

उर्जा

OORJA

A SKILL DEVELOPMENT INITIATIVE



2022-23

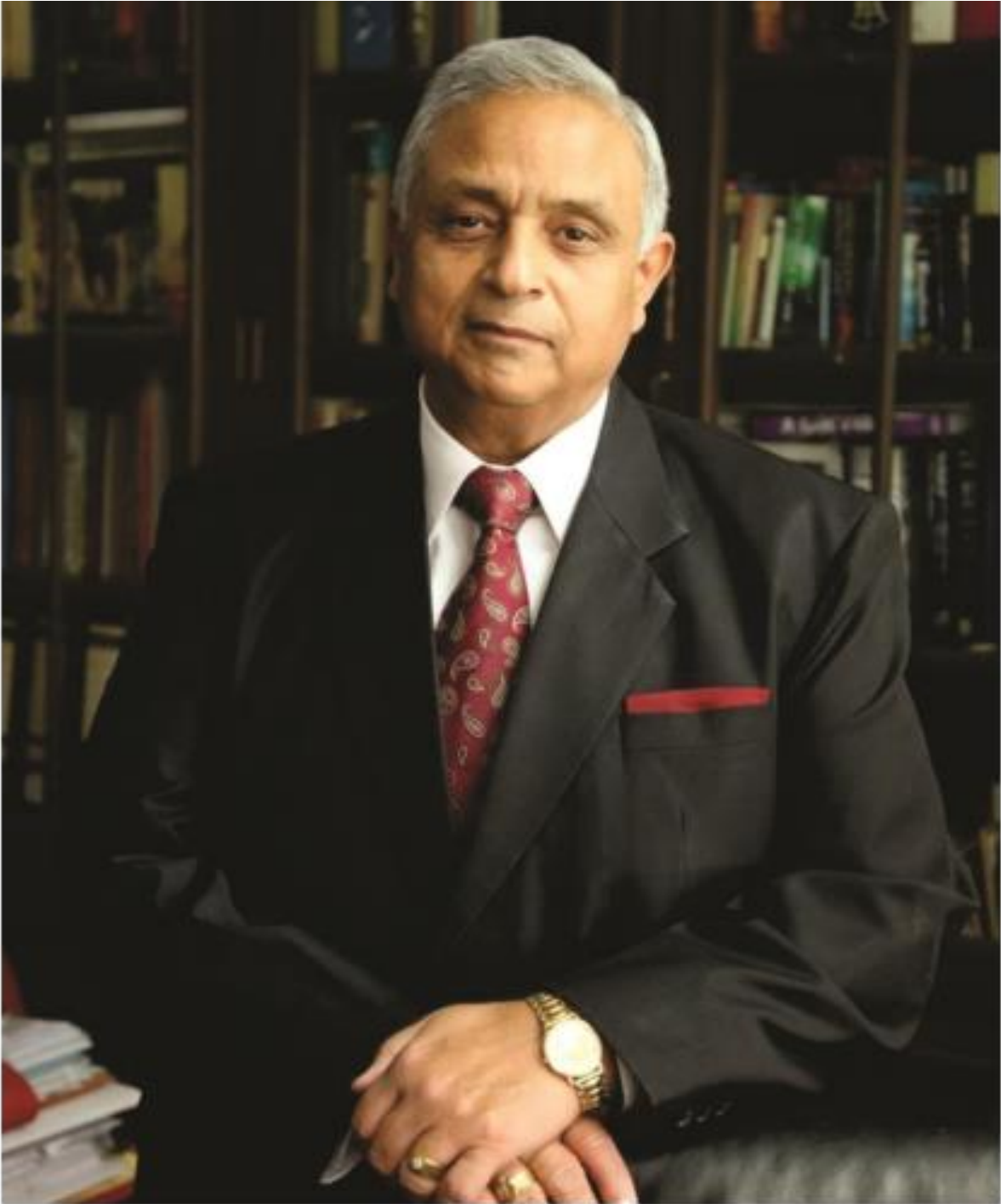
Mehr Chand Mahajan DAV College for Women
Sector-36, Chandigarh

Our Beacon of Light



MAHARISHI SWAMI DAYANAND SARASWATI

Our Guide and Mentor



*Dr. Punam Suri Ji, Padma Shree Awardee
Hon'ble President
DAV College Managing Committee
New Delhi*

Principal's Message

Our institution is committed to the holistic well-being of our students and honing their skills and talents is one of our major objectives. I feel happy that the unique initiatives of our skill development committee are consistently showing great results. The committee continues to innovatively plan various activities for enhancing skills in not only the fields of science and technology but also in the areas of humanities, social sciences, business management and commerce. The report generously showcases the creative genius of the skill development team led by Dr Gurvinder Kaur. I express my gratitude to her team for their consistent efforts towards empowering our girls with diverse skills. I express my deep sense of gratitude to our mentor Dr Punam Suri Ji, Padma Shree Awardee, our hon'ble president for being our guiding light, Shri H R Gandhar, Hon'ble Vice President and Senior Governing Body member for his guidance and motivation, Shri Shiv Raman Gaur, Hon'ble Director Higher Education for his motivation and support. May our Skill



development initiatives continue to broaden the horizons of our girls, may they continue to rise and shine!



Dr. Nisha Bhargava
Principal



Message from Chief Coordinator

It's a matter of great pride for India as it dons the mantle of G-20 Presidency in the year 2022-23 as also becomes the crucial force in declaration by UN of 2023 as the International Year of Millets.

The two milestones reiterate Government of India's emphasis on skilled India. The College takes pride in being a part of this phase of history being written for the generations to come. All the skill imparting workshops during the year aimed at giving theoretical as well as hands on training on various pertinent issues, thus exposing students to diverse possibilities not self-employment and jobs.

I am grateful to esteemed Principal, Dr. Nisha Bhargava for her able guidance, initiative and support for all the activities and events. I express my gratitude to incharges of various Departments and Committees/ Cells who organize these programs, and provide the relevant data and information. A heartfelt thanks to the report team of Skill Development Committee deserves for the meticulous and diligent efforts put in for compiling the report. On behalf of the report making team, I extend gratitude to the office staff for their cordial assistance.

Gurvinder Kaur

Dr. Gurvinder Kaur
Chief Coordinator
Skill Development Committee

Editor in Chief



Dr. Nisha Bhargava

Editor



Dr. Gurvinder Kaur

Editorial Team



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Dr. Ketaki Dwivedi



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Ms. Ruchika Singh



Dr. Minakshi Rana



Ms. Sunita Kumari

SKILL REPORT 2022-23

Presentation of research work by BSc. (MFT)-III year students in 5th International Conference on Advances in Agriculture Technology and Allied Sciences (ICAATAS- 2022) on June 4-5, 2022 (Hybrid mode) organized by the Society of Agriculture Research and Social Development, MS Swaminathan School of Agriculture, Centurion University of Technology and Management, Paralakhemundi, Odisha and Association of Rice Research Workers (ARRW), NRRI.

With the primary objective of enhancing the scientific skills of students and to promote awareness on crucial topic of Environment sustainability, a total of 24 students of BSc.(MFT)-III year along with three faculty members of the Department (Dr. Vandana Sharma, Dr. Sandeep Kaur and Dr. Kirti Singla) actively participated in the 5th International Conference on Advances in Agriculture Technology and Allied Sciences (ICAATAS- 2022) on June 4-5, 2022 (Hybrid mode) organized by the Society of Agriculture Research and Social Development, MS Swaminathan School of Agriculture, Centurion University of Technology and Management, Paralakhemundi, Odisha and Association of Rice Research Workers (ARRW), NRRI. All the students presented their undergraduate research work by giving oral presentation in the conference. The students presented their research projects done on various topics related to environmental conservation, waste management, water remediation, food preservation and safety, antibacterial effect of eucalyptus and bamboo extracts, novel food products etc. The topic wise team allocation is given below in table -1. The students were enthusiastic about the entire event and more such conferences will help them to get apprised about the newer ideas and technologies being discovered and worked upon as possible solutions towards environment remediation by exploring the potential of microbes and their by-products.



The poster for the 5th International Conference on Advances in Agriculture Technology and Allied Sciences (ICAATAS-2022) is displayed. It features logos of Centurion University, Malla Reddy University, and other partners at the top. The main title is "5th INTERNATIONAL CONFERENCE ON ADVANCES IN AGRICULTURE TECHNOLOGY AND ALLIED SCIENCES". Below this, it states the conference is jointly organized by the Society of Agriculture Research and Social Development & MS Swaminathan School of Agriculture, Centurion University of Technology and Management, Paralakhemundi, Gajapati, Odisha - 761211, India (Venue). The poster also lists publication partners including The Pharma Innovation Journal, International Journal of Entomology Research, and others. It provides important dates for registration, submission, and award nomination. A QR code is present for registration, and contact details for the conference organizers are listed. The bottom of the poster mentions "OUR PARTNERS" and a contingency plan for COVID-19.

ICAATAS 2022 on JUNE: 4-5, 2022
HYBRID MODE(OFFLINE / ONLINE)

JOINTLY ORGANIZED BY
SOCIETY OF AGRICULTURE RESEARCH AND SOCIAL DEVELOPMENT & MS SWAMINATHAN
SCHOOL OF AGRICULTURE, CENTURION UNIVERSITY OF TECHNOLOGY AND MANAGEMENT,
PARALAKHEMUNDI, GAJAPATI, ODISHA - 761211, INDIA (VENUE)

PUBLICATION PARTNERS
THE PHARMA INNOVATION JOURNAL- An International Journal with NAAS RATING 5.22, IMPACT FACTOR 5.88
International Journal of Entomology Research- Web of Science Indexed, IMPACT FACTOR 5.0
ORYZA: An International Journal On Rice, NAAS Rating: 5.03
Plant Science Today (Special Issue) Scopus Indexed Journal, (Q2)
Journal of Applied Biology & Biotechnology, Scopus & Web of Science Indexed
Vigyan Varsha, An International Magazine for Science Enthusiasts

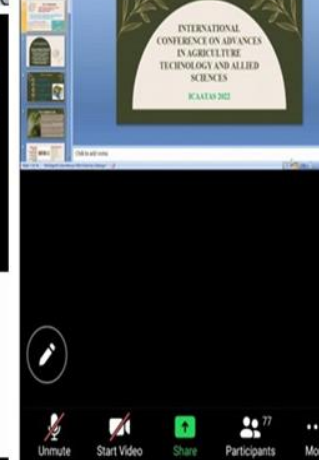
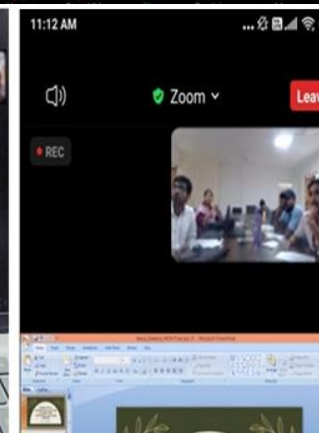
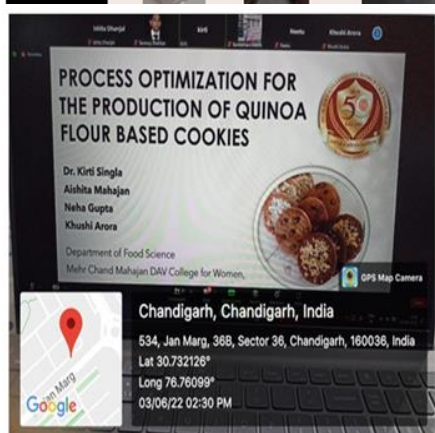
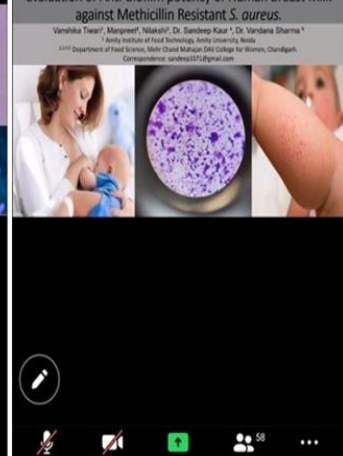
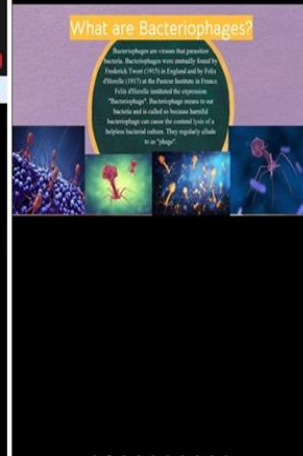
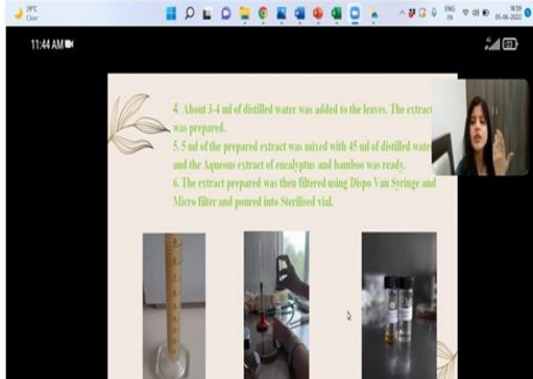
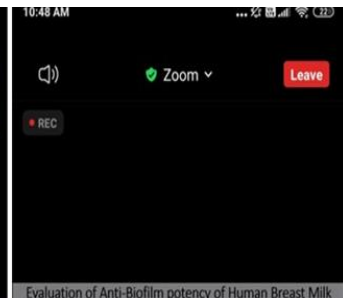
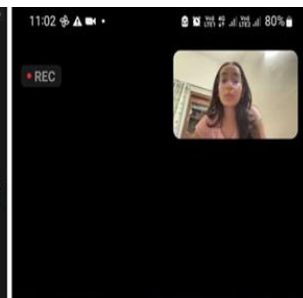
IMPORTANT DATES- LAST DATE FOR REGISTRATION 20TH MAY 2022, LAST DATE FOR ABSTRACT SUBMISSION- 20TH
MAY 2022, LAST DATE FOR BOOK CHAPTERS/ARTICLES PAPER SUBMISSION- 25TH MAY 2022, LAST
DATE FOR AWARD NOMINATION 28TH MAY

SCAN FOR REGISTRATION
<https://forms.gle/jfD5Rm3HF577Fc005>

CONTACT DETAILS-
MR. DUTTA BARIK (9056522842)
DR. ASHOK KUMAR MAHAPATRA (7008401263)
DR. MENJABEEN (8073970575)
MR. CHANDRASEKHAR SAHU (9918822306)
MR. DWITY SUNDAR ROY (977776085)

OUR PARTNERS
FUTUREX, Abhinava Krishi, Bioleed, Citations, Vigyan Varsha, SMART POST



IN CASE OF COVID 19 SITUATION, THE CONFERENCE WILL BE FULLY ONLINE MODE.



