



Mehr Chand Mahajan DAV College for Women

Sector 36-A, Chandigarh

BOTANICAL NAME	<i>Mimusops elengi</i> L.
COMMON NAME	Maulsari, Malsari
FAMILY	Sapotaceae



DISTRIBUTION FUN FACT

S.E. Asia, (majorly India), Bangladesh, Sri Lanka, Myanmar and Australia
Its wood is till date known to be the strongest in Indian timber.

COMMON USES

- 1) The seeds of the plant produce oil that is used for cooking
- 2) Its fruits are also edible
- 3) Its leaves are used as antipyretics and analgesics
- 4) The tree extracts are good for strengthening gums and teeth.
- 5) They are used as astringent to the bowels.
- 6) It is used to treat cough and promotes easy sputum secretion.

However, medical supervision is a must before using it for medical purpose.

REFERENCES

- 1) <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3609369/>
- 2) https://www.researchgate.net/publication/292427393_Mimusops_elengi_A_Review_on_Ethnobotany_Phytochemical_and_Pharmacological_Profile#:~:text=Preclinical-,studies%20have%20shown%20that%20Mimusops%20elengi%20or%20some%20part%20of,Gastic%20ulcer%2C%20Hypotensive%20activity.&text=mainly%20on%20traditional%20medicines.