

Mehr Chand Mahajan DAV college for Women
Sector 36-A, Chandigarh

IQAC and UGC Committee

are organizing a

Webinar

on

Psychological well being during Pandemic COVID-19

for the

Teaching Faculty & Non-Teaching Staff of the College

by

Dr. Neha Pandeya

(Resource Person)

Assistant Professor

Department of Psychology

MCM DAV College

Details:

Date: May 14, 2020

Time: 11:00-12:00 noon

Platform: Cisco WebEx (Link will be sent)

Link for Registration: <https://forms.gle/UcZPwFytKaFWgrxF6>

Dr. Vibha Sharma (IQAC)

Dr. Bindu Sharma (UGC Committee)

Dr. Nisha Bhargava

Principal

Feedback

Feedback - Webinar on Psychological well being during COVID-19 on May 14, 2020.

53 responses

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Name

53 responses

Vandana Sharma

Baljit Kaur

Vandita Kapoor

Chris Bindra

Rati Arora

Manjot kaur

Dr. PURNIMA BHANDARI

Dr. Arshdeep

Nancy Garg

Nidhi Sharma

Baljeet Kaur Tiwana

Punam

Dr. Veena Rani

Dr Bindu Sharma

Vikas Sharma

Pawan Sharma

Ruby Joshi

Apurav Kaushik

Dr Ritu Khosla

