

Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh

BOTANICAL NAME COMMON NAME FAMILY

Azadirachta indica A.Juss. Neem, Margosa Meliaceae



DISTRIBUTION It is a native of India, Africa, China, Malaysia and Pakistan.

FUN FACT

Neem is a tree that has been seen and used for over 3,000 years.

COMMON USES

- 1. It helps in treating acne and reduces skin blemishes.
- 2. It nourishes the skin because it is a rich source of vitamin E.
- 3. It has antifungal properties also.

purposes.

- 4. It is useful in detoxification both externally and internally.
- 5. It increases immunity and has antimicrobial and antibacterial property. However, it must be used under medical supervision for the above mentioned

REFERENCES

- 1. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4791507/
- 2. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7981372/
- 3. <u>http://www.efloras.org/florataxon.aspx?flora_id=5&taxon_id=220001427</u>

1