Basic Practical Chemistry: Fundamental Facts and Applications to Modern Life

PG Department of Chemistry, MCM DAV College for Women organized a skill based seminar on **Basic Practical Chemistry: Fundamental Facts and Applications to modern life** on 25th Aug, 22. The Resource persons of the event were **Mr. Sachin Kumar and Mr. Sahib Singh, co-founders RANCHO CHEMISTRY**, Sector 11-C, Chandigarh. A total of 109 students and 16 Faculties were participated in the seminar. The seminar covered some basic and interesting concepts from Inorganic, Organic and Physical Chemistry. In this seminar the experiments based on Tomato going red-less spectroscopy, Role of Chiral Centre in our life: Laevo and Dextro- Cetirizine, Kidnapping medicines: Chloroform, Branching Medicine Chemistry, Theory of hot and cold, Thermodynamics of burning balloon and hydrophobic world were shown to students. This seminar gave important insights to the students about hands on experiential learning about the basic theoretical concepts of chemistry. Principal Dr. Nisha Bhargava applauded the efforts of the department and emphasized that such seminars will inculcate the spirit of science and students will be more inclined towards the subject.







Mehr Chand Mahajan DAV College for Women
Sector 36-A, Chandigarh (U.T.)

Post Graduate Department of Chemistry
organizes **Skill-based activity on**
Basic Practical Chemistry:
Fundamental Facts and Applications to Modern Life

The workshop covers some basic and interesting concepts
from inorganic, organic and physical chemistry

*Experience the magic of Chemistry
and we promise to never Bore you!!*



Resource Persons:

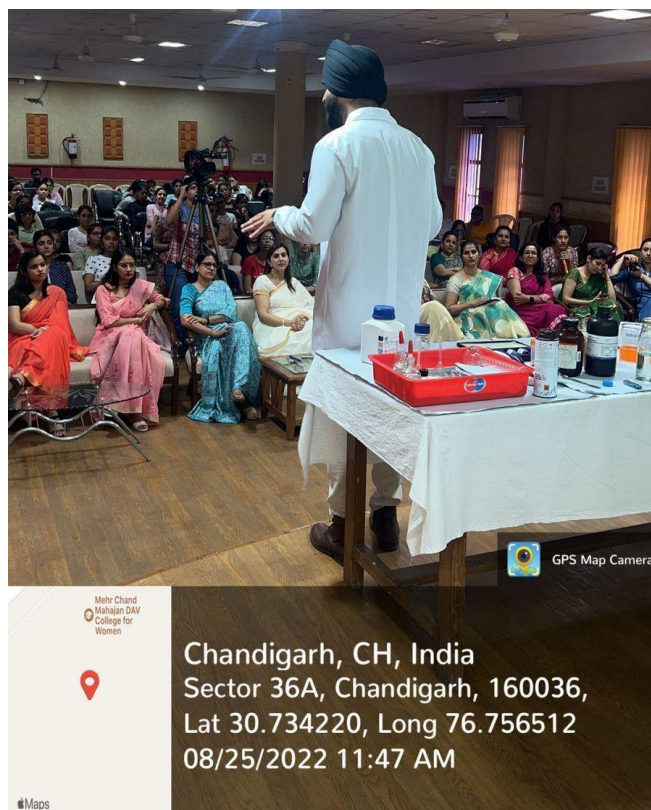
Mr Sahib Singh
Mr Sachin Kumar
Cofounders - Rancho Chemistry
Sec 11-C, Chandigarh (U.T.)

Date: 25 August 2022 | Time: 11:00 am | Venue: Multimedia Hall

Dr Rishu & Dr Aanchal Batra
Coordinators

Dr Shefali Dhiman
Co-convenor

Dr Nisha Bhargava
Convener & Principal



Chandigarh, CH, India
Sector 36A, Chandigarh, 160036,
Lat 30.734220, Long 76.756512
08/25/2022 11:47 AM

MCM holds workshop on practical Chemistry

August 29, 2022 03:23 PM



Principal Dr. Nisha Bhargava welcomes
Mr. Sachin Kumar & Mr. Sahib Singh

CHANDIGARH, 29.08.22-The Postgraduate Department of Chemistry at Mehr Chand Mahajan DAV College for Women, Chandigarh organised a skill based activity on 'Basic Practical Chemistry: Fundamental Facts and Applications to Modern Life'. The resource persons of the event were Mr. Sachin Kumar and Mr. Sahib Singh, Co-founders Rancho Chemistry, Chandigarh. The workshop covered certain basic and interesting concepts from Inorganic, Organic and Physical Chemistry. The

resource persons demonstrated experiments based on tomato going red-less spectroscopy, role of chiral centre in our life: Leavo and Dextro- Cetirizine, kidnapping medicine: chloroform, branching medicine chemistry, theory of hot and cold, thermodynamics of burning balloon and hydrophobic world. The workshop gave important insights to the students about the basic theoretical concepts of chemistry. A total of 125 students and faculty members participated in the workshop.

Principal Dr. Nisha Bhargava applauded the efforts of the department and emphasised that such workshops inculcate the spirit of science and students become more inclined towards the subject. She added that such workshops aid in expanding the horizons of students.

एमसीएम में व्यावहारिक रसायन विज्ञान पर कार्यशाला का आयोजन



एमसीएम कॉलेज फॉर वुमैन सेक्टर-36 में व्यावहारिक रसायन विज्ञान पर करवाई कार्यशाला में भाग लेते हुए सचिन कुमार, रश्मि, स्टूडेंट व विद्यार्थी।

चंडीगढ़, 29 अगस्त (राम सिंह बरह) : मेहर चंद महाजन डीएवी कॉलेज फॉर वुमैन, चंडीगढ़ में रसायन विज्ञान के स्नातकोत्तर विभाग ने 'बेसिक प्रैक्टिकल केमिस्ट्री: फंडामेंटल फैक्ट्स एंड एप्लीकेशन टु मॉडर्न लाइफ' पर एक कौशल आधारित गतिविधि का आयोजन किया। इस कार्यक्रम में रैचो केमिस्ट्री, चंडीगढ़ के सह-संस्थापक

सचिन कुमार और साहिब सिंह बतौर मुख्य वक्ता शामिल हुए। कार्यशाला में अकार्बनिक, कार्बनिक और भौतिक रसायन विज्ञान से कुछ बुनियादी और दिलचस्प अवधारणाओं को शामिल किया गया। संसाधन व्यक्तियों ने टमाटर गोडंग रेड-लेस स्पेक्ट्रोस्कोपी, छमरे जीवन में फ्लैट केंद्र को भूमिका: लोबो और डेक्सट्रो-स्टेरिजनि,



अपहरण को दवा: क्लोरोफॉर्म, गर्म और ठंडे का सिस्टम, जलते गुब्बारे के थर्मोडायनामिक्स और हाइड्रोफोबिक दुनिया आदि पर आधारित प्रयोगों का प्रदर्शन किया। कार्यशाला ने विद्यार्थियों को रसायन विज्ञान की बुनियादी सैद्धांतिक अवधारणाओं के बारे में महत्वपूर्ण जानकारी दी। कुल 125 विद्यार्थियों और संकाय सदस्यों ने कार्यशाला में

भाग लिया। प्राचार्या डॉ. निशा ने विभाग के प्रयासों की सराहना की और इस तथ्य पर जोर देते हुए कि इस तरह की कार्यशाला: विज्ञान की भावना पैदा होती। विद्यार्थियों में विश्वास के प्रति बढ़ावा है। उन्होंने यह भी कहा कि तरह की कार्यशालाएं विद्यार्थी शिक्षित का विस्तार करने में स

MCM holds workshop on practical Chemistry



CHANDIGARH, AUG 29


The Postgraduate Department of Chemistry at Mehr Chand Mahajan DAV College for Women, Chandigarh organised a skill based activity on 'Basic Practical Chemistry: Fundamental Facts and Applications to Modern Life'. The resource persons of the event were Mr. Sachin Kumar and Mr. Sahib Singh, Co-founders Rancho Chemistry, Chandigarh. The workshop covered certain basic and interesting concepts from Inorganic, Organic and Physical Chemistry.

The resource persons demonstrated experiments based on tomato going red-less spectroscopy, role of chiral centre in our life: Leavo and Dextro- Cetirizine, kidnapping medicine: chloroform, branching medicine chemistry, theory of hot and cold, thermodynamics of burning balloon and hydrophobic world. The workshop gave important insights to the students about the basic theoretical concepts of chemistry. A total of 125 students and faculty members participated in the workshop.

Hands on Skill development workshop on Electronic Equipments

Physics Department in collaboration with Skill Development Committee, Mehr Chand Mahajan DAV College for Women, Chandigarh organized a skill development workshop named "Hands on Skill development workshop on Electronic Equipments" on 29th August 2022.


The resource person for the workshop was Mr. Balwinder Singh Rawat, Managing Director, Lab Tech Equipments, Ambala. This workshop aims in imparting practical knowledge of various electronic components used in household appliances such as fan, bulbs, grinder, electronic irons etc. For this, students were given advanced knowledge about the uses of different components in such appliances followed by a practical session in which repairing of such devices was carried out by the students themselves. In the later

Mehr Chand Mahajan
DAV College for Women | 
Sector 36-A, Chandigarh (U.T.)

Department of Physics
in collaboration with
Skill Development Committee (SDC)
organizes
Hands on Skill Development Workshop on Electronic Equipments

Date: 29 August 2022
Time: 10:00 am
Venue: Physics Lab-I

Resource Person
Mr. Balwinder Rawat
Managing Director
Lab Tech Equipment, Ambala



*Interested students are required to pay Registration Fee: Rs 100.
*Certificates and refreshments will be provided to registered participants.

Dr. Swati Khatta & Dr. Pallavi Gupta Coordinators	Dr. Renu Bala Chief Coordinator & Head Department of Physics	Dr. Gurvinder Kaur Co-Convenor, SDC	Dr. Nisha Bhargava Convenor & Principal
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session, students practiced their practical knowledge imparted by the resource person by making a bridge rectifier. This will not only make them able to repair their household equipments but may also nurture their career as an electronic technician. More than 40 students enthusiastically participated in this program.