Dr. Harjot kaur Mann

Shelly Nanda



Mini Grewal

Ms.Sonia Devi

Raman Ghuman

Dr. Bindu Dogra

Manjit Sidhu

Dr.Jasleen Kaur

Komil Tyagi

Swatika Sharma

Disha Sharma

Pallvi

Dr. Neetu

Jyotsna

Sandeep Kaur

Dr. Preeti Gambhir

Dr.Savita Thapar

Dr. Mamta Ratti

Dr Akanksha

Nancy Sharma

Richa

Dr. Layeka bhatia

Reena Thakur

Minakshi Rana

Vandana Syal



Dr Pooja Sharma

Ruby Singh

Poonam Jain

Ramandeep kaur

Deepti Sharda

Suman Mahajan

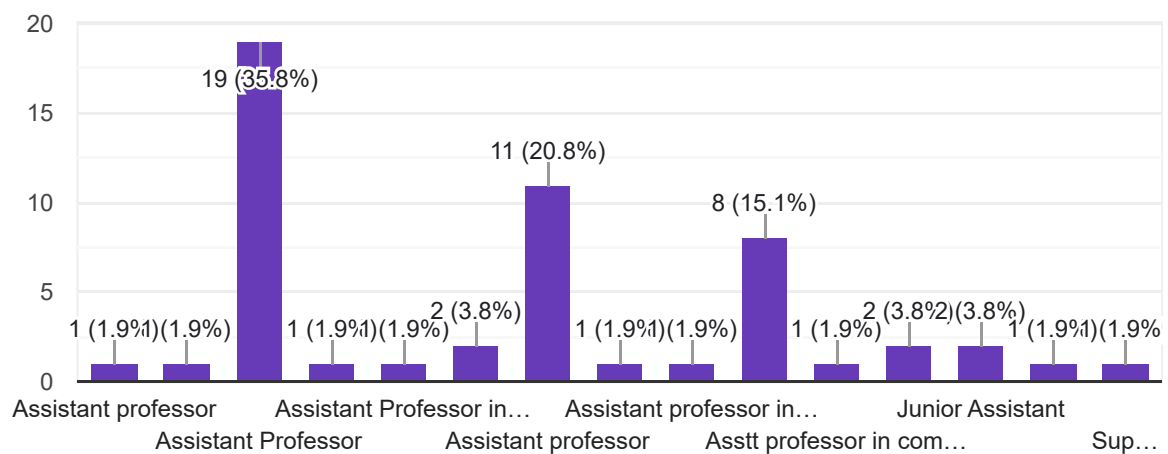
Vibha Sharma

Dr Bhavna Sood

Designation

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53 responses



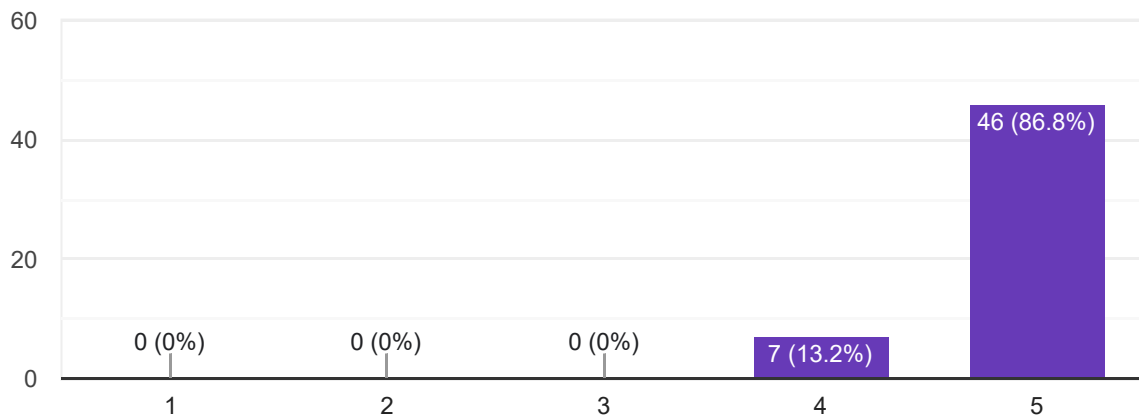
Section I Program Evaluation Attributes



1. The e-presenter/lecturer/trainer/facilitator(s) was/were knowledgeable.

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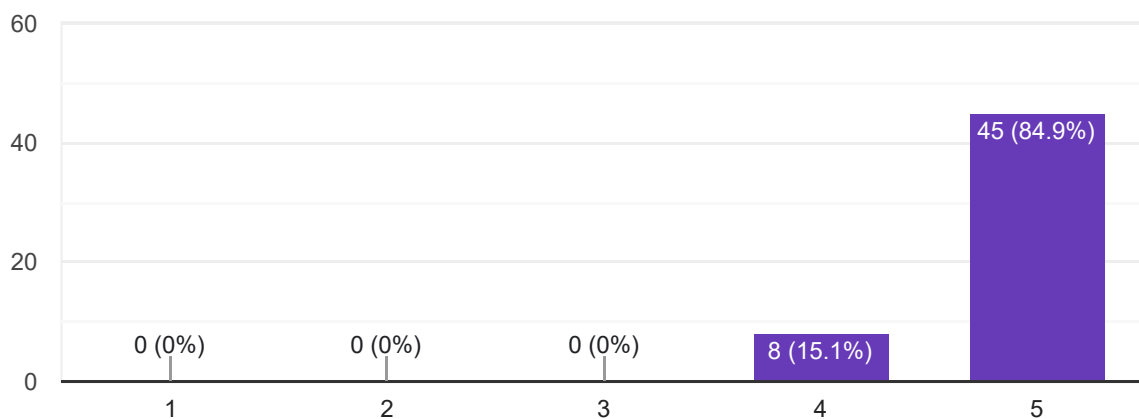
53 responses



2. The e-presenter/lecturer/trainer/facilitator(s) was/were well-prepared.

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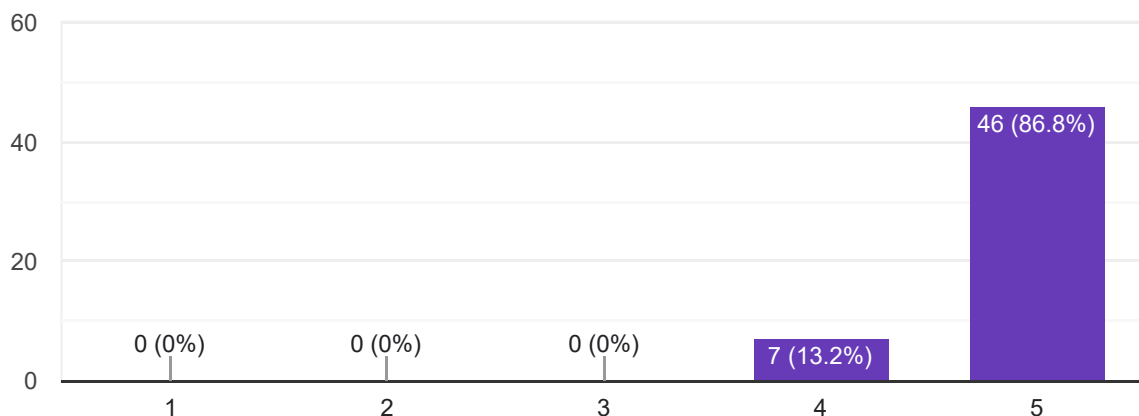
53 responses



