







Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh (U.T.)

Institutional Values and Best Practices

Our Beacon of Light

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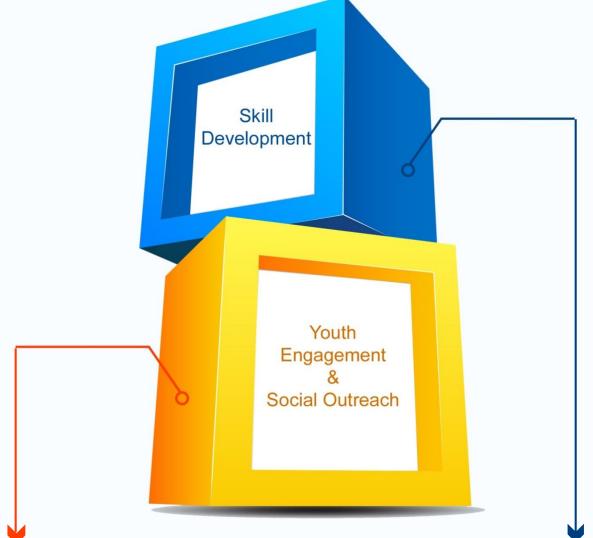




Principles of Arya Samaj

- God is the efficient cause of all true knowledge and all that is known through knowledge.
- God is existent, intelligent and blissful. He is formless, omniscient, just, merciful, unborn, endless, unchangeable, beginning-less, unequalled, the support of all, the master of all, omnipresent, immanent, un-aging, immortal, fearless, eternal and holy, and the maker of all. He alone is worthy of being worshiped.
- The Vedas are the scriptures of all true knowledge. It is the paramount duty of all Aryas to read them, teach them, recite them and to hear them being read.
- One should always be ready to accept truth and to renounce untruth.
- All acts should be performed in accordance with Dharma that is, after deliberating what is right and wrong.
- The prime object of the Arya Samaj is to do good to the world, that is, to promote physical, spiritual and social good of everyone.
- Our conduct towards all should be guided by love, righteousness and justice.
- We should dispel Avidya (ignorance) and promote Vidya (knowledge).
- No one should be content with promoting his/her good only; on the contrary, one should look for his/her good in promoting the good of all.
- One should regard oneself under restriction to follow the rules of society calculated to promote the well being of all, while in following the rules of individual welfare all should be free.

Best Practices implemented by our institution: An Overview



- Celebration of Independence Day Har Ghar Trianga Programme
- Promoting Constitutional duties
- Shaping an inclusive society through celebration of International and National days such as National Girl Child Day, International Persons of Disabilities, by the institutional committees like NSS. Ek Bharat Shrestha Bharat. UBA. Women Development Cell, Equal Opportunity Cell, Geetanjali Counselling Helpline, Swachhta • Committee. Electoral Literacy Club, **Character Building Committee**
- Health and Hygiene, and Environmental
 Consciousness
- Sustainable farming Initiatives and Environment initiatives - World Environment
 Day, Earth Day, Swachhta Rallies, Cancer Awareness, Mental Health Programmes.

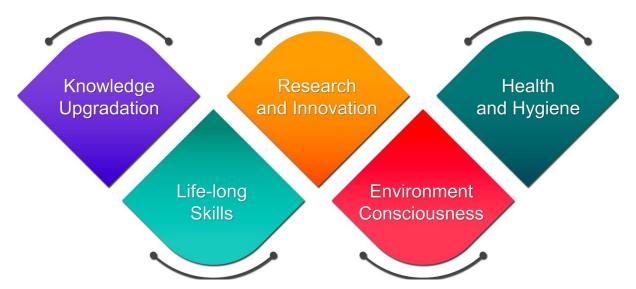
- Registered Skill Provider on the Portal of National Skill Development Corporation (NSDC), Ministry of Skill Development and Entrepreneurship, Govt. of India under Pradhan Mantri Kaushal Vikas Yojana (PMKVY)
- Nominated as the only technical Institution in Chandigarh for training in bakery and food processing by Ministry of food processing Industries (MOFPI), Govt. of India under PMFME Scheme
- Affiliated to Chandigarh Skill Development Mission (CSDM) under the aegis of National Skill Development Mission
- Recognized Vocational Education Nai Talim Experiential Learning (VENTEL) Action Plan Institution
- Promoting Life-long skills, Yoga Classes, and Fitness Programmes

I. Skill Development: The New Age Mantra

Objectives

The institution strives to create an environment that is conducive to skill generation and upgradation in keeping with the national efforts to engender skill-based education. We aim:

- to help our students develop skills that can support their career choices and make them employable and successful
- to apprise students with upcoming arenas of vocation and research through seminars, lectures and field visits
- to inspire students to acquire new skills and enhance them with practical application
- to engender a spirit of research and enquiry among stakeholders by constantly pushing the boundaries of education.



The Context

- In keeping with the demands of the professional environment today, skill-based education is the need of the times.
- The culture of innovation is fast developing and enveloping the global job environment and there is always a demand for skilled professionals who can think outside the fixed paradigms and bring innovative ideas to their jobs. In such

a scenario, traditional methods of teaching and learning are insufficient if not accompanied by a system that inspires students to develop a self-reliant skill set.

- The youth today are constantly surrounded by an environment of information overload which has the propensity to take them astray if not steered positively. A skill-based learning can channelise their extensive and ever-growing knowledge pool to a productive end.
- The aim of education should not only be creating job seekers but also job creators. Skill-based learning can create higher entrepreneurial capability among the students.

