

# Report of Sports Committee (2019-20)



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MCM DAV College has always considered sports as an integral part of education. The college has won General efficiency shield 39 times. More than 100 International players have been produced here in the same ground. This year also we participated in various Inter-College competitions organised by Punjab University. The players also represented State, National and International teams in various disciplines.

## **INTERNATIONAL PARTICIPATION-**

- 1) Two cricketers Harleen Kaur Deol and Taniya Bhatia are part of the team India since last two years and currently they are representing the country in Australian T-20 World Cup. The team got second place.
- 2) The fastest swimmer of Punjab University Chahat Arora won gold medal in 50m, silver medal in 100m and gold medal in 4\*100 m relay in **SOUTH ASIAN GAMES 2019 Kathmandu (Nepal)**. She also got first position in 50 mtr. Breast stroke in Senior National Championship this year. She is preparing to enter into Olympics.
- 3) Another International player Vanshika represented India in Asian Netball Championship.
- 4) Vanshika Shahi, an International Shooter won gold in 63<sup>rd</sup> National Shooting Competition, Gold Medal in Khelo-India youth games and one silver medal in All-India Inter University competition. Shooter Neena Chandel won 3<sup>rd</sup> position in world university games 2019.
- 5) International Roller Hockey skater who represented India she also won Gold Medal in National Championship 2019-20.
- 6) International Fencer Mumtaz got Gold medal in All India Inter University and Inter College Competition.
- 7) Himanshika is Ranked Tennis player she has got 50<sup>th</sup> rank in India and now she is representing Punjab University team in upcoming khelo-India competition.

## **NATIONAL AND INTERUNIVERSITY ACHIEVERS-**

1. Chahat Arora got first position in stroke in Senior National Championship this year
2. Another International player Vanshika represented India in Asian Netball Championship.
3. Vanshika Shahi, an International Shooter won gold in 63<sup>rd</sup> National Shooting Competition.
4. Himanshika represented Punjab University team in khelo-India competition

## **ACHIEVEMENT IN STATE AND INTER-COLLEGE TEAM ACHIEVEMENTS**

1. College football team won 1<sup>st</sup> position in Punjab University Inter-College completion. Six footballers represented Punjab University team and got 3<sup>rd</sup> position in North zone Interuniversity tournament this team has qualify for Khelo India University games. This team also won 3<sup>rd</sup> position in senior state football championship.



2. College squash, soft tennis won second position in Punjab University Inter college competition. Aditi and Princy represented Punjab University in All India Inter-University competition and won first position.
3. College fencing team got second position in Punjab University Inter College competition. Mumtaz and Sayna were part of all India Inter university competition and won first position. fencers also participated in Khelo India inter university games held at Bhuvaneshwar and team got second position . Sayana and Mumtaz got silver and gold medal individually.



4. Team Handball got second position in Punjab University competition and three players were part of Inter-university team. The team got third Position.
5. College cricket team also got second position in Punjab University completion.
6. Badminton team got second position in Punjab University Inter College Competition. Nikita and Ishita represented Badminton All India Inter University team. Team got second position in North Zone.

7. Rhythmic gymnasts Debu Priya, Shoyana, Shreya participated in Khelo India youth games. Debu Priya got 5<sup>th</sup> rank. The team got first position in Punjab university inter college competition. Debopriya got gold medal in clubs, ribbon and ball event. She was declared as best rhythmic gymnast in inter college competition. Shyona got silver medal in ball, clubs and ribbon. She was declared as second best gymnast in Punjab university competition.



8. College shooting team got second position in Inter College competition. Shooter Sayna and Vanshika got gold and silver medal in their respective events
9. Ishpreet got two silver medals and one bronze medal in Punjab University competition.
- 10.Vanshika got gold medal in Punjab University Inter- College WEIGHT LIFTING competition.
- 11.Judo players Manisha and Shikha got silver and bronze medals in respective weight categories.
- 12.The College hockey team won bronze in senior and junior state Hockey champion ship. Six girls represented team Chandigarh in khelo- India youth games. The team got second position in Punjab university inter college competition.
- 13.College Softball team won second position in Punjab University Inter College competition
- 14.Avantika got second position in Chandigarh State Karate Competition.
- 15.Apart from focussing on professional sports the college has started the “Fit-India” regime with a great zeal. In month of January one day Yoga workshop was held for students. Regular Yoga- Classes are being arranged for overall well- being of staff and students.

Further events are well planned to implement the scheme successfully.