

**MCM DAV College for Women, Sector- 36/A, Chandigarh**  
**Department of Psychology (Monthly Teaching Plans 2023-2024)**

**Name of the Teachers: Dr. Nitasha Khehra, Dr. Manjit Sidhu and Dr. Vidushi Jaswal**

**Class: BA I (Semester I)**

**Subject: General Psychology**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	24.07.2023	22.08.2023	Unit 1: Nature of Psychology, Goals and Branches of Psychology, Historical Evolution of Psychology, Historical Evolution of Psychology, Development of Psychology in India.	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	23.08.2023	21.09.2023	Unit 3: Method of Psychology: Observation Method. Sampling Techniques, Survey Method, Experimental Method	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	22.09.2023	21.10.2023	Unit – 4: Motivation: Definition, Nature, Concept. Types of Motives (Physiological, Psychological, Social): Theories of Motivation: Humanistic (Maslow), Need Theories (McClelland and Murray).	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
4	22.10.2023	18.11.2023	Unit – 2: Emotions : Definition and Concept of Emotions, Types of Emotions, Theories of Emotions (James– Lange, Cannon Bard, Schacter-Singer Theory)	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.

**MCM DAV College for Women, Sector- 36/A, Chandigarh**  
**Department of Psychology (Monthly Teaching Plans 2023-2024)**

**Name of the Teachers: Dr. Nitasha Khehra, Dr. Manjit Sidhu and Dr. Vidushi Jaswal**

**Class: BA I (Semester II)**

**Subject: General Psychology**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	09.01.2024	04.02.2024	Unit - 1: Personality – Concept, Trait Theories (Eysenck, Costa and MCrae), Psychoanalytic Theory (Freud). Humanistic Theory (Rogers). Measurement of Personality, (Self Report Measures, Projective Techniques and Behavioural Assessment)	Ice Breaking, Discussion of Syllabus, Classroom Discussion, Power Point Presentation Clarification of doubts, if any.
2	05.02.2024	02.03.2024	Unit – 2: Statistics: Graphical Representation of Data: Measures of Central Tendency and Variability. Correlation - Meaning of Correlation, Rank Order and Product Moment- Correlation and Interpretation.	Classroom Discussion, Power point Presentation, Clarification of doubts, if any.
3	03.03.2024	29.03.2024	Unit – 4: Intelligence : Concept, Theories of Intelligence: Spearman, Thurstone, Cattell, Guilford. Measurement of Intelligence (Verbal and Non Verbal Test and Individual and Group Tests).	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.
6	30.03.2024	22.04.2024	Unit 3: Development: Concept, Heredity and Environmental Influences. Theories of Development : Erickson, Psychosocial Theory, Piaget’s theory of Cognitive Development.	Classroom Discussion, Power Point Presentations, Clarification of doubts, if any.