



# Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh

<b>BOTANICAL NAME</b>	<i>Monoon longifolium</i> (Sonn.) B.Xue & R.M.K.Saunders
<b>COMMON NAME</b>	Ashok Tree, False Ashoka
<b>FAMILY</b>	Annonaceae



<b>DISTRIBUTION</b>	It is widely cultivated in the Asian subcontinent including Bhutan, China, India, Sri Lanka and other tropical countries.
<b>FUN FACT</b>	The False Ashoka was cultivated in British India for nostalgic reasons as it resembled the tall Italian Cypress.
<b>COMMON USES</b>	<ol style="list-style-type: none"><li>1. It has been widely cultivated in gardens and roadsides as avenue tree.</li><li>2. Its wood is used for packing boxes.</li><li>3. It is used as an antipyretic agent.</li><li>4. The leaves of the plant are used for ornamental decoration during festivals and various functions.</li><li>5. The flexible, straight and light weighed trunks were once used in the making of masts for the sailing ships.</li></ol>

<b>REFERENCES</b>	<ol style="list-style-type: none"><li>1. <a href="https://indiabiodiversity.org/species/show/230781">https://indiabiodiversity.org/species/show/230781</a></li><li>2. <a href="https://pubmed.ncbi.nlm.nih.gov/22228943/#:~:text=This%20plant%20is%20used%20as,hypoglycemic%20activity%2C%20and%20hypotensive%20effect">https://pubmed.ncbi.nlm.nih.gov/22228943/#:~:text=This%20plant%20is%20used%20as,hypoglycemic%20activity%2C%20and%20hypotensive%20effect</a></li><li>3. <a href="https://www.gfloutdoors.com/mast-tree-florida-growing-and-caring-for-a-polyalthia-longifolia/">https://www.gfloutdoors.com/mast-tree-florida-growing-and-caring-for-a-polyalthia-longifolia/</a></li><li>4. <a href="https://en.wikipedia.org/wiki/Monoon_longifolium">https://en.wikipedia.org/wiki/Monoon_longifolium</a></li></ol>
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