

**MCM DAV College for Women, Sector- 36/A, Chandigarh**  
**Department of Psychology (Monthly Teaching Plans 2023-2024)**

**Name of the Teachers: Ms. Tanisha Sankhyan & Ms. Aditi Kaushish**

**Class: BA III (Semester V)**

**Subject: Clinical Psychology**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	24.07.2023	22.08.2023	Nature and Criteria of abnormality, Viewpoints Regarding Abnormality: Historical, Psychodynamic, Behavioural, Cognitive, Humanistic and Interpersonal	Ice Breaking, Discussion of Syllabus, Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
2	23.08.2023	21.09.2023	Causes of Abnormal Behaviour: Biological, Psychological and Sociocultural Causes	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
3	22.09.2023	21.10.2023	Stress: Concept of Stress; Types of Stressors; Etiology of Stress; Coping Strategies: Problem Focussed and Emotion Focussed, Effects of Stress.	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.
4	22.10.2023	18.11.2023	Significance of Statistics: Mean, Standard Deviation, Correlation. Significance of Difference Between Means (Correlated and Uncorrelated).	Power Point Presentations, Classroom Discussion, Clarification of doubts, if any.

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**Name of the Teachers: Ms. Tanisha Sankhyan & Ms. Aditi Kaushish**

**Class: BA III (Semester VI)**

**Subject: Behavioural Disorders**

S. No.	Date (Monthly)		Topics to be Covered	Academic Activity Undertaken*
	From	To		
1	09.01.2024	04.02.2024	Schizophrenia Types : Symptoms and Etiology.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
2	05.02.2024	02.03.2024	Anxiety Based Disorders viz. Phobia; OCD; Panic; Generalized Anxiety Disorder. Conversion Disorders, Dissociative Disorders : Types, Symptoms and Etiology.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
3	03.03.2024	29.03.2024	Mood Disorders : Types, Symptoms and Etiology.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.
4	30.03.2024	22.04.2024	Psychotherapies : Psychodynamic Therapy, Behaviour Therapy, Cognitive-Behaviour Therapy, Humanistic Therapy.	Power Point Presentations, Case Studies, Classroom Discussion, Clarification of doubts, if any.