

Report of Sustainable Practices Committee (2019-20)



**Mehr Chand Mahajan
DAV College for Women
Sector-36 (Chandigarh)**

www.mcmdavcw-chd.edu
[0172- 2603355](tel:0172-2603355), [0172- 2624921](tel:0172-2624921)

Yes to Green Alternatives

August and September, 2019

In August and September 2019, the Committee organised four Workshops ‘Yes to Green Alternatives’ to sensitise students to use old clothes to make clothes bags. The Workshops aimed to inculcate habit of reducing consumption of single use plastic bags as also to instil value of dignity of labour. Around 50 students learnt to cut and stitch cloth bags from Mr. Tulsi Ram, an artist and a sculptor and an awardee of Panjab Lalit Kala Academy. The maxim Reduce and Reuse was extended through the slogan ‘I Carry my own Spoon, Glass and Bag.’





Display of work of rural artisans of Panjab,
September 23, 2019

On September 23, 2019, the Committee, brought to the premises of College, the work of rural artisans of Panjab - handicrafts as well as handloom. Organised in collaboration with Trinjan, the women wing of KHETI VIRASAT MISSION, the endeavour was a step to encourage the livelihood of many a rural family while promoting the heritage of the State. Apart from beautiful durries, many merchandise were on display- chhabbas, sweaters, shawls etc.





Saamarthya Khoj

The Committee, in collaboration with the Department of Psychology, began Saamarthya Khoj, an endeavour to help the EWS students understand their abilities by administering them various tests - numerical, verbal, spatial, clerical, reasoning, computing, aptitude etc. The students of postgraduation in Psychology will analyse the tests and give the feedback to help them choose appropriate stream of education and vocation.





I Listen Because I Care

27th June 2020

Aim: Bridging the Generation Gaps through the joy of listening (Under the aegis of Sustainable Practices Committee)

We all are going through exceptional circumstances. This is the time to lend moments of affection and joys to those who may be due to several reasons are feeling lonely isolated and depressed. The MCM DAV family shared space with the senior members of the society and spent some moments of happiness together. The senior members (aged 60 years or more) participated in the interactive session and shared their life time experiences through songs, stories and incidents. The young students (audience) were amazed to see the level of excitement, sense of humor and spirit to life among them.

In this session, people joined from various regions of Punjab, Haryana, Delhi, Himachal Pradesh and Jammu & Kashmir. The way participants shared their feelings, poetry, life incidents, recipes and sang folk songs, bhajans etc was splendid. The energy, confidence and passion with which they spoke and presented were a lesson in itself and revived a lot of memories. It is truly said that the lessons that one can get from one's elders can nowhere be taught or learnt and their presence always a guiding force to all.

The college is thankful to the participants who become the part of the session despite of less technical expertise to join the online platform among them

All the participants were so happy with such a unique initiative of the college and requested to continue with such events in future as well.