3. The e-presenter/lecturer/trainer/facilitator(s) was/were helpful.

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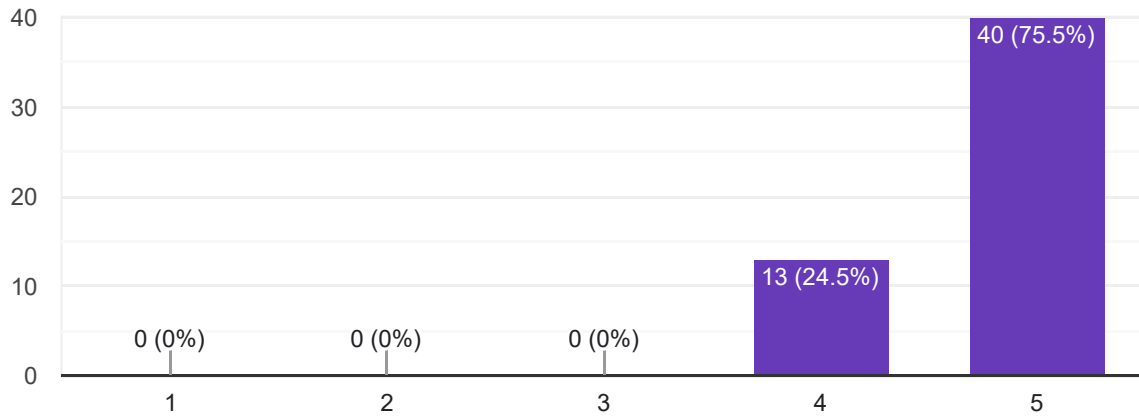


