



Mehr Chand Mahajan DAV College for Women

Sector 36-A, Chandigarh

BOTANICAL NAME	<i>Ficus virens</i> Aiton
COMMON NAME	White Fig, Pilkhan
FAMILY	Moraceae



DISTRIBUTION	India, Southeast Asia, Pakistan, Malaysia and Northern Australia.
FUN FACT	It is widely known as “strangler fig” due to its nature of attaching itself to host and killing them afterwards.
COMMON USES	<ol style="list-style-type: none">1. Poisoning effects from snake bites can be treated with fruits, latex or extract of its leaves.2. Its white coloured Latex reduces inflammation instantly.3. Intake of ripened fruit is highly beneficial in treating heart related diseases it can be eaten raw or with sugar and jaggery as a jam.4. Intake of ripened fig can help with indigestion problems.5. Its bark's juice is used in treating ulcers and reduce the inflammation of wounds and cuts. However, this information must be used only under medical supervision.
REFERENCES	<ol style="list-style-type: none">1. https://indiabiodiversity.org/species/show/313612. https://powo.science.kew.org/taxon/urn:lsid:ipni.org:names:853954-13. https://lkcnhm.nus.edu.sg/wpcontent/uploads/sites/10/app/uploads/2017/06/2013nis223-227.pdf