The Practice

Various skill enhancing initiatives were taken in the session 2022-23 that included:

1. In a unique initiative aimed at helping students prepare for various competitive examinations, the Department of Public Administration at Mehr Chand Mahajan DAV College for Women, Chandigarh, conducted a test series titled 'Prashnaavalee' in July 2022. A total of 205 students from different colleges across the city participated enthusiastically in the test series. The participants were awarded participation certificates. Link to the activity include:

https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/14064339 96489516/?type=3





प्रश्नावली और पीपीटी प्रतियोगिता में भाग लेती एमसीएम छात्राएं। (छाया : गुरिंद्र सिंह)

चंडोगढ़, 18 जुलाई (राम सिंह बराड़) : विभिन्न प्रतियोगी परीक्षाओं की तैयारी में विद्यार्थियों को मदद करने के उद्देश्य से एक अनूठी पहल में, मेहर चंद महाजन डोएवी कॉलेज फॉर विमेन, चंडोगढ़ में लोक प्रशासन विभाग ने प्रश्नावली नामक एक टेस्ट सीरीज आयोजित की। स्नातकोत्तर और स्नातक स्तर के विद्यार्थियों के लिए यह श्रृंखला दो भागों में आयोजित की गई । परीक्षण श्रृंखला के पहले भाग में भारत के

ाता में भाग लेती एमसीएम की संविधान, इसके विकास, मूल तथ्य, प्रस्तावना, मौलिक अधिकार, मौलिक कर्तव्य और राज्य नीति के निर्देशक

प्रताबना, नारपा जावनार, नारपन संद्वातों पर आधारित प्रस्त शामिल थे। श्रुंखला के दूसरे भाग में सॉलधान के कुछ हिस्सों, अनुसूचियों, लेखों और संशोधनों जेसे विषय शामिल थे। इन विषयों के अंतर्गत आने वाले विभिन्न खंड संवैधानिक संशोधन, जीएसटी, भाषाओं से संबंधित कार्यक्रम और संविधान के कुछ हिस्से, अखिल भारतीय सेवाएँ और कल्याफकारा राज्य थे। टेस्ट सारीज म शहर भर के विभिन्न कॉलेजों के कुल 205 विद्यार्थियों ने असाकृष्ठके भाग लिया। प्रतिभागियों को भागीदारी प्रमाण पत्र प्रदान किया गया हस प्रतियोगिता में विभिन्न संस्थानों के 33 विद्यार्थियों ने भाग लिया। प्रथम तो न पुरस्कार दिजोताओं को नकद पुरस्कार से सम्मानित किया गया। प्राचार्थ डॉ. निशा भार्गव ने विद्यार्थियों को प्रतियोगी परीक्षाओं में सफलता के लिए तैयार करने के लिए लोक प्रशासन विभाग की सराहनीय पहल को सराहना की।

पीपीटी प्रतियोगिता के विजेता हैं : प्रथम पुरस्कार रिदि श्रीवास्तव, बौए फाईनल, मेछ चंद महाजन डीएवी कॉलेज फॉर विमेन, सेक्टर-36, चंडीगढ़। दूसरा पुरस्कार वनिष्का गोलिया, बी.ई. डितीय पुरस्कार वनिष्का गोलिया, बी.ई. डितीय एंड टेक्नोलॉजी (सीसीईंटी), सैकटर 26, चंडीगढ़। तृतीय पुरस्कार प्रियांशी, बौए तृतीय, मेछर चंद महाजन डीएवी कॉलेज फॉर विमेन, सेक्टर-36, चंडीगढ़। 2. Post Graduate Department of Chemistry organized a skill-based seminar on Basic Practical Chemistry: Fundamental Facts and Applications to modern life on 25.08.2022. The resource persons of the event were Mr. Sachin Kumar and Mr. Sahib Singh, co-founders RANCHO CHEMISTRY, Sector 11-C, Chandigarh. Link to the activity:



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3. Department of Physics in collaboration with Skill Development Committee, organized a skill development workshop named "Hands on Skill development



workshop on Electronic Equipment'" on 29.08.2022. The resource person for the workshop was Mr. Balwinder Singh Rawat, Managing Director, Lab Tech Equipments, Ambala. **Link to the activity**:

https://www.facebook.com/photo.php?fbid=580441077212581&set=a.54952059 0304630&type=3

4. The Research Centre of the Post Graduate Department of English at Mehr Chand Mahajan DAV College for Women, Chandigarh, under the aegis of Department of English and Cultural Studies, Panjab University, organized a lecture titled 'Literature in the Age of Intelligent Machines' on 1st September 2022. Prof. John Shanahan, Associate Dean, Director of Liberal Studies and Professor of English, DePaul University, Chicago, USA was the resource person for this enlightening lecture.



5. Department of Computer Science and Applications under the aegis of IIC 5.0 organized a 6-day skill-based offline workshop on "Be a Designing Entrepreneur using Photoshop" from 5 to 10 September 2022. The resource persons for the workshop were Ms. Nikita, Freelance Graphics Designer and alumna of the college and Master Saiansh Sharda, Graphics Designer, and vlogger. A total of 45 students and 3 faculty members attended the workshop and learned various aspects of graphics designing using Photoshop.

6. The Women Development Cell of Mehr Chand Mahajan DAV College for Women, organised a three-day skill development workshop on macrame art titled 'Knotty Knots' on 29.09.2022 – 30.09.2022. The resource person for this workshop was macrame enthusiast Mrs. Vandana Syal, Associate Professor in Computer Science and Applications at the college. A total of 22 students participated in the workshop and got hands-on training in the techniques of this



versatile form of fiber art.

Link to the activity:

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7. The PG Department of English, in association with the MGNRCE (VENTEL Plan), organised a 'Workshop on Research Methodology'' (12th -30th October 2022) in blended mode to reinforce research aptitude among the students in view of NEP-2020. The focus of the workshop was on innovative areas of research in language, literature and cultural studies. Prof Akshay Kumar, Prof Deepti Gupta, Prof Aneel Raina, Prof Dilip Barad, Dr Meenu Gupta and Dr Neeraj Kumar Singh were the notable resource persons at the workshop.