Project Evaluation Attributes

4. The e-content of the Webinar was useful.



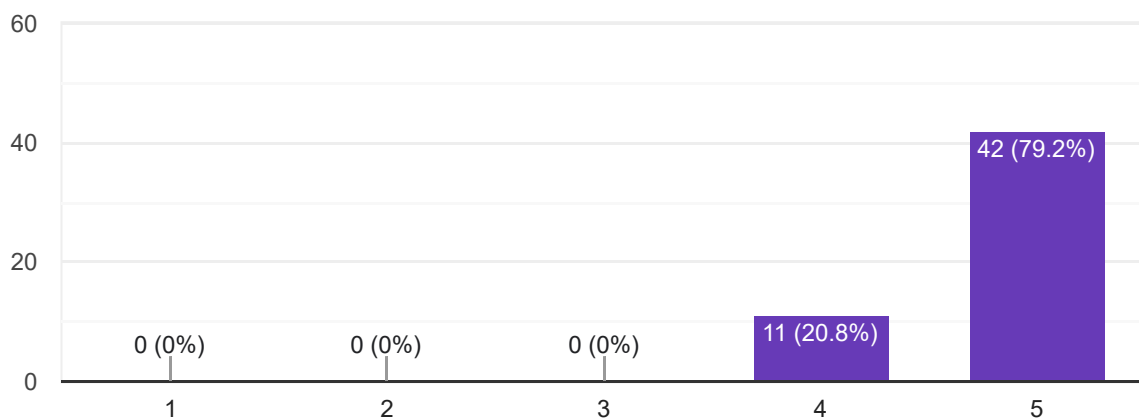
53 responses



5. The e-content of the Webinar was well-planned.



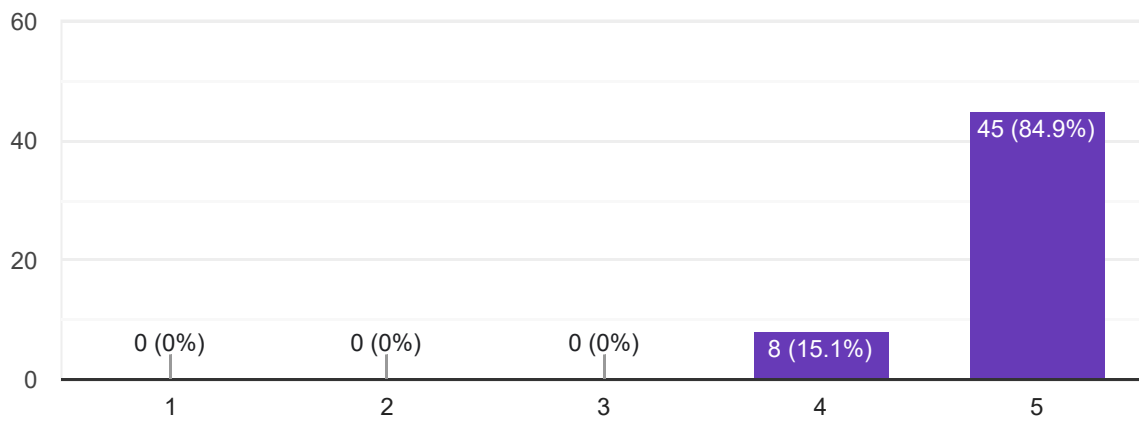
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6. The Webinar was effectively conducted.

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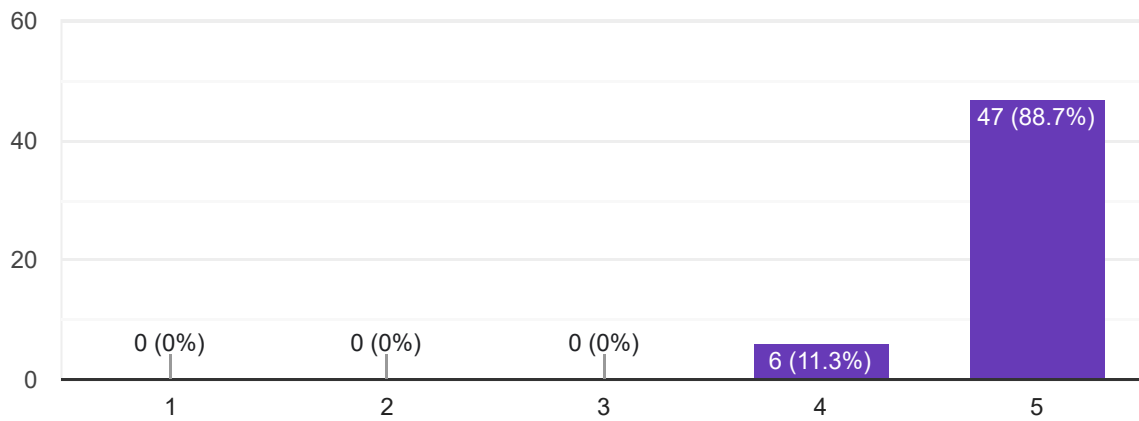
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7. The Resources/PPTs provided were relevant.

