



# Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh

<b>BOTANICAL NAME</b>	<i>Cinnamomum camphora</i> (L.) J. Presl
<b>COMMON NAME</b>	Kapur, Camphor Tree
<b>FAMILY</b>	Lauraceae



**DISTRIBUTION** India, Pakistan, China, Japan and Korea

**FUN FACT** It has medicinal properties that help in healing and protection.

**COMMON USES**

1. It is used for the treatment of cough, itching and pain.
2. Oral consumption of camphor is unsafe.
3. Camphor is used for insect bites and many other conditions, but no scientific evidence has proved so.
4. Camphorated oil and camphorated spirits are products of camphor.

However, it must be used for those purposes under medical supervision.

**REFERENCES**

1. [https://www.sciencedirect.com/topics/medicine-and-dentistry/cinnamomum-camphora#:~:text=Cinnamomum%20camphora%20\(Camphor%20Tree\)&text=Camphor%20has%20been%20used%20for,remedy%20and%20other%20medicinal%20purposes.](https://www.sciencedirect.com/topics/medicine-and-dentistry/cinnamomum-camphora#:~:text=Cinnamomum%20camphora%20(Camphor%20Tree)&text=Camphor%20has%20been%20used%20for,remedy%20and%20other%20medicinal%20purposes.)
2. <https://greencleanguide.com/economic-importance-of-cinnamomum-camphora/>