छात्राओं को इलेक्ट्रॉनिक उपकरणों की दी जानकारी

माई सिटी रिपोर्टर

चंडीगढ़। सेक्टर-36 स्थित एमसीएम डीएवी कॉलेज में कौशल विकास समिति के तत्वावधान में भौतिकी विभाग ने इलेक्ट्रॉनिक उपकरणों पर कौशल विकास कार्यशाला का आयोजन किया।

इसमें अंबाला स्थित लैब टेक उपकरण के प्रबंध निदेशक बलविंदर सिंह रावत बतौर

मुख्य वक्ता शामिल हुए। इसका उद्देश्य घरेलू उपकरणों पंखे, बल्ब, मिक्सर-ग्राइंडर, इलेक्ट्रॉनिक आयरन आदि में उपयोग किए जाने वाले विभिन्न इलेक्ट्रॉनिक घटकों का व्यावहारिक ज्ञान प्रदान करना था।

सत्र में उपकरणों को विद्यार्थियों की ओर से स्वयं ठीक करना सिखाया गया। प्रिंसिपल डॉ. निशा ने छात्रों को पेशेवर कौशल सीखने के लिए प्रेरित किया।



सेक्टर-36 स्थित एमसीएम में कार्यशाला में हिस्सा लेती छात्राएं। अमर उज्ज्वल



Chandigarh, Chandigarh, India
mcm dav , 36A, Sector 36, Chandigarh, 160036, India
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Long 76.75738°
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एमसीएम ने इलेक्ट्रॉनिक उपकरणों पर कौशल विकास कार्यशाला का आयोजन किया



चंडीगढ़, (आपका फैसला)। कॉलेज की कौशल विकास समिति के तत्वावधान में मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ के भौतिकी विभाग ने इलेक्ट्रॉनिक उपकरणों पर एक कौशल विकास कार्यशाला का आयोजन किया। कार्यशाला में अंबाला स्थित लैब टेक उपकरण के प्रबंध निदेशक बलविंदर सिंह रावत, बतौर मुख्य वक्ता शामिल हुए। कार्यशाला का उद्देश्य घरेलू उपकरणों जैसे पंखे, बल्ब, मिक्सर-ग्राइंडर, इलेक्ट्रॉनिक आयरन आदि में उपयोग किए जाने वाले विभिन्न इलेक्ट्रॉनिक घटकों का व्यावहारिक ज्ञान प्रदान करना था। प्रतिभागियों को ऐसे उपकरणों में विभिन्न घटकों के उपयोग के बारे में अवगत कराया गया, जिसके बाद

एक व्यावहारिक सत्र भी रखा गया जिसमें इस तरह के उपकरणों को विद्यार्थियों द्वारा स्वयं ठीक किया गया। बाद के सत्र में, विद्यार्थियों ने ब्रिज रेक्टिफायर बनाकर रिसोर्स पर्सन द्वारा दिए गए व्यावहारिक ज्ञान का अभ्यास किया। कार्यशाला में 40 से अधिक स्नातक विद्यार्थियों ने उत्साहपूर्वक भाग लिया। प्रिंसिपल डॉ. निशा भार्गव ने विद्यार्थियों को जीवन कौशल के साथ-साथ पेशेवर कौशल से लैस करने की इस पहल की सराहना की। उन्होंने कहा कि इस कार्यशाला के दौरान सीखे गए कौशल न केवल उन्हें अपने घरेलू उपकरणों की मरम्मत में आत्मनिर्भर बनाएंगे, बल्कि एक इलेक्ट्रॉनिक तकनीशियन के रूप में उनके करियर को भी दिशा देंगे।

Workshop on “Be a Designing Entrepreneur using Photoshop”

Department of Computer Science and Applications under the aegis of IIC 5.0 organized a 6 day skill-based offline workshop on “Be a Designing Entrepreneur using Photoshop” from 5 to 10 September 2022. The resource persons for the workshop were Ms. Nikita, Freelance Graphics Designer and alumna of the college and Master Saiansh Sharda, Graphics Designer and vlogger. 45 students and 5 faculties attended the workshop and learned various aspects of graphics designing using Photoshop. The participants learnt using basic and advanced tools of Photoshop, Image manipulation and enhancement. In the hands-on practical sessions, the participants created professional logos, brochures, advertisements, banners and book covers. The students appreciated the workshop as it enhanced their expertise in this most demanded skill and they recognized the professional aspects of this profession.

Principal Dr. Nisha Bhargava appreciated the efforts of the Department of Computer Science and Applications for organizing this workshop. She also appreciated the young resource persons for their skills and expertise.

Mehr Chand Mahajan DAV College for Women
Sector 36-A, Chandigarh (U.T.)
www.mcmandavcwchd.edu.in

Department of Computer Science and Applications
Under the aegis of
Institute's Innovation Council (IIC 5.0)
organizes
6-day Skill Development Workshop
Be a Designing Entrepreneur using Photoshop
5 to 10 September 2022
Resource Person: Ms. Nikita, Freelance Designer and Alumna, DCSA

Learning goals

- Introduction to Designing and Photoshop
- Elements of design in photoshop
- Basic selection tools of photoshop
- Advanced selection tools of photoshop
- Image manipulation & enhancement
- Designing logo, brochure, advertisement, banner and book cover

- Venue: Computer Lab 3 | Time :1:15 pm to 3:15 pm
- Registration fee for workshop is Rs.100 and last date for registration is 2 September 2022. Registration link is <https://forms.gle/B1fqf3LQqjhbfg4L6>
- Certificates will be given after successful completion of the course.
- Seats are Limited. It will be purely on First Come First Serve Basis.

Ms. Deepti Sharda
Ms. Punam
Dr. Ritika Bansal
Coordinators

Dr. Indu Arora, Vice President, IIC@MCM
Ms. Vandana Syal
Co-Conveners

Dr. Nisha Bhargava
Convener, President (IIC@MCM) & Principal



Dharohar

The Postgraduate Department of Hindi celebrated Hindi Diwas with 'Dharohar' on September 14, 2022, honoring the adoption of Hindi as India's official language by the Constituent Assembly in 1949. The event featured literary figure Sh. Rajkumar Rakesh as Chief Guest, who discussed Hindi's impact on personal growth and national development. A cultural program followed, featuring dances, songs, and a Hindi quiz, and certificates were awarded to participants. Principal Dr Nisha Bhargava commended the department for promoting the importance of Hindi and preserving India's linguistic heritage, reciting a self-composed poem to mark the occasion. 40 participants attended the event.



चेताया है कि लोगों को जान स खिलवाड़ मंजूर नहीं.

एमसीएम में धरोहर कार्यक्रम के आयोजन के साथ हिंदी दिवस मनाया



विज चंडीगढ़, मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ में हिंदी के स्नातकोत्तर विभाग ने 14 सितंबर, 1949 को संविधान सभा द्वारा हिंदी को आधिकारिक भाषा के रूप में अपनाने के लिए एक कार्यक्रम धरोहर के साथ हिंदी दिवस मनाया। प्रसिद्ध साहित्यकार श्री राजकुमार राकेश इस अवसर पर मुख्य अतिथि एवं वक्ता के रूप में उपस्थित रहे इस अवसर पर आदर्श प्रकाशन के संपादक श्री देश निर्मोही भी मौजूद थे। राजकुमार ने हिंदी भाषा की उत्पत्ति और उसके विकास पर चर्चा करते हुए राष्ट्र के विकास में हिंदी का योगदान विषय पर अपनी बात शुरू की। उन्होंने कहा कि हिंदी जुड़ाव और अपनेपन की भावना को बढ़ावा देने के अलावा, मनुष्य की आंतरिक और बौद्धिक शक्ति विकसित करके और उनमें सहानुभूति का भाव उत्पन्न करके बेहतर प्राणियों में बदल देती है। भाषण के बाद एक सांस्कृतिक कार्यक्रम हुआ जिसमें नाट्य और हरियाणवी नृत्य प्रदर्शन, लोक गीत प्रस्तुतीकरण, दोहा अंताक्षरी और हिंदी पर प्रश्नोत्तरी शामिल थे। समारोह में विद्यार्थियों की उत्साहजनक भागीदारी देखी गई। विभिन्न आयोजनों के प्रतिभागियों को गणमान्य व्यक्तियों द्वारा प्रमाण पत्र प्रदान किए गए। प्राचार्या डॉ. निशा भार्गव ने विद्यार्थियों को हमारे जीवन में हिंदी के महत्व के बारे में जागरूक करने के लिए हिंदी विभाग की इस पहल की सराहना की। उन्होंने कहा कि हम भारतीयों के लिए यह बहुत गर्व की बात है कि विदेशों में अब भारतीय भाषाओं और साहित्य की महानता की पहचान हो रही है, हमें भी अपनी भाषा के उत्थान और समृद्ध भाषाई विरासत को संरक्षित करने की दिशा में कार्य करने की ज़रूरत है। डॉ. भार्गव ने स्वरचित कविता कृष्ण और अर्जुन का पाठ भी किया।

एमसीएम में धरोहर कार्यक्रम के आयोजन के साथ हिंदी दिवस मनाया

चंडीगढ़ स्टेट समाचार

मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ में हिंदी के स्नातकोत्तर विभाग ने 14 सितंबर, 1949 को संविधान सभा द्वारा हिंदी को आधिकारिक भाषा के रूप में अपनाने के लिए एक कार्यक्रम धरोहर के साथ हिंदी दिवस मनाया। प्रसिद्ध साहित्यकार श्री राजकुमार राकेश इस अवसर पर मुख्य अतिथि एवं वक्ता के रूप में उपस्थित रहे इस अवसर पर आदर्श प्रकाशन के संपादक श्री देश निर्मोही भी मौजूद थे। राजकुमार ने हिंदी भाषा की उत्पत्ति और उसके विकास पर चर्चा करते हुए राष्ट्र के विकास में हिंदी का योगदान विषय पर अपनी बात शुरू की। उन्होंने कहा कि हिंदी जुड़ाव और अपनेपन की भावना को बढ़ावा देने के अलावा, मनुष्य की आंतरिक और बौद्धिक शक्ति विकसित करके और उनमें सहानुभूति का भाव उत्पन्न करके बेहतर प्राणियों में बदल देती है। भाषण के बाद एक सांस्कृतिक कार्यक्रम हुआ जिसमें नाट्य और हरियाणवी नृत्य प्रदर्शन, लोक गीत प्रस्तुतीकरण, दोहा अंताक्षरी और हिंदी पर प्रश्नोत्तरी शामिल थे। समारोह में विद्यार्थियों की उत्साहजनक भागीदारी देखी गई। विभिन्न आयोजनों के प्रतिभागियों को गणमान्य व्यक्तियों द्वारा प्रमाण पत्र प्रदान किए गए। प्राचार्या डॉ. निशा भार्गव ने विद्यार्थियों को हमारे जीवन में हिंदी के महत्व के बारे में जागरूक करने के लिए हिंदी विभाग की इस पहल की सराहना की। उन्होंने कहा कि हम भारतीयों के लिए यह बहुत गर्व की बात है कि विदेशों में अब भारतीय भाषाओं और साहित्य की महानता की पहचान हो रही है, हमें भी अपनी भाषा के उत्थान और समृद्ध भाषाई विरासत को संरक्षित करने की दिशा में कार्य करने की ज़रूरत है।

सहानुभूति का भाव उत्पन्न करके बेहतर प्राणियों में बदल देती है। भाषण के बाद एक सांस्कृतिक कार्यक्रम हुआ जिसमें नाट्य और हरियाणवी नृत्य प्रदर्शन, लोक गीत प्रस्तुतीकरण, दोहा अंताक्षरी और हिंदी पर प्रश्नोत्तरी शामिल थे। समारोह में विद्यार्थियों की उत्साहजनक भागीदारी देखी गई। विभिन्न आयोजनों के प्रतिभागियों को गणमान्य व्यक्तियों द्वारा प्रमाण पत्र प्रदान किए गए। प्राचार्या डॉ. निशा भार्गव ने विद्यार्थियों को हमारे जीवन में हिंदी के महत्व के बारे में जागरूक करने के लिए हिंदी विभाग की इस पहल की सराहना की। उन्होंने कहा कि हम भारतीयों के लिए यह बहुत गर्व की बात है कि विदेशों में अब भारतीय भाषाओं और साहित्य की महानता की पहचान हो रही है, हमें भी अपनी भाषा के उत्थान और समृद्ध भाषाई विरासत को संरक्षित करने की दिशा में कार्य करने की ज़रूरत है।



An inter college competition on the theme “मेरे सपनों का भारत”

To mark celebration of International day of Peace, the Character Building Committee of the college organized an inter college competition on the theme **मेरे सपनों का भारत** on 15th September, 2022. The participants were required to make a PowerPoint presentation showing an issue impacting peace and progress of the nation with recommended plan of action to resolve the problem. The event witnessed enthusiastic response from the students across the city. The participants highlighted some of the grave concerns impacting peace and well-being of citizens. The issues that were emphasized on include Violence against women and Gender Sensitization as an effective solution to curb the menace, Unemployment as reflected in overqualified candidates applying for under-qualified jobs and emphasis on improvement of the quality of education to tackle the issue. Furthermore, border disputes, cyber-crime and plastic pollution with an emerging need for ecosystem restoration, and their hampering the peace and prosperity of the nation were discussed. Child abuse and mental well-being of the would-be parents and training for effective parenting were other innovative issues that were deliberated. Also, the Impact of superstitions on

the country's progress and the expedient solutions focusing on the generation of awareness in the societal realm was also a major show of the event.

These innovative issues brought into limelight by young minds can form the grounds for propelling the future course of action that would involve the three pillars of the society that include the government, civil society and non-government agencies including the masses as the major stakeholders. A total number of 32 students across the city participated in the activity and led this activity to a huge success.