8. The Character-Building Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh, organised a five-day workshop titled 'Seed, Lead, Grow' on 10, 12, 13, 15 and 17.10.2022. The resource person for this engrossing workshop was award winning entrepreneur and certified wellness coach Ms. Tavishi, ShriShiksha Founder and Mentor. The workshop witnessed enthusiastic participation of over 60 students. Link to the activity include:

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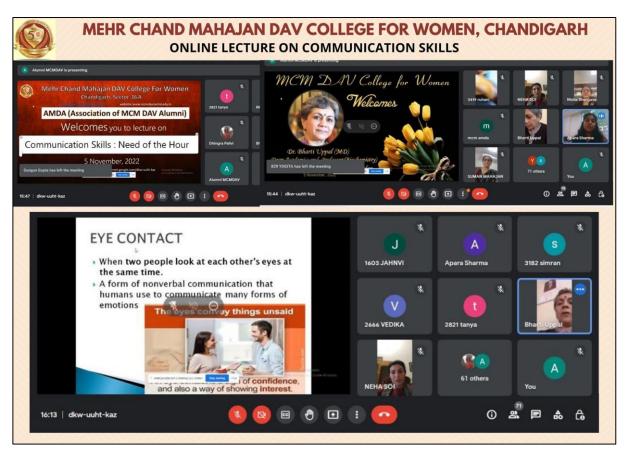


9. The Character-Building Committee of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with Inner Wheel Club, Chandigarh Central, organised a workshop on millets titled 'A Date with Millets' on 17.10.2022. The main objective of the workshop was to initiate the students and faculty members into the use of millets and motivate them to shift towards a more nutritional alternative to wheat and rice. The resource person was Mrs. Poonam Pratibha Sharma. Link to the activity include:



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10. The Association of Mehr Chand Mahajan DAV College for Women Alumni (AMDA) organised an online lecture titled 'Communication Skills: Need of the Hour' on 05.11.2022 as a part of the Global Alumni Meet 2022 of Panjab University. The resource person for the session was #alumna of the college Dr. Bharti Uppal (MBBS, DCH), Professor Biochemistry and Dean Academics, MMU, Solan.



Link to the activity include:

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11. To impart Research Skills among the UG and PG students of Social PG Department Sciences. of Economics of the college organized a Workshop "Digital on Tools: А Gateway for Research Social in Sciences" By Dr. Anuradha Sekhri, Associate Professor IDC, Sector 38 Chandigarh on 10.11.2022. Link to the activity include:

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कार्यशाला में भाग लेते शिक्षक और स्टूडैंट्स।

सवेरा न्यूज/नीना शर्मा चंडीगढ़ : एमसीएम डीएवी कॉलेज फॉर वूमैन सैक्टर 36 में अर्थशास्त्र के स्नातकोत्तर विभाग ने डिजिटल टूल्सः ए गेटवे फॉर रिसर्च इन सोशल साइंसेज विषय पर एक कार्यशाला का आयोजन किया। इस कार्यशाला में विकास और संचार संस्थान, चंडीगढ़ से एसोसिएट प्रोफैसर, डा. अनुराधा सेखड़ी बतौर मुख्य वक्ता शामिल हुई । डॉ. सेखरी ने अनुसंधान में प्रौद्योगिकी और डिजिटल उपकरणों व संसाधनों के महत्व पर प्रकाश डाला। इसके अलावा, प्रमुख वक्ता ने अनुसंधान में डेटा विश्लेषण के महत्व को भी विस्तार से समझाया और शोधकर्ताओं द्वारा सामना किए जाने वाले डेटा विश्लेषण में विभिन्न समस्याओं पर भी चर्चा की। डॉ. सेखड़ी ने एआई–आधारित उपकरणों की बढ़ती भूमिका को स्वीकार किया, जिनका उपयोग वर्तमान समय में डेटा संग्रह के लिए किया जा सकता है। प्रधानावार्या डॉ. निशा भार्गव ने नवोदित शोधकर्ताओं को राष्ट्र के विकास के लिए अनुसंधान और नवाचार करने के लिए प्रेरित किया। 12. In the series of 'My Story' programme aimed to inspire students through sharing of success stories of entrepreneurs, the Institution Innovation Council (IIC) and Start-up Cell of the college, organised an interactive

session with Startup Founder Ms. Aakanksha Dhawan, Founder of Smash Queen and Franchise Owner of Superdonuts, Elante Mall, Chandigarh on 16.11.2022. The



insightful and motivational session acquainted the participants with the story of her journey to be a successful entrepreneur. The session was very informative and engaging. Link to the activity include:

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13. The NCC (Army Wing and Naval Wing) of the college organised a session on

Agniveers (Vayu). The speaker for the session was CPL Rajendra Kumar, Airmen Selection Centre, AirForce Ambala. Link to the activity include: <u>https://www.facebook.com/photo.php?fbid=612840283972660&set=a.54952059</u> 0304630&type=3

14. The Personality Development Cell and Equal Opportunity Cell of the college



organised an interactive session titled 'Deciphering the Generation Z-New rules for The GenZ Personality to be Future Ready' on 17.11.2022. Mrs. Punita Vadhera. motivational а speaker and

founder of Edusensei was the resource person. The expert engaged the over 100 participants in a lively session to help them rehearse the principles governing their success fibre in sublime ways. Link to the activity include:

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15. To mark the celebration of Women
Entrepreneurship Day, Mehr Chand Mahajan DAV College for Women, Chandigarh, a



recognised Vocational Education Nai Talim Experiential Learning (VENTEL) Action Plan Institution, organised a 3-day #skilldevelopment workshop on Oyster Mushroom Cultivation, in association with Mahatma Gandhi National Council of Rural Education (MGNCRE), Ministry of Education, Government of India on 16, 17 & 18.11.2022. The workshop was organised with the objective of promoting the spirit of Mahatma Gandhi's Nai Talim and experiential learning concept, and instilling in the participants the culture of entrepreneurship and sustainable development. Link to the activity include: https://www.facebook.com/photo.php?fbid=611465624110126&set=a.54952059 0304630&type=3

