभा में 2 सदस्य नामजद करने के लिए स्पीकर स. कुलतार सिंह संघवां ने अधिकार दे दिए हैं। यह फैसला कल विधानसभा में सर्वसम्मति के साथ किया गया है। कहा जाता है कि स्पीकर अब मुख्यमंत्री भगवंत मान के साथ विचार करने के बाद कर देंगे।

MCM holds 2-day workshop on Spectroscopic Techniques

The Aman Sandesh Times Network

Chandigarh : The Postgraduate Department of Chemistry at Mehr Chand Mahajan DAV College for Women, Chandigarh organised a two-day lecture-cum-workshop and hands-on training on Basic Learning and Handling of Spectroscopic Techniques (UV-VIS, FTIR, NMR) under the aegis of Skill Development Committee of the college. Dr. Swatika Sharma, Dr. Yesbinder Kaur and Dr. Manjot Kaur, Assistant Professors at the Department delivered lectures on UV-Visible spectroscopy, FTIR Spectroscopy, and NMR Spectroscopy. The lectures focused on basics of spectroscopic techniques and application of spectroscopic techniques in various field of basic chemistry and research field. Hands-on training was also given to all the participants individually by



practically doing small experiments based on spectroscopic techniques. Around 51 students from B.Sc. and M.Sc. Chemistry from different colleges and faculty members participated in this initiative.


Principal Dr. Nisha Bhargava applauded the efforts and

encouraged the department to keep organising such skill based activities to enhance the learning quotient of the students. She highlighted the importance of such skill development initiatives by adding that skills enhance the employability quotient of the students.

‘कारीगरी’: Promoting Recycling through Cloth Bags Making

With the aim of spreading awareness about the use of eco-friendly cloth bags instead of single use plastic bags, Department of Home Science, Mehr Chand Mahajan DAV College for Women Chandigarh organized, ‘कारीगरी’ a workshop on fabric bag making on 24th May, 2022. The participants were demonstrated about the bag making out of the new fabric as well as worn out fabric. They were acquainted with the importance of recycling for the environment and motivated to make sustainable choices. Students constructed and decorated different types of bags getting tips and guidance from the resource person. They also learnt


Mehr Chand Mahajan
DAV College for Women
Sector 36-A, Chandigarh (U.T.)



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Azadi Ka
Amrit Mahotsav

DEPARTMENT OF HOME SCIENCE
organizes

कारीगरी - Workshop-cum-Demonstration
on Eco-friendly Cloth Bags



Resource Person:
Ms Rati Arora
Assistant Professor
Deptt. of Home Science

Date: 24 May 2022
Venue: Clothing and Textile Lab
(Department of Home Science)
Time: 9:30 am onwards

Prizes will be given to the best creations at the end of the workshop.

Dr Harjot Kaur Mann
Ms Darpanjot Kaur
Coordinators

Ms Jyotsna
Co-Convenor &
Head, Department of Home Science

Dr Nisha Bhargava
Convenor & Principal

about various techniques of adding the design features by using minimum material at low cost like tassels, frills, pompoms, bows etc. At the end of the workshop, all the created pieces were displayed and best creations were selected and awarded with cash prizes by Principal of the college, Dr. Nisha Bhargava. Ma'am lauded the efforts of the department to enhance the skills of the students by making them learnt a new skill-set and parallelly contributing their bit towards a tenable planet. She appreciated the work done by all the participants and further added that everyone must inculcate the habit of recycling in all possible manner and opting for cloth making bags over plastic ones is one of those.





Cadets learn swimming at ATC

35 cadets of 1 Chandigarh Naval Unit of the college attended the Annual Training Camp in the year 2022. During this training session, the cadets learnt the skill of swimming. The activity was organized by Disaster Management Club and NCC.

Cadets participate in Fire Fighting Activity

35 cadets of 1 Chandigarh Naval Unit of the college learnt the skill of Fire Fighting which was organized by the Fire Fighting Team of Sector 38 Chandigarh. The activity was organized by Disaster Management Club and NCC.

5 cadets attend the ATC

In May 2022, the Department of Physical Education sent 5 cadets of 1 Chandigarh Naval Unit of the college to attend the Annual Training Camp.

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OORJA

2021-22

A SKILL DEVELOPMENT INITIATIVE



Mehr Chand Mahajan DAV College for Women

Sector 36-A, Chandigarh (U.T.)