RESULTS:

1st prize: (4000/-)

Ashmeet (Bsc 2)

Mehr Chand Mahajan DAV College for Women,
Chandigarh

2nd Prize: (3000/-)

Riya (BA 3)

Post Graduate Girls College - 42, Chandigarh

3rd Prize: (2000/-)

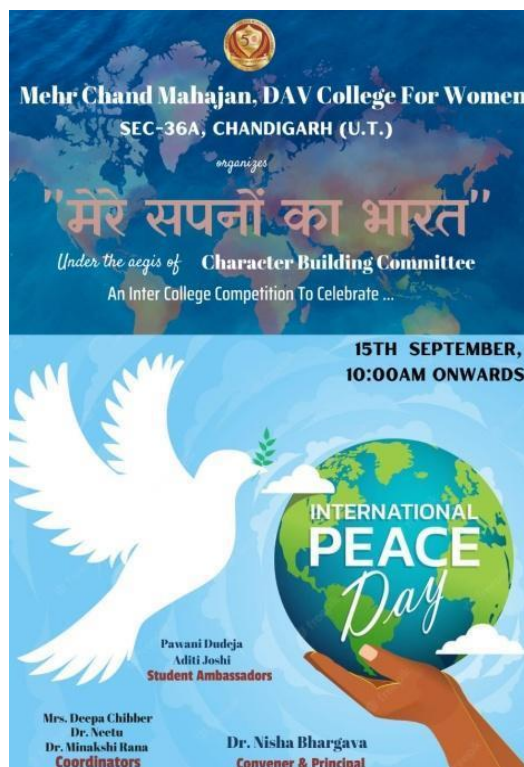
Neeruj Sagwal (BA 3)

Mehr Chand Mahajan College for Women,
Chandigarh

Consolation Prize:

Shobhna (BA 2)

Niharika Chaudhary (BA 2)





Kala-utsav

To inculcate the skill of using waste material and encouraging sustainability practices by using unserviceable cutlery, broken crockery, twigs and dry leaves collected from College premises, a workshop was organized by department of Home Science on 21st September to 23rd September, 2022. A total number of 37 students participated.

The waste material lying in the Home Science labs and campus garden like twigs, dried leaves, flowers broken cutlery, blunt scissors, knives, broken trays, pans etc were used artistically to make mix media wall hangings. Students also tried their

skills to make fridge magnets of different shapes and sizes. Principal DrNisha Bhargava appreciated the initiative of the department and encouraged the students by awarding the certificates sponsored by Fevicryl.





Department of Home Science
Mehr Chand Mahajan DAV College for Women,
Sector 36-A, Chandigarh
in collaboration with Fevicryl (Pidilite Industries)
is organizing
A-three day Workshop- कलाUtsav -2022

Convenor & Principal
Dr. Nisha Bhargava

Co- convenor
Ms. Jyotsna

Coordinators
Dr. Harjot Kaur Mann
Ms. Rati Arora
Ms. Darpanjot Kaur

(Inculcating Artistry)
&
A step towards Sustainability

Dates- 21.09.2022-23.09.2022
Time- 10.00 am to 1.00 pm
Venue- Clothing & textiles lab

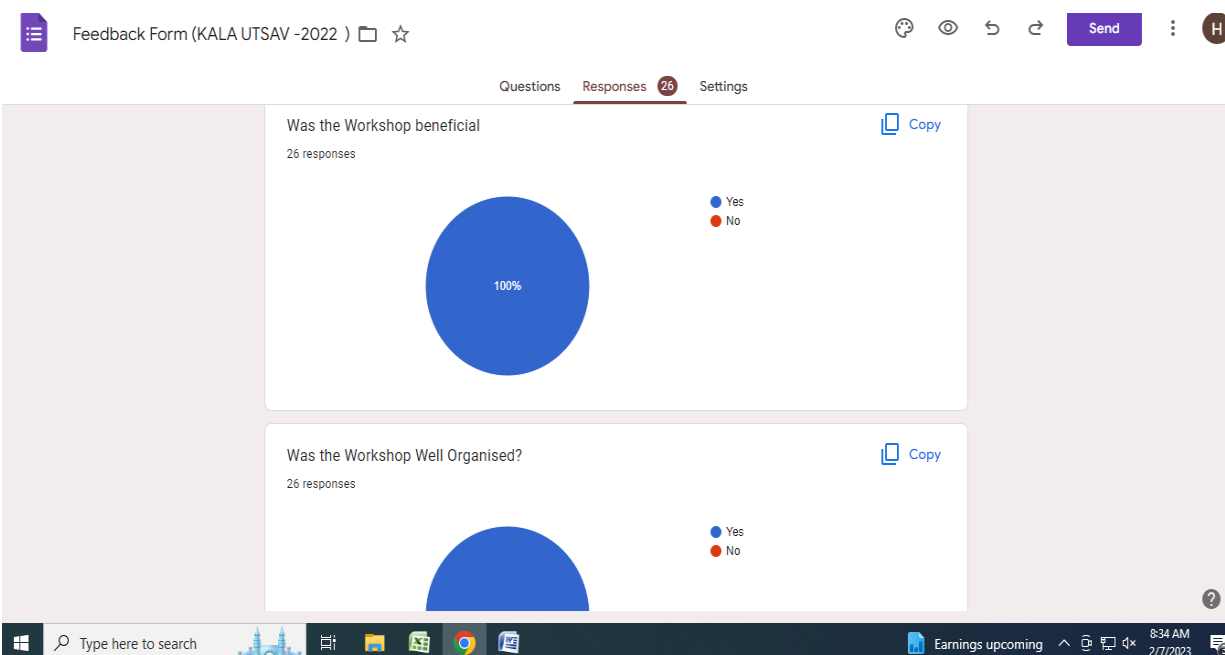
एमसीएम ने कला उत्सव का किया आयोजन



फास्ट मीडिया, अमृत्या चंडीगढ़। विद्यार्थियों में स्थायी प्रथाओं को प्रोत्साहित करते हुए कलात्मक कौशल विकसित करने के उद्देश्य से, मेहर चंद महाजन डीएवी कॉलेज फॉर विमेन, चंडीगढ़ में गृह विज्ञान विभाग ने 3 दिवसीय कार्यशाला "कला उत्सव" का आयोजन किया। फेविक्रिल (पिडिलिट इंडस्ट्रीज) के सहयोग से आयोजित इस कार्यशाला का

संचालन फेविक्रिल की कलाकार सुश्री संतोष वर्मा ने किया। गृह विज्ञान प्रयोगशालाओं और परिसर के अंगीचे में टूटी टर्नियां, सूखे पत्ते, फूल, टूटी हुई कटलरी, कुंद कैची, चाकू, टूटी हुई टे, आदि जैसी अपशिष्ट सामग्री का उपयोग कलात्मक रूप से मिक्स मीडिया वॉल हैंगिंग बनाने के लिए किया गया था। वर्कशॉप के दौरान स्टूडेंट्स ने क्रिज मैग्नेट बनाने का

हुनर भी सीखा। प्रतिभागियों को फेविक्रिल द्वारा प्रमाण पत्र प्रदान किए गए। प्राचार्या डॉ. निशा भार्गव ने विद्यार्थियों को लाभान्वित करने के लिए कौशल से लैस करने हेतु गृह विज्ञान विभाग के प्रयासों की सराहना की। उन्होंने कहा कि इस तरह के कौशल विकास कार्यक्रम समय की आवश्यकता है। इनके माध्यम से विद्यार्थियों की रोजगार क्षमता बढ़ाने में मदद मिलती है।



Educational Trip

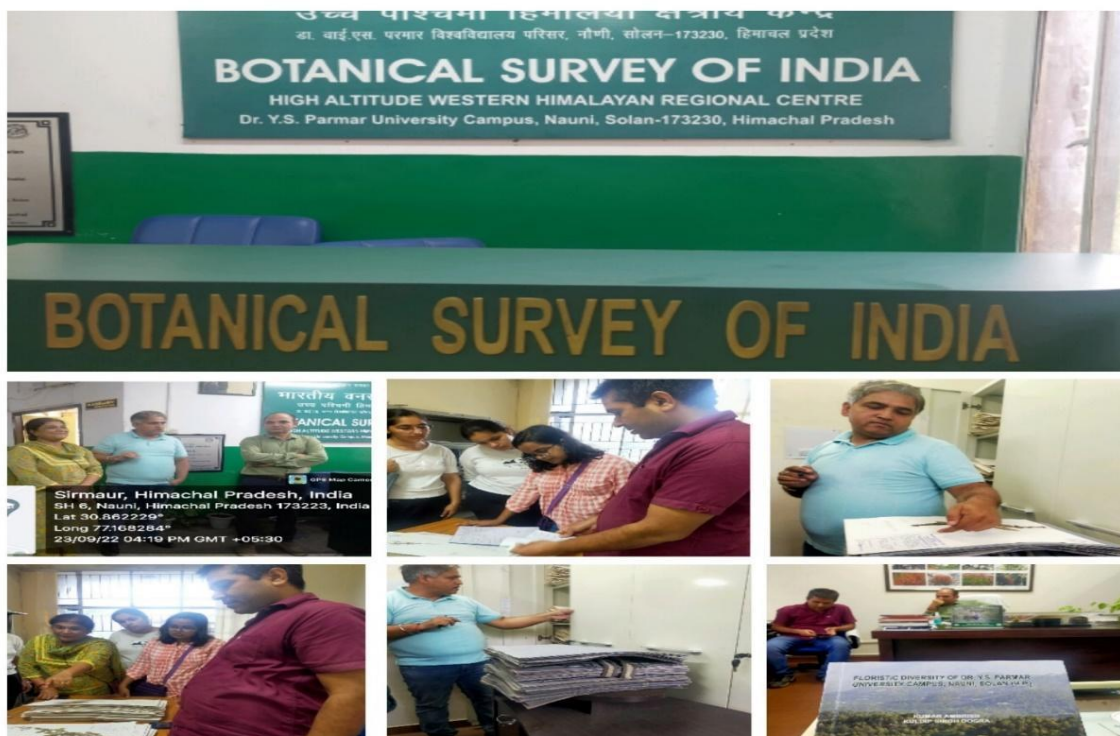
A one-day educational trip was organized on 23 September 2022 to the “Dr. Yashwant Singh Parmar University of Horticulture and Forestry, Nauni, Solan” by the Department of Botany and Add on Course in Floriculture and Landscaping, Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh, under the aegis of Vigyan Manch. The field trip was sponsored by DST and was attended by 34 students of Botany and Add on course in Floriculture and Landscaping along with two faculty members; Dr. Gunjan Sud and Ms. Parool Kaushik and the Lab Assistant-Mr. Prakash Chand. The trip provided an opportunity to the students to learn about different aspects related to plant research, conservation, display, education and entrepreneurship. A group of eminent scientists both from the university as well as BSI provided an insight of the university starting from experimental field areas to labs and the herbarium of BSI. The educational trip commenced with the visit to the experimental farms of Department of Floriculture and Landscape Architecture under the guidance of Dr. Reshma Negi where the team was introduced to varieties of indoor and outdoor plants and illustrated their propagation techniques. During the visit to the experimental farm section of Medicinal and Aromatic Plants, maintained by the Department of Forest Products, Dr. Sunil Marpha briefed about the role of forestry in agriculture and also apprised students about medicinal wealth of Himalayan region. Various stages of mushroom cultivation viz. composting, spawning, casing, pinning, and cropping under controlled conditions were observed

in the Mushroom Research Laboratory as well as technology used in soilless cultivation of vegetables such as Lettuce through hydroponics. Dr. Bharti Kashyap from the Department of Floriculture and Landscape Architecture, College of Horticulture gave us an insight of her Floral craft laboratory. She explained the technology and techniques for dehydration and value addition (included bleaching and dyeing) of crops utilized in dry flower making (cultivated ornamentals, agricultural crops/ residues and native flora) and how different value-added products were prepared. In the Department of Forest Products under the College of Forestry, The H.O.D, Dr. Meenu Sood, along with Dr. Reena Sharma and Mrs Chitra Bharadwaj gave a brief presentation about Research activities of the institute, showed the herbarium cum museum and focused on important technologies and techniques being used in laboratories. The tour concluded with the visit to the High Altitude Western Himalayan Regional Centre of the Botanical Survey of India (Ministry of Environment, Forest & Climate Change, Govt. of India). Dr. Kumar Ambrish, Scientist-E and In-charge gave a brief introduction about the centre and its role. The students were then taken to the herbarium section where Dr. Kuldip S. Dogra Scientist-D along with Botanical Assistant Brijesh Meena explained about the relevance of the herbaria and live demonstration of the methodology involved.





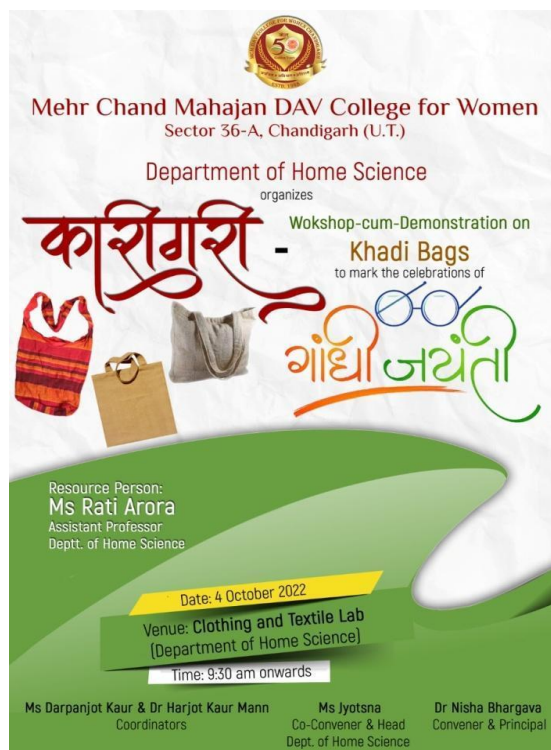




Kaarigari- A workshop cum demonstration on Khadi bags

To mark the celebration of Gandhi Jayanti, a workshop cum demonstration on Khadi bags was organized on 4th October 2022 in collaboration with Character Building Committee of the college. A total of 19 students participated. The students were made aware and were encouraged to use khadi clothes. The sustainable practice inculcated use of Eco-friendly cloth instead of plastic ones.