16. A 2-day International Conference on 'Beyond the Contemporary Sciences (BCS-2022)', was organised on 18.11.2022 – 19.11.2022 jointly by the Department of Physics, Mehr Chand Mahajan DAV College for Women, Chandigarh and School of Physical Sciences, Amrita Vishwa Vidyapeetham, Mysuru. The inaugural session was graced by Prof. Arun K. Grover, Emeritus Professor, PEC as Chief Guest and Prof. Navdeep Goyal, Department of Physics, Panjab University was speaker. Link the the keynote to activity include: https://www.facebook.com/photo.php?fbid=606476934608995&set=a.54952059 0304630&type=3



17. Mehr Chand Mahajan DAV College for Women, Chandigarh, held the live screening of an online talk titled 'Consulting Students' organised by University Grants Commission's (UGC) under its online lecture series on Best Practices in Higher Education on 19.12.2022. Ms. Meeta Rajiv Lochan, IAS, Secretary, Ministry of Youth Affairs and Sports, Government of India delivered this engaging talk. Ms. Meeta said that there is a constant need to generate skilled workforce and emphasised on the need to upskill students so that the dream of becoming a self-reliant nation can be fulfilled.



18. The Institution Innovation Council and StartUp Cell of the college, in collaboration with Mint Skills- a start-up, organised an Internship programme on 18 January 2023 for its students. Students of different streams applied for the programme and following interviews, 25 students were selected for internship. Mint Skills owners Dr. Swati Dhawan and Mr. Vikram Dhawan conducted 3-day orientation and training sessions for the selected interns.



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19.The Postgraduate Department of Economics at Mehr Chand Mahajan DAV College for Women, Chandigarh, under the aegis of the college' Institution Innovation Council (IIC), organised a workshop on the topic 'Entrepreneurship Skill, Attitude and Behaviour



Development' on 24.01.2023. The guest speakers for the workshop were Mr. Paramjit Singh, Founder and Director, Regional Centre for Entrepreneurship Development (RCED), Mr. Gursharan Singh, Director, True Success and Mr. Satwinder Singh Bagga, Senior Consultant, RCED. A total of 98 students from various courses attended the workshop.

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20. Giving an impetus to its endeavour of providing holistic education and opening up varied vistas for its students, a 4-day skill development Photography Workshop was organised from 24-28 January 2023 under the aegis of Mass Communication Department and Institution Innovation Council (IIC) of the college. The workshop was conducted by seasoned photographer Mr. Rajnish Katyal. The workshop aimed at familiarising the participants with basics of photography including various parts of camera, different types of cameras, types of lenses, the working of a camera, aperture, shutter speed, ISO and different techniques of photography. Over 30 students participated enthusiastically in the workshop and were awarded participation certificates. Link to the activity include:

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21. The Department of Zoology at Mehr Chand Mahajan DAV College for Women, Chandigarh, in association with Mahatma Gandhi National Council of Rural

Education (MGNCRE), Ministry of Education. Government of India, organised а 3-day skill-based workshop titled 'Beekeeping for **Beginners'** under VENTEL Action Plan from 02.02.2023



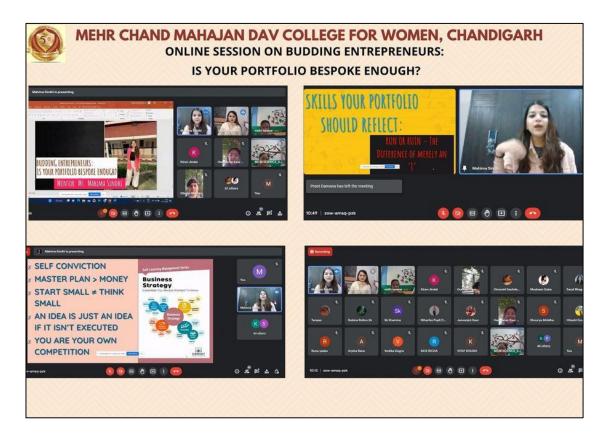
04.02.2023. Mr. Madan Sharma, Founder, Global Apiaries India, conducted the workshop that witnessed keen participation of 40 students. Link to the activity infilied www.facebook.com/photo.php?fbid=678431380746883&set=a.5495205903046 30&type=3

22. The Department of Computer Science and Applications at Mehr Chand DAV Mahajan College for Women, Chandigarh, organised its annual Inter-College **iTech** Fiesta 2023. sponsored by



Department of Science and Technology and Renewable Energy on 15.02.2023. Link to the activity include:

https://www.facebook.com/photo.php?fbid=669029575020397&set=a.54952059 0304630&type=3 23. The Institution Innovation Council (IIC) of Mehr Chand Mahajan DAV College for Women, Chandigarh, in collaboration with the Start Up Cell of the college, organised an online session on 'Budding Entrepreneurs: Is Your Portfolio Bespoke Enough' on 25 February 2023. The resource person for this session was Ms. Mahima Sindhi, Personality Shaper and Skills Sculpturist. The session witnessed participation of 76 students who took keen interest in portfolio building as demonstrated elaborately by the resource person. Link to the activity include:



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24. The Department of Physics at Mehr Chand Mahajan DAV College for Women, Chandigarh, organised a Department of Science and Technology and Renewable Energy sponsored 5-day workshop on Design Thinking, Critical Thinking and Innovation (Entrepreneurship in Electronics) under the aegis of MCM Vigyan Manch and Institution Innovation Council from 27 February to 3 March 2023.



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25. The Postgraduate Department of Chemistry, under the aegis of the college's Institution Innovation Council, organised a special lecture titled 'Freezing molecules in motion by shedding light on them' on 28 February 2023. Dr. Arijit Kumar De, Associate Professor, Department of Chemical Sciences, IISER, Mohali delivered the lecture.



