

**MCM DAV College for Women, Sector- 36/A, Chandigarh**  
**Department of Psychology (Monthly Teaching Plans 2022-2023)**

**Name of the Teachers: Dr. Anubhuti Sharma & Ms. Aditi Kaushish**

**Class: BA II Honours (Semester III)**

**Subject: Social Psychology**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	13.08.2022	31.08.2022	Unit- 1: Introduction: Nature of Social Psychology, Methods of Research in Social Psychology	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	01.09.2022	30.09.2022	Unit -2: Leadership: Functions of Leaders, Theories of Leadership (Trait Theories, Behavioural Theories, Fiedler's Contingency Model).	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	01.10.2022	31.10.2022	Unit-3: Attitudes: Concepts, Formation of Attitudes, Theories of Attitude Change; Measurement of Attitudes	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	01.11.2022	25.11.2022	Unit – 4: Applications of Social Psychology: Pro Social behaviour, Bullying, Ragging.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

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**Name of the Teachers: Dr. Anubhuti Sharma & Ms. Aditi Kaushish**

**Class: BA II Honours (Semester IV)**

**Subject: Recent Perspectives in Psychology**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1.	16.01.2023	31.01.2023	Unit-I : Emotional Intelligence : Concept and Theories (Goleman, Salovey and Meyer).	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
2.	01.02.2023	28.02.2023	Unit-II: Spirituality and Well Being : Concept, Measurement and Relationship with Well Being.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
3.	01.03.2023	31.03.2023	Unit-III: Stress and Coronary Heart Disease; Concept, Symptoms, Role of Stress in Coronary Heart Disease.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any
4.	01.04.2023	29.04.2023	Unit-IV: Positive Emotions and Mental Health: Forgiveness, Gratitude and Mental Health. Review and revision of Syllabi for Semester Exams	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any Review and revision exercises