

Report of Sports Committee (2017-18)



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The college added another feather in its cap by winning the women's General Efficiency Sports Shield for the 38th time. During the session, the college participated in various international, national and Panjab University inter-college competitions.



International Achievers

BHAVIKA won the gold medal in senior national Taekwondo championship and was selected for participation in the international tournament

CHAHAT won the bronze medal in an international swimming tournament and was selected to participate in the Asian Championship held at Tashkent, Uzbekistan. She participated in the Asian Indoor games held at Ashgabat. She won four gold medals in the Senior Nationals held at Bhopal. She also made a new meet record in 50m breast stroke event.

NATASHA won the gold medal in the South Asian Ball tournament held in Nepal.

TANIYA BHATIYA became the youngest member of the Indian Women's Cricket Team.

YAMINI GUPTA was a part of Indian taekwondo team that made a Guinness World Record with their performance.



Interuniversity, National, Intercollege, and State level achievers

PALAK was declared the best gymnast in the National Artistic Gymnastics Championship.

ARTISTIC GYMNASTICS- The college team comprising Kiran, Lekha, Namita, Ritika, Susmita and Ankita won the P.U championship in Artistic Gymnastics Tournament. Susmita and Ankita were selected as the first and second best gymnast respectively. Palak Kaur Bijral won gold medal in All India Artistic Gymnastic competition. Susmita won the gold medal, inderpreet won the bronze medal and the college team got the third position in Artistic Gymnastics and the fourth position in All India Inter University competition held at Kurukshetra university.

BADMINTON- The college team got the second position in P.U Annual Athletic meet.

BALL BADMINTON- The college bagged the second position in the P.U inter-college tournament. Chandarlata and Babita were selected for the All India Inter-university championship.

CRICKET- The college cricket team won the gold medal in P.U inter-college tournament. Ridhima played the test series against Bangladesh. Harleen Kaur Deol was selected for India camp in the under-19 category. Divya won the bronze medal at the North-zone Inter-university level and also represented the Chandigarh team in a tournament conducted under the aegis of Punjab Cricket Association (affiliated to PCCI). Shefali, Jugnu, Muskaan and Shivani participated in the senior national championship held at Panchkula.



DIVING- The college team won the bronze medal in the P.U Diving competition.

FENCING- The college team won the silver medal and two bronze medals in P.U Inter-college competition. Sonika was selected to representing P.U in All India Inter-university competitions.

FOOTBALL- The football team of our college won the silver medal in P.U Inter-college tournament Poonam, Pooja, Poonam Rani, and Sonia were selected for representing P.U and were the team was declared the winner of the North Zone Inter-university tournament.

HANDBALL- The college team won the Panjab University Handball Tournament. Seven handball players from our college were a part of Panjab University team that won silver medal in All India Inter University championship. Kiran also attended the National India Camp for Asian Women Club League.



HOCKEY- Rosy participated in the Senior National Hockey Women Championship.



JUDO- Judoka Babita won the silver medal in open weight category and bronze medal in 63kg weight category. Rachna won the bronze medal in 44kg weight category in P.U Inter-college championship.

KABADDI- the college team won the P.U Kabaddi championship. Ruby, Meenu, Jyoti, and Arti represented Chandigarh at the State Junior National Championship held at Patna. Main, Ruby, Meenu, Arti and Anu represented Panjab University in North Zone Inter university competition.

KICK BOXING- The college team won two gold medals, two silver medals and two bronze medals in Panjab University inter-college competition.

ROLL BALL- The college Roll Ball team won the tournament conducted by Panjab University. Karen won two gold medals in the Rink -1 and -2 events. Nikita won the gold medal in 3km road race event. Karen, Sanjan, Nikita and Natasha were selected to attend the All India Interuniversity camp. They won the silver and bronze medal at the interuniversity tournament.

ROWING- the college team got the overall second position in the P.U inter-college competition. The team won three gold medals and eight silver medals in various events.

RYTHMICS GYMNASTICS- The college team won four gold medals and four silver medals at the P.U Rythmics tournament. They also won the championship in club, ribbon, hoop and ball events. Palak and Inderpreet bagged the highest points in their individual events.

SHOOTING- The college team won bronze medals in the 10m air rifle team event and 10m pistol team event in the P.U shooting competition. Members of the team of 10m air pistol were Hasrat, Navreen, Veronica and Erma, whereas members of the 10m air rifle were Mannat, Anchal and Harina.

SEPAKTAKRAW- The college team got the third position in Panjab University inter college competition and Bhawna was selected in the Panjab University Team

SWIMMING- The college team won the Panjab University Swimming tournament. Chahat won seven medals, Ishpreet won a silver medal and four Bronze medals and Anjali won two bronze medals. Chahat won two gold medals and one bronze medal in All India Interuniversity swimming competition.

TABLE TENNIS- The college team bagged the second position in P.U Table tennis competition.

TENNIS- The college team won the fourth place in the P.U Inter-college tournament.

VOLLEYBALL- The college won silver medal in the Chandigarh Senior State tournament.

WRESTLING- Babita won the silver medal in -63kg weight category in the P.U Intercollege championship.

WUSHU- The college team won three gold medals and one bronze medal in Panjab University Intercollege competition.

CANOEING- The college team was second in the Inter-college competition.