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26. With the primary objective of enhancing students' understanding of the key soft skills and how these help to complement one's existing skill set for a better future, a two-day course on Soft Skills was organised by Mehr Chand Mahajan DAV College for Women, Chandigarh. A recognised Vocational Education Nai Talim Experiential Learning (VENTEL) Action Plan Institution, the college organised the course in association with Mahatma Gandhi National Council of Rural Education (MGNCRE), Ministry of Education, Govt of India. The resource person for the event was Ms. Deepika Sharma, Assistant Professor, Communications at Chandigarh College of Hospitality, CGC Landran, Mohali.

Link to the activity:



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- 27. A one-week long workshop titled "Be A Health Manager" was organized from
 - 1.03.2023 11.03.2023 by the Skill Development Committee of the college in association with the Department of Dietetics, GMCH, Sector 32. Chandigarh, in collaboration with the Unnat Bharat Abhiyan. It was the 5th edition of the workshop with the "Swatch Ann, theme. Swatch Tann". The basic focus was to mark the International year of



Millets and encourage and promote the use of the mighty grains among students. Link to the activity:

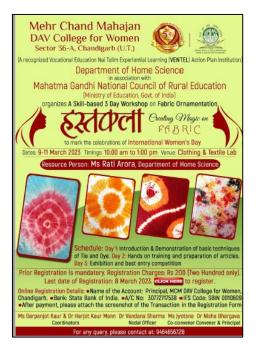
https://www.facebook.com/photo.php?fbid=669758814947473&set=a.549520590304 630&type=3

28. The Young Communicators Club, under the aegis of Public Relations Council of India (Chandigarh Chapter) and in collaboration with Mavericks- the Book and Film Club of Postgraduate Department of English, organised a programme 'Let's Talk about Writing and Beyond'. Mr. Vivek Atray, ex-IAS, Author and Motivational Speaker, and Mr. Jupinderjit Singh, Writer and Special Correspondent, The Tribune engaged in an enthralling conversation about the art of creative writing on 2 March 2023.



https://www.facebook.com/MCMDAVCW/posts/pfbid04pdT3dVefz28Kgivr 5hDkszyxWe3f7hWsAwGShSvtZ9PjTTLYNc5asmqqU3UXjanl

29. The Department of Home Science under the aegis of Vocational Education Nai Talim Experiential Learning (VENTEL) Action Plan and in association with Mahatma Gandhi National Council of Rural Education, Ministry of Education, Government of India, organised a 3-day skill-based workshop on fabric ornamentation titled Hastkala from 09.03.2023 -11.03.2023. Ms. Rati Arora, Assistant Professor, Department of Home Science was the resource person for the workshop.





https://www.indianewscalling.com/news/138207-mcm-holds-skill-developmentworkshop-hastkala.aspx

30. The Department of Mass Communication organised a talk on 'Career Prospects in Radio and the Art of Voice Modulation'. Mr. Sarvpriya Nirmohi, a Broadcasting expert with over 25 years of experience in #AllIndiaRadio, was the resource person for this engrossing talk that aimed to educate students about the opportunities in the exciting world of radio broadcasting and to introduce them to the nuances of voice modulation.



https://www.facebook.com/photo.php?fbid=613623157227706&set=a.54952059 0304630&type=3

31. The Add-On course in Cosmetology and Beauty Care at the college, in collaboration with the college's Women Development Cell, organised a 4-day workshop on Self Grooming in March 2023. The resource persons for this hands-on workshop were Ms. Shalini, Nail Technician, Mr. Rajat, Hair Expert and the course's faculty at the college Ms. Sarvjit Kaur and Ms. Priyanka Sharma.



https://www.facebook.com/MCMDAVCW/posts/pfbid02eBwXh7tkiaFdsF4wJKRd3N WGLz4r2wmq2ZYtyATdjTV1V58UqNn49Ye5G9v7jpSEI

32. With the primary objective of giving an impetus to the culture of entrepreneurship among students, the Students' Self Help Group (SSHG), a recognised Social Entrepreneurship, Swachhata and Rural Engagement Cell (SES-REC) Institution, in association with Mahatma Gandhi National Council of Rural Education, Ministry of Education, Govt of India, organised a day-long 'Millet Bazaar' on 2 March 2023.



https://www.facebook.com/MCMDAVCW/posts/pfbid02VW9vpDJQ9jDCKj Z3SoKv3LT5yfRg9ymEDmfHSihfx49TvaJGdJqYF8ChYWhmcLVol

33. The Career Counselling Cell, organised a session on 'Top B Schools and MBA Programs' in March 2023. The resource person was Mr. Ketan Tiwari, Regional Manager of Indian School of Business (ISB), Mohali. The students were told about the importance of an appealing profile including academics, extracurricular activities and work experience to get admission to a B school.



MEHR CHAND MAHAJAN DAV COLLEGE FOR WOMEN, CHANDIGARH SESSION ON TOP B SCHOOLS AND MBA PROGRAMS



https://www.facebook.com/MCMDAVCW/posts/pfbid02jHaAwjxfpEFqCnom8YUqRC AW7pJCxj88NCmK2guxgcFDwyR6XBzhdNtMa4F8PLpfl

 Awards and incentives are given to faculty members to promote research in terms of projects, paper publications etc.



Evidence of Success: The Skill development efforts of the college have borne excellent results.