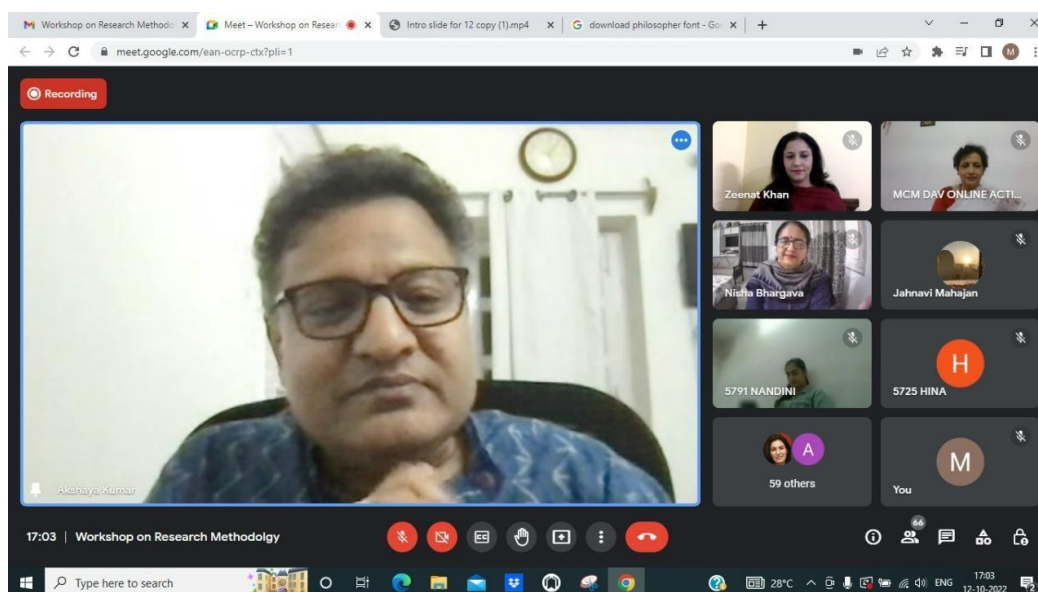
The resource person demonstrated the cutting and stitching of bag using khadi fabric. Different techniques of ornamentation were explained. Each student designed and stitched a bag. Prepared bags were displayed.





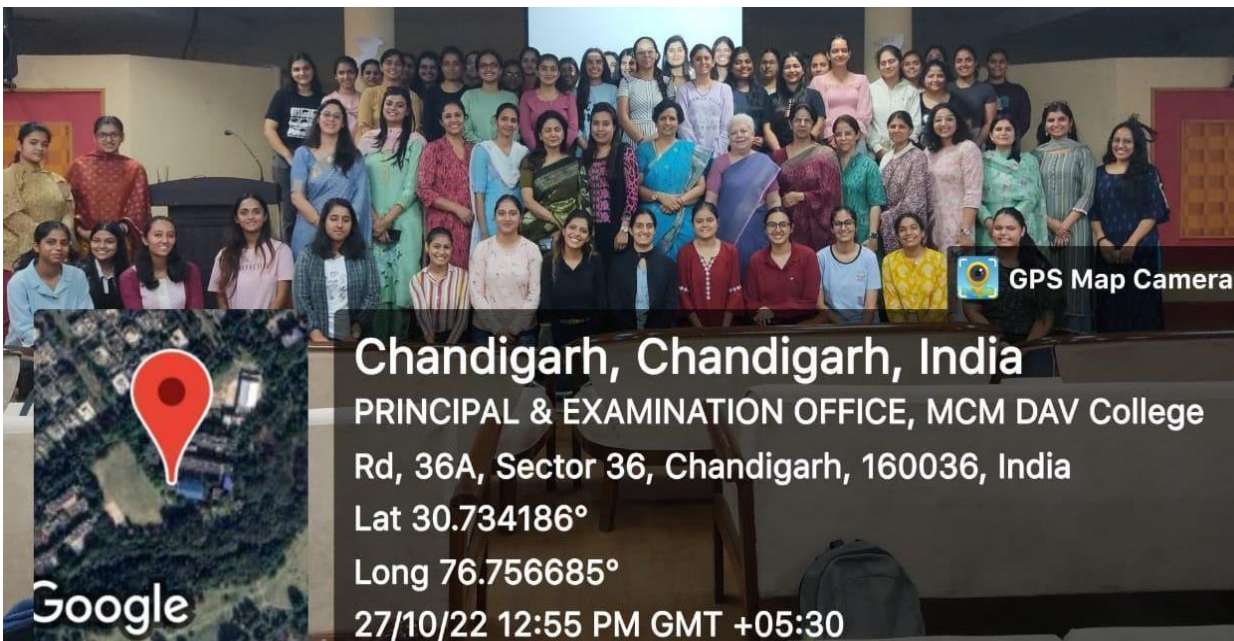
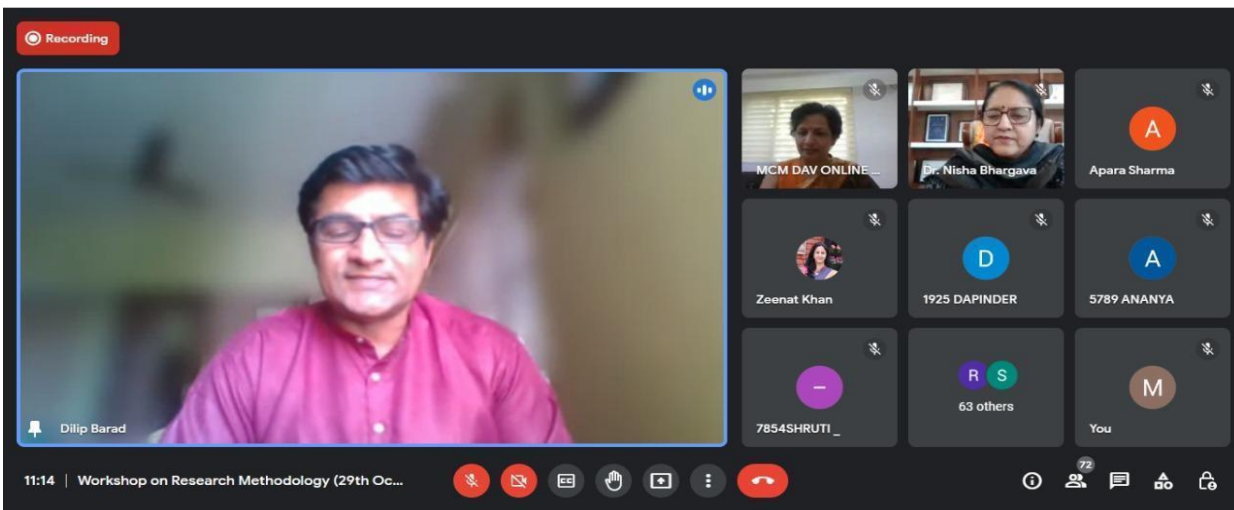
Workshop on Research Methodology

The Postgraduate Department of English in association with the MGNRCE (VENTEL Plan) organized a 'Workshop on Research Methodology' (October 2022) in blended mode to reinforce research aptitude among the students in view of NEP-2020. The workshop on Research Methodology was a comprehensive and informative event for research scholars, students, and participants interested in academic scholarship. The inaugural lecture by Prof Akshaya Kumar held on October 12, 2022 introduced the latest and emerging trends in research, emphasizing the importance of original, experimental, and systematic research. The subsequent sessions included talks on Open Educational Resources and Research, the Structure of Dissertation, Research Ethics, and References and Bibliography. Dr. Neeraj Kumar Singh in the next session, conducted on October 14, 2022, enumerated the challenges faced by young researchers in accessing and utilizing open educational resources, demystifying popular perceptions regarding copyrights and Creative Commons License. Dr. Meenu Gupta, an Associate Professor in the Department of English and Cultural Studies, in the next session held on October 15, 2022 apprised the students with the technical aspects of writing a dissertation for postgraduate students, providing detailed insights into various parts of the dissertation. Prof Deepti Gupta conducted a stimulating workshop on Research Ethics on October 27, 2022 highlighting the problems of plagiarism and giving hands-on training to the budding researchers on ethical practices. Prof Aneel Kumar Raina, in the session held on October 28, 2022, explained the process of writing References and Bibliography, providing detailed insights into citing sources and using MLA 8th edition.



The workshop ended with Prof. Barad's session on October 29, 2022 on Research Methodology, which included an activity for identifying key areas of interest and suggestions for exploring journals and publishing research papers. Overall, the workshop provided the necessary impetus to the participants and budding researchers, giving them a comprehensive understanding of the nuances of research and the various aspects of academic scholarship. The workshop was attended by 95 students and faculty members.







Exhibition cum sale-Diwali fest

To develop the entrepreneurial skills in students, an exhibition cum sale was organized on 19th - 20th October, 2022 in collaboration with Character building committee. A total of **50** students of the Home Science department exhibited various articles prepared by them. A stall was also put up by them to sell hand painted earthen diyas.



Participation of students in E-YUVA (Empowering Youth for Undertaking Value Added Innovative Translational Research) Orientation programme and visit to Sophisticated Analytical Instrumentation Facility, CIL, Panjab University, Chandigarh

With the primary aim to apprise students about the national level E-YUVA scheme, started under Biotechnology Industry Research Assistance Council (BIRAC), Department of Biotechnology, Govt of India., students participated in the E-Yuva orientation programme organized by Panjab University (E-Yuva Centre), Chandigarh on 31 Oct 2022. The scheme is mandated to promote a culture of applied research and need-oriented (societal or industry) entrepreneurial innovation among young students and researchers. The scheme provides funding support (through fellowship and research grant), technical and business mentoring, exposure to bio-incubation model, orientation to entrepreneurial culture etc. to students at various levels including undergraduates.

A total of five students of BSc. (MFT)-III year had submitted proposal titled “Cultivation of Zinc and Vitamin-D fortified Oyster Mushrooms: Dual Fortification for Deficiency Control” while applying to the E-Yuva Innovation Fellow Scheme under the mentorship of two faculty members (Dr. Vandana Sharma and Dr. Sandeep Kaur). The team of MCM DAV College for Women, CHD got selected and all the five students were qualified for the E-Yuva innovation scheme that provides financial assistance along with mentoring and instrumentation support for converting the proposed idea into a financial business model.



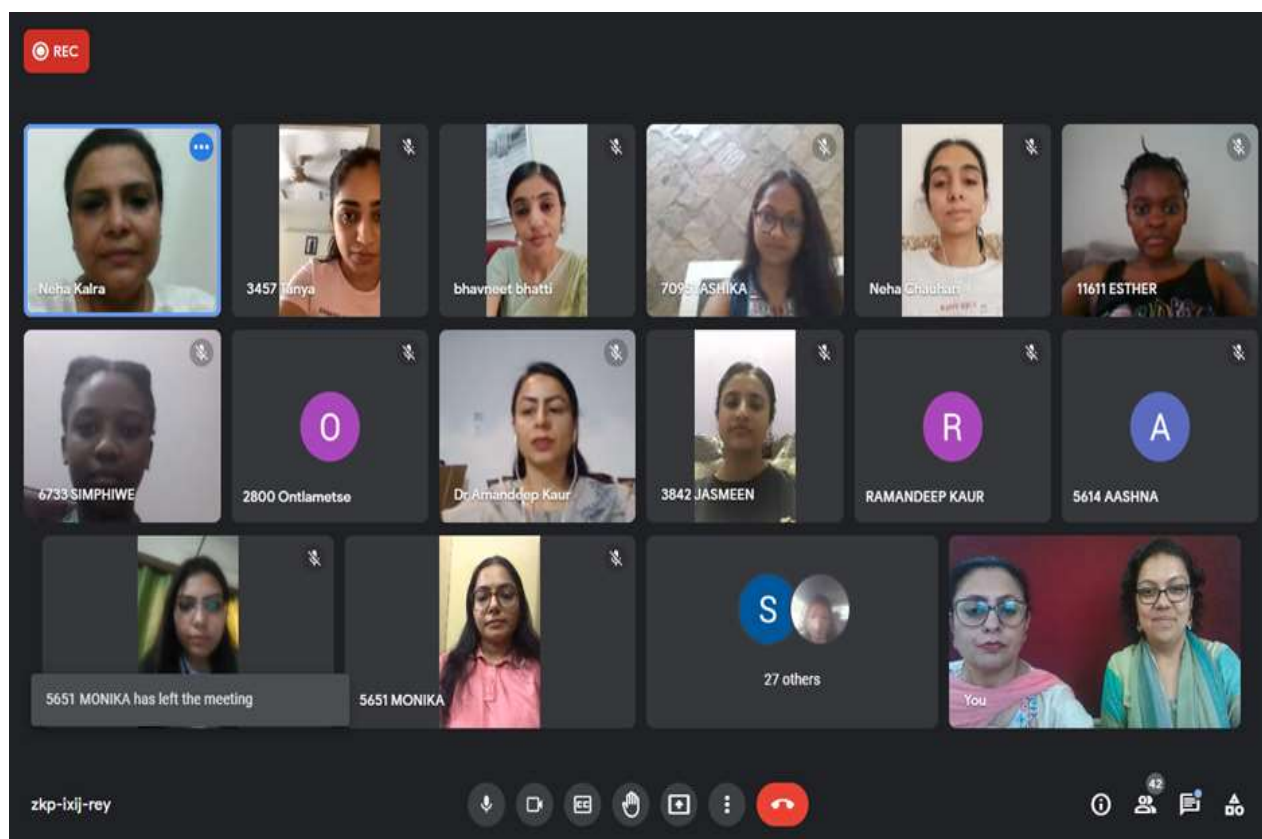
The poster is titled "EMPOWERING YOUTH FOR UNDERTAKING VALUE ADDED INNOVATIVE TRANSLATION RESEARCH (E-YUVA, PANJAB UNIVERSITY)" and "Presents ORIENTATION PROGRAMME OF EYUVA & INNOVATION FELLOWS". It lists the Chief Guest as Prof. Raj Kumar, Vice Chancellor, Panjab University, Chd, and the Guest of Honour as Prof. Sudhir Kumar, Director, Research & Development Cell, PU, Chd, and Dr. Anil Wali, MD, FITT-IIT Delhi. The event is scheduled for 10:30 am, 31st October, 2022, at the Venue: CIL Auditorium, PU, Sector 14, Chd. Logos for BIRAC, BIRAC, and BIRAC are shown. A large green box at the bottom contains the text: "We kindly request you to attend the Orientation Programme for EYUVA Fellows and Innovation Fellows On 31 October 2022 10:30 am onwards Venue: CIL Auditorium, Panjab University, Sector 14, Chandigarh".