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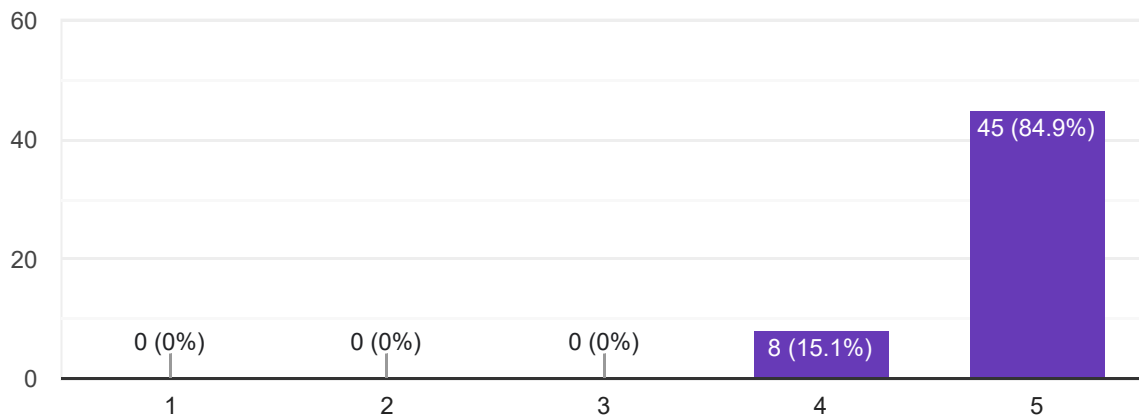
53 responses



8. The e-exercises/activities were useful.

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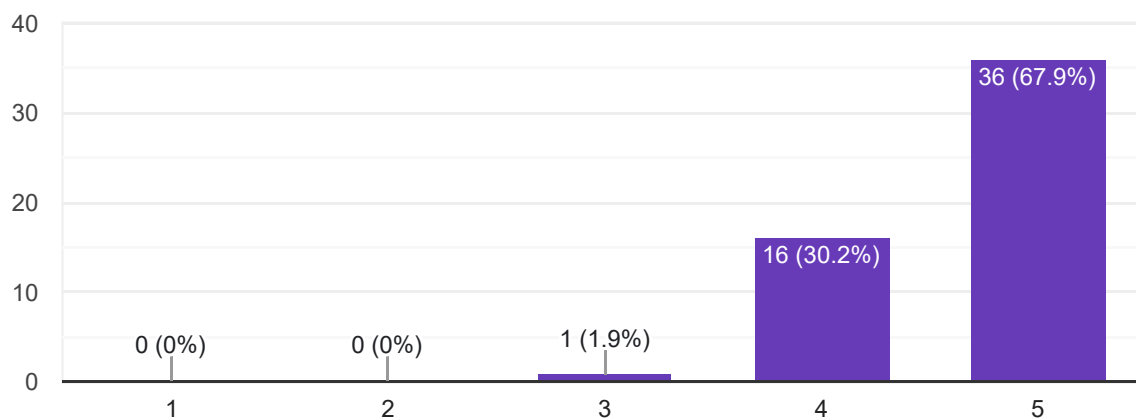
53 responses



9. The Webinar has improved my knowledge and skills.

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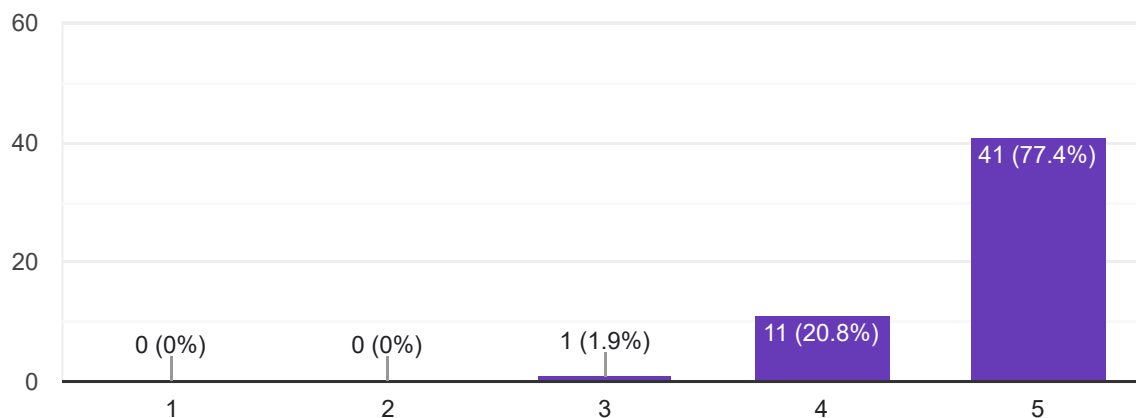
53 responses