- The college is a recognised Vocational Education Nai Talim Experiential Learning (VENTEL) Action Plan Institution, Mahatma Gandhi National Council of Rural Education (MGNCRE), Ministry of Education, Government of India.
- The college signed a Memorandum of Understanding with Skill Labs Resource Services Pvt Ltd. to create an ecosystem of experiential learning whereby students' engagement beyond the classroom is promoted by working on various tools, techniques, projects, internships and add-on industry certifications.
- The college signed a Memorandum of Understanding with Gillco International School, Kharar to widen the horizons of students as well as teachers through opportunities like summer/winter camps, international exposure, teacher training programmes, joint research programmes, expert lectures, workshops, conferences, counselling, internships and placements.
- Adding to the awe-inspiring list of illustrious accomplishments of its alumnae, Ms. Tavishi Kumar of BBA (batch 2019-22), became the youngest recipient of the Indo-American Leadership Award at the Indian Consulate-New York, USA A holistic health and wellness coach, Tavishi is the Founder of ShriShiksha- a start-up providing impactful health and wellness solutions.
- The college received an appreciation certificate from Mahatma Gandhi National Council of Rural Education, Ministry of Education, Govt of India for preparing a video on skill promotion and for creating students' self-help groups in our college.
- Living up to its reputation of excellence in diverse fields, the college received the highest grade under National Rural Institutions Sustainability Grading (NRISG) in Chandigarh. The grade was awarded by Mahatma Gandhi National Council of Rural Education Ministry of Education.

https://www.facebook.com/MCMDAVCW/posts/pfbid0Q8oCUPozxkc8eTgMMogr ygaryj6L3ETBtw1LxZwQUbxcwuaQMXFzeXPjHwuXvDG2I

 The college Chandigarh has received A+ Grade in 4 out 5 parameters in Phase 1 of National Rural Institutions Sustainability Grading (NRISG). The grade has been awarded by Mahatma Gandhi National Council of Rural Education, Ministry of Education.





Certificate of Accreditation

This is to certify that

Mehr Chand Mahajan DAV College for Women. Sector 36-A.

Chandigarh is graded as

Parameters	Green Cover on campus	Surface Water Harvesting	Rooftop Water Harvesting	Rooftop Sofar System	Waste Management
Grades	A+	A	A+	A+	A+

for the academic year of 2022-23 in Phase I of the National Rural Institutions Sustainability Grading (NRISG)

Nagalakshmi.

Date: 15/5/2023

Member Secretary

Mahatma Gandhi National Council of Rural Education Department of Higher Education Ministry of Education Government of India

Certificate NOⁱ MGNCRE/NRISG/0001

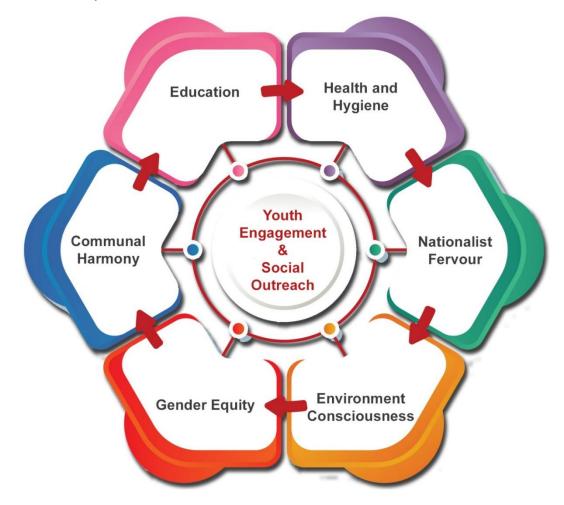
https://www.facebook.com/photo/?fbid=716320086958012&set=a.549520590 304630 • The college has received **Certificate of Recognition** for completing two Skill based courses i.e Three Days training on Digital Marketing and Three Days Training on Video Editing (via Mobile) under VENTEL Action plan in 2022.

Problems encountered:

Skill development initiatives have to be negotiated with the demands of the curriculum and the semester system tends to require greater strictness in terms of classroom teaching. Skill enhancement endeavours then have to be curated to suit the curriculum schedule and an extensive and prolonged vocational training becomes difficult to organise and execute.

II. Youth Engagement and Social Outreach

As India stands on the threshold of becoming a global leader in terms of knowledge dissemination and economic growth, it is essential to channelize our young students' potential and allow them to be the catalysts of change. A vital aspect of education is to promote quality, equity and access of our knowledge resources and strive towards an inclusive society.



Objectives:

One of the chief aims of education is to steer the students towards an equitable society and inspire philanthropic and socially productive facets in their character. We at MCM strive:

- to inspire our students to become active voices of social change and uplift
- to engage students in activities that can be conducive to holistic social growth
- to make our students aware and responsive towards environmental and ecological concerns and engage them in activities that can lead to a more sustainable future

• to evoke among our stakeholders the significance of equity and spread awareness regarding opportunities whereby it can be achieved.

The Context

- With India leading the G 20 summit and paving the way for a sustainable and equitable future, the significance of youth participation in endeavours of social outreach are ever more underscored. In this environment, it becomes extremely significant to promote youth engagement in matters of social, ecological and cultural arenas.
- With the ever-increasing exposure to global information, students are constantly pulled between two contrary identities: the innovative and individually stimulated, and the herd following unthinking being. Education must be poised to steer the youth in the former direction and provide them with the right environment for the same.
- Infusing moral values and social responsiveness in the youth is of utmost significance for any community that wishes to create a progressive culture for itself.
- Awareness regarding good physical and mental health, ecological wellbeing and social fitness are a preliminary requirement to envisaging a productive and positive future.

The Practice

- The college organizes various social outreach activities through NSS, Unnat Bharat Abhiyan, Women Development Cell, Equal Opportunities Cell, Geetanjali helpline, Swachhta Committee, Rotaract Club, Electoral Literacy Club, and its teaching departments throughout the year.
- Many initiatives in our adopted villages like Butrela, Badheri, Atawa and Burail were undertaken including donation drives for toys, books, woollens, notebooks, inspection of previously donated NCERT books, an awareness campaign on 'Good and Bad Touch', nutrition, protection from Dengue, a tree plantation drive, plastic collection drive and free Mammography Screening Camp for early diagnosis of breast cancer.

