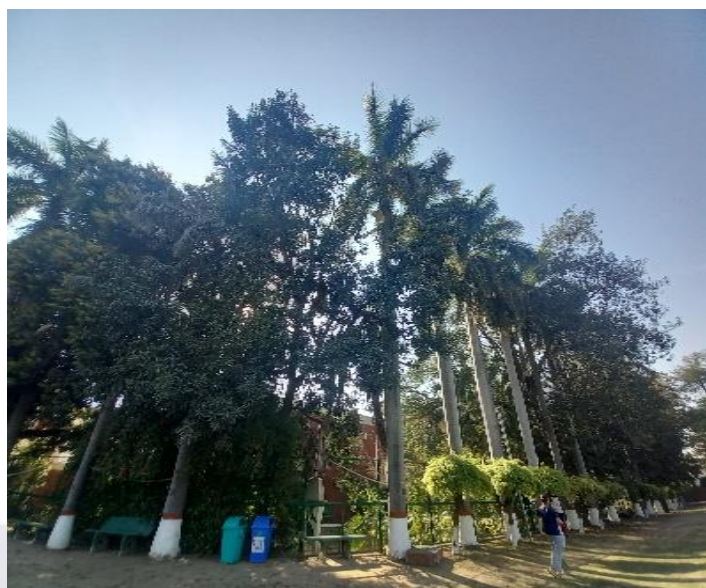




# Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh

|                       |   |
|-----------------------|---|
| <b>BOTANICAL NAME</b> | <i>Roystonea regia</i> (Kunth) O. F. Cook |
| <b>COMMON NAME</b>    | Florida Royal Palm, Cuban Royal palm      |
| <b>FAMILY</b>         | Arecaceae                                 |



|                     |  |
|---------------------|--|
| <b>DISTRIBUTION</b> | Canary Island, northern Africa, the Middle East, Pakistan, India, Mexico, and the U.S. state of California.  |
| <b>FUN FACT</b>     | It is the national tree of Cuba and has religious value in Christianity thus used in Palm Sunday observances.  |
| <b>COMMON USES</b>  | <ol style="list-style-type: none"><li>1. Royal palm tree has wide commercial benefits as its seeds are a rich source of oil and food, wood is used for construction purposes and leaves for thatching.</li><li>2. Roots have antidiuretic properties thus are added to a Haitian drink named Tife by Cubans.</li><li>3. They have medicinal value too, as are used for the treatment of diabetes.</li><li>4. Fibers that are extracted from the leaf sheath are used in lightweight composite materials.</li><li>5. It could be a potential replacement of finasteride in the treatment of BPH. However, this information must be used only under medical supervision.</li></ol> |
| <b>REFERENCES</b>   | <ol style="list-style-type: none"><li>1. <a href="http://www.flowersofindia.net/catalog/slides/Royal%20Palm.html">http://www.flowersofindia.net/catalog/slides/Royal%20Palm.html</a></li><li>2. <a href="http://flora-peninsula-indica.ces.iisc.ac.in/herbsheet.php?id=1118&amp;cat=7">http://flora-peninsula-indica.ces.iisc.ac.in/herbsheet.php?id=1118&amp;cat=7</a></li><li>3. <a href="https://efloraofindia.com/2011/03/27/roystonea-regia/">https://efloraofindia.com/2011/03/27/roystonea-regia/</a></li></ol>   |