Gender Responsive Approach to Climate Change

The Foreign Students' Cell and Women Development Cell of Mehr Chand Mahajan DAV College for Women organized a one-day online workshop on "Gender Responsive Approach to Climate Change" on 10th November 2022. The eminent resource person, Prof. Namita Gupta from the Department of Human Rights, Panjab University, Chandigarh, lent an exhaustive narrative to the contemporary cum sensitive issue of women being the lead victims of the holocaust of climate changes and natural disasters. She said that the burgeoning statistics have been a precursor to the desired emergence of various environmental movements of India like Bishnoi movement, Chipko Movement, Aapiko movement, Silent valley movement and Narmada Bachao Andolan, to name a few. Prof. Namita Gupta corroborated her talk with research-based constructs in the domains of agriculture, plantation, mining, household chores, migration, and politics etc., all bearing testimony to the gender-based hiatus skewed towards women in society. She alluded to the famous environment sustainability books like 'Silent

Spring’ and highlighted the categoric significance of equal opportunities to cast a strong influence in the sphere of Land and Property Governance, and the overall polity of the country and the world at large. Prof. Namita Gupta, being a hard-core positivist, reinforced the role of women in the mainstream of livelihood crusades backed by their vehement decision-making powers. The session exuded an overwhelming response from over eighty students who participated in the event with rapt attention. The students raised queries which were promptly addressed by Prof. Namita Gupta in both letter and content, with examples from countries like Switzerland. Around 80 participants were part of this online workshop. The Principal of the college, Dr. Nisha Bhargava appreciated the efforts of both the cells, to have worked in tandem, towards strengthening the awareness of gender inequality, that can serve to translate into a strong foothold of women in the environment projects and policies . The well- structured event was an apt move in the desired direction.



Meet link - bindudogra@mcmdu X Meet - zkp-ixij-rey

meet.google.com/zkp-ixij-rey?pli=1

REC Neha Kalra is presenting

Share Screen

Sample STAR Response

- Situation (S):** Advertising revenue was falling off for my college newspaper, The Review, and large numbers of long-term advertisers were not renewing contracts.
- Task (T):** My goal was to generate new ideas, materials and incentives that would result in at least a 15% increase in advertisers from the year before.
- Approach (A):** I designed a new promotional packet to go with the rate sheet and canvassed the benefits of The Review circulation with other ad media in the area. I also set-up a special training session for the account executives with a School of Business Administration professor who discussed competitive selling strategies.
- Result (R):** We signed contracts with 15 former advertisers for 1 daily ads and five for special supplements. We increased our new advertisers by 20 percent over the same period last year.

Click to add notes

12:11 | zkp-ixij-rey

40°C Sunny

ENG 12:11

New Tab X Invite for the online workshop (6) X Meet - zkp-ixij-rey

meet.google.com/zkp-ixij-rey

REC

bhavmeet bhatti

5551 Monika

7095YASHIKA

2875 abhilasha

MCM DAV ONLINE ACTIV...

rama ravish

6733 SIMPHIWE

5636 RUPINDER

5520 AISHWARYA

5606 SHRISHTY

Roonz Mittal

Gagan Gagan

FOREIGN STUDENTS CELL

RAMANDEEP KAUR

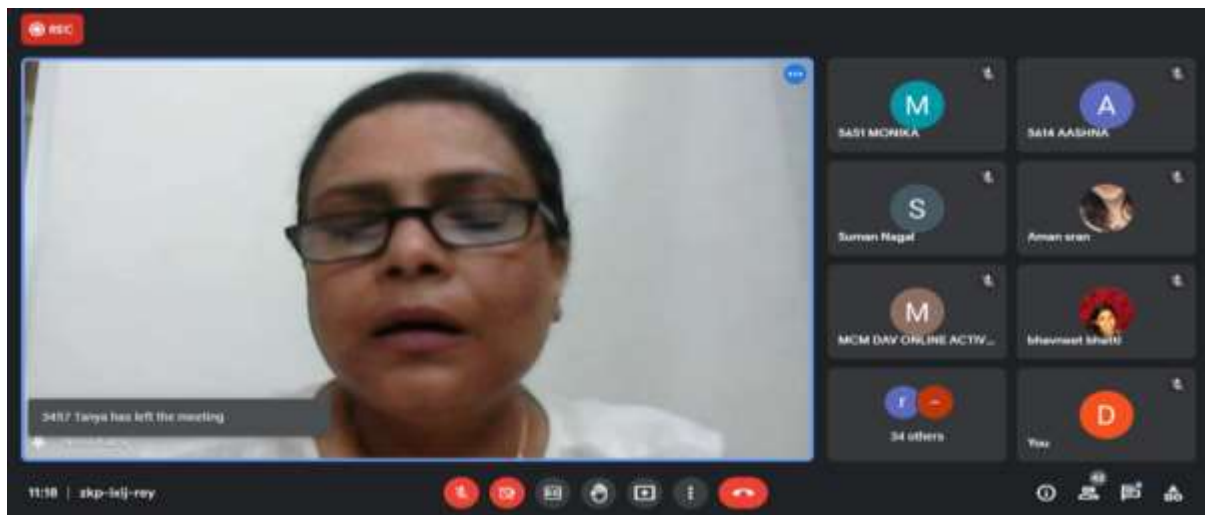
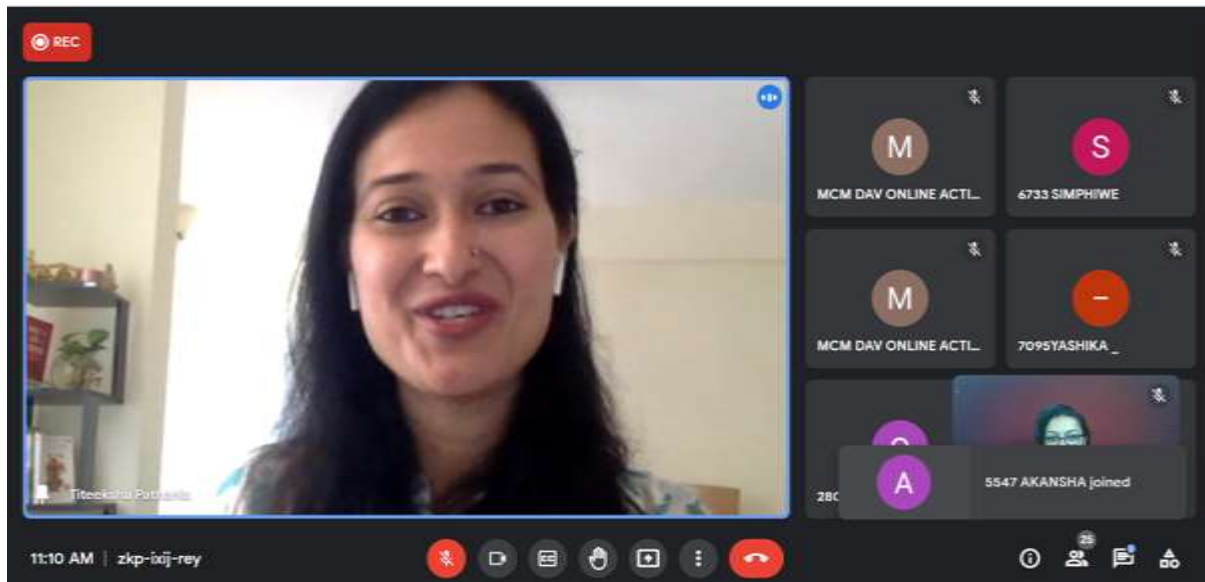
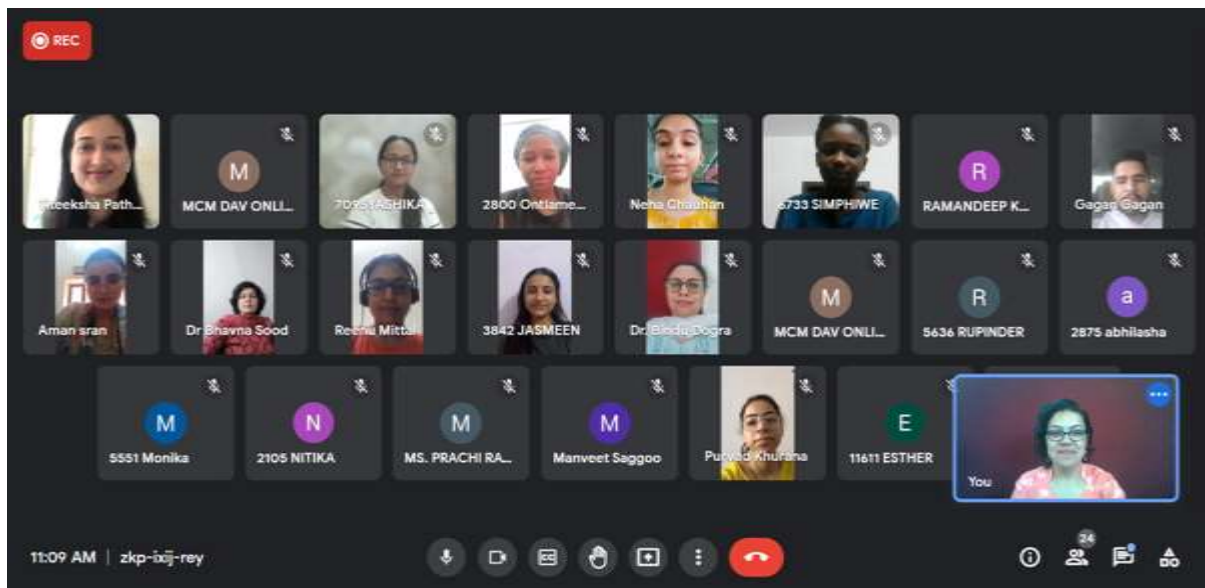
8 others

You

11:18 | zkp-ixij-rey

40°C Sunny

ENG 11:18



Deciphering the Generation Z-New rules for The Gen Z Personality to be Future Ready

The Personality Development Cell and Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized an interactive session on “Deciphering the Generation Z-New rules for The Gen Z Personality to be Future Ready” on November 17, 2022. The objective of the programme was to equip the students with the knowledge of contemporary personality keywords of success, blended in the sheath of ancient wisdom. Excessive indulgence in social media derails one’s cognitive abilities, and it is this balance which needs to be struck objectively. The Personality Development Cell and Equal Opportunity Cell of Mehr Chand Mahajan DAV College for Women, Chandigarh, organized an interactive session on “Deciphering the Generation Z-New rules for The Gen Z Personality to be Future Ready” on November 17, 2022. Mrs Punita Vadhera, a motivational speaker and founder of ‘Edusensei’, was the resource person. The talk covered a spectrum of personality tenets ranging from the essence of reading, making personal observations, accepting imperfections to a conspicuous disengagement from the social media. Mrs. Vadhera highlighted the importance of listening to one’s inner self. She engaged the students in a lively mode to help them rehearse the principles governing their success fibre in sublime ways. She touched on the different quotients of one’s persona where the present times called for a greater resilience to combat adverse circumstances. She put across research based facts disclosing the importance of delving into our inner selves to seek the right answers. The talk lasted over an hour where the students raised queries, to which the resource person responded adequately. Around 100 students who participated in the session, took in, nicely, the concept of self-management put across to them.

