

MCM DAV College for Women, Sector- 36/A, Chandigarh
Department of Psychology (Monthly Teaching Plans 2022-2023)

Name of the Teachers: Dr. Manjit Sidhu & Dr. Vidushi Jaswal

Class: BA I (Semester I)

Subject: General Psychology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	16.08.2022	31.08.2022	Unit 1: Nature of Psychology, Goals and Branches of Psychology, Historical Evolution of Psychology, Historical Evolution of Psychology, Development of Psychology in India.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.09.2022	30.09.2022	Unit 3: Method of Psychology: Observation Method. Sampling Techniques, Survey Method, Experimental Method	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	01.10.2022	31.10.2022	Unit – 2: Emotions : Definition and Concept of Emotions, Types of Emotions, Theories of Emotions (James– Lange, Cannon Bard, Schacter-Singer Theory)	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	01.11.2022	27.11.2022	Unit – 4: Motivation: Definition, Nature, Concept. Types of Motives (Physiological, Psychological, Social): Theories of Motivation: Humanistic (Maslow), Need Theories (McClelland and Murray). Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

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Department of Psychology (Monthly Teaching Plans 2022-2023)

Name of the Teachers: Dr. Manjit Sidhu & Dr. Vidushi Jaswal

Class: BA I (Semester II)

Subject: General Psychology

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	16.01.2023	31.01.2023	Unit - 1: Personality – Concept, Trait Theories (Eysenck, Costa and McCrae), Psychoanalytic Theory (Freud). Humanistic Theory (Rogers). Measurement of Personality, (Self Report Measures, Projective Techniques and Behavioural Assessment)	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.02.2023	28.02.2023	Unit – 2: Statistics: Graphical Representation of Data: Measures of Central Tendency and Variability. Correlation - Meaning of Correlation, Rank Order and Product Moment-Correlation and Interpretation.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	01.03.2023	31.03.2023	Unit – 4: Intelligence : Concept, Theories of Intelligence: Spearman, Thurstone, Cattell, Guilford. Measurement of Intelligence (Verbal and Non Verbal Test and Individual and Group Tests).	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
6	01.04.2023	29.04.2023	Unit 3: Development: Concept, Heredity and Environmental Influences. Theories of Development : Erickson, Psychosocial Theory, Piaget’s theory of Cognitive Development. Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.