10. The knowledge and skills I acquired from the Webinar are relevant.

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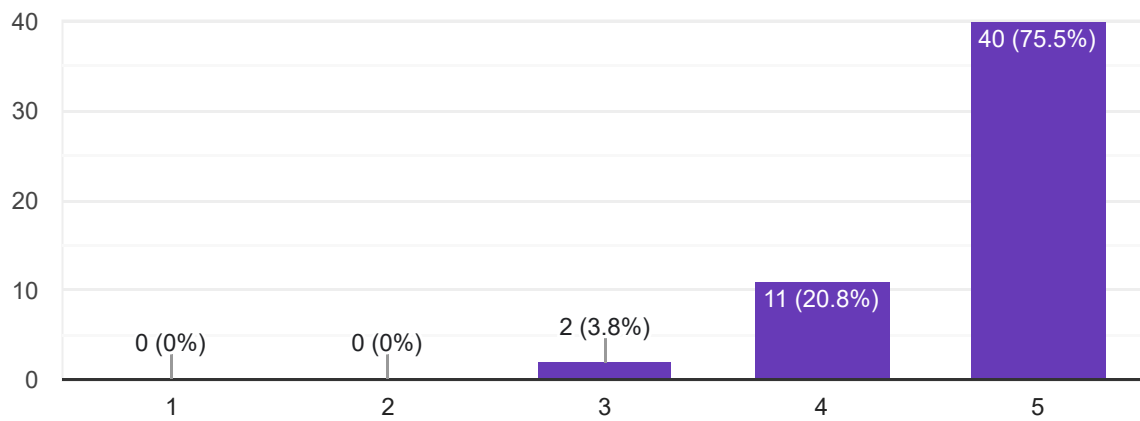
Section II Administrative



11. The duration of the Webinar was adequate

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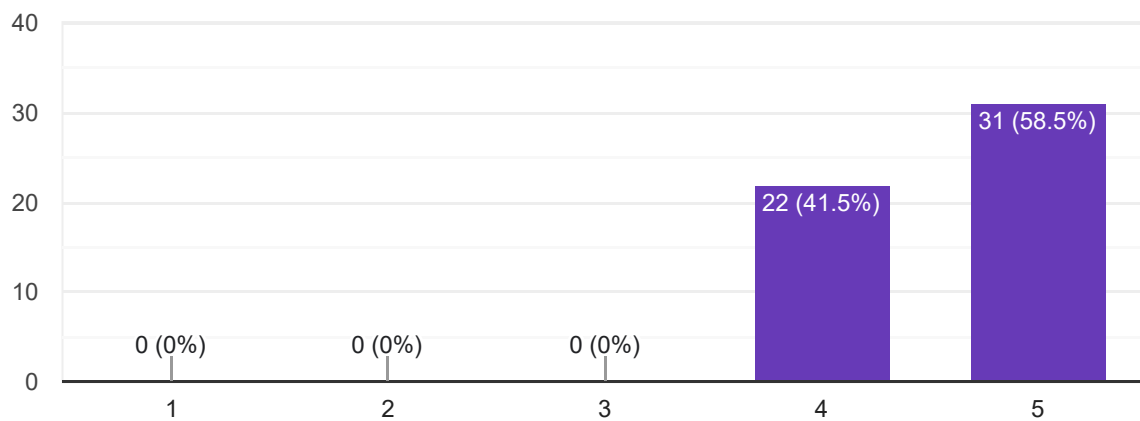
53 responses