The Principal of the college, Dr Nisha Bhargava, appreciated the efforts of both the cells for having organized the event in a student-friendly way. The session spanning around an hour brought in about 100 participants who took keen interest and took in, nicely, the concept of self-management put across to them. The session received an overwhelming response. Principal Dr. Nisha Bhargava appreciated the efforts of both the cells for showing the youth the path of self-discovery and personality development, thereby leading to well-rounded individuals. Highlighting the importance of the session, she added that the future belongs to those who work consistently on their personality and skill sets.

‘Rock Climbing Camp’

A Rock Climbing Training Camp was organized by the Department of Sports from 18th to 24th January 2023 in collaboration with 1 CHD Naval Unit. 50 cadets from the college participated in camp and they were trained to climb on the adventurous rock and also learnt about the equipment used in the activity. This activity was initially organized for preparing them to enter into a course which is being organised by Indian Association of Adventure Sports with special focus on Rock Climbing.

MCM holds Rock Climbing Camp

THE AMAN SANDESH TIMES

Chandigarh: The NCC (Naval Unit) of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with NCC Naval Unit of Chandigarh, organised a five-day Rock Climbing Training Camp at the campus. The training was conducted on the 12 metre high artificial climbing wall at the college which is the only wall of its kind in the entire region, the



nearest one being in Delhi, and meets all international standards. 5 NCC Naval cadets from the college as well as other colleges and schools of Chandigarh

attended the camp and learnt rock climbing, belay and about climbing equipment in general. Principal Dr. Nisha Bhargava lauded this initiative to motivate girls to explore this unique sport and develop their skills in it. She added that a pioneer on many fronts, the college introduced the adventure sport of rock climbing in the year 2005 with the objective of promoting fitness, agility and mental fortitude that comes with conquering an ascension.

एमसीएम ने आयोजित किया रॉक क्लाइंबिंग कैम्प

चंडीगढ़ (ट्रिब्यून) : मेहर चंद महाजन डीएवी कॉलेज फॉर वीमेन की एनसीसी (नौसेना इकाई) ने चंडीगढ़ की एनसीसी नौसेना इकाई के सहयोग से परिसर में पांच दिवसीय रॉक क्लाइंबिंग प्रशिक्षण शिविर का आयोजन किया। प्रशिक्षण कॉलेज में 12 मीटर ऊंची कृत्रिम चढ़ाई वाली दीवार पर आयोजित किया गया, जो पूरे क्षेत्र में अपनी तरह की एकमात्र दीवार है। ऐसी ही एक कृत्रिम दीवार दिल्ली में भी है और यह सभी अंतरराष्ट्रीय मानकों को पूरा करती है। कॉलेज के साथ-साथ चंडीगढ़ के अन्य कॉलेजों और स्कूलों के 35 एनसीसी नौसेना कैडेटों ने शिविर में भाग लिया और रॉक क्लाइंबिंग की तथा चढ़ाई करने वाले उपकरणों के बारे में सामान्य जानकारी प्राप्त की।

एमसीएम ने पांच-दिवसीय रॉक क्लाइंबिंग कैंप का किया आयोजन

फास्ट मीडिया

चंडीगढ़ (अमृतसरा)। मेहर चंद महाजन डीएवी कॉलेज फॉर वूमन, चंडीगढ़ की एनसीसी (नौसेना इकाई) ने चंडीगढ़ की एनसीसी नौसेना इकाई के सहयोग से परिसर में पांच-दिवसीय रॉक क्लाइंबिंग प्रशिक्षण शिविर का आयोजन किया।

प्रशिक्षण कॉलेज में 12 मीटर ऊंची कृत्रिम दीवार पर चढ़ाई कराई गई। ये पूरे क्षेत्र में अपनी तरह की एकमात्र दीवार है। ऐसी ही एक कृत्रिम दीवार दिल्ली में भी है और यह सभी अंतरराष्ट्रीय मानकों को पूरा करती है। कॉलेज के साथ-साथ चंडीगढ़ के अन्य कॉलेजों और स्कूलों के 35 एनसीसी नौसेना कैडेटों ने शिविर में भाग लिया और रॉक क्लाइंबिंग और चढ़ाई करने वाले उपकरणों के बारे में सामान्य जानकारी प्राप्त की। प्राचार्या डॉ. निशा भार्गव ने लड़कियों



को इस कठिन खेल में हिस्सा लेने और अपने कौशल को विकसित करने के लिए प्रेरित करने वाली इस पहल की सराहना की।

उन्होंने कहा कि कई मांचों पर अग्रणी, कॉलेज ने फिटनेस को बढ़ावा देने के उद्देश्य से वर्ष 2005 में रॉक क्लाइंबिंग के साहसिक खेल की शुरुआत की, जिसमें विजय प्राप्त करने के साथ फिटनेस और मानसिक दृढ़ता आती है।

NCC - Education Sector

MCM holds Rock Climbing Camp

January 24, 2023 02:19 PM



CHANDIGARH, 24.01.23-The NCC (Naval Unit) of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with NCC Naval Unit of Chandigarh, organised a five-day Rock Climbing Training Camp at the campus. The training was conducted on the 12 metre high artificial climbing wall at the college which is the only wall of its kind in the entire region, the nearest one being in Delhi, and meets all international standards. 35 NCC Naval cadets from the college as well as other colleges and schools of Chandigarh attended the camp and learnt rock climbing, belay and about climbing equipment in general.

Principal Dr. Nisha Bhargava lauded this initiative to motivate girls to explore this unique sport and develop their skills in it. She added that a pioneer on many fronts, the college introduced the adventure sport of rock climbing in the year 2005 with the objective of promoting fitness, agility and mental fortitude that comes with conquering an ascension.

पंजाब
केसरी

WED, 25 JANUARY 2023

EDITION. CHANDIGARH KESARI, PAGE NO. 1

रॉक क्लाइंबिंग कैंप में 35 कैडेट्स ने लिया भाग



कालेज में छात्राएं रॉक क्लाइंबिंग कैंप में हिस्सा लेते हुए।

चंडीगढ़, 24 जनवरी (आशीष): सैक्टर-36 स्थित मेहर चंद महाजन डी.ए.वी. कॉलेज फॉर वूमन की एन.सी.सी. नौसेना इकाई ने परिसर में पांच दिवसीय रॉक क्लाइंबिंग प्रशिक्षण शिविर का आयोजन किया।

प्रशिक्षण कॉलेज में 12 मीटर ऊंची कृत्रिम चढ़ाई वाली दीवार पर आयोजित किया गया। कॉलेज के साथ-साथ चंडीगढ़ के अन्य कॉलेजों और स्कूलों के 35 एन.सी.सी. नौसेना कैडेटों ने शिविर में भाग लिया और रॉक क्लाइंबिंग की और चढ़ाई करने वाले उपकरणों के बारे में सामान्य जानकारी प्राप्त की। प्राचार्या डॉ. निशा भार्गव ने लड़कियों को इस कठिन खेल में हिस्सा लेने और प्रेरित करने वाली पहल की सराहना की।

भविष्य अंधकार में

जगदीश जी जगदीश जी जगदीश जी

फॉरेंसिक साइंस विभाग के स्टूडेंट्स ने

प्रतिरोधी परीक्षाओं में पाई सफलता

Kalakriti- a three-day workshop

To develop the skill of creating beautiful art pieces like bouquets and arrangements by utilizing dry natural plant material collected from and around college campus, a three day workshop was organized from 23rd January – 25th January, 2023 in association with Mahatma Gandhi National Council of Rural Education (MGNCRE), Ministry of Education, Govt. of India. The workshop was organized under VENTEL.

Day 1 Mr. Samarth Sharma, Consultant, MGNCRE, MOI, Govt. of India was the guest speaker, who motivated and encouraged the students and made them aware of the activities being conducted under VENTEL. Nature walk to identify and collect the material required for dry arrangements and bouquets. Finishing the collected material with paint and varnish

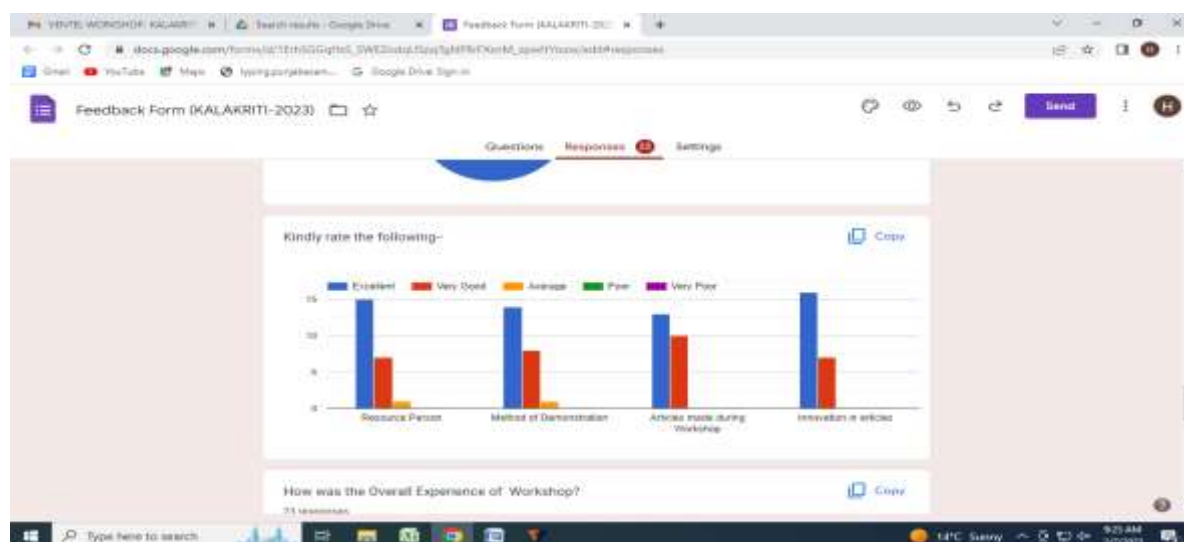
Day2: Hands on training on making and presenting different styles of arrangements and bouquets with dry material.

Day3: Exhibition and best entry competition.

Beautiful artistic dry arrangements were prepared and displayed by the students. Principal, Dr. Nisha Bhargava appreciated the efforts of the faculty & a student as minimal expenditure was incurred on the workshop. Bare minimum amount was spent that too for giving finishing touch to the final products in order to prolong their life. Only waste material which otherwise would not even be noticed was utilized. 33 students from various streams participated in the workshop. Best entries were adjudged and they were given prizes and certificates.

Name of the Prize Winners are -

- 1st Prize: Niharika (B.A. I)**
- 2nd Prize: Sonali (B.A. I)**
- 3rd prize: Pranat (B.A.I)**
- 4. Special Prize: Nupur (B.A. I)**





Mehr Chand Mahajan
DAV College for Women
 Sector 36-A, Chandigarh (U.T.)
 A recognized Vocational Education Nal Talim Experiential Learning (VENTEL) Action Plan Institution

To mark the celebrations of
NATIONAL GIRL CHILD DAY
 Department of Home Science
 In association with
 Mahatma Gandhi National Council of Rural Education
 (Ministry of Education, Govt. of India)
 organizes A Skill-based 3 Day Workshop

Kalakriti
Waste to Art

Dates: 23 to 25 January 2023 | Timings: 10:00 am to 1:00 pm
 Learn to create and present decorative dry arrangements and bouquets from natural dry plant material.

Guest Speaker: Mr Samarth Sharma, Consultant, MGNCRE, MoE, Govt. of India
 Resource Person: Ms Darpanjot Kaur, Department of Home Science

Day1: Nature walk to identify and collect the material required for dry arrangements and bouquets. Finishing the collected material with paint and varnish. Day2: Hands on training on making and presenting different styles of arrangements and bouquets with dry material. Day3: Exhibition and best entry competition in different categories.

Prior Registration is mandatory. Registration Charges: Rs 200 (Two Hundred only).
 Last date of Registration: 20 January 2023. [CLICK HERE](#) to register.

Online Registration Details: •Name of the Account: Principal, MCM DAV College for Women, Chandigarh. •Bank: State Bank of India. •A/C No: 3072717538 •IFS Code: SBI 00010609
 •After payment, please attach the screenshot of the Transaction in the Registration Form

Ms Rati Arora & Dr Harjot Kaur Mann Dr Vandana Sharma Ms Jyotsna Dr Nisha Bhargava
 Coordinators Nodal Officer Co-convenor Convenor & Principal

For any query, please contact at: 9501202881, 9464656728



National level painting competition on the theme: “Incredible India- Journey of India since independence.

The Character Building Committee of Mehr Chand Mahajan DAV College for Women in collaboration with the Swatchta Committee of Arts organized a National Level Painting Competition titled **Incredible India** - on the theme **Journey of India since Independence** to mark the 74th Republic Day of the country.

The participants showcased the theme beautifully on the canvas and shared their entries through a Google form. The competition witnessed enthusiastic participation from students across the country.