1. Spreading the message of compassion and social inclusion. the Character-Building Committee and Swachhta Committee (Arts) of Mehr Chand Mahajan



DAV College for Women, Chandigarh, organised a donation drive of woollen clothes. Link to the activity include:

https://www.facebook.com/photo.php?fbid=639783174611704&set=a.549520590304 630&type=3

2. The Unnat Bharat Abhiyan (#UBA) Cell of Mehr Chand Mahajan DAV College for Women Chandigarh organised а donation drive



of notebooks at the Government Model High School of the adopted village Kajheri. Link to the activity include:

http://www.indianewscalling.com/news/print.aspx?ac=132694 https://www.facebook.com/UnnatBharatAbhiyanProgramme/posts/pfbid0uXLBsu GbAjCdhguQyF9yncWcmYHmvtd2YSyWsj1ppGgLUVDKLwmtyqgzQQhardsol **3.** In an endeavour to create awareness about breast the cancer, Medical Committee and NSS Units of Mehr Chand Mahajan DAV College for Women.

Chandigarh,



organised a one-day Breast Cancer Awareness Camp on 14.10.2022. Organised in collaboration with Multi Super Speciality Hospital, Sohana, Mohali, the camp was held specifically for the college's female staff above the age of 40 years who are more prone to the disease. A team of doctors and nurses headed by Dr. Piyush, Oncologist were present during the camp. A mammography bus equipped with the latest testing techniques was stationed in campus. Simultaneous the college counselling sessions for students and faculty were also conducted to sensitise them about the symptoms and precautions of breast cancer. More than 42 female teaching and non-teaching staff members benefitted from this camp. Link to the activity include:



से आयोजित किया गया । 40 वर्ष से अधिक आयु की महिलाओं में इस बीमारी की सम्भावना अधिक होती है । जिसे ध्यान में रखते हुए कॉलेज ने इस आयु वर्ग में आने वाली महिला कर्मचारियों के लिए विशेष रूप से यह एक दिवसीय शिविर आयोजित किया । शिविर के दौरान ऑन्कोलॉजिस्ट डॉ. पीयूप के नेतृत्व में डॉक्टरों और नसों को एक टीम मौजुद खतरनाफ बीमारी के इलाज और उस पर काब पाने में स्तन कैंसर के शीघ्र निदान

के महत्व के बारे में जागरूकता बढाने के लिए इस पहल की सराहना की। उन्होंने जोर देकर कहा कि स्तन कैंसर महिलाओं में सबसे आम कैंसर में से एक है। महिलाओं के लिए इसके चेतावनी संकेतों से अवगत होना और नियमित जॉय से गुजरना बेहद जरूरी है।

https://www.facebook.com/photo.php?fbid=595829149007107&set=a.549520590 304630&type=3

4. As part of national Girl Child Day Celebration, an awareness programme was organised by NSS Units of the college on the theme 'Beti Bachao Beti Padhao' in the premises of Government Model High School, Sector 41-D, Chandigarh. The event was graced by the



presence of Mrs Sanjogita, Headmistress of the school. The NSS volunteers also donated stationery kits to the school girls. Link to the activity include: https://www.facebook.com/photo.php?fbid=654341563155865&set=a.549520603 637962&type=3

5. Mehr Chand Mahajan DAV College for Women, Chandigarh, in association with Government College for Education Yoga and Health, Chandigarh, and with Lokayurved Wellness Concept as knowledge partner. began 5-day а



'Integrated Yog and Ayurved Wellness Capacity Building Programme for Educators in Higher Education Institutions' from 02.08.2022- 06.08.2022. Author, motivational speaker and former IAS Mr. Vivek Atray graced the inaugural as the Chief Guest. Dr. Sapna Nanda, Principal, Government College of Yoga Education and Health was also present on this occasion. The programme envisions to make the educators in higher education aware about enhancement of yog and pranayam practices with the adoption of right diet and lifestyle planning as mentioned in the timeless Ayurved scripture. Link to the activity include:

https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/14085647 76276438/?type=3

6. To mark the beginning of 5th Rashtriya Poshan Maah 2022, the NSS Units of Mehr Chand College DAV Mahajan for Women, Chandigarh organized a Pledge ceremony on 01.09.2022. During the ceremony, the students were motivated to assume

the responsibility of making India a malnutrition-free country.



Poshan Maah begins with Pledge at MCM

The Aman Sandesh Times Network Chandigarh: To mark the beginning of 5th Rashtriya Poshan Maah 2022, the NSS units of Mehr Chand Mahaian DAV College for Women, Chandigarh organised a Pledge ceremony in which the students were motivated to assume the responsibility of making India a malnutrition-free country. The participants were also apprised about the need for proper nutrition, especially for



prognant women, children, senior citizens.

Expressing appreciation for the beginning and students efforts of the NSS units, Principal excited to participate in fu Dr. Nisha Bhargava said that activities under Poshan Maah

such initiatives are imperative to drive home the message of the importance of holistic nutrition and expressed hope that these endeavours would help in bolstering people's participation in the national mission of fighting malnutrition in a targeted manner. In total, 49 volunteers

participated in the pledge with full enthusiasm. It was a great beginning and students were excited to participate in further activities under Poshan Maah.

7. On the 75 years of celebrations of Har Ghar Tiranga Under Azadi Ka Amrit Mahotsav, Mehr Chand Mahajan DAV College for Women,



Chandigarh under the aegis of Department of Higher Education, Chandigarh Administration, an awareness regarding Naha Mukt Bharat Abhiyan, a pledge taking ceremony against drug abuse was organized by Victory Against Drug Abuse Club (VADAC) on 12.08.2022. During the pledge against drug, the staff members pledged to fight the menace of drugs by staying away from drugs. Link to the activity include:

https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/14141634290 49906/?type=3

8. The college organized a 6-day long Har Ghar Tiranga celebration to promote a sense of patriotism the in stakeholders that included Awareness Rally on Har Ghar Tiranga at adopted village Badheri by NSS Units, Inter-College



Online patriotic Song Competition by Music Department and Pledge against Drugs by Victory Against Drug Abuse Club of the college. Link to the activity include: https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/141416332 https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/141416332 https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/141416332

