



# Mehr Chand Mahajan DAV College for Women

## Sector 36-A, Chandigarh

**BOTANICAL NAME** *Cassia fistula* L.

**COMMON NAME** Amaltas tree, Golden Shower tree

**FAMILY** Leguminosae

**SUB FAMILY** Caesalpinioideae



**DISTRIBUTION** India, Southeast Asia, Sri Lanka, Mexico and Central America

**FUN FACT** The state flower of Kerala, India is the Golden Shower tree's flower. It is of great ritual and cultural importance in the Vishnu festival of Kerala. This tree is also depicted on a stamp of 20-rupee / stamp postage.

**COMMON USES**

1. It is of great importance in Indian ayurvedas as a remedy for inflammatory swellings, ulcers and wounds.
2. It acts as an antiseptic too as it decreases purulent discharge.
3. Its fruits can be used as laxatives too.
4. It is known to maintain homeostasis by balancing water content in the bowel mass that in turn ensures smooth defecation.

However, this information to be used only under medical supervision

**REFERENCES**

1. <https://www.sciencedirect.com/science/article/pii/S0753332221010246#:~:text=Cassia%20fistula%20is%20employed%20in,heart%20related%20disorders%20and%20fever.>
2. <https://www.feedipedia.org/node/325>