The great freedom struggle, universalisation of Education, procurement of historic monuments, cultural diversity, technological innovation and advancement, strength of armed forces, and various national highly acclaimed schemes were displayed amazingly well by the participants.

The sense of pride was reflected in all the entries, which reassured the bright future of the nation in the hands of our young brigade.

The top 5 paintings were awarded certificates and cash prizes.

Results

❖ 1st prize - **Shubhreet Kaur**

Cash prize- Rs 4000, MCM DAV College for women, Chandigarh

❖ 2nd prize- **Bhawna**

Cash prize- Rs 3000, Lakshmi Bai College, Delhi University

❖ 3rd Prize- **Bharti Yadav**

Cash prize - Rs 2000, MCM DAV College for women Chandigarh

❖ 4th Prize- **Shail Putri**

Cash prize- Rs 1500, Shivalik hills College of Education, Patti, Punjab

❖ 5th Prize - **Janvi Goyal**

Cash prize- Rs 1000, MCM DAV College for women, Chandigarh

Mehr Chand Mahajan
DAV College for Women
Sec-36A, Chandigarh

Character Building Committee
in collaboration with
Swachhta Committee of Arts

IS ORGANISING **NATIONAL**
PAINTING **LEVEL**
COMPETITION

On This 73rd Republic Day marking the journey
of incredible India since Independence

Theme: **INCREDIBLE INDIA**
Journey of India since Independence

Instructions:

- Participants are required to make a painting on canvas (any size) showing journey of our country.
- Only 1 entry is allowed per participant.
- Register on this link and Upload your entry till 22nd January, 2023. [CLICK HERE](#)
- After submission, keep the hardcopies intact.
- Top 5 entries will be rewarded with Cash Prizes and Certificates. Decision of the judges would be final and binding.
- Results will be informed via registered E-mail on 26th January 2023.

Best Entries!
1st : 3,000/-
2nd : 2,000/-
3rd : 1,000/-

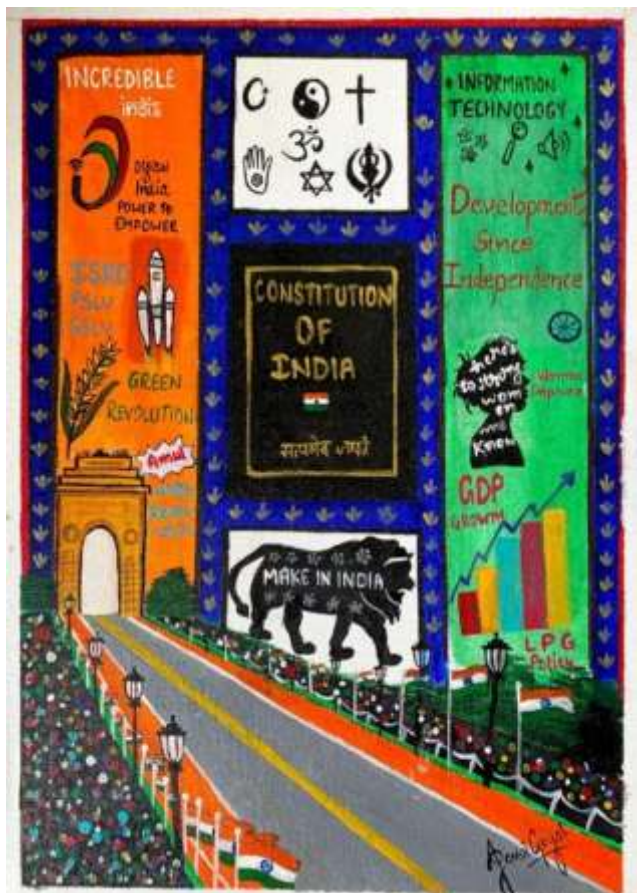
Nehru Sagwal
Chkwa (85589 80454)
Hitakshi (78148 15014)

Dr. Mirakshi Rana
Coordinator

Mrs. Saran Mahajan
Co-Convener

Dr. Nisha Bhargava
Convener & Principal

Student Ambassadors



[illegible][illegible][illegible][illegible]

सवेरा न्युज/नीना

बन्दीगढ़, 27 जनवरी। एमसीएम डीपी को कलेज फॉर वूमैन सीक्यर 36 ने देशभक्ति का पाथ चार्टे हुए 74वें गणतंत्र दिवस को प्रशस्तर तर्किक से मनाया। मेजर जनरल जसबीर सिंह संधू सेवानिवृत्त, एसीएसएम, निदेशक माई फॉर यूथ्स बल तैयारी यूथ्स एन मोहल्ली ने इस समारोह में वक्तीर मुख्य अतिथि शिरकत की। कार्यक्रम की शुरुआत एक थ्वजाना ब्रह्मोत्तर के साथ हुई, जिसमें मेजर जनरल संधू ने शिरगा फहराया और दुनिया के सबसे बड़े लोकतांत्रिक देश भारत के नागरिक होने का गर्व उपस्थित सभी लोगों के दिलों में भर दिया। मार्च पार्स ने दरसकों को देशभक्ति चाल और अस्मि जोश से भर दिया। अपने संबोधन में, मेजर जनरल संधू ने और देकर कहा कि गणतंत्र दिवस और स्वतंत्रता दिवस ऐसे अवसर हैं, जो प्रत्येक देश की ऐतिरि करने हैं और हमें अपने देश को

सेवा करने के लिए फिर से कर्जा देते हैं। इन्होंने महिला नेताओं की तैयारी करने में कॉलेज की भूमिका की सराहना की, जो देश के विकास के लिए प्रभावी ढंग से योगदान दे रही है। साथ ही इस तथ्य की ओर इशारा किया कि कॉलेज की पूर्व छात्राएँ सरकारी कर्जा की सेवा कर रहे हैं। डॉ. निशा भार्गव ने भारतीय संविधान के निर्माताओं और स्वतंत्रता सेनानियों की ब्रह्मांजलि अर्पित की। विजेताओं में शामिल हैं भाषान एनसीसी नौसेना विंग कैंडेट निन्तोनें डीजी एनसीसी पुरस्कार जीता और नौ सैनिक शिबिर में भाग लिया, अबकाँला एनसीसी नौसेना विंग कैंडेट निन्तोनें 1 सीएनबी नौसेना इकाई का सर्वश्रेष्ठ कैंडेट घोषित किया गया था और सिद्ध साहू नौसेना, स्वयंसेवक जिन्कोरी कड़ोरी में पुरस्कार दान अभियान के लिए 15,000/- रुपये का दान दिया। मणवंज दिवस के उपरान्त में, कॉलेज ने उत्सव की वाहवार बजाने के लिए कई अन्य समिधिधियों का आयोजन किया।



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Visit to Lovely Professional University (LPU) for participating in Pitch Fest

The Department of Food Science under the aegis of Institution's Innovation Council (IIC) organized a visit to Lovely Professional University, Phagwara, Punjab on 1st February 2023. 10 students of B. Sc MFT, under 6 teams, accompanied by two faculty members Dr. Gurpreet Kaur and Dr. Deepika Malik, participated in the "Pitch Fest" organized by the Department of Innovation and Entrepreneurship, LPU. This competition was open for all startups across India. The renowned investors like Mr. Rishav Agarwal, Mr. Himanshu Jain, Ms. Ridhima Dwivedi, Mr. Manish Kumar and Mr. Chandan Tiwari were present at the event. Our students represented their ideas and discussed their viability as daily needs in present as well as

upcoming time. All the innovative ideas were praised and applauded by the investors. The teams were called one by one and were asked to explain the relevancy of their product. A number of teams from various institutes and firms and some individuals took part in this pitch fest. Later our students got the opportunity to interact with one of the investors, Mr. Chandan Tiwari. He took a session of around 30 minutes where he emphasized the business tools and techniques to further strengthen the research ideas and innovative products. He listed various testing and verifying agencies for some products. Also, he suggested one of our team to get their Idea patented for ready acceptance by the market. Further he directed some students towards various funding Agencies for carrying forward the researches to meet next level for testing and commercialization. He highlighted and discussed the points where the individual teams were lacking behind.



PITCH FEST

30th JAN - 1st FEB 2023

VENUE: LOVELY PROFESSIONAL UNIVERSITY

INVESTORS

MR. RISHAV AGARWAL, MR. HIMANSHU JAIN, MS. RICHEMA DHILLON, MR. MANISH KUMAR, MR. CHANDAN TIWARI

IN ASSOCIATION WITH

10 CRORES OF FUNDING

REGISTER NOW

OPEN FOR ALL STARTUPS ACROSS INDIA

ORGANISED BY DEPARTMENT OF INNOVATION & ENTREPRENEURSHIP, STUDENT WELFARE (IWING), LOVELY PROFESSIONAL UNIVERSITY

Visit to an Awareness cum interactive session on “An opportunity to nurture life science innovations, start-ups and individuals” organized by BioNEST & EYUVA Centre, Panjab University Chandigarh.

Under the BIG scheme, BIRAC provides a grant-in-aid of up to Rs.50 lakhs for a period of 18 months. An inspiring Awareness and Interactive session on Biotechnology Ignition Grant (BIG) was organized by BioNEST-Panjab University on 7th February, 2023. **Dr. Anil Wali**, Guest of Honour of the event gave the insight about the BIG Scheme and spread awareness amongst young minds about the opportunity to nurture life science innovations and start-ups. He further provided guidelines about the BIG scheme and details on writing proposals for the BIG grant. He added about the importance of the Entrepreneurship to the students and motivates them to be successful entrepreneurs. The speaker said there is need to identify the problem and works for its solution and emphasized that there is a need to focus on the impact and translation of Knowledge into wealth. A total of 35 Students of B. Sc. (MFT- II) attended the session.



BioNEST & EYUVA Centre
Panjab University Chandigarh
In collaboration with FITT Invites applications for

BIG 22nd Call
Biotechnology Ignition Grant
Igniting new ideas

Grant-in-aid upto **INR 50 LAC**

WHY BioNEST & FITT-IIT DELHI ?

- A vibrant innovation ecosystem
- Industry & investor connect
- Technical & business support
- IPR (IPR management)

ELIGIBILITY

- Healthcare & Life science
- Agriculture & Allied areas
- Drugs Vaccines & Drugs Delivery
- Industrial Biotechnology
- MediTech Devices & Diagnostics
- Veterinary Sciences
- Clean Energy & Environment
- Waste Management & Remediation

Domain

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- Agriculture & Allied areas
- Drugs Vaccines & Drugs Delivery
- Industrial Biotechnology
- MediTech Devices & Diagnostics
- Veterinary Sciences
- Clean Energy & Environment
- Waste Management & Remediation

An opportunity to nurture life science innovations, start-ups and individuals

Prof. Renu Viji
Chief Guest
Honorable Vice Chancellor
Panjab University, Chandigarh

Dr. Anil Wali
Guest of Honour
Managing Director
FITT, IIT, Delhi

Speaker
Dr. Ashutosh Paster
Head Incubation
FITT, IIT, Delhi

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Talent Hunt Competition in collaboration with Radio Mirchi

The Mass Communication Department, in collaboration with Mirchi 98.3, organised a Talent Hunt Competition. The competition, including Just a Minute (JAM) and RJ Hunt, received overwhelming response as 370 students registered for it. In JAM, the participants showcased their quick-thinking skills as they spoke on the topic given to them on the spot. As part of the RJ Hunt, the participants were required to exhibit their talent in the form of singing, mimicry, etc. and present a link for a radio programme. A fun-filled 'Sawal pe Sawal' round had the audience in splits as the answer to question was supposed to be a question only. Mirchi RJs Vishal, Shanky and Manisha interacted with the students during the event, and showcased their talent as well. The winners of JAM and RJ Hunt were felicitated at the end of the event. Principal Dr. Nisha Bhargava lauded this initiative of the Mass Communication Department to provide the students an opportunity to explore their talent in the dynamic and creative world of radio jockeying. She informed that the Department lays immense emphasis on imparting practical knowledge to the students and that the college proudly figures among top Mass Communication institutions of the country in surveys by India Today, Outlook, Open Magazine and The Week.



A Talk on Career Prospects in Radio and the Art of Voice Modulation

The Department of Mass Communication organised a talk on 'Career Prospects in Radio and the Art of Voice Modulation'. Mr. Sarvpriya Nirmohi, a Broadcasting expert with over 25 years of experience in All India Radio, was the resource person for this engrossing talk that aimed to educate students about the opportunities in the exciting world of radio broadcasting and to introduce them to the nuances of voice modulation. From Broadcast and Sound Engineers to Announcers, Directors, Station Managers and Operations Managers, Mr. Nirmohi shed light on the plethora of career options in radio industry in the key areas of technology, content and creative, and management. Adding that besides being an exciting career option voice modulation is also a crucial life skill, Mr. Nirmohi discussed at length and also demonstrated voice modulation techniques. The participants found the talk highly beneficial as it enriched their knowledge base. Principal Dr. Nisha Bhargava lauded this effort of the Mass Communication Department to help students discover the possibilities in radio and sharpen their skill of voice modulation. She further informed that the Department, through such initiatives, consistently endeavours to bridge the industry-academia gap for enhancing students' employability quotient.







ओरजा OORJA

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