9. To mark the celebration of International Day of Peace. the Character Building Committee of the college organised an Inter-College PPT Competition the theme on 'Mere Sapno ka



Bharat'. Link to the activity include: https://www.facebook.com/photo.php?fbid=560446265878729&set=a.549520590 304630&type=3 **10.** Environment consciousness is at the foundation of many of our endeavours like celebration of Van Mahotsav, tree plantation drives, celebration of

International



Day for the Preservation of the Ozone Layer, celebration of National Wildlife Week, activities to generate awareness about reducing carbon footprint and an online workshop on 'Gender Responsive Approach to Climate Change'. Link to the activity include:

https://www.facebook.com/MCMDAVCW/photos/a.239819746484286/13978481073 48105/?type=3



Link to the activity include:

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Link to the activity include:

https://www.facebook.com/photo.php?fbid=581377827118906&set=a.549520590304 630&type=3

11. MCM Student Self-help group, under the aegis of Social Entrepreneurship, Swachhta and Rural engagement Cell (SESREC) in collaboration with Mahatma Gandhi National Council of Rural Education, organized a Day-long Millet Bazaar on 02.03.2022. Link to the activity include:



https://mcmdavcwchd.edu.in/wp-content/uploads/2023/03/Millet-bazaar_3.pdf

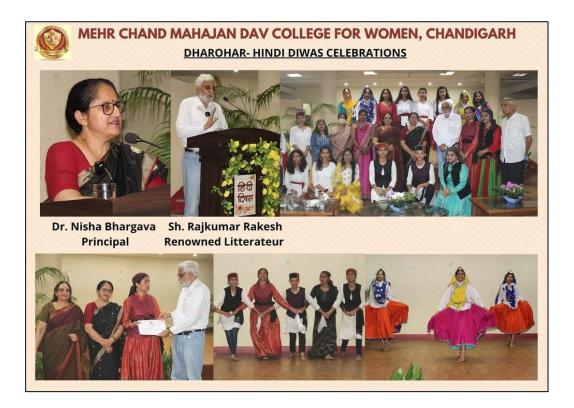
12.Cyber security and cyber swachhta activities are also conducted to generate a responsible cyber usage among stakeholders. Link to the activity include:



https://www.facebook.com/photo.php?fbid=686479236608764&set=a.549520590 304630&type=3

13. The college strove to sustain the value of our rich culture and heritage through hawans and celebration of Hindi Diwas in addition to many other festivals like eco-friendly Diwali and moral Dusshera.





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https://www.facebook.com/photo.php?fbid=569241461665876&set=a.549520590304 630&type=3

14. The Unnat Bharat Abhiyan Cell of under the aegis of Institution Innovation Council of the college, organised a visit to Government Senior Secondary School, Village Badheri, Chandigarh, for Innovation and Entrepreneurship Outreach Program on 'Millets and Entrepreneurship'.



https://www.facebook.com/MCMDAVCW/posts/pfbid02Y4njNorZpVKuwE8tTV8nL8h vUzsBRm5bNYy2XcAyScuQtSxUhqnA1KPjm7kcuMgml

15. The UBA organised the 5th edition of its annual workshop titled 'Be A Health Manager 2023', in association with Department of Dietetics, GMCH, Sector 32, Chandigarh. The workshop aimed to promote the use of the mighty grains among students on the theme 'Swachh Ann, Swachh Mann'.



https://www.facebook.com/MCMDAVCW/posts/pfbid0EnMJ5k3RkLqbtKrHGFWvaeD Egn8UFSAyLvxLyGYug76JRQiZPs1jJNq41j2o6XwHI?__tn__=*F

Evidence of success:

The youth engagement activities of the college gave excellent results which were acknowledged by state bodies and prominent institutions.

• The college won 3rd prize in Swachh College category in Swachh award ceremony organized by MC, Chandigarh.



The College received the Best Herbal Garden Award 2023 from the Department of Environment, Chandigarh Administration.



- The college also received commendation for its contribution to the Swachh Sarvekshan activities in September 2022 from the Commissioner, Municipal Corporation, Chandigarh.
- The NSS Unit of the college, was awarded the Best Unit Award 2021-22 in a state level award function to mark the celebration of NSS Day by Chandigarh NSS Cell, Department of Education, Chandigarh Administration.





- Mehr Chand Mahajan DAV College for Women, Chandigarh became the first college in tricity to launch the International Year of Millets 2023 celebrations.
- Dr Minakshi Rana, Coordinator of Cyber Swachhta Mission received a trophy for her exceptional contribution to the cause from Sh Banwarilal Purohit, Governor, Punjab and Administrator, UT, Chandigarh. Cyber interns Angelina, Yavneeka and Payal received cash awards of Rs 20000, Rs 15000/ and Rs 10000/ respectively.



- The college has received **Certificate of Recognition for Sustainable Campus** for the exemplary work done in the areas of Sanitation, Hygiene, Waste management, Water management, Energy management and Greenery management as conferred by MGNCRE, Ministry of Education, Govt of India in 2022. https://mcmdavcwchd.edu.in/wp-content/uploads/2022/04/certificate.pdf
- The college has received **Certificate of Appreciation** for conducting the **largest Environment Awareness activity "Selfie with Plant"** in higher education institutions across Chandigarh in 2022

Problems Encountered and Resources Required:

- Our social initiatives, while effective in spirit, often suffer because of lack of funds.
- The lack of willingness of civil and social bodies towards a radical change poses a hurdle in the complete success of our activities.
- Students have limited time because of the demanding curriculum and outreach activities often have to be planned around the curriculum schedule.









Mehr Chand Mahajan DAV College for Women Sector 36-A, Chandigarh (U.T.)

Institutional Values and Best Practices

Website: https://mcmdavcwchd.edu.in/ Email: principal_mcmdavcollege@yahoo.com