12. The e-platform functioned satisfactorily

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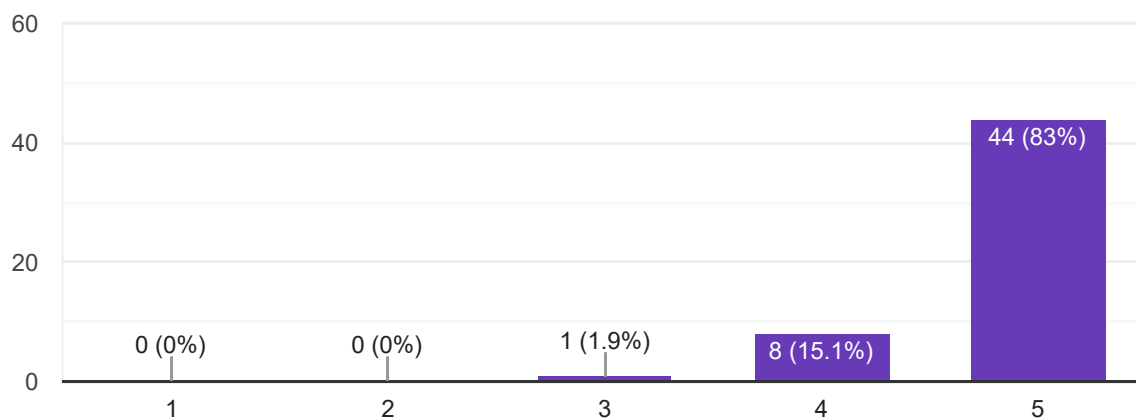
Section III Overall Assessment



14. I would recommend this Webinar to others.

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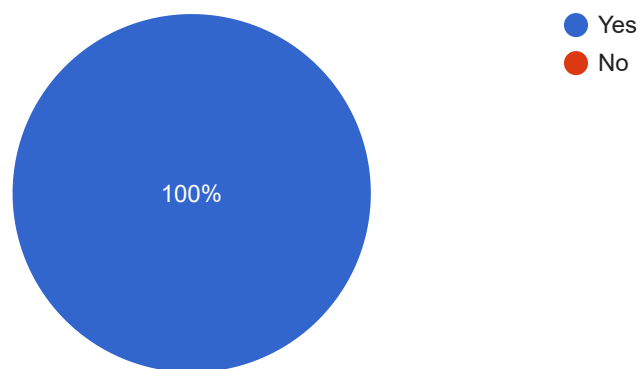
53 responses



Would you like to be informed of future such Webinars

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53 responses



Thanks for your kind cooperation



Additional Comments

Thank you for the wonderful webinar
Thankyou so much
It was wonderful, very useful and well organized
Thank you. Best wishes for your future endeavours
It was a perfect webinar which was actually a need of an hour.
The session conducted by Neha was very enriching and informative.
I thank Dr. Vibha Sharma for always giving the opportunity to join such informative lectures and giving personal attention to everyone. Stay safe n healthy dear Ma'am.I am learning from you.
An interactive session
The webinars on such relevant topics are very important during lockdown for giving inner strength and coping stress and anxiety
It was a wonderful experience
Highly informative and practical session was conducted by Neha.
Very well arranged. Keep it up.
The session was very gripping and useful and more importantly we were able hear each other and see eachother after a long time. Good to feel connected. Thanks
Great effort on the part of the organizing team...
The content of the webinar was very relevant , the activities covered in the webinar especially kept everyone connected to the speaker.The explanation by the speaker was very simple and effective. Overall it was a very enriching session.
Very well organized and systematically presented.
Wonderful session
This webinar brought positivity and awareness
Informative and fruitful, keep it up!
Well organised and very informative sessions
This webinar raised my happiness level that I am blessed with a number of good things.
Interesting
Please arrange it for elderly people, it will be very helpful for them as well
It was a very enriching session with upto mark and appropriate content, in the face of this pandemic. I congratulate the whole team.
Thanks to the team iqac for a wonderful session ☐
Sometime sometime network create an issue
Very informative and useful content in the present scenario
It was very useful for us in this present situation. It helped us for being stress free and be positive for

future time.
My kids also enjoyed all the exercises
Well done Neha. The webinar really helped me to come out of the corona stress.
Positivity attained
Dr. Neha is an excellent resource person and the webinar was very interactive
Personally i was looking for some more activities -that would have involved more thinking skills . Some more meditation activities could have been incorporated so that the audience try to develop a practice of it daily because this situation is going to take long and i think we need to have such sessions every month till the situation becomes normal. For our college staff we first need to test their mood and find out what's commonly affecting them and then plan accordingly. Thanks
Highly informative and practical session was conducted by Neha.

 Chief-Coordinator IQAC	 Principal
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